



SEOUL



ASPA 2023

19th ASPA conference & 31st KSPA annual meeting

Equity and Quality in Pediatric Anesthesia

16 (Fri) – 18 (Sun) June, 2023
SC Convention Center, Seoul, Korea



The Korean Society Pediatric Anesthesia



대한소아마취학회

INFORMATION



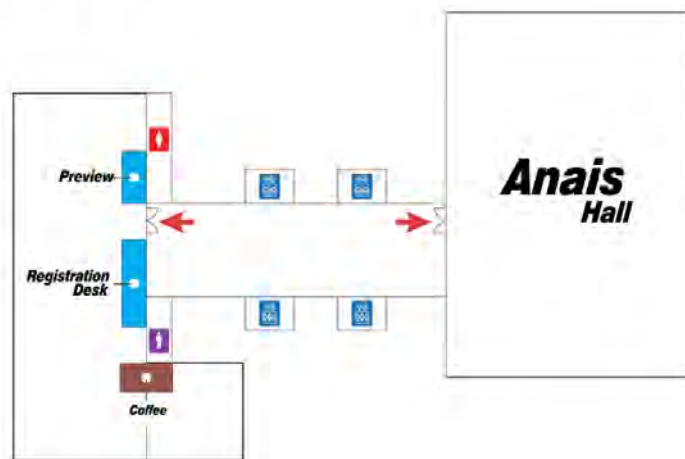
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WELCOME MESSAGE

The Korean Society of Pediatric Anesthesiologists
(KSPA)



Dear Colleagues and Friends,

On behalf of the Organizing Committee, I am honored to host the 19th conference of the Asian Society of Paediatric Anaesthesiologists (ASPA 2023) in conjunction with the 31st Korean Society of Pediatric Anesthesiologists annual meeting in Seoul, South Korea on June 16-18, 2023.

Children are our future. Taking care of children's health is keeping "the value of the future." Pediatric anesthesiologists have a mission to ensure the safety and health of pediatric patients during the perioperative period. ASPA 2023 and its scientific program have been prepared with this in mind.

We have an exciting program at ASPA 2023 that will allow all of you to reflect upon and celebrate our past accomplishments, renew friendships and extend our networks, and jointly explore current and future research directions. We hope you will have a productive and fun-filled time at this special conference. The backdrop of the beautiful and historic city of Seoul will add to the pleasure of the meeting and provide lasting memories beyond medicine. You can expect a fascinating, fruitful, and enjoyable time in Seoul.

Looking forward to welcoming you to Seoul, South Korea for ASPA 2023!

President of Korean Society of Pediatric Anesthesiologists

Jin-Tae Kim

A handwritten signature in black ink that reads "Jin-Tae Kim". The signature is written in a cursive, flowing style.

WELCOME MESSAGE

The Asian Society of Paediatric Anaesthesiologists
(ASPA)



Dear friends and colleagues

We have now entered a new year, a fresh beginning. With the pandemic mostly under control, I am thankful that we can meet face to face, in Seoul for the 19th ASPA meeting.

People say that “Children’s health is our nation’s wealth” and health in the early years is important to allow children to thrive and grow into healthy adults.

ASPA is dedicated to fostering safe and high standards of Paediatric Anaesthesia for children in Asia. We hope to achieve this through sharing and supporting each other through research, with development of newer drugs and improved technology enhancing our knowledge of how to monitor our patients in greater detail and depth.

The theme of ASPA 2023 is “Equity and Quality in Paediatric Anaesthesia”. We recognize that children are not small adults and Paediatric Anaesthesiologists need to be sharper and have heightened senses when caring for a young child.

I trust that we will be learning plenty from the wonderful programme drawn up by Professor Jin Tae Kim and his team in the organizing committee for ASPA 2023.

I would like to thank everyone for their contributions in making ASPA 2023 a success.

President of Asian Society of Paediatric Anaesthesiologists

Josephine Tan



COMMITTEES

Committee of KSPA 2023

President	Jin-Tae Kim	Seoul National University
Director of Planning	Byung Gun Lim	Korea University
Director of Academic Affairs	Jeong-Rim Lee	Yonsei University
Director of Publications	Hee Young Kim	Pusan National University
Director of Training	Eugene Kim	Hanyang University
Director of Education	Hyo-Jin Byon	Yonsei University
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Director of Research and Development	Won-Jung Shin	University of Ulsan College of Medicine
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	Jeonghan Lee	Inje University
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	Il-Ok Lee	Korea University
	Hee-Soo Kim	Seoul National University
Advisor	Tae-Hun Ahn	Chosun University
	Sungsik Park	Kyungpook National University
	Ah Young Oh	Seoul National University

Committee of ASPA 2023

President	Josephine Tan	Singapore
President-Elect	Serpil Ustalar Ozgen	Türkiye
Honorary Secretary	Teddy Fabila	Philippines
Honorary Treasurer	Tracy Tan	Singapore
Committee Member	Vibhavari Naik	India
	Soichiro Obara	Japan
	Fauzia Khan	Pakistan
	Yunita Widyastuti	Indonesia
	Usha Nair	Malaysia
	Lydia Quitarano	Philippines
	Hee-Soo Kim	Republic of Korea
	Duenpen Horatanaruang	Thailand
Internal Auditor	Sokha Tep	Cambodia
	Elsa Verghese	India
	Niki Suneerat	Thailand

12:00-12:50 Registration

12:50-13:00 Opening Remarks

13:00-14:40 Session 1. Safe Anesthesia for Children with Co-Morbidity

Josephine Tan (Singapore)

Jin-Tae Kim (Korea)

13:00-13:20 URI and Anesthesia: Toward Zero Complication

Byung Gun Lim (Korea)

13:20-13:40 Anaesthesia for Patient with Mucopolysaccharidosis

Vivian Yuen (Hong Kong)

13:40-14:00 Airway and Ventilation Management in Neurosurgical Cases (Virtual)

Rudin Domi (Albania)

14:00-14:20 Risk Assessment of Morbidity and Mortality in Children with CHD Undergoing Noncardiac Surgery

Viviane Nasr (USA)

14:20-14:40 Q&A

14:40-15:20 Coffee Break

15:20-16:40 Session 2. Choices Are Yours: Debating and Challenging Issues in Airway Management

Evangeline Lim (Singapore)

Hyo-Seok Na (Korea)

15:20-15:40 Supraglottic Airway Devices in a Variety of Situations: Not-Supine Position, Tonsillectomy, Laparoscopic Surgery

Abhyuday Kumar (India)

15:40-16:00 LMA Removal and Endotracheal Tube Extubation: Deep or Awake?

Ayuko Igarashi (Japan)

16:00-16:20 Beyond the Mainstem: Lung Isolation Technique in Small Children

Rebecca Margolis (USA)

16:20-16:40 Q&A

DAY 1 16 June 2023 (Fri)

SC Convention Anais Hall (12F)

16:40-18:00	Session 3. Beyond Drugs and Blocks: Latest Knowledge of Pediatric Pain Management	Sang Hun Kim (Korea) Seokyoung Song (Korea)
16:40-17:00	Psychosocial and Behavioral Factors in the Transition from Acute to Chronic Postsurgical Pain (Virtual)	Jennifer Rabbitts (USA)
17:00-17:20	A Non-Pharmacological Approach to Postoperative Pain Management in Children with Multiple Traumatic Injuries: A Presentation by KKH CHAMPs (Child Life, Art, and Music Therapy Programs)	Tanuja Nair (Singapore)
17:20-17:40	Role of Analgesic Adjuvants in Severe Burn Injury in Children: Timing and Precision	Teddy Fabila (Philippines)
17:40-18:00	Q&A	
18:00	Closing Remarks	Jin-Tae Kim, President of KSPA
18:30	Welcome Faculty Dinner	

Room A

08:30-09:00	Registration	
09:00-09:20	Welcome and Introduction	
	Opening Remarks	Jin-Tae Kim, President of KSPA
	Congratulatory Message	Jun Heum Yon, President of KSA Josephine Tan, President of ASPA

09:20-10:40 Session 1. Society for Pediatric Anesthesia in the World: Past, Present, and Future

		Agnes Ng (Singapore) Jin-Tae Kim (Korea)
09:20-09:35	Why Pediatric Anesthesia Society is Special and Needed	Jim Fehr (USA)
09:35-09:50	The Future of Pediatric Anesthesiology around the World; We are Stronger Together	Randall Flick (USA)
09:50-10:05	ASPA: Past, Present, and Future	Josephine Tan (Singapore)
10:05-10:20	ESPA: How to Collaborate Internationally and Intercontinentally	Jurgen de Graaff (Netherlands)
10:20-10:40	Q&A	
10:40-11:00	Coffee Break	

11:00-12:30 Session 2. WFSA Panel Discussion: Universal Coverage of Safe Pediatric Anesthesia All Over Asia

		Erlinda Oracion (Philippines) Il-Ok Lee (Korea)
11:00-11:15	Current Status of Pediatric Anesthesia in Cambodia, their Challenges and Opportunities for Improvement	Sokha Tep (Cambodia)
11:15-11:30	Current Status of Pediatric Anesthesia in Bangladesh, their Challenges and Opportunities for Improvement	Debabrata Banik (Bangladesh)
11:30-11:45	Activities of the WFSA Pediatric Anesthesia Committee	Norifumi Kuratani (Japan)
11:45-12:00	Activities and Accomplishments of the WFSA-BARTC Pediatric Fellowship Program	Patcharee Sriswasdi (Thailand)
12:00-12:15	Activities to Improve Patient Safety in WFSA	Erlinda Oracion (Philippines)
12:15-12:30	Q&A	

DAY 2 17 June 2023 (Sat)

SC Convention International Conference Hall (B1F)

12:30-14:00 Luncheon Symposium		Dong Woo Han (Korea)
	EEG Guided Anesthesia in Young Children (Virtual)	Ian Yuan (USA)
14:00-15:40 Session 3. Preparing for the Future		Choon Looi Bong (Singapore)
		Jun Heum Yon (Korea)
		Seong-Hyop Kim (Korea)
14:00-14:20	Thoughts on Professional Development and Career Success	Randall Flick (USA)
14:20-14:40	How to Prepare for the Next Pandemic?	Nicola Disma (Italy)
14:40-15:00	Time to Obtain Epidemiologic Data on Pediatric Anesthesia in Asia Itself: Introduction of PEACH Study	Soichiro Obara (Japan)
15:00-15:20	Future of Anesthesia-Related Neurotoxicity Issue: Update of TREX Study	Dean B Andropoulos (USA)
15:20-15:40	Q&A	
15:40-16:00	Coffee Break	
16:00-17:20 Session 4. Issues We Are Facing & Need to Overcome		Vibhavari Naik (India)
		Hee-Soo Kim (Korea)
16:00-16:20	Environmental Impact of Anesthesia (Virtual)	Diane Gordon (USA)
16:20-16:40	Healing the Culture of Medicine	Rebecca Margolis (USA)
16:40-17:00	Challenges Faced in Providing Safe Anaesthesia to Children in Low and Middle-Income Countries	Rebecca Jacob (India)
17:00-17:20	Q&A	
17:20	Closing Remarks	
18:30	Gala Dinner	

Room B

09:00-09:20 Welcome and Introduction (Room A)

09:20-10:40 Session 1. Optimization of Intraoperative Ventilation in Children

Ekta Rai (India)

Chul-Ho Chang (Korea)

09:20-09:35 Optimal Target of O₂ and CO₂

Sung-Ae Cho (Korea)

09:35-09:50 PEEP and Recruitment, Mode of Ventilation

Pichaya Waitayawinyu (Thailand)

09:50-10:05 Smart Choice of Ventilation-Related Equipment

Joy Luat-Inciong (Philippines)

10:05-10:20 How to Optimize Our Children's Intraoperative Ventilation Care with POCUS

Ayşe Çiğdem Tutuncu (Türkiye)

10:20-10:40 Q&A

10:40-11:00 Coffee Break

11:00-12:30 Session 2. Experts' Advice of Monitoring for Better Anesthesia Care

Joy Luat-Inciong (Philippines)

Hyo-Jin Byon (Korea)

11:00-11:20 Blood Pressure Considerations in Pediatric Anesthesia

Stephen Gleich (USA)

11:20-11:40 The Use of Neuromonitoring in Neonatal Pain Assessment (Virtual)

Ian Yuan (USA)

11:40-12:00 Accurate and Reliable Neuromuscular Monitoring in Children

Serpil Ozgen (Türkiye)

12:00-12:20 How to Assess Fluid Responsiveness in Children

Eun-Hee Kim (Korea)

12:20-12:30 Q&A

12:30-14:00 Luncheon Symposium (Room A)

Dong Woo Han (Korea)

EEG Guided Anesthesia in Young Children (Virtual)

Ian Yuan (USA)

DAY 2 17 June 2023 (Sat)

SC Convention International Conference Hall (B1F)

14:00-15:40 Session 3. Sharing the Knowledge of NORA

Vivian Yuen (Hong Kong)

Yong-Hee Park (Korea)

14:00-14:15 Remimazolam and Dexmedetomidine: Clinical Applications and Limitations

Keira Mason (USA)

14:15-14:30 Needle-Free Sedation

Jurgen de Graaff (Netherlands)

14:30-14:45 How to Deal with Challenging Sedation Cases

Eun-Young Joo (Korea)

14:45-15:00 NORA for Children with Special Needs

Ina Ismiarti Binti Shariffuddin (Malaysia)

15:00-15:15 Neonatal Sedation for MRI

Yu Cui (China)

15:15-15:40 Q&A

15:40-16:00 Coffee Break

16:00-17:20 Session 4. Perioperative Concerns in Pediatric Anesthesia

Tae-Hun Ahn (Korea)

Woo Suk Chung (Korea)

16:00-16:20 Perioperative Hypothermia in Children: Risk Factor and Preventive Strategy

Djayanti Sari (Indonesia)

16:20-16:40 Emergence Agitation and Long Term Behavioral Consequences

Agnes Ng (Singapore)

16:40-17:00 Anesthesia-Induced Neurotoxicity: Recent Updates and Preclinical Research Trends

Woo Suk Chung (Korea)

17:00-17:20 Q&A

17:20 Closing Remarks (Room A)

Room C

09:00-09:20 Welcome and Introduction (Room A)

09:20-10:50 Abstract Presentation 1 (In-person)		Seokyoung Song (Korea) In-Kyung Song (Korea)
AP1-1	Nasotracheal vs Orotracheal Intubation and Post-Extubation Airway Complications Among Children Undergoing Congenital Heart Surgery	Deniz Sivrioglu (Türkiye)
AP1-2	Anesthesia Management of Cleft Lip Repair, Complicated with Gordon Syndrome and its Challenges	Rina Cordeiro (India)
AP1-3	Pediatric Airway Management in Undiagnosed Congenital Subglottic Stenosis Undergoing Congenital Cardiac Surgery	Virtual
AP1-4	Risk Factors for Delayed Extubation After Pediatric Perineal Anoplasty: A Retrospective Study	Qianqian Zhang (China)
AP1-5	Anaesthetic Management of a Case of Fraser Syndrome with Group III Cleft Lip-Palate with Laryngomalacia and Subglottic Stenosis	Sumit Kumar Singh (India)
AP1-6	Developing Interdiscipline Communication to Enhanced Patient Safety in Pediatric Difficult Airway Management	Raihanita Zahra (Indonesia)
AP1-7	Guidewire Use for Nasopharyngeal Passage in Pediatric Nasotracheal Intubation: A Randomized Prospective Study	Asim Esen (Türkiye)
AP1-8	Case Reports: Newborns with Tracheal Agenesis	Hye Su Kim (Korea)

10:50-11:00 Coffee Break

11:00-12:30 Abstract Presentation 2 (In-person)		Won-Jung Shin (Korea) Young Eun Jang (Korea)
AP2-1	Comparison of Morphine and Fentanyl Induced Cardioprotection Against Ischemia-Reperfusion Injury In Acyanotic Children Undergoing Open Heart Surgery: A Preliminary Report	Withdrawn
AP2-2	Report of the First Successful Senning Procedure from Nepal	Santosh S Parajuli (Nepal)
AP2-3	Evaluation of an Enhanced Recovery Protocol in Pediatric Cardiac Surgical Patients in a Single Tertiary Care Unit	Esha Nilekani (India)

DAY 2 17 June 2023 (Sat)

SC Convention International Conference Hall (B1F)

AP2-4	Multisystem Inflammatory Syndrome in Children: An Emerging Clinical Challenge for Pediatric Cardiac Surgery in the COVID-19 Era: Case Series	Withdrawn
AP2-5	Anesthetic Management of Patent Ductus Arteriosus Ligation by Video-Assisted Thoracoscopy in Premature Babies Low-Birth Weight < 2kg: A Retrospective Observational Study	Qinghua Huang (China)
AP2-6	Anesthetic Experience of Repair of Esophageal Atresia in a Child with BPFM, Esophageal Atresia, and Full-length Tracheal Stenosis	Takashi Fujiwara (Japan)
AP2-7	Anesthetic Management in a Child with Single Ventricle Heart Undergoing Drainage of Brain Abscesses	Pryl Kim Ngoslab (Philippines)
AP2-8	Anesthetic Management in a Child with Late Onset Congenital Diaphragmatic Hernia Undergoing Repair	Anna Loraine Ostrea (Philippines)

12:30-14:00 Luncheon Symposium (Room A)

Dong Woo Han (Korea)

EEG Guided Anesthesia in Young Children (Virtual)

Ian Yuan (USA)

14:00-15:30 Abstract Presentation 3 (In-person)

Eugene Kim (Korea)

Young Sung Kim (Korea)

AP3-1	Perioperative Hypothermia in Pediatric Population in University Malaysia Medical Centre	Noor Ifitah/AR (Malaysia)
AP3-2	Atelectasis and Re-expansion Pulmonary Edema in Patient Undergoing Atrial Septal Defect (ASD) Closure with Minimally Invasive Cardiac Surgery	Stephanus AP/Kaligis (Indonesia)
AP3-3	Activation of Rapid Response Team in Pediatric Ward: A Cross Sectional Study in Indonesia's Top Referral Hospital	Hilferia Simbolon (Indonesia)
AP3-4	Towards a Zero Postoperative Vomiting (POV) in Children after Tonsillectomy	Joseph Tobias (Australia)
AP3-5	Anesthetic Management in a Patient with Nonketotic Hyperglycinemia	Withdrawn
AP3-6	Distraction Techniques for Post-operative Paediatric Patients in Post Anaesthesia Care Unit (PACU) a Randomized Control Trial	Virtual
AP3-7	Perioperative Respiratory Adverse Events Following General Anesthesia Among Pediatric Patients after COVID-19	Jung-Bin Park (Korea)

AP3-8 Platelet-lymphocyte Ratio and Neutrophil-lymphocyte Ratio for Predicting Respiratory Complications after Congenital Heart Surgery Ji-Woong Yang (Korea)

15:30-15:50 Coffee Break

15:50-17:20 Abstract Presentation 4 (In-person)

Sang Hun Kim (Korea)

Hyun Kang (Korea)

AP4-1	Transversus Abdominis Plane Block after Sub Arachnoid Block Reduces Postoperative Pain Intensity and Analgesic Consumption in Elective Lower Abdominal Surgeries in Pediatric Patients-Case Series	Gunjan Singh (India)
AP4-2	Postoperative Sedation and Analgesia in Pediatric Cardiac Surgery	Virtual
AP4-3	Erector Spinae Plane Block with Ropivacaine 0.2% in Children-A Case Series, Single Center Experience in Tertiary Pediatric Center in Malaysia	Noor Hasimah (Malaysia)
AP4-4	ESP Block for Anesthesia in a Pediatric Patient Who Underwent Diagnostic Laparoscopy after Foreign Body Injury	Kubra Ozturk (Türkiye)
AP4-5	Epidural Analgesia in Major Paediatric Oncosurgeries: A Review of Safety Profile and Practices	Withdrawn
AP4-6	Analgesic Efficacy and Safety of Ultrasound-guided Erector Spinae Plane Block in Pediatric Patients Undergoing Surgery: A Systematic Review and Meta-Analysis of Randomized Controlled Trials	Seokwoo Jeong (Korea)
AP4-7	Prediction of Effect and Complications of PCA in Children Undergoing Urologic Surgery	Ho-Jae Nam (Korea)

17:20 Closing Remarks (Room A)

DAY 2 17 June 2023 (Sat)

SC Convention International Conference Hall (B1F)

Room D

09:00-09:20 Welcome and Introduction (Room A)

09:20-10:50 Abstract Presentation 1 (Virtual)

Sooyoung Cho (Korea)

Hee Young Kim (Korea)

V1-1	"Know It to Deal with It"- Neonatal Airway Management with a Large Sincipital Encephalocele	Pranita Mandal (India)
V1-2	Nasotracheal Intubation Guided by the Esophageal Temperature Probe in Children	Withdrawn
V1-3	Risk Factors for Failed First Attempt of Intubation in Pediatric Patients: Preliminary Results of a Prospective Observational Study	Faiza Grati (Tunisia)
V1-4	Management of a Rapidly Growing Sublingual Congenital Ranula: A Case Report	Anouar Jarraya (Tunisia)
V1-5	An Innovative Technique to Deflate and Reinflate the Tracheostomy Tube to Facilitate Ventilation During Tracheal Resection and Reconstruction Surgeries	Nesara N (India)
V1-6	Airway Management of a Congenital Teratoma with a Cleft Palate: An Original Case Report	Kammoun Manel (Tunisia)
V1-7	Airway Management of Congenital Pulmonary Airway Malformation Resection in an Infant in Resource limited Setting: A Case Report	Shephali (India)
V1-8	Pediatric Airway Management in Undiagnosed Congenital Subglottic Stenosis Undergoing Congenital Cardiac Surgery	Demet Altun Bingöl (Türkiye)

10:50-11:00 Coffee Break

11:00-12:30 Abstract Presentation 2 (Virtual)

Ji-Hyun Lee (Korea)

Ye Yun Phang (Malaysia)

V2-1	Anesthesia Management of Left Pulmonary Artery Sling: LPA Reimplantation Without Cardiopulmonary Bypass	Anshoril Arifin (Indonesia)
V2-2	Fast Track Extubation in Severe Scoliosis with Cor Pulmonale: The Role of Non Invasive Ventilation	Lakshmipraba M (India)
V2-3	A Single Institute Retrospective Audit of the Anaesthesia Management in Children Undergoing Epilepsy Surgery	Vedhika Shanker (India)

SC Convention International Conference Hall (B1F)

V2-4	Anaesthesia Management in a Rare Skeletal Dysplasia-Desbuquois Syndrome: A Case Report	Vedhika Shanker (India)
V2-5	Perioperative Management of a Preterm Infant for Subgaleo-ventricular Shunt	Archana Raichurkar (India)
V2-6	Ultrasound Assessment of Cricothyroid Membrane (CTM) in Children with Respect to Front of Neck Access – An Observational Study	Sandeep Viyyuri (India)
V2-7	Anaesthetic Implications and Considerations in Children with Permanent Pacemaker for Non-Cardiac Surgery: A Report of 2 Cases	Ismail@Mamat NN (Malaysia)
V2-8	Spinal Anaesthesia: The choice in Preterm Neonates with Chronic Lung Disease	Pavitra G C S (India)

12:30-14:00 ASPA 16th Annual General Meeting (Hybrid)

DAY 3 18 June 2023 (Sun)

SC Convention International Conference Hall (B1F)

Room A

08:30-10:05	Session 1. Innovation / Renovation	Ina Ismiarti Binti Shariffuddin (Malaysia) Jeong-Rim Lee (Korea)
08:30-08:50	Medical Simulation, including Augmented Reality & Virtual Reality	Jim Fehr (USA)
08:50-09:10	Big Data Analysis in Pediatric Anesthesia	Jurgen de Graaff (Netherlands)
09:10-09:30	Reducing Our Carbon Footprint: Easy Changes to Our Practice that Reduce Cost and Carbon Emissions (Virtual)	Diane Gordon (USA)
09:30-09:50	Consideration of Pharmacokinetic Models for Pediatric Patients	Young Sung Kim (Korea)
09:50-10:05	Q&A	
10:05-10:20	Coffee Break	
10:20-12:20	Session 2. Quality Improvement	Erlinda Oracion (Philippines) Sungsik Park (Korea)
10:20-10:40	Emergency Checklists During a Crisis in Pediatric Anesthesia	Stephen Gleich (USA)
10:40-11:00	Unplanned ICU Administration: Characteristics and Outcome	Kaoru Tsuboi (Japan)
11:00-11:20	Improving Pediatric Anesthesia Safety in Low-Resource Setting	Fauzia Anis Khan (Parkistan)
11:20-11:40	Quality Improvement of Pediatric Anesthesia in India	Elsa Varghese (India)
11:40-12:00	New Considerations for Optimizing Ambulatory Pediatric Anesthesia	Keira Mason (USA)
12:00-12:20	Q&A	
12:20-13:30	Luncheon Symposium	Ah Young Oh (Korea) Nicola Disma (Italy)
	Sugammadex: Game Changer of NM Reversal	

13:30-15:10	Session 3. From Design to Publication: Special Tips for Young and New Asian Researchers	Soichiro Obara (Japan) Hyun Kang (Korea)
13:30-13:50	Where and How I Get the Research Idea?	Fauzia Anis Khan (Parkistan)
13:50-14:10	How to Build Primary EndPoint: Statistical and Clinical Solution	Dong Kyu Lee (Korea)
14:10-14:30	How to Improve Weak Points: From Editor's Perspectives	Norifumi Kuratani (Japan)
14:30-14:50	How to Collaborate with Other (international) Researchers?	Choon Looi Bong (Singapore)
14:50-15:10	Q&A	
15:10-15:30	Coffee Break	
15:30-17:00	Session 4. Best Abstracts Presentation and Awards	Rufinah Teo (Malaysia) Byung Gun Lim (Korea)
BAP-1	A Randomised Controlled Trial to Compare the Blockbuster™ and Air-Q® Supraglottic Airway Devices as a Conduit to Blind Endotracheal Intubation in Pediatric Patients (Virtual)	Arunima Pattanayak (India)
BAP-2	Changes in Diaphragmatic Ultrasonography Findings and Their Association with Postoperative Complications in Children Undergoing Pulmonary Resection: A Single-Center Prospective Observational Study	Pyoyoon Kang (Korea)
BAP-3	Damage-Associated Molecular Patterns (DAMPs) as a Mechanism of Sevoflurane-Induced Neuroinflammation in Neonatal Rodents	Yongmin Lee (Korea)
BAP-4	Effect of Oxygen Reserve Index Monitoring for Preventing Hypoxemia in Pediatric Airway Surgery: A Randomized Controlled Trial	Honghyeon Kim (Korea)
BAP-5	Sevoflurane-Induced Burst Suppression is Associated with Long-Term Behavioral Changes in Late Postnatal Mice Undergoing Laparotomy	Tao Zhang (China, Korea)
BAP-6	Comparison of Lateral and Supine Positions for Tracheal Extubation in Infants: Preliminary Results of a Randomized Clinical Trial (Virtual)	Kammoun Manel (Tunisia)
BAP-7	The Utility of Difficult IntraVenous Access (DIVA) Score ≥ 4 in Predicting Failure of the First Attempt of Intravenous Access in Children Aged 0 to 12 years at a Tertiary Care, Teaching Hospital (Virtual)	Aparna Williams (India)
17:00	ASPA 2024 Promotion Closing and Farewell	

DAY 3 18 June 2023 (Sun)

SC Convention International Conference Hall (B1F)

Room B

08:30-10:05 Session 1. All Things Considered for Best Postoperative Analgesia

Teddy Fabila (Philippines)

Won Uk Koh (Korea)

08:30-08:50 Oldies Revisited: Caudal Block and Pudendal Nerve Block

Jae Hoon Lee (Korea)

08:50-09:10 Impact of Sleep on Pain and Recovery after Surgery (Virtual)

Jennifer Rabbitts (USA)

09:10-09:30 ESP or Those Trunk Blocks for Children

Pinar Kendigelen (Türkiye)

09:30-09:50 Expert's Tip of Regional Block in Neonate and Infants

Vrushali Ponde (India)

09:50-10:05 Q&A

10:05-10:20 Coffee Break

10:20-12:20 Session 2. Cardiac Anesthesia

Jong Wha Lee (Korea)

Won-Jung Shin (Korea)

10:20-10:40 ECMO: What Should We Anesthesiologists Know? (Virtual)

Viviane Nasr (USA)

10:40-11:00 Anesthesia for Patients with Transposition of Great Arteries

Dean B Andropoulos (USA)

11:00-11:20 Anesthesia for Children Who Go Through Journeys to Fontan

Tracy Tan (Singapore)

11:20-11:40 How to Mend a Broken Heart: An Approach to the Failing RV in CHD Patients

In-Kyung Song (Korea)

11:40-12:00 To Extubate or Not to Extubate after Simple Cardiac Surgery

Evangeline Lim (Singapore)

12:00-12:20 Q&A

12:20-13:30 Luncheon Symposium (Room A)

Ah Young Oh (Korea)

Sugammadex: Game Changer of NM Reversal

Nicola Disma (Italy)

13:30-15:10 Session 3. Neonates and Infants Need Special Anesthetic Care

Serpil Ozgen (Türkiye)

Ji-Hyun Lee (Korea)

13:30-13:50 Key Anesthesia Concepts for Each Neonatal Emergency

Yunxia Zuo (China)

13:50-14:10 Postop Apnea in Preterm Infants: Updated

Duenpen Horatanaruang (Thailand)

14:10-14:30 How to Improve the Success Rate of Small Vessel Cannulation

Young Eun Jang (Korea)

14:30-14:50 Anesthetic Management of Neonates Undergoing Diagnostic and Therapeutic Cardiac Catheterization

Duygu Kara (Türkiye)

14:50-15:10 Q&A

15:10-15:30 Coffee Break

15:30-17:00 Session 4. Fluid and Transfusion

Yoshie Taniguchi (Japan)

Sun Young Park (Korea)

15:30-15:50 Glucose Management: Would You Like Some Sugar?

Mineto Kamata (Japan)

15:50-16:10 No More Hypotonic Fluid! (Virtual)

Hyungmook Lee (Korea)

16:10-16:30 Transfusion Triggers: RBC, Plasma, and Platelet

Vibhavari Naik (India)

16:30-16:50 Tranexamic Acid: Antifibrinolysis and Beyond

Angelina Gapay (Philippines)

16:50-17:00 Q&A

17:00 ASPA 2024 Promotion
Closing and Farewell (Room A)

DAY 3 18 June 2023 (Sun)

SC Convention International Conference Hall (B1F)

Room C

08:30-10:00 Abstract Presentation 5 (In-person)

Hyo-Jin Byon (Korea)

Hye Mi Lee (Korea)

AP5-1	Predictors of Sedation Failure with Initial dose of Intranasal Dexmedetomidine and Oral Midazolam for Pediatric Procedural Sedation	Withdrawn
AP5-2	Retrospective Study on an Inhalational Sevoflurane Technique for Ex-preterm Infants Undergoing Elective Inguinal Hernia Surgery	Esha Nilekani (India)
AP5-3	The Use of Dexmedetomidine for Pediatric Patients with Conjoined Twins Undergoing Computed Tomography Thoracoabdominal	Priscilla Tulong (Indonesia)
AP5-4	Stirp Sugar Midazolam! New Formulation of Midazolam (Midazolam Loaded Oral Film Via Electrospinning)(Preliminary Study)	Şükran Geze Saatçi (Türkiye)
AP5-5	Sedation in a Child with Difficult Airway for Magnetic Resonance Imaging (MRI)	Nirawanti (Malaysia)
AP5-6	A Balancing Act of Survival: A Case Report on the Anesthetic Management of an Ex Utero Intrapartum Procedure	Virtual
AP5-7	Effect of High-flow Nasal and Buccal Oxygenation on Safe Apnea Time in Children with Open Mouth	Chan-Ho Hong (Korea)
AP5-8	Near-infrared Spectroscopy Monitoring Failure in a Patient with Chronic Hypoxemia Undergoing Total Correction of Tetralogy of Fallot	Hwa-Young Jang (Korea)

10:00-10:50 Coffee Break

10:50-12:20 Abstract Presentation 6 (In-person)

Eun-Hee Kim (Korea)

Yong-Hee Park (Korea)

AP6-1	Implementation of "Goal Directed Bleeding Management" at Shahid Ghalgal National Heart Center	Virtual
AP6-2	The Outcomes of PICC Insertion in Pediatric Patient at Siriraj Hospital	Niracha (Thailand)
AP6-3	Routine to Risk-based: A Pediatric Hemophilia B Case Report and the Adoption of Targeted Preoperative Blood Testing Practices with Questionnaires	Aya Sueda (Japan)

SC Convention International Conference Hall (B1F)

AP6-4	Use of Continuous Positive Airway Pressure During Sevoflurane Inhalational Induction does not Result in Faster Induction but Increases Sevoflurane Consumption	Akhil Kant Singh (India)
AP6-5	Effect of Single-dose Intravenous Lignocaine versus Fentanyl on Neuromuscular Recovery Time after General Anesthesia in Elective Pediatric Surgery: A Randomized Controlled Pilot Study	Mridul Dhar (India)
AP6-6	The Perioperative Coagulation Profile in Pediatric Patients Undergoing Liver Transplant Surgery	Komang Ayu Ferdiana (Indonesia)
AP6-7	Experiences of Our Pediatric Anesthesia After Devastating Earthquakes in Turkey	Melike Demir (Türkiye)

12:20-13:30 Luncheon Symposium (Room A)

Sugammadex: Game Changer of NM Reversal

Ah Young Oh (Korea)

Nicola Disma (Italy)

15:10-15:30 Coffee Break

17:00 ASPA 2024 Promotion
Closing and Farewell (Room A)

DAY 3 18 June 2023 (Sun)

SC Convention International Conference Hall (B1F)

Room D

08:30-10:00 Abstract Presentation 3 (Virtual)

Jin Hee Ahn (Korea)

Sung-Ae Cho (Korea)

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|------|---|------------------------------|
| V3-1 | Bispectral Index Relation with Delirium in Post Cardiac Surgery Patients | Abdul Fatah Abro (Lithuania) |
| V3-2 | The Impact of Oral Fluid Intake 1 Hour Prior to Surgery on Anxiety Levels and Gastric Volume in Pediatric Patients | Zehra Hatipoglu (Türkiye) |
| V3-3 | Improvement of Broviac Catheter-related Outcomes after the Implementation of a Quality Management System: A Before-and-After Prospective Observational Study | Faiza Grati (Tunisia) |
| V3-4 | Predictors of Perioperative Respiratory Adverse Events Among Children with a Cold Undergoing Pediatric Ambulatory Ilio-inguinal Surgery: Prospective Observational Research | Kammoun Manel (Tunisia) |
| V3-5 | Intra Operative Fat Embolism in A Child with Osteogenesis Imperfecta-Double Whammy! | Snehal Tare (India) |
| V3-6 | Risk Factors for Hickman-broviac Catheter Complications: The Experience of a Tunisian Hospital | Kammoun Manel (Tunisia) |
| V3-7 | Complications and Risk Factors of Percutaneous Subclavian Vein Catheters in Pediatric Patients: Enhancing the Outcomes of a University Hospital in a Developing Country | Jarraya Anouar (Tunisia) |
| V3-8 | Implementation of "Goal Directed Bleeding Management" at Shahid Gangalal National Heart Center | Ashish G. Amatya (Nepal) |

10:00-10:50 Coffee Break

10:50-12:20 Abstract Presentation 4 (Virtual)

Eun-Young Joo (Korea)

Woo Suk Chung (Korea)

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|------|--|------------------------------|
| V4-1 | The Utility of Enhanced Recovery After Surgery (ERAS) Protocols in Adolescent Scoliosis Surgery: A Systematic Review and Meta Analysis | Bharat Yalla (India) |
| V4-2 | Comparison of Ultrasound Guided Thoracic Paravertebral Block Versus Serratus Anterior Plane Block in Children Undergoing Thoracic Surgery: A Prospective Observational Study | Emre Sertaç Bingül (Türkiye) |

SC Convention International Conference Hall (B1F)

V4-3	Procedural Sedation and Anaesthetic Technique in Paediatric Patients with Anterior Mediastinal Mass in a Quaternary Centre-Our 3 Years of Experience	Rowena Lee (Hong Kong)
V4-4	Distraction Techniques for Post-operative Paediatric Patients in Post Anaesthesia Care Unit (PACU) a Randomized Control Trial	Shemila Abbasi (Pakistan)
V4-5	Perioperative Anaesthetic Management of Button Battery Ingestion: A Case Report	Won Jee Lee (Malaysia)
V4-6	Computed Tomographic(CT) Scan Measurements of Anatomical Landmark for Suprazygomatic Maxillary Nerve Block in Children	Sushma Konduri (India)
V4-7	A Balancing Act of Survival: A Case Report on the Anesthetic Management of an Ex Utero Intrapartum Procedure	Alexandra Lao (Philippines)
V4-8	Postoperative Sedation and Analgesia in Pediatric Cardiac Surgery	Elmira Satvaldieva (Uzbekistan)

12:20-13:30 Luncheon Symposium (Room A)

Sugammadex: Game Changer of NM Reversal

Ah Young Oh (Korea)

Nicola Disma (Italy)

15:10-15:30 Coffee Break

17:00 ASPA 2024 Promotion
Closing and Farewell (Room A)



Day 1

16 June 2023



Session 1.

Safe Anesthesia for Children with Co-Morbidity

**Chair(s): Josephine Tan (Singapore)
Jin-Tae Kim (Korea)**

URI and Anesthesia: Toward Zero Complication

Byung Gun Lim

Korea University Guro Hospital, Korea

Learning Objectives

1. Review preoperative considerations for the decision to proceed with anesthesia and surgery for pediatric patients with upper respiratory tract infection (URI)
2. Review independent risk factors for perioperative respiratory adverse events in pediatric patients with URI
3. Review the current evidence for perioperative management including preoperative optimization and anesthetic management of pediatric patients with URI and share your own practical experience for better outcomes
4. Discuss additional concerns and overall considerations for pediatric patients with URI during epidemics such as the COVID-19 pandemic

Introduction

The available evidence suggests that although children experience less severe symptoms of Coronavirus Disease 2019 (COVID-19) than adults and some children are asymptomatic, the most common clinical features of COVID-19 in children are fever and upper respiratory tract symptoms such as cough, sore throat, and rhinorrhea [1]. These coronaviruses as well as other viruses that invade respiratory tracts develop various symptoms depending on the anatomical location of the infected mucosa. In general, viral infection of the mucus membranes causes airway inflammation, resulting in increased secretions, airway susceptibility, and bronchial hyperreactivity. The airway inflammation is the main pathophysiology of increased risk of perioperative respiratory adverse events (PRAEs) including predominantly laryngospasm and bronchospasm [2]. Therefore, a pediatric patient with a current or recent upper respiratory tract infection (URI) has an irritable airway and can be at increased risk for PRAEs including bronchospasm, laryngospasm, postintubation croup, breath holding (apnea), desaturation (hypoxemia), atelectasis, and pneumonia.

1. Preoperative considerations for the decision whether to proceed with surgery and anesthesia in pediatric patients with URI

The question of whether to cancel a surgery in children with URI and, if so for how long, is difficult to answer and

is influenced by many factors including patient, surgical, and anesthetic factors [3]. There is now an increasing expert consensus that it is not necessary to postpone a surgery for 6 weeks after any URI in children—although bronchial hyperreactivity may last for up to 6 weeks after URI in pediatric patients—and thus recent recommendations emphasize an about 2-week-long time lag between the resolutions of URI symptoms and anesthesia [3]. It means that URI is commonly associated with an increased risk for PRAEs mostly when symptoms are present or have occurred within 2 weeks before surgery [4,5]. Especially, if the child is febrile or has rhonchi, productive cough and mucopurulent airway secretions, an elective surgery should be canceled. In other words, for children with severe URI symptoms (fever, green runny nose, moist cough, wheezing, or lethargy), it is recommended to postpone the surgery for at least 2 weeks if possible [3]. Therefore, a thorough history taking (symptoms and past/familial medical history) and physical examination, and preoperative risk assessment using a proper tool (e.g., a 'COLDS' score [2,6]) are needed and thereafter a proper perioperative management should be provided to reduce a risk for PRAEs in the patients when the surgery proceeds.

2. Independent risk factors for PRAEs in pediatric patients with URI

Independent risk factors for PRAEs in pediatric patients with URI include use of endotracheal tube (vs. use of laryngeal mask airway [LMA] or face mask), history of parental/passive smoking [4,5,7-10], history of prematurity or reactive airway disease, airway surgery, presence of copious secretions, and nasal congestion [4,5,7].

Risk factors for PRAEs in pediatric patients with URI can be divided into patient, surgical, and anesthetic factors as follows [2,3,11]: (1) Patient factors: presence of copious secretions, sputum, and nasal congestion; parental/passive smoking; history of reactive airway disease (pulmonary comorbidity); younger age (less than 1 year); prematurity (less than 37 weeks of gestation); parental belief, 'the child has a cold'. (2) Surgical factors: major surgery or surgery requiring tracheal intubation including surgery involving the airway, ear-nose-throat surgery, eye surgery, upper abdominal and thoracic surgery, and cardiac surgery. (3) Anesthetic factors: invasive airway insertion (endotracheal intubation), anesthetic agents (desflurane), inexperience of the anesthesiologist in performing pediatric anesthesia.

These risk factors should be investigated during the preoperative assessment in all pediatric patients with URI to establish an optimized anesthetic management. The decision to proceed or cancel the surgery in pediatric patients with URI depends on the risk factors including the severity of URI symptoms, the presence of other coexisting illnesses, and the type and urgency of the surgery, and a final decision should be made by an individual risk-benefit ratio.

3. The current evidence for perioperative management of pediatric patients with URI

Current evidence for anesthetic management to decrease the incidence of PRAE in pediatric patients with URI

can be summarized as follows [3]: Premedication with an aerosol of salbutamol has been shown to be effective in both the prevention and treatment of perioperative bronchospasm. Current evidence does not support the preventive effect of intravenous lidocaine bolus (1 mg/kg) on the incidence of PRAE. Anesthesia induction through intravenous propofol has been suggested to result in a lower incidence of PRAE in children with URI when compared to inhalational induction. Endotracheal intubation has been shown to be associated with a higher incidence of PRAE when compared with ventilation via a LMA or face mask. Use of desflurane should be avoided. The experience of the anesthesiologist is crucial to prevent and treat perioperative complications. As for a treatment tool at the occurrence of PRAEs, oxygen is used to treat hypoxemia, inhaled salbutamol or albuterol and inhaled anesthetics can treat bronchospasm, and neuromuscular blocking agents are available to treat laryngospasm.

In summary, anesthetic management to reduce the incidence of PRAE in pediatric patients with URI include preoperative inhalational therapy with salbutamol, avoidance of endotracheal intubation whenever possible, use of a LMA or face mask, intravenous induction with propofol, and avoidance of desflurane, and prevention, early recognition and immediate treatment of complications by an experienced anesthesiologist.

4. Additional concerns and overall considerations for pediatric patients with URI during epidemics such as the COVID-19 pandemic

Pediatric patients with URI require special considerations during epidemics like the COVID-19 pandemic. Here are some additional concerns and overall considerations for managing pediatric URI during such situations:

- (1) Increased susceptibility: Children, especially infants and young children, may have a higher susceptibility to respiratory infections, including URI. This vulnerability is important to consider during epidemics, as they may be more prone to contracting viral illnesses.
- (2) COVID-19 transmission: The COVID-19 pandemic has highlighted the importance of understanding the transmission dynamics of respiratory viruses. Pediatric patients with URI should be evaluated for COVID-19 symptoms and tested when necessary. Considering that they can contribute to the transmission of COVID-19, adherence to preventive measures like wearing masks, practicing hand hygiene, and maintaining physical distancing is crucial.
- (3) Differential diagnosis: During epidemics, it becomes even more important to differentiate between various respiratory pathogens causing URI. While COVID-19 is a significant concern, other common viruses like influenza, respiratory syncytial virus (RSV), adenovirus, and rhinovirus can also cause similar symptoms in children. Proper testing and diagnosis are essential to guide appropriate management and infection control measures.
- (4) Severity and complications: Pediatric URI can vary in severity, ranging from mild symptoms to more severe presentations. While the majority of children with URI recover without complications, certain populations, such as infants, those with underlying medical conditions, or immunocompromised individuals, may be at

higher risk for severe illness and complications. These high-risk groups should receive special attention and appropriate medical care.

- (5) Impact on healthcare resources: Epidemics can place a strain on healthcare resources, including hospital beds, intensive care units, and healthcare personnel. Pediatric patients with URI, particularly those requiring hospitalization or intensive care, may need to be carefully managed to optimize resource utilization and ensure adequate care for all patients.
- (6) Psychological impact: Epidemics can cause anxiety and fear among children and their caregivers. The fear of contracting COVID-19 or other respiratory illnesses can lead to stress and emotional distress. Healthcare providers should address these concerns and provide support to children and families, including clear communication, education, and mental health resources when needed.
- (7) Vaccination: During epidemics, vaccination plays a crucial role in preventing and reducing the severity of respiratory infections. Ensuring that pediatric patients receive recommended vaccinations, including the influenza vaccine, when available, can help protect them from additional respiratory illnesses and reduce the burden on healthcare systems.

In summary, managing pediatric patients with URI during epidemics like the COVID-19 pandemic requires considering their increased susceptibility, the need for accurate differential diagnosis, adherence to infection prevention measures, special attention to high-risk populations, optimization of healthcare resources, addressing psychological impact, and promoting vaccination when available.

5. Long-term impact of the COVID-19 pandemic on PRAEs in pediatric patients with URI.

During the COVID-19 pandemic, anesthesiologists have been recommended to change their routine practices according to pragmatic decisions rather than based on solid scientific evidence. Organizational adaptations regarding personal protective equipment (PPE), patient admission, flow of patients, preoperative examination, intraoperative management, and postoperative discharge are few areas to mention [12]. We are obliged to assess the true value of the strategies, approaches, and treatment modalities during this pandemic in a solid scientific manner, and we should not compromise our standards and scientific rigor. Definitely, COVID-19 pandemic has impacted the testing, safety, clinical management, and economics of pediatric anesthesia practice, but the long-term consequences are difficult to predict [12].

Likewise, the long-term impact of the COVID-19 pandemic on PRAEs in pediatric patients with URI is a topic that requires further research and investigation. Although the available information is limited, some general considerations can be made:

- (1) Delayed surgeries and changes in healthcare utilization patterns: The COVID-19 pandemic has led to the postponement or cancellation of many elective surgeries, including those in pediatric patients. This could potentially affect the incidence and management of pediatric patients with URI requiring surgery and their

subsequent respiratory outcomes. Delaying surgeries in children with URI during the pandemic may have reduced the occurrence of PRAEs as these patients were likely screened and rescheduled [13]. The impact of public health measures such as universal mask use in many countries, physical distancing, school and nursery care closures, and travel bans had an unprecedented impact on transmission of infectious diseases such as RSV and influenza and subsequent decreased pediatric patients with URIs in operating rooms [12,14]. It left much wondering if the sanitary measures were the solution for elimination of such diseases [12,15]. This may have been influenced by the cancellation of elective surgery for various reasons and the reluctance of parents to take their child to the hospital. Conversely, it can be inferred from the fact that when hospitals reopened for elective surgery, there was a lower incidence of surgery cancellations due to URIs either because of prehospital screening or increased knowledge about the implications of the COVID-19 pandemic and infections such as URIs [12]. As a result, children with recent acute respiratory symptoms were not admitted to the hospital for elective procedures, and the subsequent withdrawal rate was low. Ideally, the lessons learned here would result in lower cancellations and rescheduling of procedures [12]. However, precaution must be taken not to delay appropriate surgery unnecessarily, and the specific impact on long-term outcomes related to respiratory events requires further study.

- (2) Impact of COVID-19 on respiratory health: While COVID-19 primarily affects the respiratory system, the long-term impact of the disease on pediatric patients with URI in the perioperative setting is not yet fully understood. It is important to consider the potential respiratory sequelae of COVID-19, such as lung damage or persistent respiratory symptoms, which could affect the occurrence of PRAEs in the future.
- (3) Changes in perioperative protocols: The COVID-19 pandemic has prompted changes in perioperative protocols and infection control measures to reduce the risk of viral transmission. These measures, such as preoperative screening, PPE use, and enhanced cleaning and disinfection, may have had an impact on mitigating PRAEs in pediatric patients with URI. However, the extent of this impact and its long-term consequences require further investigation.
- (4) Increased vigilance: The COVID-19 pandemic has heightened awareness of respiratory infections, including the need for screening and testing prior to medical procedures. Healthcare providers may be more vigilant in identifying pediatric patients with URI and taking appropriate precautions to minimize the risk of PRAEs.

Conclusions

<Strategies for achieving “Toward Zero Complications” in the perioperative management of pediatric patients with URI>

- (1) Preoperative assessment: Thoroughly evaluate the child's medical history, including any previous complications with URI, asthma, or other respiratory conditions. Assess the severity and duration of the URI symptoms, including the presence of fever, cough, or congestion.
- (2) Multidisciplinary collaboration: Foster communication and coordination between the surgical team, anesthesiologists, and pediatricians to develop a comprehensive perioperative plan. Ensure everyone is aware

of the child's respiratory status and the potential risks associated with the URI.

- (3) Optimization of respiratory status: Implement measures to improve the child's respiratory function before surgery. This may include bronchodilator therapy, or other appropriate interventions to reduce airway inflammation and improve breathing.
- (4) Timing of surgery: Whenever possible, consider postponing elective procedures in pediatric patients with active URI. Delaying surgery allows time for the child's immune system to recover, reducing the risk of complications. Emergency or urgent procedures should be assessed on a case-by-case basis.
- (5) Anesthesia considerations: Choose anesthetic techniques that minimize the impact on respiratory function. Regional anesthesia or monitored anesthesia care may be suitable alternatives to general anesthesia in certain cases. Use appropriate airway management techniques to maintain optimal oxygenation and ventilation during the procedure.
- (6) Infection control measures: Strictly adhere to infection prevention protocols, including hand hygiene, appropriate use of PPE, and environmental cleaning. Minimize the risk of transmission by isolating patients with contagious URI and encouraging respiratory etiquette.
- (7) Postoperative care: Monitor the pediatric patients closely after surgery, paying attention to respiratory function and signs of complications. Provide adequate pain management and promote early mobilization to prevent respiratory complications. Ensure proper discharge planning, including instructions for follow-up care and monitoring.
- (8) Patient and family education: Educate the patient and their caregivers about the importance of identifying and reporting URI symptoms before surgery. Emphasize the need for timely communication with health-care providers to assess the appropriateness of proceeding with the procedure.
- (9) Shared decision-making: Engage in shared decision-making with the child's family, weighing the risks and benefits of proceeding with surgery during a URI. Consider their input and concerns, ensuring they have a clear understanding of the potential complications associated with URI.
- (10) Continuous quality improvement: Regularly review and analyze outcomes and complications related to pediatric patients undergoing surgery with URI. Identify areas for improvement, develop protocols, and implement evidence-based strategies to enhance perioperative care and patient safety.

It's important to note that these strategies are general guidelines, and the specific management of each pediatric patient with a URI should be tailored to their individual needs. Consulting with anesthesiologists experienced in pediatric perioperative care is crucial for optimal decision-making.

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- per respiratory tract infections. *Curr Opin Anaesthesiol* 2017; 30: 362-367.
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Anaesthesia for Patient with Mucopolysaccharidosis

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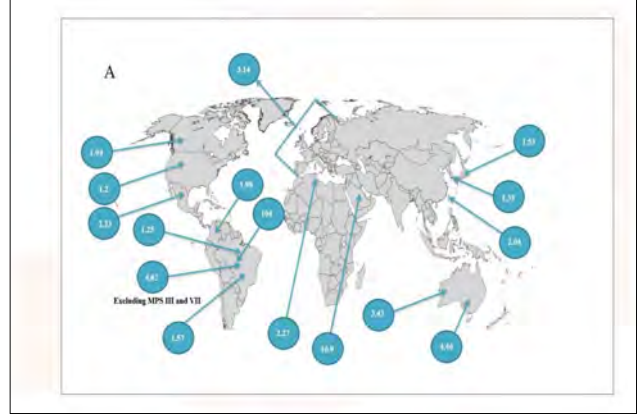
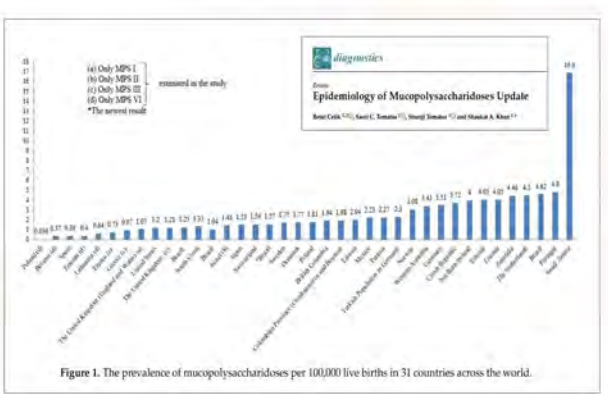
Lysosomal Storage Disorders

- > 50 different genetic disorders
- Deficiency or malfunctioning of certain lysosomal enzymes
- Progressive nature affecting different organ systems with a wide spectrum of clinical symptoms, signs and severity
- 1 in 7700 live births

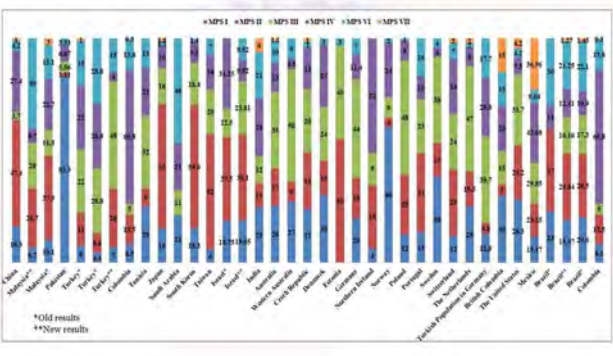


Type of Lysosomal Disorders

Sphingolipidoses
Failure to degrade glycosphingolipids
Fabry, Gaucher, ASM deficiency, Metachromatic Leukodystrophy
Mucopolysaccharidoses
Failure to degrade glycosaminoglycans
Hurler, Hunter, Sanfilippo, Morquio, Maroteaux-Lamy, Sly
Oligosaccharidoses
Failure to degrade oligosaccharides
Fucosidosis, Mannosidosis, Sialidosis, Galactosialidosis
Others
Pompe, Mucopolipidosis, Neuronal Ceroid Lipofuscinosis



Incidence of MPS (%)



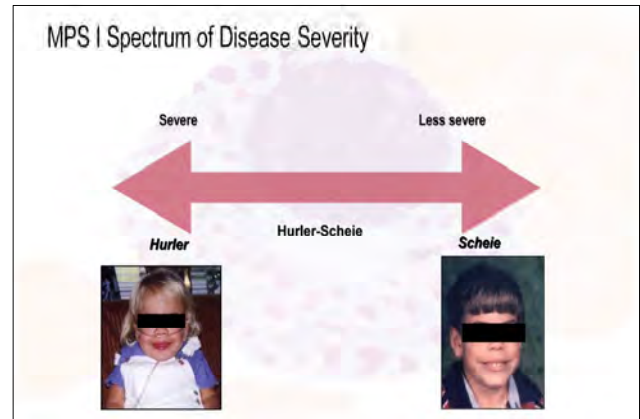
Heterogenous Presentation



Types of MPS

Disorder	Deficient Enzyme	GAG Accumulation	Inheritance	Severity	Treatment Options
MPS I (Hurler)	α -L-iduronidase	HS, DS	AR	Severe	ERT, HSCT
MPS I (Hurler-Scheie)				Intermediate	
MPS I (Scheie)				Mild	
MPS II (Hunter)	Heparan-2-sulfatase	HS, DS	XR	Variable	ERT, HSCT
MPS III (Sanfilippo A)	Heparan-3-sulfatase	HS	AR	Variable	Supportive
MPS III (Sanfilippo B)	β -N-acetylgalactosaminidase				
MPS III (Sanfilippo C)	β -Glucuronidase acetyltransferase				
MPS III (Sanfilippo D)	β -Acetylglucosaminidase				
MPS IVA (Morquio A)	β -Acetylglucosaminidase 6-sulfatase	KS, CS	AR	Variable	ERT, HSCT
MPS IVB (Morquio B)	β -Glucuronidase	KS	AR	Mild	ERT, HSCT
MPS VI (Maroteaux-Lamy)	β -Acetylglucosaminidase 6-epimerase	CS, DS	AR	Variable	ERT, HSCT
MPS VII (Sly)	β -D-glucuronidase	HS, DS, C4S, C6S	AR	Variable	ERT, HSCT
MPS IX	Hyaluronidase	Hyaluronan	AR	Mild	Supportive

HS - Heparan sulfate, DS - Dermatan sulfate, KS - Keratan sulfate, C6S - Chondroitin-6-sulfate, C4S - Chondroitin 4,6-sulfate



MPS II – Hunter Syndrome

- X-linked recessive disorder
- Occurs predominantly in males.
- Children with the more severe form of MPS II share many of the neurological and physical features associated with severe MPS I but with milder symptoms.
- Onset of the disease is usually between ages 2 and 4.
- Developmental decline is usually noticed between the ages of 18 and 36 months, followed by progressive loss of skills.

MPS III - Sanfilippo syndrome

- Normal up to 6 year of age, Neurodegenerative disease with predominate CNS symptoms
- Relative lack of somatic features with no skeletal abnormalities
- Usually present at young childhood with behavioral problems or change of behaviour and cognitive regression.
- Other symptoms include seizures, regression in language skills, deafness, blindness, enlarged tonsils, adenoids, and respiratory infections.
- Universally lethal by end of teens – early 20s

MPS IV - Morquio syndrome

- 2 subtypes that result from the missing or deficient enzymes N-acetylgalactosamine 6-sulfatase (Type A) or beta-galactosidase (Type B)
- Short stature, atlantoaxial instability, odontoid hypoplasia, pectus carinatum, spine and skeletal deformities secondary to **laxity of joints** (as oppose to other types of MPS with stiff joints & contractures), corneal clouding, dental anomalies, hepatomegaly, and restrictive lung disease.
- **Normal intelligence**

MPS VI - Maroteaux-Lamy syndrome

VARIABLE RATE OF DISEASE PROGRESSION

RAPIDLY ADVANCING ← → SLOWLY ADVANCING

MPS VI - Maroteaux-Lamy syndrome

Short trunk, crouched stance, restricted movement with stiff joints and valvular heart disease, corneal clouding, deafness

Normal intelligence

MPS VII - Sly Syndrome

- Least common form
- Skeletal dysplasia, short stature, nerve entrapment
- Developmental delay
- Hepatomegaly

Supportive Treatment

- Surgery**
 - Tonsillectomy and adenoidectomy may improve breathing among affected individuals with obstructive airway disorders and sleep apnea
 - Tracheostomy for severe LAC
 - Surgery for hernias repair, shunt operation for obstructive hydrocephalus, release of carpal tunnel syndrome, correction of skeletal deformities
 - Corneal transplants may improve vision among patients with significant corneal clouding
- Surveillance**
 - Sleep studies
 - ECHO
 - MRI Brain and Spine
 - NCV
 - RDM
- Others**
 - Home Oxygen
 - Home BIPAP

Disease-specific Treatment Options

- Enzyme replacement therapy (ERT)**
 - A recombinant form of the deficient enzyme is infused i.v. at definite intervals
- Hematopoietic stem cell transplant (HSCT)**
 - Healthy stem cells (from bone marrow or cord blood) are transplanted i.v. to provide normal enzyme producing cells to the patient

ENZYME REPLACEMENT THERAPY (ERT)

- Medical treatment by giving the patient an intravenous (IV) infusion at regular intervals that contains the deficient or absent enzyme
- R&D began in the mid-1960s
- Clinical trials by the 1980s
- Advances in recombinant DNA manufacturing in the early 1990s enabled enzyme production in quantities large enough for commercial development
- The first ERT went on the market in 1991 for Gaucher type I
- Currently available for: Gaucher disease, Gabry disease, MPS I< MPS II, MPS IV, MPS VI, Glycogen storage disease type II

Issues of concern with ERT

- ERT does not "treat" the underlying disease, only the symptoms
- Long term data on survival benefit & drug safety
- Data on drug efficacy continued to be accumulated from ongoing studies & patients registry
- Extremely Costly

Hematopoietic stem cell transplant

- First attempted in the 1980s and mostly used for MPS I
- Provides metabolically competent cells which may correct the enzyme deficiencies
- Positive results when performed early in a disease's course, despite its challenges and risks
 - transplant failure or rejection
 - toxicity of the conditioning regimen
 - difficulty finding a good donor match

Types of MPS


Disorder	Deficient Enzyme	GAG Accumulation	Inheritance	Severity	Treatment Options
MPS I H (Hurler)	α-L-iduronidase	HS, DS	AR	Severe	ERT, HSCT
MPS I HS (Hurler-Scheie)				Intermediate	
MPS I S (Scheie)				Mild	
MPS II (Hunter)	Iduronate-2-sulfatase	HS, DS	AR	Variable	ERT, HSCT
MPS III (Sanfilippo A)	Heparan-3-sulfatase	HS	AR	Variable	Supportive
MPS III (Sanfilippo B)	β-N-Acetylglucosaminidase		AR		
MPS III (Sanfilippo C)	β-Galactosidase-6-sulfatase				
MPS III (Sanfilippo D)	β-Acetylglucosaminase-6-sulfatase				
MPS IVA (Morquio A)	β-N-Acetylglucosaminase-6-sulfate sulfatase	KS, DS	AR	Variable	ERT + HSCT
MPS IVB (Morquio B)	β-Galactosidase	KS	AR	Mild	
MPS VI (Marshall-Lary)	β-D-Galactosylglucosaminase-4-epimerase	HS, CS, C4S	AR	Variable	ERT, HSCT
MPS VII (Sly)	β-D-Galactosidase	HS, DS, C4S, CS	AR	Variable	ERT, HSCT
MPS IX	Hyaluronidase		AR	Mild	Supportive

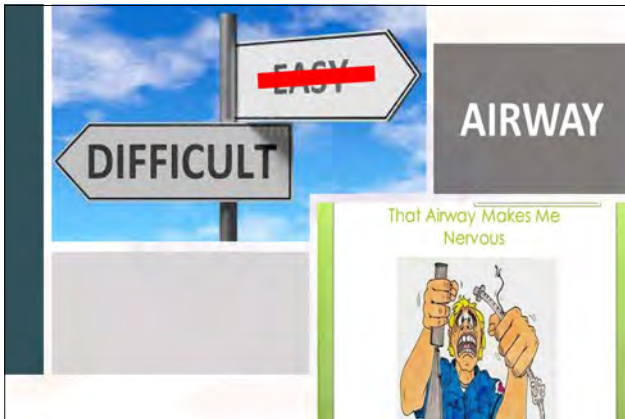
HS- Heparan sulfate, DS - Dermatan sulfate, KS - Keratan sulfate, CS - Chondroitin-6-sulfate, C4S - Chondroitin 4,6-sulfate

PROGNOSIS

- Early diagnosis is essential for early initiation of various treatment options → Newborn Screening
- Early intervention is mandatory for the most serious and debilitating symptoms, particularly involving the *neurological* and *skeletal* systems

Anaesthetic Challenges





Studies on Airway Management in MPS

Study	Year of publication	No of patients/No of Anaesthetics	No of procedure per patient	Difficult mask	Difficult intubation	Failed intubation	Remark
Frawley et al.	2012	17/141	8.3	20/141 14%	40/141 28.4%	2	Mixed
Moore et al.	1996	28/99	3.5	11/44 25%	23/52 44.2%	2	Mixed
Walker et al.	2013	34/89	2.6	-	20/60 33.0%	5	Mixed
Megens et al.	2014	19/136	7.2	9/130 7%	24/67 35.8%	7	Mixed
Clark et al.	2017	18/49	2.7	4/6 66.7%	3/36 8.3%	3	Mixed
Cingi et al.	2013	25/73	2.9	0	0	0	MPS III
Osthaus et al.	2012	10/41	4.1	5/41 12.2%	11/29 37.9%	3/29	MPS I
Cohen and Stuart	2017	34/86	2.5	0	2/63 3.2%	1/63	MPS III
Kamata et al.	2017	25/43	1.7	0	0	-	MPS III
Lao et al.	2022	51/151	3.0	1/80 1.20%	10/80 12.50%	-	Mixed

Clark et al. *Bosn J Basic Med Sci.* 2018;18(1):1-7.
Lao et al. *J. Pers. Med.* 2022, 12, 1343.

Studies on Airway Management in MPS

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Clark et al.	2017	18/49	2.7	4/6 66.7%	3/36 8.3%	3	Mixed
Cingi et al.	2013	25/73	2.9	0	0	0	MPS III
Osthaus et al.	2012	10/41	4.1	5/41 12.2%	11/29 37.9%	3/29	MPS I
Cohen and Stuart	2017	34/86	2.5	0	2/63 3.2%	1/63	MPS III
Kamata et al.	2017	25/43	1.7	0	0	-	MPS III
Lao et al.	2022	51/151	3.0	1/80 1.20%	10/80 12.50%	-	Mixed

The Anaesthetic Strategy for Patients with Macroglossia/Hypertrophied Tongue: A Retrospective Cohort Study

Summary of anaesthetic methods

General Anesthesia (N=136)	No.	%
Bag-mask	15	11.0%
Supraglottic Device	15	11.7%
Endotracheal intubation	80	58.8%
Pre-existing airway	26	19.1%

Neuroaxial anesthesia (N=15)

- Thorough preoperative evaluation for the airway is essential to ensure a safer general anesthesia.
- For each of the MPS patient in our institute, a preprocedural consultation with the experienced otolaryngological doctor is not only routine but a strict rule.
- Adequate preoxygenation, sufficient spontaneous breathing, and maintenance of protective laryngeal reflexes prior to securing the airway would lower the risk of hypoxia.
- Standby ENT team is available for most of the anesthetic inductions.
- Multidisciplinary experienced team would contribute to the vast quality assurance for safe perioperative airway management.

45.6% available Cormack-Lehane classifications were Grade III or IV, mostly from MPS I

Treatment and Airway

ERT

- AHI and OSAs seem to be reduced by ERT, but it is clear that macroglossia and adeno-tonsils hypertrophy are not modified during long-term treatment
- No direct evidence revealing the effect of ERT and airway

HSCT

- Theoretically slow down progression
- Awaiting evidence and experience

Case 1 – MPS I

- M/10 32kg 135cm
- s/p HSCT at 3 year of age
- GDD, Mild Snoring, Echo revealed thickened MV and AV
- MRI – odontoid hypoplasia with upper dens soft tissue deposition, spinal canal stenosis C2 – C5, no C1/2 subluxation
- Previous GA revealed grade IIb larynx at 3 year of age

Multi-team Examination Under Anaesthesia

Order	Team	Procedures
1	ENT	ENT exam, hearing test +/- grimmeter insertion
2	Eye	Eye exam
3	Dental	Dental exam +/- tooth extraction/filling
4	Cardiology	Cardiac exam, ECG, Echo
5	Physiotherapy	PT / OT (passive ROM)

Case 1 – MPS I

- M/10 32kg 135cm
- s/p HSCT at 3 year of age
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- Previous GA revealed grade IIb larynx at 3 year of age

Anticipated problems:

- Anxiety and behavioural problem at induction
- Difficult airway
- Unstable Cervical spine
- Prolong Procedure

Case 1 – MPS I

- M/10 32kg 135cm
- s/p HSCT at 3 year of age
- GDD, Mild Snoring, Echo revealed thickened MV and AV
- MRI – odontoid hypoplasia with upper dens soft tissue deposition, spinal canal stenosis C2 – C5, no C1/2 subluxation
- Previous GA revealed grade IIb larynx at 3 year of age

Anaesthetic techniques:

- IV Sedation with spontaneous ventilation
- GA with supraglottic airway device (SAD) and spontaneous ventilation
- GA with SAD and IPPV
- GA with ETT and IPPV

Case 1 – MPS I

- M/10 32kg 135cm
- s/p HSCT at 3 year of age
- GDD, Mild Snoring, Echo revealed thickened MV and AV
- MRI – odontoid hypoplasia with upper dens soft tissue deposition, spinal canal stenosis C2 – C3, no C1/2 subluxation
- Previous GA revealed grade IIb larynx at 3 year of age
- IV Sedation with TCI propofol, bolus Ketamine and fentanyl after premed with IN dexm
- ENT procedure was performed with MIS, DL with Videoscope revealed grade III larynx
- HFNC used after ENT completed EUA
- Procedure time: 150 mins

Case 2 – MPS II

- M/5, Developmental delay
- Macroglossia large tonsils s/p T&A
 - Grade IIa Larynx previous GA x T&A
- Suspected C1/2 instability on XR
 - MRI 2 years ago revealed dysplastic odontoid process with associated soft tissue mass, no evidence cervical canal stenosis or anterior displacement of C1 – not for intervention
- For repeat MRI brain and whole spine

Case 2 – MPS II

- M/5, diagnosed at 2 year of age, Developmental delay
- Not suitable for ERT, Not keen for BMT
- Macroglossia large tonsils s/p tonsillectomy
- Suspected C1/2 instability on XR, MRI 2 years ago revealed dysplastic odontoid process with associated soft tissue mass, no evidence cervical canal stenosis or anterior displacement of C1 – not for intervention
- For repeat MRI brain and whole spine

What would be your anaesthetic Plan?

A. No Anaesthesia
 B. Oral Sedation
 C. IV sedation
 D. General Anaesthesia with SAD
 E. General Anaesthesia with ETT

Case 2 – MPS II

- M/5, Developmental delay
- Macroglossia large tonsils s/p tonsillectomy
- Suspected C1/2 instability on XR, MRI 2 years ago revealed dysplastic odontoid process with associated soft tissue mass, no evidence cervical canal stenosis or anterior displacement of C1 – not for intervention
- For repeat MRI brain and whole spine

Anaesthetic Concerns:

- Potential difficult airway
- Unstable c-spine
- Uncooperative child for prolong MRI
- Would this MRI help the patient in anyway?

Case 2 – MPS II

- M/5, Developmental delay
- Macroglossia large tonsils s/p tonsillectomy
- Suspected C1/2 instability on XR, MRI 2 years ago revealed dysplastic odontoid process with associated soft tissue mass, no evidence cervical canal stenosis or anterior displacement of C1 – not for intervention
- For repeat MRI brain and whole spine

Discussion with referring team, the team feels this MRI is important as if it reveal unstable c-spine, counselling and surgical intervention maybe offered.

Balancing the risk and benefits, consensus achieved – iv sedation with an aim to maintain spontaneous respiration with minimal disturbance to c-spine and airway, may need to abort or perform limited sequence


Case 2 – MPS II

- M/5, Developmental delay
- Macroglossia large tonsils s/p tonsillectomy
- Suspected C1/2 instability on XR, MRI 2 years ago revealed dysplastic odontoid process with associated soft tissue mass, no evidence cervical canal stenosis or anterior displacement of C1 – not for intervention
- For repeat MRI brain and whole spine

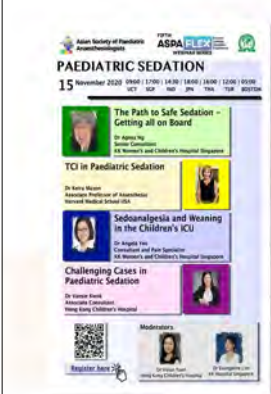
Sedation

- Premed with IN dexmedetomidine and Ketamine
- Follow by IV dexmedetomidine infusion at 1.5ug/kg/hr
- Needed 2 boluses of propofol (15mg + 15mg) for position

Spinal pathology



- Spinal stenosis is a frequent pathology in MPS. Cervical spine instability poses extra challenge in anaesthesia.
- Patients with MPS I, II and VI may present with pathology related to GAG accumulation leading to spinal stenosis and spinal cord compression.
- Patients with MPS IV may have atlantoaxial (C1-C2) subluxation arising from dens hypoplasia and ligamentous laxity.
- Spinal pathologies together with kyphoscoliosis may lead to spinal cord compression which may either present as
 - a chronic progressive myelopathic condition
 - a sudden catastrophic cord compression resulting in major neurological sequelae with quadriplegia or even sudden death



Case of MPS IV patient with normal intelligence and unstable c-spine for MRI with flexion and extension

MDT approach with play therapy, mock scan training, physiotherapist and MRI sequence adjustment.

Case 3 - MPS I

- F/4, MPS I diagnosed 3-4 months of age
- Received ERT since 1 year of age
- MUD DCBT 1.5 year of age – mild skin GVHD
- Previous GA revealed grade IIb larynx with videoscope

Multi-team Examination Under Anaesthesia

Order	Team	Procedures
1	Neurology	NCV
2	Cardiology	TTE +/- TEE
3	Orthopedic	Bilateral Genu valgum correction
4	Surgery	Umbilical hernia repair
5	Eye	EUA

Case -3 MPS I

- F/4, MPS I diagnosed 3-4 months of age
- Received ERT since 1 year of age
- MUD DCBT 1.5 year of age – mild skin GVHD
- Previous GA revealed grade IIb larynx with videoscope

ANAESTHESIA PROCEDURE

- Mild sedated with IV dexm for NCV and TTE
- Proceed to GA with SDA and TCI propofol
- Caudal analgesia
- Procedure duration: 192 mins
- Anaesthesia duration : 226 mins

Other organ involvement

Cardiac

- cardiomyopathy
- valvular heart disease
- cardiac arrhythmia

Pulmonary

- restrictive or obstructive pulmonary disease
- pulmonary hypertension

Skeletal abnormalities

- Kyphoscoliosis, pectus excavatum, abnormal rib cage
- Contribute to restrictive pulmonary disease in MPS IV patients

Effect of ERT and HSCT on Cardiac Manifestations



HSCT is associated with preservation of cardiac function and regression of cardiac manifestations



Long-term ERT may improve systolic ventricular function and resolution of LVD.



Both therapies did not show clear amelioration of valvular thickening, stenosis or regurgitation



Summary

Rare and progressive disease with very heterogenous clinical presentation and multi-system involvement

Repeated diagnostic and surgical interventions

ERT and BMT alter the natural course of the disease

Recommendation



Consolidation of clinical management in a tertiary or quaternary center



Perioperative management led by pediatrician with special interest in IEM



Multi-disciplinary approach to diagnostic and surgical intervention

Airway and Ventilation Management in Pediatric Neurosurgical Cases

Rudin Domi

Faculty of Medicine, University of Medicine, Albania

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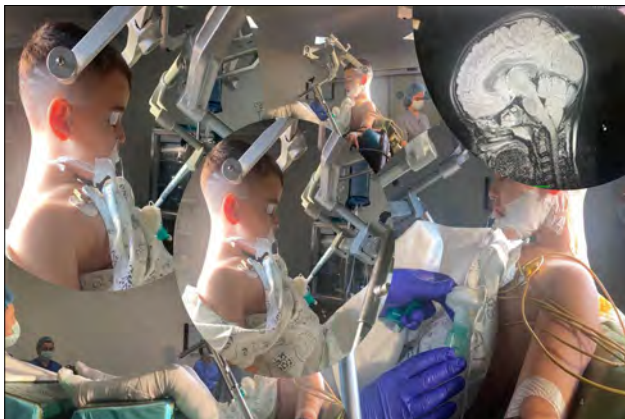
Conflict of Interest

THERMOFISHER BRAHMS PCT

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Airway and pediatric neurosurgery



ASPA 2023

ORIGINAL ARTICLE

Phon Med J, July 2022, Volume 4 No 2
DOI: 10.38175/phm.v4i2.1064132

Anesthesia and Postoperative Outcome in Pediatric Cranial Surgery: A Retrospective Single Center Study

of pediatric patients planned for cranial surgery poses many difficulties for anesthesiologists. Anesthesiologists should be aware of the unique challenges of anesthesia management in pediatric neurosurgery patients, such as difficulty in positions during operation due to difficult airway and abnormal skull shape, sudden and massive blood loss, venous air embolism, apnea, airway obstruction, and ocular injuries (4). Hydrocephalus is

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Why so special pediatric airways in neurosurgery?

- Decreased physiological reserve
- Standard pediatric airway features
- Altered conscience
- Long duration of surgery
- Type of surgery (mixed cranial nerve)
- Position effects on respiration
- Effects of airway manipulations in ICP
- Immaturity

Airway Considerations in Pediatric Neurosurgical Patients

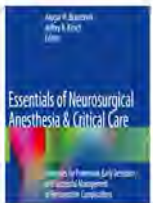
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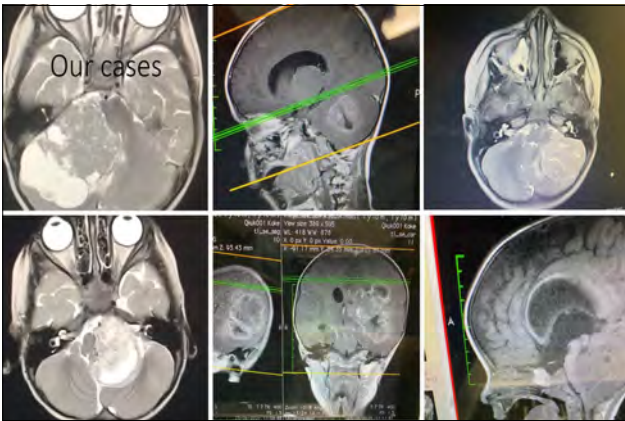
Neurosurgical pediatric patient

1. Intracranial bleeding
2. Avoiding stimulation or hemodynamic change during airway management (increased ICP)
3. Avoiding hypoventilation or apnea during airway management because desaturation and increased ICP
4. Positioning consequences possible spinal cord injury
5. The presence of a C-collar in a spine at risk of instability can make airway difficult
6. Oral ETT or nasal ETT/ wire-reinforced or normal tube (MRI suitable tube)
7. Full stomach and concerns regarding extubating
8. Need for postoperative intubation (unstable, requiring another operation, or need to maintain prone position (meningomyelocele, sacroccocygeal teratoma)

The Pediatric Airway in Neurosurgery

Debra Elwyn Morrison and Zeyin N. Kain





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Pediatric airway features

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Larynx is funnel shaped and narrowest at the level of the cricoid.

Life-threatening subglottic obstruction secondary to mucosal swelling (avoid multiple/forced intubation attempts).

Children may be faster hypoxic due to increased metabolism.

Large tongue/large head/hydrocephalus.

Head infection must be associated with tube dislocation.

Position is a risk factor as prone position/sitting position/avoid dressing by surgeons.

Figure 5. A. The adult larynx is cylindrical. B. The infant larynx is funnel-shaped. This narrowing predisposes to obstruction and affects choice of endotracheal tube.

Pediatric features (Airways)

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Newborn 2 y 6 y 12 y 25 y

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How Does An Immature Nervous System Predispose To Hypoxia?

Parasympathetic tone

- hypoxia causes bradycardia
- bradycardia causes hypotension
- bradycardia worsens hypoxia

Children easily sedated

- immature neurons
- less myelination
- weak blood-brain barrier
- little prior exposure to drugs
- ↑ risk respiratory depression

Apnea of prematurity

- the more premature, the greater the risk
- altered ventilatory responses to:
 - hypoxia
 - hypercarbia
 - sleep
- can be made worse if the infant is stressed, cold or ill
- apnea → hypoxia → bradycardia → worse hypoxia

Scared children cry

- ↑ secretions
- ↑ airway irritability
- ↑ risk laryngospasm
- ↑ risk wheezing
- ↑ airway edema

Children uncooperative

- can't follow instructions
- struggle and fight
- stress ↑ metabolic rate

Pediatric hypoxia

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Intubation must be smooth the first attempt is the best

10 Common Pediatric Airway Problems— And Their Solutions

Emma E. Wilkins, MD

ASPA 2023

Preoperative evaluation

Anesthesia for intracranial surgery in infants and children

Curr Opin Anesthesiol 2014, 27:465-469
DOI:10.1097/ACO.0000000000000112

Condition	Anesthetic Implications
Congenital heart disease	Hypoxia Arrhythmias Cardiovascular instability Paradoxical air emboli
Fraxidolity	Postoperative apnea
Gastrointestinal reflux	Aspiration pneumonia
Upper respiratory tract infection	Laryngospasm Bronchospasm Hypoxia Pneumonia
Craniofacial abnormality	Difficult tracheal intubation
Dermatologic injury	Hypertensive crisis Succinylcholine Respiratory arrest Anaphylaxis Abnormal response to nerve stimulation
Epilepsy	Hepatic and hematological abnormalities Increased metabolism of anesthetic agents Ketogenic diet
Arteriovenous malformation	Congenital heart failure
Neurovascular disease	Malignant hyperthermia Respiratory failure Sudden cardiac death
Chromosomal abnormality	Apnea Aspiration pneumonia

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Airways

- Depending position tube may be reinforced
- Correct position of tube
- Correct size of tube
- Take present of children airways features
- Cole's formula: internal tube diameter (mm) = (16 + age in years)/4

Body weight	Larynxmask	ETT
≤ 5 kg	±	3.5
5 -10	4,5	4
10 -20	2	4,5
20-30	4,5	5
>30	3	6

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- Mentally stable: sevoflurane + iv cannula/ if iv stabilized so iv induction
- Mentally compromised than rapid induction/Sellick is preferred to minimize aspiration
- Standard iv induction based on child hemodynamic (if on anticonvulsants then larger dose of muscle-relaxants due to increased metabolism)
- Central vein cannula if no peripheral possible, not suitable for air aspiration if VAE
- Femoral route for central line may be suitable and must be removed asap to minimize thrombosis

Anaesthesia for neurosurgical procedures in pediatric patients

ASPA 2023 Induction Paediatric neuroanaesthesia

The goals are avoiding hypoxia and hypercapnia, hypotension, further increasing of ICP

Sevoflurane is less irritating, well tolerated.

Bombitalanal has an azide's 10 zero, the muscle relaxants use

Inhalers less than 1% MAC are not associated with increased ICP

Awake IV Placement → Inhalation Induction

- Clear patient
- Cooperative or obtunded
- Distended ICP
- Poor baseline neurologic function

- Young patient
- Anxious or uncooperative
- Normal ICP
- Good baseline neurologic function
- Unsecured airway

Catherine Furray MRCP FRCA
Tanya Howell FRCA

ASPA 2023 Perioperative patient management in pediatric neurosurgery

REVIEW ARTICLE

Figure 1 - Flow Chart for a rapid sequence intubation in patients with high intracranial pressure (ICP).

```

    graph TD
      A[Time zero] --> B[Preintubation history analysis  
Identify risk factors for high ICP]
      B --> C[0-3 minutes  
Preoxygenation  
Venous line attainment  
Equipment and staff  
Medication preparation]
      C --> D[3-5 minutes  
Maintain preoxygenation  
Preinduction]
      D --> E[5-6 minutes  
Lidocaine 1 mg/kg  
(minimum intubation time  
1 minute)]
      E --> F[Sedation  
Thiopental 3-5 mg/kg  
Options:  
Midazolam 0.2-0.4 mg/kg  
Etomidate 0.4 mg/kg]
      F --> G[Cricoid compression]
      G --> H[Neuromuscular blockade  
Rocuronium 0.6-1 mg/kg  
intubation]
    
```

ASPA 2023 ESSENTIALS OF PEDIATRIC NEUROANESTHESIA

Table 7.1 Physiologic Effects of Patient Positioning

Position	Physiologic Effect
Sitting	Enhanced cerebral venous drainage Decreased cerebral blood flow Increased venous pooling in the lower extremities
Prone	Postural hypotension Venous congestion of face, tongue, and oral mucosa Decreased lung compliance and venocaval compression from abdominal compression

ASPA 2023 Position

Sitting position

- Hypotension
- VAE
- Transducer in external meatus level
- Ventilation ok
- Pneumocephalus

Prone position

- Tube dislocation
- Difficulties in ventilation (↓ compliance)
- Hypotension and VAE rare
- Inf cava vein can be compressed
- Neuronal damage
- Tongue edema, eyes protection
- Infants 1-2 y.o

ASPA 2023 Position

Position	Physiologic Effect
Head elevated	Enhanced cerebral venous drainage Decreased cerebral perfusion pressure (potential cerebral blood flow decrease) Increased venous pooling in lower extremities Postural hypotension
Head down	Increased cerebral venous and intracranial pressure Decreased functional residual capacity (lung function) Decreased lung compliance
Prone	Venous congestion of face, tongue, and neck Decreased lung compliance Increased abdominal pressure can lead to compression of the vena cava.
Lateral decubitus	Decreased compliance of down-side lung

Mean tube movements in cm range: Neutral (1.9), Flexion (0-3.1), Extension (1.9, 0.2-5.2)

Pediatric Neuroanesthesia and Critical Care 20

S.G. Sotero II • M.L. Molteni

ASPA 2023 Specific situations

ASPA 2023 Hydrocephalus

- Large head
- Altered level of conscience
- Long duration if VPD
- Not accessible airway and tube
- Rotation of head and tube dislocation

Airway Considerations in Pediatric Neurosurgical Patients

Apert and Crouzon syndromes

Crouzon has maxillary hypoplasia, prognathism, hydrocephalus

Apert has macroglossia, sleep apnea, tracheal cartilage sleeve

Temporomandibular joint stiffness

Craniosynostosis

Craniosynostosis

Pediatric Neuroanesthesia — a Review of the Recent Literature

has to be evaluated [16]. Surgical techniques can vary from strip craniectomy to total vault remodeling. Reduced temporomandibular joint movement, fused cervical spines, or facial abnormalities may lead to difficult airway management. Obstructive sleep apnea (OSA) may occur in 50% of

Posterior cranial fossa surgery (ORIGINAL PHOTO in sitting position)

1. Sitting position
2. Dislocation of tube by head movement
3. Intraoperative pt. movement by surgeon
4. Circuits weight on tube

ORIGINAL PHOTO (1 year old, EVD + TUMOR RESECTION IN PRONE POSITION)

- Possible significant facial and tongue edema
- Decreased thoracic and pulmonary compliance

Chiari malformation

early surgical repair in the first few postpartum days to prevent infection and further damage to the spinal cord. The majority of patients develop Chiari II malformation, which may lead to compression of the cervical cord and brainstem during manipulation to secure the airway. Proper position-

Extubating in pediatric neurosurgery

Recovery from anesthesia

- Rapid awakening is preferred to early neurological assessment
- The anesthesiologist must ensure hemodynamic stability
- Minimal coughing and straining in the ETT
- Trachea is extubated once the child responds to commands or infants open their eyes

Anaesthesia for neurosurgical procedures in paediatric patients

Extubation of Pediatric Patients Following General Anesthesia

Conjugate gaze
Eye opening
Facial grimace
Purposeful movement
Spontaneous tidal volume >5 mL/kg

Criteria Present Out of Five, n	Patients, n	Positive Predictive Value, %	How Often Clinician Will Be Wrong
1	112	88.4	1 in 8
2	164	88.4	1 in 8
3	163	96.3	1 in 27
4	114	97.4	1 in 38
5	30	100	Rarely

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Prolonged recovery from anesthesia

- Apnea
- Vocal cord paralysis
- Airway edema and postoperative obstruction
- Large lingual or supraglottic swelling
- Significant blood losses
- PONV is frequent
- New deficits: dysarthria, hypotonia, dysphagia, cerebellar mutism

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Extubation of Pediatric Patients Following General Anesthesia

Table 3. Summary of Near-Term Complications Associated With Extubation in Pediatric Patients

Complication	Causes	Pathogenesis/Clinical Signs	Prevention/Interventions
Apnea	• Inadequate depth of anesthesia • Inadequate ventilation • Inadequate oxygenation • Inadequate monitoring • Inadequate warming • Inadequate humidification • Inadequate suctioning • Inadequate airway management • Inadequate positioning • Inadequate ventilation • Inadequate oxygenation • Inadequate monitoring • Inadequate warming • Inadequate humidification • Inadequate suctioning • Inadequate airway management • Inadequate positioning	• Apnea • Cyanosis • Bradycardia • Hypotension • Hypoxemia • Tachypnea • Stridor • Wheezing • Crackles • Rales • Rhonchi • Wheezing • Crackles • Rales • Rhonchi	• Preoxygenation • Adequate depth of anesthesia • Adequate ventilation • Adequate oxygenation • Adequate monitoring • Adequate warming • Adequate humidification • Adequate suctioning • Adequate airway management • Adequate positioning
Respiratory Distress	• Inadequate depth of anesthesia • Inadequate ventilation • Inadequate oxygenation • Inadequate monitoring • Inadequate warming • Inadequate humidification • Inadequate suctioning • Inadequate airway management • Inadequate positioning	• Tachypnea • Stridor • Wheezing • Crackles • Rales • Rhonchi	• Preoxygenation • Adequate depth of anesthesia • Adequate ventilation • Adequate oxygenation • Adequate monitoring • Adequate warming • Adequate humidification • Adequate suctioning • Adequate airway management • Adequate positioning
Upper Airway Obstruction	• Inadequate depth of anesthesia • Inadequate ventilation • Inadequate oxygenation • Inadequate monitoring • Inadequate warming • Inadequate humidification • Inadequate suctioning • Inadequate airway management • Inadequate positioning	• Stridor • Wheezing • Crackles • Rales • Rhonchi	• Preoxygenation • Adequate depth of anesthesia • Adequate ventilation • Adequate oxygenation • Adequate monitoring • Adequate warming • Adequate humidification • Adequate suctioning • Adequate airway management • Adequate positioning

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Extubating after neurosurgical procedures

- After Chiari malformation and brainstem: intermittent postoperative apnea, vocal cord paralysis, and respiratory pattern.
- After prone position: facial and tongue edema
- After intracranial tumor resection take in consideration the conscience level

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Extubation of Pediatric Patients Following General Anesthesia

1148 pts 2004-2011
Respiratory complications as laryngospasm, atelectasis, and aspiration (0.89%)
Anesthesia-related mortality is 10-fold higher in pediatric patients than in adults, and higher in neonates and infants than in older children
Mortality rate is 0.42-6.8 per 10,000 anesthetics mostly due to airway or cardiovascular events
According to pediatric anesthesia literature, anesthesia complications are 2.8-9.6%
Most of causes are totally preventable

Type of Complication	No. of Cases
Neurological	47
Vascular/haemodynamic	21
CHF/renal/liver/lung	7
Cardiovascular/respiratory	3
Small intestine	3
Neuro injury	2
Musculoskeletal	2
Cardiovascular/respiratory	2
Hypothermia	2
Hypotension	2
Respiratory	2
Allergic reaction	1
Malpositioning	1
Intraoperative death	1
Total	84

JNS PEDIATRICS CLINICAL ARTICLE
A Monthly Peer-Reviewed Journal
Intraoperative complications in pediatric neurosurgery: review of 1807 cases
Eric J van Uinder, MD, PhD; Sebastian Arts, BSc; Lars W Blok, MD; Mark P Hendrick, MD; Luc Tolkens, MD; Marlene van Boven, MD; and Hans Dolje, MD, PhD

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Neurosurgical procedures/airway implications

Condition	Prevental complications
Craniotomy	Positioning Hypotension Difficult intubation Laryngospasm Risk of postoperative apnea, need for prolonged prone positioning Difficult extubation Long openmouth of ETT collapse or blockage by secretions Airway edema Head manipulation leading to right intubation intubation or intubation extubation Need for intubation resection
Intracranial tumor	High ICP Positioning including sitting with risk of ETT kinking or compression Venous air embolism
Intracranial bleed	High ICP Emergency Positioning
Spine surgery	Positioning Risk of venous air embolism Difficult intubation Risk of intraoperative extubation Airway edema Need stimulation
Vascular aneurysm	Risk of intracranial bleed Risk of emergence for neurologic evaluation
Neurolytic surgery	Intraoperative ETT Avoidance of nasal intubation Difficult intubation Positioning
Encephalocoele	Avoid metal in ETT Need to limit equipment or intubate outside MRI suite Limited access to patient area during induction Emergency Full stomach Many of above considerations

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SAFETOTS.ORG FOR PROFESSIONALS FOR PARENTS RESOURCES ABOUT TRANSLATIONS

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Taking home messages

- Anesthesia care for pediatric neurosurgery includes pediatric age, (airway), neurosurgery (altered mental status, position)
- Children with decreased conscience level (pathophysiologic features) present challenge for airway management
- Difficult airway management (anatomic features) are faced as well (hydrocephalus)
- Positioning the pediatric pts during neurosurgical procedures may be challenged by tube dislocation and respiratory effects
- Extubating must take in consideration pediatric features and neurosurgical issues

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REFERENCES



Risk Stratification of Patients with Congenital Heart Disease

Viviane G. Nasr

Boston Children's Hospital, Harvard Medical School, USA

No Disclosures

OBJECTIVES

- DESCRIBE PATIENTS WITH CONGENITAL HEART DISEASE AS A HIGH RISK POPULATION.
- REVIEW RECENT PUBLICATIONS ON PATIENTS WITH CHD UNDERGOING NONCARDIAC PROCEDURES
- UNDERSTAND RISK STRATIFICATION WHEN PRESENTING FOR NONCARDIAC PROCEDURE

WHAT IS RISK?



Measure of probability (statistical chance) of an occurrence (usually undesirable)



Everyday



Risk vs benefit



Different perspective: Patients, Health care providers, Hospital management, Insurance companies

HIGH RISK POPULATION

Pediatrics, 2000 Feb;105(2):332-6.

Influence of congenital heart disease on mortality after noncardiac surgery in hospitalized children.
 Presence of CHD: **=> 2 fold increase in mortality for neonates and infants**
 Baum VC¹, Barton DM, Guttmann HP.

Anesthesiology, 2007 Feb;106(2):226-37; quiz 413-4.

Perioperative cardiac arrests in children between 1988 and 2005 at a tertiary referral center: a study of 92,881 patients.
 88% of patients who experienced cardiac arrest had CHD
 Flick RP¹, Sprung J, Harrison TE, Gleich SJ, Schroeder DB, Hanston AC, Burrows SL, Warner DO.

Anesth Analg, 2011 Jun;112(6):1440-7; doi: 10.1213/ANE.0b013e318213b452. Epub 2011 May 5.

Postoperative mortality in children after 101,885 anesthetics at a tertiary pediatric hospital.
 50% of cases with mortality involved patients with pulmonary HTN
 van der Grinten BP¹, Lister NA, McKenzie JM, Martin N, Raop PG, Sheppard SJ, Davlatov AJ.

Anesth Analg, 2007 Aug;105(2):344-50.

Anesthesia-related cardiac arrest in children: update from the Pediatric Perioperative Cardiac Arrest Registry.
 Single ventricle, unrepaired; <6months
 Bhavsar SM¹, Ramamoorthy C, Geddeschik JM, Polner KL, Domino KB, Haberkern CM, Campos JS, Moray JE¹.

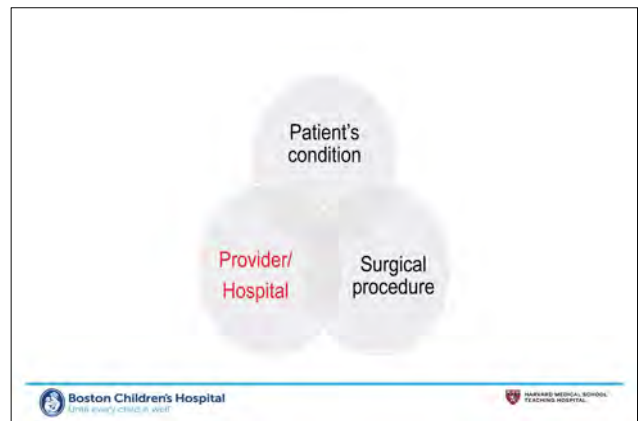
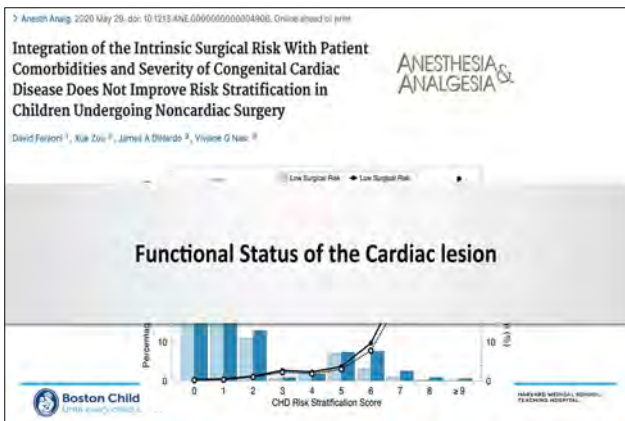
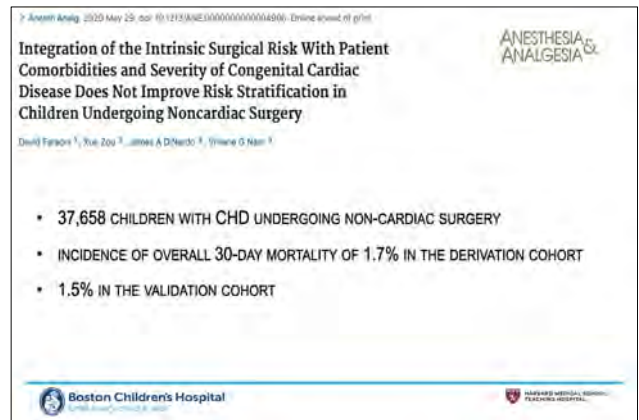
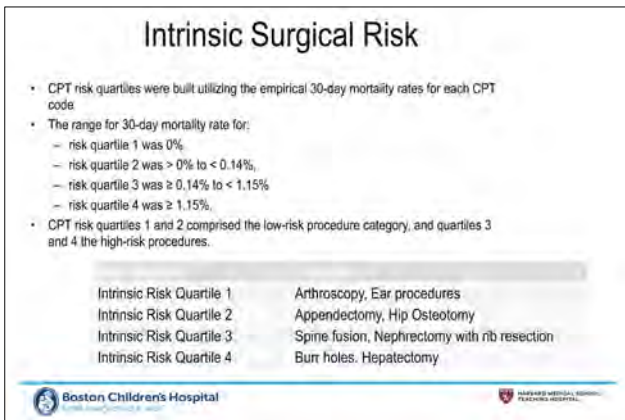
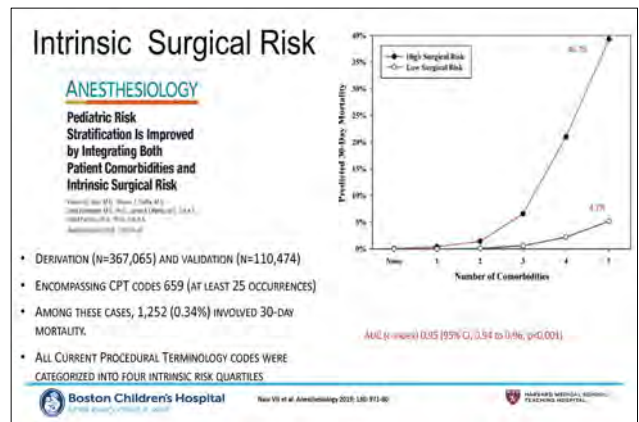
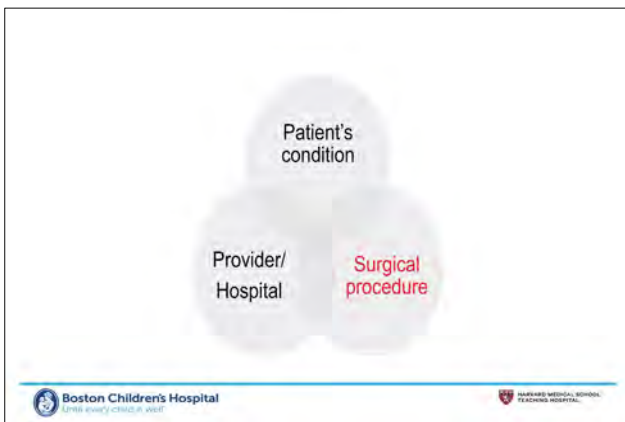
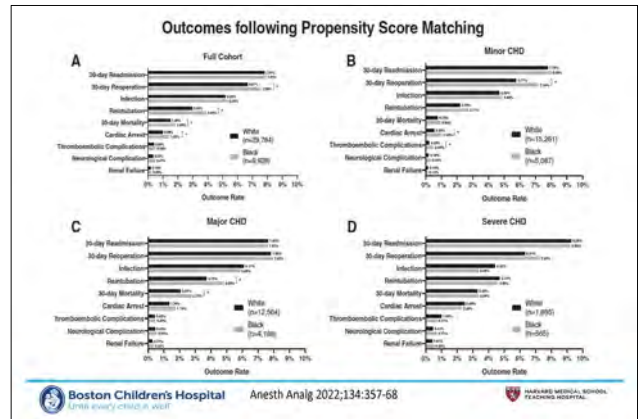
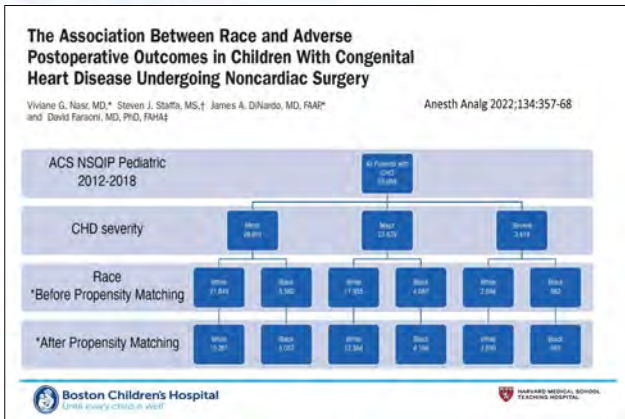
Sci Res, 2021 Jan 15;11(1):1543; doi: 10.1038/s41598-021-81161-3.

Trends in mortality rate in patients with congenital heart disease undergoing noncardiac surgical procedures at children's hospitals

Viviane G Nasr¹, Steven J Staffa², David Frazee³, James A D'Amico²

Year	Total Inpatient Mortality	Mortality Rate
2015	38,272	1.18
2016	42,313	1.3
2017	41,454	1.23
2018	43,854	1.08
2019	45,992	1.06

The mortality rate in patients with CHD in 2019 in this cohort was 1.06% compared to non-CHD patients of 0.12%



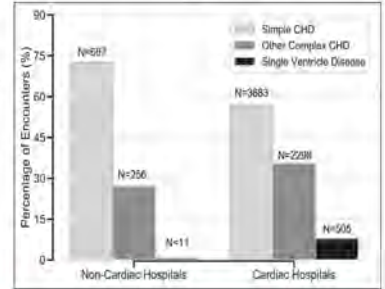
State Inpatient Data

- Administrative, all-payer, inpatient care databases
- Encounter-level information reported by all hospitals to their respective states.
- Clinical and resource-use information that is included in a typical discharge abstract
- Over 100 clinical and nonclinical variables included in a hospital discharge summary.



Where do they go for noncardiac procedures?

- Patients with CHD:
 - are more likely to travel to a hospital with cardiac surgical program
- Patient population:
 - Single ventricle disease
 - Complex CHD
 - Six or more chronic conditions



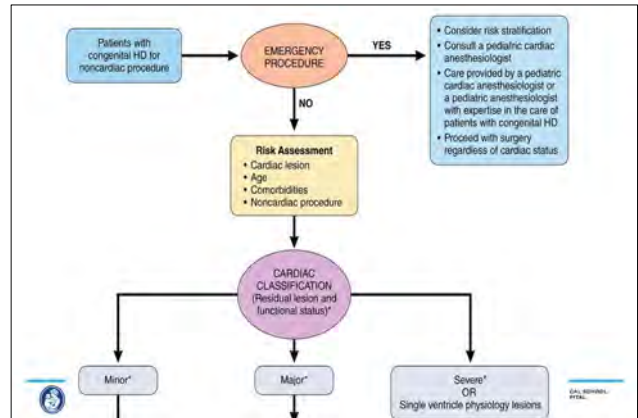
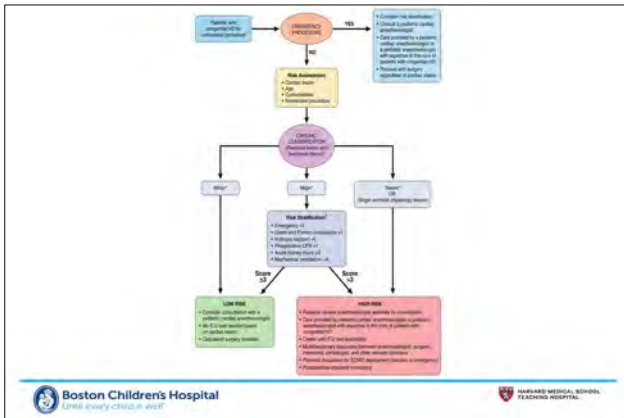
Cardiac Hospital: Median Distance=25.2 miles (IQR 10.3-73.8)
 Noncardiac Hospital: Median Distance 14.6 miles (IQR 6.2-37.4)

Circulation: Cardiovascular Quality and Outcomes

AHA SCIENTIFIC STATEMENT

Perioperative Considerations for Pediatric Patients With Congenital Heart Disease Presenting for Noncardiac Procedures: A Scientific Statement From the American Heart Association

Viviane G. Nasr, MD, MPH, Chair; Larry W. Markham, MD, Vice Chair; Mark Clay, MD; James A. DiNardo, MD; David Farsoni, MD, PhD, FAHA; Danielle Gottlieb-Ser, MD, MPH, MS; Wanda C. Miller-Hance, MD; Nancy A. Pike, PhD, CPNP-AC/PC, FAHA; Chloe Rohman, MJS; on behalf of the American Heart Association Council on Lifetime Congenital Heart Disease and Heart Health in the Young and Council on Cardiovascular Radiology and Intervention



Whom do I worry about?

- Single Ventricle Physiology
- Unrepaired cardiac lesion
- Decompensated patient (eg, Pulmonary hypertension, Fontan)
- Severe ventricular dysfunction (eg, Cardiomyopathy)
- Severe valvar disease

NEXT STEPS

- Multi-Institutional study focusing on Congenital Heart Disease patients coming for Noncardiac Procedures
ClinicalTrials.gov Identifier: NCT04604418
 - Cardiac function/Cardiac Lesion
 - Provider role
- Intraoperative management



Session 2.

Choices Are Yours: Debating and Challenging Issues in Airway Management

Chair(s): Evangeline Lim (Singapore)
Hyo-Seok Na (Korea)

Supraglottic devices in variety of situations: Non supine position, Tonsillectomy, Laparoscopy

Abhyuday Kumar

All India Institute of Medical Sciences Patna, India



Pediatric Anesthesia

Supraglottic airway devices vs tracheal intubation in children: a quantitative meta-analysis of respiratory complications

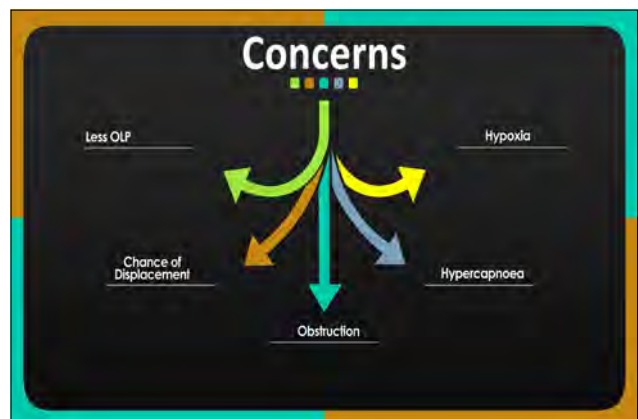
Original Article: Virginia Luce, Hideo Haritoku, Christoph Brackner, Raphael Michael, Jose Ellis, Matthew Manton, Francisco Balboa, Nyamgangal Mungamsoo, Yash Nivaria, Saumya Gohriani

Results

The meta-analysis was performed on 19 studies. In 12 studies, patients were given muscle relaxation, and in 16 studies, ventilation was controlled. During recovery from anesthesia, the incidence of desaturation (OR = 0.34 [0.19–0.62]), laryngospasm (OR = 0.34 [0.2–0.6]), cough (OR = 0.18 [0.11–0.27]), and breath holding (0.19 [0.05–0.68]) was lower when laryngeal mask airway was used to secure the airway. Postoperative incidences of sore throat (OR = 0.87 [0.53–1.44]), bronchospasm (OR = 0.56 [0.25–1.25]), aspiration (1.33 [0.46–3.91]) and blood staining on the device (OR = 0.62 [0.21–1.82]) did not differ between laryngeal mask airway and TI. Results were homogenous across the studies, with the exceptions of blood staining on the device.



- ### Indications for non supine positions:
- As a rescue device
 - For positioning during regional blocks
 - For surgeries in lateral/ prone position



Pediatric Anesthesia

Evaluation of glottic view through Air-Q Intubating Laryngeal Airway in the supine and lateral position and assessing it as a conduit for blind endotracheal intubation in children in the supine position

A study of effect of lateral position on oropharyngeal seal pressure of I-gel® and ProSeal™ LMA in children

- 2015
- 60 patients
- Glottic grade from supine to lateral
- Deteriorated in 8, improved in 7
- 2023
- 80 children
- About 6% decrease in OLP from supine to lateral in both i-gel (28%) & PLMA (24%)
- Fiberoptic view worsened for both devices- significant in LMA Supreme

A randomized controlled study to compare oropharyngeal leak pressure between I-gel™ and laryngeal mask airway supreme™ in children in lateral position under general anesthesia

1^o outcome

Prone positions:

- Less manpower requirement
- SAD unlike ETT can be inserted in prone position
- Saves OR time

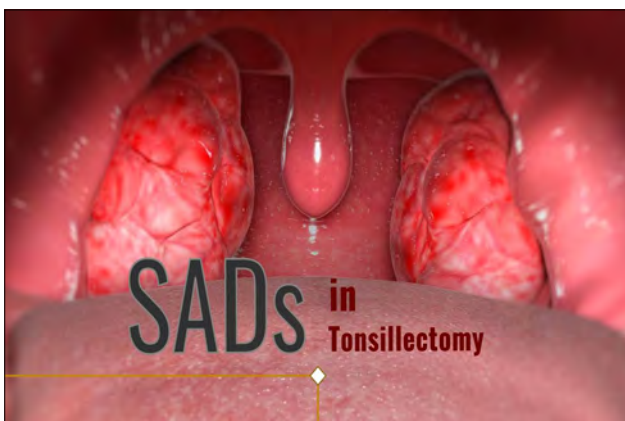
Pediatric Anesthesia

A survey of practice patterns in the use of laryngeal mask by pediatric anesthesiologists

- 743 responses
- 7.12% use laryngeal masks in surgeries in which the patient is prone

Troubleshoot

- Tug Test:
- Fixation to maxilla:
- Avoid in < 2 years



Endotracheal tube	Supraglottic device
Advantages: <ul style="list-style-type: none"> • Definitive airway • No leak 	Advantages: <ul style="list-style-type: none"> • Less trauma • Less cardio-resp stimulation • Less time in anaesthesia
Concerns: <ul style="list-style-type: none"> • Laryngeal trauma • Cardio respiratory stimulation • Bronchospasm/ Laryngospasm 	Concerns: <ul style="list-style-type: none"> • Reduced surgical access • Conversion to ETT

Safety of laryngeal mask airway and short-stay practice in office-based adenotonsillectomy

- 2009- Retrospective study
- 1126 patients
- Conversion to ETT (0.5%)
- Laryngospasm (0.8%)

The use of laryngeal mask airway for tonsillectomy and adenotonsillectomy

- 2021- Retrospective study
- 1042 patients
- Conversion to ETT (1.2%)
- Laryngospasm (0.3%)
- Less OR time (52 min vs 62 min)- significant

The laryngeal mask airway for pediatric adenotonsillectomy: Predictors of failure and complications

- 2012- Retrospective study
- 1199 patients, (LMA – 451, ETT- 715)
- LMA failure (6.8%) mostly during placement and placement of Mcivor gag
- Complications (SAD-14.2% vs ETT-7.7%)
- Procedure time (7 min shorter with SADs)

Factors associated with failures:

- Younger age
- type of surgery (Adenoidectomy alone- less)
- mode of ventilation- (Controlled-more)
- surgeon

Factors associated with complications:

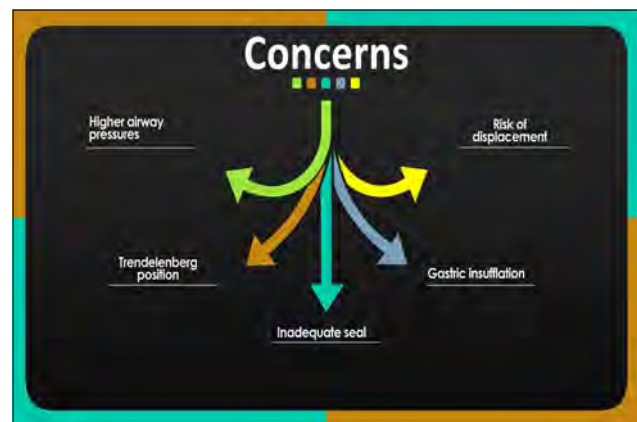
- Male gender
- LMA
- Comorbidities

RCTs

	Cand J Anaesth 1993	Laryngoscope 2012	Rev Bras Anesthesiol 2012
Sample Size	109	117	204
Type of SAD	Flexible	Flexible	Disposable (unique)
Displacement		None	7.7%
Conversion to ETT	9%	None	1.5%
Difficult Sx Access	None		
Time difference		4.2 minutes less (SAD)	
Laryngospasm	6%(SAD) vs 11%(ETT)	2%(SAD) vs None(ETT)	6%(SAD) vs 12%(ETT)
Coughing		20%(SAD) vs 40%(ETT)	

Troubleshoot

- Maintain depth of anesthesia during gag placement
- Caution during positioning
- Surgeons experience matters
- Avoid in young children



Minerva Anesthesiologica 2010 August;76(8):592-9
 Copyright © 2010 EDIZIONE MINERVA MEDICA
 Language: English
 Comparison of the effect of LMA and ETT on ventilation and intragastric pressure in pediatric laparoscopic procedures
 Ozdemir D., Gurec B., Niz, Tokar A., Sisman M., Ekinoglu G. | BR

- 2010- RCT
- 40 patients (Classic LMA vs ETT)
- 1^o outcome: Intra-gastric pressure (IGP)
- No significant change in IGP and ventilatory parameters
- No significant difference in complication rates

Pediatric Anesthesia
 ProSeal™ as an alternative to endotracheal intubation in pediatric laparoscopy
 AKHARNA BHASKAR SETHI, TONKIA BHASKARNA AGG, JAGANNATHKUMAR SODICI AGG, BHASKAR

- 2007- RCT
- 60 patients (Proseal LMA vs ETT)
- 1^o outcome: Peak inspiratory pressures (PIP)
- Significant increase in PIP before and carboperitoneum in both groups
- No significant difference in PIP between two groups
- Cough and laryngospasm: significantly less with PLMA
- PLMA provided similar ventilation and oxygenation without producing clinically significant gastric distension

Journal of Pediatric Surgery
 Short-lasting pediatric laparoscopic surgery: Are muscle relaxants necessary? Endotracheal intubation vs. laryngeal mask airway
 Verkhil, Yuliyev, Babin, Bogdan, Babin, Chikobava, Lashin, Tsvetkov, Tsvetkov

- 2017- RCT
- 80 patients (ETT with & without MR vs LMA with & without MR)
- Anaesthesia time shortest in LMA without MR (significant)
- Recovery time was statistically significantly longer in ETT with MR
- no difference between basal intragastric pressure, average intragastric pressure during insufflation, peak airway pressure, and average peak airway pressure during insufflation of groups.

Comparative evaluation of l-gel vs. endotracheal intubation for adequacy of ventilation in pediatric patients undergoing laparoscopic surgeries
 Megha Kulkarni, Smita Wadhawan, Poojita Bhaskar, Simrat K. Kataria

- 2019- RCT
- 80 patients of 2-8 years (l gel vs ETT)
- 1^o outcome: adequacy of ventilation
- Increase in Peak Pressure after carboperitoneum was more with ETT
- no significant difference between ETco2, Spo2 and complications
- Significant increase in OLP after carboperitoneum (20.7 vs 24.6 cm of H2O)

Pediatric Anesthesia

RESEARCH REPORT

Comparison of the oropharyngeal leak pressure between three second generation supraglottic airway devices during laparoscopic surgery in pediatric patients

Abhishek Kumar, Chandni Saini, Naveed Kumar, Ajay Kumar, Shikhar Khatun, Anshu Patel, Gaurav Khosla

- 2022- RCT
- 90 patients of 6 month to 10 years (I gel vs Ambu Auragain vs Proseal LMA)
- 1^o outcome: OLP
- 2^o outcome: peak pressures before and after pneumoperitoneum, fiberoptic view, insertion attempts, insertion time, manipulations, perioperative and postoperative anesthesia-related problems.

TABLE 3 Comparison of outcome variables between the three groups

Variables	Group 1 (Ambu Auragain)	Group 2 (I gel)	Group 3 (PLMA)	p value
OLP before pneumoperitoneum (cm H ₂ O)	23.56 ± 5.72	27.36 ± 5.72	23.24 ± 4.35	.005*
OLP after pneumoperitoneum (cm H ₂ O)	26.83 ± 5.00	31.58 ± 4.35	27.03 ± 3.80	.001*
PIP before pneumoperitoneum (cm H ₂ O)	12.23 ± 1.61	12.43 ± 2.01	12.82 ± 1.89	.457
PIP after pneumoperitoneum (cm H ₂ O)	17.86 ± 2.54	19.40 ± 2.25	19.34 ± 2.60	.665
Insertion time (sec)	18.56 ± 7.31	17.16 ± 5.43	22.82 ± 6.40	.003*
No of attempts (I/2)	28/2	28/2	24/5	.415
Need of manipulation	7	6	9	.614
Fiberoptic view (1/2/3/4)	24/5/1/0	20/7/3/0	24/4/1/0	.636

Note: Data expressed as mean ± standard deviation and frequency, *p value < .05 is taken as statistically significant.



FIGURE 2 Line graph showing changes in the OLP after pneumoperitoneum in SADs. OLP BR, OLP before pneumoperitoneum; OLP AR, OLP after pneumoperitoneum

- Significant increase in OLP after pneumoperitoneum in all groups
- Good fiberoptic view in all groups
- No difference in complications

All three SADs can be used in pediatric laparoscopic surgeries. I gel may be better suited in conditions where higher ventilatory pressures may be necessary, for example, in extremes of weight, trendelenburg position, etc.

Troubleshoot

OLP measurement before and after pneumoperitoneum

Device with higher OLPs in obese patients and in trendelenburg position

Avoid in infants (inadequate studies)

LMA removal and Endotracheal extubation: Deep or Awake?

Ayuko Igarashi

Department of Anesthesia, Miyagi Children's Hospital, Japan

ASPA 2023

Definition of the two methods

- Awake extubation/removal of Supraglottic Airway(SGA)**
 - Removal of ETT/SGAs when patients regain consciousness, and able to maintain and protect their airway and respiration.
- Deep extubation/removal of SGA**
 - Removal of ETT/SGA while patients are under surgical level of anesthesia
- Classic Deep extubation**
 - Performed with patients who are under 1.0~1.5 MAC volatile anesthesia

The depth of anesthesia?

Guedel's classification of anesthesia stages

- Stage 1 Analgesia without anesthesia**
 - Induction stage
 - Patient: sedated but conscious
 - Slow and regular breathing
 - Awake EX**
- Stage 2 Excitement with hypersensitivity**
 - Light plane of anesthesia
 - Patient: unconscious and hypersensitive to physical stimulation
 - Rapid, irregular breathing (panting)
 - Danger zone**
 - Deep EX**
- Stage 3 Surgical anesthesia**
 - Deep plane of anesthesia
 - Ceased eye movements
 - oropharyngeal/laryngeal reflex ↓ (or diminished)
 - Respiratory ↓ (slow and intermittent breathing)
- Stage 4 Overdose**
 - Suppression of CNS, cardiac and respiratory systems

Created by Dr. Arthur Guedel in 1937

Removal of airway devices is a challenging act

Thought bubbles: Laryngospasm? SpO2 ↓? Airway obstruction? Cough or Vomit?! Too early? or Too late?

A checklists before extubation

Awake	Deep
anesthesia	anesthesia
<ul style="list-style-type: none"> Recovered from neuromuscular paralysis (TOF>0.9) Anesthetics discontinued (eg Et Sevo<0.2%) 	<ul style="list-style-type: none"> Recovered from neuromuscular paralysis Adequate anesthesia (eg Et Sevo<IMAC)
respiration	respiration
<ul style="list-style-type: none"> Tidal volume>5ml/kg SpO2>95% Age appropriate RR 	<ul style="list-style-type: none"> Tidal volume>5ml/kg SpO2>95% Age appropriate RR
consciousness	Level of anesthesia
<ul style="list-style-type: none"> Eye opening & Conjugate gaze Facial grimace & Purposeful movements Spontaneous ventilation (<5 sec) after laryngeal stimulation 	<ul style="list-style-type: none"> No movements No response to pharyngeal suction Laryngeal stimulation induces no bucking, cough or breath holding
Extubate	Extubate

Physiologic responses to two methods and the possible adverse events

	Awake	Deep
Airway protective reflex	yes	no
Airway patency	yes	Likely impaired
Respiratory drive	yes	Maybe impaired
Cardiovascular responses	yes	no

Adverse events

- Awake:** Cough Bucking SpO2 ↓, Agitation, BP ↑ HR ↑, Cranial & ocular pressure ↑
- Deep:** Airway obstruction, Respiratory suppression, EtCO2 ↓, Aspiration

Journal of Clinical Medicine

Deep vs. Awake Extubation and LMA Removal in Terms of Airway Complications in Pediatric Patients Undergoing Anesthesia: A Systemic Review and Meta-Analysis

Chang-Hoon Kim^{1,2}, Sun Young Lee¹, Seung Hyun Chung¹ and Jung-Ho Ryu^{1,3,4*}

- Data sources: 17 RCTs (conducted from 1999 to 2015)
- Criteria: Airway complications during deep and awake extubation in pediatric patients

Deep vs Awake	n	Result	Odd ratio (95%CI)
Overall complications	1395	favors Deep	0.56 (0.33-0.96) p=0.04
Airway obstruction	866	favors Awake	3.38 (1.69-7.73) p=0.0005
Cough	1115	favors Deep	0.30 (0.12-0.72) p=0.007
Desaturation(<96%)	1791	favors Deep	0.49 (0.25-0.95) p=0.04
Laryngospasm	1672	ns	1.05 (0.59-1.86) p=0.63
Breath holding	744	ns	0.58 (0.22-1.49) p=0.26

Insights of the reality in our practice From the APRICOT study

Engelhardt et al. BJA 2018

Age	Endotracheal tube			SGA	
	Awake(%)	Deep(%)	Remain(%)	Awake(%)	Asleep(%)
<28 days	134 (45.7)	15 (5.1)	144 (49.1)	4 (28.6)	10 (71.4)
<1 year	1074 (67.4)	308 (19.3)	211 (13.2)	278 (45.6)	332 (54.4)
1-6 year	3789 (67.4)	1656 (29.4)	194 (3.4)	2543 (53.3)	2228 (46.7)
6-12 year	2657 (69.2)	1085 (28.4)	91 (2.4)	1250 (69.7)	543 (30.3)
Pediatric practice					
Specialist	5453 (66.1)	2247 (27.2)	553 (6.7)	2932 (49.8)	2958 (50.2)
Mixed	1225 (65.4)	574 (30.6)	74 (4.0)	842 (53.3)	738 (46.7)
Occasional	1949 (76.1)	529 (20.6)	84 (3.3)	1780 (75.2)	585 (24.8)

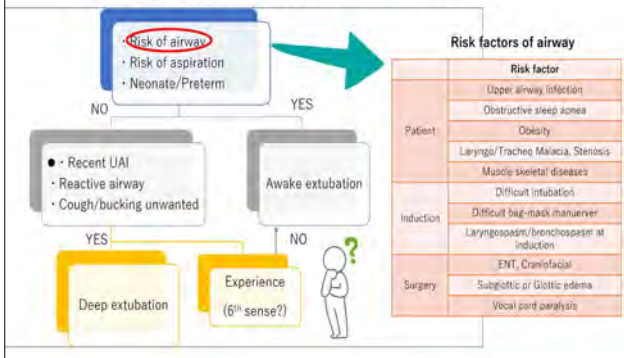
Awake >> Deep

Complications associated with removal of airway devices under deep anesthesia in children: an analysis of the Wake Up Safe database

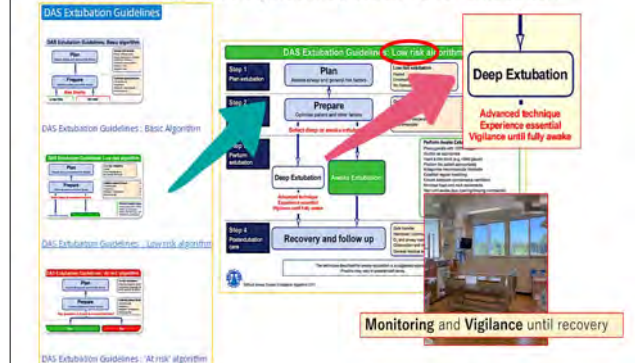
- Data source: 2019 Wake Up Safe database
- Criteria: Events during emergence/recovery from general anesthesia in patients who were removed ETT/SGA deep
 - 66 events out of 3652 events met the criteria and **64 events were related to anesthesia**
 - 46 events in OR 18 events in or in transport to PACU

Respiratory event	n (%)	Outcomes	n
Laryngospasm	35 (54.7)	Cardiac arrest	19
Airway obstruction	7 (10.9)	Re-intubation	5
Emesis	5 (7.8)	PICU admission	24
Apnea	4 (6.3)		
Bronchospasm	4 (6.3)		
Others	13 (20.3)		
Multiple events	7 (10.9)		

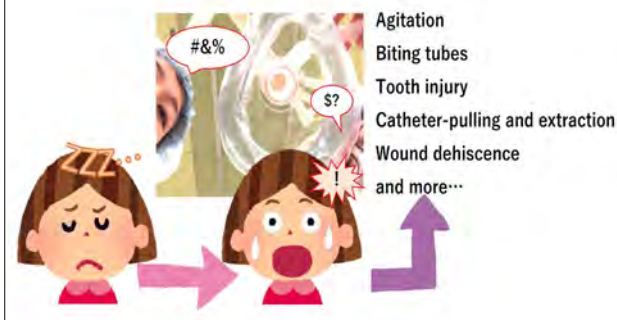
Evaluation of patient risk factors



What DAS extubation guidelines teach us for extubation



Inconvenient truth about waking up children



AAGA (Accidental Awareness under General Anesthesia) in children

- AAGA is **higher in children** than in adults (0.2~1.2%, 0.1~0.2%)
 - Awareness in children: a secondary analysis of five cohort studies. AJ Davidson et al. Anaesthesia 2011
 - In adults, **one in 5 AAGA reports occurred during emergence.**
 - 85% of AAGA reports claimed **the distress of paralysis** on emergence, **feeling of expelling a laryngeal mask** and the sense of suffocation.
- 5th National Audit Project (NAPS) on accidental awareness during general anaesthesia in the UK and Ireland

Cough-phobia after the COVID-19 pandemic?

Anaesthesia 2021, 76, 174-181 doi:10.1111/ane.15292

Original Article

A quantitative evaluation of aerosol generation during tracheal intubation and extubation

J. Brown, F. K. A. Gregson, A. Shrimpton, T. M. Cook, B. R. Bedek, J. P. Reid, and A. E. Pickering

Peering Over the Ether Screen

Airway Management in 2020: Different and Scarier

As an extubation coverage declines, PANO warns of potential massive outbreaks

New School, New Anesthetics



Adjuvant agents helping smooth extubation

Agent	dose	Notes
Propofol	223, 134 ug/kg/min	• Respiratory Reflex Responses of the Larynx Differ between Sevoflurane and Propofol in Pediatric Patients Christine Chan, M.D., Yama S. and Ungun-terebay, M.D., Y. Pezz J. and M.D., Y. Thompson D. Ph.D., M.H.S.
Remifentanyl	0.036ug/kg/min	• Cough ↓ • Fast discharge from PACU Sevo 1MAC Xie S et al. 2012
Dexmedetomidine	0.7ug/kg	• Cough reflex ↓ (adults) Sevo 1MAC Fain Q et al. 2015
Lidocaine	2mg/kg	• Upper airway obstruction ↓ Sevo 1.1, 5, 0.8MA Di M et al. 2017
Remimazolam	0.5-2mg/kg/min	• The safety and efficacy of remimazolam tosylate for induction and maintenance of general anesthesia in pediatric patients undergoing elective surgery: Study protocol for a multicenter, randomized, single-blind, positive-controlled clinical trial Eh TO et al. 2019 Future authors

Positioning matters for extubation

Best position and depth of anaesthesia for laryngeal mask airway removal in children

A randomised controlled trial

Thomas Karapouridis, George Kikobanyaza, Anand Shrivastava, Lishu

Author information

European Journal of Anaesthesiology 2019; 33(9): 631-635, September 2019 | DOI: 10.1097/EJA.0000000000000296

- 212 pediatric patients were assigned to 4 position group for removal of LMA

	Lateral deep	Lateral awake	Supine deep	Supine awake
Complication ratio (%)	15.4	27.8	50.0	40.4
Complication occurrence	Airway obstruction 8 Retching 1	Secretions 11 Biting 6	Airway obstruction 26 Retching 2 SpO ₂ <90% 1	Airway obstruction 3 Secretions 13 Biting 8 SpO ₂ <90% 1

High Flow Nasal Cannula (HFNC) for post-extubation

Comparison of High-Flow Nasal Cannula Versus Conventional Oxygen Therapy After Extubation in Children Undergoing Cardiac Surgery: A Meta-analysis

Karedath J et al. Cureus 2023 DOI: 10.7759/cureus.36922

- 2RCTs, 1 Cohort study 227patients (HFNC 113 Conventional O2 therapy 114)
- HFNC did not decrease the ratio of reintubation, but increase PaO2 and decrease PaCO2.

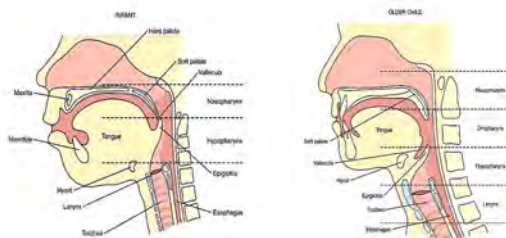
Mechanisms of HFNC action	
PEEP	+
Mechanical splinting of nasopharynx	+
CO2 washout	+
Nasopharyngeal dead space	↓
Work of breathing	↓
Consistent O2 supply	↑



Summary

- Removing airway devices is the crucial step in emergence from anesthesia. It could be associated with adverse events and various complications.
- Careful evaluation of patient airway risks and planning optimal methods to remove airway devices are the keys for safe airway management in pediatric patients.

Children's airway is narrow and collapsible



Beyond the Mainstem: Lung Isolation Techniques in Small Children

Rebecca Donovan Margolis

Department of Anesthesiology and Critical Care Medicine, Children's Hospital Los Angeles,
University of Southern California Keck School of Medicine, USA



DISCLOSURE

I have no actual or potential conflict of interest in relation to this presentation

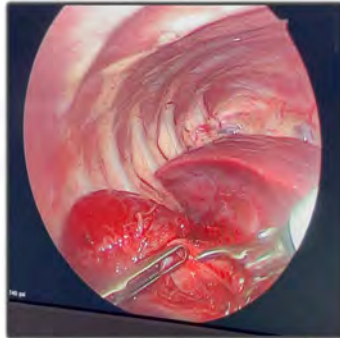


Objectives

- Understand** • Physiologic changes induced by one-lung ventilation
- Review** • Techniques for lung isolation
- Compare** • Strategies and devices for single-lung ventilation
- Identify** • Common pitfalls in one-lung ventilation



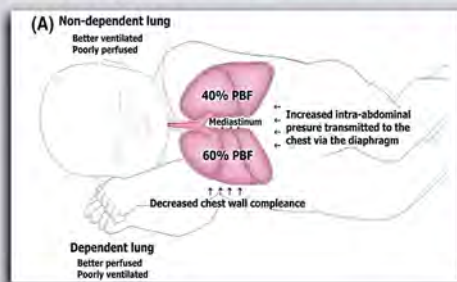
Thoracotomy
↓
Thoracoscopy



“Children
are not
small
adults”



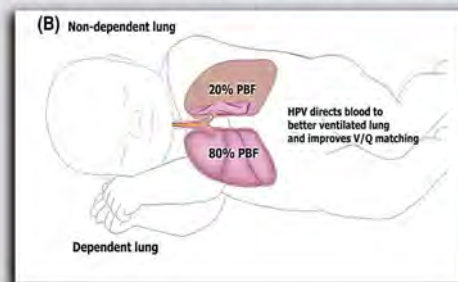
Physiology of SLV in Small children



Tangeman TK, Riccardi F, Chatterjee D. An Update on One-Lung Ventilation in Children. *Anesth Analg*. 2021 May;132(5):1289-1295. doi: 10.1093/aes/abaa006. PMID: 33115895.



Hypoxic Pulmonary Vasoconstriction



Tangeman TK, Riccardi F, Chatterjee D. An Update on One-Lung Ventilation in Children. *Anesth Analg*. 2021 May;132(5):1289-1295. doi: 10.1093/aes/abaa006. PMID: 33115895.



Anatomic Considerations

Age	Mainstem Bronchus Diameter (mm) ^a		Standard UC ETT Size for Endobronchial Intubation (OD mm) ^b		Standard C ETT Size for Endobronchial Intubation (OD mm) ^b	
	R	L	R	L	R	L
0-3 mo	4.4 ^a	3.6 ^a	3.0 (4.2)	2.5 (3.6)	3.0 (4.3)	-
3-6 mo	4.7 ^a	3.9 ^a	3.0 (4.2)	2.5 (3.6)	3.0 (4.3)	-
6-12 mo	5.4 ^a	4.2 ^a	3.5 (4.9)	3.0 (4.2)	3.5 (4.9)	3.0 (4.3)
1-2 y	5.4 ^a	5.6 ^a	4.0 (5.5)	3.5 (4.9)	4.0 (5.6)	3.5 (4.9)
2-4 y	7.5 ^a	6.6 ^a	4.5 (6.2)	3.5 (4.9)	4.5 (6.2)	3.5 (4.9)
4-6 y	8.3 ^a	7.3 ^a	4.5 (6.2)	4.0 (5.5)	4.5 (6.2)	4.0 (5.6)
6-8 y	8.9 ^a	7.8 ^a	5.5 (7.5)	5.0 (6.9)	5.5 (7.5)	5.0 (6.9)
8-10 y	9.9 ^a	8.8 ^a	-	-	6.0 (8.2)	5.0 (6.9)

Templeton TM, Puccio J, Chatterjee D. An Update on One-Lung Ventilation in Children. Anesth Analg. 2013 May;117(5):1389-1399. doi: 10.1093/aes/aat008. Epub 2013 May 14. PMID: 23629222. PMCID: PMC3733732.



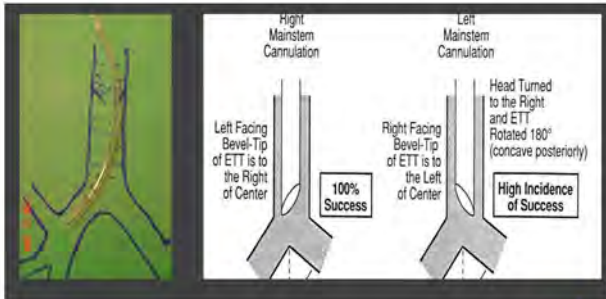
Anatomic Considerations



- Distance from carina to take-off of LUL bronchus is \approx 3X greater than on the right
- The take-off of the RUL remains within 1cm of the carina in children up to 8 y.o.



Techniques: Mainstem Intubation



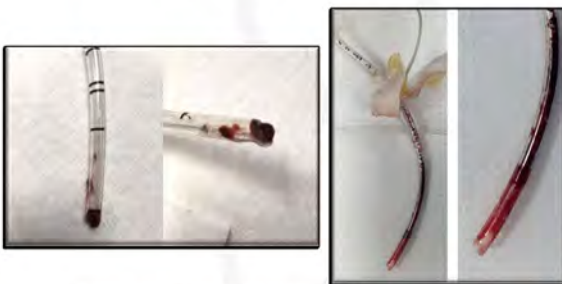
Mainstem Intubation: Disadvantages



- Seal/lung isolation issues
- Inability to suction/deflate operative lung
- Hypoxemia from obstruction of upper lobe bronchus
- Inability to deliver CPAP to operative lung
- Can't quickly change to two-lung ventilation



The unspoken truth



Thapa RL, Greene ML, Ullrich AG. Complete Obstruction of Endotracheal Tube in an Infant with a Hemophagocytic and Inertor Medullary Mass. Case Rep Pediatr. 2017;2017:348849. doi: 10.1155/2017/348849. Epub 2017 Feb 14. PMID: 28293222. PMCID: PMC5333732.



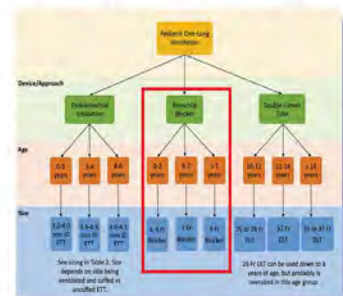
Bronchial Blockers



- | | | |
|---------------------------------|---|---|
| Fogarty | Arndt | 5Fr Uniblocker |
| •Low volume, High pressure cuff | •High volume, Low pressure cuff | •Has a bend at the tip |
| •No central channel | •Most literature in young children | •More rigid |
| •Round not elliptical balloon | •Removable internal wire with central channel | •High volume, Low pressure cuff |
| | | •No central lumen or suctioning or CPAP |



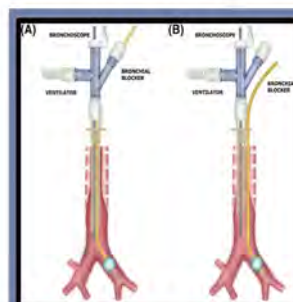
SLV Age & Size Guide



Jaeger A, Chatterjee D, Templeton TM. One lung in pediatric one lung ventilation. Paediatr Anaesth. 2012 Feb;22(2):166-168. doi: 10.1111/j.1469-0728.11.02413.x. Epub 2011 Nov 21. PMID: 22037578.



Intraluminal & Extraluminal Bronchial Blocker



Extraluminal placement is only option for children < 2 y.o.

Need at least 4.5 ETT for blocker & fiberoptic scope

Templeton TM, Puccio J, Chatterjee D. (2012) An Update on One-Lung Ventilation in Children. Anesthesia & Analgesia. 117(5):1389-1399. doi: 10.1093/aes/aat008.



Techniques: Bend the BB

30-45° bend 1.5 cm proximal to cuff

Remove blue loop, replace with j tip wire

Templeton TA, Doward MS, Simpson CR, Jaffer KA, Templeton LB, Bryan YF. Bending the blocker: a novel approach to placement and retrospective experience with the 5 French Bronch Endotracheal blocker in children <2 years>. *Pediatric Anesth*. 2018 May;28(5):527-30. doi: 10.1111/pan.13280. Epub 2018 Mar 9. PMID: 29595889

Getting the blocker in place

Turn the head to the right to facilitate left-sided placement

Consider a mainstem approach using mainstem intubation

Lazar A, Chatterjee D, Templeton TA. Bronch traps in pediatric one-lung ventilation. *Pediatric Anesth*. 2017 Feb;27(2):146-153. doi: 10.1111/pan.13051. Epub 2017 Nov 21. PMID: 28767616

Tips for Bronchial Blockers

- Place ETT anterior to BB so blocker occupies larger posterior glottic opening
- Target leak of 18-24 cm H₂O
- Place ETT high in trachea to allow better visualization of carina

Templeton TA, Pizzoni T, Chatterjee D. (2022). An Update on One-Lung Ventilation in Children. *Anesth Analg*. 132(2), 539-539. doi: 10.1093/anae/kgab067

Tips for Bronchial Blockers

- Leave blocker slightly deep before positioning
- Inflate the cuff under direct vision

Tips for Bronchial Blockers

Bronchial Blockers: Disadvantages

- Displacement
 - More likely to be displaced into distal trachea
 - Can migrate distally leading to loss of isolation
- Bronchial injury from cuff over distension
- Hypoxemia during placement

Perioperative Management of OLV

- Limit TV to ≈ 4-7 mL/kg during OLV
- Use PEEP
- Target PIP of 21-24 cm H₂O
- Expect hypercarbia

Children's Hospital Los Angeles

Hypoxemia During OLV

- Increase FIO₂ to 1.0 and inform surgeon
- Apply recruitment breaths (20-30 cm H₂O) to the dependent lung
- Suction endotracheal tube for blood/secretions
- Check position of lung isolation device with fiberoptic bronchoscopy
- Apply additional PEEP (2-5 cm H₂O) as tolerated, to the dependent lung
- Apply CPAP (5-10 cm H₂O) if possible, to the non-dependent lung
- Transition to two-lung ventilation

Lazar A, Chatterjee D, Templeton TA. Bronch traps in pediatric one-lung ventilation. *Pediatric Anesth*. 2017 Feb;27(2):146-153. doi: 10.1111/pan.13051. Epub 2017 Nov 21. PMID: 28767616



Session 3.

Beyond Drugs and Blocks: Latest Knowledge of Pediatric Pain Management

Chair(s): Sang Hun Kim (Korea)
Seokyoung Song (Korea)

Acute to Chronic Postsurgical Pain: Influence of Psychosocial Factors

Jennifer A. Rabbitts

Department of Anesthesiology & Pain Medicine, University of Washington, Seattle Children's Hospital, USA

Conflicts of Interest

- Consulted on pediatric trial design for Pacira Pharmaceuticals (2021; not discussed in this presentation)
- This presentation does not contain off-label or investigational use of drugs or products

Learning goals

Pediatric Chronic Postsurgical Pain

- Identify diagnosis and frequency of chronic postsurgical pain in youth

Psychosocial Risk Factors

- Illustrate risk factors for transition from acute to chronic pain

Perioperative Intervention

- Describe clinical trial testing effectiveness of a psychosocial program to prevent chronic pain

Clinical Case



Chief Complaint: Bella, 15 y/o girl, presents to her pediatrician with complaints of ongoing back pain.

HPI: S/p spine fusion for scoliosis 8 months ago. Initially had problems with pain in the hospital and at home. At last follow up, pain was improving; discharged from ortho clinic with plan for routine follow up at 1 year.

PMH: Mild depression and trouble sleeping, sees a counsellor.

Social History: Family having trouble coping. Brittney missing a lot of school due to pain. Has not resumed track or soccer.

Physical Exam: Well healed scar, no inflammation. Otherwise normal systems exam.

Definition of Chronic Post-Surgical Pain (CPSP)



Pain that...

- develops after a surgical procedure
- is a continuation of acute post-surgical pain or develops after an asymptomatic period
- is localized to the surgical site or projected to a referred area
- persists for at least 3 months after surgery
- affects quality of life
- importantly, other causes of the pain must be excluded

PAIN 160(1):p 45-52, 2019; Br J Anaesth 87(1):88-98, 2001.

How common is CPSP?



Rosenbloom*, Frederiksen, Wang, Gordon, Park, Birnie, Rabbitts: PROSPERO 2022 CRD42022306340

*Credit for slides

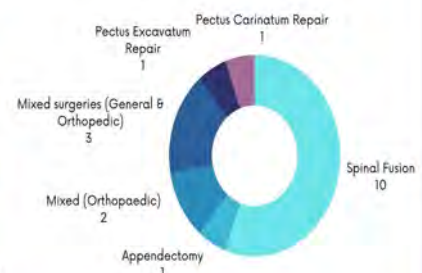


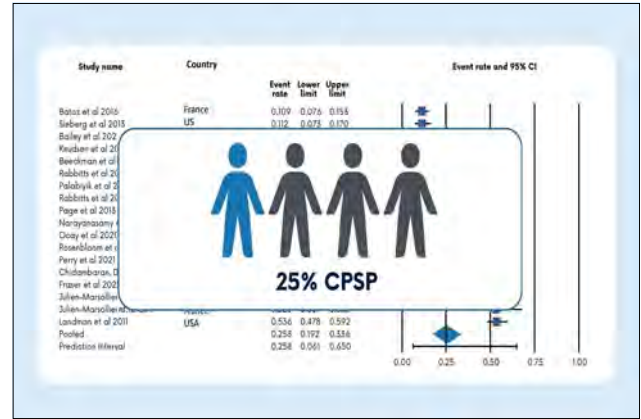
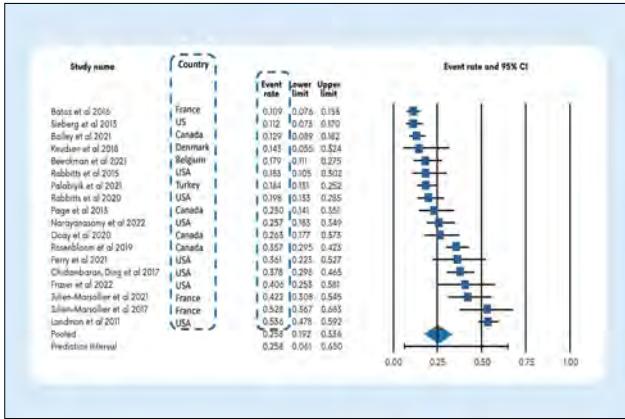
18 Studies



n = 2093 Children

Types of Surgeries





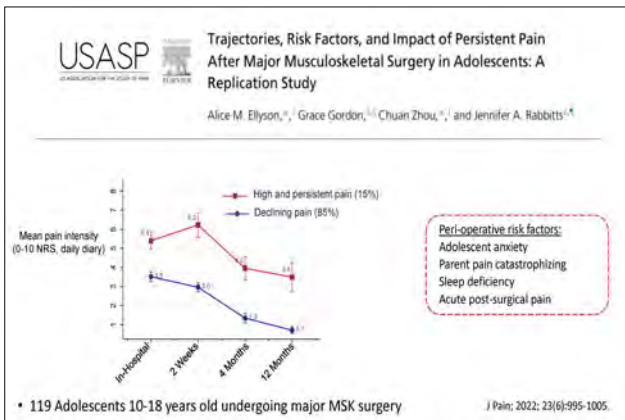
Risk/Protective Factors

- 14 studies
- Pre-surgical, surgical, acute postsurgical factors

(Kvaden et al, 2018; Weirich et al, 2017)

Summary of 14 Studies

- Pre-Surgical**
 - Pain
 - Youth pain catastrophizing
 - Parental pain catastrophizing
 - Youth anxiety/worry
 - Youth low mood
 - Youth functional disability
 - Youth poor sleep
- Surgery**
 - Every hour increase in the duration of surgery is associated with an increase of 2.16 in the odds of developing 1-year CPSP
- Acute Post-Surgical**
 - Moderate-to-severe pain intensity trajectory group membership
 - Pain unpleasantness
 - High analgesic requirements in hospital
 - Parent pain catastrophizing
- Long-Term Post-Surgical**



PAIN Psychological interventions in managing postoperative pain in children: a systematic review

Fiona Davidson^{1*}, Stachane Snow^{1,2}, Jill A. Hayden¹, Jill Chorrey^{1,3,4,5} • 157/33159/1952-1198

- Meta-analysis demonstrated efficacy in reducing acute postoperative pain
 - 14 studies, moderate effect size, including adolescent spine surgery
 - Longer term postsurgical pain outcomes not examined
 - Parent interventions not included
- Barriers to implementation of psychological interventions into perioperative care
 - Lack of access to psychosocial resources

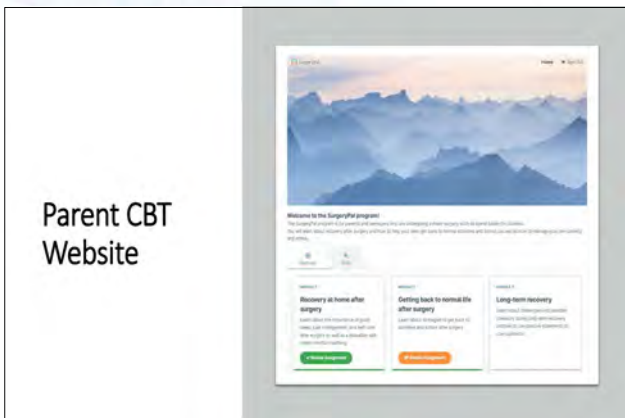
SurgeryPal

Objective: Examine effectiveness of psychosocial intervention to prevent transition from acute to chronic postsurgical pain after adolescent spinal fusion

- N=500 adolescents (12-18 years) and parent/caregiver
- Scheduled spinal fusion surgery (idiopathic condition)
- Active intervention (SurgeryPal) vs. online education program (control)

Rabbitts et al. Trials 22(506):1-12, 2021; Trial registration NCT04637802
 Funding: NIH NICHD and Helping End Addiction Longterm (HEAL) Initiative; UH3HD10323R; MPI: Rabbitts; Palermo

SurgeryPal CBT for Adolescents



Online Preoperative Intervention Targeting Anxiety, Sleep, and Pain Self-Management

Module	CBT Skills	Additional Parent Skills
1	Preparing for surgery -Deep breathing. -Strategies to improve sleep habits.	-Gathering information from the medical team.
2	Coping with worry -Thought replacement and mindfulness.	-Parent-teen communication.
3	Getting ready for the hospital and recovery -Imagery and distraction for managing anxiety or pain.	-Social connections and support.

Murray et al. (2022), Canadian Journal of Pain 6(1):12-23

Online Postoperative Intervention Targeting Anxiety, Sleep, and Pain Self-Management

Module	CBT Skills	Additional Parent Skills
1	Coping at home after surgery -Strategies to improve sleep habits. -Music distraction and mindful breathing.	-Principles of self-care.
2	Getting back to activities -Behavioral activation, and activity pacing.	-Handling daily stress.
3	Long-term recovery -Progressive muscle relaxation.	-Positive self-statements to reduce distress.

Murray et al. (2022), Canadian Journal of Pain 6(1):12-23



Preliminary feedback

- 250 youth consented (66% enrollment rate)
- 96% retention rate (1 voluntary dropout; 9 surgery cancellations).
- Promising feedback from completed participants.

"Deep breathing like calms me down and usually makes my pain feel a whole lot better" (teen)

"How would we have gone through recovery if we hadn't had this study? And why isn't this a part of our everyday medical practice?" (parent)

"Picturing being on a sunny island helps me relieve stress... those [skills] were like the main things that made me recover" (teen)

"That flexibility because we just wouldn't have been able to participate if it had to be during business hours" (parent)

Pain Outcomes

- Recovery trajectory of acute pain over 14 days
- Daily pain intensity & interference at 3 & 6 months

Secondary Outcomes

- Quality of life; psychosocial distress; sleep quality; Prevalence of chronic pain

CLINICAL CASE

Chief Complaint: Bella, 15 y/o girl, presents to her pediatrician with complaints of ongoing back pain.

HPI: S/p spine fusion for scoliosis 8 months ago. Initially had problems with pain in the hospital and at home. At last follow up, pain was improving; discharged from ortho clinic with plan for routine follow up at 1 year.

PMH: Mild depression and trouble sleeping, sees a counsellor.

Social History: Family having trouble coping. Brittney missing a lot of school due to pain. Has not resumed track or soccer.


Physical Exam: Well healed scar, no inflammation. Otherwise normal systems exam.


Implications


- Chronic postsurgical pain is common in adolescents following major surgery
- Psychosocial risk factors are key in driving pain persistence following surgery
- Perioperative psychosocial interventions have potential to interrupt negative trajectory of pain and disability




Acknowledgments

 National Institute of Arthritis, Musculoskeletal and Skin Disease (NIAMS) R01AR073780 (PI- Rabbitts)

 NICHD & Helping to End Addiction Long-term (HEAL): UG3HD102038 [SurgeryPal RCT; MPI-Rabbitts (contact), Palermo]



Supporting Researcher Development and Career Advancement of Child Health Research (Hanson) Clinicians

 NIH Office of Disease Prevention (ODP): Prevalence and predictors of opioid misuse, UH3HD102038-025 [MPI- Rabbitts (contact), Palermo]

National Institutes of Health
Office of Research Development



A Non-Pharmacological Approach to Post-Operative Pain Management in Children with Multiple Traumatic Injuries

-A Presentation for ASPA 2023 by KKH CHAMPs

Tanuja Nair

KK Women's and Children's Hospital (KKH), Singapore

ASPA 2023

Objectives

#1:
To gain an overview of CHAMPs @ KKH
Child Life, Art and Music Therapy Programmes

#2:
To understanding of varied non-pharmacological approaches to pain management utilised by CHAMPs

Restricted, Sensitive (Normal)

ASPA 2023

Content

- ❖ An introduction to CHAMPs
- ❖ Non pharmacological pain management approaches
- ❖ Case study

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All about CHAMPs

Child Life, Art and Music Therapy Programmes
Empowering patients to become CHAMPions of their hospital stay

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Introduction

CHAMPs

The KKH CHAMPs (Child Life, Art, and Music Therapy Programs) team:

- is a **multi-modal team** comprising:
child life therapists, art therapists, and music therapists
- focuses on **empowering patients**
- attends to patients' **psychosocial, functional, and emotional needs in a creative and holistic manner**

Child Life, Art and Music Therapy Programmes
Empowering patients to become CHAMPions of their hospital stay

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How It Works...

CHAMPs

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Patient Profile

CHAMPs

Ages 0 yrs up

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CHILD LIFE THERAPY

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Understanding Child Life Therapy

Therapeutic play in the hospital is also known as Child Life Therapy. Child Life Therapy helps to address challenging emotional needs of children who have an illness or surgery that requires hospitalization.

A hospital stay can be stressful for children and their families. Sometimes, children feel scared, confused and powerless. Therapeutic play is used to help children understand and cope with illness, surgery, hospitalization, treatments and procedures.

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Child Life Therapy

Association of Child Life Professionals (ACLP)

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Child Development and Pain Perceptions

Based on Piaget's Cognitive Development Theory

Stage (ages)	Pain Perceptions
Preoperational (2-7 yrs)	Perceives pain as a physical event that disappears like magic
Concrete Operational stage (7-11 yrs)	Relates to pain physically and able to identify its location within the body
Transitional-formal stage (10-12 yrs)	Begins to understand the concept of more complex pain.
Formal Operational (12-15 yrs)	Begins to problem-solve similar to adults, but may not have developed coping mechanisms and may imagine the sinister implications associated with pain.

Adapted from O'Keefe (2001)

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Child Life Therapy and Pain Care

"A child's ability to cope with pain is influenced by age and previous pain experience" - Norma O'Keefe (2001)

- PAIN**
- Alleviate anxious emotional states to enhance pain perceptions
- Enhance procedure knowledge and readiness
- Normalize hospital environment and enhance overall coping

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ART THERAPY

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Understanding Art Therapy

An experiential psychotherapeutic approach utilizing many creative modalities within a therapeutic relationship with a trained therapist... (Art therapists) have been trained to work therapeutically using the visual arts

The Australian, New Zealand and Asian Creative Arts Therapies Association (ANZACATA)

Art Therapy

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Art Therapy in Pain & Trauma Care

Through art making...

- PAIN**
- Modify response to emotional and physical problems
- Manage symptoms of stress and anxiety
- Reduces pain perception by moving the mental focus and improve mood (Shella, 2018)

Art Therapy

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Tanuja Nair: A Non-Pharmacological Approach to Post-Operative Pain Management in Children with Multiple Traumatic Injuries

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MUSIC THERAPY

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Understanding Music Therapy

"Music therapy is the scientific use of music interventions within a therapeutic relationship towards observable or measurable functional, educational, rehabilitative or well-being outcomes by a credentialed professional."

- Association for Music Therapy (Singapore)

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Music Therapy in Pain & Trauma Care

PAIN

Gate Control Theory (Melzack & Wall, 1965)
- Music, in the form of sensory information, blocks the passage of pain signals (Brown et al., 1989)

Pain triggers stress response in sympathetic nervous system (Pasero, Paice & McCaffrey, 1999)
- Music can decrease physiological stress markers e.g. heart rate, blood pressure (Chanda & Levitin, 2013)

Neuromatrix Theory of Pain (Melzack, 1999)
- Music can help in alleviating catastrophising pain behaviours

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Non-Pharmacological Approaches

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Child Life Therapy

Procedural Support Medical Play Educational Videos and Info Slides Rehearsal - Role Playing	On-Site Support Comfort Positioning Distraction Deep Breathing & Guided Imagery	Adherence to Routine Medical Dialogue Schedules/ Plans/ Charts Exploratory Play	Psychosocial Emotional Well-being Coping Strategy Plans Expressive Play Therapeutic Diversion
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Art Therapy

Mindfulness-based art therapy methods to encourage shifts in pain perception and coping with emotional difficulties - increase in awareness of physical states, developing kindness and compassion towards oneself and one's experience, gaining a balanced perception of the self as abled rather than disabled.

Recognition of the impact that traumatic experiences may have on pain perception and management, always ensuring a psychologically safe environment and therapeutic relationship during art therapy.

Provision of a safe and non-judgmental space to allow SAFE sharing and exploration of other stressors or personal difficulties that may impact on pain perception and coping with pain.

Strength-based: Increasing sense of mastery with art-making, improving self-esteem and confidence. Expanding coping toolkit to include art as a tool for coping with stress, anxiety and acute pain experiences.

Person-centred

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Music Therapy

Biopsychosocial/Spiritual Approach for Pain and Trauma Management

- Biological**
 - Music releases endorphins that can counteract pain (Beaulieu-Boire et al., 2013)
- Psychological**
 - Music decreases catastrophizing on painful procedures (Eckhouse et. al., 2014)
- Social**
 - Preferred music triggers dopamine release (Chanda & Levitin, 2013)
- Spiritual**
 - Meaningful music to the patient can facilitate connection, comfort, and a higher sensorial experience (Lauzon, 2020)

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Case Study

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ASPA 2023 10th conference & 17th annual meeting

대한소아재활학회

- 10 year old, boy who was involved in a polytraumatic road traffic accident
- He suffered several major injuries including a:
 - Splenic laceration
 - Small left pneumothorax with several rib fractures
 - Open tibia fracture
- Patient required multiple procedures and intensive rehabilitation during his long hospital stay

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ASPA 2023 10th conference & 17th annual meeting

대한소아재활학회

CHAMPs Activation...

CHAMPs

Child Life Therapy Referral For: Procedure education and prep, Coping and pain support, Family support and transition planning

Art Therapy Referral For: Identifying and addressing pain symptoms, Diversion and redirection, Targeted mental health support

Music Therapy Referral For: Pain perception and management for coping, Self expression and acknowledging pain, Resource and insight building for pain management

Restricted, Sensitive (Normal)

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CHAMPs Process...

CHAMPs

Child Life Therapy Referral For: Procedural & Supportive, Expressive, Transition planning

Art Therapy Referral For: Expressive, Supportive, Perception Shift

Music Therapy Referral For: Distraction & Refocusing, Supportive, Cathartic/Expressive

Restricted, Sensitive (Normal)

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Why CHAMPs Works...

CHAMPs

Gentle & non invasive

Patient centred and directed

Low entry barrier

Restricted, Sensitive (Normal)

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Resources

Restricted, Sensitive (Normal)

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KKH Child Life

KKH Art Therapy

KKH Music

KKH CHAMPs

SCAN ME

Restricted, Sensitive (Normal)

ASPA 2023 10th conference & 17th annual meeting

대한소아재활학회

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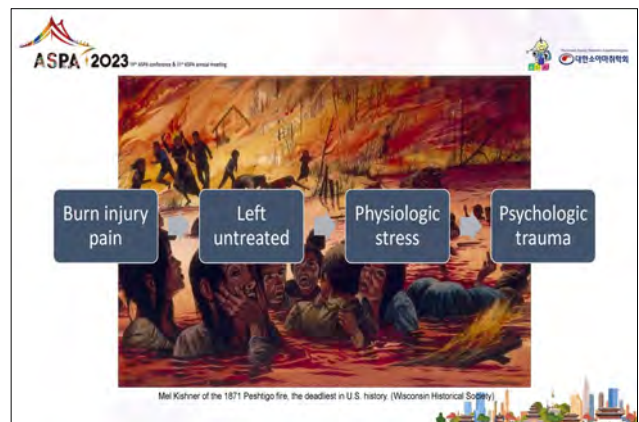
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9. O'Keefe, N. (2001). *Pain Management: Pain and Children*. *World of Irish Nursing*, 9(10), 34-35.
10. Panyman, L., Seward, P., Moss, R. (2019). *Using Creative Arts in Trauma Therapy: The experiences of healing*. *Journal of Mental Health Counselling*, 42(1), 80-94.
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Restricted, Sensitive (Normal)

Role of Analgesic Adjuvants in Severe Burn Injury in Children: Timing and Precision

Teddy Fabila

KK Women's and Children's Hospital, Singapore/Philippine



ASPA 2023

Learning Objectives

Redefining the significance of the following in pain treatment for children with severe burn injuries:

- Multi-modal
- Multispecialty
- Opioid-sparing techniques

Role of pharmacologic and non-pharmacologic treatment:

- What
- When
- How

ASPA 2023

Multimodal approach

- Analgesic agents
 - Anti-inflammatories
 - Local anaesthetics
 - opioids
- Adjuvants
 - Ketamine
 - Clonidine
 - Gabapentin



Multimodal Multispecialty Opioid sparing technique

- Pharmacologic
- Non-Pharmacologic

Caric 'Biting' Francisco, Bayanilat, 1982 UNLAB's administration building in Manila

Pharmacologic

World Health Organization

- By the Clock
- By the Child
- By the Appropriate route
- By the Ladder

The WHO 2-step Analgesic Ladder

Step 1: Mild pain (Non-opioid ± adjuvants)

Step 2: Severe pain (Strong-opioid ± non-opioid ± adjuvants)

[Non-opioids = acetaminophen (paracetamol), ibuprofen]

Standardised institutional protocol

Paracetamol PO/IV 15 mg per kg Q6H maximum of 1 g
 Paracetamol PO/IV 10 mg per kg Q6H (< 6 months)
 Paracetamol PO/IV 7.5 mg per kg Q6H (< 1 month)
 strictly given for the first 24-48 H, reassess thereafter

• No contraindication to NSAIDs
 • 6 months old and above

Add ibuprofen PO/IV mg per kg Q6H maximum of 400 mg (strictly or PRN for the first 24-48 H, reassess thereafter)

Still in Pain

PO: Oxycodone 0.1-0.2 mg/kg/dose Q6H (strictly or PRN) OR Morphine-syrup 0.2-0.4 mg/kg/dose Q6H (strictly or PRN)

V (NBM): Morphine infusion 30-40 mcg/kg/h

Still in Pain

Always order anti emetics (PRN or prophylactic) whenever opioids are on board for high risk patients

Children's Pain Service Referral

Non-pharmacologic

Objectives of non-pharmacologic intervention include:

- Teaching the child **confront pain**,
- Develop **coping mechanisms** for pain, thus decreasing requirements for pharmacologic requirements for pain relief.

Jean Auguste Dominique Ingres, Joan of Arc at the Coronation of Charles VII, 1854, Louvre Museum

Non-pharmacologic

- Psychiatrists
- Physiotherapists
- Occupational therapists
- Psychologists
- Pain nurse

Wiechman Askay S, Patterson DR, Sharaf SR, et al. Pain management in patients with burn injuries. Int Rev Psychiatry 2009

Non-pharmacologic

Avoidance Approach

Wiechman Askay S, Patterson DR, Sharaf SR, et al. Pain management in patients with burn injuries. Int Rev Psychiatry 2009.
 Martin-Herz SP, Thurber CA, Patterson DR. Psychological principles of burn wound pain in children. II. Treatment applications. J Burn Care Rehabil 2000.

Non-pharmacologic: Avoidance technique

- Distraction
- Guided imagery
- Hypnotic analgesia
- Virtual reality

PainM

Non-pharmacologic: Approach technique

- Information provision
- Deep breathing
- Relaxation
- Cognitive Behavioral Techniques

PainM

Teddy Fabila: Role of Analgesic Adjuvants in Severe Burn Injury in Children: Timing and Precision

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10-year-old boy, Weight: 30 Kg

25% TBSA moderate partial thickness burn

Wound exploration and dressing

Pharmacologic treatment Non-pharmacologic approach

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Five Phases: Burn Pain Paradigm

Background	Procedural	Breakthrough	Postoperative	Chronic
<ul style="list-style-type: none"> Pain at rest Low to moderate intensity Long duration 	<ul style="list-style-type: none"> Brief but intense pain during the repeated change of dressing. 	<ul style="list-style-type: none"> Unexpected spiking of pain levels 	<ul style="list-style-type: none"> Predictable and temporary increase. Combination of background and breakthrough 	<ul style="list-style-type: none"> Pain that lasts > 6 months Most common neuropathic pain

Shelley Weichman, PhD, Sam R Sharar, MD. Paradigm-based treatment approaches for burn pain control. UpToDate. Aug 23, 2018.

Patterson DR, Sharar SR. Burn pain. In: Bonica's Management of Pain, 4th edition, Fishman SM, Ballantyne JC, Rathmell JP (Eds), Lippincott Williams and Wilkins, Philadelphia 2010

Frída Kahlo. La Columna Rota "The Broken Column", 1944. Museo Dolores Olmedo, Acoacotlan, Mexico City, Mexico

Askay SH, Strölin M, Carruthers GJ, et al. Using Cellulose to identify reasons for distress in burn survivors postdischarge. J Burn Care Res 2009.

Weichman Askay S, Patterson DR, Sharar SR, et al. Pain management in patients with burn injuries. Int Rev Psychiatry 2009.

Challenges in burn pain treatment and prevention

- Variability of burn injury phases
- Hyperalgesia
- Opioid tolerance
- Progression to Chronic
- Dosing of analgesics
- Pharmacokinetics changes due to burn injury

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The journey home

Chronic

Procedural

Postoperative

- Background
- Breakthrough

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Five Phases: Burn Pain Paradigm (Postoperative pain)

Classification of burn injury	Pharmacologic	Non-Pharmacologic
Superficial partial thickness <ul style="list-style-type: none"> Mild to moderate pain Most painful immediate injury Result in hyperalgesia 	<ul style="list-style-type: none"> Non-opioid adjuvants <ul style="list-style-type: none"> Paracetamol strictly Ibuprofen Strictly Clonidine (anxiety) Opioid <ul style="list-style-type: none"> PO Morphine syrup/Oxycodone; or IV infusion/ PCA/ NCA Morphine 	<ul style="list-style-type: none"> Approach technique <ul style="list-style-type: none"> Information provision Deep breathing Relaxation techniques Cognitive behavioral techniques Avoidance technique <ul style="list-style-type: none"> Distraction Guided imagery Hypnotic analgesia Virtual reality
Moderate partial thickness <ul style="list-style-type: none"> Moderate to severe pain Marked hyperalgesia Pain chronification 	<ul style="list-style-type: none"> Non-opioid adjuvants <ul style="list-style-type: none"> Paracetamol strictly Ibuprofen Strictly Gabapentin Or Ketamine (hyperalgesia, and pain chronification prevention) Clonidine (anxiety) Opioid <ul style="list-style-type: none"> iv infusion/PCA/ NCA Morphine 	
Deep partial to full thickness <ul style="list-style-type: none"> Absence of pain Pain related to inflammatory response 	<ul style="list-style-type: none"> Non-opioid adjuvants <ul style="list-style-type: none"> Paracetamol strictly Ibuprofen Strictly 	

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- 10-year-old boy, Weight: 30 kg
- 25% TBSA moderate partial thickness burn
- Wound exploration and dressing

Non-Pharmacotherapy	Pharmacotherapy
<ul style="list-style-type: none"> Avoidance Approach Patient and parent coping must be identified during consent taking 	<ul style="list-style-type: none"> Paracetamol 15mg/kg/dose Q6H (IV/PO) Ibuprofen 10 mg/kg/dose TDS (IV/PO) PCA Morphine + Ketamine (1ml=20mcg/kg) <ul style="list-style-type: none"> Infusion: 1ml/h Bolus: 1 ml Lockout: 5 minutes Max: 8 ml/hour

POD 0

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Adjuvants for Preventive analgesia

- Premedication
- Intraoperative
- Caudal block
- Postoperative
- PCA
- Infusion

Channel effects

- ↓ NMDA
- ↓ HCNS
- ↓ nACH
- ↓ L-type Ca

Treatment Combination	Pre	Intra	Post
1	+	+	+
2	+	+	+
3	+	+	+
4	+	+	+
5	+	+	+
6	+	+	+
7	+	+	+
8	+	+	+
9	+	+	+

Time → Intra → End of surgery →

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Morphine and Ketamine Combination in One PCA pump Regimen for Postoperative Pain Relief for Posterior Spinal Fusion: An Retrospective Cohort Study

Christophe Menigaux, MD, Dominique Fletcher, MD, Xavier Dupont, MD, Bruno Gagnard, MD, Frederic Guzzimand, MD, and Marcel Charvin, MD

Department of Anesthesiology, Hôpital Ambroise Paré, Boulogne-Billancourt, France

The Benefits of Intraoperative Small-Dose Ketamine on Postoperative Pain After Anterior Cruciate Ligament Repair

Low-dose ketamine:

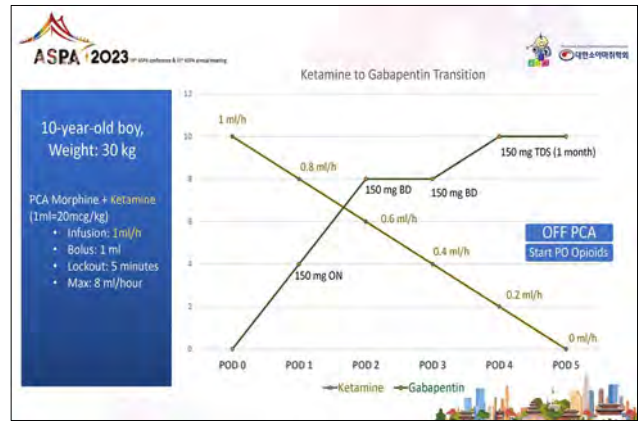
- Decrease morphine usage
- Decrease opioid-related side effects
- First 24 hours

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Gabapentin: anti-hyperalgesic drug

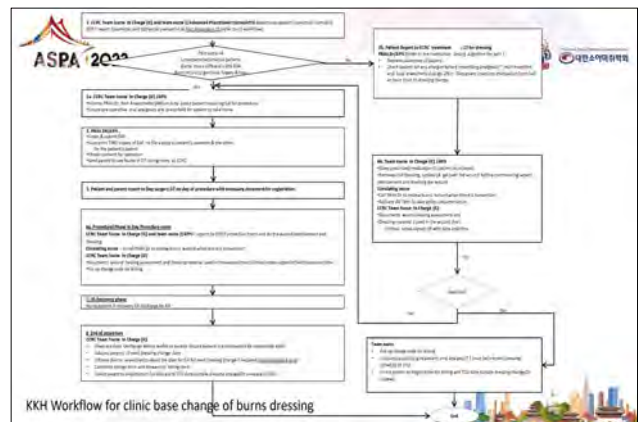
- NMDA blockade**
 - Inhibits influx of Calcium ions
 - Prevents central sensitization (wind up)
- A2δ subunit of the voltage-dependent calcium channel**
 - Reduces excitatory amino acid
 - Decrease AMPA receptor
 - Decrease noradrenaline in the brain



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Five Phases: Burn Pain Paradigm (Procedural)

Anticipated severity of pain	Pharmacologic	Non-Pharmacologic
<ul style="list-style-type: none"> Severe procedural pain 	<ul style="list-style-type: none"> Under General Anaesthesia <ul style="list-style-type: none"> Premedication <ul style="list-style-type: none"> Midazolam and/or Clonidine Non-opioid adjuvants <ul style="list-style-type: none"> Paracetamol Ibuprofen Opioid <ul style="list-style-type: none"> IV Morphine bolus IV fentanyl bolus Under General Anaesthesia or moderate sedation <ul style="list-style-type: none"> Premedication <ul style="list-style-type: none"> Midazolam and/or Clonidine Non-opioid adjuvants <ul style="list-style-type: none"> Paracetamol Ibuprofen Opioid <ul style="list-style-type: none"> IV Morphine bolus IV fentanyl bolus 	<ul style="list-style-type: none"> Avoidance technique <ul style="list-style-type: none"> Distraction Guided imagery Hypnotic analgesia Virtual reality Approach technique <ul style="list-style-type: none"> Information provision Deep breathing Relaxation techniques Cognitive behavioral techniques
<ul style="list-style-type: none"> Mild-to-moderate procedural pain 	<ul style="list-style-type: none"> Under General Anaesthesia or moderate sedation <ul style="list-style-type: none"> Premedication <ul style="list-style-type: none"> Midazolam and/or Clonidine Non-opioid adjuvants <ul style="list-style-type: none"> Paracetamol Ibuprofen Opioid <ul style="list-style-type: none"> IV Morphine bolus IV fentanyl bolus 	<ul style="list-style-type: none"> Avoidance technique <ul style="list-style-type: none"> Distraction Guided imagery Hypnotic analgesia Virtual reality Approach technique <ul style="list-style-type: none"> Information provision Deep breathing Relaxation techniques Cognitive behavioral techniques



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KKH Workflow for clinic base change of burns dressing

Paracetamol (15mg/kg/dose)
Ibuprofen (10/mg/kg/dose)
Midazolam 0.5 mg/kg/dose
Morphine syrup (0.2mg/kg/dose)
Lidocaine 2 % Gel

Distraction
Parental involvement
Cognitive behavioural techniques

To be given at home → To serve after physicians' assessment → Clinic base change of burns dressing (20 minutes)

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Five Phases: Burn Pain Paradigm (Chronic pain)

Chronic pain	Pharmacologic	Non-Pharmacologic
<ul style="list-style-type: none"> 33 to 50% of burn patients Neuropathic pain most common 	<ul style="list-style-type: none"> Non-opioid adjuvants <ul style="list-style-type: none"> Paracetamol Ibuprofen Gabapentin Or Ketamine Clonidine (anxiety) For severe cases of opioid dependence: <ul style="list-style-type: none"> Opioid rotation Naloxone Lidocaine 	<ul style="list-style-type: none"> Avoidance technique <ul style="list-style-type: none"> Distraction Guided imagery Hypnotic analgesia Virtual reality Approach technique <ul style="list-style-type: none"> Information provision Deep breathing Relaxation techniques Cognitive behavioral techniques

Mairani A, Forgel R, Ansel R, et al. Tactile, thermal and pain sensibility in burned patients with and without chronic pain and paresthesia problems. Pain 1998
 Douber A, Orskog PF, Bressan AJ, et al. Chronic persistent pain after severe burns: a survey of 358 burn survivors. Pain Med 2002



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Beyond opioid-based pain treatment

Adjuncts
Non-pharmacology
Institutional Protocols

Beyond opioid-based pain treatment

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How will I be able to adapt this to my institution?

How can our patient-facing healthcare providers provide pain-sensitive patient care?

Adjuvants | Non-pharmacology | Institutional Protocols

Principles of childKind

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- I • An institution-wide commitment to pain prevention and treatment
- II • Ongoing education and awareness of pain
- III • Developmentally appropriate pain assessment protocols
- IV • Evidence informed pain prevention and treatment protocols
- V • Ongoing self-monitoring and quality improvement

Principle 1: Institutional Commitment to Pain Prevention, Assessment and Management

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- Awareness and acknowledgement
 - Handwritten appreciation postcard
 - ChildKind Champion Award 23
- Leadership support
- Pain Awareness Week

Principle 2: Ongoing Education and Awareness of Pain

ASPA 2023

- KKH pain handbook
- Annual multidisciplinary Pain conference
- Online education for new staff (pain culture awareness)

Principle 3: Pain Assessment

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- Pain reassessment and documentation focus
- Maintaining compliance and sustainability
- A common language among healthcare providers (JCI AOP Standard)

Principle 4: Protocols, Procedures, Guidelines

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- Protocols reviewed and updated
- Collaboration

Principle 5: Self-monitoring / Quality Improvement

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- Pain-related QI and research
- Identify KKH pain-related markers
- QI central depository within Infopedia
- Periodic updates on HCAPHs results


Summary

The multimodal, multispecialty, opioid-sparing technique: treatment and prevention of choice for children with severe burn pain.

Teddy Fabila: Role of Analgesic Adjuvants in Severe Burn Injury in Children: Timing and Precision

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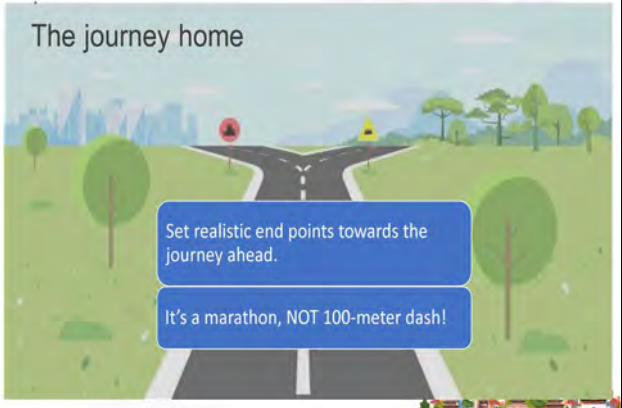
Summary



Pharmacologic and non-pharmacologic approaches:

- Tailored according to the patient's requirements during the five phases of the burn pain paradigm
- Timely given and precisely administered
- Build rapport and trust from patients and care providers
- Involve parents, and give them roles

The journey home



Set realistic end points towards the journey ahead.

It's a marathon, NOT 100-meter dash!

Paediatric Pain Hi 5!



1 COMMITMENT	SYSTEM WISE COMMITMENT THROUGH LEADERSHIP AND ENGAGEMENT
2 EDUCATION	BUILDING CAPABILITIES THROUGH TRAINING, EDUCATION
3 ASSESSMENT	HOLISTIC ASSESSMENT OF PATIENT - PAIN
4 PREVENTION+ TREATMENT	EVIDENCE BASED - PROTOCOL-DRIVEN MANAGEMENT
5 CONTINUOUS IMPROVEMENT	LEARNING NETWORK CONTINUOUS IMPROVEMENT



Day 2

17 June 2023



Room A



Session 1.

Society for Pediatric Anesthesia in the World: Past, Present, and Future


**Chair(s): Agnes Ng (Singapore)
Jin-Tae Kim (Korea)**

Why the Society for Pediatric Anesthesia is Special and Needed



Jim Fehr

Stanford's Lucile Packard Children's Hospital, USA

Disclosures




Nothing to Disclose





Objectives *At the end of this lecture the learner will be able to:*


- Describe the development of the Society for Pediatric Anesthesia (SPA)
- Discuss how the Society for Pediatric Anesthesia is contributing to improving the perioperative care of children
- Access and use the PediCrisis app developed by the SPA




Objectives




- Describe the development of the Society for Pediatric Anesthesia (SPA)
- Discuss how the Society for Pediatric Anesthesia is contributing to improving the perioperative care of children
- Access and use the PediCrisis app developed by the SPA




History of the SPA




- In the early 1980s there was no organization in the United States of America that represented everyone who practiced pediatric anesthesiology




History of the SPA 2




- This prompted Dr. Myron Yaster in 1987 to create the Society for Pediatric Anesthesia (SPA)
- The original goal of the SPA was to hold an annual meeting
- The first SPA meeting was held in October 1987 in Atlanta, Georgia (USA) with 200 attendees




Dr. Myron Yaster
Founder of the SPA



History of the SPA 3



- The SPA continues to grow and as of March 2023 currently represents over 4,000 pediatric anesthesiologists & trainees
- The SPA now holds 2 meetings annually
- The most recent meeting had over 1,275 attendees, 80% of them attending in person, the remainder attending virtually





SPA Mission Statement

The Society for Pediatric Anesthesia advances the safety and quality of anesthesia care, perioperative care, and pain management in children by educating clinicians, supporting research, and fostering collaboration among clinicians, patient families, and professional organizations worldwide.

SPA Organizational Structure

- Executive Committee
 - President, Vice-President, Secretary-Treasurer, Past President
 - Each serves two year terms
 - This provides for an 8-year path of leadership continuity
 - Executive Committee members are elected by the SPA membership
- Board of Directors
 - Eight Directors elected by the SPA membership for 2-year terms

SPA Component Societies

SPA Committees


- Education Committee
- Quality & Safety Committee
- Research Committee
- SPA Global
- SPA Committee on Diversity, Equity and Inclusion (DEI)
- Well Being Committee

SPA Special Interest Groups

- Disaster Preparedness
- Mitochondrial Diseases
- Simulation
- Integrative Medicine
- PeDiR-Airway
- Pediatric Neuroanesthesia
- Trainee SIG
- Children with Special Needs SIG
- Liver & Intestinal Transplantation
- Biomedical Informatics
- Blood Management
- Fetal Anesthesia
- Pediatric Ambulatory Anesthesia
- Pediatric Craniofacial
- Pediatric Critical Care
- Sustainability
- Pediatric ERAS
- Ultrasound for Regional & POCUS

Jim Fehr: Why the Society for Pediatric Anesthesia is Special and Needed

Dr. Myron Yaster, SPA Founder

- Trained at CHOP under Dr. Jack Downes
- Came to Hopkins under Dr. Mark Rogers
- 1987 Created the Society for Pediatric Anesthesia
- 2014 Received the SPA's Lifetime Achievement Award, subsequently known as the Yaster Award




"Myron Yaster" Lifetime Achievement Award

- 2015: Bill Greeley, MD, MBA, CHOP
- 2016: Anne Lynn, MD, U Washington
- 2017: Aubrey Maze MD, Valley Anesthesia, Phoenix
- 2018: Chuck Berde, MD, PhD, Children's Boston
- 2019: George Gregory, MD, UCSF
- 2021: Eugenie S. Heitmiller, MD, FAAP, Hopkins/DC Children's
- 2022: Adrian T. Bosenberg, MB, ChB, FFA, U Washington



Objectives

- Describe the development of the Society for Pediatric Anesthesia (SPA)
- Discuss how the Society for Pediatric Anesthesia is contributing to improving the perioperative care of children
- Access and use the PediCrisis app developed by the SPA



SPA Component Societies








SPA Component Societies



- CCAS: Congenital Cardiac Anesthesia Society
- SPPM: Society for Pediatric Pain Medicine
- PALC: Pediatric Anesthesia Leadership Council
- PAPDA: Pediatric Anesthesiology Program Directors' Association







SPA WELI




- Founded by Dr. Jennifer Lee in June 2018, Women's Empowerment Leadership Initiative (WELI) supports the development of female leaders in pediatric anesthesiology
- The mission of WELI is to empower highly productive women pediatric anesthesiologists to achieve equity, promotion, and leadership.
- Mentor-mentee pairings, workshops, and coaching sessions are provided throughout the year



SPA DEI Committee



- The SPA Committee on Diversity, Equity and Inclusion (DEI) was founded in Spring 2018 and advocates for members of the SPA who have traditionally been underrepresented
- The SPA DEI Committee also speaks for marginalized patients and families whose care may be below standard and seeks to assure that all patients get the best of care regardless of their background



SPA Investment in Research



- SPA Research, Education & Safety Fund (RE&SF) was established in 2014
- The SPA RE&SF provides \$100,000 annually for research grants to one or two young investigators
- The SPA RE&SF also supports SPA's global outreach



Jim Fehr: Why the Society for Pediatric Anesthesia is Special and Needed

PediCrisis App 2.0

- The SPA Critical Events checklists were adapted as a free smartphone app in 2013
- PediCrisis 1.0 featured 18 scenarios
- PediCrisis 2.0, the most recent version, features all 26 scenarios




Scalder Children's Health | Lucile Packard Children's Hospital Stanford

PediCrisis App 2.0

- Smartphone versions are available in English & Spanish
- PediCrisis has been downloaded over 25,000 times from 132 countries




Scalder Children's Health | Lucile Packard Children's Hospital Stanford

PediCrisis App 2.0

- Download for free from Apple iOS and Android Store
- No internet connection needed after initial download



Scalder Children's Health | Lucile Packard Children's Hospital Stanford

PediCrisis App 2.0



Scalder Children's Health | Lucile Packard Children's Hospital Stanford

PediCrisis App 2.0

Navigate directly to:

- Event List
- Phone number
- Weight entry



Scalder Children's Health | Lucile Packard Children's Hospital Stanford

Objectives

At the end of this lecture the learner will be able to:

- ✓ Describe the development of the Society for Pediatric Anesthesia (SPA)
- ✓ Discuss how the Society for Pediatric Anesthesia is contributing to improving the perioperative care of children
- ✓ Access and use the PediCrisis app developed by the SPA

Scalder Children's Health | Lucile Packard Children's Hospital Stanford

The Future of Pediatric Anesthesiology around the World; We are Better Together

Randall Flick

Mayo Clinic Children's Center, USA



"The best interest of the patient is the only interest to be considered, and in order that the sick may have the benefit of advancing knowledge, a union of forces is necessary."

Mayo Clinic Primary Value... "The needs of the patient come first"

THE FUTURE OF PEDIATRIC ANESTHESIA ALSO DEPENDS ON A UNION OF FORCES.

THOSE FORCES ARE EACH OF YOU, AND ALL THOSE LIKE YOU, AROUND THE WORLD

WE MUST COME TOGETHER IN A UNION OF FORCES TO ADVANCE THE CARE OF CHILDREN


We!

INTERNATIONAL ASSEMBLY 2012

PEDIATRIC ANESTHESIA

October 10 - 12, 2012
Marriott Wardman Park Hotel • Washington, DC

Society for Pediatric Anesthesia



education • research • patient safety

Washington, DC
October, 2012

WWW.INTERNATIONALASSEMBLY2012.ORG

707 Attendees from...
57 Countries
12 Societies
Faculty from more than 30 countries
Dedicated issue of Pediatric Anesthesia



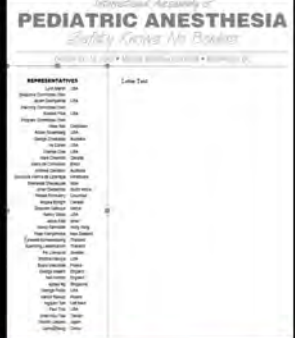

Participating Organizations

- Asian Society of Paediatric Anaesthesiologists (ASPA)
- Association of Paediatric Anaesthetists of Great Britain and Ireland (APAGI)
- Canadian Pediatric Anesthesia Society (CPAS)
- Chinese Society of Anesthesiology (CSA)
- Confederation of Latin American Societies of Anaesthesiologists (CLASA)
- European Society for Paediatric Anaesthesiology (ESPA)
- Indian Association of Paediatric Anaesthesiologists (IAPA)
- Israel Society of Anaesthesiologists (ISA)
- Japanese Society of Pediatric Anesthesiology (JSPA)
- Society for Pediatric Anesthesia (SPA)
- Society for Paediatric Anaesthesia in New Zealand and Australia (SPANZA)
- World Federation of Societies of Anaesthesiologists (WFSA)

PLANNING COMMITTEE


30 individuals
26 Countries

Lots of Work!!



INTERNATIONAL SCHOLAR PROGRAM

33 number of scholars from more than 30 countries supported for travel, expenses and hosted at Children's Hospitals around the U.S. . . . the program continues and has been adopted by the ASA.



DISTINGUISHED INTERNATIONAL SCHOLAR PROGRAM

Attend SPA Board meeting
Lecture at SPA
Expenses covered



- Zipporah Gathuya, Kenya
- Waid Habre, Switzerland
- Jeongrim Lee, S. Korea
- Rodrigo Lopez Barreda, Chile
- Clover Ann Lee, S. Africa
- Britta Von Ungern-Sternberg, Australia

Randall Flick: The Future of Pediatric Anesthesiology around the World; We are Better Together

PAIF
PEDIATRIC ANESTHESIA INTERNATIONAL FORUM

Paediatric Anaesthesia International
 Nigel Turner, Andrew Davidson and
 October 18, 2013

Situation
 The specialty of paediatric anaesthesia is becoming increasingly industrialized and the developing world is forming in Africa, Southeast Asia, China and elsewhere. This is a time of rapid growth and increasing membership in new societies and increasing membership in existing societies. The specialty of paediatric anaesthesia is becoming increasingly industrialized and the developing world is forming in Africa, Southeast Asia, China and elsewhere. This is a time of rapid growth and increasing membership in new societies and increasing membership in existing societies.

Recommendations
 Considering the above we recommend that Paediatric Anaesthesia International Forum (PAIF) take the form of an informal common interest group with the following structure:
 1. The PAIF shall consist of representatives of the national organizations for pediatric anesthesiology from each country to be represented. If a particular country does not have a national organization for pediatric anesthesiology, representation for the PAIF will be from the largest and most broadly representative society as determined by the PAIF leadership.
 2. Every national organization represented in the preceding paragraph shall be entitled to appoint one representative to the PAIF and shall submit the Executive Board thereof in writing to the PAIF leadership.
 3. From among the members of PAIF shall be selected officers including a president, president elect and an immediate past president who shall serve as the executive body along with the past president. The terms of the officers shall be one year.
 4. Officers shall serve 2 year terms that may be renewed a maximum of 2 years by the rotating society, except all officers in the PAIF shall terminate and stand for re-election for their second year of office.
 5. The president shall act as the chairman of the meetings of the PAIF. If the president is lacking, the vice president shall act as chairman. In the absence of both the president and the vice president a person shall be designated as the chairman from among the officers of the PAIF shall act as chairman.
 6. It shall be the duty of the PAIF to collect and discuss suggestions that are made by the national organizations. The findings of the PAIF shall be submitted for discussion to the meeting of the national member societies.
 7. The members of the PAIF shall receive no compensation for their work as such. They may be entitled to compensation of the societies in which they are practicing in the performance of their function of the PAIF.
 8. The PAIF shall meet once a year in conjunction with a meeting of one of the member societies. Each society associated with the meeting shall be the responsibility of the hosting society or member of the PAIF.
 9. Further provisions about the composition, the method of appointment and the functions of the members of the PAIF may be set down in the future by the Executive Board and the members of the PAIF.
 10. Each society wishing to be represented to the PAIF shall be responsible to pay dues as determined by the PAIF leadership. Dues may be waived for members without a supporting society and limited resources at the discretion of the executive committee.




PAIF

FIRST STEP TOWARD AN INTERNATIONAL SOCIETY

- Forum of leaders from societies around the world.
- One leader from each society participates.
- If no organized society – an individual from that country can be appointed by PAIF.
- PAIF membership will select leaders.
- Meeting will occur once per year in conjunction with a member society.
- Dues are paid by the member's society.



World Federation of Societies for Pediatric Anesthesia



INTERNATIONAL ASSEMBLY FOR PEDIATRIC ANESTHESIA

Spring 2027
 ?????




SPA-AAP PEDIATRIC ANESTHESIOLOGY 2024

A meeting co-sponsored by the Society for Pediatric Anesthesia and the American Academy of Pediatrics Section on Anesthesiology and Pain Medicine

April 12-14, 2024 | Anaheim Marriott | Anaheim, CA



2023 ANNUAL MEETING

October 13, 2023 | San Francisco, CA

pedsanesthesia.org





Asian Society of Paediatric Anaesthesiologists: Past, Present, and Future

Josephine Tan


KK Women's and Children's Hospital, Singapore



From the Beginning ...
1999 - 2020

Why do we need a paediatric anaesthesia society in Asia?




Jet Lag / language ?




Asian paediatric anaesthesia society can arrange for anaesthesia meetings in asia.

Better for learning if you are awake....



Paediatric Anaesthesiologists have to be recognized at home, by our surgical colleagues, hospital staff, and general public.






Children in the World by Country 2023

Country	2023 Population
India	1,428,827,683
China	1,425,671,352
United States	339,996,563
Indonesia	277,534,122
Pakistan	240,485,658
Nigeria	223,804,632
Brazil	216,422,446
Bangladesh	172,954,319
Russia	144,444,359

ASIA




Challenges in Asia



- Uneven distribution of medical resources
- In some countries or regions within countries, medically qualified anaesthetists may be a scarce resource.
- Physician and non-physician anaesthesia providers providing occasional anaesthesia to children



KK WOMEN'S AND CHILDREN'S HOSPITAL
 Department of Paediatric Anaesthesia
 Tel No 3941081/Fax No 2912661

8 February, 1999

Dr Masao Yamashita
 Anaesthetist-in-Chief
 Department of Anaesthesia
 Ibaraki Children's Hospital
 3-3-1, Futabadi, Mito-shi, Ibaraki, 311-4145
 Japan
 Fax 029 254 2382

Dear Dr Yamashita

Feb, 1999

Asian Society of Paediatric Anaesthesiology

Yours sincerely

 Dr Agnes Ng

Women's and Children's Hospital (Singapore), started in May 1997

"We were still encountering problems with getting paediatric anaesthesia accepted by both the hospital administration and my anaesthetic colleagues."

In September 1998, the department of Paediatric Anaesthesia gained its independence (Singapore).

"I wonder if we could pool together our resources and expertise we can promote (asian) countries where paediatric anaesthesiology is still struggling for acceptance."

ASPA Vision Statement

Asian Society of Paediatric Anaesthesiologists

ASPA
 Dedicated to fostering the highest standard of Paediatric Anaesthesia care in Asia.

ASPA 2023

About ASPA

INTRODUCTION

The Asian Society of Paediatric Anaesthesiologists (ASPA) was first mooted in 1999 amongst members of the Department of Paediatric Anaesthesia, KK Women's and Children's Hospital Singapore. Paediatric anaesthesia colleagues from various Asian countries were consulted. With much favourable responses, a Pro-Tem committee for ASPA was formed.

The intention of forming specifically "Asian" society was to highlight needs and issues that are peculiar to Asia. We also wanted to give our Asian colleagues a platform to share ideas, techniques and experiences. As a platform for interaction between Asian countries with different healthcare needs and capabilities, we hoped to be able to form a network in which trainees from less well endowed anaesthesia communities may benefit from training fellowships in others. We also deliberately kept and (still keep) registration fees for Scientific meetings below what many consider internationally accepted rates, so as to encourage more Asian participation.

ASPA 2023

Asian Society of Paediatric Anaesthesiologists

CONSTITUTION (in brief)

The Objects of the Society:

- To establish forum for exchange of views and for enhancing fellowship amongst its members
- To assist in the establishment of Paediatric Anaesthesiology in Asia
- To promote research and training in Paediatric Anaesthesiology
- To improve Paediatric Anaesthesia services in Asian countries
- To carry out all activities that would contribute to the promotion of Paediatric Anaesthesiology.

ASPA 1st working committee in year 2000

1st GENERAL ASSEMBLY, 17th OCTOBER 2000
 HOSPITAL, SJKH TIRAN KUALA, SINGAPORE 20000, REPUBLIC OF SINGAPORE

Agenda:

1. Constitution
2. Membership forms
3. Membership fees amount and location of bank account
4. Scientific meetings, internet and email money
5. Venue of the next two ASPA meetings
6. Logo
7. Election of Executive Committee
8. Any Other Matters

Ex. Intendence:
 F. S. Dawoodi / Brunei
 Chua / China

Election of Office Bearers

Post	Member/Country	Pro-tem/Country	Member/Country
President	Agnes Ng / Singapore	Shanida Gonyea / Philippines	Chia Ann / Hongkong
Closed	Toshiko Tani / Malaysia	Serena Lim / Singapore	
President Elect	Shanida Gonyea / Philippines	Isabel Reuter / Pakistan	Conjara Thamee / Philippines
Closed	Samer Giveth / India	A Ng / Singapore	
Hon. Sec	Ong Biow Chy / Singapore	Rebecca Jacob / India	SS Dhara / Singapore
Closed	Dawoodi / Brunei	Ge Lee Teo / Philippines	

Other Office Bearers

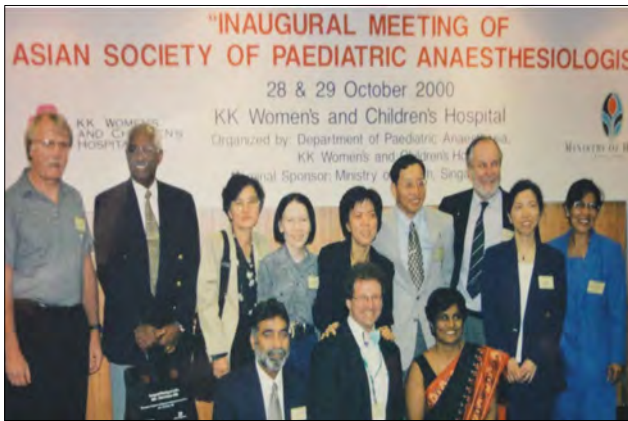
1. Honorary Secretary: Agnes Ng / Singapore
2. Treasurer: Chia Ann / Hongkong
3. Secretary: Toshiko Tani / Malaysia
4. Publicity: Serena Lim / Singapore
5. Education: Samer Giveth / India
6. Welfare: Isabel Reuter / Pakistan
7. Audit: Conjara Thamee / Philippines
8. Honorary Treasurer: A Ng / Singapore
9. Honorary Secretary: Dawoodi / Brunei
10. Honorary Secretary: Ge Lee Teo / Philippines

1st ASPA, Singapore, 2000

ORGANISING COMMITTEE

Chairman: Dr Tan Geok Mai
 Honorary Secretary: Dr Agnes Ng
 Scientific Commission: Dr Richard Perera, Dr Tan Geok Mai, Dr Lam Suan Ling, Dr Pua Howe Leng, Dr Shuan Tan, Dr Choo Shu May, Dr Serena Lim, Dr Josephine Tan, Dr Michelle Tay

Trade: Dr Pua Howe Leng
 Facilities: Dr Shuan Tan
 Social: Dr Josephine Tan, Dr Michelle Tay



**MEETING:
The first**
TO DEVELOP this specialised field further, the **Asian Society of Paediatric Anaesthesiologists** was set up here in August last year. The society will hold its first meeting this weekend, bringing together speakers from across Asia as well as from Britain, Canada and South Africa.

October 27, 2000
Singapore
The Straits Times

Bubbles to distract young surgery patients
It is not easy putting children under anaesthesia and experts in Asia have formed a society to provide training



The 2nd ASPA , Cebu, 2001
2nd Meeting of the
ASIAN SOCIETY OF PAEDIATRIC ANAESTHESIA
12-13 November 2001
Shangri-La's Mactan Island Resort
Cebu, Philippines
"Sowing the Seeds"
(A satellite Meeting of the 12th ASEAN Congress of Anaesthesiologists)

Greetings to colleagues and friends who come to "sow the seeds" of the youngest association of anaesthesiologists. It is appropriate that we, who care for the youngest member of the human population, gather to share, communicate, cultivate and expand our frontiers. We are in a unique position. Asia's young population is large and growing rapidly. We also lie at the crossroads of dizzying change born of technology. The ASPA in the Philippines Committee has prepared a program that aspires to bring out the best in the discipline.

Come to experience and participate at the 2nd meeting of the Asian Society of Paediatric Anaesthesia.

Iluminada T. Camagay
Dr. Iluminada T. Camagay
President
ASPA in the Philippines



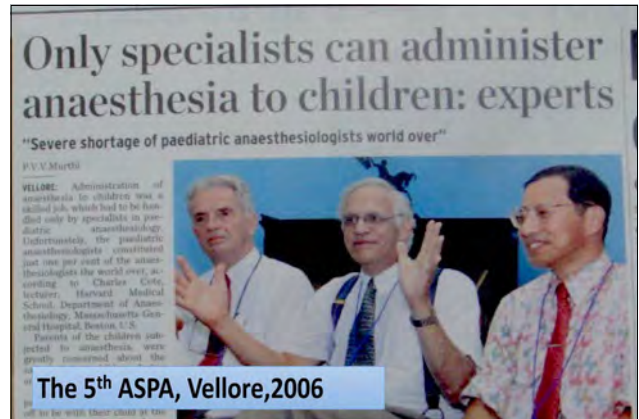
ASPAs 2003, New Delhi, India
Sharing culture and friendship after lectures

T.C.K. Brown

International Conference on Paediatric Anaesthesia
Joint Meeting of Asian Society of Paediatric Anaesthesiologists and Society of Anaesthesiologists, 2003, AIIMS, New Delhi



Josephine Tan: Asian Society of Paediatric Anaesthesiologists: Past, Present, and Future







ASPA 2023

ASPA - the journey continues

Was ASPA doing enough?
Sail beyondTo do more than annual conferences?

How about outreach programs?

Q raised during a joint PSPA-PSPS Cebu 2012, Feb

ASPA 2023

ASPA – Brainstorming in Singapore Aug, 2012

ASPA is small in size...
But BIG in commitment

ASPA 2023

“Safe PAN workshop”

FOCUS on Basic & Safe Paediatric Anaesthesia Practice

Maldives 2014

Mauritius 2015

ASPA 2023

“Safe PAN workshops”

Siem Reap, Cambodia 2015

Luang Prabang, Laos 2016

ASPA 2023

Should APSA have their own equivalent of advanced paediatric resuscitation courses?

ASPA Istanbul, Turkey 2014

ASPA 2023

NEW ASPA workshop... “Paediatric Perioperative Life Support” (PPLS)

2014 Singapore
2015 Penang, Malaysia (fine-tune)

ASPA 2023

Train the Trainers (small group teaching)

- To get faculty on the “same page”
Consistency & Quality
- In country trainers use language better understood by native learners

ASPA 2023 19th ASPA conference & 31st ASPA annual meeting

대한소아마취학회

"Train the Trainers/TTT sessions"

ASPA 2023 19th ASPA conference & 31st ASPA annual meeting

대한소아마취학회

Malaysian Society of Paediatric Anaesthesiologist PPLS – TTT course Jan 2018

ASPA 2023 19th ASPA conference & 31st ASPA annual meeting

대한소아마취학회

Philippine Society of Pediatric Anesthesia PPLS and TTT, Feb 2018

ASPA 2023 19th ASPA conference & 31st ASPA annual meeting

대한소아마취학회

ASPA Collaborations

International, National and Local societies & Healthcare organisations

ASPA 2023 19th ASPA conference & 31st ASPA annual meeting

대한소아마취학회

ASPA NOW... TODAY in 2023

WorldAtlas.com

ASPA 2023
Equality and Quality in Paediatric Anaesthesia

19th Conference of the Asian Society of Paediatric Anaesthesiologists
31st Annual Meeting of the Korean Society of Paediatric Anaesthesiologists

16 (Fri) - 18 (Sun) June, 2023
SC Convention Center, Seoul, Korea

ASPA 2023 19th ASPA conference & 31st ASPA annual meeting

대한소아마취학회

MEMBERSHIP

• 596

Bhutan
Japan
Turkey
Maldives
Kenya
Bangladesh
USA
Uzbekistan
Myanmar
Sri Lanka
Mongolia
Kosovo
Nepal
UAE
Mauritius

Singapore
Philippines
China
Pakistan
Thailand
cambodia
India
Hong Kong
Indonesia
Malaysia
Korea
Vietnam
Canada

ASPA 2023 19th ASPA conference & 31st ASPA annual meeting

대한소아마취학회

ASPA e-Education

Our Pursuit: To disseminate education for a holistic paediatric anaesthesia care.

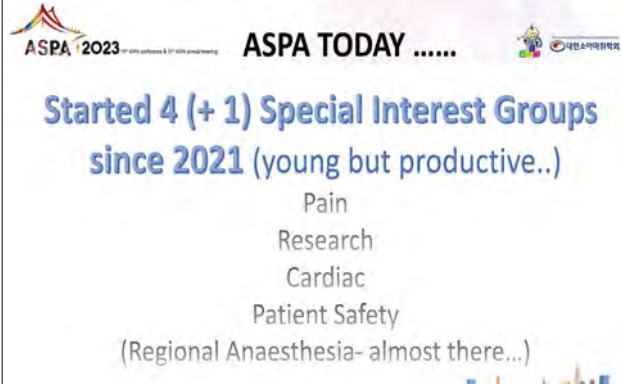
Now into 3rd season of webinars.....all available at ASPA website aspa-2000.com



ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

Despite Covid restrictions...
Still continuing with existing programmes --> PPLS

e-PPLS Philippines



ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

ASPA TODAY

Started 4 (+ 1) Special Interest Groups since 2021 (young but productive..)

- Pain
- Research
- Cardiac
- Patient Safety

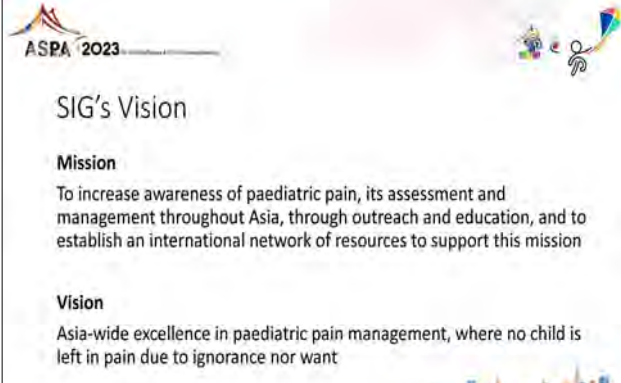
(Regional Anaesthesia- almost there...)



ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

ASPA Paediatric Pain Special Interest Group

Honorary Advisor : Prof Allen Finley
President : Angela Yeo
President-Elect : Kathrina Epino
Secretary : Teddy Fabila
Treasurer : Jang Young-Eun
Education : Andi Ade Ramlan
Research : Ritu Pradhan
Membership : Janice Ng
Special Projects : Elvan Ocmen



ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

SIG's Vision

Mission

To increase awareness of paediatric pain, its assessment and management throughout Asia, through outreach and education, and to establish an international network of resources to support this mission

Vision

Asia-wide excellence in paediatric pain management, where no child is left in pain due to ignorance nor want



ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

2022-23 SIG activities and outcomes

1. Set up our website
2. Created a PPSIG logo
3. Conducted a Childkind in Asia webinar talk during ASPA 2022
4. Created a pain assessment resource for members to share during Pain Awareness Month
5. Started a quarterly webinar series (see next slide)



ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

2022-23 SIG activities and outcomes

Save the date!

8th July 2023 5pm SGT

- Detecting neuropathic pain in children
- Managing neuropathic pain in children

14 Oct 2023 5pm SGT

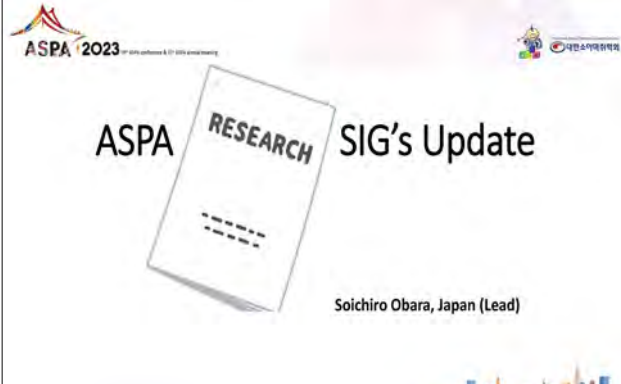
- Oncological pain
- Palliative pain
- Interventional Procedures in Chronic Cancer Pain



ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

Plans moving forward

- **Education**
 - Continued Quarterly webinars
 - Essential Pain Management - Paeds Train the Trainer sessions (in conjunction with Pain in Childhood SIG of IASP)
 - Paediatric Pain Masterclass
- **Research & Networking**
 - Survey on paediatric pain education / resource needs
- **Membership & Welfare**
 - Facebook page for education & training & networking events



ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

ASPA RESEARCH SIG's Update

Soichiro Obara, Japan (Lead)

Asian PEdiatric Anesthesia Research (A-PEAR) team 2023

(contributing to our research project)

Shemia Abbasi (Pakistan)	Josephine Tan (Singapore)	Choon Looi Bong (Singapore)	Soichiro Obara (Lead) (Japan)	Norifumi Kuratani (Japan)	Pheakdey Nhoung (Cambodia)
Elsa Varghese (India)	Ekta Rai (India)	Z Serpil Ustalar Ozgen (Turkey)	Andi Ade W Ramlian (Indonesia)	Hyo-Jin Byon (South Korea)	Evangelina Villa (Philippines)
Mahin Seyedhejazi (Iran)	Ina Ismianti Shariffuddin (Malaysia)	Teresita A Batanes (Philippines)			

ASPA 2023 Research SIG's Vision

- To work on determination of the important research questions in our field of pediatric anesthesia, to hopefully trigger research endeavors in this area
- To foster the generation and propagation of research ideas in pediatric anesthesia beyond borders throughout Asia

ASPA 2023 PEACH in Asia study project

2022-23 research SIG activities and outcomes

- Current focus** -> launch ASPA's inaugural ASIAN collaborative research project prospective cohort research on peri-anesthetic morbidity in children in Asia, "Peach in Asia study project"

ASPA 2023 Moving forward plans

- Future Collaborations with research committees of other anesthesia societies
 - To participate in the CRICKET (CRITiCal events in anaesthetised Kids undergoing Elective or emergency Tracheal intubation) project
- Launching novel research projects beyond borders (e.g. web-based surveys...)
- Holding a webinar regarding basics of research methods and biostatistics

Asian Society of Paediatric Anaesthesiologist Cardiac Special Interest Group

Paediatric cardiac anaesthesiologists are a small group.

Collective knowledge and group wisdom is the way forward

The Vision:
A platform to share insights and expertise with the vision of improving standards of paediatric cardiac care in the region.

ASPA 2023 Cardiac SIG members

Cindy Boom Yunita Widya	Evangelina Villa Gina Gumintad	Dilek Altun
Kamlesh Tailor Raj Sahajanandan Shreedhar S Joshi Unnikrishnan KP Varsha A V	Angela Tan Josephine Tan Satish Reddy Swapna Thampil Tracy Tan	Hang Nguyen Thao Giang Nghi Huynh Bao Phan
Kelvin Ng	Maliwan Dofuwong Suneerat Kongsaeyeepong Wanutchaporn Sujarittham	Kevin Umari

ASPA Cardiac SIG Forum 11th March 2023 (Saturday)

Children with Congenital Heart Disease for Non-Cardiac Surgery

Speakers:

- Assoc. Prof. Malawan Dofuwong, MD, PhD (Children with Congenital Heart Disease for Non-Cardiac Surgery) - What do we need to know?
- Narasinga Lakshminarayana MD (Cardiac Anesthesia and Non-Cardiac Surgery)
- Kirk Pollock, MD (Cardiac Anesthesia and Non-Cardiac Surgery)
- Prof. Subhasri Anandaraman, MD (Non-Cardiac Surgery after Cancer)

Moderators:

- Dr. Angila Tan
- Assoc. Prof. Prichai Moolasartwan, MD

Inaugural Cardiac SIG webinar – led by team from Thailand

ASPA 2023 SIG activities

ASPA Cardiac SIG Forum 11th March 2023 (Saturday)

Children with Congenital Heart Disease for Non-Cardiac Surgery

Speakers:

- Assoc. Prof. Malawan Dofuwong, MD, PhD
- Narasinga Lakshminarayana MD
- Kirk Pollock, MD
- Prof. Subhasri Anandaraman, MD

Moderators:

- Dr. Angila Tan
- Assoc. Prof. Prichai Moolasartwan, MD

ASPA Cardiac SIG Forum 29th April 2023 (Saturday)

Children with Congenital Heart Disease for Non-Cardiac Surgery (Part 2)

Speakers:

- Assoc. Prof. Malawan Dofuwong, MD, PhD
- Narasinga Lakshminarayana MD
- Kirk Pollock, MD
- Prof. Subhasri Anandaraman, MD

Upcoming Talks
2-part talk on Issues in ICU after Cardiac Surgery
12th August 2023
9th September 2023



Patient Safety


Special Interest Group





Members


- Canan Bor (Turkey)
- Angelina Gapay (Philippines)
- Rebecca Jacob (India)
- Arif HM Marsaban (Indonesia)
- Slow Yew Nam (Singapore)
- **Erlinda Oracion (Philippines) - Lead**
- Sana Urooj Shaheer (Pakistan)
- Shu Ching Teo (Malaysia)
- Josephine Tan (Singapore)

Patient Safety Module


Learning Relevance:

1. Participants recognize the importance of patient safety and the need to improve it in today's complex healthcare system.
2. The participants also know their role and individual responsibility for their patient's safety.
3. They understand that identifying the causes of critical incidents is the basis for developing proactive measures to improve patient safety.






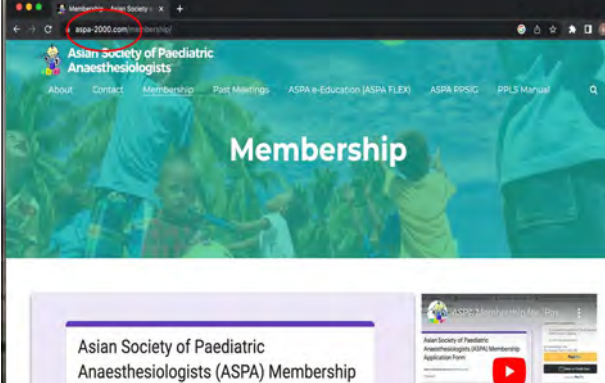

ASPA FUTURE

- ? Clinical Fellowship
- ? Mentorship programme
- Collaborations & Partnerships


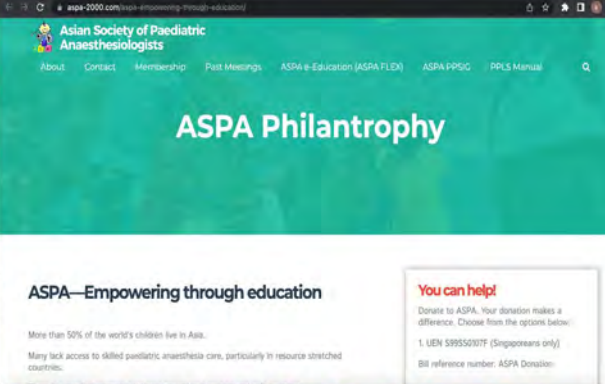
To continue ASPA journey -

Younger members to step forward!

Membership

Asian Society of Paediatric Anaesthesiologists (ASPA) Membership Application Form

ASPA Philanthropy


ASPA—Empowering through education

You can help!

Donate to ASPA. Your donation makes a difference. Choose from the options below:

1. UEN S9552017F (Singaporeans only)

Bill reference number: ASPA Donation





The Paediatric Anaesthesia Community:

It's a small and wonderful world!





Children in Asia receive safe anaesthesia care at any time, any place ...



ESPA: How to Collaborate Internationally and Intercontinentally

Jurgen C. de Graaff

Erasmus Medical Center, Netherlands

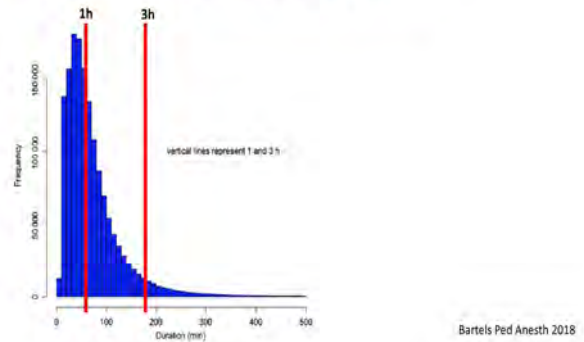
Anesthesia in children is common!

- One in 7 children were exposed to general anesthesia before age 3 yrs.
= 4 children per class/24 children



WJ et al. Ped Anesth. 2012; 13:3-11

Most anesthetics in children are short



What do we measure Neonates ≠ Infants ≠ Children ≠ Adolescents

- Mortality
- Morbidity
 - less clearly defined compared to mortality

Overall perioperative
Morbidity:

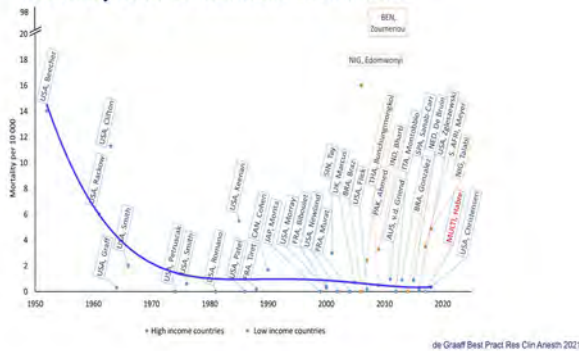
	Adults	Pediatrics
Mortality	1-4%	?
Myocardial infarction	1-3%	?
Stroke	0.1-0.7%	?
ARDS	0.2%	?
Acute kidney injury	1%	?

EuSOS-cohort, Paediatr Limbort. 2012; Sep 22; 18(9):947-1058-1065.

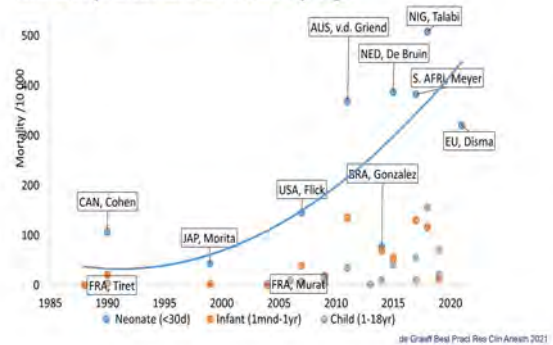
Pediatric perioperative outcomes are different... Neonates ≠ Infants ≠ Children ≠ Adolescents

- | | |
|--|---|
| Adults <ul style="list-style-type: none"> • Mortality • Myocardial infarction • Kidney failure • Perioperative stroke • Thromboembolism • Postoperative cognitive decline • Return to work | Children <ul style="list-style-type: none"> • Rare • Rare • Rare • Rare • Rare • Postoperative behavior change • Emergence delirium • Parent proxy outcome measures • Developmental/age-specific measures |
|--|---|

Mortality after anesthesia in children?

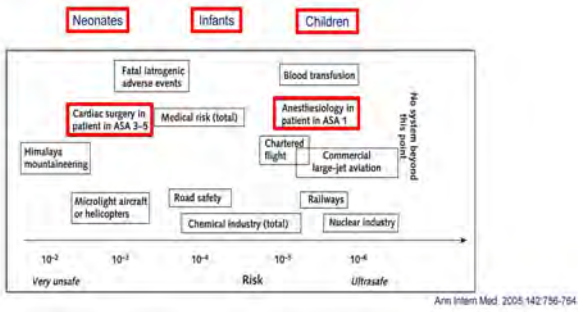


Mortality after anesthesia by age



Five System Barriers to Achieving Ultrasafe Health Care

René Amalberti, MD, PhD; Yves Auroy, MD; Don Berwick, MD, MPP; and Paul Barach, MD, MPH

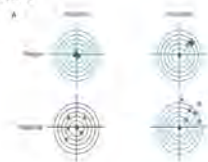


Study design

- Define aim study!
- Define primary outcome!
- Frequency outcome?
- Sample
 - Age
 - Location
- Sample size
- Tool outcome measure

How do we measure outcome?

- Definition of outcome?
- Clinical relevance
- Defined minimal clinically important difference
- Metric properties
 - Validity
 - Reliability
 - Utility
 - Responsiveness



Number of pain scales for neonates and infants



Neonatal pain scales

Category	Score	0	1	2
Face	No periorbital expression or smile demonstrated	Disproportional grimace or frown, withdrawal	Required to constant frown, clenched jaw, squinting eyes	
Legs	See position or relaxation	Limbs extended, tense	Clonus, or high drawn up	
Activity	Limbs active, normal position, relaxed easily	Squirming, writhing, back and forth, jerky	Arched, rigid, or springing	
Cry	No crying (cavels on demand)	Moores or whimpers, occasional sobs	Crying, usually, sometimes in fits, frequent sobs	
Consolability	Content, relaxed	Reassured by conventional soothing, hugging, or talking to	Difficult to soothe or distract	

Selection of pain instruments for (premature) neonates

Pain assessment instruments neonates	First author, year of first publication	Type of pain procedure I: procedural II: postoperative III: prolonged	Facial Expression	Body movement	Posture/ tone	Cry/ vocal	Behavioural state sleep pattern	Physiology	Consolability
NIPS	Lawrence et al. 1993	I	✓	✓	✓	✓	✓	✓	✓
BPS	Poessa et al. 1995	I	✓	✓	✓	✓	✓	✓	✓
CRIES	Krochti et al. 1995	II	✓	✓	✓	✓	✓	✓	✓
PPP	Stevens et al. 1996	I / II	✓	✓	✓	✓	✓	✓	✓
DAN	Carbajal et al. 1997	I	✓	✓	✓	✓	✓	✓	✓
COMFORT-B	Van Dijk et al. 2000	II, sedation	✓	✓	✓	✓	✓	✓	✓
CHPPS	Butner et al. 2000	II	✓	✓	✓	✓	✓	✓	✓
EDN	Butner et al. 2001	II	✓	✓	✓	✓	✓	✓	✓
BPNS	Cignacco et al. 2004	I	✓	✓	✓	✓	✓	✓	✓
BIP	Horeti et al. 2007	I	✓	✓	✓	✓	✓	✓	✓
N-PASS	Hummel et al. 2008	II/III, sedation	✓	✓	✓	✓	✓	✓	✓
COMFORTneo	Van Dijk et al. 2009	II, III	✓	✓	✓	✓	✓	✓	✓
			100%	83%	67%	75%	42%	25%	

Problems

- Large variability
- Large variation
- Difficult Meta-analysis
 - Variability undermines systematic reviews & meta-analyses
- Difficult combined outcome measures
- Selective outcome reporting
 - Report only outcomes of statistical or 'clinical' significance.

Advantages of core outcome sets

- Increases consistency across trials
- Maximise potential for trial to contribute to systematic reviews of these key outcomes
- Much more likely to measure appropriate outcomes
- Major reduction in selective reporting


Core outcome set:

An agreed standardized set of outcomes that should be measured and reported, as a minimum, in all clinical trials in specific areas of health or health care



Core Outcome Measures in Effectiveness Trials

www.comet-initiative.org
Twitter: @COMETinitiative



Standardizing end points in perioperative trials: towards a core and extended outcome set

P. S. Mylrea^{1*}, M. P. W. Goocott^{1,2,3,4}, O. Bonny^{5,6} and S. R. Moonasinghe^{1,2*}, on behalf of the COMPAC-SEEP Group

British Journal of Anaesthesia 116 (5): 585-9 (2016)

Pediatric Perioperative Outcomes Group (PPOG)



EDITORIAL WILEY

Pediatric perioperative outcomes group: Defining core outcomes for pediatric anesthesia and perioperative medicine

Goal Representation:

- Europe
- United Kingdom
- China
- South Africa
- Australia
- New Zealand
- United States
- India
- Colombia
- Canada

Paul A. Stricker¹ | Jurgen C. de Graaff² | Laszlo Vutskits³ | Wallis T. Muhly¹ | Ting Xu⁴ | Alexandra M. Torborg⁵ | Yifei Jiang⁶ | Suellen M. Walker⁷

EDITORIAL WILEY

Pediatric perioperative outcomes group: Defining core outcomes for pediatric anesthesia and perioperative medicine

In 2015, the joint National Institute of Anaesthesia (Anaesthesia Research Priority Setting Partnership) published a list of 20 research priorities for paediatric and perioperative care in the UK.¹ These priorities were developed through a systematic process that engaged clinicians, patients, and the public with the intent of identifying research questions locally relevant to general anaesthesia. A subsequent effort to this journal highlighted a priority applicable to the care of children.²

One of the questions relevant to both adults and children was "What outcomes should we use to measure the benefit of anaesthesia and perioperative care?" However, this research priority presents many more questions: What outcomes matter most to our patients and their families? What outcomes are most important to clinicians? What are the fundamental outcomes for clinical research? Are these outcomes aligned? Do we and can we routinely measure these outcomes, either in clinical practice or in clinical trials?

Core outcome sets have been developed to address these questions across a wide range of medical specialties. Successful clinical intervention outcomes are defined and we are of increasing value to the care and health of patients in clinical trials. In 2016, the Core Outcome Measures in Effectiveness Trials (COMET) initiative

and later "outcome" is used, variability in how the outcome is defined can make comparison of different trial results difficult. The use of standardized outcomes would greatly reduce the risk of individual study results by making them to be consistently compared over time, across studies. The ability to combine results of multiple trials also has implications on ethical justification of clinical research by lowering the threshold and generalizability of data derived from funded clinical practice in research and minimizing unnecessary duplication.

Using COMET methodology, a core outcome set for adult perioperative medicine is being developed by a group of perioperative medicine clinicians and researchers. This initiative is described in a general editorial elsewhere,^{3,4} but in essence there are 3 parallel projects: COMET-PAC (Core Outcome Measures for Perioperative and Anaesthetic Care) is a collaborative effort that seeks input from patients, care providers, and physicians to determine what outcome domains should be included in a perioperative care outcome set. The parallel SEEP (Standardizing Endpoints in Perioperative medicine) project is an open-source Delphi consensus process effort to define how the identified items within these domains should be measured.⁵

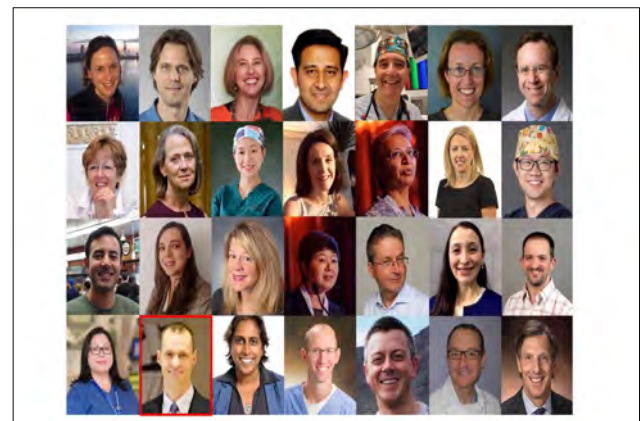
Both COMET-PAC and SEEP focus on international care of adult living major surgery and as such none of the outcomes are seen

SPECIAL INTEREST ARTICLE WILEY

Pediatric Anesthesia 2020;30:1166-1182.

A systematic review of outcomes reported in pediatric perioperative research: A report from the Pediatric Perioperative Outcomes Group

Wallis T. Muhly¹ | Elsa Taylor² | Cyrus Razavi^{3,4} | Suellen M. Walker^{5,6} | Lei Yang⁷ | Jurgen C. de Graaff⁸ | Laszlo Vutskits⁹ | Andrew Davidson^{10,11,12} | Yunxia Zuo¹ | Carolina Pérez-Pradilla¹³ | Piedad Echeverry¹³ | Alexandra M. Torborg¹⁴ | Ting Xu¹⁵ | Ellen Rawlinson⁶ | Rajeev Subramanyam¹⁶ | Simon Whyte¹⁷ | Robert Seal¹⁷ | Heidi M. Meyer¹⁸ | Sandhya Yaddanapudi¹⁹ | Susan M. Goobie²⁰ | Joseph P. Cravero²⁰ | Aiden Keaney²¹ | M. Ruth Graham²² | Tania Ramos²² | Paul A. Stricker¹ | on behalf of The Pediatric Perioperative Outcomes Group



How to collaborate?

- Clear Aim
- Accurate & precise international primary outcome
- Accurate sample size
- Define cohort
- Sample size
- Start simple, not too much!
- Work together and enjoy
- Have fun!



JOIN THE CRICKET
CRITICAL EVENTS IN ANAESTHESIA RESEARCH FOR CHILDREN TRACHEAL INTUBATION
PROSPECTIVE, MULTI-CENTRE OBSERVATIONAL STUDY

WHAT IS THE CRICKET STUDY
 It is a prospective observational study looking at major complications occurring during tracheal intubation in children undergoing general anaesthesia.

WHICH PATIENTS SHOULD BE INCLUDED
 Children from 0 to 16 years requiring tracheal intubation for general anaesthesia performed by the anaesthesia team are eligible for the study. During the study period all children undergoing tracheal intubation should be included. Those experiencing a critical event will be followed up.

HOW MANY PATIENTS SHOULD BE ENROLLED
 Critical events are likely rare. For this reason we will need 100,000 (one-hundred-thousand) patients included. Then 500 centres are expected to participate in the CRICKET study.

WHICH CENTRES CAN TAKE PART TO THE CRICKET STUDY
 All centres doing paediatric anaesthesia are welcome to join. They can be in all five continents. CRICKET is going to be a true worldwide international study.

HOW CAN A CENTRE JOIN THE CRICKET STUDY

If you are interested in joining the study, scan the QR-code and fill in the online form.



espic.org/research/research-groups/cricket/



ESPA CONGRESS

PRA GUE

13th European Congress for Paediatric Anaesthesiology
 September 28–30, 2023
 Prague, Czech Republic
www.espacongress.com | www.euroespa.com





Session 2.


WFSA Panel Discussion: Universal Coverage of Safe Pediatric Anesthesia All Over Asia

**Chair(s): Erlinda Oracion (Philippines)
Il-Ok Lee (Korea)**

Universal Coverage of Safe Pediatric Anesthesia in Cambodia

Sokha Tep

National Pediatric Hospital, University of Health Sciences, Cambodia



Contents

- Geography
- Introduction
- Current State of Pediatric Anesthesia in Cambodia
- Success Stories and Best Practices in Cambodia
- Barriers to Universal Coverage of Safe Pediatric Anesthesia in Asia
- Conclusion and Call to Action




Overview of Cambodia



- Capital: Phnom Penh
- Currency: Cambodian riel
- King: Norodom Sihamoni
- Prime Minister: Samdach HUN SEN




www.cambodia.org




Geography



- Location: Southeastern Asia
- Area: 181,035 sq km
- Climate: Tropical (Rainy, monsoon season)
- Population: 17,168,639 (July 2022 est.)
- Nationality: Cambodian
- Religions: Buddhist 97.6%
- Languages: Khmer (official)





History of National Pediatric Hospital

- 1974: World Vision International (WVI) build the Hospital, Completed in March 1975.
- 1975 – 1979: Khmer Rouge Regime, not operational due to KR invasion.
- 1980: WVI and Ministry of Health renovated and opened on Oct 15th
- Now: National Pediatric Hospital (NPH)


Cooperated by:

- KOICA: Pediatric Medical Center
- VITA AND FUTURA, CZECH REPUBLIC: GYNECOLOGY AND OBSTETRICS
- Foundation International Development and Relief/Japan (FIDR): PEDIATRIC SURGICAL PROJECT

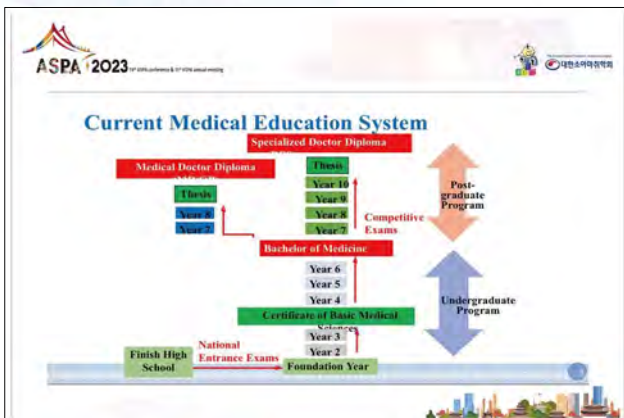




Medical Universities in Phnom Penh, Cambodia

- 1- University of Health Sciences (UHS), 1946
- 2- International University (IU), Since 2002
- 3- Health Science Institute of Royal Cambodian Arm Force (RCAF), Since 1979
- 4- University of Puthisastra (UP), Since 2007



Introduction

Brief introduction to the Current State of Pediatric Anesthesia in Cambodia:

- => Continuous medical education and development practice
- => Limited some essential equipment and medications
- => Substandard patient monitoring
- => Postoperative pain management can practice in few hospitals only.
- => The limited of subspecialized training in Cambodia

Current State of Pediatric Anesthesia in Cambodia(1)

- We have only 3 Pediatric hospitals that provide pediatric surgery services.
- Anesthesiologist provide pediatric anesthesia after short course training, or in hospital training only.
- We have limited some medication: neostigmine, naloxone, lipid emulsion(intralipid).
- Limit equipment using with small size in neonatal anesthesia.
- We still have nurse anesthetist providers in most hospital to care child under anesthesia.

Current State of Pediatric Anesthesia in Cambodia(2)

- We faced with old monitors because the new is expensive.
- We work with substandard equipment and try to provide the quality of child care services.
- We work and traine medical doctor to be pediatric anesthetist in operative theater then send to other training center oversea.
- With pediatric anesthesia, we don't have specific curriculum in training yet.

Success Stories and Best Practices in Cambodia

- => FIDR(Foundation International Delovement/Relief:Japan): Pediatric Anesthesia Course :2010-2015
- => In-hospital training then apply to traine in other country World Federation Society of Anesthesiologists as Bangkok Anesthesia Regional Training Center fellowship(1 year) to be anesthesiologist
- => Safe Pediatric anesthesia workshop training in Phnom Penh, Cambodia, 2022
- => Specialized 4 years training in University of Health Science after competitive exam from Medical Doctor/Bachelor of medicine.

Barriers to Universal Coverage of Safe Pediatric Anesthesia in Asia

- We have limited training of pediatric anesthesia in lower income countries(Cambodia, ...)
- Deficits in anesthesia infra structure, equipment and drugs.
- Asian countries doesn't have standard protocol practice.

To be better in future:

- We would like to request ASPA countries and members to support and anesthesia training in Asia regularly.
- Request Asian medical companies to supply low price.
- Asian countries should have standard protocols in pediatric practice and do training to all Asian anethetists regularly.

Conclusion and Call to Action

Safe pediatric anesthesia providing is a bit far from expectation, so each hospital have to guide:

- => Minimal standard monitor for pediatric anesthesia in Cambodia: ECG, HR, pulse oxymeter, blood pressure, Temperature
- => Minimized using equipment, drugs and reversal agents.
- => to do bedside teaching and training regularly
- => to join pediatric course Oversea as possible as they can
- => Asian countries should have standard protocols in pediatric practice and do training to all asian anethetists in low income countries.





Current Status of Pediatric Anesthesia In Bangladesh Challenges and Opportunities for Improvement

Debabrata Banik

Department of Anesthesia, Analgesia and Intensive Care Medicine,
Bangabandhu Sheikh Mujib Medical University, Bangladesh



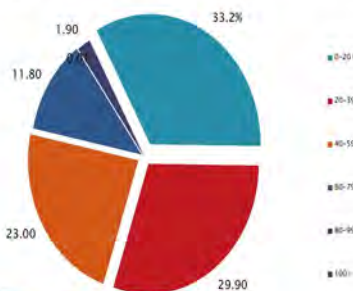
Health care facilities and indicator

- Bangladesh has a good healthcare network covering both rural and urban areas, (Health care facilities 3976 In public sector 975 in privates with 0.79 bed per 1000) and comparable to other Asian country with little difference in level of care - most difference in Skill due to lack of facility
- This country is hugely populated (1252 sq km with about 17 crore) which is 2.2 % whole world population

Demography of Pediatric population in Bangladesh

Birth rate:	17.71 / 1000 population
Death rate	5.54/1000
Infant mortality :	22.9- 24.73/1000 live
Mortality under 5 year	27.27- 38/1000 live
Neonatal mortality	16 -20/ 1000 live birth
Anesthesiology Man power	1.2 / 100000
Pediatric Anesthesiologist :	Not defined

Population distribution / 1/3 pediatric population



Hospital facility for Pediatric surgical patient
BSMMU : Different pediatric surgical subspecialty including pediatric cardiac surgery.

All government medical college (n-38) : Pediatric surgery
Bed 10 to 30 bed /500 to 1000 bed hospital.

Child and maternal hospital
(1) 30 bed Shishu hospital.
(2) 50 bed.
Pediatric cardiac surgery Limited Bed

All above have a separate pediatric surgical unit

Private Clinic or Hospital: No definite pediatric surgical ward.

NICU And PICU : PICU very limited compare to NICU

Every Anesthesiologist All over the world



Anesthesia

- Anesthesiology is one of the most demanding and essential specialty of modern medical science not only to provide anesthesia for surgical operation but also involve in the management of different medical condition.
- **Anesthesiology is the largest single hospital specialty.**
- **But is probably the least well understood in the developing countries like Bangladesh**



Work load of Anesthesiologists in Bangladesh

Anesthesia

- **Anesthesiologists treat patients of all ages with a variety of medical problems.**
- **Anesthesiologists provides anesthesia operate on wide range of cases, from heart and brain procedures to births and catastrophes.**

Anesthesia

- In reality- Anesthesia is a rewarding and challenging specialty and acute in nature.
- **It is truly one of the few specialties where decisions made in critical situations can mean the difference between "life and death."**
- **Among anesthesia specialty- pediatric anesthesia is more risky than other specialty**

DS (Child) H J 2018; 34(1): 3-4

LEADING ARTICLE

History of Pediatric Anesthesia in Bangladesh

Md. Shahidul Islam

Children are very special people who require special care in order to provide safe anesthesia. The history of pediatric anesthesia is the steps towards maintaining normal limits of neurologic, respiratory, cardiovascular and other body systems. The goal of the specialty of the pediatric anesthesiology is the reduction of perioperative morbidity and mortality and promotion of monitoring, resuscitation and supportive fields through teaching, research, organizational activity throughout the world.^{1,2} Before discussing the history of pediatric anesthesia in Bangladesh I want to discuss what was the global condition. Before introduction of ether in 1846, circumcision,

believed that the development of modern pediatric anesthesia started in 1930.³ The rapid growth of pediatric anesthesia was divided into two chronological categories. First were 1930 to 1950 and the second 1950 to present. During the first period the anesthesia techniques and equipment were developed. In the second phase with further techniques, equipment, refinement, modern anesthetics and vital system monitoring were introduced into everyday practice.⁴ Ether and chloroform could be given for orthopedic and limb surgery but problems were with cleft lip, palate, abdominal, ENT and chest surgery.¹⁰ Digital tracheal intubation with a soft rubber catheter was

The history of pediatric anesthesia

- The history of pediatric anesthesia in Bangladesh was miserable.
- In early 1970 's the only agent was ether and chloroform to anesthetize the pediatric patient.
- **Pediatric endotracheal tube, laryngoscope, pediatric circuit and IV cannula was available late 1980**
- Pediatric surgeon and pediatric anesthetists were not available before 1980
- **Mortality rate was very high due to aspiration and respiratory depression in 1970-1980**
- The condition was horrible for the anesthetists and surgeon.

The history of pediatric anesthesia in Bangladesh

- Individual pediatric surgery started after 1980
- **Before 1980 all pediatric surgery was done by general surgeon**
- **1980 to 2000 pediatric anesthesia started to provided by qualified senior anesthesiologist**

Debabrata Banik: Current Status of Pediatric Anesthesia In Bangladesh Challenges and Opportunities for Improvement

History of pediatric Anesthesia In Bangladesh

- But morbidity and mortality was high due to lack proper skill and institutional support.
- One study support only 13% qualified anesthesiologist provide safe pediatric anesthesia .
- Revolution for Specialty anesthesia started after 2000.
- When the patient safety is a pioneer and more medico legal issue came out — Improved Action plan start

Development of Specialty

- Safety Issue:** Today high profile advances in surgical practice mostly depends on efficient and effective methods of anesthesia and intensive care medicine.
- More and more safety is a crucial point for surgical patient .
- So on this point surgical specialty divided into different surgical sub specialties and super specialties for more skill and successful outcome

Development of Specialty

- The American College of Surgeons recognizes 14 surgical specialties: and in Royal college of Surgeon UK recognized 10 surgical specialties,
- With this changes in developed country was initiate the development of anesthesia subspecialty.
- Among them Pediatric anesthesia is most important subspecialty and it is different in all respect

Development of Specialty

- In Bangladesh 17 surgical specialty with different division were created.
- Dental and medical faculty also divided into many subspecialty.
- However, in Bangladesh single Anesthesiologists have to performed wide range of clinical practice related to all surgical specialties for a long period
- So there is less scope to anesthesiologist to develop skill and Knowledge on a specific surgical specialty.

Development of Specialty

- There were confidential report in Bangladesh that if anesthesia provided by specific subject specialty outcome is better in respect of morbidity and mortality.
- Pediatric Anesthesiologists works in more urgent and risky conditions specially neonatal surgery
- There is limited anesthetists are able to provide safe anesthesia for children.

Pediatr Clin North Am 1994; 41: 1-14

Review Article

Open Access CrossMark

Issues and challenges of pediatric anesthesia in Bangladesh

Abstract

Geographically Bangladesh is located in an area where natural calamities like flood, cyclone, and drought are very common. The country is highly populated (157.54 bn) due to its fertile plain terrain with a good reserve of natural resources but as usual, we have a developing health management system. In a non-seeing number of family members and children is the most vulnerable group of society. Children constitute more than one third (31.3%) of total population on the other hand women constitute almost half (49.4%) as well. Due to low Gross Domestic Product (GDP), allocation of budget to health (0.92% of GDP) specifically for addressing children and maternal health is not sufficient. Despite the diversity in their geographical, linguistic, and political structures, Afghanistan, Bangladesh, Bhutan, India, the Maldives, Nepal, Pakistan, and Sri Lanka face common health challenges. Moreover socioeconomic status of these countries differs very little, even though Bangladesh had achieved United Nations Award for successful reduction of infant (28.2-1600) and maternal mortality rate (170-2000) on Millennium Development Goals-4 during the 6th United Nations General Assembly.

Volume 10 Issue 6 - 2018

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Combined Military Hospital, Dhaka is a 1500 beds tertiary care teaching hospital which has 10 beds pediatric surgery ward, 110 beds pediatric medical ward, 10 beds neonatal ICU, 10 beds pediatric ICU and 10 beds adult ICU as well. On an average 100

- After 2000 1st Pediatric anesthesia workshop was arranged with the help of WFSA and faculty was Prof Dilip Power from India
- Includes Pediatric anesthesia in Every post graduate training and course like DA, MD and FCPS

Pediatric anesthesia and Surgery - Outcome

Statistics of neonatal surgery in 2016 at Dhaka Shishu (Children) Hospital			Statistics of neonatal surgery from 2012 to 2016 at CMH, Dhaka		
Name of month	Total op	Total death	Year	Total op	Total death
January	78	12	2012	28	3
February	64	9	2013	31	5
March	62	13	2014	35	8
April	60	10	2015	43	7
May	67	14	2016	37	6
June	70	13	Total	174	29
July	74	11			(16.66)
August	69	9			
September	72	10			
October	66	8			
November	57	6			
December	63	15			
Total	802	130			
		(16.20%)			

High mortality rate in pediatric surgical patient

Causes of death in Dhaka children hospital 2016

- Delayed reporting sick and delayed intervention
- Complex medical diseases & co-morbidity
- Ongoing sepsis & multi-resistant organisms
- Hospital set-up is not well equipped
- Peripheral hospitals are neither well prepared & equipped
- Lack of trained staffs
- Maternal causes- poor nutrition, preterm, multiple pregnancies

Less skilled manpower specially anesthesiologist ?
Overload of work for anesthesiologist

Causes of death in military hospitals 2012 to 2016

- Military hospitals having a very effective chain of evacuation system from field hospital to base hospital
- Good infrastructure with excellent instrumental support
- Trained manpower
- Quality Anesthesiologist

But mortality is same compare to other hospital
So patient factor and management protocol is very important.
Not all related to anesthesia

Pediatric Anesthesiologist is providing different surgery of following Diseases with different surgical specialty

- ▶ Pediatric surgery
- ▶ Hernia . Esophageal atresia with/without fistula / Intestinal atresia. Biliary atresia or deformaty
- ▶ A diaphragmatic hernia ,Eventration of diaphragm
- ▶ Mesenteric cyst , Myelomeningocele
- ▶ Gastroschisis, Omphalocele PUV UDT ARM
- ▶ Hirschsprung's disease, Intussusceptions, Rectal polyp
- ▶ IHPS. Hydrocephalus, Hypospadias, Tongue tie
- ▶ Appendicitis .Cholecystectomy . Child hood cancer etc.

CURRENT STATUS OF PEDIATRIC ANESTHESIA IN BANGLADESH

Rare cerebrovascular disease MOYAMOYA mandates anaesthesiologists to formulate an individualized anaesthetic plan for these patient

Common Surgical procedure in pediatric patient in Bangladesh

Pediatric Anesthesia is providing in the different surgery with following Diseases or specialty

- ▶ ENT :- Adenoidectomy Tonsillectomy / Mostioidectomy
- ▶ Orthopedic :- Correction of structure abnormality, Trauma
- ▶ Neurosurgery :- Congenital Hydrocephalus ,Meningocele, Brain tumor
- ▶ Endo Leparoscopic :-Lap Chol,Appen, ERCP, Spleenectomy
- ▶ Anesthesia outside operation theater:- CT scan MRI,Endoscope ,Bronchoscope
- ▶ Plastric Surgery :- Cleft lip ,platele other structural abnormal or burn or burn contracture
- ▶ Pediatric kidney Transplant :- Kidney transplant
- ▶ Pediatric cardiac surgery ; Correction of congenital cardiac disease . Open heart surgery ,Non invasive procedure

Common anesthetic Technique in Pediatric surgery

Mostly Provide General anesthesia with or with out tracheal intubation.

Regional anesthesia combined General anesthesia or independent in specific and limited surgery .

Among them caudal , spinal is commonly practice

Monitoring anesthesia or proper way of sedation anesthesia of pediatric patient is less practice

Common anesthetic Technique in Pediatric surgery

Anesthetic Drugs

IV induction TPS, Propofol Ketamine
Inhalation :Halothan ,Isoflurane and Sevoflurane
Oploid : Pethedine and Fentanyl
Muscle relaxant ; Suxa, Rocurium,Vecurium Atracurium
Local Anesthetic : Lignocaine , Bupivacaine

Monitoring : Clinical,SPO2,BP ECG Limited ETCO2 Precordial Stethoscope

Per operative Fluid : open

Post operative Analgesic : Paracetamol, NSAID , Pethedine and caudal block

Original article

Caudal transthalic hypobaric contrast media for postoperative pain relief in admetabolic pediatric surgery

Review Article

Pediatric Spinal Anesthesia

Dr. Babar Hussain, U.S. Habibullah, Rameez Hussain

Abstract: Caudal anesthesia is a safe and effective method for providing analgesia and sedation for pediatric patients undergoing lower extremity surgery. It is a regional anesthetic technique that involves the injection of a mixture of local anesthetic and sedative drugs into the sacral subarachnoid space. This technique is particularly useful for children with congenital anomalies of the spine and lower extremities. The article discusses the indications, contraindications, and techniques for performing caudal anesthesia, as well as the use of hypobaric contrast media for imaging during the procedure.

Debabrata Banik: Current Status of Pediatric Anesthesia In Bangladesh Challenges and Opportunities for Improvement

CURRENT STATUS OF PEDIATRIC ANESTHESIA IN BANGLADESH

- Pediatric patient is not a miniature of adult
- So it needs special knowledge and skill to provide safe pediatric anesthesia
- Pediatric anesthesia can be divided into three group Intrauterine life ,neonatal and infant to adolescent
- Considering this: BSA-CCPP and university take some initiative to improve by providing short term training and organised SAFE pediatric courses.
- One international workshop arranged - Faculty Prof Dilip Power in 2000 supported by WSFA.
- Arranged Three SAFE course: Faculty from UK, Australia and IRLAND supported by WSFA and AAIIB -2012 to2020
- After this there may reduced mortality but not morbidity which reflect in recent studies

SAFE PEDIATRIC Course



EAS Journal of Anaesthesiology and Critical Care

Abbreviated Key Title: EAS J Anaesthesiol Crit Care
 ISSN: 2624-9403 (Print) & ISSN: 2624-4703 (Online)
 Published By East African Scholars Publisher Kenya
 Volume 5 | Issue 1 | Jan-Feb-2023 | DOI: 10.36408/easjcr.2023.050501.001

Original Research Article

Complication of Anesthesia in Children: A Prospective Observational Study

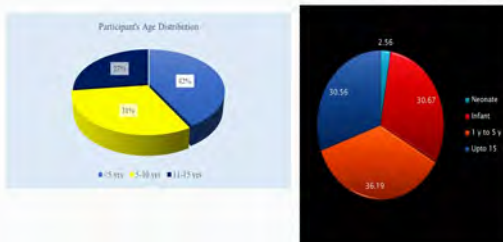
Dr. Asim Afroz¹, Dr. Rehm Uddin Khan², Dr. Claudia Shekhar Keracker³
¹Assistant Professor, Department of Anaesthesia, ICU & Pain Medicine, Shaheed Suhrawardy Medical College and Hospital, Dhaka, Bangladesh
²Associate Professor, Department of Anaesthesia, ICU & Pain Medicine, Shaheed Suhrawardy Medical College and Hospital, Dhaka, Bangladesh
³Assistant Professor, Department of Anaesthesia, ICU & Pain Medicine, Bangladeshis Sheikh Mujib Medical University (BSMMU), Dhaka, Bangladesh

Abstract: Background: Any anesthetic procedure, either regional or general, has some potential for complications. For this reason, careful preoperative assessment

Patient status according to ASA

Shaheed Suhrawardy Medical College and Hospital, Dhaka, Bangladesh January 2018 to December 2018			BSMMU Year report 2021 to 2022		
ASA Score	n	%	ASA Score	n	%
ASA I	42	68%	ASA I	1062	59.23%
ASA II	12	19%	ASA II	605	33.74%
ASA III	4	7%	ASA III	78	4.35%
ASA IV	2	3%	ASA IV	16	0.89%
ASA V	2	3%	ASA V	2	0.11%
	62	100%	Emergency	30	1.69%
				1793	100%

Pediatric anesthesia in different aged group



Age - Shaheed Suhrawardy Medical College and Hospital, Dhaka, Bangladesh January 2018 to December 2018
 BSMMU 2021 to 2022

Pediatric anesthesia for different surgical speciality

Pediatric surgery bed 10			Pediatric surgery bed 40		
Surgical Procedures	n	%	Surgical Procedures	n	%
General surgery	30	48%	Pediatric surgery Dept	1305	72.78%
ENT	11	18%	ENT	115	6.41%
Orthopedics	8	13%	Orthopedics	31	1.72%
Maxillofacia	6	10%	Maxillofacial	2	0.11%
I			Ophthalmic	68	3.79%
Ophthalmic	5	8%	Cardiothoracic	30	1.67%
Cardiothorac	2	3%	Urology	20	1.11%
			Plastic Surgery	32	1.78%
			ic		
Total	62	100%	Outside OT/Procedural	190	9.92%
				1793	100%

Anesthetic technique

Anesthetic technique	Medical college hospital	Technique	n	%
General anesthesia	54	General anesthesia	837	46.68%
General anesthesia & local infiltration	3	General anesthesia & local infiltration	205	11.43%
General anesthesia & local infiltration	4	General anesthesia & caudal block	408	22.75%
General anesthesia & caudal block	1	Subarachnoid block/epidural	172	9.59%
Subarachnoid block	1	Monitoring anesthesia	171	9.53%

Morbidity in Pediatric Anesthesia

Per-operative Complication Medical college hospital			Complication N 1703 %		
Complication	n	%	Complication	n	%
Bronchospasm	7	11%	Bronchospasm	50	2.78%
Bradycardia	6	10%	Bradycardia	69	3.38%
Hypotension	5	8%	Hypotension	67	3.73%
Hyperventilation	4	6%	Hyperventilation/bradycardia/ventilation	34	1.89%
Tachycardia	4	6%	Tachycardia	156	8.70%
Laryngeal spasm	4	6%	Laryngeal spasm	57	3.17%
Hypertension	4	6%	Hypertension	61	3.40%
Apnoea	4	6%	Apnoea	5	0.27%
Dysrhythmia	3	5%	Dysrhythmia	103	5.74%
Total Morbidity	41	64%	Hypotension	67	3.73%
Cardiac arrest IABG	2	3%	Total	669	37.31%
			Cardiac arrest On table	6	0.32%

Morbidity in Pediatric Anesthesia

Post-operative Complication - Medical Practice Research			Post-operative Complication - BSMMU		
Complications	n	%	Complications	n1793	%
Tachycardia	12	19%	Air way obstruction/epiglottitis	75	4.18
Prolonged unconsciousness	6	10%	Tachycardia	185	10.31
Hypoventilation	5	8%	Profound unconsciousness/dilatation	45	2.50
Restlessness	3	5%	Hypocapnia/hypoxia	105	5.85
Respiratory arrest	3	5%	Bradycardia	209	11.65
Pain	3	5%	Respiratory arrest	21	1.17
Shivering	3	5%	Pain inadequate control	107	5.96
Hypotension	2	3%	Shivering	121	6.74
Hypertension	2	3%	Hypotension	81	4.51
Hemorrhage	2	3%	Hypoxemia	65	3.62
Laryngospasm	2	3%	Hemorrhage	43	2.39
Bronchospasm	2	3%	Laryngospasm	67	3.73
			Bronchospasm	75	4.18
			Total	1132	63.13

Mortality Pediatric surgery IN BSMMU 2022

Age and group	N Operation done	Mortality	%
Neonatal	130	16	12.3%
Infant	579	3	0.51%
Pre school	583	2	0.34%
Aldocent	501	1	0.19%
Pediatric cardiac surgery	85	15	17.64%
On table mortality		2	All other in post operative period



BJA

British Journal of Anaesthesia, 126 (5): 1157-1172 (2022)

doi: 10.1016/j.bja.2021.07.016

Advance Access Publication Date: 1 April 2022

Word(s): Anaesthesia

PAEDIATRIC ANAESTHESIA

Morbidity and mortality after anaesthesia in early life: results of the European prospective multicentre observational study, neonate and children audit of anaesthesia practice in Europe (NECTARINE)

Nicola Diama¹*, Francis Veyckemans¹, Katalin Virag², Tom G. Hansen³, Karin Becke⁴, Pierre Harier⁵, Laszlo Vutsikits⁶, Suelen M. Walker⁷, Jurgen C. de Graaff¹, Marzena Zielinska⁸, Druica Simic⁹, Thomas Engelhardt¹⁰ and Walid Habre¹¹, for the NECTARINE Group of the European Society of Anaesthesiology Clinical Trial Network*

¹Department of Anaesthesia, Unit for Research & Innovation, Istituto Giannina Gaslini, Genova, Italy, ²Department of Anaesthesiology-Réanimation pédiatrique, Hôpital Jeanne de Flandre, CHU de Lille, Lille, France, ³Department of Medical Physics and Informatics, University of Szeged, Szeged, Hungary, ⁴Department of Anaesthesia and Intensive Care Paediatrics, Odense University Hospital, Odense, Denmark, ⁵Department of Clinical Research - Anaesthesiology, University of Southern Denmark, Odense, Denmark, ⁶Department of Anaesthesia and Intensive Care, Christoph Children's Hospital/Hospital Nidderweeren, Nidderweeren, Germany, ⁷Research Department, European Society of Anaesthesiology

Audit report on pediatric anesthesia

Critical events requiring intervention occurred in 35.2% of cases--

- ↳ Mainly hypotension (>30% decrease in blood pressure) or reduced oxygenation (SpO2 <85%).
- ↳ Postmenstrual age influenced the incidence and thresholds for intervention.
- ↳ Risk of critical events was increased by prior neonatal medical conditions, congenital anomalies, or both.

Audit report on pediatric anesthesia

- ↳ The incidence of peri-operative complications and mortality is higher in neonate and infant than in older children,
- ↳ Specific impact of anaesthesia technique and management has not been fully characterized.
- ↳ Alterations in perioperative physiological parameters have a significant factors affecting early and late neuro-developmental and health outcomes.

Debabrata Banik: Current Status of Pediatric Anesthesia In Bangladesh Challenges and Opportunities for Improvement

Challenges

1. **Administrative and Financial**
 - a. Capacity building and organized health management system is still going on
 - b. Socioeconomic status of Bangladesh is developing
2. **Infrastructure** : a. Many of our Hospital are inadequate for specialized facilities,
b. Universal precaution and awareness for infection control is insufficient in theater & PICU, NICU
3. **Shortage of Skill manpower** , anesthesiologist and supporting staff.
4. **Need Motivation** and remunerations ,reorganization
5. **Lack of Social awareness** with various superstitions
6. **Government planning**

Opportunities For Improvement

- **Regional and international co-operation** is essential led by AAPA And WFSA
- Arrange Short term training program for qualifying anesthesiologist and OT and post operative nurses Like **SAFE pediatric Courses**
- Special training schedule in all post graduate program at least 3month to one year.
- Training exchange program within developed and developing Country
- **One year fellowship program** organized by **BSMMU** and scholarship from **WFSA**

Recommendation/Conclusion

- **Neonates and infants** have limited physiological reserve, and carries high risk of complications with general anesthesia specially **Premature neonates**
- Present study quantifies the important physiological aberrations and their risk factors.
- A high degree of training and skill are required for safe delivery of anaesthesia for neonates and infants for specialised pediatric surgery

Universal Coverage of Safe Pediatric Anesthesia all over the World: WFSA pediatric Anesthesia Committee

Norifumi Kuratani


Saitama Children's Medical Center, Japan

Outline

- Inequity in safe pediatric anesthesia
- WFSA
- Pediatric committee



Pediatric Cardiac Surgery Mission, Kharkiv, Ukraine, 2012



0 ✓
1
Inequalities in safe pediatric anesthesia

GA for inguinal hernia repair



district hospital at Kampong Cham, Cambodia, 2010

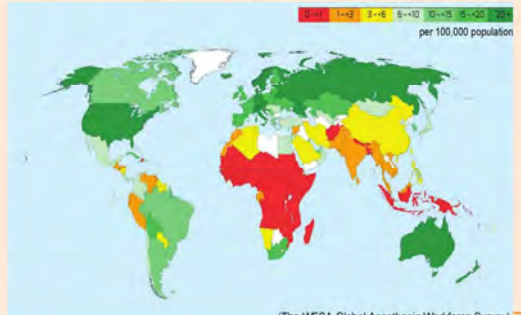


district hospital at Kratie, Cambodia, 2019



PACU, National Children's Hospital, Mongolia,

Global distribution of physician anesthesia providers



(The WFSA Global Anesthesia Workforce Survey)

Ongoing Committee Projects

- SAFE Course**
Implementing SAFE pediatric anesthesia course all over the world
- Textbook**
Case-based pediatric anesthesia textbook authored by committee members
- Webinars**
Working together with ASPA providing educational resources
- Fellowship**
Development of new pediatric anesthesia fellowship program in Bosnia and Herzegovina
- PEACH**
Epidemiologic study to learn the incidence of critical adverse events in pediatric anesthesia
- Cancer Care**
Anesthesia is important in pediatric oncology care

SAFE Pediatric Course

- WFSA, AAGBI, SAFE steering committee
- 3 days course
- Interactive course, few didactic lectures
- Education materials (manuals, video, tests...)
- SAFE for GBI version (for developed countries)
- train the trainer course → trainees to be a tutor



SAFE pediatric anesthesia & ToT course in Cambodia

Nov. 18-20, 2022



Anesthesia workforce data

Anaesthesia Workforce Data

- PAP Density: 2.89
- Population: 15,578,000
- Physicians: 2,440
- Physician anaesthesia providers: 450
- Surgeons: No data
- Nurse anaesthesia providers: 100
- Other anaesthesia providers: 0
- No. of physician providers that have an anaesthetic qualification: 150
- Minimum duration of training (years) for physician anaesthesia providers: 3
- Typical duration of training (years) for nurse anaesthesia providers: 2
- Typical duration of training (years) for non-physician / non-nurse anaesthesia providers: 0

Capital : Phnom Penh
Population : 15M
Life expectancy: 67y
-5y mortality rate: 25.68



Faculties

- Faculty leaders
 - Lowri Bowen (UK, SAFE steering committee)
 - Nori Kuratani (Japan, WFA pediatric chair)
 - Tep Sokha (Cambodia, SCARMU)
- UK:4, Japan:4, Cambodia:5

SAFE pediatric course

- 2 days course
- 5 lectures, 19 modules
- 26 local providers trained

Train the Trainer

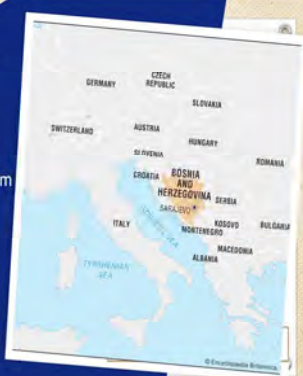
- 1 day course
- 10 new trainers



Ongoing Committee Projects

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Anesthesia is important in pediatric oncology care

Pediatric Anesthesia fellowship program at Bosnia and Herzegovina



Anesthesia workforce data

- PAP Density: 6.04
- Population: 3,810,000
- Physicians: 6,224
- Physician anaesthesia providers: 230
- Surgeons: 275
- Nurse anaesthesia providers: 0
- Other anaesthesia providers: 0
- No. of physician providers that have an anaesthetic qualification: 195
- Minimum duration of training (years) for physician anaesthesia providers: 5
- Typical duration of training (years) for nurse anaesthesia providers: 0
- Typical duration of training (years) for non-physician / non-nurse anaesthesia providers: 0

Capital : Sarajevo
Population : 3.8M
Life expectancy: 77y
-5y mortality rate: 5.86

Norifumi Kuratani: Universal Coverage of Safe Pediatric Anesthesia all over the World: WFSA pediatric Anesthesia Committee

Progress

- Requested by Dr. Adisa Šabanović Adilović, B&H Society
- Draft program developed and discussed in pediatric committee
- Approved and endorsed by
 - Medical chamber Zenica-Doboj Canton
 - Cantonal Hospital Zenica
 - Association of anesthesiologists of the Federation of BiH
 - Faculty of Medicine Zenica
 - Ministry of Health Zenica-Doboj Canton
- Waiting for WFSA approval

Program overview

Practice

- 3 month
- Zenica hospital
- Dr. Adisa Šabanović Adilović
- To acquire competency

Lectures

- Didactic lectures
- Case-conference
- Online by committee members
- To learn theoretical background

Evaluation

- Formative and summative evaluation

Site visit at Cantonal Hospital, Zenica, B&H

to view the actual education settings and conduct interviews with staffs, surgeons, directors, and fellow candidates.

(Oct. 18, 2022)

Ongoing Committee Projects

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PEACH
Epidemiologic study to learn the incidence of critical adverse events in pediatric anesthesia

Cancer Care
Anesthesia is important in pediatric oncology care

Case-based Textbook in Pediatric Anesthesia

- Authored by committee members and colleagues
- Focus on important cases (>40 topics) with an easy-to-read format
- Sections: Case presentation, disease pathophysiology, anesthesia considerations
- Encourages individual perioperative management plans
- Includes do's and don'ts, controversial areas (Pros and Cons), and author's anesthesia recipe

Ongoing Committee Projects

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Cancer Care
Anesthesia is important in pediatric oncology care

PEACH in Asia study

Design

- multinational, multicenter, prospective, observational study

Outcome measures

- Primary: Incidence of severe critical events
 - laryngospasm,
 - bronchospasm,
 - pulmonary aspiration,
 - drug error,
 - anaphylaxis,
 - cardiovascular instability,
 - neurological damage,
 - peri-anesthetic cardiac arrest,
 - post-anesthetic stridor

[Time Frame: Children will be followed for the duration of their anesthesia procedure and up to 60 minutes afterwards]
- Secondary:
 - Risk factors for the occurrence of severe critical events
 - Consequences of the critical events: irreversible damage, in-hospital mortality

[Time Frame: in-hospital and up to 30 days]

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Anesthesia is important in pediatric oncology care




2023 ANNUAL THEME:
ANAESTHESIA AND CANCER CARE
#OncoAnaesthesia

WFSA
WORLD FEDERATION OF ANAESTHESIOLOGISTS

Pediatric Committee Webinar: 'Anesthesia and Oncology Care in Pediatrics'

- "Anesthesia Consideration for Pediatric Oncology Patients: case presentation"
- "Iterative Anesthesia," by Δ Lucas Optiz (France)
- "Pain Management for Pediatric Oncology Patients"
- "Procedural Sedation for imaging and radiation therapy"

Satellite program of JSPA2023



Conclusions

Unmet need
is common for safe pediatric anesthesia

Education
is key to change

Work together
to implement safe pediatric anesthesia all over the world



SAFE  **WFSA**
WORLD FEDERATION OF ANAESTHESIOLOGISTS

Activities and Accomplishments of the WFSA BARTC Pediatric Fellowship Program

Patcharee Sriswasdi

Department of Anesthesiology, Critical Care and Pain Medicine, Boston Children's Hospital, USA



ASPA 2023

BARTC

Bangkok Anesthesia Regional TRAINING CENTER

- Departments of Anesthesiology of 3 Teaching Hospitals
- A Pediatric Center Hospital
- 2 Provincial General Hospitals (Cholburi Hospital and Rajchaburi Hospital)
- 1 year training for fellows

• Professor Thara Tritrakarn

• Founded in 1996

• World Federation of Societies of Anesthesiologists (WFSA) and the Royal College of Anesthesiologists of Thailand (RCAT).

• Our goal is to promote safe anesthesia for patients in developing countries in Asia.

• Our strategy is to train future trainers to form a critical mass and enable them to teach junior colleagues and students in their own countries.



ASPA 2023

WFSA-BARTC Pediatric Fellowship Program

- 1 year fellowship in pediatric anesthesia
- 1 fellow per year (12 months from January to December)
- Announce on <https://www.wfsa-bartc.org> in July – August
- Interview in September using Zoom
- Announce the result by the end of September

ASPA 2023 of 2023 fellows & 17th ASPA annual meeting

WFSA-BARTC Pediatric Fellowship Program

Applicant requirement

- He/she works in a Government hospital and will return to this institution work after the training. (with letter recommendation from the Head of Department where he/she works)
- Recommendation from the Society of Anesthesia in his/her country.
- Work as an anesthesiologist for at least 3 years

ASPA 2023 of 2023 fellows & 17th ASPA annual meeting

WFSA-BARTC Pediatric Fellowship Program

Applicant requirement

- The number of pediatric cases in the institute that he/she works per year
- List of the surgical services for pediatric patients in your institution.
- The total number of pediatric cases that he/she has anesthetized per year in the past.

ASPA 2023 of 2023 fellows & 17th ASPA annual meeting

12 months Rotation

Institute	Month	Rotation	Topic/Rotation	From	To	Location	Procedure
Sri Lanka	15-31 January 2021	General surgery	Preparation tables to intubate and extubate, basic airway (physiology), pharmacology, monitoring, airway devices	Rana	1-15 July 2021	Outside OR	Anesthesia for outside OR procedures: CT, MRI, bone scan, cath lab, endoscopy
	1-14 February 2021	Urology	UTI, emergency delivery, urinary obstruction, lithotripsy, laparoscopic cholecystectomy	Rana	16 July -11 August 2021	Plastic/ENT/ Uro	Anesthesia for ENT: laryngoscopy, airway surgery, adenotonsillectomy, tympanoplasty, middle (chole)
Sri Lanka	15 February - 15 March 2021	Neuro/ENT	Anesthesia for brain surgery, craniotomy, microvascular anastomosis, spine surgery	Dissanayake	16 August -15 September 2021	Ortho/ENT	Anesthesia for orthopedic: scoliosis, limb deformity, contracture
	16 March - 15 April 2021	Gen Epi-Therapy	Upper and lower abdominal, groin, perineal and anal surgery, endoscopic surgery, thoracotomy	Dissanayake	16 September-15 October 2021	Gen & Int	Hypothermia, autotransfusion, hypotension, muscular dystrophy, Post-operative pain management (multimodal analgesia)
China	16 April 2021	Outside OR	Anesthesia for eye surgery, vitreoretinal, presbyopia, cataract & muscle correction	Quinn Strick	16-31 October 2021	Neuro/Outside OR	Major bleeding, septic, fluid, electrolyte management
China	1-31 May 2021	Plastic/ENT	Anesthesia for maxillofacial surgery, craniofacial reconstruction, cleft lip/palate surgery	Sri Lanka	1-15 November 2021	GEN	Examination
	1-16 June 2021	Gen Int	Common respiratory disorders: Chest system	Sri Lanka	16 November 2021 -18 January 2022		Exhibit in 4 institutions
					11-18 January 2022		Final Presentation on Graduation Day

ASPA 2023 of 2023 fellows & 17th ASPA annual meeting

Minimal case requirement 100 cases

Age group	Cases	ETT	SI	CE	SA	QS
NEONATE	10					
INFANT	40	15	5	5	5	5
Age > 5 year	50	10	3	3	3	3
Age > 5 year	20					
Type of patient						
Inpatient	70					
Ambulatory patient	15					
Anesthesia for outside OR	15					
Type of surgery						
Anesthesia for Gen-Ent surgery	30	All				
Anesthesia for Neuro	5	SI				
Anesthesia for ENT	15	All				
Anesth. for Plastic & maxillofacial	10	CE	EA			
Anesthesia for orthopedic	5	QS				
Anesthesia for outside OR	15	CE	EA			

Procedures	Cases	SI	CE	EA	QS
Peripheral IV access	10	5	3	2	3
Supraglottic airway device	10	3	3	3	3
Ultrasound (General anesthesia)	10	3	3	3	3
Setting mechanical ventilator	5	2	2	2	2
Arterial line insertion	4	1	1	1	1
Central line insertion	4	1	1	1	1
Cervical block/ Epidural block/ Neuraxial block	5	2	1	1	2
Peripheral nerve blockade/Paravertebral/Thoracic/ultrahypogastric block	5	1	2	2	1
Acute pain	10	3	3	3	3
Management of difficult airway	Work stop				
FAILS	Work stop				
Postoperative care in ICU	8	2	2	2	2

ASPA 2023 of 2023 fellows & 17th ASPA annual meeting

WFSA-BARTC Pediatric Fellowship Program

- Started in January 2021: 1 Fellow from Nepal
- Stopped in January 2022 due to COVID
- July 2022- June 2023: 1 Fellow from Bhutan (Funding from Bhutan government)
- Restart in January 2023: 1 Fellow from Mongolia



ASPA 2023 of 2023 fellows & 17th ASPA annual meeting

- Our goal is to promote safe anesthesia for patients in developing countries in Asia.

Our first graduated fellow
First trained pediatric anesthesiologist in Nepal

Improving Patient Safety Through the WFSA

Erlinda C. Oracion

WFSA Safety & Quality Of Practice Committee, Philippines

ROADMAP

- Introduction
- Education & Training
- Advocacy
- Safety
- Global Voice
- Summary

Uniting and empowering anaesthesiologists around the world to improve patient care.

“The last three years have been tough for anaesthesiologists around the world but 2022 felt like a turning point. Slowly but surely, we are regaining the momentum we lost during the pandemic.”

Wayne Morriss, WFSA President

WFSA (WORLD FEDERATION OF SOCIETIES OF ANAESTHESIOLOGISTS)

- Global anaesthesia family
- Global advocacy
- Continuing medical education
- Capacity building & training

IMPROVING PATIENT SAFETY THROUGH EDUCATION & TRAINING

SAFE (Safer Anaesthesia from Education)

- SAFE courses
 - Training of trainers
 - SAFE Online
 - SAFE Paediatric Anaesthesia
 - Safe Paediatric Anaesthesia - Cleft

SAFE (Safer Anaesthesia from Education)

- VAST (Vital Anaesthesia Simulation Training)
 - Essential practices to perioperative teams
 - On-line learning + hands-on simulations
 - Resuscitation for OB, Pedia, Trauma
 - Pre- and post-operative care

“The WFSA is unique in terms of its positioning, global membership and reach. There are no other organizations in the perioperative space quite like it, and our role.... on the international stage is a powerful one.”

Kristine Stave, Chief Executive Officer

ADVOCACY

- Engagement with decision makers
- Advance availability, safety, and quality of anaesthesia and perioperative services worldwide
- Amplify the voices of anaesthesiologists at the local, regional, and international levels
- Relationships
 - WHO (World Health Organization)
 - UN ECOSOC (United Nations Economic and Social Council)

“A concern of the WFSA in the early 1960’s was anaesthesia workforce capacity building at the international level, in line with its objective of ‘providing better anaesthesia for all the peoples of the world.’
In retrospect, it was the beginning of global anaesthesia, meaning that before globalization became a thing, there was a WFSA worldwide concept of anaesthesia.”

Dr. Bisola Orsajin-Obembe, President of G4 Alliance’s Permanent Council
2022 WFSA Board Member

GUIDING PILLARS

1. UNITY
2. ACCESS
3. SAFETY

SAFETY

- WHO-WFSA International Standards for a Safe Practice of Anesthesia
- Minimum Capnometer Specifications 2021
- Consensus Statement on Environmentally– Sustainable Anaesthesia

SAFETY & QUALITY OF PRACTICE COMMITTEE

- To promote the highest standards of safety and quality in anaesthesiology internationally
- Seek new methods to implement safe practices throughout the world
- Provide the necessary educational and human resources needed in the provision of access to safe anesthesia for essential surgery
- Deliver safe anesthesia care as a basic human right
- Collaborate with other WFSA committees incorporating patient safety and quality improvement in their plans and activities

WORLD PATIENT SAFETY DAY September 17

- Advocate for improved global patient safety standards and practices
- 2022 – Medication Without Harm

WORLD ANAESTHESIA DAY October 16

- Celebrate the profession
- Unified global voice to advocate for safety in anaesthesia
- WAD2022
- Reduction of medication errors
- Improving patient safety practices

SUMMARY

- WFSA's strength – Member Societies
- Expertise and knowledge drawn together
- Diversity and global reach of members
- Unique organization
- Promoting safe anesthesia and perioperative care on a global scale
- WFSA Programmes



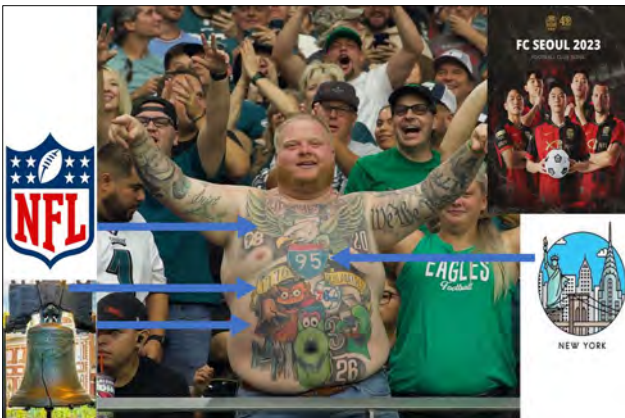
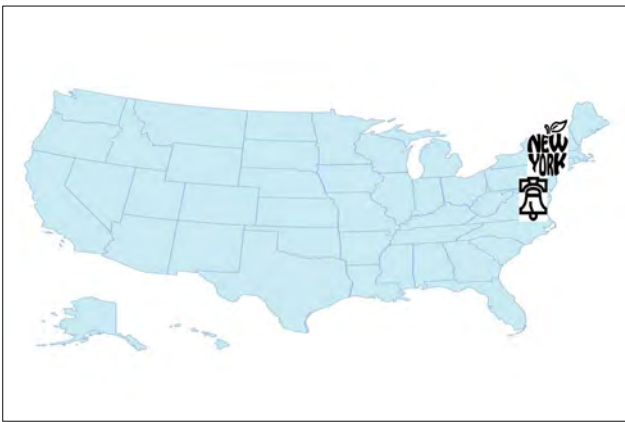
Luncheon Symposium

Chair(s): Dong Woo Han (Korea)

EEG Guided Anesthesia in Young Children (Virtual)

Ian Yuan

Anesthesiology and Critical Care Medicine, Children's Hospital of Philadelphia, University of Pennsylvania, USA



CHOP Childrens Hospital of Philadelphia

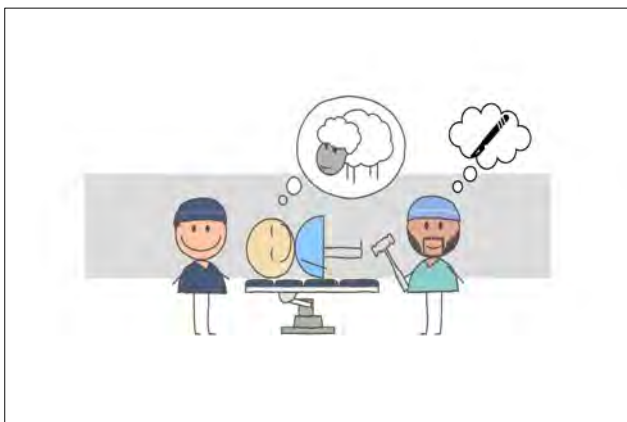
33k cases / year

75 Pediatric Anesthesiologist (9 Cardiac)

30 Nurse Anesthetists

11 Fellows

10 Residents

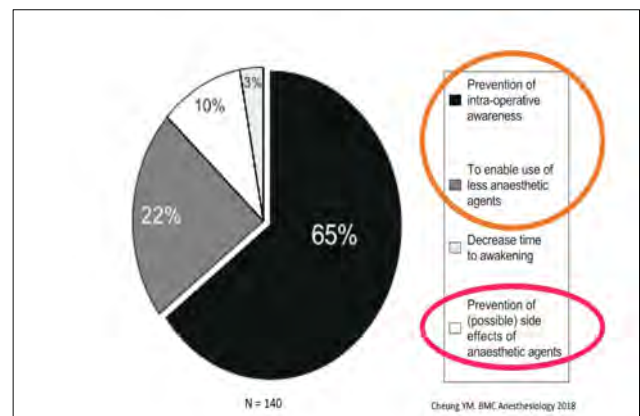
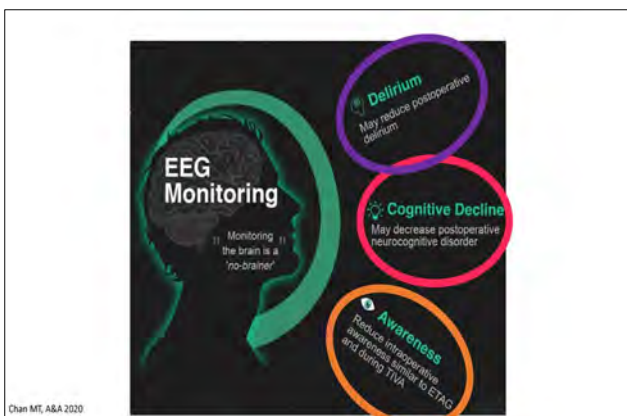
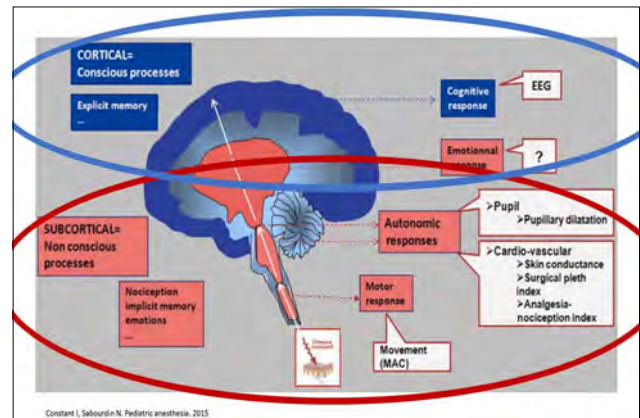
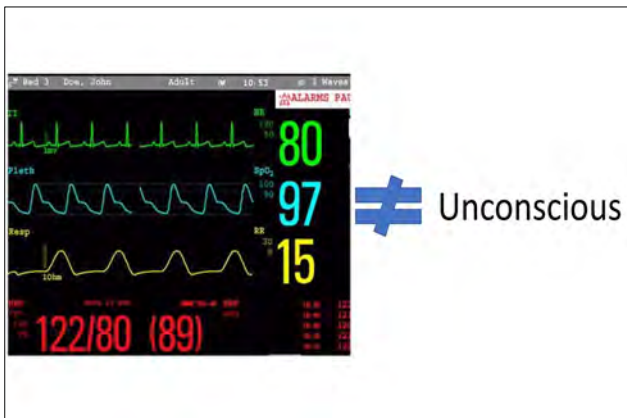


A. Increase the Sevoflurane

B. Bolus Propofol

C. Muscle relaxant

D. EEG



Young children sensitive to effects of excess anesthesia (hypotension)

Proprietary EEG indices (eg. BIS, PSI) not reliable

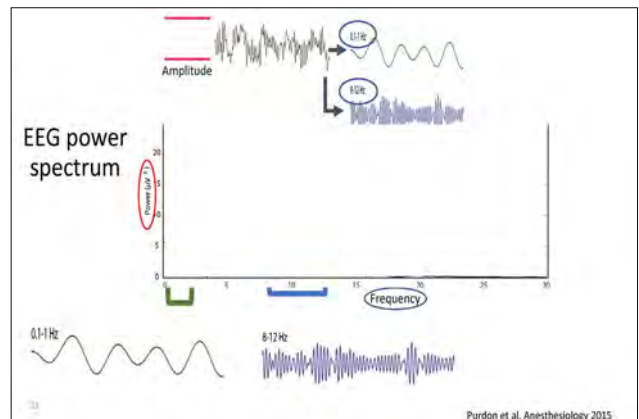
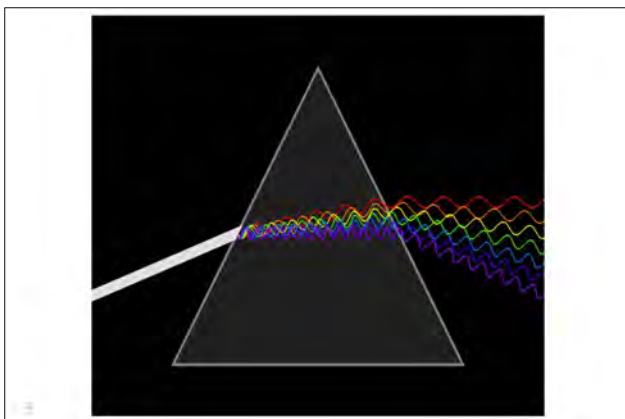
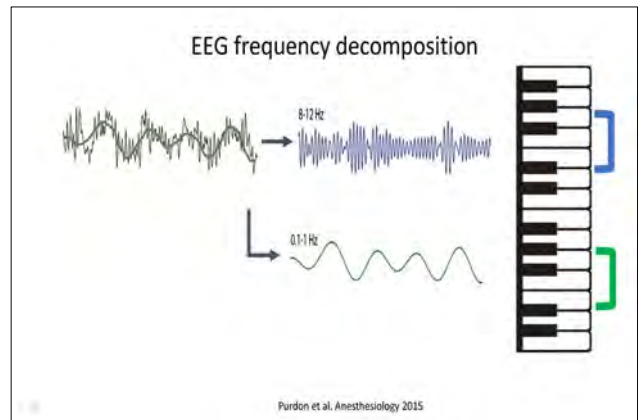
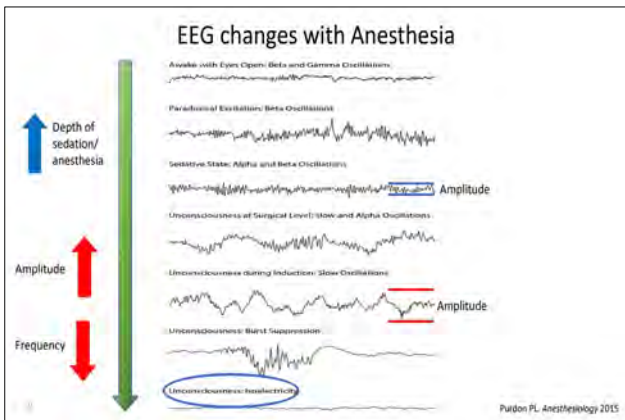
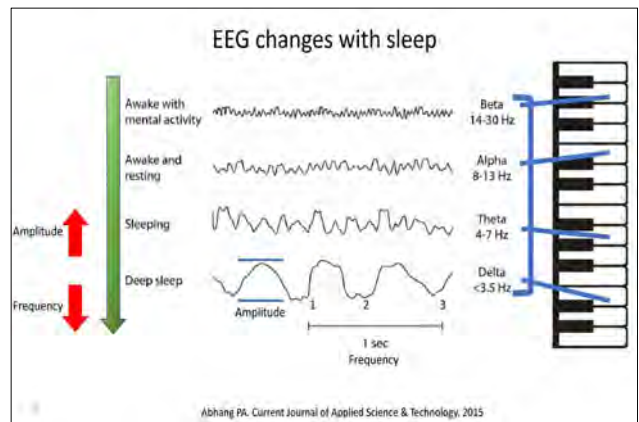
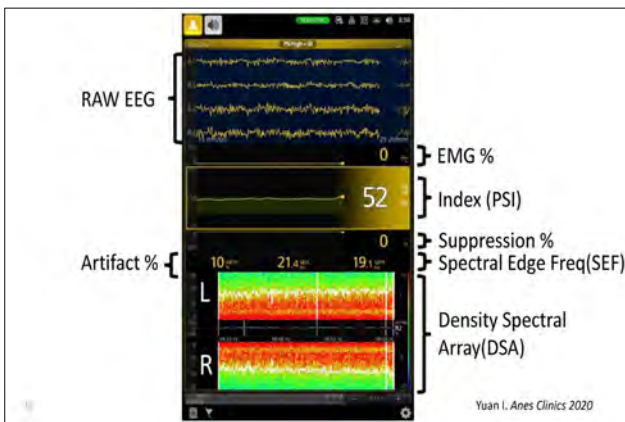
How to use EEG to guide anesthesia in young children

EEG guided anesthetic in young children

EEG waveforms and processed EEG parameters

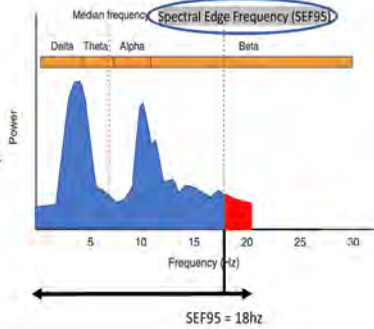
EEG changes with anesthetic and age

2 cases studies



Spectral Edge Frequency (SEF)

Frequency where majority (95%) of power lies below it.

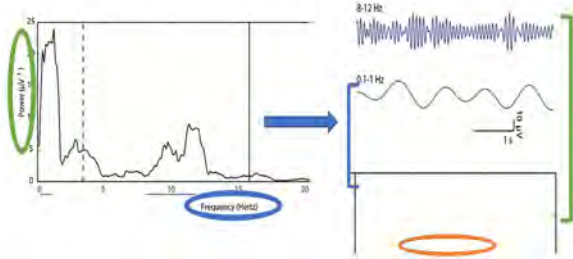


SEF targets (> 3-6mo)

Anesthetic state	Clinical endpoint	SEF targets (hz)
Conscious	Emergence	> 20
Light anesthesia	Sedation	15-20
Surgical anesthesia	Surgical maintenance	10-15
Deep anesthesia	Incision/Laryngoscopy	6-9
Burst suppression		< 5

Yuan J. Anes Clinics 2020

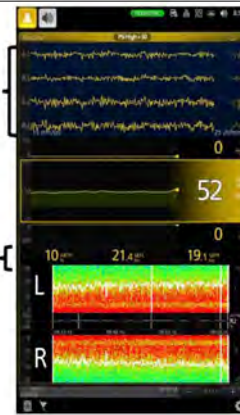
DSA (Density Spectral Array)



EEG changes over time.

Purdon et al. Anesthesiology 2015

RAW EEG



Spectral Edge Freq(SEF)
Density Spectral Array(DSA)

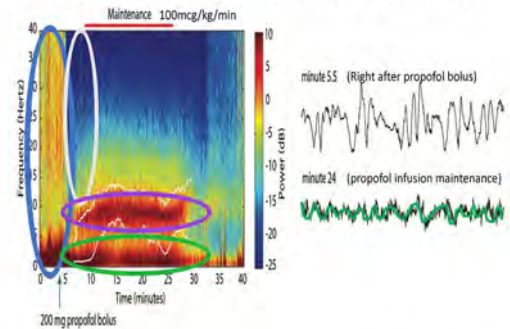
Yuan J. Anes Clinics 2020

EEG guided anesthetic in young children

EEG waveforms and processed EEG parameters

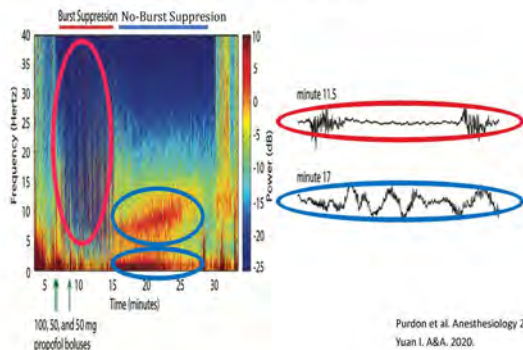
EEG changes with anesthetic and age

Propofol: Delta (1-4hz) & Alpha (8-13hz)



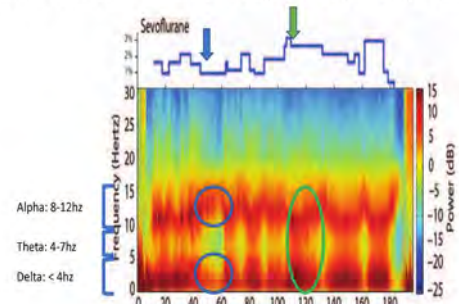
Purdon et al. Anesthesiology 2015

Too much propofol...

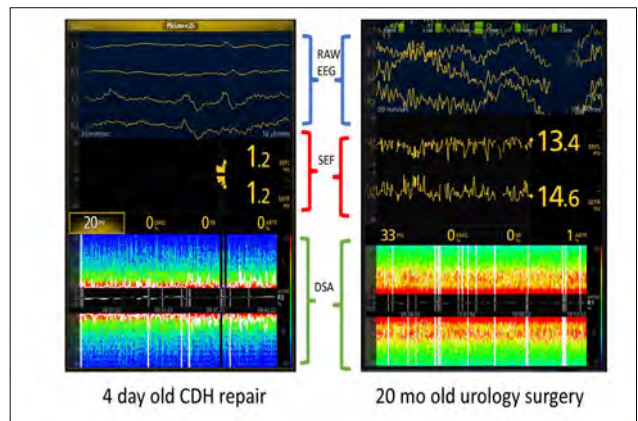
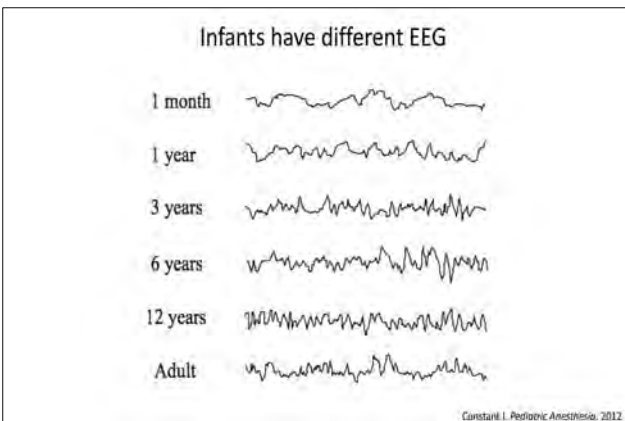
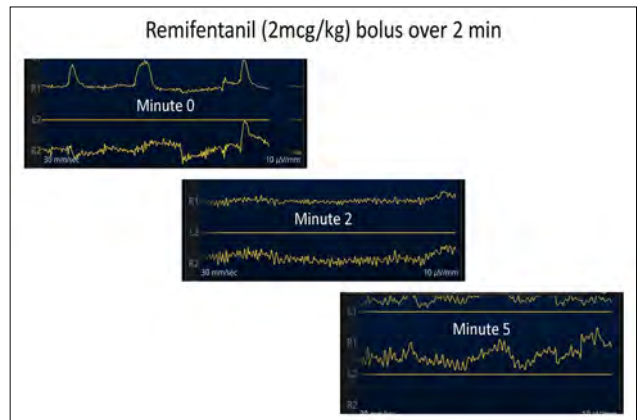
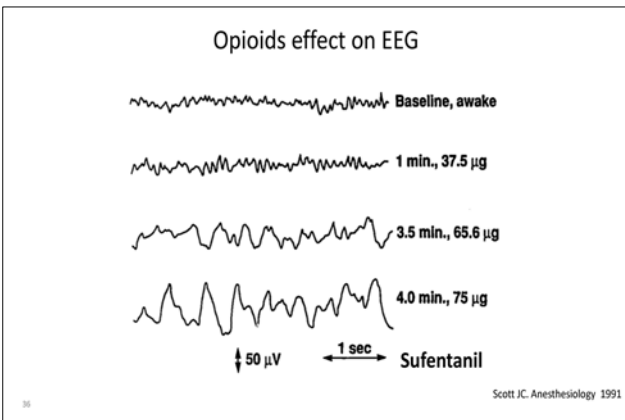
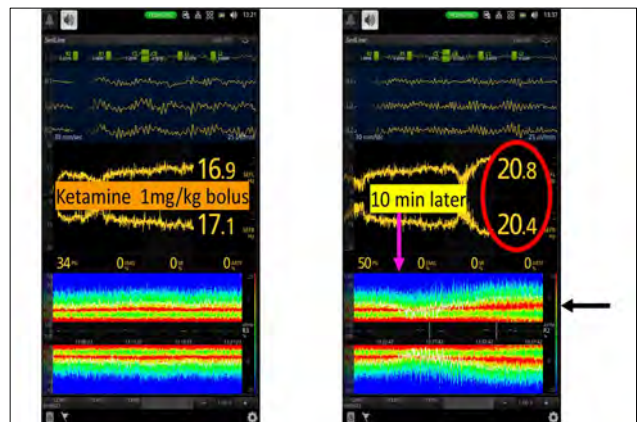
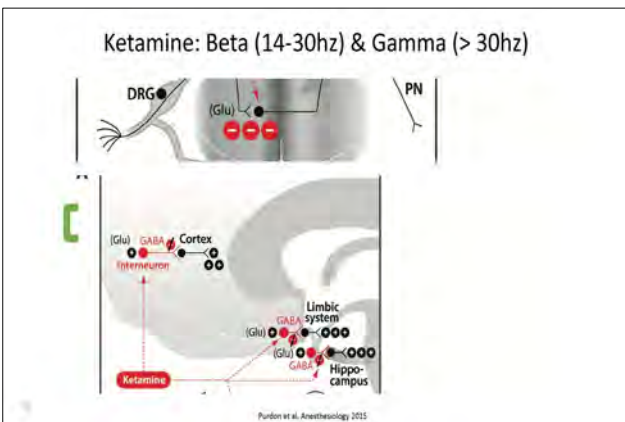
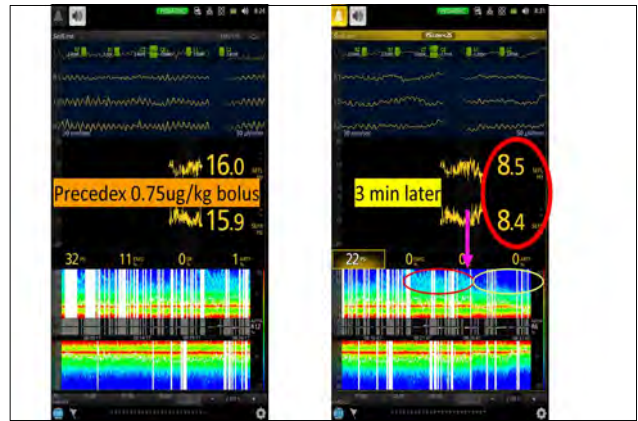
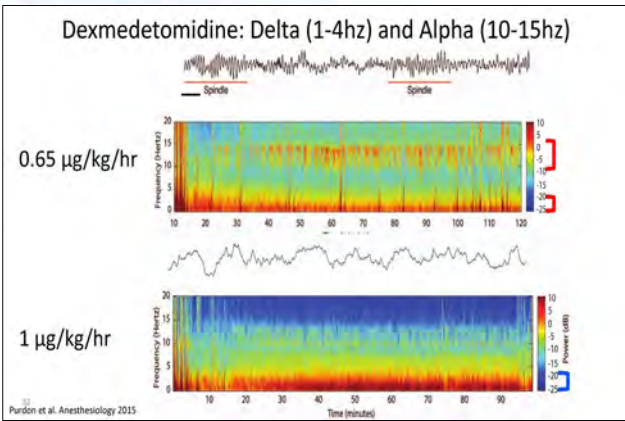


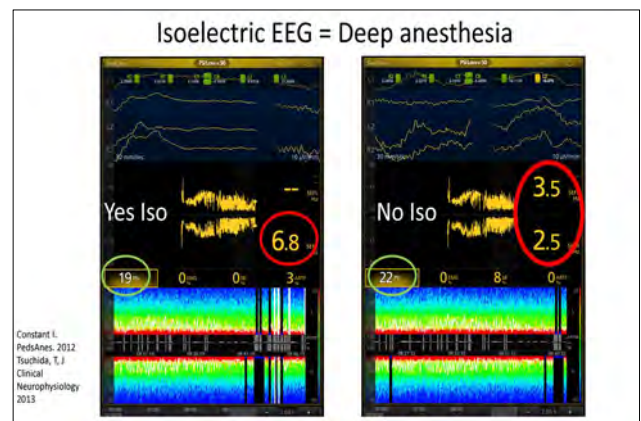
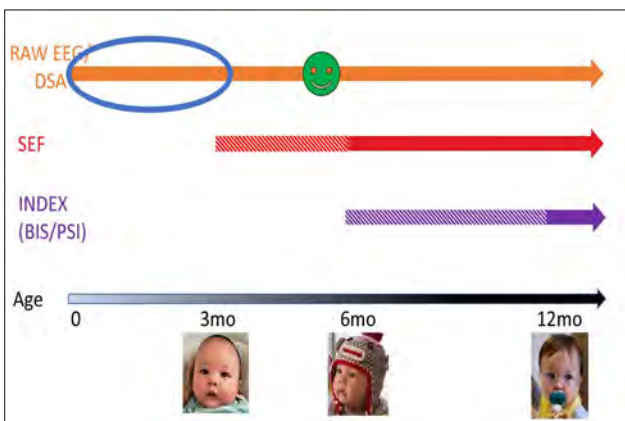
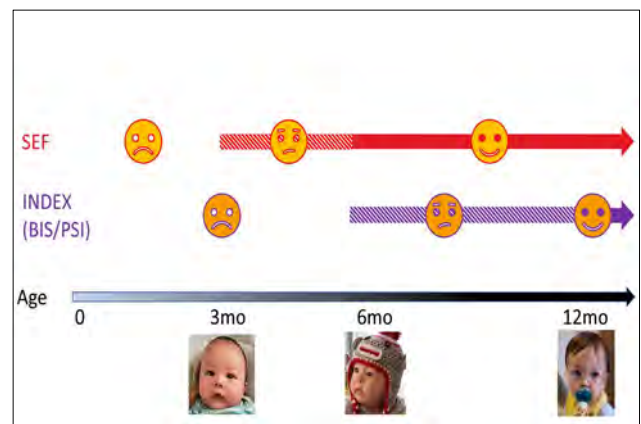
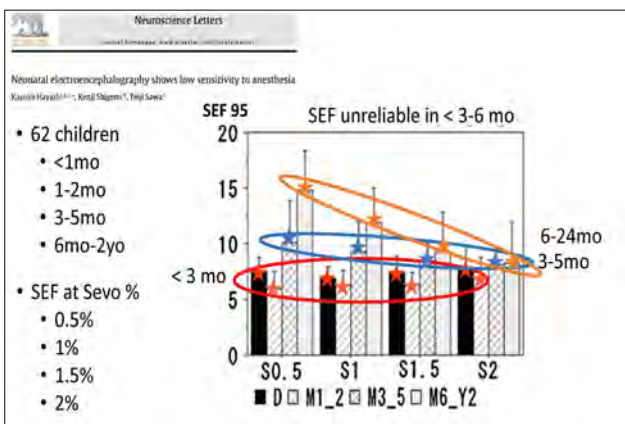
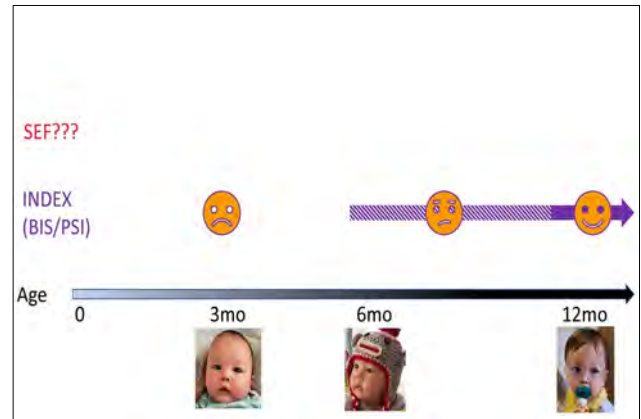
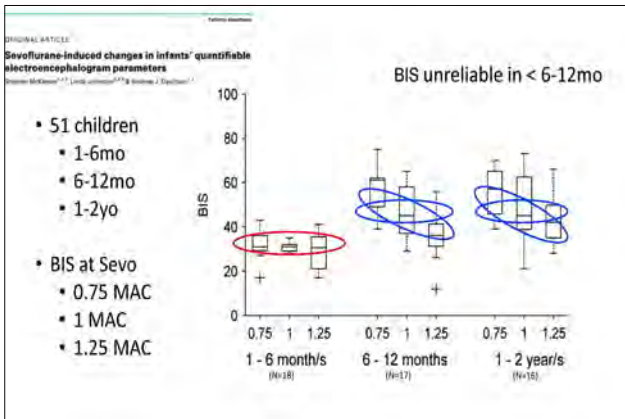
Purdon et al. Anesthesiology 2015
Yuan J. A&A, 2020.

Volatile anesthetics: Delta (<4 hz), Theta (4-7hz), Alpha (8-13hz)



Purdon et al. Anesthesiology 2015





Isoelectric EEG bad?

Adults	Postop delirium, cognitive decline, and increased morbidity.
Children	32% children < 3y; 60% of infants < 3mo. Higher eSevo, propofol bolus, hypotension, and lower PedsQL.

Unnecessary in most situations.

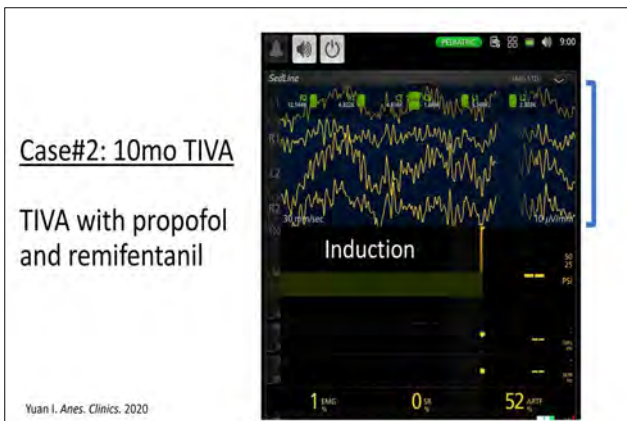
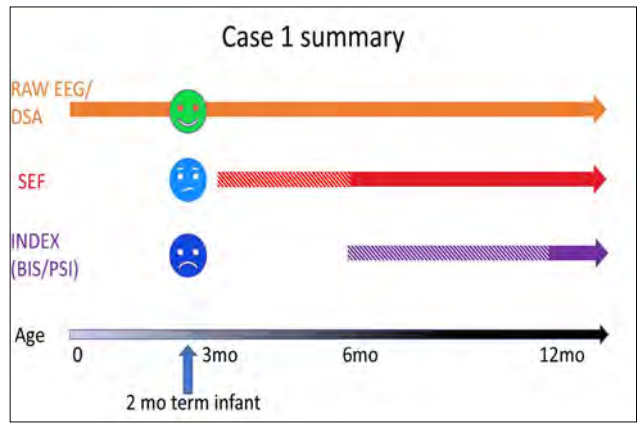
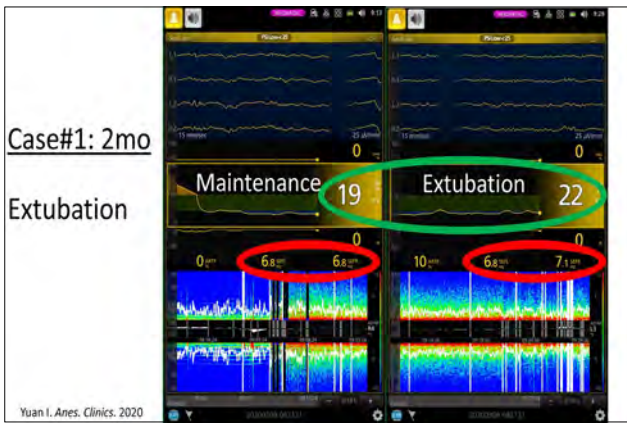
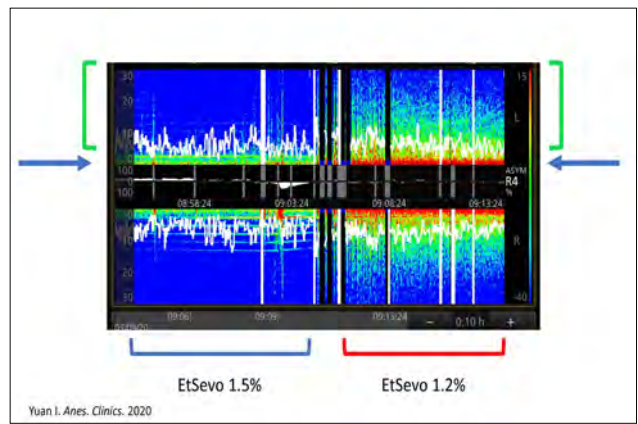
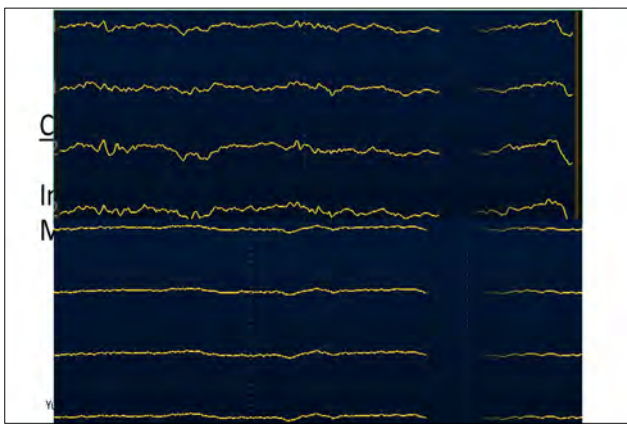
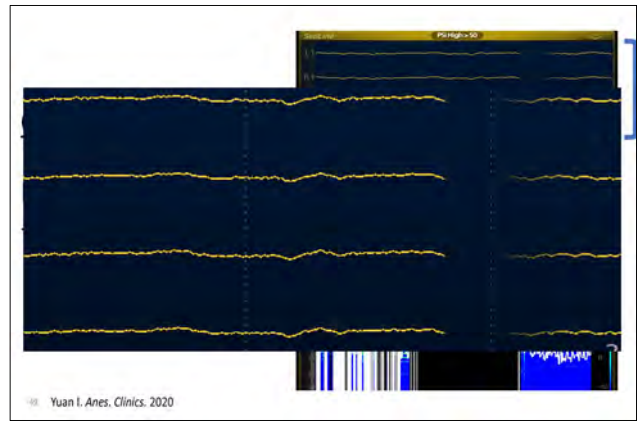
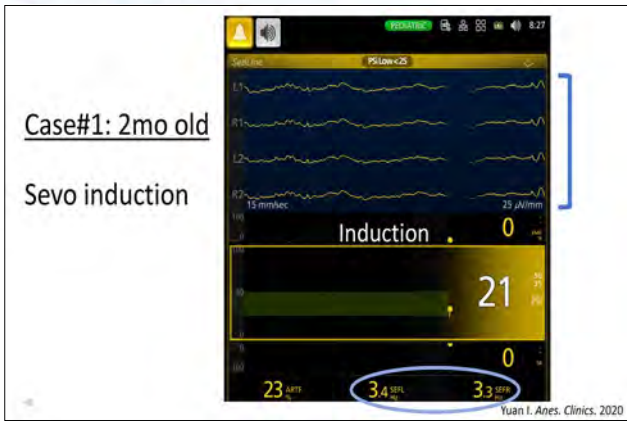
Fritz, A&A 2016; Sacyznski, NEJM 2012; Marcantonio, NEJM 2017
Seltzer, JTCVS 2016; Yuan, A&A 2020; Yuan, Anesthesiology 2022

EEG monitoring in children

EEG waveforms and processed EEG parameters

EEG changes with anesthetic and age

Cases studies



Propofol dosing table

Age group	0-1 mo	1-3 mo	3-6 mo	6-12 mo	1-3 yrs	3-12 yrs
Propofol bolus (mg/kg)	3.5	3	3	3	3	2.5
Propofol 0-15 min (µg/kg/min)	183	200	200	208	217	250
Propofol 16-30 min	167	183	192	200	200	217
Propofol 30-60 min	150	167	175	183	192	183
Propofol 60-120 min	133	158	167	175	183	167
Propofol 120-180 min	117	150	158	167	175	150
Propofol 180-300 min	100	133	150	158	167	142

Propofol Ce 3 µg/ml

Yuan I. Anes. Clinics. 2020
Singer & Reed Anes. 2004
Alphax & Reed Anes. 2010
Etomidate DR. BY J. ANANEZ 2018

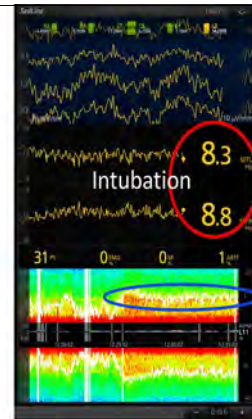
Recommended SEF ranges (> 3-6mo)

Clinical endpoint	SEF range (hz)
Emergence	> 20
Sedation	15-20
Surgical maintenance	10-15
Incision/Laryngoscopy	6-9
Burst Suppression	< 5

(Anesth Clin 2020)

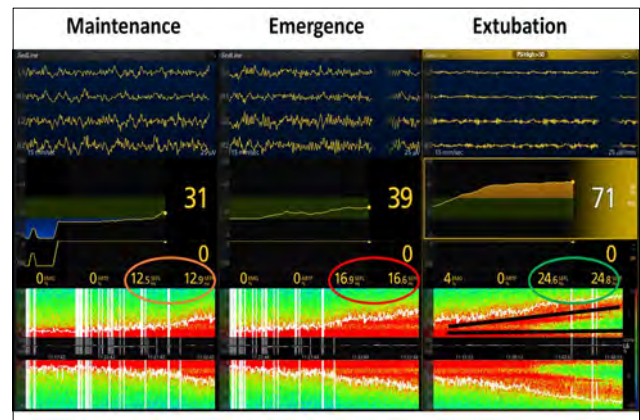
Case#2: 10mo TIVA

Intubation



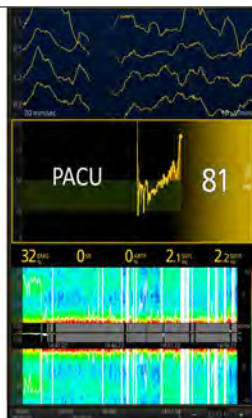
Case#2: 10mo TIVA

Incision -> Maintenance

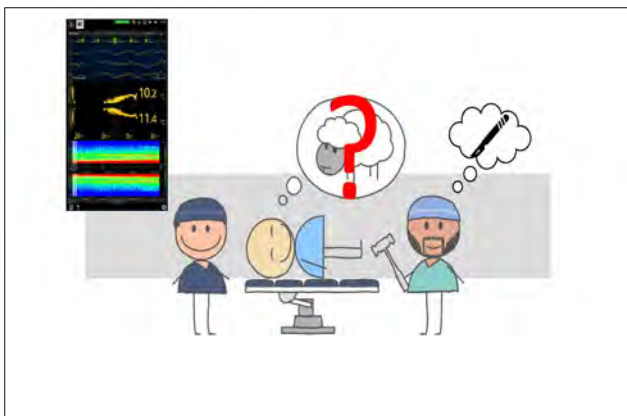
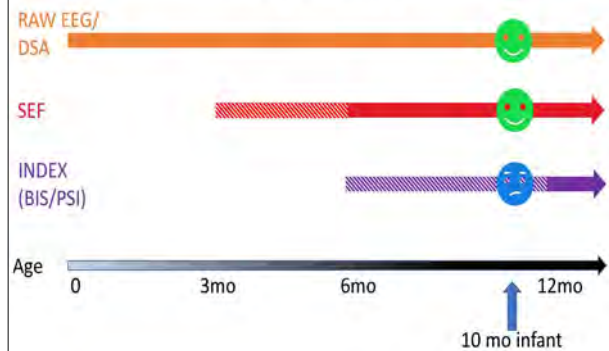


Case#2: 10mo TIVA

PACU



Case 2 summary





Session 3.

Preparing for the Future

Chair(s): Choon Looi Bong (Singapore)
Jun Heum Yon (Korea)
Seong-Hyop Kim (Korea)

Thoughts on Leadership Professional Development and Career Success: Building the Future of Pediatric Anesthesiology Thoughts on Leadership

Randall Flick

Mayo Clinic Children's Center, USA

Leadership

AS PHYSICIANS YOU ARE ALL LEADERS

YOUR... PROFESSIONAL SUCCESS DEPENDS ON THE CAPACITY TO LEAD.

TODAY... I WILL TOUCH ON A FEW LESSONS I HAVE LEARNED OVER A LONG CAREER.




Lesson #1 Identify "Heroes"

- Heroes are people who you look up to and want to emulate
- They are not perfect and often may be quite flawed.
- Heroes are often composites of several or many individuals

There are also anti-heroes!

Be your own hero... but keep it to yourself



Lesson # 2

WHAT DO YOU WANT TO BE WHEN YOU GROW UP?

FLICK 2018

Most of us begin as clinicians not planning or aspiring to leadership.

Perspectives and careers change over time.

Periodic reassessment helps define direction and goals



Lesson # 2 , continued.

WHAT DO I WANT TO BE MOST PROUD OF WHEN I RETIRE?

As you progress in your career the perspective changes.

Forward looking... when I grow up perspective


Backward looking... when I retire perspective



LESSON #3 DELEGATION

DELEGATING TO OTHERS IS NOT EASY BUT IT IS ESSENTIAL TO YOUR SUCCESS MIKE HARPER

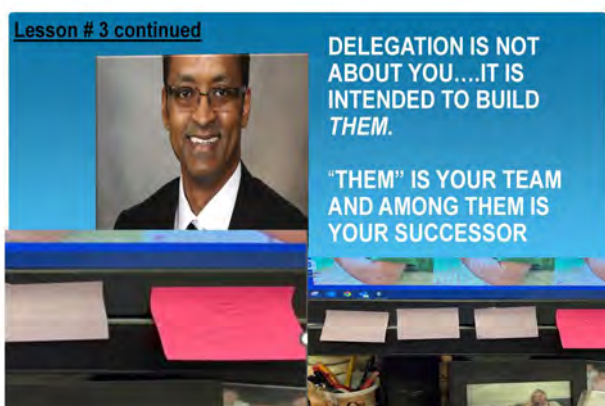
Do Defer Delegate



Lesson # 3 continued


DELEGATION IS NOT ABOUT YOU....IT IS INTENDED TO BUILD THEM.

"THEM" IS YOUR TEAM AND AMONG THEM IS YOUR SUCCESSOR




Lesson # 4

WE ...NOT I
MAYO CLINIC CULTURE



Rarely, if ever, do we ever do anything without help.
There is always someone else who deserves credit.
GIVE CREDIT EXPLICITLY



"The keynote of progress ... is system and organization — in other words, 'team-work.'" 1916

Lesson # 4

TEAMS AND PROCESSES

A culture of "We"

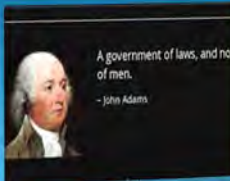


DON'T JUST BE PROBLEM SOLVER (MANAGER)...
... BE A PROCESS BUILDER
Success of an organization is dependent on processes not on individual people...
... but on people (leaders) who build processes using teams of people
Managers fix problems... often with a hammer
Leaders address challenges not with a hammer... but with a team

"If the only tool you have is a hammer, it is tempting to treat everything as if it were a nail." Abraham Maslow 1966

Lesson # 5

RULES TO LIVE (LEAD) BY



A government of laws, and not of men.
— John Adams

Transparency
Equity
Inclusion
Process

Establish clear, equitable, inclusive and transparent processes...
...when you do that, you empower **all** to be leaders and **all** to be held accountable to the rules that **we** made...
...rather than a ruler who makes rules unilaterally

Lesson # 6

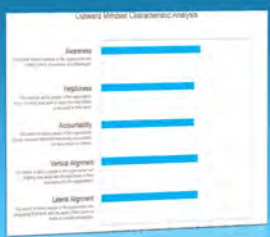
THE PEOPLE ON YOUR TEAM ARE... PEOPLE.

LEADERSHIP AND SELF-DECEPTION

PEOPLE WHO HAVE HOPES DREAMS FEELINGS STRENGTHS WEAKNESSES...
JUST LIKE YOU AND I

The Concept of Self-Betrayal and Self-Deception

Lesson # 6 continued



"AS FAR AS I AM CONCERNED THE PROBLEM IS ME..."

Seeing problems in others is easy
Seeing the role we play in those problems is much harder...
...and much more important!
The Outward Mindset

Lesson # 7

THE ANSWER IS ALWAYS.... YES!




This is advice that was given to me early in my career, I gave to my division members and have carried forward in my career.
My successor has made this a centerpiece of his leadership

Lesson # 8

LEADERSHIP IS NOT ABOUT BEING RIGHT OR KNOWING MORE...

...The need add value



Resist the need to add value to every conversation
Adding value is another way of showing how much you know.
Good leaders are not necessarily the smartest people in the room.
More valuable is the ability to identify talent and use it effectively


John, I am thinking of getting an MBA...
John Noseworthy 2014




Lesson # 9

BEING RIGHT DOES MATTER

KNOWING THINGS ALSO MATTERS



BUT...YOU CANNOT KNOW MORE THAN ALL THE PEOPLE WHO YOU CHOSE TO HAVE ON THE TEAM.

If you listen,...
... your team will teach you what you need to know and often what you don't know you need to know

REMEMBER THEY ARE JUST LIKE YOU. THEY WANT TO HAVE A CHANCE TO LET YOU AND THE TEAM KNOW HOW MUCH THEY CAN CONTRIBUTE

Lesson # 9



LISTEN!
MIKE HARPER 2015

Listening tells those engaged that you want to hear from them and their input is important.

Take notes!

Taking notes sends a message that what is being said is important enough to write down.

Taking notes also forces you to listen.

Lesson # 10



The data are what they are. It is our job to produce good science.

Let others opine and criticize.

David Warner 2009

Lesson # 11 Dealing with Complaints/Concerns

"Lincoln's Hot letters"



**WRITE A RESPONSE.
SEND IT TO YOURSELF.
LEAVE IT FOR A DAY OR TWO
DECIDE WHETHER TO SEND, EDIT
OR DISCARD**

Randy, you don't need to respond to every concern or complaint. File it. Ignore it... if its serious they will send another note or give you a call. *Jukka Pasanen*



Lesson # 11 continued



THIS TOO SHALL PASS...AWAY

Whatever the urgent issue is today.

It is transient and will be replaced by something else tomorrow.

Put it on a single sheet of paper and send it to me.

Lesson # 12



THE IMPORTANCE OF TRUSTED CONFIDANTS

As leaders you need individuals whom you trust enough to seek advice before you introduce change.

If you are unsure or even if you are sure, it is never a bad idea to seek input from a trusted colleague.

It (they) can keep you out of trouble.

Lesson # 13



ASSUME BENIGN INTENT

Often we assume that the behavior of others is directed toward us especially when it seems negative.

QUESTIONS & ANSWERS



How to Prepare for the Next Pandemic?

Nicola Disma

Research & Innovation Unit at Istituto Giannina Gaslini, Italy

Conflict of interests declaration

- No conflict of interests to declare

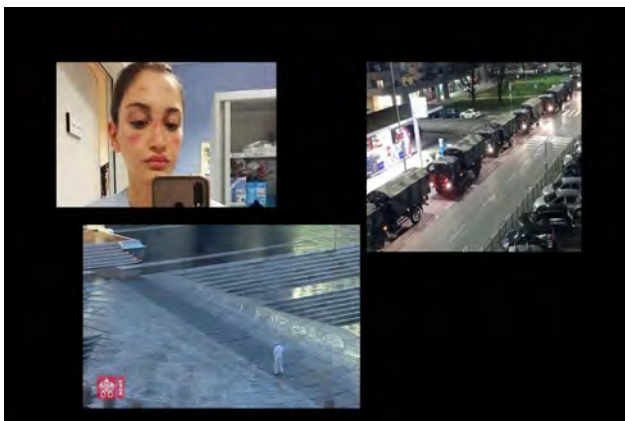
The background.....

- January 30, 2020, two Chinese tourists were tested positive in Rome
- Feb 20, 2020, 16 cases in Lombardy
- **March 11, 2020** The World Health Organization (WHO) declared the novel coronavirus (COVID-19) outbreak a global pandemic

Then the "whole world gone crazy"



Kamran J. SARS-CoV-2 airway reactivity in children: more of the same? Anaesthesia 2022



Avoid the Three Cs

Be aware of different levels of risk in different settings.

There are certain places where COVID-19 spreads more easily:

- 1 Crowded places** with many people nearby
- 2 Close-contact settings** Especially where people have close-range conversations
- 3 Confined and enclosed spaces** with poor ventilation

The risk is higher in places where these factors overlap. Even as restrictions are lifted, consider where you are going and #StaySafe by avoiding the Three Cs.

WHAT SHOULD YOU DO?

- Avoid crowded places and limit time spent.
- Wash or sanitize hands often.
- Avoid places where you have close contact with others.
- Wear face masks, cover coughs and sneezes.
- Check air circulation when you go physically outdoors.


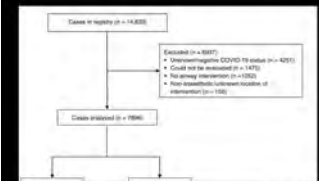

If you are unwell, stay home unless you need to seek urgent medical care.

AI PROCEDURE

<h4>Maintenance</h4> <ul style="list-style-type: none"> Continuous personal protective equipment use throughout, including entry, decontamination, and debriefing procedures. Utilize clear plastic barrier suits throughout mask entry. 	<h4>Emergency</h4> <ul style="list-style-type: none"> In-line closed suctioning performed. Change gloves between patients. Remain in the operating room. Consults close collaboration. Attention to signage (TVL, Cleanroom, Positive, Negative, etc.). Medical equipment system status for (Full Anesthesia Care Line).
<h4>Transporting Intubated Patients</h4> <ul style="list-style-type: none"> Viral filters on patients, have good respiratory level of ventilation. Viral filters between endotracheal tube adapter and manual resuscitator circuit. Continuous monitoring suction canister throughout laboring time. 	<h4>Infrastructure</h4> <ul style="list-style-type: none"> Negative pressure room for AGMPs. Ensure adequate air exchange. If negative-pressure systems not available, use HEPA filters and appropriate for required footprint.

PEDIATRIC AIRWAY MANAGEMENT COMPLICATIONS DURING THE COVID-19 PANDEMIC.

An International, Multicenter, Observational Registry: The PAWS-COVID-19 (Pediatric AirWay complicationS COVID-19) Registry

	All patients		Airway managed with tracheal tube		Airway managed with SAD				
	No COVID-19 n = 7567	COVID-19 n = 329 (95%CI)	No COVID-19 n = 4241	COVID-19 n = 232 (95%CI)	No COVID-19 n = 2432	COVID-19 n = 66 (95%CI)			
Any hypoxemia	214 (2%)	24 (7%)	270 (1.7-4.1)	162 (4%)	19 (0%)	225 (1.33-3.59)	40 (2%)	1 (2%)	0.92 (0.01-4.34)
Mild	121 (2%)	13 (4%)	253 (1.35-4.37)	87 (2%)	12 (5%)	240 (1.34-4.65)	28 (1%)	1 (2%)	1.32 (0.07-6.34)
Moderate	66 (1%)	9 (3%)	3.20 (1.47-6.14)	54 (1%)	3 (2%)	1.71 (0.59-3.92)	8 (1%)	-	-
Severe	27 (1%)	2 (1%)	1.71 (0.27-5.73)	21 (1%)	2 (1%)	1.75 (0.28-6.00)	4 (1%)	-	-
PPE									
Tracheal extubation barrier used			418 (6%)	100 (30%)					<0.001
Plastic barrier over patient			360 (5%)	80 (24%)					
Plastic barrier under patient			2 (1%)	-					
Transparent box			14 (1%)	6 (1.8%)					
Transparent shield			131 (2%)	24 (7%)					
Other			32 (1%)	7 (2%)					

Aftermaths (very personal)

- Stress test for NHSs
- Research & Innovation
- Long term consequences
- URTI

Aftermaths (very personal)

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Pandemics

- HIV/AIDS (2005-2012)
 - Death Toll: 36 million
- FLU PANDEMIC (1968)
 - Death Toll: 1 million
- ASIAN FLU (1956-1958)
 - Death Toll: 2 million
- Polio (1950s)
 - Death Toll: >100k
- SPANISH FLU (1918-1920)
 - Death Toll: 100 millions



Aftermaths (very personal)

- Stress test for NHSs
- Research & Innovation
- Long term consequences
- URTI

Dissemination of knowledge

- Advanced informatics
- Rapid publishing
- Social media
- Data repositories



Pubmed search 20 Sept 2022

- 296,187 published papers in 2020
 - ((wuhan[All Fields] AND ("coronavirus"[MeSH Terms] OR "coronavirus"[All Fields])) AND 2019/12[PDAT] : 2030[PDAT]) OR 2019-nCoV[All Fields] OR 2019nCoV[All Fields] OR COVID-19[All Fields] OR SARS-CoV-2[All Fields]
- 30,801 articles for children:
 - ((wuhan[All Fields] AND ("coronavirus"[MeSH Terms] AND "coronavirus"[All Fields])) AND 2019/12[PDAT] : 2030[PDAT]) OR 2019-nCoV[All Fields] OR 2019nCoV[All Fields] OR COVID-19[All Fields] OR SARS-CoV-2[All Fields] AND children

Nicola Disma: How to Prepare for the Next Pandemic?

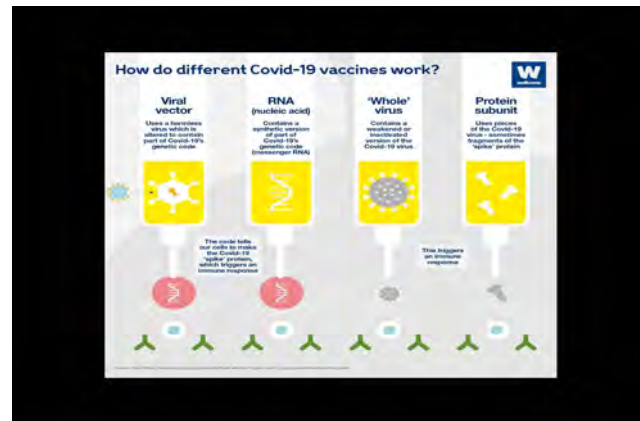
Scientific quality of COVID-19 and SARS CoV-2 publications in the highest impact medical journals during the early phase of the pandemic: A case control study

PLOS ONE

Table 3. Google Scholar citations of original articles published between March 12 and April 12, 2020.

Study Date	Original articles citations		P value*
	COVID-19 (n = 13)	nonCOVID-19 (n = 52)	
March 12	53 (14-212)	2 (1-3)	<0.001
March 15	45 (30-244)	2 (1-4)	<0.001
March 20	65 (41-290)	2 (1-4)	<0.001
March 25	88 (48-328)	2 (1-5)	<0.001
March 30	123 (59-390)	2.5 (1-5)	<0.001
April 5	139 (64-435)	3 (1.3-6)	<0.001
April 10	149 (73-512)	3 (1.3-7)	<0.001

* P < 0.05, Fisher's exact test



Innovation

- Pre-anaesthesia evaluation
 - Telemedicine
- Apps
- Videoconferences
- Faster discharge
- Treatment at home

Aftermaths (very personal)

- Stress test for NHS
- Research & Innovation
- Long term consequences
- URTI

CHILDREN AND YOUTH MENTAL HEALTH UNDER COVID-19

unicef

Systematic Review

Interventions to Ameliorate the Psychosocial Effects of the COVID-19 Pandemic on Children—A Systematic Review

Katharina Boldt^{1,2}, Michaela Coenen^{1,2,3}, Ani Movsisyan^{1,2,3}, Stephan Voss^{1,2}, Eva Rehfuess^{1,2}, Angela M. Kunzler^{1,4,5}, Klaus Lieb^{1,4} and Caroline Jung-Sievers^{1,2,*}

- Exercise
- Education
- Socialization
- Financial support programmes

Mitigate the impact of these crises on the mental health status of children

Long-COVID

Adults	Children/adolescents
1% asymptomatic	6% asymptomatic
99% symptomatic	94% symptomatic
81% mild	99% mild
19% severe	1% severe
10-61% post COVID-19 condition	1-30% post COVID-19 condition

Wenche, D.M. et al. J Am Coll Cardiol HF. 2021;9(12):827-837.

MISC

Multisystem inflammatory syndrome

4 things you need to know about Multisystem Inflammatory Syndrome in Children (MIS-C)

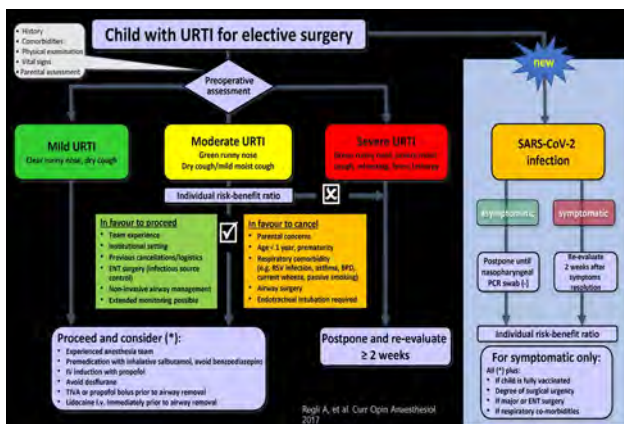
- Appears to be a rare condition in children
- May show up weeks after COVID-19 infection
- Causes inflammation across multiple organs, including: Heart, Lungs, Kidneys, Brain, Skin, Eyes, Gastrointestinal
- Produces varying symptoms in children, but they can include: Fever, Abdominal pain, Vomiting, Diarrhea, Neck pain, Rash, Bloodshot eyes, Feeling extra tired

Aftermaths (very personal)

- Stress test for NHSs
- Research & Innovation
- Long term consequences
- URTI

Paediatric infectious disease – “The perfect storm”

- COVID-19 variants, RSV, influenza A and B, haemophilus influenzae, rhinovirus, and pneumococcal variants, etc....
- Precautionary measures like
 - rapid point of care testing
 - appropriate methods for securing the airways
 - techniques designed to limit the spread of disease



Reflections

1. What is the relevance of *paediatric anaesthesia network* during a rapidly evolving pandemic?
2. How and where *new devices and techniques* should be tested?
3. How to rapidly *implement clinical practice*, when scientific evidence is weak?
4. What is the role of paediatric anaesthesia services in redefining *hospital organization and patients' flow*?

“Has the whole world gone crazy?”



“I can't be worried about that.... anymore. Life goes on, man!”

Karlsson J. SARS-CoV-2 airway reactivity in children: more of the same? Anaesthesia 2022

1. Epidemiology of peri-anesthetic complications in pediatric anesthesia

Morbidity and mortality after anaesthesia in early life: results of the European prospective multicentre observational study, neonate and children audit of anaesthesia practice in Europe (NECTARINE)

Nicola Disma^{1,4}, Francis Veyckemans², Katalin Virag³, Tom G. Hansen^{3,5}, Karin Becke⁶, Pierre Harlet⁷, Laszlo Vutsits^{8,9}, Suellen M. Walker¹⁰, Jurgen C. de Graaff¹¹, Marzena Zielinska¹², Dusica Simic¹³, Thomas Engelhardt¹⁴ and Walid Habre¹⁵, for the NECTARINE Group of the European Society of Anaesthesiology Clinical Trial Network¹

- Design: a **prospective, international, multicenter, observational study**
- Patients: Up to 60 weeks' postmenstrual age undergoing anesthesia for surgical or diagnostic procedures
- Aims:
 1. To identify thresholds of pre-determined physiological variables that triggered a medical intervention
 2. To evaluate morbidities, mortality at 30 and 90 days, or both, and associations with critical events

1. Epidemiology of peri-anesthetic complications in pediatric anesthesia

Morbidity and mortality after anaesthesia in early life: results of the European prospective multicentre observational study, neonate and children audit of anaesthesia practice in Europe (NECTARINE)

Results:

- Recruitment period: 11 months (Mar 2016 – Jan 2017)
- No. of participating institutions: 165, across 31 European countries
- No. of recruited neonates included: 5,609

• Incidence of critical events: **35.2% of cases**

- mainly hypotension (>30% decrease in BP) or reduced oxygenation (SpO₂ <85%)

1. Epidemiology of peri-anesthetic complications in pediatric anesthesia

Systematic Review / Meta-analysis

Global mortality of children after perioperative cardiac arrest: A systematic review, meta-analysis, and meta-regression

Semagn Mekonnen Abate^{1*}, Solomon Nega², Bivash Basu³, Kidanemariam Tamrat⁴

¹ Department of Anaesthesiology, College of Health Sciences and Medicine, Dilla University, Ethiopia
² Department of Internal Medicine, College of Health Sciences and Medicine, Dilla University, Ethiopia
³ Department of Anaesthesiology, College of Health Sciences and Medicine, Hawassa University, Ethiopia

Annals of Medicine and Surgery 74 (2022) 103285

- 38 studies with 3.35 million participants were included
- The global incidence of perioperative cardiac arrest: **0.254%** (95% CI: 0.223-0.284)
- The global incidence of perioperative mortality: **4.118%** (95% CI: 3.568-4.668)
- Significant difference in anesthesia-related mortality between low middle income countries and high income countries

1. Epidemiology of peri-anesthetic complications in pediatric anesthesia

You can't manage what you don't measure

- Peter F. Drucker

1. Epidemiology of peri-anesthetic complications in pediatric anesthesia

Large multicenter collaborative projects regarding pediatric peri-anesthetic adverse events

APRICOT
NECTARINE

Wake Up Safe

ASOS Paeds
African Surgical Outcomes Study

PEACH in Asia
study project

LASOS
Latin American Surgical Outcomes Study

ANZCA
ANZCA reporting system

2. PEACH in Asia study

What is "PEACH in Asia study"?

Peri-Anesthetic morbidity in Children in Asia (PEACH in Asia) study:
a prospective international multicenter observational study on epidemiology of severe critical events in pediatric anesthesia in Asia

2. PEACH in Asia study

Design: **multinational, multicenter, prospective, observational study**

Outcome measures:

- Primary: Incidence of severe critical events
 - ① laryngospasm, ② bronchospasm, ③ pulmonary aspiration, ④ drug error,
 - ⑤ anaphylaxis, ⑥ cardiovascular instability, ⑦ neurological damage,
 - ⑧ peri-anesthetic cardiac arrest, ⑨ post-anesthetic stridor

Time Frame: Children will be followed for the duration of their anesthesia procedure and up to 60 minutes afterwards

- Secondary:
 1. Risk factors for the occurrence of severe critical events
 2. Consequences of the critical events: irreversible damage, in-hospital mortality

Time Frame: in-hospital and up to 30 days

2. PEACH in Asia study

Data acquisition

- Each participating institutions collect data over a period of **two week including weekends and after-hours**
- The 2-week recruitment period will be chosen by each institution
- Participating institutions will be provided with data collection sheets
- The data will be filled in the electronic case report form (e-CRF)
- e-CRF has already been created on the internationally affiliated and safe cloud system, UMIN-INDICE

Data collection flow chart

Soichiro Obara: Time to Obtain Epidemiologic Data on Pediatric Anesthesia in Asia Itself: Introduction of PEACH in Asia Study

2. PEACH in Asia study

Study population

Children from birth to 15 years

- ✓ admitted for an inpatient or outpatient procedure under general anesthesia with or without regional analgesia
- ✓ admitted for a diagnostic procedure under general anesthesia (such as endoscopy, radiology, bone marrow puncture, etc.)
- ✓ admitted out-of-hours for emergency procedures

Exclusion criteria:

- Children admitted directly from the ICUs to the ORs
- Anesthesia procedures in the NICU or the PICU

2. PEACH in Asia study

Sample size estimation

the European APRICOT

- mean 5.2% [95% confidence interval(CI) 5.0-5.5]

In several Asian countries

- 3.3% in Singapore, 8.9% in India, and so on

↓

A minimum of **7,600** patients → a 95% CI of 1.0%
 (assuming that the incidence of severe critical events is 5.2%, (ie, 95% exact CI is 4.7-5.7%))
 or

A minimum of **30,000** patients → a 95% CI of 0.5%



2. PEACH in Asia study

Publication policy

- After submitting grant proposal, recruitment of patients, data acquisition, cleaning and analysis of the data obtained, **authorship will be distributed according to differences in investment.**
- Each participating center including at least 5 patients can designate one collaborator that will be mentioned in the publication. Furthermore, for each additional 50 patients included, one more collaborator can be designated.
- **These collaborators will be mentioned in the manuscript and will be traceable via Pubmed.**
- Also, on request, centers will be allowed to use their data. Proposals for secondary analyses can be submitted to the Steering Committee that will need to approve those analyses and that will revise all papers originating from final analysis prior to submission.

2. PEACH in Asia study


Current protocol issued on medRxiv


medRxiv   Yale

THE PREPRINT SERVER FOR HEALTH SCIENCES

<https://www.medrxiv.org/content/10.1101/2022.11.13.22282262v3>

PEACH in Asia: PEri-Anesthetic morbidity in CHildren in Asia: A prospective multinational multicenter observational study to investigate epidemiology of severe critical events in pediatric anesthesia in Asia






Soichiro Obara, Choon Looi Bong, Norifumi Kuratani, Zehra Serpil Ustalar Ozgan, Mahin Seyedhejazi, Shemila Abbasi, Ekta Rai, Elsa Varghese, Evangeline K Villa, Andi Ade W Ramlan, Ina Ismiarti Shariffuddin, Patcharee Sriswasdi, Phaekey Nhoung, Vivian Yuen, Hyo-Jin Byon, Josephine S K Tan

doi: <https://doi.org/10.1101/2022.11.13.22282262>

2. PEACH in Asia study

The dedicated website will be updated soon



PEACH in Asia study
 PEri-Anesthetic morbidity in CHildren in Asia study

[CLICK HERE to refer to the protocol and the associated document \(Jump to the MedRxiv page\)](#)

2. PEACH in Asia study

Updated information available on newsletters

As of May 12th, 2023

 **Questions and Answers**

PEACH in Asia study project

Soichiro Obara, the principal investigator of the PEACH in Asia study

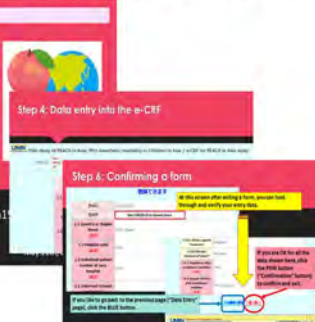
Thank you all the national coordinators for contributing to the progress of our study project!
 Our PEACH in Asia study is now recruiting the patients for the pilot study.

2. PEACH in Asia study

"User's guide for data entry in electronic case report form"

For all the national or local coordinators

Data Entry into e-CRF on the UMIN INDICE system for the pilot study of the PEACH in Asia study: User Guide



Step 4: Data entry into the e-CRF

Step 4: Confirming a form

Contact: Soichiro Obara, MD, DrPH (Japan) soichoba1@umc.ac.jp

2. PEACH in Asia study

A pilot study on-going in May to June 2023

(facilities scheduled to participate as of mid-May)

Country/ Region Name	Country/ Region Code	Hospital Name	Hospital Code	Coordinator Name
Singapore	029	KK Womens' and Children's Hp	001	Choon Looi Bong, Siti Nuru Dyanah
Turkey	034	University of Acibadem	001	Z Serpil Ustalar Ozgan
Indonesia	010	Dr. Cipto Mangunkusumo Hp	001	Andi Ade W Ramlan
Malaysia	018	University of Malaya	001	Ina Ismiarti Shariffuddin
India	009	Christian Medical College	001	Ekta Rai
Pakistan	024	Aga Khan University Hp	001	Shemila Abbasi
Hong Kong	038	Hong Kong Children's Hp		Vivian Yuen, Jasmin Tong
Japan	013	Tokyo Metropolitan Otsuka Hp	001	Soichiro Obara
Japan	013	Saitama Children's Medical Center	002	Norifumi Kuratani

Asian PEdiatric Anesthesia Research (A-PEAR) team
(contributing to our research project)




Members include: Shemila Abbasi (Pakistan), Josephine Tan (Singapore), Choon Lool Bong (Singapore), Soichiro Obara (Lead) (Japan), Norifumi Kuratani (Japan), Patcharee Srisawasdi (Thailand), Hyo-Jin Byon (South Korea), Pheakdey Nhoung (Cambodia), Elsa Varghese (India), Ekta Rai (India), Z Serpil Ustalar Ozgen (Turkey), Andi Ade W Ramlian (Indonesia), Evangelina Villa (Philippines), Mahin Seyedhejazi (Iran), Ina Ismiarti Shariffuddin (Malaysia), and Teresita A Batanes (Philippines).

2. PEACH in Asia study

Research SIG's Vision


- To work on determination of the important research questions in our field of pediatric anesthesia, to hopefully trigger research endeavors in this area
- To foster the generation and propagation of research ideas in pediatric anesthesia beyond borders throughout Asia
- To collaborate with research committees of other anesthesia societies



2. PEACH in Asia study

2022-23 research SIG activities and outcomes

- Our main project: launching the internationally collaborative research project regarding prospective cohort research regarding peri-anesthetic morbidity in children in Asia, **PEACH in Asia study** project
- The Protocol was published on a pre-print server (MedRxiv)
- IRB review and approval were obtained at multi-national/regional centers in spring 2023
- A pilot study has been on-going in May to June 2023



2. PEACH in Asia study

Peri-Anesthetic morbidity in Children in Asia (PEACH in Asia) study:

- will provide strategic framework for evidence-based policy-making, accountability and implementation guidance
- will work as a powerful roadmap to develop and implement data-driven education/training plans in Asia

The main study will start recruitment this summer



2. PEACH in Asia study

Any hospital caring neonates and children is welcome to participate!

Your participation is highly appreciated!

Let us work on this project together!

Kindly feel free to contact: **Soichiro Obara** 😊
E-mail address: soichoba1975@gmail.com

Or, kindly contact the A-PEAR tem members



The Future of Anesthesia-Related Neurotoxicity Studies: Update on the TREX Trial

Dean B. Andropoulos

Texas Children's Department of Anesthesiology, USA

Disclosures

- SmartTots Medical Officer: private-public partnership of U.S. FDA and International Anesthesia Research Society
- U.S. FDA IND holder for dexmedetomidine studies (#118058)
- SmartTots grant funding for U.S. centers
- Australian National Medical Research Council funding the DCC in Melbourne, Australia
- Italian Medicines Agency funding all sites in Italy
- Dexmedetomidine is not labeled for pediatric use by U.S. FDA

Learning Objectives

- Review the pharmacology and physiologic effects of dexmedetomidine
- Discuss dexmedetomidine neurodegenerative effects
- Describe human dexmedetomidine safety and pharmacokinetics in infants
- Detail the rationale and design for the TREX Trial

Premise for Dexmedetomidine Studies

- Gamma-aminobutyric acid (GABA) and N-methyl-D-aspartate (NMDA) binding anesthetic agents consistently cause increased neuroapoptosis and other neurodegeneration, and adverse long-term neurocognitive/behavioral deficits in animal models of the developing brain, including non-human primates
 - Sevoflurane (GABA) is the most commonly used inhaled general anesthetic in infants and children world-wide
- Sevoflurane anesthetics in human infants and children are associated with behavioral changes (not cognitive) after single or multiple exposures
- Dexmedetomidine does not produce the same neurodegenerative changes in animals, and could serve as an adjunct, or sole sedative, during general anesthesia in infants and children

Ing C, et al. *Anesthesiology* 2022;136:500-532

ANESTHESIOLOGY
Anesthesia and Developing Brains: Unanswered Questions and Proposed Paths Forward
 Granting M.D., M.S., David S. Warner M.D., Lyle E. Son M.D., David P. Fink M.D., M.D., Andrew J. Gendler M.D., M.D., F.A.C.P., F.A.S.A., Laura Roberts M.D., Ph.D., Amy Lee McClain M.D., James D. Gray M.D., David C. Sanger M.D., Ph.D., Virginia Ward, J.D., Beornu A. Olan M.D., Ph.D., F.R.C.P.C., Barbara Smith M.D., [doi:10.1097/ALN.000000000000112](#)
Anesthesiology 2022; 136:500-532

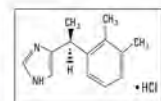
ABSTRACT
 Anesthesia is a complex phenomenon in a developing brain, the effects of which are still unclear. The neurotoxic and neurodegenerative effects of anesthesia on the developing brain have been a topic of intense research interest for many years. This review discusses the current state of knowledge on the neurotoxic and neurodegenerative effects of anesthesia on the developing brain, and proposes paths forward for future research. The review discusses the current state of knowledge on the neurotoxic and neurodegenerative effects of anesthesia on the developing brain, and proposes paths forward for future research. The review discusses the current state of knowledge on the neurotoxic and neurodegenerative effects of anesthesia on the developing brain, and proposes paths forward for future research.

Table 1. Advantages and Disadvantages of Potential Research Approaches

Approach	Advantages	Disadvantages
Further comparison of animal models	Randomized controlled trials are the gold standard for proving causal effect of anesthetic exposure	Randomized controlled trials are expensive and time consuming. Children cannot be randomized to an anesthetic, and what constitutes a "null" outcome is unclear. A hypothesis of injury and the clear outcome to evaluate are critical. The animal models often do not fully replicate the human situation.
Observational studies and case series	Randomized controlled trials may not be feasible in all situations. Clinical history is commonly applied to other areas such as environmental toxicity.	Observational studies are limited by the inability to distinguish effects of anesthesia from surgery and other perioperative factors, as well as issues with confounding by indication. Application of causal theory relies on well-developed observational studies.
Interventional studies and biomarkers	Injury cannot be identified at an earlier stage. Biological and molecular biology could be performed. Endpoints may be identified.	No validated biomarkers have been identified. Key clinical biomarkers would need to be validated in a long-term clinical outcome of interest. Interventional studies and biomarkers would not be able to distinguish the effects of anesthesia from surgery and other perioperative factors.
Preclinical experiments	Transition between animal models and humans must be improved. Children may be more vulnerable to preclinical outcomes. Loss of function in the child as exposure is typically due to a condition in the mother rather than underlying conditions in the child. This is the animal model that is most similar to humans.	The theory of neurotoxicity from cellular, molecular, and systems level is challenging. The animal study that evaluated the same outcome in humans and nonhuman primates found differences in outcomes between the two species, although nonhuman primates had significantly larger outcomes.
Neuroimaging and molecular biology	This is the animal model that is most similar to humans. This model can be used to evaluate questions that cannot be studied in humans.	

Anesthesiology 2022; 136:500-532

Dexmedetomidine



- Dexmedetomidine (DEX) is a novel sedative/hypnotic/analgesic agent
 - α -2 receptors: locus ceruleus and spinal cord
 - α -2: α -1 selectivity 1600:1 (clonidine 200:1)
- Minimal respiratory depression
- Reduces post-cardiac surgical tachyarrhythmias
- Reduce doses of volatile anesthetic agents (VAA), opioids, benzodiazepines
- Less neuroapoptosis in the developing brain
- Blocks neuroapoptosis by anesthetic agents
- Neuroprotective in hypoxia-ischemia
- Neuroprotective in inflammatory states

Human Data
 Animal Data

SYSTEMATIC REVIEW WILEY

A systematic review and narrative synthesis on the histological and neurobehavioral long-term effects of dexmedetomidine

Pediatric Anesthesia. 2019;29:125-136.

Camille E. van Hoor¹ | Sanne E. Hoeks¹ | Heleen Essink¹ | Dick Tibboel² | Jurgen C. de Graaff¹

Conclusion: In animals, dexmedetomidine was found not to induce histologic injury and to show a beneficial effect when administered with another anesthetic. No clinical results on the long-term effects in children have been identified yet.

TABLE 2 Study characteristics

Article	Study design	Single dose dex (µg/kg)	Total dose dex (µg/kg)	Additional drugs	Histologic injury by dex?	Dex decreases injury caused by other anesthetics?	Impaired function after dex?	Long-term effects after dex (behavior)?
Duan 2014 ²⁷	dex vs dex+iso	25	75	ketorolac 75 mg/kg	---	---	---	---
Gongg 2014 ²⁷	dex vs dex+iso	6.6-12.5-25	6.6-12.5-25	ketorolac 75 mg/kg	---	---	---	---
Huo 2013 ²⁸	dex vs dex+iso	25	75	ketorolac 75 mg/kg	---	---	---	---
Reuter 2012 ²⁹	dex vs dex+prop	3	3	ketorolac 75 mg/kg	---	---	---	---
Kuo 2014 ³⁰	dex vs dex	30-30	30-30	ketorolac 75 mg/kg	---	---	---	---
Lee 2012 ³¹	dex+prop vs dex+iso	1.5-2.5-5.0-10 ²⁰	3.15-7.5-15.0-30.0	ketorolac 75 mg/kg	---	---	---	---
Li 2014 ³²	dex+prop vs dex+iso	2.5-5.0-10	5-10-20	ketorolac 75 mg/kg	---	---	---	---
Li 2014 ³³	dex vs dex+iso	25-50-75	25-50-75	ketorolac 75 mg/kg	---	---	---	---
Lin 2014 ³⁴	dex vs dex+iso	25-50-75	75-150-225	ketorolac 75 mg/kg	---	---	---	---
Liu 2013 ³⁵	dex vs dex+iso	10-20-30	30-120-250	ketorolac 20 mg/kg	---	---	---	---
Lu 2012 ³⁶	dex+prop vs dex	25-50-75	25-50-75	propofol 300 mg/kg	---	---	---	---
Shiroya 2012 ³⁷	dex vs dex+iso	1	2	ketorolac 75 mg/kg	---	---	---	---
Shiroya 2012 ³⁸	dex vs dex+iso	30-45	30-45	ketorolac 75 mg/kg	---	---	---	---
Shiroya 2012 ³⁹	dex vs dex+iso	1.5-3.0-25.0	3-15-30-75-150	ketorolac 75 mg/kg	---	---	---	---
Sanders 2009 ⁴⁰	dex vs dex+iso	1-10-25	3-30-75	ketorolac 75 mg/kg	---	---	---	---
Sanders 2009 ⁴¹	dex vs dex+iso	25-50-75	75-150-225	ketorolac 75 mg/kg	---	---	---	---
Su 2005 ⁴²	dex vs dex+iso	10	20	ketorolac 75 mg/kg	---	---	---	---
Tikhonova 2011 ⁴³	dex vs dex	5-10	5-10	propofol 70 mg/kg	---	---	---	---
Wang 2015 ⁴⁴	dex+prop vs dex	75	525	propofol 70 mg/kg	---	---	---	---
Zeng 2013 ⁴⁵	dex vs dex+iso	25-50-75	25-50-75	ketorolac 75 mg/kg	---	---	---	---

Pediatric Anesthesia. 2019;29:125-136.

Why Dexmedetomidine?

- Clinician's perspective:
 - Familiarity
 - Feasibility for research and adoption into clinical practice
- Widely used in pediatric anesthesia and ICU
 - Post-surgical, medical ICU, premed, opioid sparing for tonsillectomy, TIVA for spines, emergence agitation, procedural sedation
- Significant body of clinical research/clinical publications in infants/children
 - 456 in infants birth-23 months
 - 1191 in children 0-18 years
- U.S. FDA labeled for adults 18+
 - ICU sedation intubated patients
 - Procedural sedation: non-intubated patients; surgical and other procedures

British Journal of Anaesthesia, 123 (6): 839-852 (2019)

doi: 10.1016/j.bja.2019.06.026
Advance Access Publication Date: 14 October 2019
Paediatric Anaesthesia

PAEDIATRIC ANAESTHESIA

Results of a phase 1 multicentre investigation of dexmedetomidine bolus and infusion in corrective infant cardiac surgery

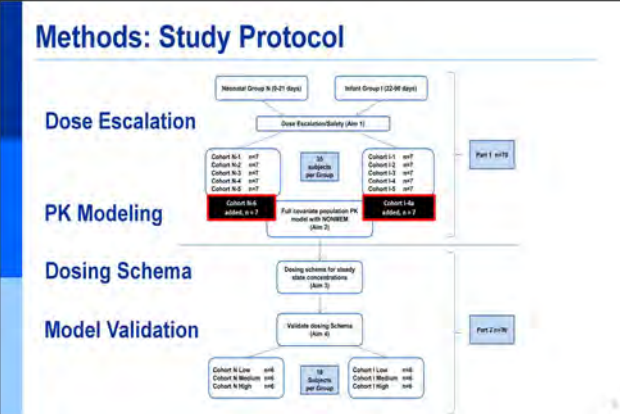
Athena F. Zuppa¹, Susan C. Nicolson², Nicole S. Wilder², Juan C. Ibla³, Erin A. Gottlieb^{4,5}, Kristin M. Burns⁶, Mario Stylianou⁶, Felicia Trachtenberg⁷, Hua Ni⁸, Tera H. Skeen⁸, Dean B. Andropoulos^{4,5} on behalf of Pediatric Heart Network Investigators

Methods: Subject Recruitment, N = 124

- Inclusion criteria: Neonates/Infants 0-180 days
- Stratification: Neonates 0-21 days; Infants 22-180 days
- Corrective two-ventricle surgery with CPB:
 - Arterial switch for dextrotransposition of the great arteries (D-TGA)
 - Ventricular septal defect without arch obstruction
 - Tetralogy of Fallot
- Major exclusion criteria
 - <37 weeks (neonates), <36 weeks (infants), extracardiac anomalies affecting safety/PK, previous DEX/clonidine, AV block, bradycardia, renal/liver dysfunction, cardiac arrest/ECMO
- Enrollment in 4 U.S. centers
 - Texas Children's Hospital, Children's Hospital of Philadelphia, C.S. Mott Children's Hospital, Boston Children's Hospital

Results: Safety Events

- 5 adjudicated safety events (4.1%, 95% CI 1.8-9.2%)
 - Two junctional bradycardia (65-109 BPM)
 - Two 2nd-3rd degree AV block (85-95 BPM)
 - All 4 with temporary pacing (30 minutes to 48 hours)
 - 3 of 4 receiving digoxin, amiodarone, or β-adrenergic blocking drugs
 - One hypotension: multifactorial etiology
- All safety outcomes in Infant age group
- No consistent relationship with DEX plasma level (126-977 pg/ml)



Results: PK Parameters, N=119 Subjects

Parameter	Allometric weight normalised model		Linear weight normalised model	
	Point estimate (NONMEM SE%)	95% CI from LLP	Point estimate (NONMEM SE%)	95% CI from LLP
Cl _{pre} (ml min ⁻¹ 70 kg ⁻¹)	1240 (14)	1030, 1470	2580 (14)	1950, 3400
Cl _{cpb} (ml min ⁻¹ 70 kg ⁻¹)	74.1 (42.1)	59, 126	142 (53.5)	130, 300
t _{1/2 post} (ml min ⁻¹ 70 kg ⁻¹)	673 (7.9)	560, 670	1740 (8.39)	1020, 1400
V _{1pre} (L 70 kg ⁻¹)	132 (26.4)	109, 152	139 (25.8)	94.6, 202
V _{1cpb} (L 70 kg ⁻¹)	115 (4.7)	106, 136	116 (14.9)	103, 146
V _{1post} (L 70 kg ⁻¹)	155 (7.6)	141, 167	159 (7.92)	123, 185
Q _{pre} (ml min ⁻¹ 70 kg ⁻¹)	2300 (96.1)	50, 6800	4120 (107)	100, 400 000
Q _{cpb} (ml min ⁻¹ 70 kg ⁻¹)	2980 (18.7)	2410, 3710	6160 (16.9)	4300, 8400
Q _{post} (ml min ⁻¹ 70 kg ⁻¹)	209 (18.6)	161, 270	422 (20.3)	280, 700
V _{2pre} (L 70 kg ⁻¹)	78.9 (36)	19.5, 154	69.6 (43)	5, 90
V _{2cpb} (L 70 kg ⁻¹)	144 (12.4)	135, 162	147 (12.4)	101, 149
V _{2post} (L 70 kg ⁻¹)	105 (9.4)	92.3, 113	97 (10.6)	78.6, 130
Age Cl _{post} 50% mature (days)	1.77 (25.4)	1.11, 2.28	1.29 (33.9)	0.4, 2
Temp effect V _{1cpb}	-1.6 (6.6)	-1.69, -1.41	-1.57 (6.43)	-1.73, -1.21

Results: Dosing Recommendations

Age Group	Target Plasma Concentration (µg/ml)	Initial Loading Dose (mcg/kg)	Infusion 1: pre-CPB, first 60 min CPB (mcg/kg/hr)	Loading Dose to CPB Prime (mcg/ml)	Infusion 2: after 60 min CPB until end CPB (mcg/kg/hr)	Infusion 3: 60 min after CPB (mcg/kg/hr)
Neonate	200	0.24	0.22	0.004	0.04	0.14
Neonate	500	0.6	0.55	0.01	0.1	0.35
Neonate	700	0.84	0.77	0.014	0.14	0.49
Neonate	1000	1.2	1.1	0.02	0.2	0.7
Infant	200	0.29	0.26	0.005	0.05	0.17
Infant	500	0.72	0.66	0.012	0.12	0.42
Infant	700	1.01	0.92	0.017	0.17	0.59
Infant	1000	1.44	1.32	0.024	0.24	0.84

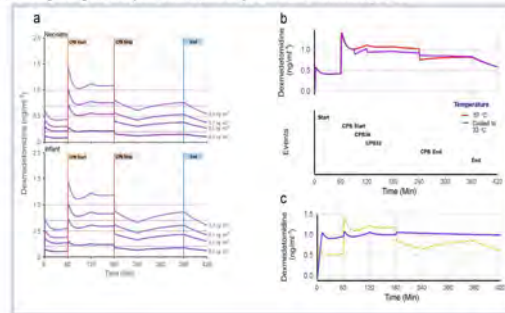
Based on CPB low temp of 32°C and 90-minute CPB time

British Journal of Anaesthesia, 123 (6): 839-852 (2019)

Playing with dexmedetomidine pharmacokinetics!

Gregory Hammer¹ and Steven L. Shafer^{1,2} British Journal of Anaesthesia, 124 (3): 238-240 (2020)

¹Department of Anesthesiology, Perioperative and Pain Medicine, Stanford University, Palo Alto, CA, USA and ²Department of Bioengineering and Therapeutic Sciences, University of California, San Francisco, CA, USA



Rationale for TRES Trial

- Opioids and alpha-2 agonists do not cause the same neurodegenerative changes seen in animal models with other GAs or sedatives
- Neurodevelopmental outcome data in longer anesthetic exposures, i.e. >2-3 hours, is lacking
 - Short single exposures, multiple exposures; behavioral but not cognitive changes
 - GAS, MASK, PANDA studies
- A pilot study of dexmedetomidine/remifentanyl/combined with caudal anesthetic for anesthetics greater than 2 hours was feasible in 60 subjects less than 1 year of age
- For the randomized trial, low-dose sevoflurane was added to dexmedetomidine/remifentanyl because of high rate of light anesthesia in the pilot study
- Standard dose sevoflurane is commonly utilized in daily practice for these anesthetics

TRES Pilot Study: (Toxicity of Remifentanyl-DEXmedetomidine)

Received: 16 March 2018 | Revised: 31 October 2018 | Accepted: 8 November 2018
DOI: 10.1111/pan.13544

RESEARCH REPORT

WILEY | Pediatric Anesthesia

An open label pilot study of a dexmedetomidine-remifentanyl-caudal anesthetic for infant lower abdominal/lower extremity surgery: The TRES pilot study

Peter Szuk^{1,2} | Dean Andropoulos³ | Francis McGowan⁴ | Ansgar Brambrink² | Christopher Lee⁴ | Katherine J. Lee⁷ | Mary Ellen McCann⁸ | Yang Liu³ | Rita Saynhalath¹ | Choon Looi Bong⁷ | Brian J. Anderson¹⁰ | Charles Berde⁶ | Jurgen C. De Graaf¹¹ | Nicola Disma^{12,13} | Dean Kurth⁴ | Andreas Loepke⁴ | Beverley Orser¹⁴ | Daniel L. Sessler² | Justin J. Skowno¹⁵ | Britta S. von Ungern-Sternberg¹⁶ | Laszlo Vutskits¹⁷ | Andrew Davidson¹⁸

Pediatric Anesthesia. 2019;29:59-67.

TRES Pilot Study (Toxicity of Remifentanyl-DEXmedetomidine)

- 8 sites enrolled subjects: (1-20), N = 60, age < 1 year
- Eye-opening times about 7 minutes
- Most had excellent analgesia in PACU, most discharged <60 minutes
- No protocol abandonment in 56 subjects
- No serious adverse events: mild/moderate hypotension (25%) and bradycardia (16%)
- 80% had "rescue" treatment for light anesthesia (movement/hypertension)**
- Protocol is feasible: 87.5% of patients with functioning caudal required no sevoflurane or propofol rescue**

Pediatric Anesthesia. 2019;29:59-67.

Dexmedetomidine/Remifentanyl/Low Dose Sevo vs. Standard Dose Sevoflurane RCT: TRES Trial

- Children <2 years undergoing 2 hours or longer of surgery time, 2+ hours of anesthesia time
- Dexmedetomidine/remifentanyl/low dose sevoflurane (0.3-0.6%ET), vs. standard higher dose sevoflurane (2.5-3.0%ET)
- Age 3 years: battery of neurodevelopmental tests
- Up to 20 sites in USA, Australia, Europe
- Weschler Full-scale IQ is primary outcome; difference of 5 points significant
- 450 needed to enroll to yield 380 evaluable subjects

TRES: Toxicity of Remifentanyl-DEXmedetomidine Trial

- Phase III randomized, active controlled, parallel group, assessor blinded, multicenter, superiority trial of:
 - Low-dose sevoflurane/DEX/remifentanyl: DEX 1 mcg/kg load, 1 mcg/kg/hr infusion; remifentanyl 1 mcg/kg load, 0.1 mcg/kg/min or greater infusion; sevoflurane 0.3-0.6% ET or less
 - Standard dose sevoflurane: 2.5-3.0% ET or greater
- Neuraxial/regional/local anesthesia, morphine (end of case) allowed
- Inclusion: < 2 years, surgery time of 2 hours, total anesthesia/OR time 2+ hours
 - Decreased from 2.5 hours due to slow enrollment
- Exclusion: Previous or future GA >2 hours before age 3 years; neurodevelopmental issues, cardiac or neuro disease

TRES: Primary Objective

- Determine if low dose sevoflurane/dexmedetomidine/remifentanyl is superior to standard dose sevoflurane anesthesia in terms of global cognitive function assessed by the full-scale IQ score of the Weschler Preschool and Primary School Intelligence Scale assessed at 3 years of age

TREX Secondary Objectives

- A range of other neurodevelopmental tests performed at 3 years of age including subscales of general cognitive functioning, language, executive function, memory, adaptive behavior, clinical behavior and social skills
- Diagnosis of any neurodevelopment disorder at 3 years of age
- Additional secondary outcomes:
 - Incidence of intraoperative hypotension and bradycardia
 - Postoperative pain
 - Time to recovery

TREX Enrollment

- 450 subjects have been enrolled, 190 in each group required to have 90% power to detect a difference of 5 points based on 2-sided test with alpha = 0.05
 - 15% loss to follow-up anticipated
- Enrollment started August 2017
- Pandemic slowed enrollment but additional centers started, especially Italy
- 450 target enrolled on April 21, 2023
- More than 100 with 3-year follow-up completed
- Anticipate completing most all neurodevelopmental assessments end of 2025
- No serious adverse events related to the study

Participating Centers and Enrollment

- United States:
 - Children's Medical Center, Dallas: 85
 - Texas Children's Hospital, Houston: 60
 - Boston Children's Hospital: 25
 - Children's Hospital of Philadelphia: 4
 - Cleveland Clinic: 4
- Australia:
 - Perth Children's Hospital: 23
 - Queensland Children's Hospital: 25
 - Children's Hospital Westmead: 19
 - Royal Children's Hospital, Melbourne: 13
 - Flinders Medical Centre: 14
 - Women and Children's Hospital, Adelaide: 11
 - Sydney Children's Hospital: 13

Participating Centers and Enrollment (cont'd)

- Italy:
 - Istituto Giannina Gaslini: 60
 - Azienda Ospedaliero Universitaria Pisana: 12
 - Azienda Ospedaliero-Universitaria Meyer: 21
 - Ospedale Bambino Gesù: 4
 - Azienda Ospedaliero-Universitaria di Bologna: 7
 - Presidio Ospedale Infantile C. Arrigo Azienda Ospedalier, Italy: 15
 - Vittore Buzzi Children's Hospital, Italy: 29
 - Fondazione IRCCS Cà Granda Ospedale Maggiore Policlinico - Clinica Mangiagalli, Italy: 6

Conclusions

- Dexmedetomidine does not induce the same histologic injury, and ameliorates the effects of other anesthetics in pre-clinical models
- Dexmedetomidine pharmacokinetics and safety are well established in infant populations, including congenital heart disease
- A dexmedetomidine-based anesthetic, with low-dose sevoflurane is safe and feasible
- The TREX Trial enrollment is complete and will add human neurodevelopmental outcome data with a dexmedetomidine-based anesthetic vs. conventional sevoflurane anesthetic



Session 4.

Issues We Are Facing & Need to Overcome

Chair(s): Vibhavari Naik (India)
Hee-Soo Kim (Korea)

Environmental Impact of Anesthesia (Virtual)

Diane Gordon

Children's Hospital Colorado, USA

Learning Objectives

1. Describe the chemical properties of volatile anesthetic agents and nitrous oxide that are responsible for their detriment to the atmosphere
2. Summarize the arguments supporting use of low fresh gas flows when using volatile agents, including the science that refutes higher flow suggestions for sevoflurane.

Healing the Culture of Medicine

Rebecca Donovan Margolis

Department of Anesthesiology and Critical Care Medicine, Children's Hospital Los Angeles,
University of Southern California Keck School of Medicine, USA

DISCLOSURE

I have no actual or potential conflict of interest in relation to this presentation

Objectives

- 1 DEFINE**
Healthcare provider burnout and its impact on individuals and the healthcare system
- 2 EXPLORE**
Factors contributing to physician well-being
- 3 IDENTIFY**
Actionable interventions that can improve medical culture

Definition of Burnout

World Health Organization

Drivers of Burnout

Shanafelt TL, Westwood R. Emotional Distress and Physician Well-Being: How Organizations Strategize to Promote Engagement and Reduce Burnout. *Mayo Clin Proc.* 2017 Jun;92(1):229-146. doi: 10.1016/j.mcp.2016.10.004. Epub 2016 Nov 18. PMID: 27873227.

Scope of problem

Specialty	Burnout Level (Estimated)
Emergency	45
General Internal Medicine	42
Neurology	40
Family Medicine	38
Otolaryngology	35
Ophthalmology	32
Neuroscience	30
Neurosurgery	28
General Surgery	25
Cardiology	22
Orthopedics	20
Psychiatry	18
Endocrinology	15
Urology	12
Pathology	10
General Pediatrics	8
Obstetrics/Gynecology	5
Pediatrics	3
Other	2
Public Health	1
Geriatrics	1
Preventive Medicine	1

N=7288

Burnout: A public health crisis

HARVARD MEDICAL SCHOOL
Leading health care organizations declare physician burnout as 'public health crisis'

Health Affairs
Physician Burnout Is A Public Health Crisis: A Message To Our Fellow Health Care CEOs

NATIONAL ACADEMY OF MEDICINE

What can we do?

- Stop the glorification of excessive self-sacrifice
- Stop blaming and shaming doctors
- Normalize peer and mental health support
- Stop the strip mining
- Empower physicians to be the architects of their own environment

The Wicked Problem of Physician Well-Being

Shapiro DE, Desautels C, Albert SH, Babinaw T, Paul A, Huber P, Beyond Burnout: A Physician Well-being Hierarchy Designed to Prioritize Interventions at the System Level. Am J Med. 2019 Mar;132(3):554-563. doi: 10.1016/j.amjmed.2018.11.028. Epub 2018 Dec 13. PMID: 30051831

Shapiro DE, Desautels C, Albert SH, Babinaw T, Paul A, Huber P, Beyond Burnout: A Physician Well-being Hierarchy Designed to Prioritize Interventions at the System Level. Am J Med. 2019 Mar;132(3):554-563. doi: 10.1016/j.amjmed.2018.11.028. Epub 2018 Dec 13. PMID: 30051831

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Stop the Glorification of excessive self-sacrifice

Shapiro DE, Desautels C, Albert SH, Babinaw T, Paul A, Huber P, Beyond Burnout: A Physician Well-being Hierarchy Designed to Prioritize Interventions at the System Level. Am J Med. 2019 Mar;132(3):554-563. doi: 10.1016/j.amjmed.2018.11.028. Epub 2018 Dec 13. PMID: 30051831

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Stop blaming and shaming doctors

Impact of lawsuits
Physicians involved in a lawsuit are at ↑ risk for stress, personal consequences, and burnout

Litigation and patient safety & quality
Litigation has not been shown to improve patient safety or quality of care

Liability reform
Liability reform is necessary to uphold patient safety while minimizing trauma to doctors

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Normalize peer and mental health support

Proactive support mechanisms for provision of relief, connection to mental health support, longitudinal legal & risk management

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The Impact of Perioperative Catastrophes on Anesthesiologist: Results of a National Survey

Gazoni, Farnaz M. MD; Amato, Peter E. MD; Malik, Zahra M. MD; Durieux, Marcel E. MD, PhD

88%	19%	12%	67%	7%
Needed time to recover	Never did	Considered change in career	Subsequent care compromised over the next 4 hrs	Needed time to recover

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Addressing Postpandemic Clinician Mental Health

A Narrative Review and Conceptual Framework

Rachel Schwartz, PhD, John C. Whaley, MD, Steve Aronoff, PhD, LP, and Rebecca D. Margolis, DO

- Broad funding and policies to support enhanced mental health programs
- Addressing HCWs basic needs
- Specialized training for new job roles
- Recognition and communication from leadership
- Addressing moral injury
- Programs to encourage peer support/connection
- Resilience and stress reduction training

Figure. Proposed framework of clinician well-being resources

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Stop the strip mining

- Harness intrinsic motivators
- Clinicians are a finite resource and must be valued as such
- Healthcare institutions must adopt long-term strategies focused on retention by investing in and supporting employees

Ingham DA, French MT, Sillars H, Gowan LJ, Lissman SJ, Why Money Alone Can't Dissolve "Herd" Physicians: The Role of Behavioral Economics in the Design of Physician Incentives. Anesthesiology. 2019;30(1):134-138. doi: 10.1093/anesthesiology/30.1.134

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Empower physicians to be the architects of their own environment

- Early leadership training
- Leadership roles must come with protected time

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Physician Well-being and the Regenerative Power of Caring

“Physicians are the proverbial ‘canary in the coal mine.’ While the canary may be sick, it is the mine that is toxic. Caring for the sick canary is compassionate, but likely futile until there is more fresh air in the mine.”

- Thomas Schwenk

Take Home Points

- Physician burnout is a public health crisis
- Burnout has negative effects on individual physicians and the healthcare system
- A systems-based approach to well-being is required

Thank you! 감사합니다

The Korean Society Pediatric Anesthesia
대한소아마취학회

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Challenges in providing safe anaesthesia to children in LMIC's

Rebecca Jacob

(Retired) Christian Medical College, India

Access to safe anaesthesia and surgery for patients of all ages should be considered a basic human right, but this is not available to a large segment of the world's population. Many developing and underdeveloped countries spend a very small portion of their GDP on health care, and this is the greatest barrier to providing good anaesthetic services and surgical care. Different countries have different problems and there are often regional variations within the same country. Some LIC's have very well equipped and staffed hospitals in major cities while the rural poor suffer. Often the problem is maldistribution of supplies rather than absolute shortage

Surgery is critical to the health of the population and safe anaesthesia is a mandatory component of safe surgical care. There is much that can be done to make sure that the existing resources are used efficiently. The WHO, acknowledging the fact that the global volume of surgery is significant and adverse events resulting from surgeries constitute a significant public health concern, launched the Patient Safety Initiative in 2004 and the Safe Surgery Saves Lives initiative in 2008. With these initiatives, they have set a core set of safety standards that can be applied to all countries in all settings. The Surgical Safety Check List, together with the WHO-WFSA International Standards for a Safe Practice of Anesthesia (2010) enhanced patient safety cultures but Pediatric Anaesthesia in LMIC's has not kept pace with advances made in developed countries and International standards for Safe Anaesthesia Practice adopted by the WFSA are seldom met.

The element of safety is particularly important in anaesthesia because anaesthesia is not in itself therapeutic and is intrinsically hazardous.

Problems faced in delivering safe anaesthesia in LMIC's

- The patients
- Spectrum and nature of the disease
- Personnel – staffing
- Facilities
- Equipment and supplies
- Drugs – poor supply, quality and perhaps, out dated

The patients: are often, anemic, undernourished children of economic crises, war or natural disasters. Fear, superstition, interference by 'local healers', poor understanding of medical problems, poor education and poor access to medical care often results in delayed presentation.

Spectrum and nature of the disease: Often marasmic, anemic, undernourished, riddled with tuberculosis or HIV

Personnel – staffing: Anaesthesia is not perceived as an attractive career for many undergraduates who have little or no exposure to the subject during their studies Anaesthesia does not enjoy a high profile and lacks the voice to demand access to basic resources in developing countries. Anaesthesia providers are often too busy providing clinical services to find the time to approach the 'powers that be' for basic requirements. There is a critical shortage of manpower and this proves a barrier to progress. Anaesthesia is often delivered by nurses or non-technical people. Supervision is invariably inadequate In some countries surgery is performed without the 'luxury' of an anaesthetist Access to textbooks and journals are limited and internet access is non-existent. Most 'trained' anaesthetists are afraid to deal with children especially neonates and infants because of perceived difficulty or fear Invariably a 'paediatric anaesthetist is one who shows an interest in children, likes children or is just allocated to 'do' children on a particular day. A trained Paediatric Anaesthetist is, therefore, a luxury

Facilities and Drugs

Operating Rooms are often poorly equipped, non-air conditioned, with poor facilities for sterilization of equipment. Water supply and electricity is erratic Supplies of anaesthetic gases and oxygen supplies unreliable and erratic Drugs are in short supply and are often outdated IV fluids- their choice and availability is limited. Halothane and Isoflurane are the most commonly used inhalational agents. Ketamine and paracetamol most often used analgesics. Narcotics like morphine are often unavailable or its use is restricted Choice of neuromuscular drugs is limited and often a 'reversal' drug like neostigmine is unavailable Regional anaesthesia has benefits like safety, cost savings and analgesia but is often not used in children for lack of training, fear of failure or non-availability of drugs and disposables etc.

Blood availability and safety

Fewer than 30% of developing countries have nationally coordinated blood transfusion services. Screening of donors is often not done. Many do not perform even rudimentary tests for diseases such as hepatitis and HIV Storage of blood is difficult especially as electricity supply is often erratic.

Equipment

Electricity is unreliable and reliable functional 'back up' generators are often unavailable Sterilization of re-usable equipment is the norm but availability and performance of sterilizers is unreliable Recycling of disposable equipment such as endotracheal tubes is also often relied on General facilities for infection control such as running water, disinfectants and gloves is also unreliable Essential equipment to provide safe anaesthesia for neonates and

infants are in short supply from appropriately sized endotracheal tubes, small IV cannulae, appropriate airways, laryngoscopes and syringe pumps.

Monitoring is often basic – a precordial stethoscope and a finger on the pulse is often all that is available. The Global oximetry project has helped with providing reasonably priced pulse oximeters.

Anaesthesia machines are of 2 categories

1. Modern, sophisticated electronic machines. These are often donated by well meaning donors

- They require electricity,
- operating manuals that require to be understood (especially if in a foreign language),
- regular maintenance by individuals trained to do so.
- service contracts do not often hold good in remote rural locations.
- often discarded at the first sign of trouble

Poorly understood and poorly maintained equipment becomes hazardous and potentially life threatening

2. Simple, durable and safe

- versatile, easily understood and easy to use
- able to function even if there is no electricity and if there are no cylinders available
- robust,
- able to withstand extreme climate conditions,
- Inexpensive, economical and easily maintained by locally available skills

3. Oxygen concentrators

Visiting Providers

Often come with no idea of the facilities or the needs of the local people or with preconceived ideas that 'they know best'. However some countries organize well staffed 'missions' to remote areas

Solutions?

Knowing that there is a dearth of qualified paediatric anaesthesia providers especially in rural areas, I would look at what measures need to be taken to bridge the 'demand/supply' gap of qualified, committed anaesthesia providers in those areas

- Can we bring about quality improvement with education?
- Establish protocol driven clinical outcomes leading to standardization of safety protocols.

But who is to ensure that these are followed?

- Can we find a way to 'match' safety policies to implementation across vast and diverse countries or diverse re-

gions in the same country?

- How do we gauge whether these policies and protocols are working?

What 'outcome measures' would be appropriate?



Room B



Session 1.

Optimization of Intraoperative Ventilation in Children

Chair(s): Ekta Rai (India)

Chul-Ho Chang (Korea)

Optimal Target of O₂ and CO₂

Sung-Ae Cho

Department of Anesthesiology and Pain Medicine, College of Medicine, Konyang University, Korea

Declaration

- No conflicts of interest



Oxygen and carbon dioxide

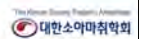


Cummins EP, Stroutz ML, Taylor CT. *Physiol Rev*. 2010 Jun;1(1):463-488.

With anesthesia



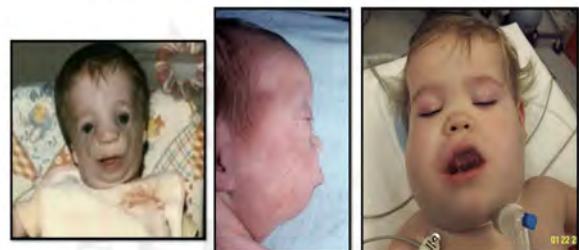
With anesthesia



With anesthesia



Difficult airway



Basics of pediatric anesthesia. Ronald S. Lerman

With anesthesia

- Several oxygen delivery method
 - Invasive involuntary; Intubation, LMA, bronchoscopy.....
 - noninvasive self breathing, CPAP, nasal cannula, oxygen mask....

A Practice of Anesthesia for Infants and Children, sixth edition, Conr, Lemman, Anderson
Pediatric and neonatal mechanical ventilation, Rimmemberger

Optimal oxygen

- The Optimal Arterial Oxygen Tension (Pao₂)
at the Lowest Inspired Oxygen Concentration (Fio₂)
- With ABGA – direct method
 - PaO₂, FIO₂, A-a gradient
- Without ABGA – indirect method; SpO₂
 - Measure arterial oxyhemoglobin saturation, not arterial oxygen partial pressure

Prenatal Development of the Lungs

BOX 3-1 Mechanism of Continuous Neonatal Breathing

- The onset of breathing activities occurs not at birth but in utero as a part of normal fetal development
- The clamping of the umbilical cord initiates rhythmic breathing
- Relative hyperoxia with air breathing, compared with low fetal PaO₂, awakens and maintains continuous and rhythmic breathing
- Continuous breathing is independent of the level of PaO₂
- Breathing is unaffected by carotid denervation
- Hypoxia depresses or abolishes continuous breathing

	PaO ₂ (mm Hg)	SaO ₂ (%)	Paco ₂ (mm Hg)	pH
Pregnant woman at term	88*	96	32	7.40
Umbilical vein	31	72	42	7.35
Umbilical artery	23	70	45	7.28
1 hour of life (artery)	82	95	28	7.38
24 hours of life (artery)	88	94	23	7.37
Child and adult (artery)	93	97	41	7.40

*Estimated values.

the level of PO₂ at which SaO₂ is 50%, indicating the affinity of hemoglobin for oxygen

Age	P ₅₀ (mm Hg)	Percent Saturation at Venous Oxygen Tension of 40 mm Hg	Hemoglobin (g/100 mL)	Oxygen Unloaded* (mL/100 mL)
1 day	18.4	87	17.2	1.84
1 wk	23.7	88	13.0	2.61
6-8 wk	24.4	77	11.0	2.65
3-4 mo	25.5	73	10.5	3.10
6 mo	27.6	69	11.5	3.54
6-11 mo	30.9	65	11.8	4.74
1-5 yr	29.0	69	12.6	4.23
6-12 yr	27.8	68	13.4	4.67
Adult	27.0	71	15.0	4.92

*Assumes arterial oxygen saturation of 95%.
Data from Oski FA. Designation of anemia on a functional basis. J Pediatr. 1973;83:363.

P ₅₀ (mm Hg)	Hemoglobin for Equivalent O ₂ Delivery (g/dL)				
	27	7	8	9	10
Adult	27	7	8	9	10
Infant >6 mo	30	5.7	6.5	7.2	8.0
Neonate <2 mo	24	10.2	11.7	13.2	14.7

Data calculated from Motoyama EK, et al. Functional basis of childhood anemia [abstract]. Am Soc Anesthesiology. 1974:283.

Hmmmm.....

The purpose of O₂ supplement

- In pediatrics
 - Indication; for correction hypoxemia (low oxygen content in the blood)
- In anesthesiology
 - Indication; for adequate tissue oxygenation during perioperative period

Pediatric anesthesia

- Adequate tissue oxygenation during perioperative period
- Prevention and treatment for hypoxemia
- m/c hypoxemia during anesthesia : d/t V/Q mismatch
 - In this case, high FIO₂ can seriously affect hypoxemia

Trethorst D, Swendson J, Ed TG, von Ungern-Sternberg BS. Br J Anaesth. 2015;Aug;117(2):411-41.

Normal Children

lung volume ↓ during induction
 → V/Q mismatch
 → use HIGH FIO₂
 → masking of ATELECTASIS; SpO₂ ↑

For recognizing intraoperative alveolar closure time, FIO₂ 30-35% would be great

Dandan L, Cornea M, Muganyizi P. Children. 2022; 9(3):143-8

High inspired oxygen fraction impairs lung volume and ventilation heterogeneity in healthy children: a double-blind randomised controlled trial

Beltiche de la Grandelle^{1,2,3,4}, Ferracis Pysak^{1,2,3}, Gergely Abonyi^{1,2,3}, Sam Bayart^{1,2,3}, Isabelle Pichot^{1,2,3} and Wald Haber^{1,2,3,4}

Department of Anaesthesiology, University Hospital, Fribourg, Switzerland; Department of Anaesthesiology, Pharmacological and Biomedical Sciences, University of Zurich, Zurich, Switzerland; University of Applied Sciences, University of Applied Sciences, Switzerland and Department of Medical Physics and Biomedical Engineering, University of Applied Sciences, Switzerland

The effect of oxygen concentration on atelectasis formation during induction of general anesthesia in children: A prospective randomized controlled trial

Huang F^{1,2,3}, Wang M^{1,2,3}, Jiang Bin Lei^{1,2,3}, Chi Kian Wong^{1,2,3}, Matthew K. Cho^{1,2,3}, Heo Joo Byoung^{1,2,3}

	60% oxygen	80% oxygen	100% oxygen	p value
After anesthetic induction	2.0 (1.0-2.5)	2.0 (1.0-2.8)	3.0 (2.0-3.0)	<.001
At the end of operation	2.0 (1.3-3.8)	3.0 (1.8-3.0)	4.0 (2.0-4.0)	<.01

Groups compared	p value
60% vs. 80%	.4422
60% vs. 100%	.0151*
80% vs. 100%	.0744

• 6-16 years, elective non-abdominal and non-thoracic surgery <200 min, general anesthesia with tracheal intubation

• ASA 1 or 2, BMI <30 kg/m²

• Group

- FIO₂ 0.60 vs. 0.80 at induction/emergence, FIO₂ 0.35 (intraoperative)
- FIO₂ 0.80 group (FIO₂ 1.0 at induction/emergence, FIO₂ 0.8 intraoperatively)

• FIO₂ 0.8 decreased lung volume in the immediate postoperative period

Lower FIO₂ : atelectasis ↓, keep lung volume

Negative effect of oxygen

- **Absorption atelectasis**
 - High O₂ : inducing airway closure and alveolar collapse
 - ↑ gradient between intra-alveolar partial pressure of O₂ and mixed venous blood in the capillaries
 - rapid diffusion of O₂ across the alveolar-capillary barrier → alveolar collapse
- **Circulatory effect**
 - PVR ↓, pulmonary circulation ↑
 - Systemic artery constriction : SVR ↑
 - Cerebral vessel constriction : CBF ↓
 - significant deleterious consequences on the immature brain
- **Oxygen toxicity** ← Reactive oxygen metabolite(ROM)

Oxygen toxicity

- **Bronchopulmonary dysplasia**
- **Retinopathy of prematurity**

Higano NS, Rouse JL, Woods JC. J Perinatol. 2022 Apr;31(4):709-721
Haber W, Pichot I, By J, Awanish 2024, Dec 23; Sleep 2:106-26
Singhrai OD, Ohi A, Lakshminarayanan S, Vento M. Pediatr Res. 2022 Jan;95(1):20-25

Preterm

- **SUPPORT**(surfactant, positive pressure and pulse oximetry randomized trial), **COT**(Canadian oxygen trial), **Three BOOST 2**(benefits of oxygen saturation targeting)
- 5 large multicenter, masked, randomized control trials
- 5000 preterm infants less than 28 weeks postmenstrual age at birth
- **Low target spo₂(85-90%) vs high target spo₂(91-95%)**
- **Conclusion**
 - Maintaining an oxygen saturation target of 85-89%
 - leads to a **lower risk of retinopathy of prematurity (ROP)** but a **higher risk of mortality**

Lakshminarayanan S, Manja V, Mathew B, Suresh GK. J Perinatol. 2015; 34(3):331-8-15

Neonatal anesthesia

Randomized controlled trial of low vs high oxygen during neonatal anesthesia: Oxygenation, feasibility, and oxidative stress

Victoria Karlsson^{1,2}, Bengt Sparre³, Filip Fredrik⁴, Johan Ågren^{1,2}

↓ cerebral oximeter is independent of FIO₂
 • reflects the pharmacological effects of anesthetic induction agent.

No difference in regional cerebral oximetry

Congenital heart disease

- **Acyanotic CHD**
 - O₂ supplement
 - SVR ↑
 - CO ↓, systemic O₂ transport ↓
- **Ductus dependent CHD**
 - pulmonary circulation ↑
 - relatively systemic circulation ↓
 - unstable d/t ductus arteriosus occlusion

Haber W, Pichot I, By J, Awanish 2024, Dec 23; Sleep 2:106-26

Carbon dioxide

- Acceptable arterial carbon dioxide
- **Capnography**
 - **Most available bedside surrogate** for assessing PaCO₂ without ABGA
 - EtCO₂ : **cannot** be used as a reliable quantitative indicator
 - d/t Gradient between end-tidal and arterial CO₂
 - **Magnitude of that gradient cannot be predicted**
 - In particular, in a situation like tidal volume ↓, dead space ↑
 - ↑ gradient between end-tidal and arterial CO₂
 - significant hypercarbia with normal end tidal CO₂

Lakshminarayanan S, Manja V, Mathew B, Suresh GK. J Perinatol. 2015; 34(3):331-15
Falkenstein JM. Anesth Analg. 2015; 121(2):316-25
Riley CM. Crit Care Nurs Clin North Am. 2012; 29(2):233-45

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- **Lung-protective ventilation** in small patients
 - Risk of inadequate tidal volume or an unfavorable VD/Vt ratio, causing a larger than normal difference between PaCO₂ and end tidal CO₂
- Caring for patients with immature lungs
 - Difficult to assess ventilation definitively based upon EtCO₂ alone.
 - Accepting hypercarbia can be part of the lung protective ventilation strategy.
- When accurate control of PaCO₂ is required (e.g., increased ICP)
 - Arterial blood gas analysis is necessary to document effective ventilation

Hahn W, Park F. Br J Anaesth. 2014; Dec;113 Suppl 2:145-56
Anesthesia for congenital heart disease 3rd Edition

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Relationship with cerebral circulation

- The influence on the cerebral circulation : PaCO₂ > PaO₂
- ↓ CBF d/t hypoxia in children is larger than in adults.

Hahn W, Park F. Br J Anaesth. 2014; Dec;113 Suppl 2:145-56
Anesthesia for congenital heart disease 3rd Edition

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Neonate

- In healthy neonates,
 - the physiological CO₂ range is defined as 35.3–45.0 mmHg.
- Hyper- and hypocapnia can both have detrimental effects for newborn infants.

Wong SK, Chim M, Allen J, Barker A, Tyrrell J, Hurley T, McGovern M, Omer M, Lagan A, Meehan J, Cummins EP, Molloy EJ. Carbon dioxide levels in neonates: what are safe parameters? Pediatr Res. 2019; 85(1):1-7

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REVIEW ARTICLE OPEN

Carbon dioxide levels in neonates: what are safe parameters?

Sie Kai Wong¹, M. Chim¹, J. Allen^{1,2}, A. Barker¹, J. Tyrrell¹, T. Hurley¹, M. McGovern¹, M. Omer^{1,3}, N. Lagan^{1,2}, J. Meehan^{1,2}, E. P. Cummins⁴ and E. J. Molloy^{1,3,5,6}

Author	Year	Study Type	PaCO ₂ (mmHg)	PaO ₂ (mmHg)	Outcome
Wong et al. (2019)	2019	Retrospective cohort study	35.3-45.0	55-65	No significant association between moderate hypoxemia (2.0-3.0 kPa or 15.0-22.5 mmHg) and hyperoxemia (>6.6 kPa or 49.5 mmHg) over the first 3 days when birth and adjusted neurodevelopmental outcomes
Wong et al. (2019)	2019	Retrospective cohort study	35.3-45.0	55-65	Association between poor neurodevelopmental outcomes at 18-22 months of age and both moderate hypoxemia and moderate hyperoxemia in infants with ME
Wong et al. (2019)	2019	Retrospective cohort study	35.3-45.0	55-65	Severe hypoxemia (PaCO ₂ < 2.0 kPa or < 15.0 mmHg) is associated with adverse neurodevelopmental outcomes (mean IQ score 10.0) in term infants with perinatal asphyxia
Wong et al. (2019)	2019	Retrospective cohort study	35.3-45.0	55-65	Maintaining mean PaCO ₂ and PaO ₂ after neonatal cardiac physiological range (3.0-6.0 kPa or 22.5-45.0 mmHg) is associated with improved neurodevelopmental outcomes
Wong et al. (2019)	2019	Retrospective cohort study	35.3-45.0	55-65	Hyperoxemia (PaCO ₂ < 6.6 kPa or < 49.5 mmHg) is associated with poorer neurodevelopmental outcomes

1 kPa = 7.5 mmHg; 1 mmHg = 0.133 kPa; ME: neonatal encephalopathy (ICP congenital discharge) Score.

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- Periventricular leukomalacia : PaCO₂ > 35mmHg
- Neurodevelopmental, cerebral palsy : 35.3mmHg < PaCO₂ < 54.8mmHg
- Neonatal enterocolitis : PaCO₂ > 24.7mmHg
- Bronchopulmonary dysplasia : PaCO₂ < 50mmHg
- Intraventricular hemorrhage : PaCO₂ < 57.8-60mmHg
- Congenital diaphragmatic hernia : PaCO₂ < 39mmHg, P_cCO₂ < 65.3mmHg

Wong SK, Chim M, Allen J, Barker A, Tyrrell J, Hurley T, McGovern M, Omer M, Lagan A, Meehan J, Cummins EP, Molloy EJ. Carbon dioxide levels in neonates: what are safe parameters? Pediatr Res. 2019; 85(1):1-7

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Hahn W, Park F. Br J Anaesth. 2014; Dec;113 Suppl 2:145-56

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So, What is optimal O₂ and CO₂?

• Avoiding both hypoxapnia/hypoxia and hypercapnia/hyperoxia is optimal, but there is not a uniform range of optimal CO₂/O₂.

- It depends on what you focus on most
- Unless the patient's condition is bad, it is better to avoid providing high oxygen
- Consider patient's condition

PEEP and Recruitment, Mode of Ventilation

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Outline

- Children's lungs – what differ from adults'
- Atelectasis during general anesthesia
- PEEP and Lung recruitment – role and how to perform intraoperatively
- Lung protective ventilation
- Mode of intraoperative mechanical ventilation in pediatric patients

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Anatomical Differences

- Chest or thorax: shape, ribcage, mechanism of breathing

Newborn
Diaphragmatic fatigue → respiratory failure

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Anatomical Differences

- Breathing pattern – preferential nasal breathing, diaphragmatic breather, poor developed intercostal muscles and abdominal muscle, high RR due to limit chest expansion
- Diaphragm – angle of insertion more horizontal, infants have less high endurance muscle fibers
- Large internal organs
- Airway diameter – short trachea, small airway diameter, right bronchus less angled, airway swelling produces high resistance

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Anatomical Differences

- Bronchial walls – more cartilage & connective tissue, less muscle
- Surfactant – reduces surface tension, secreted from 23 week GA, surge at 30-34 week GA
- Alveoli – very few, small alveoli at birth (→ increases in numbers and sizes rapidly in 2 years), susceptible to collapse and atelectasis
- Collateral ventilation – poorly developed in children < 2-3 years → more susceptible to alveolar collapse

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Physiologic Differences

- Lung compliance – newborn & infant < adult's, child ~ adult's
 - Compliant chest wall
 - Need for adequate pressure to open up the alveoli with a risk of volutrauma and barotrauma
- Airway resistance - newborn ↑↑ and decreases to adult values at 8 years old

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Physiologic Differences

- FRC - proportionally less than in the adult and than the pulmonary capacity
- Normal glottic closure at end exhalation is prevented by ETT – a minimal PEEP maintain physiologic FRC in pediatric patients

Figure 1. Functional residual capacity. AaV=alveolar ventilation; FRC=Functional residual capacity; AaVFC=alveolar ventilation/Functional residual capacity.
Source: Authors.

Rivera-Tocancipa D, Diaz-Sanchez E. How to ventilate the anesthetized child with the modern anesthesia machines? Rev Colomb Anestesiol 2018; 46:Supp

Physiologic Differences

- Closing volume - proportionally larger than in the adult and exceeds the FRC under general anesthesia

Figure 2. Closing volume. IRV = inspiratory reserve volume; RV = residual volume; FRC = functional residual capacity; TV = tidal volume; RV = inspiratory reserve volume; TV = tidal volume.
Source: Authors.

Rivera-Tocancipa O, Diaz-Sanchez E. How to ventilate the anesthetized child with the modern anesthesia machines? Rev Colomb Anestesiol 2018; 46:Supp

Physiology of Atelectasis

- Airway collapse begins quickly following induction of anesthesia
- Mostly affects the dependent areas of the lungs where the transpulmonary pressure is lowest
- Loss of muscle tone → FRC ↓ → small airway closure
- Compression of lung tissue by transmitting intra-abdominal pressure
- High FiO₂ use at induction promotes atelectasis
- Atelectasis → intra-pulmonary shunt ↑ → hypoxemia
- Atelectasis – also place the patient at risk of developing ventilator-associated lung injury

Brackel O, Svendsen J, Erb TC, von Ungern-Sternberg. Effects of anaesthesia on paediatric lung function. Br J Anaesth 2016; 117(1):10-21

Physiology of Atelectasis

- Anesthetic agent use – atelectasis occurs with both intravenous and inhalational general anesthesia
- Light sedation is associated with less atelectasis compared with general anesthesia
- Muscle relaxant reduces FRC and impair ventilation distribution in children (FRC decreases 45% in infants vs 10% in preschool-age children)
- Ketamine has less impact to muscle activity compared with propofol → FRC 20% higher in preschool-age children

Brunis S, Sommerfield D, Powers N, et al. Atelectasis and lung recruitment in paediatric anaesthesia: an educational review. Ped Anesth 2022;32:321-329

Recruitment maneuver and PEEP improve ventilation/perfusion mismatch

Effects of Recruitment Maneuver on Atelectasis in Anesthetized Children

Genovis Torres, M.D., Stephen H. Bilim, M.D., Fernando Torres, M.D., Fernando Mellum, M.D., Eduardo Garcia, M.D., Elise Turcato, M.D., Paul G. H. Mulder, M.S., Ph.D., Burkhard Luchmann, M.D., Ph.D.

CPAP 5 → 10 → 15 every 4 breaths
Then bring PIP up to 40 cmH₂O
RR 30 /min for 10 breaths

- 24 children (6 mo-6 y) for cranial MRI
- Use MRI imaging for measuring atelectasis volume during anesthesia
- Randomized to ZEEP, CPAP 5, ARS group
- ARS: Alveolar recruitment performed after induction of GA then keep PEEP at 5 throughout

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ZEEP CPAP ARS

Coronal cut
Upper
Middle
Lower

Fig. 3. Nuclear magnetic resonance images of representative patients for each of the three treatment groups. (Left) ZEEP = zero end-expiratory pressure; (middle) PEEP = positive end-expiratory pressure of 5 cm H₂O; (right) ARS = alveolar recruitment strategy with inspiratory volume at a PEEP of 5 cm H₂O. The top of each column shows a coronal view, followed by an upper, a middle, and a lower axial cut through the thorax (for details, see text). In children of the ZEEP group, atelectasis volume was 18 ml in the right lung and 18 ml in the left lung. In children of the CPAP group, atelectasis volume was 18 ml in the right lung and 11 ml in the left lung. The ARS group showed no atelectasis.

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Fig. 1. Study protocol. The study protocol, using ultrasound method by Anaya and colleagues, "and the degree of atelectasis will be based by lung ultrasound (LUS) (described by Song and colleagues). CS, consolidation; CS, minimal (parenchymal consolidation); C2, small-sized consolidations and C3, large-sized consolidations; B0, fewer than three isolated B-lines; B1, multiple well-defined B-lines; A2, multiple isolated B-lines; and A3, white lung. ARS, alveolar recruitment maneuver; TV, tidal volume.

Jang YE, Ji SH, Kim EH, et al. Effect of regular alveolar recruitment on intraoperative atelectasis in paediatric patients ventilated in the prone position: a randomized control trial. Br J Anaesth 2020; 124(5): 648-55.

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ORIGINAL ARTICLE

Lung recruitment prevents collapse during laparoscopy in children

A randomised controlled trial

Onelia M. Acosta, Tomás Soto, María Capelino, Giovanni Valocchi, Lila Weiss, Sergio Pichini, Diego Abrego, Sergio Gonzalez, Stephan H. Bilim and Gerardo Lomax

Before CP During CP After CP

C-group
RM-group

Lung ultrasound images of one representative patient per group during the protocol. C-group, control group; CP, capno-pneumonia; RM-group, lung recruited recruitment group.

Recruitment maneuver regimens

- Sustained application of positive airway pressure up to a set of minimum of 40 cmH₂O for 10-30 sec before returning to baseline
- Varying airway pressures during the respiratory cycle by gradually and stepwise increasing PEEP (to approximately 15-20 cmH₂O) → increase in tidal volume to a maximum PIP 40 cmH₂O → gradual lowering of PEEP to level required to prevent de-recruitment

Brunis S, Sommerfield D, Powers N, et al. Atelectasis and lung recruitment in pediatric anesthesia: an educational review. Ped Anesth 2022;32:321-329.

TABLE 2 Strategies to reduce atelectasis in anesthetized children

Strategies to reduce atelectasis

- Continuous positive airway pressure (30–40 cmH₂O) for 5–10 s
- Multiple prolonged breaths of 30–40 cmH₂O of continuous pressure over PEEP
- Stepwise increase in airway pressure to max 40 cmH₂O under LUS guidance
- PCM with constant driving pressure of 15 cmH₂O and stepwise increase by 5 cmH₂O until 30–40 cmH₂O
- PEEP >4 cmH₂O
- Postural RM, particularly following thoracotomy
- Avoiding high FiO₂
- RM with cuffed ETT superior to SGA/face-mask
- Avoidance of neuromuscular blockade

Abbreviations: LUS, lung ultrasound; PCM, Pressure Controlled Mode; PEEP, positive end-expiratory pressure; RM, recruitment maneuver; SGA, supraglottic airway; ETT, endotracheal tube.

Brunis S, Sommerfield D, Powers N, et al. Atelectasis and lung recruitment in pediatric anesthesia: an educational review. Ped Anesth 2022;32:321-329.

What is Lung Protective Ventilation? and Why Should We Care?

- Mechanical ventilation strategies aimed at minimizing lung injury
- Avoidance of volutrauma and atelectrauma
- Most data from adults' studies
- Lower mortality rates in adult patients ventilated with a tidal volume (Vt) of 6 mL/kg ideal body weight (IBW) and plateau pressures (Pplat) <30 cmH₂O compared to Vt of 12 mL/kg IBW and Pplat <50 cmH₂O (ARDSNet)
- In nonobese adult patients undergoing open abdominal surgery, ventilation of Vt 8 mL/kg with PEEP of 12 cmH₂O combined with recruitment maneuvers was compared with PEEP of 2 cmH₂O without recruitment maneuvers. No difference in postoperative pulmonary complication.

Kiguchi R, Slinger P. Lung protective strategies in anaesthesia. Br J Anaesth 2010; 105(5):1108-16. ARDSNet trial, PALIVE study, PROVERHO study. Heath C, Hauser N. Is there a role for lung-protective ventilation in healthy children?. Ped Anesth 2022; 32(1):79-85.

What is Lung Protective Ventilation? and Why Should We Care?

- Concerns with the use of low Vt - increased risk of atelectasis, development of hypercapnia, reduction in respiratory compliance.
- Specifically, in the pediatric context, lowering Vt is associated with concerns about increased dead space and hypercapnia.
- In simulated models of pediatric acute respiratory distress (PARDS) patients ventilated with Vt of 10 mL/kg, no compromise in gas exchange was demonstrated.


Recommendations for Lung Protective Strategies in Healthy Pediatric Patients

- Target Vt 6-10 mL/kg IBW, avoiding Vt > 10 mL/kg
- Limit PIP < 30 cmH₂O and delta pressure < 10 cmH₂O. Monitor variations in Vt carefully to avoid volutrauma
- PEEP remains an important component of LPV but the optimal level of PEEP for pediatric patients is unknown. Suggest PEEP range of 4-8 cmH₂O
- Recruitment maneuver

Heath C, Hauser N. Is there a role for lung-protective ventilation in healthy children?. Ped Anesth 2022; 32(1):278-85.

Recommendations for Lung Protective Strategies in Healthy Pediatric Patients (cont)

- Avoid FiO₂ of 1.0 unless a clinical emergency occurs
- Recruitment advised to maintain FRC – suggest either sustained inflation of 30 cmH₂O for 10-30 sec or an incremental increase in PEEP based on individual patient needs

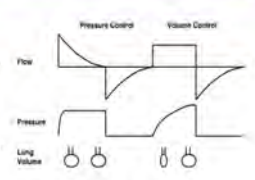


Heath C, Hauser N. Is there a role for lung-protective ventilation in healthy children?. Ped Anesth 2022; 32(1):278-85.

Mode of Ventilation

Pressure-controlled Ventilation

- Square wave pressure waveform provides the maximum inspiratory pressure for the entire i-time favoring lung recruitment
- Maximum volume of ventilator is available to develop the rest pressure → the desired tidal volume can be delivered even small leak presents
- Provide rapid rate, high inflating pressure – suitable for patients with severe lung pathology
- Maximum PIP is limited → prevent barotrauma



Set – inspire pressure, i-time, RR

Initial settings for pressure-controlled mechanical ventilator in children

	Infant (<1 year of age)	Toddler/Child (1-12 year)	Adolescent (>12 year)
PIP (cmH ₂ O)		16-25	
PEEP (cmH ₂ O)		3-7	
Rate (breaths/min)	20-30	15-25	12-20
Pressure support (cmH ₂ O)		Minimum 6-10	
Peak inspiratory flow (L/min)	Adjust to desired inspiratory time		
Inspiratory time (sec)	0.4-0.6	0.7-0.9	0.9-1.2
Targeted, based upon changes to inspiratory flow			
FiO ₂	Start with 1.0 rapidly wean to ≤ 0.6		
Flow trigger (L/min)	0.25-0.5	0.8-2	0.8-2
Pressure support cycle	10-25% of peak flow rate		

Volume-controlled Ventilation

Set – tidal volume, i-time or I:E ratio, RR

- Square wave flow waveform, with flow rate determined by the ration of the set tidal volume to the i-time
- Ensure tidal volume to be delivered by the ventilator
- Tidal volume is delivered regardless of PIP -> risk of barotrauma (stop when maximum pressure limit is reached)
- Risk of losses from the ETT leak

Initial settings for volume-controlled mechanical ventilator in children

	Infant (<1 year of age)	Toddler/Child (1-12 year)	Adolescent (>12 year)
Tidal volume (mL)		5-8 mL/kg	
Rate (breaths/min)	20-30	15-25	12-20
PEEP (cmH ₂ O)		3-7	
Pressure support (cmH ₂ O)		Minimum 6-10	
Peak inspiratory flow (L/min)	Adjust to desired inspiratory time		
Inspiratory time (sec)	0.4-0.6	0.7-0.9	0.9-1.2
Targeted, based upon changes to inspiratory flow			
FiO ₂	Start with 1.0 rapidly wean to ≤ 0.6		
Flow trigger (L/min)	0.25-0.5	0.8-2	0.8-2
Pressure support cycle	10-25% of peak flow rate		

Dual Ventilation

- Ensure accurate tidal volume, cycle after cycle, with a limited maximum pressure
- PCV with volume guaranteed (PVC-PG)
- Convenient for frequent and broad airway pressure changes occur; laparoscopic, thoracoscopic surgeries

Pressure Support Ventilation

- Patient initiates spontaneous breathe
- Reduce work of breathing imposed by endotracheal tube or LMA
- Need to keep PCO₂ level to maintain spontaneous breathing
- Combined SIMV and PSV to insure minute ventilation
- Potential advantages:
 - Facilitating emergence of anaesthesia
 - Improved hemodynamics due to less positive pressure needed
 - Assessing depth of anaesthesia
 - Titration of opioid analgesia

Synchronized Intermittent Mandatory Ventilation

- Improve the patient-ventilator relationship
- SIMV-Pressure Control (PC) or SIMV-Volume Control (VC)
- Determine patient's 'trigger flow' in order for the ventilator to allow and assist spontaneous ventilation

To Protect the Lungs: keep an eye on

- Impact of breathing systems used for manual ventilation – use modified Jackson Rees T-piece with caution (inexperienced use)
- Impact of extubation – FRC loss, consider put non-invasive ventilation immediately in high risk patient
- Impact of CPB and cardiothoracic surgery – FRC reduction during open chest and CPB

Trachsel D, Svendsen J, Erb TO, von Ungern-Sternberg. Effects of anaesthesia on paediatric lung function. Br J Anaes 2016; 117(2):151-63

Dead Space and the Pediatric Patient

- Dead space = any portion of the breathing circuits or lungs in which there is bidirectional gas flow without gas exchange (include device that provide gas sampling)

V_D/V_T ratio increases -> exponential increases in PaCO₂ level

Figure 4. Typical apparatus added to the breathing circuit with internal volume noted. Dead space volume added to the circuit can range from 9 mL for the smallest heat and moisture exchanger (HME) pictured to 35 mL for the combination of elbow, large HME, and expanded flexible nebulizer. (from Phares M, Feldman M. When does apparatus dead space matter for the pediatric patient? Anesth Analg 2014;118:776-80.)

Ventilation Monitoring



Clinical signs:

- Respiratory rate
- Physical examination – chest movement, synchrony, percussion, breath sounds
- Movement of reservoir bag

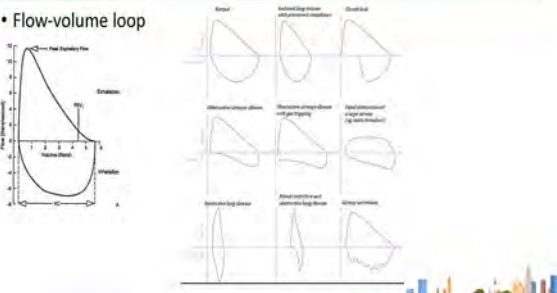
Monitoring to Achieve Optimal Ventilation

- Gold standard – Arterial blood gas analysis
- Standard
 - Oxygenation: pulse oximeters
 - Ventilation: $ETCO_2$
 - Respiratory mechanics: loops and scalars

Continuous vigilance of trained anesthesia personnel

Ventilation Monitoring in the Modern Machines Spirometry:


- Flow-volume loop



Normal, Obstructive, Restrictive

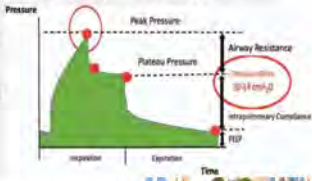
Ventilation Monitoring in the Modern Machines Spirometry:

- Pressure-volume loop
- Identify the pulmonary compliance – flattened curve -> decrease pulmonary compliance
- Determine ideal PEEP at lower inflexion point



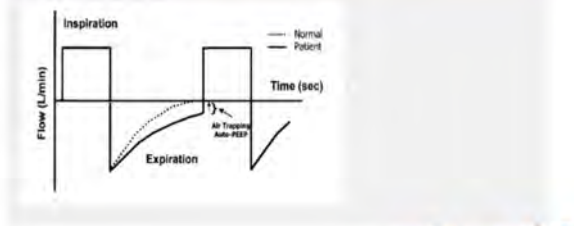
Ventilation Monitoring in the Modern Machines Pressure-time curve:

- Airway resistance – approximately $5 \text{ cmH}_2\text{O}$, if $> 8-10 \text{ cmH}_2\text{O}$ = high endotracheal resistance (tube kink, partial airway obstruction from secretion, very small tube)
- High PIP with normal airway resistance = high Pplat -> changes in pulmonary compliance
- Pressure drive (driving pressure) ideally $< 10 \text{ cmH}_2\text{O}$, should not > 14 → raise PEEP level



Ventilation Monitoring in the Modern Machines Flow-time curve:

- Determine I:E ratio



Goals for an Optimal Ventilation

- Optimal PaO_2 at the lowest inspired oxygen concentration
 - Recruitment maneuver in case of using $FiO_2 < 0.25$
- An acceptable $PaCO_2$
 - $ETCO_2$ less predictable in small tidal volume or increased dead space
- The desired tidal volume at the least inspiratory pressure
 - Interpret expired tidal volume with caution
 - Use pressure-volume (PV) loop as a guide
 - Add PEEP or recruitment maneuver

Be acquainted with your anesthesia machine

Summary

- Atelectasis develop easily in children especially during general anesthesia
- PEEP and lung recruitment should be performed to prevent atelectasis
- Lung protective ventilation is suggested
- The ideal mode of intraoperative mechanical ventilation in pediatric patients is not definite.

Inhale the Future Exhale the Past Smart Choice of Ventilation Equipment

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OBJECTIVES

- Identify novel pediatric ventilation related equipment
- Discuss perioperative applicability of novel equipment
- Cite pros and cons of equipment innovations

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Optimal Ventilation Strategy Goals

1. Optimal arterial oxygen tension (Pao₂) at the lowest inspired oxygen concentration (Fio₂)
2. An acceptable arterial carbon dioxide tension (Paco₂)
3. The desired tidal volume at the least inspiratory pressure

Optimal Ventilation of the Anesthetized Pediatric Patient by Jeffrey M. Anderson, MD, MSc
Anesthesia & Analgesia January 2015 • Volume 120 • Number 1


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Ventrain®



Pediatric Anesthesia, Volume: 32, Issue: 2, Pages: 312-320, First published: 13 December 2021, DOI: 10.1111/pan.14379

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Ventrain®

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Advantages

- It does not require high pressures ; requires only a stable flow
- The shorter (and active) expiratory time permits higher minute volume and prevents pressure build up, barotrauma and air trapping.
- Capability for expiratory ventilation assistance to counteract the expiratory flow limitation that arises from narrow tracheal tubes.
- It facilitates both oxygenation and CO₂ removal when ventilating through small lumen tubes.

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Disadvantages

- Requires manual operation
- Lacks continuous pressure monitoring

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Flow Controlled Ventilation

- energy dissipation that occurs during intermittent positive-pressure ventilation is one of the contributors to ventilator induced lung injury (VILI)
- to reduce energy dissipation, the flow must be held constant with an inspiratory to expiratory ratio (I:E) close to 1:1.

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Evone® Flow Controlled Ventilator using Tritube®

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Pros & Cons

- The use of relatively low flow rates leads to improved distribution of lung aeration and improved gas exchange compared to conventional ventilation.
- Possibility to ventilate through very narrow endotracheal tubes
- Can only be used with total intravenous anesthesia since vaporizers cannot be included in the breathing circuit.
- Lacks adaptive ventilation modes and the possibility to be triggered by the patient
- Only recommended for use with an ideal body weight of over 40 kg

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Negative Pressure Ventilation

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Negative Pressure Ventilation

- benefits cardiac patients by improving hemodynamics
- wean from positive-pressure ventilation or combined with it
- bridge therapy until intubation or lung transplantation is available
- used to avoid intubation in selected patients
- could be involved in physiotherapy, home care, or palliative care with better quality of end-life
- need to develop standardized ventilation strategies and protocols based on prospective and controlled studies
- determine indications and contraindications, and specific target populations

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PeDIR

Difficult Airway Bundle Checklist
 Pediatric Difficult Intubation Registry Group

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Nasal High-Flow Oxygen


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Modified Nasal Trumpet

Naso-Flo®

ASPA 2023

Buccal Oxygen Insufflation



Ring-Adair-Elwyn (RAE) tube

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Endotracheal tube thru Supraglottic Airway Device




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cap-ONE® mask



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AccurSound Electronic Stethoscope (Airmod)

How to Optimize Our Children's Intraoperative Ventilation Care with POCUS

Ayşe Cigdem Tutuncu

IU-Cerrahpasa University, Medicine School of Cerrahpasa, Türkiye

Learning objectives

- Intraoperative ultrasound assesment and normal ultrasound findings
- The use of ultrasound as a tool for PEEP titration intraoperatively
- Ultrasound guided recruitment maneuver and detection of alveolar overdistension

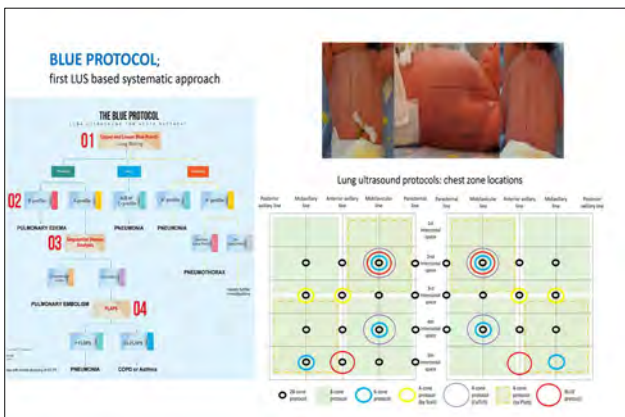
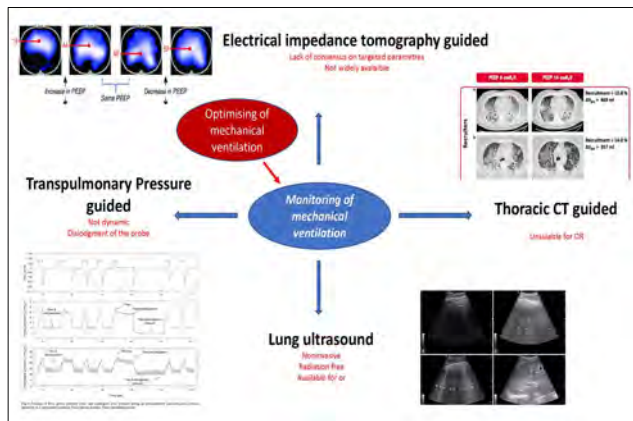
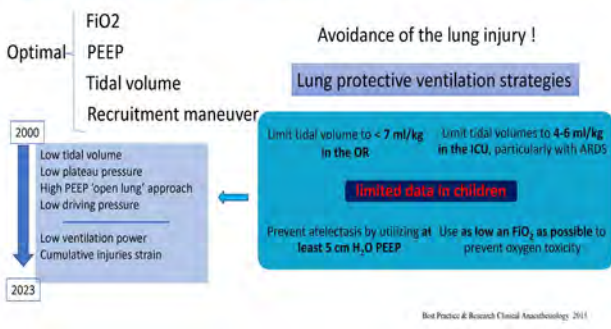


Q1; How to optimize our children's intraoperative ventilation care?

The ultimate goal of MV:

- Maintain adequate gas exchange in the alveoli.
- Prevent alveolar collapse
- To induce alveolar opening.
- To avoid lung injury

Q 2; How do we reach this goal ?



Study	Clinical Question Setting	Diagnostic Accuracy	Comments
Lang et al.	Intraoperative assessment of PEEP	One hour postoperative (prevalence) and 24 hours (incidence) with a specificity of 87% (95% CI, 75-98) and a sensitivity of 77% (95% CI, 65-89). The area under the receiver ROC curve was 0.87 (95% CI, 0.81-0.92).	Not routinely used to guide clinical decisions. Lack of consensus on targeted parameters. Not widely available.
Lang et al.	Intraoperative ultrasonographic assessment of lung volume	Low tidal volume (4-6 ml/kg) and high PEEP (10-15 cm H ₂ O) were associated with a higher percentage of lung opening (80% vs 60%).	Lack of consensus on targeted parameters. Not widely available.
Chen et al.	Detection of atelectasis in children	Ultrasound-guided recruitment maneuver (RM) increased the percentage of lung opening (80% vs 60%).	Not routinely used to guide clinical decisions. Lack of consensus on targeted parameters. Not widely available.
Rego et al.	Systematic review of PEEP titration in ARDS	Low PEEP (5-8 cm H ₂ O) was associated with a higher percentage of lung opening (80% vs 60%).	Not routinely used to guide clinical decisions. Lack of consensus on targeted parameters. Not widely available.
Rego et al.	Systematic review of PEEP titration in ARDS	Low PEEP (5-8 cm H ₂ O) was associated with a higher percentage of lung opening (80% vs 60%).	Not routinely used to guide clinical decisions. Lack of consensus on targeted parameters. Not widely available.

LUNG POCUS;

- Consolidation
- Pneumothorax
- Plural effusion
- Pulmonary edema
- Atelectasis; USG guided RM

Is it possible to detect re-aeration of the lung with ultrasound after recruitment manoeuvre and PEEP setting ?

Table 1: Sensitivity, specificity of ultrasound prediction of aeration during PEEP titration

Author (year of publication)	Study population	Number of patients	Ultrasound prediction	Reference standard	Sensitivity (%)	Specificity (%)
Chen et al. 2012	ARDS	100	US	CT	92	95
Chen et al. 2013	ARDS	100	US	CT	92	95
Chen et al. 2014	ARDS	100	US	CT	92	95
Chen et al. 2015	ARDS	100	US	CT	92	95
Chen et al. 2016	ARDS	100	US	CT	92	95

International evidence-based guidelines on Point of Care Ultrasound (POCUS) for critically ill neonates and children issued by the POCUS Working Group of the European Society of Paediatric and Neonatal Intensive Care (ESPNIC)

- POCUS is helpful to assess spontaneous lung aeration and US-guided recruitment of remaining aeration in acute respiratory distress syndrome (ARDS) in neonates and children.
- POCUS is helpful to assess mechanical aeration and US-guided recruitment.
- POCUS is helpful to detect pleural effusion in neonates and children.
- POCUS is helpful to guide PEEP titration in neonates and children.
- POCUS is helpful to evaluate lung aeration in neonates and children.
- POCUS is helpful in detecting aeration-induced atelectasis in neonates and children.

Sensitivity specificity of lung POCUS ?

	Sensitivity (%)	Specificity (%)	PPV (%)	NPV (%)
Pleural Effusion	94	97	95	90
Alveolar Consolidation (Pneumonia)	90	98	88	95
Interstitial Syndrome (CHF, ARDS)	93	93	87	99
Complete Pneumothorax	100	96	100	98
Occult Pneumothorax	79	100	89	99
AECOPD	89	97	93	95
Pulmonary Embolism	81	99	94	98

Anesth Analg 2017;124:494-504
Ann Int Care 2004

Lung findings of ultrasound

- Bat sign (pleural line)
- Lung sliding
- A-line (horizontal artifact)
- Quoad sign
- Sinusoid sign
- Fractal and Tissue-like sign
- B-line (vertical artifact)
- Lung rockets
- Abolished lung sliding with Stratosphere sign
- Lung point

NORMAL
EFFUSION → FLUID
CONSOLIDATION → AIR/FLUID
INTERSTITIAL
PNEUMOTORAX → AIR

We can detect:
pleura movement
air loss
air/fluid space
no air, hepatization

Pleural line

Ribs
A lines
Horizontal reverberation artifacts in aerated lungs
Parallel to the pleural line
Decay with increasing depth

Normal pleural sliding (arrow points to the pleural line)

B Lines:

Bilateral B lines
Interstitial syndrome, CHF, ARDS, ILD

Unilateral B lines
Pneumonia

B line:
It is well-defined, laser like, hyperechoic rays projecting vertically from pleural line.
A comet-tail, vertical artifact, arises from the pleural line.
Moves with lung sliding, does not fade
Descends up to the edge of the screen
Obliterates the A-lines.
Increases along with decreasing air content increase in lung density.

Lung Ultrasound: Interstitial syndrome

Pulmonary Interstitial Edema is diagnosed by diffuse lung rockets
Lung rockets are defined as at least 3 B lines between two ribs

B lines
Lung rockets

100% air Pneumothorax
75% air Normal lung
93% air Interstitial Syndrome
10% air Atelectasis Syndrome
100% air Pleural Effusion

LUS score

score 0: A-lines or < 3 B-lines
score 1: ≥ 3 B-lines
score 2: B-lines becoming coalescent or involving >50% of the pleura

Pneumothorax

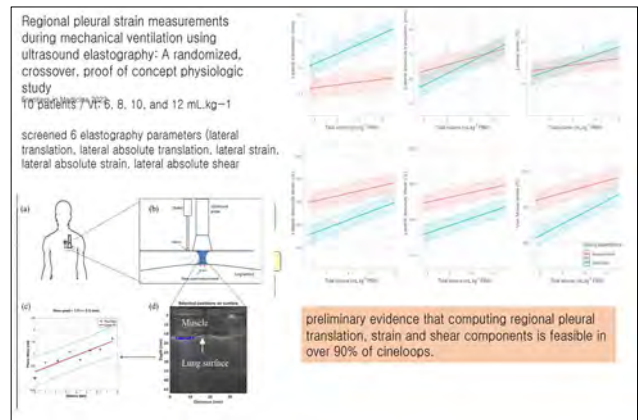
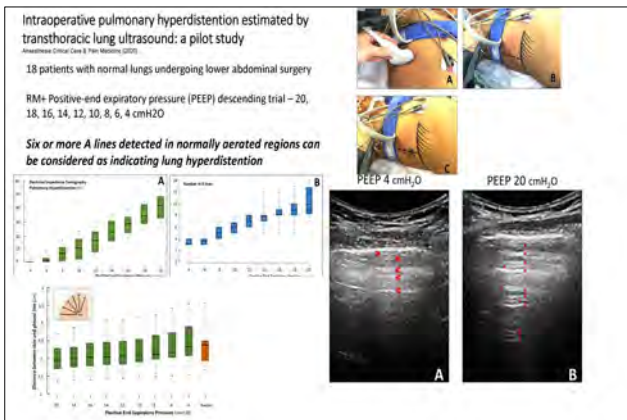
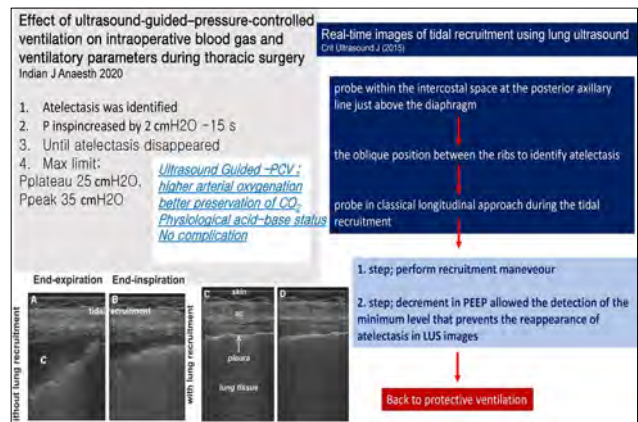
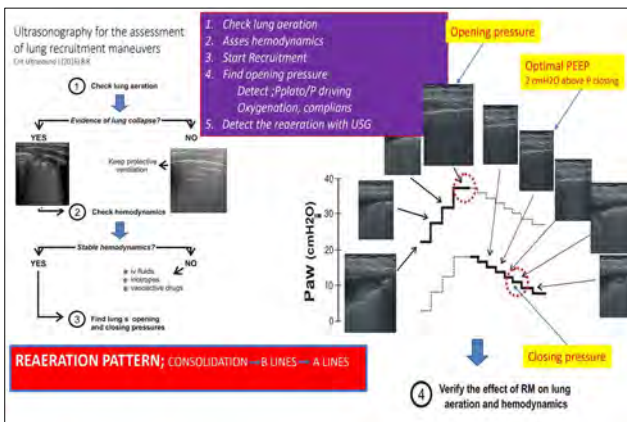
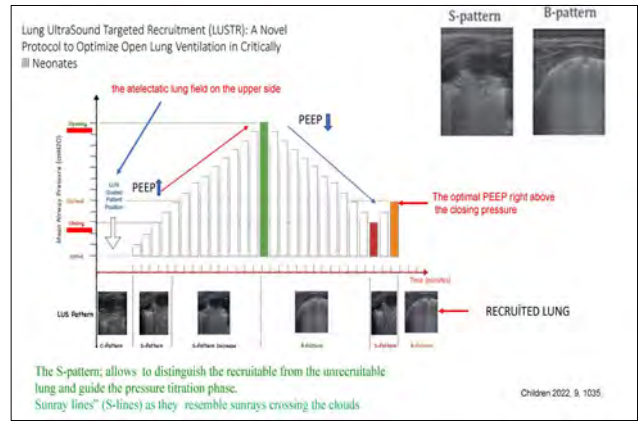
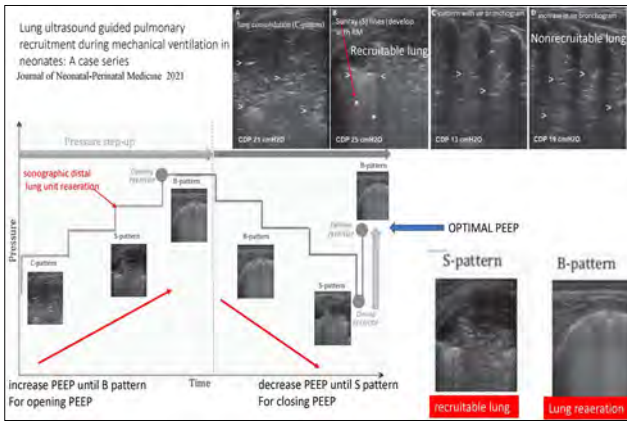
Normal lung
Lung point
PFX

Consolidation:

LUNG CONSOLIDATION
AIR BRONCHOGRAMS

Pleural Effusion:

"Jelly Fish" sign
Lung bronchogram
Consolidated lung



SUMMARY-intraoperative period

- Check lung aeration regularly
- Find USG abnormal images;
 - (Consolidation, B lines)
- Asses hemodynamics
- Give proper position (if it is possible)
 - (most severely affected fields on the upper side)
- Start Recruitment
 - Detect ;Pplateo/P driving
 - Goal; optimum Oxygenation-complians
- Detect the re-aeration with USG

LIMITATIONS IN INTRAOPERATIVE ULTRASONOGRAPHY

- Operator-dependent limitations
- Examination and correct interpretation of findings require: training period
- Patient dependent
 - Obesity
 - subcutaneous emphysema
- Images may not reflect a disease state with 100% certainty
 - the absence of lung sliding ;pneumothorax
 - pleural adhesions
 - large emphysematous bullae
- lung point sign may not be visible in a circumferential pneumothorax
- Only detect pathology that reaches the lung periphery
- Access to the thorax during surgery may be limited



Session 2.

Experts' Advice of Monitoring for Better Anesthesia Care

Chair(s): Joy Luat-Inciong (Philippines)
Hyo-Jin Byon (Korea)

Blood Pressure Considerations in Pediatric Anesthesia: Challenges & Implications

Stephen J. Gleich

Mayo Clinic, USA

DISCLOSURES

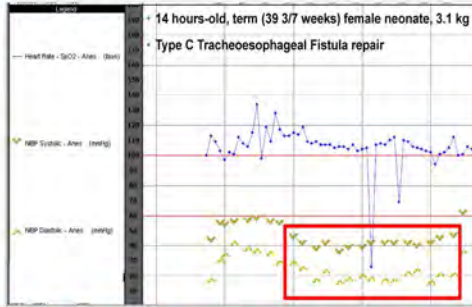
- No Conflicts of Interest

LEARNING OBJECTIVES

- Describe challenges in noninvasive automated blood pressure monitoring in anesthetized children
- Identify complications of intraoperative hypotension.
- Discuss individualized blood pressure management strategies in anesthetized children.

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Case



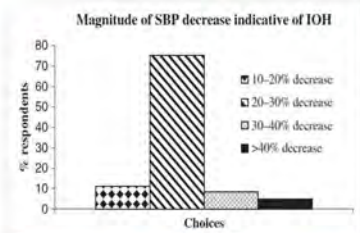
1 How is hypotension defined in children under anesthesia?

PEDS INTRAOP BP

Hypotension Definition

Pediatric Anesthesia

How do pediatric anesthesiologists define intraoperative hypotension?



"Baseline" BP

Sottas, CE et al. *PediatrAnes* 2016

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Hypotension Definition – Regional Differences

Pediatric Anesthesia
How do pediatric anesthesiologists define intraoperative hypotension?

- SPA members (U.S.):
 - Thresholds for hypotension were 5–7% lower across all pediatric age groups

Values and methods used to define IOH by societal affiliation

Age group	SPA members (n = 337)	APA members (n = 115)	P value
SBP threshold values mean (SD) mmHg for IOH			
Neonates	45.5 (8.5)	49.6 (8.4)	0.001
Infant-2 year	54.8 (8.3)	59.6 (9.1)	0.001
Children 2-12 years	66.9 (8.9)	70.1 (6.8)	0.001
Adolescents	78.4 (10.0)	84.5 (5.3)	0.001

Mullu DJ, et al. *Pediatrics* 2019

PEDS INTRAOP BP

Intraoperative Data – Reference Values

ANESTHESIOLOGY
Reference Values for Noninvasive Blood Pressure in Children during Anesthesia
A Multicentered Retrospective Observational Cohort Study

- Multicenter Perioperative Outcomes Group data set
 - 9 U.S. centers + 1 center in the Netherlands
- 0-18 years, ASA I-II, non-Cardiac procedures
- Developed sex-specific percentiles of NIBP values for age
- 2 artifact-free measurements in each phase

116,362 cases analyzed
• Preparation Phase: 108,179
• Initial Surgical Phase: 94,283

deGraaf JC, et al. *Anesthesiology* 2018

PEDS INTRAOP BP

Intraoperative Data – Reference Values

ANESTHESIOLOGY
Reference Values for Noninvasive Blood Pressure in Children during Anesthesia
A Multicentered Retrospective Observational Cohort Study

Preparation Phase

Surgical Phase

Age

deGraaf JC, et al. *Anesthesiology* 2018

PEDS INTRAOP BP

Intraoperative Data – Reference Values

ANESTHESIOLOGY
Reference Values for Noninvasive Blood Pressure in Children during Anesthesia
A Multicentered Retrospective Observational Cohort Study

Preparation Phase

Surgical Phase

Weight

deGraaf JC, et al. *Anesthesiology* 2018

PEDS INTRAOP BP

Intraoperative Data – Reference Values

ANESTHESIOLOGY
Reference Values for Noninvasive Blood Pressure in Children during Anesthesia
A Multicentered Retrospective Observational Cohort Study

MSP – Preparation Phase

Table 2 shows sex-specific blood pressures during preparation phase by relative to age

Preparation Phase	Male					Female				
	Mean	SD	95th	99th	99.9th	Mean	SD	95th	99th	99.9th
Age	17	24	57	66	71	19	24	59	67	71
Weight	75	15	36	42	47	29	16	35	40	44
GA (weeks)	39	10	42	44	45	39	10	42	43	44
GA (days)	23	10	44	53	57	29	10	44	51	55
GA (hours)	23	10	44	53	57	29	10	44	51	55
GA (minutes)	18	10	40	47	51	26	10	41	47	51
GA (seconds)	17	10	37	44	47	26	10	39	45	47
GA (milliseconds)	15	10	32	39	42	24	10	36	42	44
GA (microseconds)	14	10	30	36	39	23	10	34	40	42
GA (nanoseconds)	13	10	28	34	37	22	10	32	38	40
GA (picoseconds)	12	10	26	32	35	21	10	30	36	38
GA (femtoseconds)	11	10	24	30	33	20	10	28	34	36
GA (attoseconds)	10	10	22	28	31	19	10	26	32	34
GA (zeptoseconds)	9	10	20	26	29	18	10	24	30	32
GA (yoctoseconds)	8	10	18	24	27	17	10	22	28	30
GA (rattoseconds)	7	10	16	22	25	16	10	20	26	28
GA (sattoseconds)	6	10	14	20	23	15	10	18	24	26
GA (tattoseconds)	5	10	12	18	21	14	10	16	22	24
GA (pattoseconds)	4	10	10	16	19	13	10	14	20	22
GA (femtoseconds)	3	10	8	14	17	12	10	12	18	20
GA (attoseconds)	2	10	6	12	15	11	10	10	16	18
GA (zeptoseconds)	1	10	4	10	13	10	10	10	14	16
GA (yoctoseconds)	0	10	2	8	11	9	10	8	12	14
GA (rattoseconds)	0	10	1	6	9	8	10	6	10	12
GA (sattoseconds)	0	10	0	4	7	7	10	4	8	10
GA (tattoseconds)	0	10	0	2	5	6	10	2	6	8
GA (pattoseconds)	0	10	0	1	4	5	10	1	5	7
GA (femtoseconds)	0	10	0	0	3	4	10	0	4	6
GA (attoseconds)	0	10	0	0	2	3	10	0	3	5
GA (zeptoseconds)	0	10	0	0	1	2	10	0	2	4
GA (yoctoseconds)	0	10	0	0	0	1	10	0	1	3
GA (rattoseconds)	0	10	0	0	0	0	10	0	0	2
GA (sattoseconds)	0	10	0	0	0	0	10	0	0	1
GA (tattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (pattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (femtoseconds)	0	10	0	0	0	0	10	0	0	0
GA (attoseconds)	0	10	0	0	0	0	10	0	0	0
GA (zeptoseconds)	0	10	0	0	0	0	10	0	0	0
GA (yoctoseconds)	0	10	0	0	0	0	10	0	0	0
GA (rattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (sattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (tattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (pattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (femtoseconds)	0	10	0	0	0	0	10	0	0	0
GA (attoseconds)	0	10	0	0	0	0	10	0	0	0
GA (zeptoseconds)	0	10	0	0	0	0	10	0	0	0
GA (yoctoseconds)	0	10	0	0	0	0	10	0	0	0
GA (rattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (sattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (tattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (pattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (femtoseconds)	0	10	0	0	0	0	10	0	0	0
GA (attoseconds)	0	10	0	0	0	0	10	0	0	0
GA (zeptoseconds)	0	10	0	0	0	0	10	0	0	0
GA (yoctoseconds)	0	10	0	0	0	0	10	0	0	0
GA (rattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (sattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (tattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (pattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (femtoseconds)	0	10	0	0	0	0	10	0	0	0
GA (attoseconds)	0	10	0	0	0	0	10	0	0	0
GA (zeptoseconds)	0	10	0	0	0	0	10	0	0	0
GA (yoctoseconds)	0	10	0	0	0	0	10	0	0	0
GA (rattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (sattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (tattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (pattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (femtoseconds)	0	10	0	0	0	0	10	0	0	0
GA (attoseconds)	0	10	0	0	0	0	10	0	0	0
GA (zeptoseconds)	0	10	0	0	0	0	10	0	0	0
GA (yoctoseconds)	0	10	0	0	0	0	10	0	0	0
GA (rattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (sattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (tattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (pattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (femtoseconds)	0	10	0	0	0	0	10	0	0	0
GA (attoseconds)	0	10	0	0	0	0	10	0	0	0
GA (zeptoseconds)	0	10	0	0	0	0	10	0	0	0
GA (yoctoseconds)	0	10	0	0	0	0	10	0	0	0
GA (rattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (sattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (tattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (pattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (femtoseconds)	0	10	0	0	0	0	10	0	0	0
GA (attoseconds)	0	10	0	0	0	0	10	0	0	0
GA (zeptoseconds)	0	10	0	0	0	0	10	0	0	0
GA (yoctoseconds)	0	10	0	0	0	0	10	0	0	0
GA (rattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (sattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (tattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (pattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (femtoseconds)	0	10	0	0	0	0	10	0	0	0
GA (attoseconds)	0	10	0	0	0	0	10	0	0	0
GA (zeptoseconds)	0	10	0	0	0	0	10	0	0	0
GA (yoctoseconds)	0	10	0	0	0	0	10	0	0	0
GA (rattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (sattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (tattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (pattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (femtoseconds)	0	10	0	0	0	0	10	0	0	0
GA (attoseconds)	0	10	0	0	0	0	10	0	0	0
GA (zeptoseconds)	0	10	0	0	0	0	10	0	0	0
GA (yoctoseconds)	0	10	0	0	0	0	10	0	0	0
GA (rattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (sattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (tattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (pattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (femtoseconds)	0	10	0	0	0	0	10	0	0	0
GA (attoseconds)	0	10	0	0	0	0	10	0	0	0
GA (zeptoseconds)	0	10	0	0	0	0	10	0	0	0
GA (yoctoseconds)	0	10	0	0	0	0	10	0	0	0
GA (rattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (sattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (tattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (pattoseconds)	0	10	0	0	0	0	10	0	0	0
GA (femtoseconds)	0	10	0	0	0	0	10	0	0	0
GA (attoseconds)	0	10	0	0	0	0	10	0	0	0
GA (zeptoseconds)	0	10	0	0	0	0	10	0	0	0
GA (yoctoseconds)	0	10	0	0	0	0	10			

PEDS INTRAOP BP

Intraoperative Data – Limitations

Reference Values for Noninvasive Blood Pressure in Children during Anesthesia
A Multicentered Retrospective Observational Cohort Study

- No outcome data
- No "end-organ perfusion" data
- No correlation to:
 - Cerebral encephalopathy
 - Renal failure
 - Hospital LOS
 - Mortality
 - Long-term neurodevelopmental outcomes

2 Challenges of intraoperative measurement of BP in children

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BP Measurement – Method

Which pressure to believe? A comparison of direct arterial with indirect blood pressure measurement techniques in the pediatric intensive care unit

Automated BP cuff readings were falsely elevated during hypotension

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BP Measurement – Anatomical Site

- Adults:
 - Higher BP measured in leg vs. arm
- Children (up to 8 years-old):
 - LOWER BP measured in leg vs. arm
 - Mean 10 mmHg lower 0-4 years

3 Complications of hypotension

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Complications of Hypotension

Infantile Postoperative Encephalopathy, Perioperative Factors as a Cause for Concern

- 6 infants – undergoing elective procedures
- Developed postop encephalopathy
- Supratentorial watershed infarcts
- Outcomes:
 - 1 died, 2 had developmental delays, 2 normal
- Presumed cause: cerebral hypoperfusion

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Definitions & Complications of Hypotension

Cutoff definition of hypotension (from survey study)

McCann ME et al. Pediatrics 2014
McCann ME et al. Pediatrics 2015

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Cerebral Perfusion

- Cerebral artery flow velocities measured by transcranial Doppler Ultrasound
- LLA widely variable in children - 30 to 55 mmHg
- No difference in the Lower Limit of cerebral Autoregulation between children <6 yrs & 6-14 yrs
- Baseline MAP in young children may rest close to the LLA

LLA: Lower Limit of cerebral Autoregulation

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Complications of Hypotension

Table 3 Intraoperative variables that affect cerebral perfusion

- Arterial pressure
- Partial pressure of carbon dioxide
- Inspired oxygen concentration
- Glucose
- Temperature

- 4 infants also exhibited prolonged periods of mild hypocapnia - $ETCO_2 < 35$ mmHg

McCann ME et al. Pediatrics 2014
McCann ME et al. Pediatrics 2015

4 Hypotension & Anesthetic Neurotoxicity

Pediatric Anesthesia:
Epidemiology: Anesthetists rather than anesthetics are the threat to baby brains

Definition:
The rise and fall of anaesthesia-related neurotoxicity and the immature developing human brain

McCann ME et al. Pediatrics 2015
Hermann T et al. Acta Anaesth Scand 2016

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Anesthetic Type

- 722 infants - Inguinal herniorrhaphy
- Randomized to regional anesthesia or sevoflurane
- Hypotension: MAP < 45 mmHg
- Moderate hypotension: MAP < 35 mmHg
- Risk factors for hypotension: GA, Weight, Hypothermia

4.5x higher risk of hypotension with General vs. Regional Anes

McCann ME et al. ASAIO J 2016

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Hypotension & Neurodevelopment

Neuropsychological and Behavioral Outcomes after Exposure of Young Children to Procedures Requiring General Anesthesia
The Mayo Anesthesia Safety in Kids (MASK) Study

- Mayo Anesthesia Safety in Kids (MASK) Study - Neurodevelopmental Outcomes

PEDS INTRAOP BP

Hypotension & Neurodevelopment

Hypotension and adverse neurodevelopmental outcomes among children with multiple exposures to general anesthesia: Subanalysis of the Mayo Anesthesia Safety in Kids (MASK) Study

- Mayo Anesthesia Safety in Kids (MASK) Study - Neurodevelopmental Outcomes
- 2 lowest Systolic BPs recorded & compared
- Association with outcomes by exposure category
- Lowest SBP (continuous variable, lowest z-score)
- Intraoperative hypotension (defined as -1.0 SD below expected SBP)

McCann ME et al. Pediatrics 2015

PEDS INTRAOP BP

Hypotension & Neurodevelopment

Hypotension and adverse neurodevelopmental outcomes among children with multiple exposures to general anesthesia: Subanalysis of the Mayo Anesthesia Safety in Kids (MASK) Study

NO Association of Lowest SBP or Hypotension

McCann ME et al. Pediatrics 2015

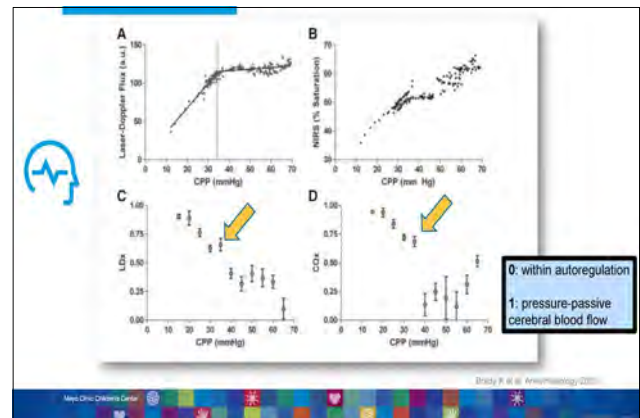
ANESTHESIOLOGY

Personalizing the Definition of Hypotension to Protect the Brain

Wang et al. Anesth Analg 2022;134:1000-1008

FUTURE


- Accurate and affordable non-invasive monitors to detect decrease in cerebral blood flow
 - Correlation to standard BP measurements
- Prompt treatments to maintain adequate blood pressure and cerebral perfusion



PEDIATRIC INTRAOPERATIVE BLOOD PRESSURE

CONCLUSIONS

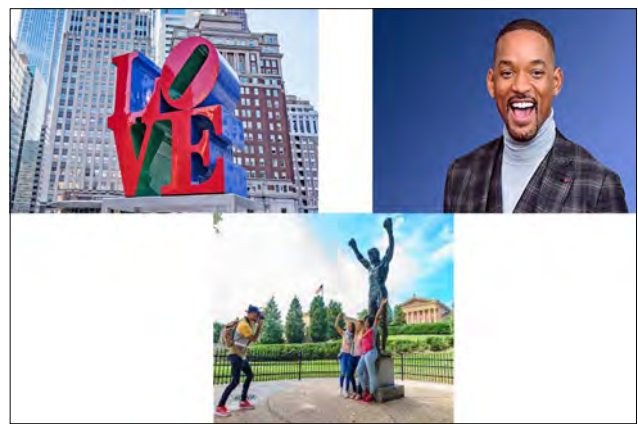
- BP measurement & evaluation in children under anesthesia – should be individualized
- Hampered by inaccurate measurements of automated NIBP
- Reference ranges – not linked to clinical outcomes
- BP is 1 component of multifactorial cerebral perfusion
 - Inadequate cerebral perfusion → devastating neurologic consequences
- **Future: outcome-based studies & monitors**



Neuromonitoring in Neonatal Pain Assessment

Ian Yuan

Children's Hospital of Philadelphia, USA



Oldest Children's Hospital in USA



Childrens Hospital of Philadelphia (CHOP)

33,000 cases / year

75 Pediatric Anesthesiologist (9 Cardiac)

30 Nurse Anesthetists

11 Fellows

10 Residents



- ???
- 1- Hungry
 - 2- Tired
 - 3- In pain from surgery

Neuromonitoring in Neonatal Pain Assessment

Consequences of untreated neonatal pain

Neuromonitoring to assess neonatal pain

Near-infrared spectroscopy pain assessment

Misconceptions in Neonatal Pain

- Immature pain pathways and cannot transmit painful stimulus to brain.
- Lack context to identify experiences as painful.
- Analgesic or sedative agents cause adverse effects to the developing brain

Neonatal Pain -> Worse Postop Outcomes

THE LANCET
2018; 391: 1011-1018
RANDOMISED TRIAL OF FENTANYL ANAESTHESIA IN PRETERM BABIES UNDERGOING SURGERY: EFFECTS ON THE STRESS RESPONSE

PDA ligation in babies without vs without fentanyl

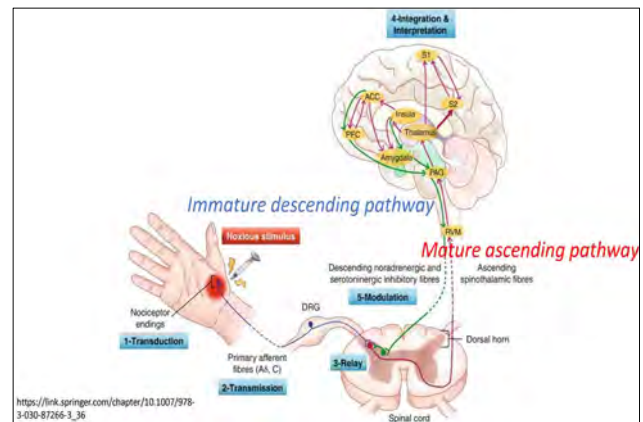
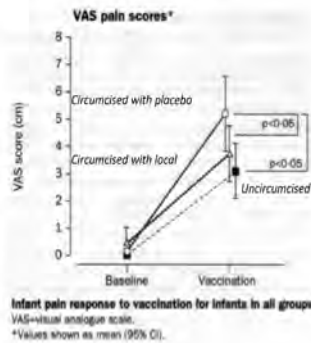
- ↑ **stress response** (adrenaline, noradrenaline, glucagon, corticosterone, lactate)
- ↑ **protein catabolism at POD#3**
- Worse outcomes:** ↑ ventilation requirement, bradycardia, hypotension, metabolic acidosis, intraventricular hemorrhage.

Neonatal Pain -> Increased Pain Sensitivity

THE LANCET

2018; 391: 1011-1018
Effect of neonatal circumcision on pain response during subsequent routine vaccination

Annex Table 1 (S1)
Pain response at 4 or 6mo vaccinations in babies circumcised with local vs with placebo vs uncircumcised.



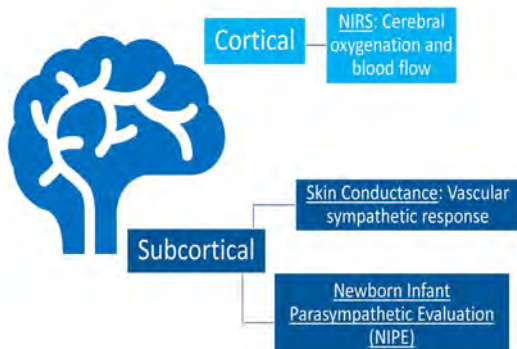
Neuromonitoring in Neonatal Pain Assessment

Consequences of untreated neonatal pain

Neuromonitoring to assess neonatal pain

Neuromonitoring Neonatal Nociception

- Skin conductance test
- Newborn Infant Parasympathetic Evaluation (NIPE)
- Near infrared spectroscopy
- Surgical Pleth Index
- ANI (Analgesia nociception index)
- Pupillometer



Pain Assessment Tool	Gestational Age	Physiologic Components	Behavioral Components	Type of Pain	Adjusts for Prematurity	Scale Metric
Premature Infant Pain Profile-Revised (PIPP-R)	25 wk to term	Heart rate, oxygen saturation	Alertness, brow bulge, eye position, head/neck tone	Procedural and postoperative	Yes	0-21
CRIES, Requires Oxygen, Increased Vital Signs, Expression, Sleeplessness (CRIES)	32-56 wk	Blood pressure, heart rate, oxygen saturation	Cry, non-cries, alertness	Postoperative	No	0-10
Neonatal Infant Pain Scale (NIPS)	28-38 wk	Breathing pattern	Facial expression, cry, arms, legs, alertness	Procedural	No	0-7
COMFORT (and COMFORTneo)	0-3 y (COMFORTneo: 24-42 wk)	Respiratory response, blood pressure, heart rate	Alertness, agitation, physical movements, muscle tone, facial tension	Postoperative (COMFORTneo: prolonged)	No	8-40
Neonatal Facial Coding System (NFCS)	25 wk to term	None	Brow bulge, eye squint, nasal alar furrow, open lip, stretch mouth (vertical and horizontal), lip purse, taut tongue, chin quiver	Procedural	No	0-10
Neonatal Pain, Agitation, and Sedation Scale (N-PASS)	0-100 d	Heart rate, respiratory rate, blood pressure, oxygen saturation	Crying or irritability, behavior state, facial expression, extremities of tone	Acute and prolonged pain	Yes	Pain: 0-10 Sedation: -10-0
Echelle de Douleur Inconfort Nouveau-Né (EDIN: Neonatal Pain and Discomfort) Scale	25-36 wk	None	Facial activity, body movements, quality of sleep, quality of contact with nurses, consolability	Prolonged	No	0-15
Bernese Pain Scale for Neonates (BPSN)	27-41 wk	Respiratory pattern, heart rate, oxygen saturation	Alertness, duration of cry, time to calm, skin color, brow ridge with eye squint, posture	Procedural	No	0-27

Skin Conductance (Sympathetic)

Stimulus → Sympathetic nerve activity → Sweating → Skin Conductance

Skin Conductance Test—Awake

Procedural Pain Assessment in Infants Without Analgesation: Comparison of Newborn Infant Parasympathetic Evaluation and Skin Conductance Activity - A Pilot Study
Wojcik-Walsh, J, Jovanik, A, Haddad, T, Thomas, S, Latta, C, et al. Front Pediatrics 2021

Skin Conductance response to heel stick in non-anesthetized infants.
 Measured at 1 min before and 3 min after heel stick

Infants grouped no/mild/moderate vs severe pain based on behavior pain scale.

Skin Conductance Test—Sedated

Skin Conductance Versus the Modified COMFORT Sedation Score as a Measure of Discomfort in Artificially Ventilated Children
Pediatrics 2008, Amir El-Din Ojeda, MD, Karl Wagner, MD, Thore Hennrichsen, MD, Hans-Joachim Storn, MD, PhD

Skin Conductance and COMFORT score after tracheal suction in ventilated and sedated children.
 Correlation factor 0.79

Skin Conductance Test—Sedated

Skin Conductance Versus the Modified COMFORT Sedation Score as a Measure of Discomfort in Artificially Ventilated Children
Pediatrics 2008, Amir El-Din Ojeda, MD, Karl Wagner, MD, Thore Hennrichsen, MD, Hans-Joachim Storn, MD, PhD

Conductance in microsiemens

Newborn Infant Parasympathetic Evaluation (NIPE)

= Pediatric version of Analgesia Nociception Index

Respiratory Sinus Arrhythmia

↑ Heart Rate Variation with ↑ vagal tone ~ ↑ parasympathetic activity

Newborn Infant Parasympathetic Evaluation (NIPE)

Stimulus → ↑ Sympathetic / ↓ Parasympathetic
 → ↓ Heart Rate Variation → ↓ NIPE

Newborn Infant Parasympathetic Evaluation (NIPE) – Nonanesthetized

Newborn Infant Parasympathetic Evaluation Index for the Assessment of Procedural Pain in Nonanesthetized Infants: A Multicenter Pilot Study
Am J Perinatol 2021, Wojcik-Walsh, MD, PhD, Jukka Latta, MD, PhD, Anna Maruyama, MD, PhD

NIPE before and after painful stimulus (heel stick, IV access).
 Grouped into no/mild pain, moderate pain, or severe pain based on behavior pain scale.

NIPE differentiate "No/Mild/Mod" vs "Severe Pain": ROC AUC: 0.73; Sen: 65%; Spec: 88%

Newborn Infant Parasympathetic Evaluation (NIPE) – Anesthetized

Pediatric Anesthesia
Front Pediatrics 2022, Comparison of the Newborn Infant Parasympathetic Evaluation (NIPE™) index to changes in heart rate to detect intraoperative nociceptive stimuli in healthy and critically ill children & young adults: An observational study

Group 1: Healthy

NIPE vs heart rate changes after 3 nociceptive stimuli (venous access, intubation, skin incision).

Newborn Infant Parasympathetic Evaluation (NIPE) – Anesthetized Pediatric Anesthesia

Comparison of the Newborn Infant Parasympathetic Evaluation (NIPE)™ index to changes in heart rate to detect intraoperative nociceptive stimuli in healthy and critically ill children below 2 years: An observational study

Group 2: Critically ill, intubated from ICU.

NIPE vs heart rate changes during skin incision.

ROC-AUC to detect stimulus: NIPE vs Heart Rate 0.9 vs 0.6

Neuromonitoring in Neonatal Pain Assessment

Consequences of untreated neonatal pain

Neuromonitoring to assess neonatal pain

Near-infrared spectroscopy pain assessment

Cortical NIRS: Cerebral oxygenation and blood flow

Subcortical Skin Conductance: Vascular sympathetic response

Newborn Infant Parasympathetic Evaluation (NIPE)

Similar

- Measure light absorption ratio of HbO/Hb.
- Subject to motion and light artifact.
- Depends on manufacturer algorithm.

Different

- **PulseOx:** Arterial saturation and O₂ supply.
- **NIRS:** Venous saturation (~75%), O₂ supply and demand. Not dependent on pulsatile flow.

NIRS vs functional NIRS (fNIRS)

Graph showing fNIRS signal (µmol/L) over time (seconds) for HbO-L and HbO-R. Significant increases are observed during events 1, 2, 3, 4, 5, 6, and 7.

Stimulus → ↑ cerebral neuronal activity → ↑ cerebral blood volume → ↑ fNIRS

1-Transduction, 2-Transmission, 3-Relay, 4-Integration & Interpretation, 5-Modulation

Pain (2006)

Pain activates cortical areas in the preterm newborn brain

Marco Bartocci^{a,b,c}, Lena L. Bergqvist^{a,c}, Hugo Lagercrantz^a, K.J.S. Anand^d

Preterm neonates during venous puncture.

Graph showing fNIRS signal (MicroMol/L) for [HbO₂]left and [HbO₂]right at Baseline, Tactile, and Venipuncture. Venipuncture shows a significant increase in [HbO₂]left.

↑ fNIRS ~ ↑ postnatal age
↑ fNIRS ~ ↓ gestational

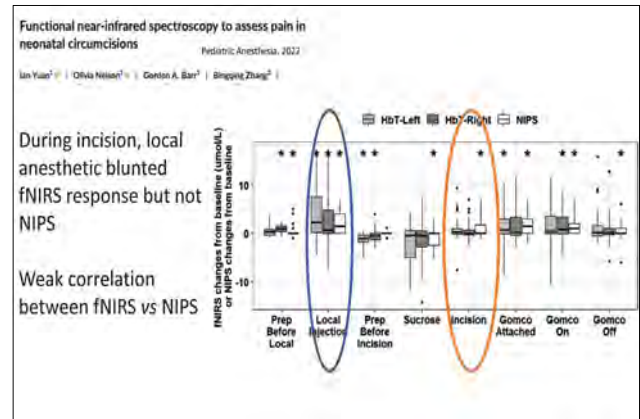
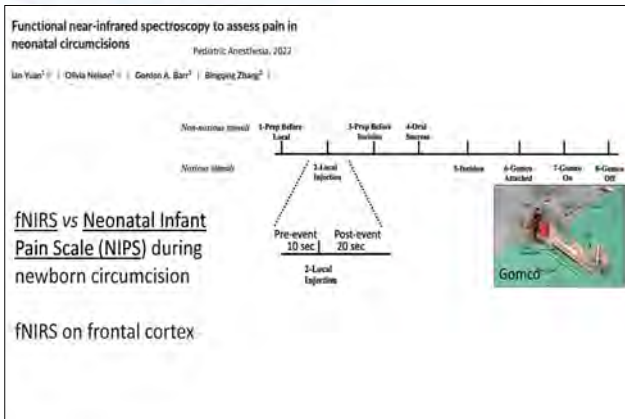
How Well Do Clinical Pain Assessment Tools Reflect Pain in Infants?

PLoS Med. 2008

Babcock, Sletzer, Avram, Cantarella, Leola, Franco, Judith, Meiri, and Milica Filipovic

fNIRS vs premature infant pain profile (PIPP) after heel lance

fNIRS correlation with PIPP Behavioral (0.74) vs PIPP Physiological (0.4)



Summary

- No "gold standard" for pain assessment
- Many devices still in research stage.
- Much research still needed in neonates... (especially under anesthesia)

Accurate and Reliable Neuromuscular Monitoring in Children

Z Serpil Ustalar Ozgen

University of Mehmet Ali Aydınlar University, Türkiye




No Disclosures

Except for My ASPA Family and my tiny patients



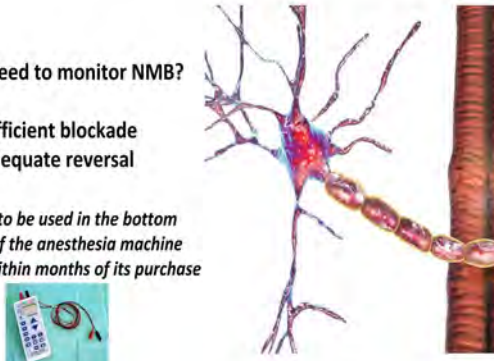
Lecture Outlines

- Importance of Neuromuscular Monitoring in Children
- Key parameters to monitor NMB
- Techniques for monitoring NMB in Children

Do we need to monitor NMB?

Sufficient blockade
Adequate reversal

Waiting to be used in the bottom drawer of the anesthesia machine forgotten within months of its purchase



Journal of PeriAnesthesia Nursing

Research
Application of Neuromuscular Monitoring in Pediatric Anesthesia: A Survey in China

Lei Yang, MD¹, Di Yang, MD², Chunyuan Liu, MD³, Yunxia Zuo, MD^{4*}

83% never
72% no equipment
33% routine reversal

20% European sites
10% US
0% New Zealand and Australia sites use NMT

ABSTRACT

Purpose: To determine the popularity of neuromuscular monitoring in pediatric anesthesia.

Design: Self-administered questionnaire survey.

Methods: Anesthesiologists were recruited through a professional network platform of anesthesiology by email in China. The survey deadline was December 23, 2020.

Findings: A total of 683 valid questionnaires were collected. A total of 238 (35%) anesthesiologists stated that they had never used neuromuscular monitoring in pediatric anesthesia, and 438 (72%) anesthesiologists stated that they were not equipped with neuromuscular monitors. A total of 468 (68.7%) anesthesiologists had used neostigmine, but only 209 (35%) anesthesiologists reported routine postoperative administration for the reversal of neuromuscular block.



Conclusions: Neuromuscular monitoring in pediatric anesthesia needs to be further promoted. However, how to effectively and safely use neuromuscular antagonists are also important issues that require attention from anesthesiologists.

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How do we monitor NMB?

- Clinical signs
- Nerve stimulators

Head lift 5 s
Leg lift 5 s
Biting
Maximum inspiratory pressure >50 cmH₂O

Do you use NM monitors routinely?

68%

- Not necessary
- Overconfidence in current practice
- Lack of knowledge/equipment
- Inability to use equipment
- Distrust of equipment
- Quantitative monitors rarely available
- Older devices, require calibration, impractical, difficult to use

Do you administer phenylephrine without rechecking the blood pressure and confirming this intervention was successful?

WHY?

Clinical assessment is challenging in children

- Difficulties in communication
- Non-compliance to instructions

10-28% of children experience postoperative residual block

Complications due to residual block can be detrimental

- smaller oxygen reserves
- more vulnerable to airway collapse

Limitations of NM Monitoring in Neonates

- Variability in response- gestational age, postnatal age, weight, coexisting medical conditions
- Lack of standardized guidelines
- Technical difficulties
- Influence of temperature
- Influence of coexisting conditions – prematurity, congenital anomalies, NM diseases
- Limited pharmacokinetic data- organ immaturity, altered protein binding, different rates of drug metabolism and elimination
- Relevance of monitoring data- ongoing research and debate

Why do we want to monitor NMB?

Stimulation pattern	Onset of block	Deep block (TOF=0)	Moderate block (TOF=0)	Recovery
Train-of-four (TOF)	Adequate	Not adequate	Adequate	Intermediate(a) Adequate(b)
Double burst stimulation (DBS)	Intermediate	Not adequate	Not adequate	Intermediate
Post-tetanic count (PTC)	Not adequate	Adequate	Not adequate	Not adequate
Tetanus (50/100Hz)	Not adequate	Not adequate	Not adequate	Intermediate

Single twitch

- Supramaximal stimulus frequency 0.1-1.0 Hz
- Limited value in clinical setting
- Useful for baseline assessment of NM function before the administration of NMBAs

Train-of-four (TOF)

- Stimulation pattern 4 twitches at 2 Hz
- Less of fourth response 75-80% NMB
- Sufficient NMB for surgical procedure: until reappearance of 2-4 responses
- TOF Ratio 0.7 = adequate diaphragmatic recovery
- TOF Ratio >0.9 = adequate Pharyngeal muscle function

Provides information about the depth of NMB and the degree of recovery after reversal

TOF ratio below 0.9 suggests the presence of residual blockade

Disappearance of responses	3	2	1
NMB	85%	90%	100%

Tetanic Stimulation

- High frequency (50-200) Hz stimulation applied for 5 s
- Fade effect in incomplete NMB recovery
- Sensitivity of using TS in detecting residual curarisation 70%, specificity 50%

Post-tetanic count (PTC)

Tetanic stimulus without twitch

Post-Tetanic Count (PTC) of 9/20

- *Tactile or visual evaluation of a deep non-depolarising NMB that does not respond to TOF
- *50 Hz tetanic stimulation for 5 s followed by 1 Hz supramaximal after a gap of 3 s
- *Ideally 0 if a very deep NMB is desired
- *5-7 responses are detectable = return of TOF imminent

Double burst stimulation (DBS)

Double Burst Stimulation (DBS)

- *Greater tactile evaluation of minor NMB than tactile evaluation of TOF ratio
- *2 bursts stimuli at 50 Hz with an interval of 750ms
- *Burst consists of 2-3 impulses, combined 3/3,3/2
- *3/2 usually used at clinic
- *Fading of 2 impulse series compared to first = incomplete NM recovery, comparable TOF ratio <0.6
- *More sensitive for tactile evaluation of residual blockade

Deep and Moderate block

- Train of four TOF
- Post tetanic count (PTC)

Level of Block	Depth of Block	Objective Measurement	Subjective Evaluation
Level 5	Complete		PTC = 0
Level 4	Deep		PTC ≥ 1, TOFC = 0
Level 3	Moderate		TOFC = 1-3
Level 2b	Shallow	TOFR < 0.4	TOFC = 4 & fade detected
Level 2a	Minimal	TOFR = 0.4-0.89	TOFC = 4 & fade not detectable
Level 1	Adequate recovery	TOFR ≥ 0.9	Cannot be determined

Do you palpate the carotid artery during volume administration to assess the efficiency of your treatment?

NMT monitors

HISTORY

Quantitative Monitors

TOF-Watch (discontinued), StimPod, TOFScan, Philips NMT Module, GE NMT Module, Tetragraph, TwitchView

Accelerometry (movement) Monitors

Electromyography (electrical signal) Monitors

Quantitative neuromuscular monitoring NMB Monitoring


- *Mechanomyography
- *Acceleromyography
- *Electromyographic monitoring

Acceleromyography (AMG)

- Most widely used
- De facto standard of clinical care
- Easy to handle
- Suitable for any free moving muscle
- TOFR overestimation by at least 0.15
- Baseline TOFR >1.0
- Classic AMG TOF-Watch, Infelix Trident NMT Pod
- 3D TOFScan, StimPod NMS 450, Mondray NM transmission transducer

• Use 3 perpendicular piezoelectric probes to thoroughly measure freely moving target muscles


Kinemyography



- Easy to use
- Available only for the ulnar nerve-APM group
- Free thumb movement required
- Good strip placement between the fingers required
- Datex Ohmeda
- NMT
- MechanoSensor

• Measurement of the electrical signal generated by the bending of a piezoelectric sensor strip placed between the thumb and the index


Electromyography



- Best indicator of pure NM function
- Free muscle movement not required
- Influenced by other electronic devices in OR (diathermy) or local temperature

• Measurement of the muscle action potential following nerve stimulation


Cuff-based Monitoring Compressomyography (CMG)



- No need for free arm movement
- TOFR >0.9 correlates well with a MMG TOFR >0.7
- TOF-Cuff
- No need for free arm movement
- Modified non-invasive BP cuff measuring the block depth by brachial plexus stimulation through electrodes attached on its inner surface

Monitor	Advantages	Disadvantages
MMG	Considered the "gold standard", as results are precise and reliable.	Inconvenient set-up process. Not manufactured for clinical use. (Research uses only.)
KMG	Simple setup that does not require an external display or calibration.	Can only be deployed at the APM.
AMG	Can be deployed on any free-moving muscle, including locations on the hand, foot, or face.	Cannot be deployed on immobilized muscles. Greatest accuracy requires device calibration prior to NMBA and normalization of baseline readings.
EMG	Considered as accurate and reliable as MMG. Can be deployed in a wide variety of locations, including immobilized muscles.	Subject to electrical interference. Accuracy reduced by low muscle temperature. Greatest accuracy requires device calibration prior to NMBA.

Quantitative Monitors



- Tetragraph
- TwitchView
- TOFScan
- Be able to display PTC and TOFR in real time

Received: 29 May 2022 | Revised: 9 August 2022 | Accepted: 21 September 2022
DOI: 10.1111/cei.1429

ARTICLE

Reversal of rocuronium-induced intense neuromuscular blockade by sugammadex in Korean children: A pharmacokinetic and pharmacodynamic analysis

Sang-Hwan Ji^{1,2} | Ki Young Huh^{1,3} | Jaeseong Oh^{1,3} | Hee-Jeong Jeong^{1,2} | Young-Eun Jang^{1,2} | Eun-Hee Kim^{1,2} | Ji-Hyun Lee^{1,2} | Jin-Tae Kim^{1,2} | Hee-Soo Kim^{1,2}

10-28% postoperative residual blockade (TOF<0.9)
6.5% severe block (TOF<0.7)

TOF-Watch SX accurate when calibrated, otherwise overestimate TOFRatio


TOFscan, 30, no calibration

RESEARCH Open Access

Comparison of the TOFscan and the TOF-Watch SX during pediatric neuromuscular function recovery: a prospective observational study

•When using neuromuscular blocking agents (NMBA), quantitative NM monitoring is mandatory to optimize intubation time, monitor intraoperative muscle relaxation, determine adequate pharmacologic reversal agents, and reduce postoperative residual paralysis

Supinated palm, passively extended
Fixed to an arm board to ensure sole movement of adductor pollicis brevis
Clean with an alcohol swab
Skin surface allowed to dry
Two electrodes placed along the ulnar nerve
The negative (black) electrode at distal near the styloid process of radius
Positive electrode 3 cm proximally
Pediatric hand sensor
'to expand TOFscan's validity to infants and neonates, a smaller sensor is required'



RESEARCH Open Access

Comparison of the TOFscan and the TOF-Watch SX during pediatric neuromuscular function recovery: a prospective observational study

Assessing 3D acceleration in children

- Unavoidable Anatomical differences
- Shallow skin-to-nerve and nerve-to-nerve distance
- Individual differences in:
 - Distribution volume
 - Muscle mass
 - NMBA clearance
 - Age-dependent maturation of NM junction
- Contribute to differences in initial TOF ratio
- Normalization adjusts the inherent TOF ratio

Neuromuscular Block and Current Treatment Strategies for its Reversal in Children

- Use of neostigmin to reverse deep NMB will not be effective and will not result in adequate recovery, may result in recurarization
- Inadequate antagonism, subsequent fatigue rather than recurrence of block
- Recurarization may be seen clinically after using inadequate doses of sugammadex

Keep it Simple

- Easy -to understand interface
- Greater acceptance among clinicians
- Learning curve not steep

Neuromuscular Monitoring: Keep It Simple!
 Mohamed Naguib, MD, MSc, FRCRCSI¹ and Aislinn F. Koomar, MD²

Acquiring the latest and most expensive quantitative monitor is not likely to solve the problem of undetected postoperative residual NMB

Postoperative Residual Weakness

- Observing an unacceptable number of patients encountering respiratory distress in the recovery- 20-40% even reversed
- Pharyngeal dysfunction, increased risk for aspiration and pneumonia, acute respiratory events (hypoxemia, airway obstruction), need of tracheal intubation, discomfort for patients and surgeons, increased stay in PACU
- Using quantitative NMB Monitoring whenever a non-depolarizing muscle relaxant is used and documenting train of four in the anesthetic record

NM MONITORING IS MANDATORY TO

- Optimize intubation time
- Monitor intraoperative muscle relaxation
- Determine adequate pharmacologic reversal agents
- WFSA, SFAR recommend incorporating objective NM monitoring into daily practice

Tips and Tricks

- Choose the appropriate monitoring device
- Familiarize yourself with the equipment
- Proper electrode placement
- Optimize skin preparation
- Monitor baseline values
- Individualize monitoring approach
- Consider the effect of temperature
- Avoid electrode movement
- Interpret the data carefully
- Monitor throughout the procedure
- Maintain communication
- Stay updated with guidelines and best practices

Take home

- Misconceptions
- Lack of knowledge
- Failure to follow well-established guidelines regarding the clinical use of NM drugs are commonplace
- What we need is not more complicated monitors, but the application of well-established lessons
- Rather the application of NMB and appropriate reversal

How to Assess Fluid Responsiveness in Children?

Eun-Hee Kim

Seoul National University Hospital, Korea



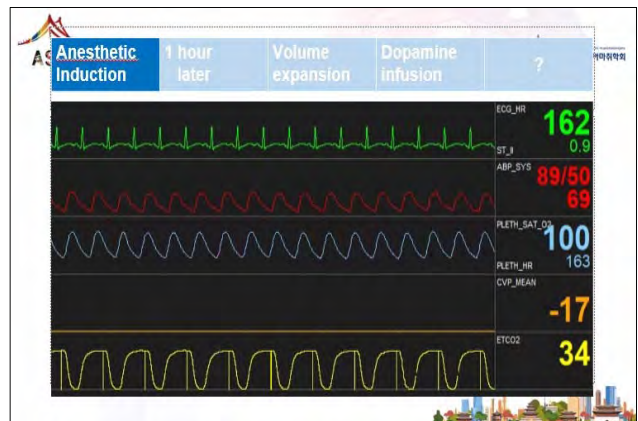
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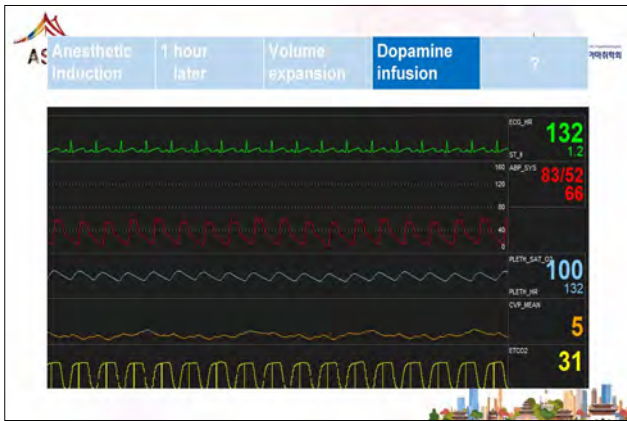
1. Assessment of volume status
2. How to assess fluid responsiveness in children?
 - Overview
 - Spontaneous breathing patients
 - Prone position

Case

- 4 months, female
- 63.4cm, 6 kg
- GA 37+4wks, 3.1kg at birth
- Baseline BP **95 / 65** mmHg, HR 100-123 bpm, SpO₂ 100% at ward.
- AST/ALT **257/206** IU/L, D Bil. **7.85** mg/dl (NL 0-0.5)

• Diagnosis: Biliary atresia
• Operation: Kasai operation





Assessment of volume status

Assessment of volume status (fluid responsiveness)

- Volume depletion
 - Hypotension
 - Shock
 - Organ hypoperfusion
 - Acute kidney injury
- Volume overload
 - Impaired oxygenation
 - Edema
 - Hypertension
 - Organ congestion

Inadequate fluid therapy → Overaggressive fluid therapy

Figure 1 | Volume assessment goals. Proper assessment of patients' volume status and whether they will respond with an increase in cardiac output, following a fluid challenge are critical to avoid the consequences of either inadequate or overaggressive fluid therapy.

Assessment of intravascular volume status and volume responsiveness in critically ill patients. *Kidney International* 2013; 83: 1017-1028

How can assessing hemodynamics help to assess volume status? *Intensive Care Med* 2022 July 10:1-18

1. Plasma and blood volume measurements
 2. Central venous pressure
 3. Pulmonary artery catheter
 4. Transpulmonary thermodilution
 5. Echocardiography
 6. Venous ultrasound techniques
- How can assessing hemodynamics help to assess volume status? *Intensive Care Med* 2022 July 10:1-18

Plasma and blood volume measurements (Indocyanine green)

Plasma volume estimation using indocyanine green. A single intravenous injection method. *Anaesthesia* 1992 Jun;45(1):41-3

An efficient method for measuring plasma volume using indocyanine green. *Methods* 2015 May;8(1):19-23

A modified method of measuring plasma volume with indocyanine green: reducing the frequency of blood sampling. *Crit Care* 2010;14(1):R1

Central venous pressure

- Marker of volume status?
- Indicator of preload responsiveness?
- Changes in CVP?

Should we measure the CVP to guide fluid management? Ten answers to 10 questions. *Crit Care* 2018 22(1):43

Cardiac filling pressures are not appropriate to predict hemodynamic response to volume challenge. *Crit Care Med* 2007 35(1):64-68

Does CVP predict fluid responsiveness? A systematic review of the literature and the tale of seven mares. *Chest* 2008 134(1):172-178

The fluid challenge. *Crit Care* 2020;24(1):176

Pulmonary artery catheter (PAC)

- Pulmonary artery occlusion pressure (PAOP)
- Intermittent cardiac output measurements
- Invasive

Cardiac filling pressures are not appropriate to predict hemodynamic response to volume challenge. *Crit Care Med* 2007 35(1):64-68

Is there still a place for the Swan-Ganz catheter? We are not sure. *Intensive Care Med* 2019;24(1):1-12

ASPA 2023

Transpulmonary thermodilution

- Intrathoracic blood volume
- Extravascular lung water (EVLW)
- Continuous Cardiac output (CO)

After central venous injection, the saline bolus sequentially passes through the various thermodilution compartments.

Transpulmonary thermodilution: advantages and limits. *Crit Care* 2017;Jun 19;21(6):147

ASPA 2023

Echocardiography

- Excellent tool to evaluate volume status
- Intravascular volume and pressure
- Cardiac output and function
- Identify fluid responsiveness

"Kissing papillary muscle" and systolic LV cavity obliteration

Hemodynamic monitoring using echocardiography in the critically ill. *Springer, Heidelberg*
 Comparison of echocardiographic indices used to predict fluid responsiveness in ventilated patients. *Am J Respir Crit Care Med* 195:1022-1032
 Cardiovascular clusters in septic shock combining clinical and echocardiographic parameters: a post hoc analysis. *Intensive Care Med* 45(5):601-607

ASPA 2023

Venous ultrasound techniques

- Diameter of inferior vena cava
- Flow patterns in hepatic veins, portal vein, renal veins, and femoral veins.
- Impaired right ventricular function or elevated intrathoracic pressure.

Common femoral vein Doppler investigation

Quantifying systemic congestion with point-of-care ultrasound: development of the venous excess ultrasound grading system. *Ultrasound J* 12(1):16
 Alterations in portal vein flow and intrarenal venous flow are associated with acute kidney injury after cardiac surgery: a prospective observational cohort study. *Am Heart Assoc* 7(19):e009941

ASPA 2023

Volume status ≠ Fluid responsiveness

ASPA 2023

Stroke volume

Preload

Fluid responsiveness in the pediatric population. *Korean J Anesthesiol* 72(5):468-470

ASPA 2023

How to assess fluid responsiveness in children?

- Overview
- Spontaneous breathing patients
- Prone position

ASPA 2023

Dynamic variables based on the Heart-Lung interaction

- PPV, SPV, SVV, ΔDown, ∇Up, ΔPOP, PVI, ΔVpeak, ΔVpeak CA, ΔIVC

Clinical use of respiratory changes in arterial pulse pressure to monitor the hemodynamic effects of PEEP. *Am J Respir Crit Care Med* 159:935-939
 Assessment of intravascular volume status and volume responsiveness in critically ill patients. *Kidney International* (2013) 83:1197-1209
 Fluid responsiveness in the pediatric population. *Korean J Anesthesiol* 72(5):468-470

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Pulse pressure variation

- False positives
 - Spontaneous ventilation
 - Cardiac arrhythmia
 - Right ventricular failure
- False negative
 - Low tidal volume (< 7ml/kg)
 - Low lung compliance
 - Very high respiratory rate
- Children?

Arterial pulse pressure variation with mechanical ventilation. *Am J Respir Crit Care Med* 199(1):22-31
 Dynamic changes in arterial waveform derived variables and fluid responsiveness in mechanically ventilated patients. *Crit Care Med* 2009;37:2642
 Respiratory variations in aortic blood flow predict fluid responsiveness in ventilated children. *Intensive Care Med* 34(5):384-384

ASPA 2023 - 6th Conference & 17th Annual Meeting

Stroke volume variation

- Vigileo monitor and FloTrac sensor
- LIDCO plus system
- LIDCO rapid system in children

Intraoperative fluid optimization using stroke volume variation in high risk surgical patients. Crit Care 2010;14:R118
Equipment review: an appraisal of the LIDCO plus method of measuring cardiac output. Crit care 2004; 8:190-195
Low predictability of three different noninvasive methods to determine fluid responsiveness in critically ill patients. Pediatr Crit Care Med 2005;16:e83-84

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Respiratory variation of aortic blood flow peak velocity (ΔV_{peak})

Respiratory variations in aortic blood flow predict fluid responsiveness in ventilated children. Intensive Care Med 34(5): 888-894
Predicting fluid responsiveness in children: a systematic review. Aesth Analg 117(6): 1380-1392
Point-of-care ultrasonography to predict fluid responsiveness in children: A systematic review and meta-analysis. Paediatr Anaesth 2023 Jan;33(1):24-37. doi: 10.1111/pa.14574. Epub 2022 Oct 17. PMID: 36222222

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Respiratory variations of inferior vena cava

Fig. 26.41 Collapsible IVC >50%

Fluid responsiveness in the pediatric population. Korean J Anesthesiol 72(5): 429-440
Inferior vena cava ultrasound. Monitoring. Smith's anesthesia for infants and children 107

ASPA 2023 - 6th Conference & 17th Annual Meeting

Respiratory variation of carotid artery blood flow peak velocity (ΔV_{peak_CA})

Respiratory Variation of Internal Carotid Artery Blood Flow Peak Velocity Measured by Transfontanelle Ultrasonography to Predict Fluid Responsiveness in Infants: A Prospective Observational Study. Anesthesiology 133(5): 778-780

ASPA 2023 - 6th Conference & 17th Annual Meeting

Respiratory variation of carotid artery blood flow peak velocity (ΔV_{peak_CA})

Transfontanelle Ultrasound **Aorta**

ASPA 2023 - 6th Conference & 17th Annual Meeting

ΔPOP and PVI

Assessment of intravascular volume status and volume responsiveness in critically ill patients. Kidney international (2013) 83: 1017-1028
Assessment of dynamic variables of fluid responsiveness to predict desaturation-induced hypotension during paediatric laparoscopic surgery. Br J Anaesth 2017 Nov; 119(5): 858-863

ASPA 2023 - 6th Conference & 17th Annual Meeting

ΔPOP and PVI

Does the plethysmographic variability index predict fluid responsiveness in mechanically ventilated children? Br J Anaesth 2016; 117: 409-10
Systemic pressure variation. Monitoring. Smith's anesthesia for infants and children 107

ASPA 2023 - 6th Conference & 17th Annual Meeting

How to assess fluid responsiveness in children?

- Overview
- Spontaneous breathing patients
- Prone position

ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

Passive leg raising (PLR)

Prediction of fluid responsiveness: What's new? *Annals of Intensive Care* (2022) 12:46
 Passive leg raising for assessment of volume responsiveness: a review. *Curr Opin Crit Care* 2017;23:237-48

ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

Passive leg raising (PLR) in Children

Cardiac output **Conclusion**

NICOM The PLR may be helpful in assessing the volume status in children aged >5 years, but not <5

TTE PLR is reliable test in <5 year-old-children if performed appropriately using bedside echocardiography for the measurement of its transient effect

The Passive Leg Raise Test to Predict Fluid Responsiveness in Children - Preliminary Observations
 Campbell S, Campbell T, Yang C, Chen J, et al. *Annals of Intensive Care* 2022;12:46

Accuracy of Passive Leg Raising Test in Prediction of Fluid Responsiveness in Children
 Minerva Anestesiol 2022; Sep 31(9):833-840

The clinical value of passive leg raising plus ultrasound to predict fluid responsiveness in children after cardiac surgery
 Minerva Anestesiol 2022; Sep 31(9):833-840

ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

A calibrated abdominal compression

Then the hand press to generate 30 cmH₂O of pressure

Diagnostic accuracy of a calibrated abdominal compression device for predicting fluid responsiveness in children after cardiac surgery. *Minerva Anestesiol* 2018; Dec 12(16):1323-1331

ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

Abdominal compression-induced blood pressure change

Prediction of fluid responsiveness based on liver compression-induced blood pressure changes in children after cardiac surgery. *Minerva Anestesiol* 2022; Sep 31(9):833-840

ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

How to assess fluid responsiveness in children?

- Overview
- Spontaneous breathing patients
- **Prone position**

ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

Prediction of fluid responsiveness: What's new? *Annals of Intensive Care* (2022) 12:46

ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

Tidal volume challenge

Figure 8. ROC curves of PPV and NPV (red lines) after V2 acquisition (100% tidal flow and 150% tidal flow). The ROC curves of PPV (black lines) and NPV (blue lines) are also reported in each figure (see text for further explanation). PPV indicates positive predictive accuracy; ROC, receiver operating characteristic; NPV, negative predictive accuracy; V2, tidal volume challenge.

Assessment of Fluid Responsiveness in Prone Neurosurgical Patients Undergoing Prone-to-Ventilation: Role of Dynamic Indices, Tidal Volume Challenge, and End-Expiratory Occlusion Test. *Annals of Intensive Care* 2022;12:46

ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

ClinicalTrials.gov

Prone Fluid Responsiveness in Children

The study will include children of 5-10 years of age, regardless of sex and weight, who are undergoing surgery > 1 hour and will have a fluid balance deficit of > 10% (weight) at the end of surgery. If fluid balance deficit is less than 10% (weight) at the end of surgery, the study will be terminated.

Study Description


The study will include children of 5-10 years of age, regardless of sex and weight, who are undergoing surgery > 1 hour and will have a fluid balance deficit of > 10% (weight) at the end of surgery. If fluid balance deficit is less than 10% (weight) at the end of surgery, the study will be terminated.



Fluid Responsiveness Prediction




Improve the Clinical Outcome in the Pediatric Population

Summary

- When we give a fluid to patients, two clinical questions are asked
 1. What is the current state of the patient's intravascular volume?
 2. And if the patient receives continued resuscitation or a fluid bolus, will physiological variables such as blood pressure, tissue perfusion, and urine output improve?
- Predicting fluid responsiveness is difficult in the pediatric patients
- Respiratory variation in aortic blood flow peak velocity was the most reliable parameter for predicting fluid responsiveness in pediatric patients
- Several potential parameters can be useful in clinical situations
- Further researches on the clinical outcomes are needed.




Operating theatre in SNUH



Labels in image:

- Patient monitor_PPV
- PVI, PSI, O3
- LIDCO rapid_SV, CI
- Transfontanelle ultrasound_ΔVpeak_CA





Session 3.

Sharing the Knowledge of NORA

Chair(s): Vivian Yuen (Hong Kong)
Yong-Hee Park (Korea)

Dexmedetomidine⁺ Remimazolam Clinical Applications and Limitations

Keira P. Mason

Boston Children's Hospital, Harvard Medical School, USA

Learning Objectives

- Understand the pharmacology and pharmacokinetic profile of Dexmedetomidine + Remimazolam
- Understand the clinical profile
- Review the relevant literature to aid in clinical delivery
- Share my clinical pearls

Dexmedetomidine Pharmacology

- α -2 to α -1 ratio of 1620:1
- intravenous, intramuscular, intranasal, subcutaneous, epidural, transdermal routes
- Crosses blood-brain barrier
- CSF concentration is ~ 8% of the plasma concentration
- Inactive metabolites
- Half life 2-3 hours

DEXMEDETOMIDINE



- 1999 approved for ICU
- 2008 approved for sedation
- Bolus 1 mcg/kg over 10 min
- Infusion 0.7 mcg/kg/hr
- 24 Hour Limit

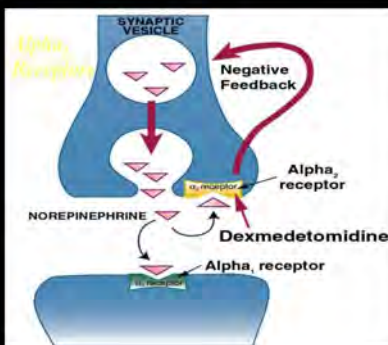
2011

DEX approved in Europe

ICU approval only

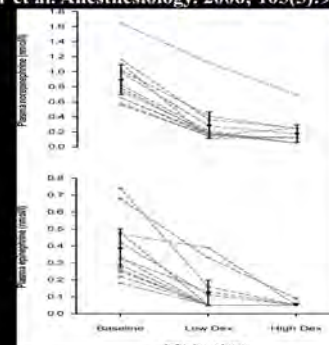
NO time limit

Infusion no Bolus- 1.4 mcg/kg/hr



DEXMEDETOMIDINE

Effect on Epinephrine & Norepinephrine levels
Snapir et al. Anesthesiology. 2006; 105(5):902-10

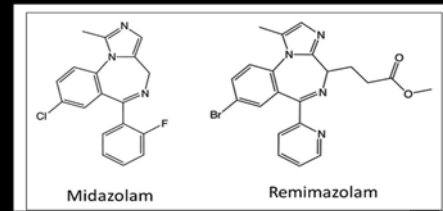


Remimazolam



- A “soft drug”
- Goal is rapid biotransformation to inactive metabolites
- Ester modified benzodiazepine analog
- Eliminate the active metabolite (alpha hydroxy midazolam) of midazolam

Ester moiety added to midazolam



January 2020 Remimaz approved in Japan

- Approved for induction and maintenance of general anesthesia
- 12 mg/kg/hr until targeted level then 1-2 mg/kg/hr infusion
- 0.2 mg/kg bolus as needed

A placebo- and Midazolam-Controlled phase I Single Descending-Dose Study Evaluating the Safety, Pharmacokinetics, and Pharmacodynamics of Remimazolam (CNS 7056): Part I. Safety, Efficacy, and Basic Pharmacokinetics.

Antonik LJ. Anesth Analg 2012

- Phase 1 clinical trial, healthy adults
- Single, ascending dose study
- .01-.3 mg/kg bolus did not cause hypotension (SBP<80)
- Dose-dependent sedation (MOAA/S scores) with remimazolam \geq 0.05 mg/kg in a single ascending-dose study
- IV remimazolam 0.075–0.20 mg/kg similar sedation depth to 0.075 mg/kg midazolam
- More rapid recovery (5.5–20 vs 40 min)

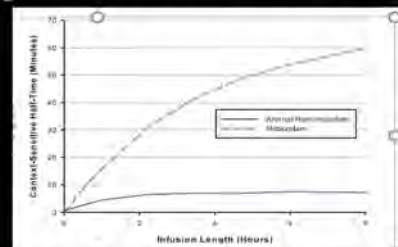
A placebo- and midazolam-controlled phase I single ascending-dose study evaluating the safety, pharmacokinetics, and pharmacodynamics of remimazolam (CNS 7056): Part II. Population pharmacokinetic and pharmacodynamic modeling and simulation

Wiltshire HR et al. Anesth Analg 2012

- A phase I, single-center, double-blind, active-controlled, randomized, single-dose escalation study
- n=54 healthy adults, 9 study groups, midaz groups and placebos
- Infusion of remimazolam (0.01–0.3 mg/kg)
- PK and PD study
- Max effect within 3 minutes

Remimaz phase 1 trials

Wiltshire HR et al. A placebo- and midazolam-controlled phase I single ascending-dose study evaluating the safety, pharmacokinetics, and pharmacodynamics of remimazolam (CNS 7056): Part II. Population pharmacokinetic and pharmacodynamic modeling and simulation. Anesth Analg 2012



Journal of Anesthesia, 2020

Efficacy and safety of remimazolam versus propofol for general anesthesia: a multicenter, single-blind, randomized, parallel-group, phase IIb/III trial

Matsuyuki Doi¹ - Kiyoshi Morita² - Junzo Takeda³ - Atsuhiko Sakamoto⁴ - Michiaki Yamakage⁵ - Toshiyasu Suzuki⁶

Non inferiority study comparing Remimazolam to Propofol for induction and maintenance of GA

- mean age 57
- 6 or 12 mg/kg/hr Remimazolam until LOC then 1-2 mg/kg/hr maintenance titrated
- 2-2.5 mg/kg propofol until LOC then 4-10 mg/kg/hr titrated
- Remimfentanil to both groups
- Primary endpoint- intraop awakening, recall, need for rescue, no body movements

Non inferiority study comparing Remimazolam to Propofol for induction and maintenance of GA

- Efficacy rates were 100%
- Longer time to LOC (10–15 secs) and extubation (~ 6 min) in Remimazolam group
- No difference in adverse events
- Higher incidence of hypotension (20 vs 49%) with propofol
- 19% pain on injection with propofol, none with Remimazolam

Pharmacokinetics and Pharmacodynamics of Intranasal Remimazolam—a randomized controlled clinical trial

Marja Pešić, Europ J Clinical Pharm 2020

- Randomized, double-blind, 9-period cross-over design
- PK, PD, and safety
- Single intranasal doses of 10, 20, and 40 mg remimazolam (as powder or solution) vs. IN placebo and 4 mg IV remimazolam.
- IN remimazolam powder had a consistent absolute bioavailability of approximately 50%
- T_{max} was 10min
- The higher doses of IN solution decreases relative bioavailability through swallowing and first-pass effect

A phase III study evaluating the efficacy and safety of remimazolam (CNS 7056) compared with placebo and midazolam in patients undergoing colonoscopy

Douglas K. Rex, GI Endoscopy 2018

- N=461 randomized patients in 12 U.S. sites
- Gastroenterologist delivered
- Less hypotension
- The primary endpoint was met for remimazolam, placebo, and midazolam in 91.3%, 1.7%, and 25.2% of patients,
- Faster recovery

Remimazolam vs Propofol in Upper Gastrointestinal Endoscopy: A Multicenter, Randomized, Non-inferiority, Phase III trial

Shao-Hui Chen, J Gastroent and Hepatology 2020

- Phase 3 trial- China
- n-384
- Longer time to sedate ~ 1 min
- Shorter recovery ~ 1 min
- Less treatment requiring hypotension (0.5 vs 5.8%)
- Less respiratory depression (1.0 vs 6.8%)
- Fewer adverse events (39 vs 60%)

Deeper Sedation Induced With Propofol

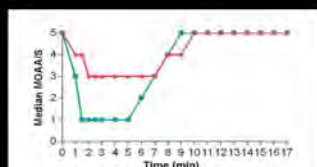


FIGURE 3 Sedation profile (MOAA/S). Modified Observer's Assessment of Alertness/Sedation. —●—, Remimazolam+propofol; —●—, Propofol.

Remimazolam vs Propofol Benefits of Flumazenil

W Luo et al. BMC Anesthesiology 2023

- Prospective RCT
- N=115
- Remimazolam, Remimazolam+Flumazenil, Propofol
- Similar induction time
- Similar recovery between Propofol and Remimazolam+Flumazenil (12 min)
- Less hypotension with Remimazolam (32 vs 68%)
- Less ephedrine and phenylephrine
- Less injection pain

Journal of gastroenterology and hepatology, 2021

Effect of Remimazolam Tosilate on Early Cognitive Function in Elderly Patients undergoing Upper Gastrointestinal Endoscopy

Tan Yingjie, Ouyang Wen, Tang Yongzhong, Fang Ning, Fang Chao, Quan Chengxuan

First published: 14 December 2021 | <https://doi-org.ezp-prod1.hul.harvard.edu/10.1111/jgh.15761>

- 100 mcg/kg Remimazolam compared to 1-1.5 mg/kg propofol
- No difference in cognitive testing 5 minute post recovery
- Less hypotension (3% versus 48%)
- Average age 66
- Same average recovery 4 minutes

Psychomotor Recovery Following Remimazolam Induced Sedation and the Effectiveness of Flumazenil as an Antidote

Xia Chen, Clinical Therapeutics 2020

- 87 healthy Chinese
- Phase 1a and 1b trial
- Double blind randomized- midaz vs remi
- 2 hr infusions (BIS 40-60)
- subjects fully alert median 3.5 min after injection of flumazenil, compared with 35 min after

Memory Storage Affected

Xia Chen. Clinical Therapeutics 2020

- 20 min verbal word learning test
- Normal responses at 1.5-2 hrs post consciousness
- Diminished word recall at 4 hrs post
- No difference in recall with flumazenil

Dosing and Lablling Worldwide

- Europe, USA and China: procedural sedation
 - 5 mg IV bolus over 1 min and then 2.5 mg bolus rescue In Japan and
- South Korea: general anesthesia
 - infusion rate for induction of 12 mg/kg/hour (adjustable)
 - 1 – 2 mg/kg/hour, maintenance

When you're curious, you
find lots of interesting
things to do
- Walt Disney



Needle Free Procedural Sedative Techniques in Pediatric Patients

Jurgen C. de Graaff

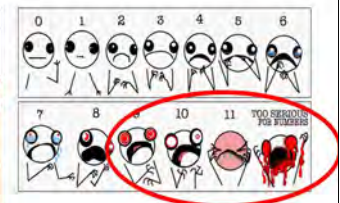
Department of Paediatric Anesthesia, Erasmus MC University Medical Center Rotterdam, Netherlands

The main goals of safe pediatric PSA

- to reduce and minimize the child's **fear and anxiety**
- to reduce **discomfort and pain** connected with procedures
- to minimize **psychological trauma** (which may include amnesia)
- to control the child's **behavior and movement** for safe and successful completion of the procedure
- to protect the child's **safety during** the procedure and afterwards
- to ensure **safe discharge** from care

Zielinski Ped Anesth 2022; 29:583-590.

Why needle free?



Needle free? = non-invasive?

- No pain at application medication:
 - Intravenous
 - Intra muscular medication
- No use of invasive airway
 - Supraglottic airway devices: laryngeal mask of guedell/mayo
 - Tube

Needle free methods

- Non-pharmaceutical
- Pharmaceutical methods

Non-pharmaceutical interventions

Wang et al. Insights into Imaging (2022) 13:146
https://doi.org/10.1186/s12884-022-01270-5

Insights into Imaging

CRITICAL REVIEW

Open Access

Interventions and methods to prepare, educate or familiarise children and young people for radiological procedures: a scoping review

Laura Boyd¹, Ursula Boehmer², Victoria Gray³, Jutta Hentsch⁴, Jutta Thompson⁵ and Holly Lacey⁶

Non-invasive interventions

- **Information**
Prepare, educate or familiarize children
- **Distraction**

Non-invasive interventions

- Information**
Prepare, educate or familiarize children
- Distraction**

- Information: video, colour book, photo-diary booklet, story-book, meet staff and environment
- Technology: Music, Smartphone applications, Interactive videos, Animations, Virtual reality



Hoshallari, Plastic and reconstructive Surgery 2019 | Felemban BMC Oral Health 2021

Non-invasive interventions

- Information**
Prepare, educate or familiarize children
- Distraction**

- Information: video, colour book, photo-diary booklet, story-book, meet staff and environment
- Technology: Music, Smartphone applications, Interactive videos, Animations, Virtual reality: **preparation**



Ejlers Eur J Anaesthesiol 2019

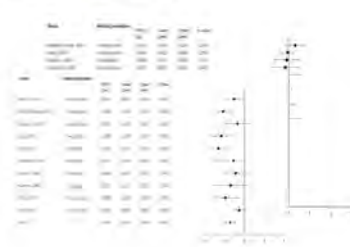
SYSTEMATIC REVIEW WILEY

Virtual reality in pediatrics, effects on pain and anxiety: A systematic review and meta-analysis update

Floris Q. Tas¹ | Cynthia A. M. van Eijk² | Lonneke M. Staals³ | Jeroen S. Legerstee⁴ | Bram Dierckx

Reduction on

- Pain +
- Anxiety +



Non-invasive interventions

- Information**
Prepare, educate or familiarize children
- Distraction**

- Information: video, colour book, photo-diary booklet, story-book, meet staff and environment
- Technology: Music, Smartphone applications, Interactive videos, Animations, Virtual reality
- Facilitate play
- Provision of information: play specialists/child life specialists, nurse, paediatrician, medical social worker, volunteers, child life specialist etc.
- Opportunities to practice: Mock scanner
- Feed and Swaddle < 6 months



Definitions of drug-induced sedation

- Minimal sedation** calming of the child and reduction of fear during which the patient is conscious and responds normally
- Moderate sedation** depression of consciousness during which the patient is sleepy but responds purposefully to verbal commands or light tactile stimulation
- Deep sedation** depression of consciousness during which the patient is asleep and cannot be easily roused but does respond to repeated or painful stimulation (may required assistance to maintain a patent airway and spontaneous ventilation)
- General anesthesia**

Needle free sedation:

- Minimal sedation** calming of the child and reduction of fear during which the patient is conscious and responds normally
- Moderate sedation** depression of consciousness during which the patient is sleepy but responds purposefully to verbal commands or light tactile stimulation
- Deep sedation** depression of consciousness during which the patient is asleep and cannot be easily roused but does respond to repeated or painful stimulation (may required assistance to maintain a patent airway and spontaneous ventilation)
- General anesthesia**

SPECIAL INTEREST ARTICLE WILEY

Safe pediatric procedural sedation and analgesia by anesthesiologists for elective procedures: A clinical practice statement from the European Society for Paediatric Anaesthesiology

Marzena Zielinska¹ | Alicja Bartkowska-Sniatkowska² | Karin Becke³ | Claudia Höhne⁴ | Nadia Najafi⁵ | Eva Schaffrath⁶ | Dusica Simic⁷ | Maria Vittinghoff⁸ | Francis Veyckemans⁹ | Neil Morton¹⁰

Zielinska Ped Anesth 2019;29:583-590

Purpose sedation: Assess requirements?

- Cooperation
- Reduced awareness
- Lack of movement
- Duration
- Analgesia
- Anxiolysis
- Fear reduction
- Movement
- Required depth
- Emergence
- Location

Zielinska Ped Anesth 2019;29:583-590

Assessment for PSA

- Medical status and past medical history
- Current comorbidities and surgical problems
- Psychological and developmental status
- Past sedation and anesthesia history including family history
- Current and previous medication, nutraceuticals
- Allergies
- Age, weight, and height
- Focused examination of: airways, lungs and heart
- Increased risk for complications: **Airway!**
- Urgency of the procedure
- Fasting status; elective:

0h: solid meal
4h: milk/light meal
3h: breast milk
1h (0?): clear liquids

(not for minimal sedation: level 1)

Zielinska Ped Anesth 2019;29:583-590
Eur J Anaesthesiol 2022; 39:4-25

Consult specialist!

- Increased intracranial pressure
- Risk of aspiration: esophageal disease, polyhandicap, duration of fasting for solids and liquids
- Difficult airway due to anatomical or functional problems! (hypotonia, obstructive sleep apnea?)
- Respiratory compromise
- ASA-PS III or greater
- Young age, especially infants (birth to age 1 year)
- Severe anxiety
- Autism spectrum disorder
- Developmental delay

Zielinska Ped Anesth 2019;29:583-590

Preparation

Information and consent

- Patient and parents
- Risks
- Benefits
- Alternatives

Psychological preparation

- Developmental stage
- Expectations from parents

Requirements healthcare professionals:

Knowledge & skills

- Pediatric PSA drug pharmacology
- Assessment of children
- Monitoring of children
- Recovery care of children!
- Pediatric PSA complications:
 - advanced pediatric life support
 - airway management

Practical

- Effectively delivering PSA technique
- Using, interpreting, and responding to monitoring equipment
- Managing its complications
- Observing clinical signs in children
 - airway patency, breathing rate and depth, pulse, pallor and cyanosis, and depth of sedation
- Using, interpreting, and responding to monitoring equipment

Facilities and equipment

- Pulse-oximeter
- ECG
- NIBP
- Oxygen supply and delivery equipment
- Capnography

- Oral or nasopharyngeal airway
- Face masks and other suitable supraglottic airway devices
- Bag with self-inflating reservoir
- Endotracheal tubes & laryngeal masks
- Laryngoscope

• Suction device!

- Emergency medication
 - atropine, epinephrine, dopamine, flumazenil, naloxone, muscle relaxant, neostigmine, local anesthetics, sugammadex, calcium, glucose 10%, balanced electrolyte solution
- Intravenous catheters/lines/infusion pumps
- Thermometer/active warming system
- **Easily available:** blood gas analysis, blood glucose measurements, intraosseous needles and defibrillator

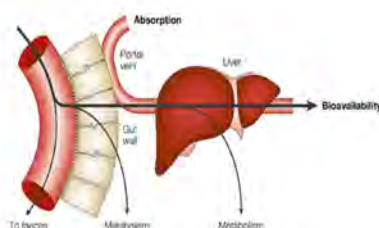
Monitoring and documentation

Moderate sedation	Deep sedation
Pulse oximetry	Pulse oximetry
Heart rate	Heart rate
Respiratory rate	ECG
Strongly recommended:	Respiratory rate
ECG	Blood pressure
End-tidal carbon dioxide/ capnography	End-tidal carbon dioxide/ capnography



Needle free pharmaceutical methods : Routes of application

- Oral & rectal: bioavailability: 0-100%
 - Non-invasive?



Needle free pharmaceutical methods : Routes of application

- Oral & rectal
- Nasal
 - Atomizer
 - Max: 0,3 ml per dose !!!



Needle free pharmaceutical methods : Routes of application

- Oral & rectal
- Nasal
- Buccal: swallow!
- Inhalation: nitrous oxide
- Transdermal
 - Topical anesthesia for lacerations: lidocaine, adrenaline
 - Tissue adhesive for laceration repair: dermabond



Chloral hydrate (CH)

- Discovered in 1832, administered to children since 1869
- Most widely used: imaging studies
- Dose & onset time & duration of action
 - Oral & rectal: good absorption!
 - 50-100 mg/kg; 30-60 min; 2-8 h & 24 h
 - Elimination half-life:
 - Children: 4-12 h
 - Infants: 24 h
 - Preterm: 37h
- Side effects: oxygen desaturation
- Adverse event:
 - Case reports serious respiratory depression!
 - Significant morbidity and even death following procedural sedation
 - In patients with significant respiratory illness!
- Anesthesiologists: Do not use!
- Safe and short-acting alternatives



Midazolam

- Oral, nasal, buccal, rectal
- 0.25, 0.5, 0.75, or 1 mg/kg
- Onset time: 10-45 min
- Duration of action: 45-60 min
- Eliciting paradoxical reactions:
 - dysphoria, inconsolable violent crying, agitations, struggling needing restraint, disorientation, restlessness: 1-5%
- Non-responders, despite adequate plasma concentrations
- pH: 3.5! Acid and irritating!
 - => Ozalin/ADV6209: wild orange & sucrose registered 2018 EU 6 – 17 yrs; 0,25 mg/kg



Williamson Drugs & Therapy Persp. 2019

(Es-)Ketamine

- Bioactivity & dose:
 - Oral: 20%,
 - Rectal: 25%
 - Nasal: 50%; 0.5-2.0 - 5 mg/kg
- Analgesic!
- Side effects:
 - oxygen desaturation (90%)
- Adverse events: Hypersalivation, bradycardia, drowsiness, dysphoria/dissociation, unpleasant taste, dizziness, nausea/vomiting, vision changes, laryngospasm: 0.3%, apnea: 0.8%



Green Ann Emerg Med 2009
Alanazi Am J Emerg med 2022

Dexmedetomidine

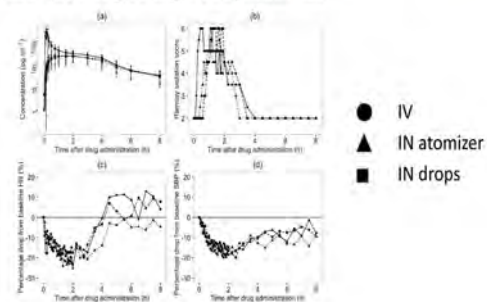
- Alpha 2 receptor agonist
- Bioactivity & dose & onset – duration time:
 - Oral: 16%
 - Buccal: 82%; 1-3 µg/kg; 20-40 min
 - Nasal: 65%; 1-3 µg/kg; 20-40 min
- Side effects
 - Bradycardia, desaturation,
 - Anticholinergic reactions
 - Easily wake up
- Contraindications: digoxin, beta blockers, amiodarone, calcium channel blockers or other medications predispose bradycardia or hypotension



Pharmacokinetic and pharmacodynamic study of intranasal and intravenous dexmedetomidine

British Journal of Anaesthesia.
120 (5) 960-968 (2018)

A. Li^{1,2}, V. M. Yuen^{2,3,4}, S. Goulay-Dufay^{3,4,5}, Y. Sheng^{6,7}, J. F. Standing^{8,9}, P. C. I. Kwok^{1,4}, M. K. M. Leung¹, A. S. Leung¹, I. C. K. Wong¹⁰ and M. G. Irwin¹¹



Nitrous oxide

- Inhalation anesthetic: "laughing gas,"
- Discovered in 1772, first used in 1884 for dental extractions

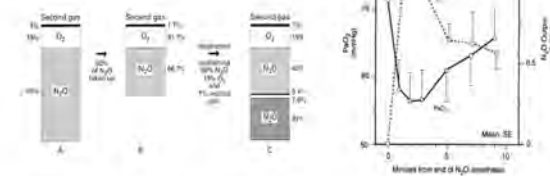


Nitrous oxide

- Inhalation anesthetic: "laughing gas,"
- Discovered in 1772, first used in 1884 for dental extractions
- Concentration effect => diffusion hypoxia!

Concentration effect (second gas effect) Diffusion hypoxia = Fink effect

Minimum: 30% oxygen & 70% N₂O
Entonox: 50% oxygen & 50% N₂O



Nitrous oxide

- Inhalation anesthetic: "laughing gas,"
- Second gas effect: diffusion hypoxia!
- Popular
 - pediatric dentists
 - Emergency room: fractures
- Success dependent on: temperament
- Lower success: mental disabilities
- Adverse events: vomiting!



Painful procedures in emergency room

- Distraction: telephone app / video/VR
- Inhalation Nitrous oxide
- (Es) ketamine: intranasal



Radiologic procedures

- Distraction & education:
 - mock scanner: > 6 – 9 yrs
 - Feed and swaddle: < 6 months



ORIGINAL ARTICLE

CLIO

Experience with a "Feed and Swaddle" program in infants up to six months of age

Leah B. Templeton¹ | Michael J. Norton¹ | Eduardo J. Goenaga-Diaz² | Douglas H. McLaughlin² | Michael E. Zapadka² | T. Wesley Templeton¹



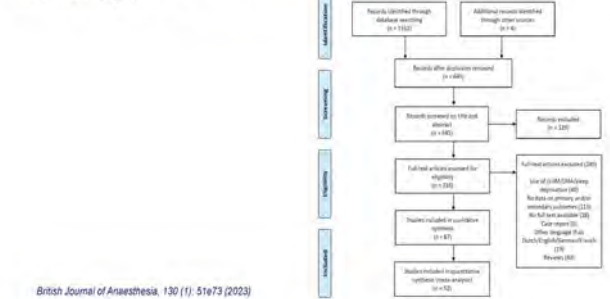
	S Overall	Median ASA status	Median size of the all/low of coin (Range)	Median weight (kg Range)	Median length of stay (min)	Not contact	Discharge	Outpatient	Inpatient
n=95 (n=124)	1125	3	30.5 (40)	4.02 (0.4-6)	31 ± 12	93.5% (82/10)	96.9%	93.8%	93.2%
Diagnosis (n=124)	102 (8.4%)								
Respiratory	6 (4.9%)								
Cardiac	10 (8.1%)								
Other	86 (70.1%)								

< 6 Months

Acta Anaesthesiol Scand. 2020;64:63-68.

Needle-free pharmacological sedation techniques in paediatric patients for imaging procedures: a systematic review and meta-analysis

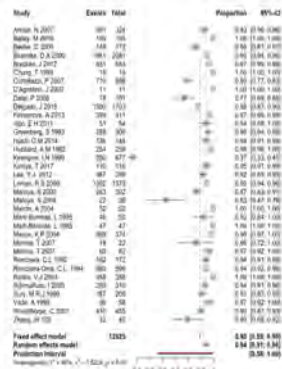
Ingeborg de Rover¹, Jasper Willems^{1,2}, Jaap J. Dogger¹, Wichor M. Bramer¹, Sanne E. Hoeks¹ and Jurgèn C. de Graaff¹



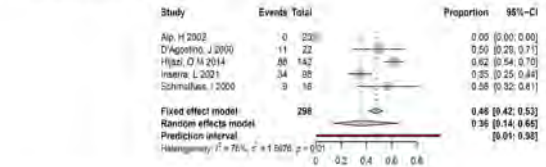
British Journal of Anaesthesia. 130 (1): 516-73 (2023)

Choral hydrate

- pooled proportion of success of 0.94 (95% CI, 0.91-0.96)

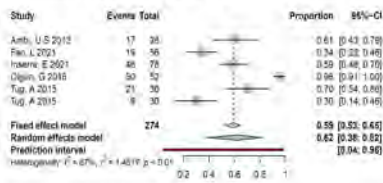


Midazolam oral/IN/rectal



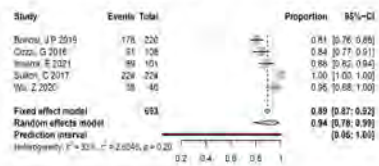
- Pooled proportion of success of 0.36 (95% CI, 0.14-0.65)
- Onset time was 53±41 minutes,
- Sedation lasted 59-76 minutes.
- Recovery time was reported as 113±48 minutes.

Dexmedetomidine IN: 2-4 µg/kg



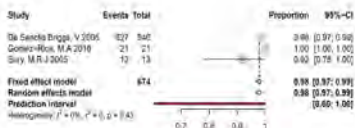
- Pooled proportion of success of 0.62 (95% CI, 0.38-0.82)
- >20% decrease in baseline heart rate
- 10% experienced bradycardia
- 3% oxygen desaturation.

Dexmedetomidine: 3µg/kg & midazolam: 0.3mg/kg



- Pooled proportion of success: 0.94% (95% CI, 0.78-0.99)
- Onset time: 9-39 min.
- Sedation duration: 58-118 min.
- Recovery time: 61-91 min.
- Nausea and vomiting 2-5%
- Bradycardia in 6-8%
- Hypotension: 3%
- Oxygen desaturation: 3-5%

Sevoflurane



- Pooled proportion of success of 0.98 (95% CI, 0.97-0.99)
 - 1 MAC sevoflurane = anesthesia
 - No proper airway management => not Safe
- Do not use!**

Conclusion Radiologic procedures

- Distraction & education: mock scanner & feed and swaddle
- Intranasal:
 - Dexmedetomidine 3µg/kg & midazolam 0.3 mg/kg
- IV contrast!
 - Selection of patients
- Parents love it!
- General anesthesia easier faster and 100% succes ☺



Conclusion:

- Adequate medication
- Adequate dose
- Route of application
- Parents compliance!
- Full examination: airway
- Airway skills
- Adequate monitoring
- Adequate recovery facilities
- Adequate time
- Painful procedures
 - Nitrous oxide
 - IN: Esketamine 0.5-2mg/kg
- Radiologic procedures
 - < 6 months: feed & swaddle
 - > 6 – 9 yrs: mock scanner
 - Other ages
 - IN: Dexmedetomidine 3µg/kg & midazolam 0.3 mg/kg
 - (Sevoflurane + IV + LMA)

ESPA CONGRESS



13th European Congress for Paediatric Anaesthesiology

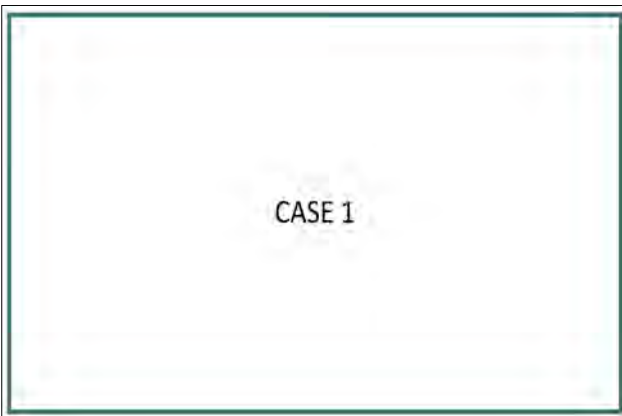
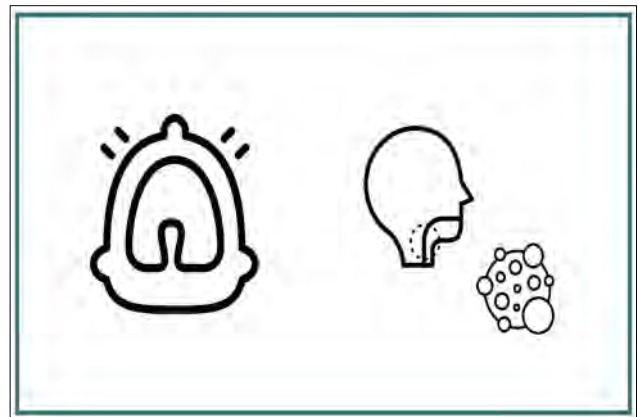
September 28–30, 2023
Prague, Czech Republic
www.espacongress.com | www.euroespa.com



How to Deal with Challenging Sedation Cases

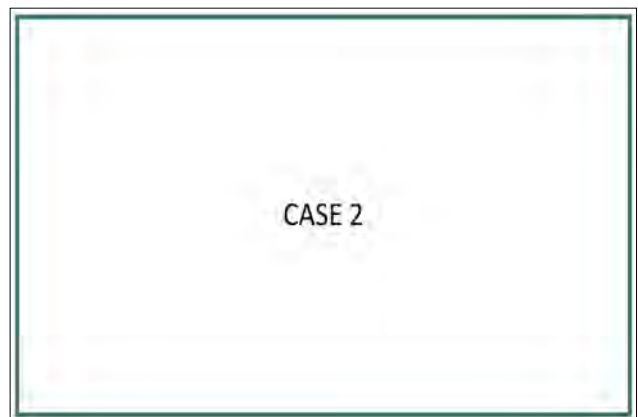
Eun-Young Joo

Asan Medical Center, Korea



- 15/M
- 166.5cm/50.4kg
- EEG for Epilepsy
- Known Autism
- No snoring or history of sleep apnea
- Recurrent Hx. of failed sedation
- PR 98 SpO₂ 100% on Room air

- VIMA with Sevoflurane, accompanying security agents
- IM Dexmedetomidine 150mcg
- Total sedation time: 120 min
- Discharge without complication



- 10/M
- 124.3cm/23.5kg
- Whole body MRI for Neurofibromatosis
- s/p C2-6 Laminoplastic laminotomy
- Severe Craniovertebral and C4-5 kyphoscoliosis
- No snoring or history of sleep apnea
- 126/69 PR 48 SpO₂ 96% on Room air
- Airway exam : Severely limited neck extension

- IV Dexmedetomidine 1.5mcg/kg loading for 10min
- IV Dexmedetomidine 1.5mcg/kg/hr continuous infusion
- O₂ 4L/min by Oxymask
- BP, SpO₂, ETCO₂ monitoring
- Total scan time: 70 min
- PACU time: 20 min
- Discharge without complication

CASE 3

- 5/F
- 94cm/12.7kg
- Heart CT for FSV
- FSV s/p BCS
- OSAS considering CPAP
- Hx. of intubation failure d/t Trismus
- 99/63-84-28-82% on Room air
- Airway exam : mouth opening 1FB, retrognathia

- IV Propofol 12mg ivs
- Oral airway insertion → I-gel # 1.5 change
- BP, SpO₂, ETCO₂ monitoring
- Total scan time: 15min
- PACU time: 35 min (I-gel removal after 7 min of arrival)
- Discharge without complication

CASE 4

- 5/F
- 112.7cm/15.6kg
- Face MRI for Lymphangioma
- Being able to sleep only in a right-side lying position
- Hx. of failure of sedation d/t airway obstruction
- 122/82-101-24-98% on Room air
- Airway exam : Stridor (+), Mallampati's class IV

- IV Propofol 30mg + succinylcholine 30mg
- Intubation using Video laryngoscope with e-tube #4,5
- Maintenance : Sevoflurane + IV rocuronium 20mg
- BP, SpO₂, ETCO₂ monitoring
- Total scan time: 55 min
- Extubation at PICU (after 1hr of arrival)
- Discharge without complication

CASE 5

- 9/M
- 130cm/25kg
- Brain MRI for Brain abscess
- DORV, PA s/p BCS, s/p One and a half repair
- Lt. main bronchus stenosis
- SVC syndrome d/t BCS stenosis
- HF induced Protein losing enteropathy
- Home vent: Nasal iVAPS mode (EPAP 6cmH2O, O2 1L/min)
- 89/56-101-27-85%

- Hx. of Apnea after sedation during Heart CT
- Performing Brain MRI without sedation
- Using Inroom Viewing Device
- Minimizing scanning time: about 15min
- Using Home vent with extended, non-magnetic device



NORA for Children with Special Needs

Ina Ismiarti Binti Shariffuddin

Department of Anaesthesiology, University Malaya, Malaysia

OUTLINE

- NORA -What is it?
- Who are "children with special needs"?
- Concerns of anaesthesia
- Peri-procedural Management
- Conclusion



NORA: NON OPERATIVE ROOM ANAESTHESIA

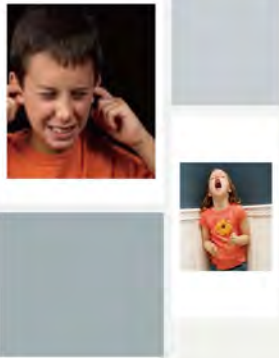
- Non-operating room anaesthesia (NORA) is the **provision of anaesthesia and sedation outside the operating theatre.**
- Common procedures done in remote locations include:
 - Radiology procedures: (MRI, CT scan & interventional radiography).
 - Oncology (radiotherapy, bone marrow aspiration and/or intrathecal injections).
 - Endoscopy
 - Radiotherapy and chemotherapy



CHILDREN WITH SPECIAL NEEDS

For the purpose of this talk, this term encompasses children with:

- learning disability (IQ<70)
- language and communication disorder
- Any disability that prevents a child from coping well with new experiences.



Jadhav Akhila Shree MBChB FRCR Anaesthesia for children with special needs, an evolving science, spectrum article. Continuing Education in Anaesthesia Critical Care & Pain, Volume 13, Issue 4, August 2014, Pages 187-192.

INCIDENCE

- Intellectual and developmental disabilities (IDD) in children affect **5.5% to 9.7%** of the population in the world.
- In Malaysia, intellectual and developmental disabilities (IDD) affect **34.8%** of children with disabilities in Malaysia.

1. Adams, M., Sarda, P., Global prevalence of learning disability among US children. Pediatrics, 2007; 119 Suppl 1: S70-1.
2. Ong, K., et al. Health-Related Quality of Life and Family Functioning of Primary Caregivers of Children with Cerebral Palsy in Malaysia. International Journal of Environmental Research and Public Health, 2021; 18(5):2351.

CHILDREN WITH LD

- is more prevalent in the Asian community.
- There is a slight male preponderance. (1.3-1)

Robust physical health
-Autism

Congenital abnormalities or syndrome
-Down syndrome
-Cerebral palsy



Gillberg C, Söderstrom H. Learning disability. Lancet 2003; 362: 811-821.

ANAESTHESIA CONCERNS



CHALLENGES IN PATIENTS WITH SPECIAL NEEDS



- Polypharmacy
 - On stimulants and anti-psychotics.
 - Ritalin & Olanzapine
- Psycho-social challenge:
 - They may be very anxious
 - They may have **difficulty conforming** to the usual pattern of hospital care.

"Hospital attendance is often stressful"

ANAESTHESIA CONCERNS

Patient

- Frequently associated with multiple co-morbidities that necessitates diagnostic imaging or therapeutic procedures
- Patients are often admitted as day case.

Condition	Frequency
Epilepsy	Up to 44% (42)
Psychiatric conditions	Up to 50% (33)
Eating disorders	- (31)
Self harming	- (31)
Attention deficit hyperactivity disorder	18% (32)
Schizophrenia	- (33)
Depression	- (34,35)
Sensory disorders	
Visual impairment	10x greater (36)
Hearing loss	40x greater (36)
Cerebral palsy	Common (5)
Miscellaneous	
Hypothyroidism	- (37)
Gastroesophageal reflux	49% (39)
Malignancies - stomach, gall-bladder, esophagus, thyroid, connective tissue	- (40)
Nonschemic cardiac disorders	- (40)
Poor dentition	- (41)

Difficult Airway

COURTMAN, S. P., & MUMFORD, G. (2008). Children with learning disabilities. *Pediatric Anesthesia*, 18(3), 199-207

WHO CAN BE TREATED IN NORA (DAY SURGERY SETTING)?

- The child should be well, with **only mild and well controlled comorbidities**.
- Children with relatively complex needs, provided:
 - They are stable with **minimal cardiorespiratory problems**.
 - Do not have features of **difficult airway**.

*Royal College of Anaesthetists. Guidelines for the provision of paediatric anaesthesia services 2019. <https://www.rcoa.ac.uk/documentstore/guidelines-the-provision-of-paediatric-anaesthesia-services-2019>

ANAESTHESIA CONCERNS

Environment

- Limited resuscitative and monitoring facilities.
- Cramped and congested work area.
- Low ambient temperature with risk of hypothermia in small babies.
- Inadequate space, monitoring facilities and trained staff at recovery bay.
- Unfamiliar working environment.



ANAESTHESIA CONCERNS

Personnel

- Lack of trained assistance to assist anaesthetist.
- The anaesthetist may not be familiar with the environment or the equipment provided.
- Lack of knowledge/expertise in handling patients with special needs.



PROBLEMS

Limitation of staff awareness
Inadequate training of staff about children with learning disability

Lack of suitable equipment & environment
Prolonged waiting times for operation date
Prolonged waiting on the day of operation
Lack of private space
Lack of non-invasive equipment

Togiani et al. *Paediatric Anaesthesia*, Vol 23, Issue 9, Sept 2013

PRE-ADMISSION MANAGEMENT:

Adopt a flexible and holistic approach to care

Coordinate interventions required by multiple specialities

Consider family's & patient's needs

Collect information over the phone to avoid preoperative admission anxiety

PRE-OPERATIVE MANAGEMENT:


Communication between staff and family

- Ensure good communication
 - i. Clear plans & explanations
 - ii. Staff should show empathy

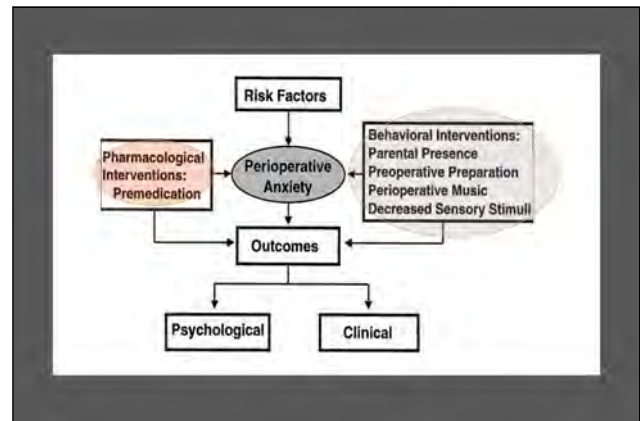
Individualized care within the hospital framework

- Health providers have to be flexible with standard protocols
 - i. Avoiding unnecessary blood pressure measurements
 - ii. Not changing into hospital gowns.





ANXIOUS IN UNFAMILIAR ENVIRONMENT




Behavioral supports to calm the patients

- Supportive aids
- Play therapist
- Social stories

PREMEDICATION

Routes of Administration

When a premedication was not given, non-compliance at induction of anaesthesia is increased from 22% to 50%¹

Premedications modify behaviour by providing amnesia, anxiolysis and sedation.

Drugs available:

Midazolam	Dexmedetomidine	Ketamine	Fentanyl
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ORAL INTRANASAL SUBMUCOSAL

¹Van der Walt JH, Moran C. An audit of perioperative management of autistic children. Paediatr Anaesth 2001; 11: 401-408.

DOSE

DRUG	DOSE	Duration of action
MIDAZOLAM ¹	Oral 0.5-0.75 mg/kg Max at 15-20 mg IV: not recommended	Onset: 10 mins Peak 30 mins
DEXMEDETOMIDINE ²	IN 2mcg/kg	Onset: 20-30 min
KETAMINE ³	Oral- 5-6mg/kg Need administration with anticholinergic Atropine 0.02 mg/kg	Onset: 10 mins
FENTANYL ¹	Oral 5-15 mcg/kg PONV	Onset: 10 mins

Patel L et al. Dexmedetomidine vs midazolam as pre-anesthetic medication in children: a meta-analysis of randomized controlled trials. Paediatr Anaesth. 2015 May; 25(5):469-76.
²Cole CJ. Preoperative preparation and premedication. BMJ 1999; 33: 16-28
³Yuen et al.

Anesthesia 2012, 67, 1210-1216 doi:10.1111/j.1365-2044.2012.07309.x

Original Article

A randomised comparison of two intranasal dexmedetomidine doses for premedication in children

V. M. Yuen,¹ T. W. Hui,¹ M. G. Irwin,² T. J. Yao,³ L. Chan,⁴ G. L. Wong,⁵ M. Shahnaz Hasan⁶ and I. I. Shariffuddin⁶

Conclusion:

- In children aged 1-4 years: IN DEX in doses of 1 and 2mcg/kg produced a similarly high rate of satisfactory sedation.
- In children aged 5-8 years, **IN DEX 2mcg/kg** was associated with a higher proportion of satisfactory sedation than 1mcg/kg without causing adverse haemodynamic effects

ANAESTHESIA

Anaesthesia drugs used will be determined by any co-existing morbidity.

Minimize postoperative nausea and vomiting:

- Administer antiemetic agent
- Adequate hydration with isotonic crystalloid fluid bolus.


ANALGESIA

- Simple analgesics should be adequate.
- Be aware of sensitivity of certain syndromes with opioids.



EMERGENCE
DELIRIUM

- ED may have a **correlation with preoperative anxiety.**
- The odds of experiencing emergence delirium might increase with the increased in pre-operative anxiety.
- Children with special needs may be super anxious.
- Treatment: mainly pharmacological



Emergence delirium after paediatric anaesthesia: new strategies in avoidance and treatment BJA Education, 18(1): 30–33 (2018)

S. Nair^{1,*} and A. Wolf² doi: 10.1016/j.bja.2017.07.003

Agent	Route/time of administration
Propofol	I.V. TIVA/end of surgery
Midazolam	P.O./i.v. at end of surgery
Clonidine	P.O. (preoperative)/i.v. (intra-/postoperative)
Dexmedetomidine	I.V. pre-/intraoperative
Fentanyl	I.V./intra-nasal intraoperative
Gabapentin	P.O./preoperative
Magnesium infusion	I.V./intraoperative
Dexamethasone	I.V./preoperative
Ketamine	Intra-nasal preoperative/i.v./intrathecal

IV 0.3 mcg/kg of DEX at the end of surgery reduces the incidence of ED from 47% to 5%. DEX has been shown to be superior to a propofol bolus of 1 mg/kg at the end of surgery.

RECOVERY

- May become **agitated** on regaining consciousness due to **anxiety, pain or nausea** which may be hard to diagnose.
- The caregiver should be brought to the child early to allay any fears and assist with communication.
- All fluid and drug administration should be completed promptly in recovery.
- Early removal of the IV cannula
- Should be discharge to their normal home environment as soon as possible.



CONCLUSION

Careful selection of patients for NORA is very important to ensure benefits for these children.

Children with special needs require a multidisciplinary approach to ensure optimal care.

Awareness and understanding of their special requirements is essential when devising a management plan.

Identifying barriers to care can help guide improvement in the care of these children.

Neonatal Sedation for MRI

Yu Cui

Chengdu Women and Children's Central Hospital, China

Disclosure

None

Chengdu Women's and Children's Central Hospital



The numbers of patients in 2021

Outpatients	Inpatients	Total
8,616	14,524	23,141

Among them, lung function (6,362) · CT (1,989) · Echo (4,745) · MRI (5,027) · Hearing screening (3,931) · others (1,087)

411 neonates underwent MRI sedation

The numbers of patients in 2022

Outpatients	Inpatients	Total
11,870	6,879	18,749

Among them, lung function (5,334) · CT(1449) · Echo (3,559) · MRI(4,792) · Hearing screening (2,594) · others (1,021)

429 neonates underwent MRI sedation

Contents

- Summary of the latest research in neonatal MRI sedation
- Our own experience in neonatal sedation for MRI from more than 1,000 cases (from 2020.1-2022.4)



Drugs? OR **Others?**

A survey from Italian Society of Pediatric and Neonatal Anesthesia (SARNePI)

- 106 institutions met minimal criteria for MRI procedures on pediatric patients
- To NICU neonates, 53 centers performed less than 3 MRI procedures per week, while 12 centers performed more than 3 procedures MRI per week.

Table 3. First choice sedation technique in NICUs (n=65)

Sedation in NICU centers n. 65		None n. 22 (34%)	
Drug Sedation	Yes n. 43 (66%)	Midazolam n. 12 (28%)	None n. 57 (82%)
	Propofol n. 21 (49%)	Propofol n. 12 (21%)	
	Thiopental n. 4 (9%)	Midazolam n. 12 (21%)	
Pharmacological premedication	Yes n. 8 (18%)	None n. 57 (82%)	
	Atropine 0.01 mg/kg n. 1 (2%)		
Airway devices	Endotracheal Tube n. 4 (9%)	Laryngeal Mask n. 3 (7%)	External device n. 36 (84%)

Sbaraglia F, Spinazzola G, Adduci A, et al. Children and neonates anesthesia in magnetic resonance environment in Italy: an active call survey. BMC Anesthesiol. 2022;22(1):279. doi:10.1186/s12871-022-01821-3

A survey from North American physician members of the Society

- The final results represented 59 institutions from 26 U.S. states, the District of Columbia and three Canadian provinces.
- In neonates undergoing MRI, 46% of respondents reported attempting feed and bundle in all patients, with most (35%) using a single swaddling attempt before sedation.
- Sedation was most often used for neonatal interventional procedures (93%).
- More than half of respondents (63%) reported an average success rate of greater than 50% when using neonatal sedation for MRI.

Hwang M, Barton K, Kim JS, et al. Utilization of neonatal sedation and anesthesia: an SPRI survey. Pediatr Radiol. 2022;52(11):2630-2635. doi:10.1007/s00247-022-05423-6

Can we reduce anesthesia exposure? Neonatal brain MRI: Swaddling vs. sedation, a national survey

- This is a national survey of NICUs in the United States with a Neonatology Fellowship Program.
- The questions were as follows, including sedation, GA, and swaddling without medication.

Questions from the survey:

- "What is your general assessment of risk, when the patient is sedated for the MRI?"
- "Why is it important for neonates to be sedated during the MRI (best of all, don't sedate)?"
- "Is there a clinical benefit to sedation for neonates during MRI?"
- "What are the benefits of sedation for neonates during MRI?"
- "What are the risks of sedation for neonates during MRI?"
- "What is your general assessment of risk, when the patient is sedated for the MRI?"
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- "What are the benefits of sedation for neonates during MRI?"
- "What are the risks of sedation for neonates during MRI?"

Heller BI, et al. Can we reduce anesthesia exposure? Neonatal brain MRI: Swaddling vs. sedation, a national survey. J Clin Anesth. 2017;38:119-122. doi:10.1016/j.jclinane.2017.01.034

Midazolam Sedative effect of intranasal midazolam in neonates undergoing MRI

- In the feed and swaddle group, 81% reported that a failure to obtain useful images occurred < 25%; 11% reported that it occurred 25–75%; and 5% reported that it occurred >75%.
- In the drug sedation and GA group, 100% reported failure to obtain useful images occurred rarely.

Drug sedation

Midazolam Sedative effect of intranasal midazolam in neonates undergoing MRI

- A total of 70 neonates were randomized into an observation group and a control group, with 35 cases in each group.
- The observation group received intranasal drops of midazolam (0.3 mg/kg), and the control group received intramuscular injection of phenobarbital sodium (10 mg/kg).
- Ramsay sedation scores are as follows.

Group	10min	20min	30min	40min	50min	60min	70min
Phenobarbital	2.8±0.6	3.0±0.6	3.4±0.6	3.4±0.8	3.4±0.8	3.3±0.9	3.2±1.0
Midazolam	3.5±0.8	3.9±0.5	3.7±0.7	3.7±0.8	3.6±0.9	3.5±1.0	3.3±1.1
P values	<0.001	<0.001	0.028	0.206	0.419	0.398	0.725

Wang FH, et al. Sedative effect of intranasal midazolam in neonates undergoing magnetic resonance imaging: a prospective single-blind randomized controlled study. Zhongguo Dang Dai Er Ke Za Zhi. 2020;22(5):441-445.

Dexmedetomidine Intranasal administration is an alternative route explored.

53 neonates (at ≤32 weeks of gestation or with a birth weight of ≤1500 g)

The historical midazolam group received sedation with boluses of intranasal (0.1-0.2 mg/kg) or intravenous (0.05-0.1 mg/kg) midazolam.

The dexmedetomidine sedation group received a single dose of intranasal dexmedetomidine 3µg/kg, with intranasal or intravenous midazolam as rescue therapy.

The report shows that dexmedetomidine spares the use of midazolam in preterm neonates undergoing MRI at term equivalent age.

Bua J, et al. Intranasal dexmedetomidine, as midazolam-sparing drug, for MRI in preterm neonates. Paediatr Anaesth. 2018;28(8):747-748.

Sevoflurane

Advantages

A sevoflurane concentration of approximately 1.5–2% can provide a success rate of 97.9%.

Disadvantages

0.4% severe airway-related adverse events, and 0.2% had severe respiratory apnea.

De Sanctis Briggs V. Magnetic resonance imaging under sedation in newborns and infants: a study of 640 cases using sevoflurane. Paediatr Anaesth. 2005;15(1):9-15.
Lei H, et al. Serious airway-related adverse events with sevoflurane anesthesia via facemask for magnetic resonance imaging in 7129 pediatric patients: A retrospective study. Paediatr Anaesth. 2019;29(6):635-639

A solution based on melatonin, tryptophan, and vitamin B6 can be used for newborns during brain MRI

Thirty minutes before MRI assessment, they administered Melamil Tripto® oral solution, Humana Italia S.p.A, Milan, Italy
Regardless of body weight.

1 mg of melatonin	20mg of tryptophan	1.4 mg of vitamin B6
0.5ml		

Table 3 Effect of melatonin administration during MRI performing and patient evaluation after MRI

Category of MRI	Completed	Interrupted	Aborted
Number patients (n)	28 (92.9%)	2 (6.4%)	1 (3.0%)
DRS (0-100%) (n)	27 (85.7%)	1 (3.1%)	0 (0%)
Adverse events (%)	1 (3.1%)	1 (3.1%)	0 (0%)

Waking rate after MRI:


Awake (time to fall asleep)	Awake if stimulated	Awake
10 (31.2%)	16 (50%)	0 (0%)
3 (9.4%)	1 (3.1%)	0 (0%)
19 (59.4%)	15 (46.9%)	1 (3.0%)

Picone S, et al. A solution based on melatonin, tryptophan, and vitamin B6 (Melamil Tripto®) for sedation in newborns during brain MRI. Ital J Pediatr. 2019;45(1):122.

Non-drug sedation

Cardiovascular MRI using a feed-and-sleep technique in neonates and infants

- Case-series study
- The infant has been fasted for a period of 4 h prior to the scan.
- Feed just prior to the procedure.
- The infant is swaddled with one or two sheets before being placed within a vacuum immobilizer.



Conclusion

- Using this technique, infants younger than 6 months can complete a cardiovascular MRI without the need for sedation or general anesthesia

Windram J, et al. Cardiovascular MRI without sedation or general anesthesia using a feed-and-sleep technique in neonates and infants. Pediatr Radiol. 2012;42(2):183-187.

Application of vacuum stretcher combined with feeding in cranial magnetic resonance imaging examination for neonates

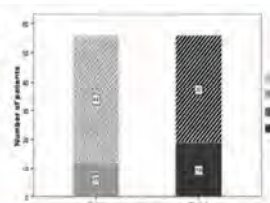
- Neonates with a gestational age of >34 weeks underwent MRI
- The neonates were randomly divided into a vacuum stretcher combined with feeding group and a conventional sedation group (10% chloral hydrate 0.5mg/kg)

	10% chloral hydrate (n=40)	Vacuum stretcher combined with feeding (n=40)	P value
Successful	30	37	0.034
Interrupt during procedures	3	3	0.105
MRI duration	6.0(6.0, 25.8)	6.0(6.0, 6.8)	0.493

Shen XX, et al. Zhongguo Dang Dai Er Ke Za Zhi. 2020;22(5):435-440.

Oral 30% glucose provides sufficient sedation in newborns during MRI

- Group 1: 0.5-3 ml 30% glucose orally
- Group 2: 0.1 mg/kg midazolam




Eker HE, et al. Oral 30% glucose provides sufficient sedation in newborns during MRI. J Anesth. 2017;31(2):206-211.

Our own experience

Choice 1: Non-drug techniques

About 20% neonates could be successfully sedated by non-drug techniques during MRI.

Sleep deprivation



Choice 2: Chloral Hydrate

1148 neonates were retrospectively analyzed 2019.12 to 2022.12

Characteristics	Values
Males[n(%)]	697 (60.7)
Birth days, days	11.0 (6.0, 16.0)
Weight, kg	3.3(3.0, 3.7)
Source[n(%)]	
Outpatients	211 (18.4)
Inpatients	937 (81.6)
Sedation history[n(%)]	104 (9.0)
Procedures[n(%)]	
MRI	938 (86.9)
MRI and Auditory brainstem response (ABR)	148 (12.9)
MRI and Echo	1 (0.1)
MRI and Hearing screen	1 (0.1)
Route[n(%)]	
Oral	1035 (90.2)
Intranasal	64 (5.6)
Gastric tube	31 (2.7)
Rectal	18 (1.6)

Numbers (n=1148)	
Initial dose of chloral hydrate, mg/kg	49.4 (48.1, 50.0)
Initial success rate, n(%)	91.0%
Complications, n(%)	
Vomiting	65(5.6)
Delayed awakening(>2h)	23(2.0)
Respiratory depression	8(0.7)
Choking	3(0.3)
Severe adverse events	0 (0.0)

Choice 3: Midazolam

More than 100 neonates were successfully sedated by oral midazolam during MRI.

↔

0.5mg/kg midazolam syrup provides a sedation success rate of 100% for neonates.



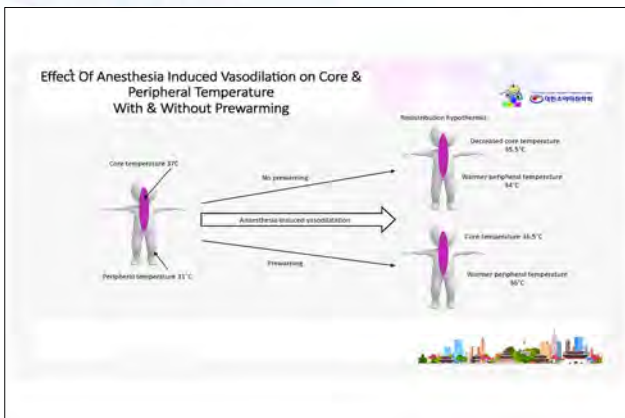


Session 4.

Perioperative Concerns in Pediatric Anesthesia

Chair(s): Tae-Hun Ahn (Korea)

Woo Suk Chung (Korea)



Pediatric proneness (especially neonate) to perioperative hypothermia:

- Greater heat loss:
 - Insulative capacity is less effective than in adults
 - Increased surface-to-surface area (SSA) ratio
 - Increased heat loss from the head
 - Limited stores of subcutaneous fat for thermal insulation
 - Neonates are able to behavioural regulation
- Increased basal metabolic rate (compared with adults).
- Effector mechanisms of skeletal muscle stimulation are minimal → heat generation depend on non-shivering thermogenesis
- ELBW neonates have poor vasomotor control at birth (unable to exhibit peripheral vasoconstriction to preserve heat)
- (+) general anaesthesia → lowers the threshold for vasoconstriction and other compensatory mechanisms including NS thermogenesis.
- During surgery: Cold DR, administration of cold fluids, the application of dry anaesthetic gases, and wound exposure.

ADEVRESE EVENT

- Discomfort to morbidity & mortality
- Concern in:
 - pharmacokinetics and pharmacodynamics (essentially muscle relaxants)
 - platelet function, coagulation, and blood loss,
 - cardiocirculatory & respiratory complications,
 - wound healing and surgical site infections (SSI), and
 - thermal discomfort
- possible consequences: apnoea and need for mechanical ventilation, arrhythmias, increased risk of infections, prolonged length of hospital stay, poor neurologic outcome, death.



SOLUTION ?

1. RISK FACTOR IDENTIFICATION
2. MONITORING
3. MANAGEMENT & PREVENTION

RISK FACTOR

1. Low body weight
2. Prematurity
3. major intestinal surgery, invasive procedures
4. OR temperature less than 23 °C
5. Neonates receiving interventional cardiac procedures
6. type & duration of surgery (e.g., major orthopedic surgery)
7. Low baseline temperature
8. High blood loss & transfusion requirement
9. Inadequate core temperature monitoring.

MONITORING

Pre-OP	Intra-OP (General Anesthesia)	Post-OP
<ul style="list-style-type: none"> • Oral, axillary (rectal) • Tympanic 	Continuous methods: <ul style="list-style-type: none"> • Oesophageal • Nasopharyngeal • Non-invasive methods based on ZHF technology • Bladder, rectal 	Serial measurements: <ul style="list-style-type: none"> • Oral, axillary (rectal) • Tympanic • Hypothermic patients: Continuous methods, e.g., non-invasive methods based on ZHF technology • Intubated patients: see Intra-OP

Evidence-based Studies on Methods for Preventing Hypothermia

Author(s)	Study Type	Number of Cases	Method	Result
Lars Witt et al. (2013)	Prospective multicenter observational study	190	Intraoperative Hot Air Blowing System	Decrease in unanesthetized hypothermia
Wong et al. (2007)	RCC	103	Preoperative period	Decrease unanesthetized hypothermia carbon polymer bed reduced blood loss
Leeth et al. (2010)	RCC	105	Postoperative period, hot air blowing system	Body temperature is the same amount of increase in thermal comfort, cost reduction
De Witte et al. (2010)	RCC	28	Preoperative period, carbonfiber blanket body temperature increase	Postoperative period, hot air blown
Hooven (2011)	Cohort	149	Postoperative period, hot air blowing system	An increase in body temperature

Emergence Agitation & Long Term Behavioral Consequences

Agnes Ng

KK Women's and Children's Hospital, Singapore

AGITATION (symptom)

DSM-5 "excessive motor activity associated with a feeling of inner tension.

Unpleasant state of extreme arousal (stirred up or excited), increase tension and irritability

Pain, Hunger, Physiological compromise,
or
Fear or Anxiety, absence of a primary caregiver or unfamiliar surroundings

DSM-5

Diagnostic and Statistical Manual of the American Psychiatric Association (DSM-5)

- A. **Disturbance in attention** (i.e., reduced ability to direct, focus, sustain, and shift attention) and **awareness** (reduced orientation to the environment).
- B. The disturbance develops over a short period of time (usually hours to a few days), **represents an acute change from baseline attention and awareness**, and tends to fluctuate in severity during the course of a day.
- C. An additional **disturbance in cognition** (e.g. memory deficit, disorientation, language, visuospatial ability, or perception).
- D. *"The disturbances in Criteria A and C are not better explained by a pre-existing, established or evolving neurocognitive disorder and do not occur in the context of a severely reduced level of arousal, such as coma."*
- E. *"There is evidence from the history, physical examination or laboratory findings that the disturbance is a direct physiological consequence of another medical condition, substance intoxication or withdrawal (e.g., acute or chronic alcohol or drug intoxication), exposure to a toxin, or is due to multiple etiologies."*

Emergence Delirium

Mental disturbance during recovery

- Dissociated state of unconsciousness
- Altered cognitive perception
- Agitated behaviour

Incidence and Etiology of Postanesthetic Excitement: Clinical Survey

James E. Eckenhoff et al Anesthesiology 1961

Excitement: Restlessness, disorientation, crying, moaning or irrational talking,

Delirium: Wild thrashing, shouting and screaming

Incidence 5.3% in 14,436 patients; adults and children (12-13%),

Contributing factors:

- Age (3-9 yr)
- ASA 1
- Premed: barbiturate and scopolamine premed
- Cyclopropane or ether anesthesia
- Operative procedures associated with pain or emotional distress

Emergence Delirium

- Has been described with every anaesthetic agent (especially ether and cyclopropane)
- Decreased markedly with halothane
- Incidence EXPLODED with sevoflurane (& desflurane)

What parents

Say: "whatever I did, didn't help....please take him away and give me my child back"

Describe: "the devil having jumped into him – he was pitch black"

Experience: "fear and insecurity, feelings of powerlessness and guilt"

Wells & Rasch Anesth Analg 1999;88:1308-10
Ringblom Scand J Caring Sci 2022;36:1104-1112

Emergence Delirium

Generally self limiting

- May result in physical harm to patient & caregiver
- Dislodgement of drains & IV sites
- Pain and bleeding of surgical sites
- Distressing to all

Why incidence varies?

PAED Scale

1. The child makes eye contact with the caretaker
2. The child's action are purposeful
3. The child is aware of his surroundings
(implies consciousness & cognition)
4. The child is restless
5. The child is in inconsolable
(reflects psychomotor behaviour & emotion
e.g. pain or apprehension)

0= extremely
1= very much
2= quite a bit
3= just a little
4= not at all

0= not at all
1= just a little
2= quite a lot
3= very much
4= extremely

Development and Psychometric Evaluation of the Pediatric Anesthesia Emergence Delirium Scale
Nancy Sirois, M.Sc., R.N.,* Jamil Leman, B.Sc., M.D., F.R.C.P.C., F.A.N.Z.C.A.T.

Cravero Emergence Agitation scale

Level	Description
1	Obtunded with no response to stimulation
2	Asleep but responsive to movement or stimulation
3	Awake and responsive
4	Crying (>3 minutes)
5	Thrashing behaviour that requires restraint

Watcha Behavior scale for emergence delirium

Level	Description
1	Calm
2	Crying, but can be consoled
3	Crying, cannot be consoled
4	Agitated and thrashing around

- All three scales correlated reasonably well with each other
- PAED score >12 appears to provide greater sensitivity and specificity than a PAED score \leq 10.
- Watcha scale appears to be a practical tool to use and assess ED in the PACU

Hypoactive Delirium ICU-delirium

Quiet, confused, disorientated, no eye contact
Minimal movements when awake, non-communicative and do not respond to social interaction

RESEARCH REPORT

WILEY

An observational study of hypoactive delirium in the post-anesthesia recovery unit of a pediatric hospital

Paul F. Lee-Archer^{1,2,3} | Britta S. von Ungern-Sternberg^{4,5,6} | Michael C. Reade² | K.C. Law⁷ | Deborah Long^{8,7}

Pediatric Anesthesia, 2021;31:429-435.

The Cornell Assessment of Pediatric Delirium (CAP-D) was developed as an adaptation and extension of the PAED scale and is a rapid screening tool for pediatric delirium in the hospital setting (Figure 1). The additional items that are included to assess hypoactive delirium are as follows:

1. Does the child communicate needs and wants?
2. Is the child underactive—very little movement while awake?
3. Does it take the child a long time to respond to interactions?

PAED detected 57 cases
CAP-D 74 cases (1.7%)
57 cases using PAED
17 (2.3%) represent cases of hypoactive ED

Significance yet to be explored

Clinical Implications:

What is already known about this topic:

- Emergence delirium is a common problem in children recovering from general anesthesia
- Hypoactive delirium has been well described in children in the intensive care unit but few well known study look in the recovery setting.

What this study adds:

- Nearly a quarter of all cases of emergence delirium in a single pediatric hospital were found to be hypoactive delirium.
- The Cornell Assessment of Pediatric Delirium is a reliable to-use tool that is an extension of the Pediatric Assessment of Pediatric Delirium scale. It can detect hypoactive and hypoactive delirium and may be an appropriate measure for use in recovery units.

Emergence Delirium lead to long term Psychological Harm?



- Higher risk
- Less neurocognitive reserves

Long term effects of ED

Maladaptive behaviour

e.g. general anxiety, night-time crying, enuresis, sleeping and eating problems

- 10 point increase of state anxiety scores increases odds by 10% of having marked ED and 12.5% one or more new onset post-op maladaptive behaviour changes
- Parents at high risk of preoperative anxiety, ED and maladaptive behaviour are more anxious in the holding area
- Children with marked ED OR 1.43 having one or more new onset post-op maladaptive behaviour changes

Kain et al Anesth Analg 2004;99:1648-54

Behavioral changes after hospital discharge in preschool children experiencing emergence delirium after general anesthesia: A prospective observational study

Jonghae Kim¹ | Sung Hye Myun² | Jun Won Kim³ | Ji-Yoon Kim⁴ | Yun Jin Kim⁵ | Nayeon Choi⁶ | Bong Soo Lee⁷ | Seungcheol Yu¹ | Eugene Kim⁸ #

Results: Children with emergence delirium (n = 58) had higher postoperative behavior checklist scores than children without emergence delirium (n = 42) [mean (SD), 22.8 (17.5) vs. 14.0 (12.1); mean difference (95% CI), 8.8 (1.5–16.2)]. Increases in preoperative anxiety level [regression coefficient (β) (95% CI) = 0.241 (0.126–0.356)] and peak delirium-specific score [β = 0.789 (0.137–1.442)] were associated with an increase in behavior checklist score 1 week after surgery, while pain-related score, type of surgery, premedication, and age were not.

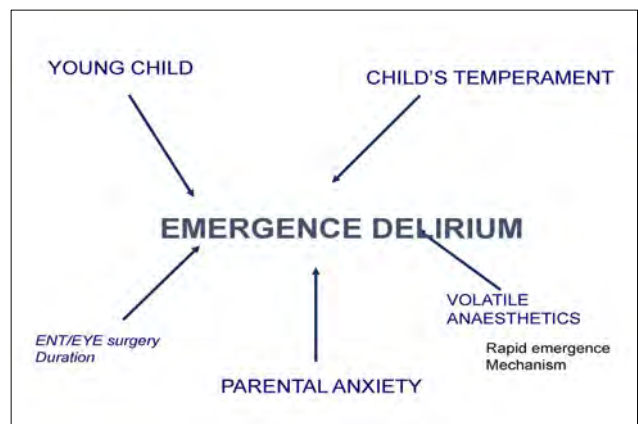
Conclusions: Children with emergence delirium develop **more severe behavior changes** 1 week after surgery than those without emergence delirium. High preoperative anxiety level and emergence delirium scores were associated with posthospital behavioral changes.

But results
Incidence ED 58%
ED needed more analgesics 89.7% vs. 47.6%

Emergence Delirium - possible etiological factors

Emergence from general anesthesia is not a PASSIVE reversal process
Now reconsidered, distinct and as an active and controllable process.

Escape From Oblivion: Neural Mechanisms of Emergence From General Anesthesia. | Max B. Kelz | Anesth Analg. 2019 April



Frontal electroencephalogram activity during emergence from general anaesthesia in children with and without emergence delirium

Jonghae Kim¹, Hyung-Chul Lee², Sung-Hye Myun³, Hyunyoung Lim⁴, Mirayou Lee⁵, Youjin Choong⁶ and Eugene Kim⁷*

British Journal of Anaesthesia, 126 (1): 293–303 (2021)

Editor's key points

- Electrical oscillations between the cortex and thalamus, and between cortical regions and hemispheres, appear to provide important information on different states of consciousness, including general anaesthesia and delirium.
- Emergence delirium is a challenge in paediatric anaesthesia, and it occurs commonly in children during emergence from general anaesthesia.
- This research shows that certain EEG patterns before emergence from anaesthesia are strongly associated with emergence delirium in children, including high relative delta power and an increased ratio of low-frequency (i.e. delta and theta) to high-frequency (i.e. alpha and beta) oscillations.
- Transitioning rapidly from deep anaesthesia to wakefulness, reflected by the absence of an EEG pattern resembling non-rapid eye movement stage 2 sleep, might predispose children to emergence delirium.

Alterations in the Functional Connectivity of Frontal Lobe Networks Preceding Emergence Delirium in Children

What This Article Tells Us That Is New

- In children without emergence delirium, an electroencephalogram pattern of sleep or drowsy states was observed before **discontinuation of anaesthesia**.
- In children with emergence delirium, arousal with cortical delirium occurred before observation of electroencephalogram patterns of sleep.
- Frontal regional functional connectivity was significantly elevated in emergence delirium compared with that of matched controls shortly after discontinuation of anaesthesia.

Absence of sleep EEG pattern associated with ED

Management of Emergence Delirium

Determine incidence *in your own institution*
Ensure departmental Analgesic and PONV strategy

Evaluation of emergence delirium in Asian children using the Pediatric Anesthesia Emergence Delirium Scale KKH

The incidence of ED is approximately **10%** in our population of healthy, unpremedicated Asian children undergoing day surgery.

Young age, poor compliance at induction, lack of intraoperative fentanyl use and rapid time to awakening were predictive risk factors for ED in our population.

A PAED Score of ≥ 10 correlated to clinically significant ED

Choon L. Bong *Pediatric Anesthesia* 2009 19: 593-600

Anaesthesia 2015, 7(1), 391-397

doi:10.1111/anae.12863

Original Article

Overall Incidence ED 39.2%

A comparison of single-dose dexmedetomidine or propofol on the incidence of emergence delirium in children undergoing general anaesthesia for magnetic resonance imaging*

C. L. Bong,¹ E. Lim,² J. C. Allen,³ W. L. H. Choo,⁴ V. N. Siow,¹ P. B. Y. Teo⁵ and J. S. K. Tan⁶

1 Consultant, 2 Senior Consultant, Department of Paediatric Anaesthesia, 3 Senior Staff Nurse, 4 Nurse Manager, Department of Diagnostic Imaging, KK Women's and Children's Hospital, Singapore; 5 Assistant Professor, Centre for Quantitative Medicine, Office of Clinical Sciences, Duke-NUS Graduate Medical School, Singapore

Summary

Emergence delirium is a significant problem in children regaining consciousness following general anaesthesia. We compared the emergence characteristics of 120 patients randomly assigned to receive a single intravenous dose of dexmedetomidine 0.3 µg.kg⁻¹, propofol 1 mg.kg⁻¹, or 10 ml saline (0.9% before emerging from general anaesthesia following a magnetic resonance imaging scan. Emergence delirium was diagnosed as a score of 10 or more on the Pediatric Anaesthesia Emergence Delirium scale. The incidence of emergence delirium was 48.3% in the dexmedetomidine group, 55.3% in the propofol group and 41.3% in the saline group (p = 0.671). Three patients in the dexmedetomidine group, none in the propofol group and two in the saline group required pharmacological intervention for emergence delirium (p = 0.202). Administration of neither dexmedetomidine nor propofol significantly reduced the incidence, or severity, of emergence delirium. The only significant predictor for emergence delirium was the time taken to awaken from general anaesthesia, with every minute increase in wake-up time reducing the odds of emergence delirium by 7%.

Preemptive strategy

Non pharmacologic interventions
 Premedication
 Parental presence, video distraction etc
 Above measure allays anxiety but may not reduce ED

Appropriate anaesthesia techniques
 Good pain strategies

Pharmacologic agents
 Adjunct agents

Effects of sevoflurane versus other general anaesthesia on emergence agitation in children

Halothane
 RR 0.51, 95% CI 0.41 to 0.63

Propofol TIVA
 RR 0.35, 95% CI 0.25 to 0.51

Propofol after Sev Induction
 RR 0.59, 95% CI 0.46 to 0.76



David Costi et al
 Cochrane Database of Systematic Reviews, Sept 2014



TIVA only?

INTERVENTIONS Elective adjuncts for reducing the risk of EA during sevoflurane anaesthesia

Dexmedetomidine,
 851 participants
 RR 0.37, 95% CI 0.29 to 0.47

Clonidine
 739 participants
 RR 0.45, 95% CI 0.31 to 0.66

Opioids, in particular
 fentanyl!
 1247 participants
 RR 0.37, 95% CI 0.27 to 0.50



David Costi et al
 Cochrane Database of Systematic Reviews, Sept 2014

Adjuncts for reducing EA during sevoflurane anaesthesia

Effective Medication	Dosage	Route/Timing of Admin
Dexmedetomidine	1-2 ug/kg 0.5-1.0 ug/kg 0.2 ug/kg/hr	IN premed IV intraop/End IV infusion
Clonidine	2 ug/kg	IV intraop/End
Fentanyl	1-2 ug/kg	IV intraop/End
Remifentanyl	0.05-0.015 ug/kg/min	IV intraop
Propofol *	2 - 3 mg/kg	IV/End
Ketamine*	0.25mg/kg	IV/End
Melatonin	0.2 - 0.4mg/kg	Oral premed

*Costi: Paediatric Anaesth. 2015 May;25(5):517-23.

SUMMARY

Prevention:

Identify at risk child

- Consider sedation premedication
- **EFFECTIVE** prevention of postoperative pain and nausea and vomiting
- Recover the child in a silent environment
- Avoid verbal and physical stimulation during transfer and recovery

Child at risk


- Consider TIVA
- If volatiles used, use adjuncts

Anesthesia-induced Neurotoxicity: Recent Updates and Preclinical Research Trends

Woosuk Chung

Department of Anesthesiology and Pain Medicine, Chungnam National University, Korea

Anesthesia-induced Neurotoxicity




FDA review results in new warnings about using general anesthetics and sedation drugs in young children and pregnant women

Safety Announcement

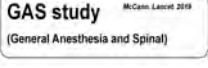
[12-14-2016] The U.S. Food and Drug Administration (FDA) is warning that repeated or lengthy use of general anesthetic and sedation drugs during surgeries or procedures in children younger than 3 years or in pregnant women during their third trimester may affect the development of children's brains.

PANDA, MASK, GAS studies

3 representative studies which prospectively evaluated the effects of a single exposure of general anesthesia for surgery



MASK study (Mayo Anesthesia Safety in Kids)



Although these studies differed in several aspects, the primary outcome was identical : **General Intelligence (IQ)**

All 3 studies reported the same results : **A single, short exposure to general anesthesia for surgery in pediatric patients *did not affect general intelligence***

After the PANDA, MASK, GAS studies...

EDITORIAL VIEWS

GAS, PANDA, and MASK
No Evidence of Clinical Anesthetic Neurotoxicity!

"Pediatric Anesthetic Neurotoxicity": Time to Stop!

"Human evidence suggests that any effect of well-conducted pediatric anesthesia is insignificant or nonexistent."

"... the possibility of harm from prolonged or multiple anesthetic exposures, hypotheses which can never be disproven."

"Neither funds nor researchers are unlimited; we must recognize that an unjustified research commitment in one area has an opportunity cost for other, perhaps more valuable, areas."

Drug Safety Communications

FDA review results in new warnings about using general anesthetics and sedation drugs in young children and pregnant women

Safety Announcement


EJA

Use of anaesthetics in young children
Consensus statement of the European Society of Anaesthesiology, the European Society for Paediatric Anaesthesiology, the European Association of Cardiothoracic Anaesthesiology and the European Safe Tote Anaesthesia Research Initiative

... The evidence to support such warning is currently insufficient and incomplete. Therefore, this FDA warning is not shared by the European Societies.

Why is there a continuous concern for early anesthetic exposure?

Normal brain function results from a conserved sequence of developmental processes of cell division, migration, network formation and maturation.



Disturbance in the balance between excitation and inhibition synaptic transmission (*E/I imbalance*) during critical sensitive periods act as an important mechanism for neurodevelopmental disorders, such as autism and ADHD.

Animal studies consistently show that early anesthetic exposures induce changes in synaptic transmission in mice.

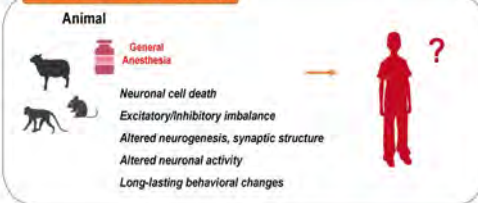
Can early anesthesia induce long-lasting changes?

Thus, we don't know what to look for!

Animal

General Anesthesia

Neuronal cell death
Excitatory/inhibitory imbalance
Altered neurogenesis, synaptic structure
Altered neuronal activity
Long-lasting behavioral changes



Is there a phenotype for Anesthesia-induced Neurotoxicity?

Early clinical studies mostly focused on **intelligence, academic achievements** (based on animal studies and general concerns).

More recent studies have performed wide-range of tests, trying to identify a possible phenotype due to early anesthetic exposure.

Educational Outcomes, Cognitive functions, Motor abilities, Social and Behavioral outcomes, etc

Several studies suggest that although early anesthesia does not alter general cognitive function (intelligence), but it may affect specific behaviors.

Werner Anesthesiology, 2019 Anesthesiology, 2020 Wakam et al

Recent studies suggest possible changes in specific behaviors

Prospectively assessed neurodevelopmental outcomes in studies of anaesthetic neurotoxicity in children: a systematic review and meta-analysis

BJA, 2021, Ing et al.

A meta-analysis was performed using the results of PANDA, MASK, GAS

Child Behavior Checklist (CBCL)

a checklist for the parents (118 questions), detect emotional and behavioral problems in children.

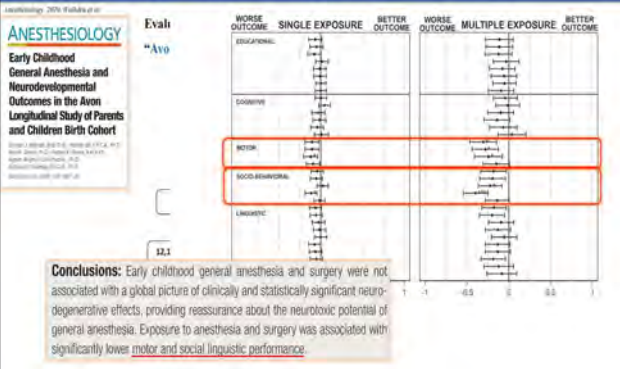
Increased behavioral problems in patients who received early anesthesia

Full-scale intelligence quotient and parentally assessed outcomes

Study	Exposed n	Unexposed n	Weight (%)	Difference (95% CI)
CBCL total				
PANDA ¹	101	101	43.8	2.7 (0.6 to 4.7)
MASK ²	360	411	23.2	2.1 (-0.7 to 4.9)
GAS ³	359	757	33.0	2.3 (-0.4 to 5.0)
Overall	837	799	100	2.3 (1.0 to 3.7)

Cochrane's Q=22.0 P<0.001 I²=70%
I² test for overall difference = 0.39 P=0.001*

Recent studies suggest possible changes in specific behaviors



Based on these recent updates, what should be considered when studying anesthesia induced neurotoxicity in young animals?

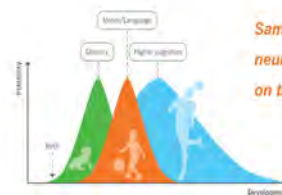
1. What is the appropriate age of animals to study anesthesia-induced neurotoxicity?
2. Could there be other phenotypes caused by early anesthetic exposures?
3. Are we using an appropriate anesthetic depth in young animals?

Based on these recent updates, what should be considered when studying anesthesia induced neurotoxicity in young animals?

1. What is the appropriate age of animals to study anesthesia-induced neurotoxicity?
2. Could there be other phenotypes caused by early anesthetic exposures?
3. Are we using an appropriate anesthetic depth in young animals?

Anesthetic exposure during neurodevelopment

The effects of early anesthesia may differ depending on the developing stage of the child.



Some anesthetic exposures may affect neurodevelopment differently depending on the age of patients.

McCann et al. BMC 2019
Werner et al. Trends in Neurosciences, 2020

Anesthetic exposure during neurodevelopment: What to consider?

Most concerns about anesthetic induced developmental neurotoxicity has been focused on **toddlers and infants** because this is a time of critical development.

Thus, it is natural that preclinical research should also study animals with similar neurodevelopment compared to human infants.

Is it possible to compare the neurodevelopment between humans and animals (mice, primates)?



Comparing the neurodevelopment between animals and humans

A scientific approach would be comparing important neurodevelopmental events between species...

neurogenesis, neuronal migration, axon extension, connectivity, etc



Wakam J Neuro 2013

Comparing the neurodevelopment between animals and humans

1 year old child (280 + 365 = 645 days)

A post-conception day (PCD) 647 human translates to a PCD 46 mouse → Postnatal day 25 (46 - 21 = 25)

However, most rodent studies used postnatal day 7 mice.

Does not correlate with clinical studies.
(PND7 mice may have comparable neurodevelopment to 3rd trimester fetus)

→ Studies using older animals seem necessary.

<https://www.translatingtime.org/translate/>

Comparing the neurodevelopment between animals and humans

1 year old child (280 + 365 = 645 days)

A post-conception day (PCD) 645 human translates to a PCD 225 macaque → Postnatal day 60 (225-165 = 60)

Most preclinical primate studies used postnatal day 7 mice.

Does not correlate with clinical studies.
(PND7 mice may have comparable neurodevelopment to 3-month infant)

→ Studies using older animals seem necessary.

<https://www.translatingtime.org/translate/>

What do previous studies using older animals suggest?

Anesthesia-induced increase in dendritic spine density was associated with changes in excitatory and inhibitory synaptic transmission (Excitatory/inhibitory imbalance)

Neurobiology 2018; Liu et al.

Brain et al. Anesthesiology 2012

Brain et al. Anesthesiology 2011

Dev et al. Cereb Cortex 2002

Based on these recent updates, what should be considered when studying anesthesia induced neurotoxicity in young animals?

1. What is the appropriate age of animals to study anesthesia-induced neurotoxicity?
2. Could there be other phenotypes caused by early anesthetic exposures?
3. Are we using an appropriate animal model to study neurotoxicity?

Behaviors affected by early anesthetic exposures?

Recent clinical studies suggest that **specific behaviors** rather than general cognition may be affected by early anesthetic exposures.

Maybe.... **Addiction???**

What kind of behavior should we be evaluating?

Use of addictive drugs leads to changes in neuronal structure and function (synaptic transmission) → associated with addiction behavior.

Thus, drugs that cause changes in synaptic transmission may influence addiction behavior later in life.

General Anesthesia!!!

Lisman et al. Neuron 2011

Early Anesthesia & Addiction: A possible connection?

Our hypothesis:
The synaptic changes that occur after anesthetic exposures during neurodevelopment may affect addiction behavior later in life.

Choice of drug: Ketamine

- : Ketamine is often used in pediatric patients
- : Ketamine induces changes in synaptic transmission
- : Ketamine is also a recreational drug (called special K), and abused world-wide.

J. of Anesthesia 2021; Lee et al.

Addiction 2012; Morgan et al.

Can early ketamine anesthesia affect addiction behavior in later life?

Young mice (PND 16) received NSS or Ketamine (35mg/kg, ip) for 5 consecutive days

Do early ketamine exposed mice become addicted more easily?

Behavior test for drug reward: Conditioned Place Preference (CPP) test

Pre-conditioning phase (15 minutes): no injection

Conditioning phase (8 days, 30 minutes): injection of saline or ketamine

Post-conditioning phase (15 minutes): no injection

Day 1,3,5,7: Time in white chamber = A

Day 2,4,6,8: White chamber = Addiction chamber learning

Time in white chamber = B

Addiction can be measured by measuring the increase in time spent in the white chamber (B-A)

Depth of anesthesia in neurotoxicity research

Regarding **sevoflurane**, most preclinical studies use a concentration of **2.5%** when studying neurotoxicity in both rodents and primates.

Sevoflurane 2.5%, when administered in PND 17 mice induces robust burst-suppression.

Sevoflurane 1.4 % Sevoflurane 1.8 % Sevoflurane 2.4 %

Power (dB) vs Frequency (Hz) plots for 1.4%, 1.8%, and 2.4% sevoflurane concentrations. The 2.4% concentration shows a distinct gap in power between 10 and 30 Hz, indicating burst-suppression.

Lu et al. Unpublished data

Depth of anesthesia in neurotoxicity research

Is burst suppression associated long-lasting behavioral changes?

Experimental paradigm

P17

Surgery and anesthesia

Group1 : control
Group2 : No Burst Suppression Anesthesia (Sevo 1.4%) + Surgery
Group3 : Burst Suppression Anesthesia (Sevo 2.4%) + Surgery

Bwk

Behavioral experiment

Learning and Memory, Anxiety, Sociability

Jeong et al. Unpublished Data

Depth of anesthesia in neurotoxicity research

Mice that received surgery under deep anesthesia showed changed anxiety levels in the light-dark box test

Light-dark box test

Number of transitions

Ctrl 1.4% 2.5%

ns ns *

Jeong et al. Unpublished Data

Conclusion

Evidence strongly suggests that the effects of anesthesia on general cognition is subtle.

Recent studies also suggest that early anesthetic exposures may have a more **significant effect in specific aspects of development**.

Thus, further studies identifying **possible changes in diverse developmental behaviors** may provide valuable insights regarding the potential neurotoxic effects of early anesthesia.

Also, future preclinical studies should also **attempt to mirror clinical settings by considering factors** such as the age of animals and the appropriate anesthetic dose.



Day 3

18 June 2023



Room A



Session 1.

Innovation / Renovation

Chair(s): Ina Ismiarti Binti Shariffuddin (Malaysia)
Jeong-Rim Lee (Korea)

Medical Simulation, Augmented & Virtual Reality

Jim Fehr

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Disclosures

- No financial disclosures
- I am a father.
- Happy Father's Day – (A US Holiday)



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Objectives At the end of this lecture the learner will be able to:

- Review the history of simulation and its development in Pediatric Anesthesiology
- Describe how simulation can be used to develop & assess individual and team performance
- Discuss how Augmented Reality (AR) and Virtual Reality (VR) are expanding the opportunities for simulation in healthcare



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Objectives: Simulation History

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In 1960 ResusciAnnie was developed by Dr. Peter Safar, Dr. James Elam & Åsmund Lærdal



Ventilation and Circulation with Closed-Chest Cardiac Massage in Man

From Safar, P.D., Elam, J., and Lærdal, A. (1960). JAMA, 182: 1000-1001.

Stanford Children's Health | Lucile Packard Children's Hospital | Stanford | Safar was also the Father of the ABCs of Basic Life Support JAMA 1961

VENTILATORY EFFICACY OF MOUTH-TO-MOUTH ARTIFICIAL RESPIRATION

AIRWAY OBSTRUCTION DURING MANUAL AND MOUTH-TO-MOUTH ARTIFICIAL RESPIRATION

Peter Safar, M.D., Baltimore



Safar: Mouth-to-Mouth Respiration JAMA 1958

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A Computer-Controlled Patient Simulator

J. S. Deussen, MD, and Stephen Aivazian, PhD



JAMA 1969

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A Computer-Controlled Patient Simulator

J. A. Devita, MD, and Richard Abrahamson, PhD

Simulators allow beginning students to learn basic skills without involving live patients. Thus, patients may be spared discomfort or even potential harm. Coincidentally, this must save valuable time since the beginning student's contact with patients must be very carefully supervised and frequently interrupted for the patient's safety. Extending the simulator concept from Sim One to the many other kinds of patient simulators can provide much better quality of training for all levels of health care personnel, and at the same time, markedly accelerate their training period.

Further, the use of patient simulators will make possible an analysis of time and motion details of virtually all of the manual skills required in patient care. Their use will also permit a systematic study of what training is necessary for the proper performance of the many tasks necessary in health care. It must be emphatically understood that this kind of an education program will not replace the student's learning experience at the bedside. Rather, it will bring him to the patient with skills already developed so that he may concentrate completely on the patient's problems.

Stanford Children's Health, Lucile Packard Children's Hospital, Stanford, JAMA 1961



David M. Gaba, M.D., at the Palo Alto V.A.

Gaba led the development of one of the first simulators that re-created the anesthesiologist's environment in the operating room.

Stanford Children's Health, Lucile Packard Children's Hospital, Stanford, Anesthesiology 1988 69:327-34

Simulation can teach Crisis Resource Management (CRM) to teams managing critically ill patients

Stanford Children's Health, Lucile Packard Children's Hospital, Stanford, 2008 Goldhaber-Fiebert, Gaba et al. <https://neel.stanford.edu/anesthesia/education/Simulation.html>

Crisis Resource Management (CRM) is...

“...the articulation of principles of individual and crew behavior in ordinary and crisis situations that focuses on skills of dynamic decision-making, interpersonal behavior, and team management.”

Stanford Children's Health, Lucile Packard Children's Hospital, Stanford, First Anesthesia Crisis Resource Management Course offered September 1990

Crisis Resource Management

- Call for Help Early**
 - Call for help early enough to make a difference
 - Be on the side of getting more help
 - Mobilize early personnel with special skills if time is critical needed
- Designate Leadership**
 - Establish clear leadership
 - Assign team members who is a change
 - 'Volunteer' should be active in taking over a leading
- Anticipate and Plan**
 - Plan & prepare for high-risk event ahead during low workload periods
 - Know where you really health during the crisis and make backup plans early
- Know the Environment**
 - Identify overhead equipment
 - Know how things work and where things are in the room of emergency and administrative at environment
- Establish Role Clarity**
 - Remember who will do what
 - Assign specific responsibilities according to knowledge, skills, and training
 - Check that everyone is clear on their role
- Use All Available Information**
 - Remember multiple sources of help and information
 - Check and cross-check information
- Distribute the Workload**
 - Assign work to team member according to their ability
 - Remember that distribution of work is critical in failure
- Allocate Attention Wisely**
 - Remember to make decisions
 - Remember for every situation & stay organized
 - Remember getting things done
 - Remember others to help you / remember
- Mobilize Resources**
 - Remember all people around you during emergency and non-emergency periods
- Communicate Effectively**
 - Remember that respect others
 - Remember that information of respect from the staff
 - Remember 'No air' statements
 - Remember that the importance of your communication advantage during of pressure
- Use Cognitive Aids**
 - Be familiar with common clinical and practice
 - Remember the effective use of cognitive aids

Stanford Children's Health, Lucile Packard Children's Hospital, Stanford, 2008 Goldhaber-Fiebert, Gaba et al. <https://neel.stanford.edu/anesthesia/education/Simulation.html>

Situational Awareness

Knowing Your Environment

Observing
+
Orienting

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Objectives: Simulation for Assessment

- Review the history of simulation and its development in Pediatric Anesthesiology
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What characterizes effective teams?

- Clear roles and responsibilities
- Strong team leadership
- Shared mental models
- Optimize resources
- Trust
- Manage & optimize performance outcomes
- Cycle of prebrief → performance → debrief

Where do simulation scenarios come from?

- Clinical Events
 - Quality Improvement initiatives
 - Mortality & Morbidity
 - Root Cause Analyses
- Educational initiatives
- Institutional needs
 - New clinical space, New equipment

Does training in obstetric emergencies improve neonatal outcome?

Tim Draycott,¹ Thabani Sibanda,¹ Louise Owen,¹ Valentine Akande,¹ Cathy Winter,¹ Sandra Reading,¹ Andrew Whitlaw²

Year	1996	1997	1998	1999	2000	2001	2002	2003
1min 5-minute Apgar 5 (mean per 10,000)	54 (13.4)	27 (87.3)	40 (90.4)	33 (82.4)	28 (89.7)	18 (85.4)	12 (86.5)	10 (81.5)
NE of grade 1 or 2 (per 10,000)	N/A	N/A	13 (29.4)	10 (25.0)	8 (21.5)	5 (14.2)	3 (18.7)	5 (13.0)
Median/mean NE, n (IQR) per 10,000	0/0	N/A	7 (15.8)	5 (22.5)	3 (8.0)	4 (11.4)	2 (5.5)	5 (13.0)

Conclusion: The introduction of obstetric emergency training was associated with a significant reduction in the 5-minute apgar score and NE. This improvement has been sustained in the resulting 10-year period. This is the first time an educational intervention has been shown to be associated with a clinically important, and sustained, improvement in neonatal response.

Pediatric Trauma Teams

Assessed the effectiveness of an educational intervention on performance of ED teams in simulated pediatric trauma resuscitations

- 17% of North Carolina EDs
- Unannounced simulated pediatric trauma
- Educational intervention
- ED return 6 months later

Pediatric Trauma Teams

FIGURE 1. Average number of pediatric trauma management tasks passed by each ED before and after study intervention. Error bar represents standard error.

Resuscitation

ASYSTOLE SCENARIO

Initial state
Vital signs: HR 0, RR 0, BP and pulse oximetry undetectable
Tasks: Pulse check, CPR, ECG monitor, IV/IO access, epinephrine

Epinephrine administration

Return of spontaneous circulation
Vital signs: HR 155 (NSR), RR 0, BP 70/25
Tasks: Pulse recheck

Performance during simulation

Fig. 3. Scores for four scenarios, by group.

Simulation in Pediatrics

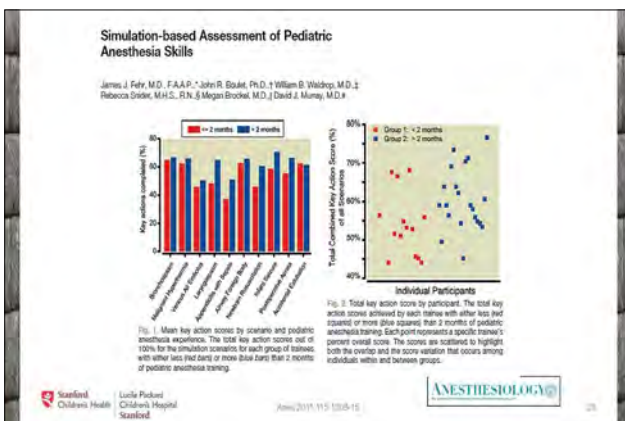
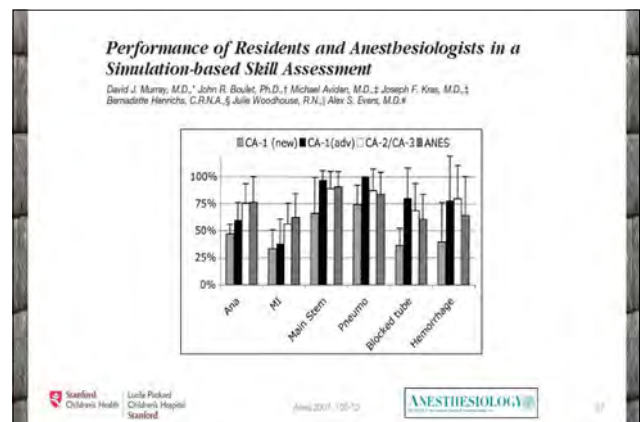
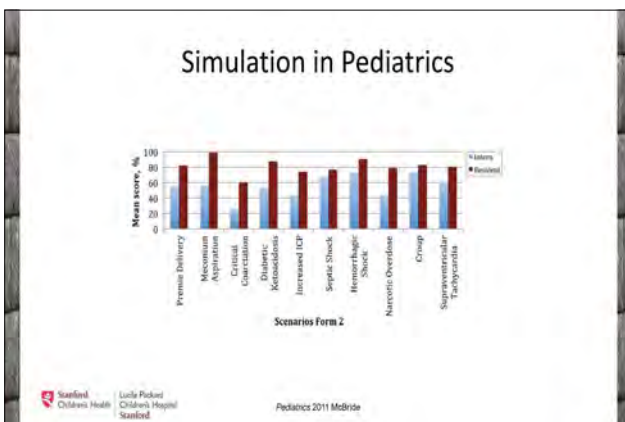
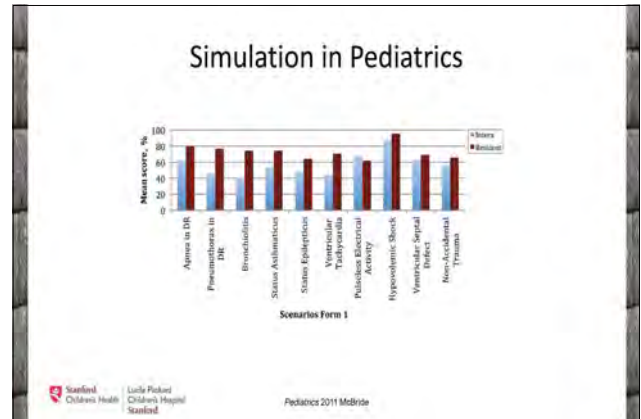
PEDIATRICS

OFFICIAL JOURNAL OF THE AMERICAN ACADEMY OF PEDIATRICS

OBJECTIVE: The goal of this study was to develop an inventory of simulated scenarios that mimic pediatric crises and determine if the resident scores could be used to establish the reliability and validity of a multiple-scenario assessment. The long-term objectives is to provide pediatric residents with experiences in the recognition, diagnosis, and management of a range of simulated acute conditions.

Simulation in Pediatrics: The Reliability and Validity of a Multiscenario Assessment
Mary E. McInch, William B. Waldrop, James J. Feby, John R. Boulet and David J. Murray

CONCLUSIONS: An inventory of critical events was designed to assess pediatric residents' diagnostic and management skills. A reliable measure of ability could be obtained provided the residents managed multiple scenarios. The residents outscored the interns, providing evidence to support the construct validity of the scores. Additional validity evidence is needed, including studies to determine if this type of training improves physicians' management of real-life critical events. *Pediatrics* 2011;128:e906



- ## Simulation-based Assessment of Pediatric Anesthesia Skills
- Asthma
 - Laryngospasm
 - Foreign Body
 - Induction of septic patient
 - Accidental Extubation
 - Malignant Hyperthermia
 - Venous Air Embolus
 - Post op Apnea
 - Newborn resuscitation
 - Infant Seizure
-

Airway Foreign Body

- You are called by the Same Day Surgery nurse who is concerned about a 4 year old 15 kg child who is scheduled for bilateral myringotomy tubes and has cold symptoms.
- The patient has had a runny nose, cough for several days, and no fever.
- The patient has NKDA and no medical history beyond eczema.
- The child's mother is present for any questions.

Airway Foreign Body Checklist

Place a checkmark by the tasks the participant completes

Ask for vital signs
Apply O ₂ (if SaO ₂ < 94 %)
Apply O ₂ = 2 points
Ask pertinent history about breathing (gets info about resp symptoms)
Gets additional information about choking episode
Auscultate (recognize decreased lung sounds on right)
Ask for CXR
State diagnosis
Consult ENT
Plan for inhalation induction and maintaining spontaneous ventilation

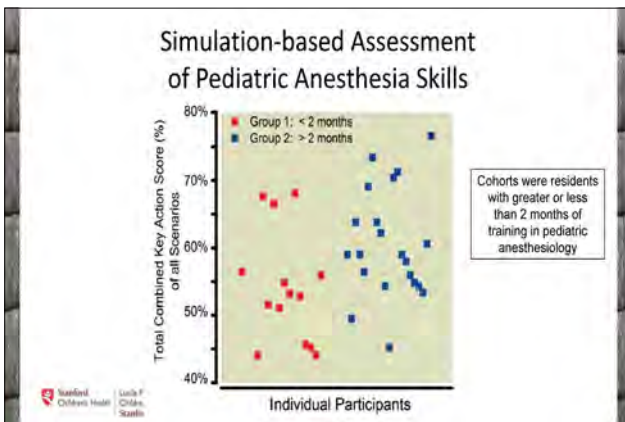
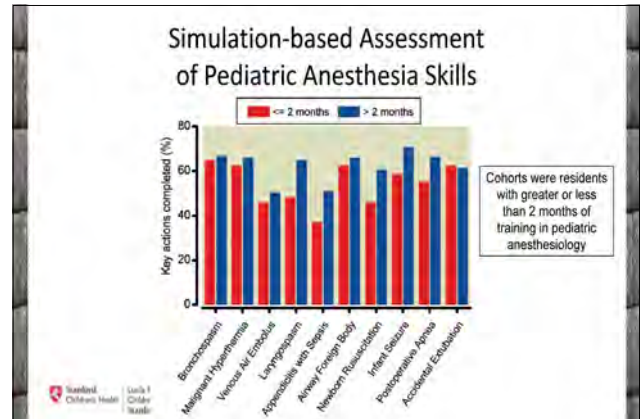
Airway Foreign Body

If Chest X-Ray is requested...



A.P. SITTING

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Simulation in the SPA



- SPA Simulation Special Interest Group <https://pedsanesthesia.org/simulation/>
- SPA Critical Events Checklist Committee Simulations <https://pedsanesthesia.org/critical-events-checklists/>
 - Air Embolus, Anaphylaxis, Bradycardia, Malignant Hyperthermia, Mediastinal Mass, Tension Pneumothorax

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Simulation at Stanford's Children's Hospital

- Interprofessional simulations: with OR nurse, RTs, pharmacists, interns
- Training for PACU nurses: airway scenarios, cardiac scenario, PACU emergencies, adverse airway events
- Anesthesia fellow in situ simulations
- Boot camps for Pediatric Anesthesiology fellows, PICU fellows, Pediatric CV Anesthesiology superfellows

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Simulation at Stanford's Children's Hospital



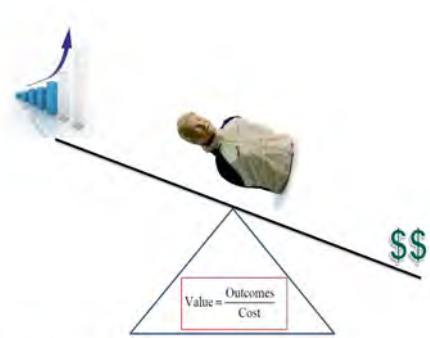
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Objectives: Augmented & Virtual Reality

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Value = $\frac{\text{Outcomes}}{\text{Cost}}$

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Advantages of Augmented & Virtual Reality

- Medical simulation has significant monetary cost for infrastructure, equipment and instructor time
- AR/VR provide a more inexpensive, portable, and potentially more accessible educational platform for trainees



Stanford's Chariot Program (AR & VR)

- Dr. Tom Caruso and Dr. Sam Rodriguez created Stanford's Chariot Program (*Childhood Anxiety Reduction through Innovation and Technology*)
- Augmented & Virtual Reality are used to reduce patient distress in the perioperative period



Stanford's Chariot Program (AR & VR)

- Stanford's Chariot Program creates and adapts Smart Projectors, Augmented Reality, and Virtual Reality tools to capture the imaginations of pediatric patients in order to decrease pain and anxiety.



Virtual Reality (VR)

- Requires headsets
- Computer generated & completely virtual
- Multi-person VR typically involves avatar-based interactions



Computer generated avatars in VR.

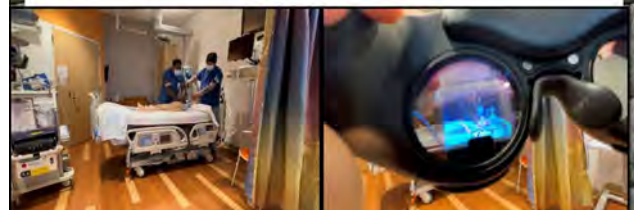
Augmented Reality (AR)

- Combines the actual clinical environment with virtual reality
- Goggles provide holographic images and allow participants to interact



Augmented Reality (AR)

- AR brings virtual images into the actual work environment
- Effectiveness of AR compared to traditional simulation continues to be investigated



Conclusions about Simulation

- Simulation can identify address Gaps in Knowledge, Team Performance, and Situational Awareness
- Simulation can not replace Good Clinical Judgment and Extensive Clinical Experience
- The Goal is not to be a Master of Simulation; the Goal is to use Simulation to become a Master Clinician

Summary

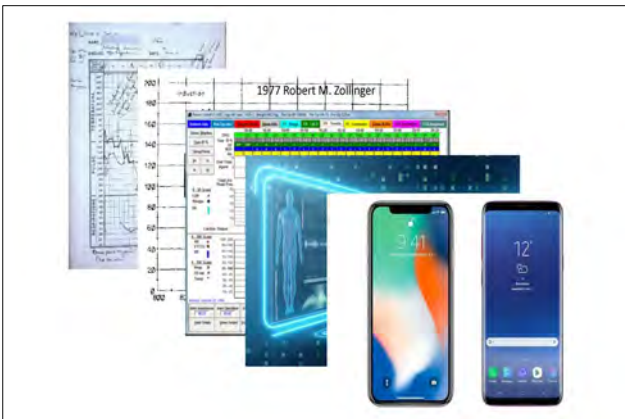
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Big Data in Pediatric Anesthesia; Strengths and Pitfalls

Jurgen C. de Graaff

Department of Paediatric Anesthesia, Erasmus MC University Medical Center, Netherlands



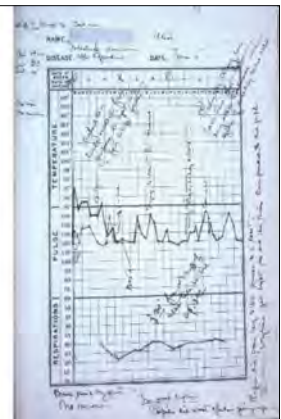
Paper records

"the very casual administration of a dangerous drug"
 Harvey Cushing, Neurosurgeon
 Harvard Medical School
 First anesthetic chart 1895

Advantage

- Easy to perform
- Easy to fill
- Easy to hand over
- Easy to make notes
- Fast (small procedures)

Devote ASPF 2015 ABMS: Should We ABM Higher?



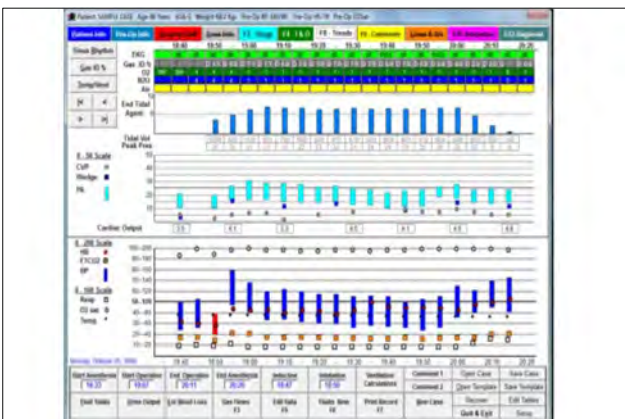
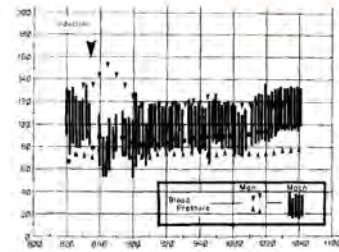
Paper records: Limitations

- Incomplete
- Unreadable
- Unreliable
- Untraceable
- Distracts from patient
- Hectic situations
- Difficult for research

- Everybody goes digital

Introduction of computer in anesthesia

1977: Journal of Surgical Research
 Robert M. Zollinger:
 Man-made versus computer-generated anesthesia records



AIMS: Anesthesia Information Management System

- Automatic recording vital functions
- Reliable
- Guidance:
 - Dosing medication
 - Remembrance
 - Automatic alarm
 - Risk prediction PONV
 - ...
 - Prediction blood pressure
 - Big data research!



440 | Editorial

British Journal of Anaesthesia 119 (3): 440-451 (2017)
Advance Access publication 14 July 2017 • doi:10.1093/bja/aax119

How big data shape paediatric anaesthesia

J. C. de Craaf¹* and T. Engelhardt²

¹Department of Anaesthesiology, Erasmus Medical Centre, Sophia Children's Hospital, Rotterdam, The Netherlands and
²Royal Aberdeen Children's Hospital, Aberdeen, Scotland AB25 2ZN, UK

Artificial Intelligence
Artificial intelligence captures the imagination of the world

Machine learning
Machine learning starts to gain traction

Deep learning
Deep learning captures the imagination of the industry

REVIEW

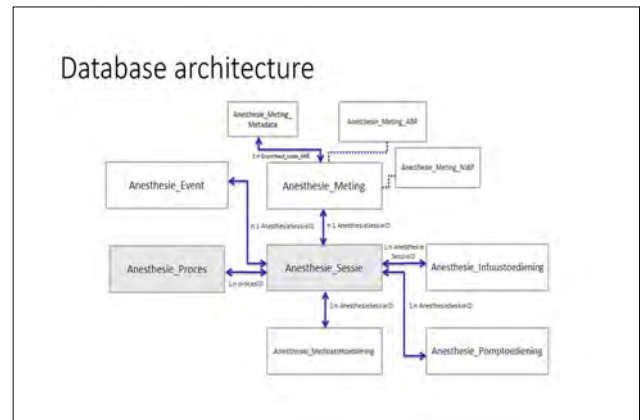
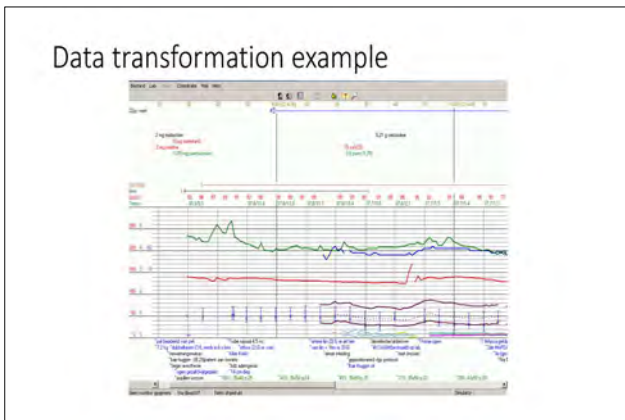
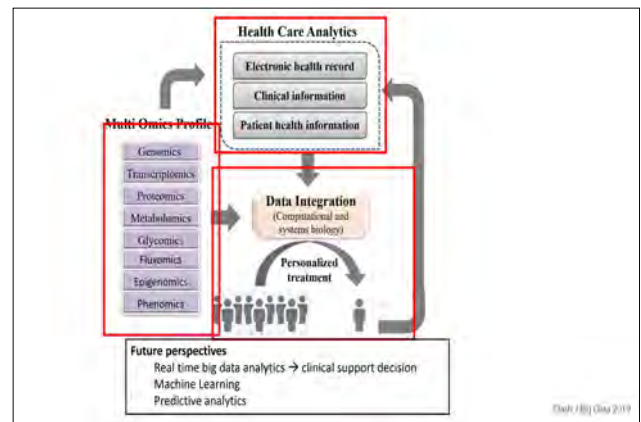
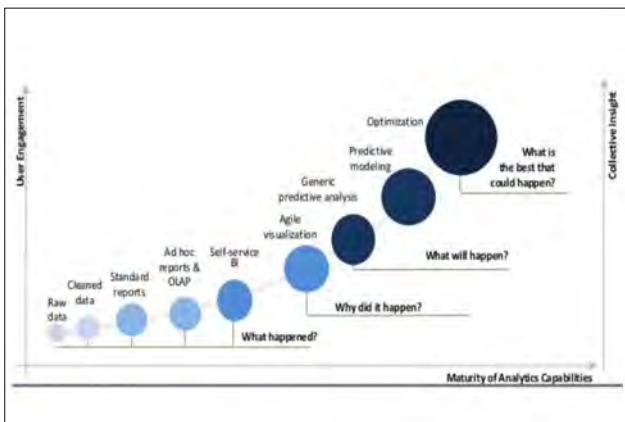
Curr Opin Anaesthesiol 2018, 31:723-731

What we can learn from Big Data about factors influencing perioperative outcome

George G.S. Lam, Steven K. Ivers, Felix van Leeuwen, Daniel C. de Graaf*

First anaesthesia
Second anaesthesia
Third anaesthesia
Fourth anaesthesia

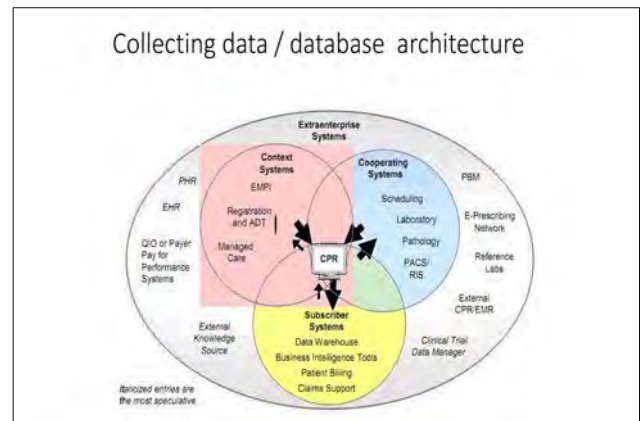
Big Data
Big Data: Artificial intelligence, Internet of Things, ubiquitous computing, massive data storage, and data science



Data transformation example

ID	Time	Clamp	Pressure	Depth
1	8:00	80	80	130
1	8:02	81	80	130
1	8:03	80	79	131
1	13:40	80	124	145
1	13:40	80	120	147

AMRO_Gene_ID	AMRO_ID	Context_ID	AMRO_Naam
CC02EAB5-6A71-E211-9349-005056900073	801	3012	80
CC02EAB5-6A71-E211-9349-005056900073	801	3013	80
CC02EAB5-6A71-E211-9349-005056900073	801	3011	120
CC02EAB5-6A71-E211-9349-005056900073	802	3012	61
CC02EAB5-6A71-E211-9349-005056900073	802	3011	85
CC02EAB5-6A71-E211-9349-005056900073	802	3011	117
CC02EAB5-6A71-E211-9349-005056900073	803	3011	88
CC02EAB5-6A71-E211-9349-005056900073	803	3012	79
CC02EAB5-6A71-E211-9349-005056900073	803	3011	117



Data market



Resources

• Who do you need for (big) data research?

- Clinician: Idea
- Researcher: Execution study
- Statistician: Correct analysis
- Datamanager: Get correct data
- Data engineer: Database
- ICT department: Software
- Technician: Hardware



Use the data

- Processing data
 - Usability
 - Cleaning
 - Data to determinant
- Analysis
 - Missing data
 - Errors in the data (artifacts)
 - Modelling

Cleaning

How a Data Scientist Spends Their Day

Here's where the popular view of data scientists diverges pretty significantly from reality. Generally, we think of data scientists building algorithms, exploring data, and doing predictive analysis. That's actually not what they spend most of their time doing, however.



What data scientists spend the most time doing

- Building testing sets: 33%
- Cleaning and organizing data: 40%
- Collecting data sets: 19%
- Mining data for patterns: 7%
- Building algorithms: 3%
- Other: 3%

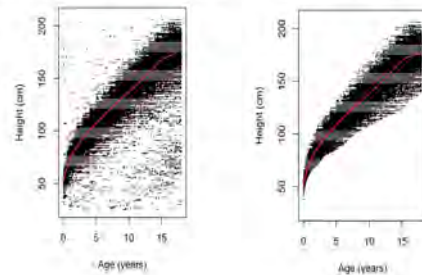


Cleaning

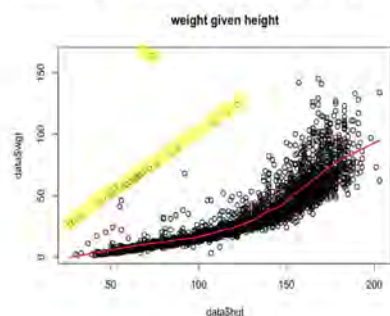
- Why it is important
 - Unstructured raw-data
 - Usability
 - Removal errors / inconsistencies



Data cleaning: Example MPOG blood pressure



Data cleaning: Example MPOG blood pressure



How to deal with missing data

- Options
 - Exclude records with missing data (bias)
 - Imputation techniques
 - Limit variables used (study design)
- Understand missing data mechanism, how EHR is used
 - Missing completely at random (MCAR)
 - Missing at random (MAR)
 - Missing not at random (MNAR)
- Example: Missing when no

Online blood pressure check:
www.pediatric-anesthesia.eu

Calculator

Mean: Diastolic: Weight (kg):

MIGHTY PRINT

11.000	81	83	85	87	89	91
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Age-dependent changes in arterial blood pressure in neonates during the first week of life: reference values and development of a model*

Arjan C. van Zadelhoff¹, Jarinda A. Poppe², Sten Willemssen^{1,3}, Katya Mauff¹, Willem van Weteringen⁴, Tom G. Coos^{1,5}, Irwin K. M. Reiss¹, Marijn J. Vermeulen¹ and Jurgen C. de Graaff^{1,6}

BJA 2023

www.bloodpressure-neonate.com

Total costs health care

- UK(2017): £197.4 billion
- USA (2015): \$ 3.2 trillion (10¹²) = 17.8% GDP (Gross domestic product)

U.S. Healthcare Costs are High Relative to Other Countries

2015 Healthcare Expenses (% GDP)

U.S. spends about \$5.63B more than the next most expensive country.
 \$4.98B more per year per \$3,000 person

Big market!
 Healthcare Information Technology market

HEALTHCARE INFORMATION TECHNOLOGY (IT) MARKET • Global Market Insights

- Revenue cycle management business sector value by 2025: \$114.5 BN
- Telehealth sector CAGR (2019-25): 19.1%
- Healthcare payer market CAGR (2019-25): 15.6%
- Japan industry CAGR (2018-24): 17.2%
- U.S. market value by 2025: \$141.7 BN
- UK market value by 2025: \$24.7 BN
- China market CAGR (2018-24): 19.3%
- 2018: \$163.3 BN
- 2025: >\$441.8 BN
- CAGR (2019-25): >15.4%

Take home message

1. Anesthesia: not big data yet
2. Big data research requires good preparation
3. Interaction researcher, clinical expert, datamanager and IT is essential
4. Information (data) is the key to new development
5. Big data can provide valuable information for clinician
6. Be careful: big data is big money!

ESPA CONGRESS

PRAGUE

13th European Congress for Paediatric Anaesthesiology
 September 28–30, 2023
 Prague, Czech Republic
www.espacongress.com | www.euroespa.com

Reducing Our Carbon Footprint: Easy Changes to Our Practice that Reduce Cost and Carbon Emissions (Virtual)

Diane Gordon

Children's Hospital Colorado, USA

Learning Objectives

1. Explain the rationale for omitting desflurane from practice
2. Compare the benefits of removing nitrous oxide from practice to the decommissioning of the central nitrous pipeline
3. Roughly calculate metabolic oxygen requirements and lowest-possible fresh gas flows for delivery of volatile anesthetics to children

Consideration of Pharmacokinetic Models for Pediatric Patients

Young Sung Kim

Department of Anesthesiology and Pain Medicine, Korea University Medical Center, Korea



ASPA 2023

First Order Kinetics

Disposition

Absorption: constant fraction of a drug per unit time is absorbed (reverse of disposition).

ASPA 2023

Bolus & continuous infusion

ASPA 2023

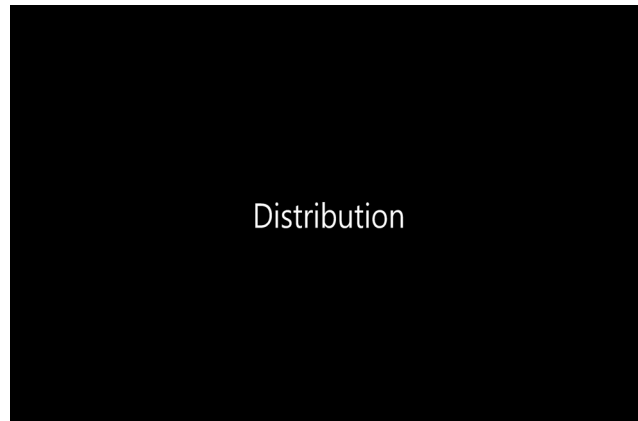
$CL = V_d (L) \times k_e (\text{min}^{-1})$
 (CL1, CL2, CL3 = CL, Q1, Q2;
 Q1, Q2: Inter-compartment clearance)

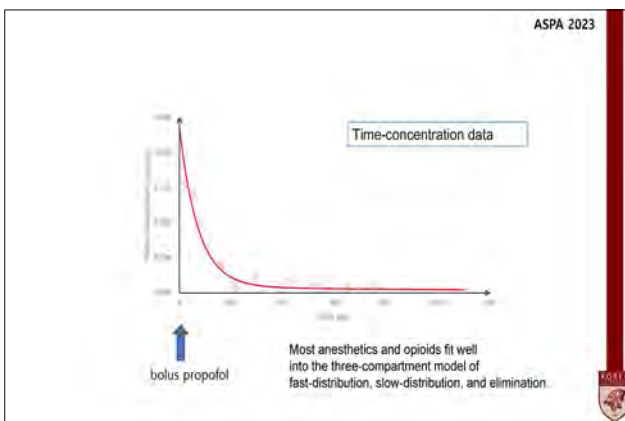
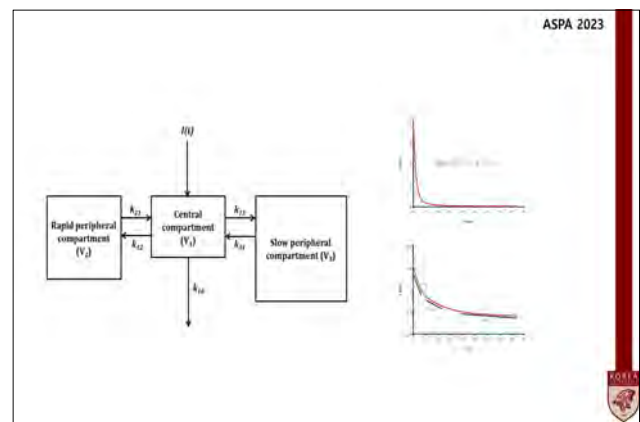
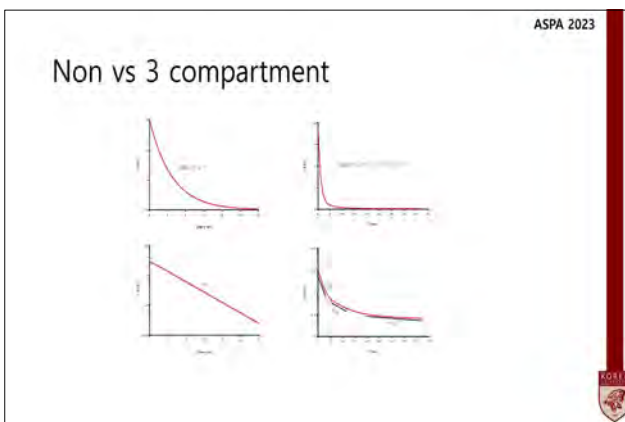
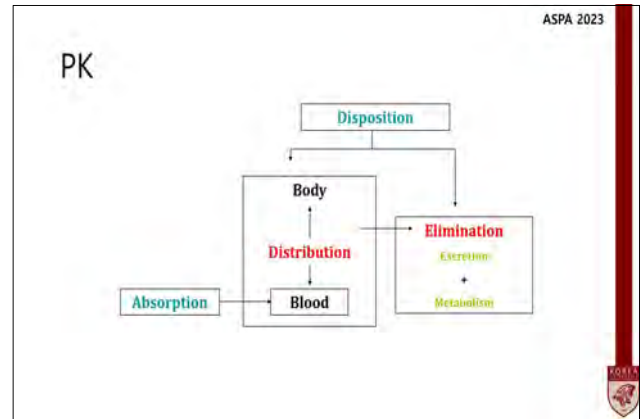
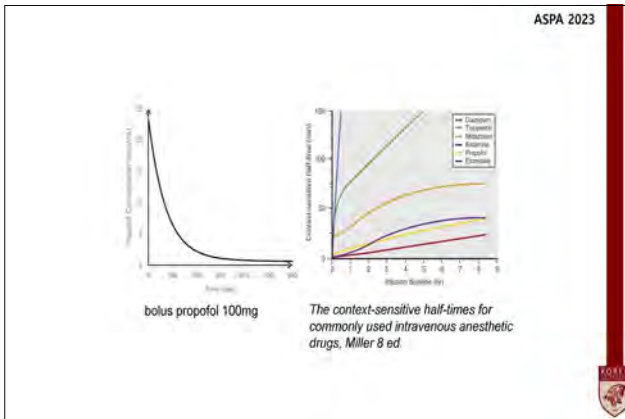
ASPA 2023

PK/PD model

- Pharmacokinetic (PK) model: Model for drug concentration prediction from drug amount
- Pharmacodynamic (PD) model: Model for drug effect prediction from drug concentration

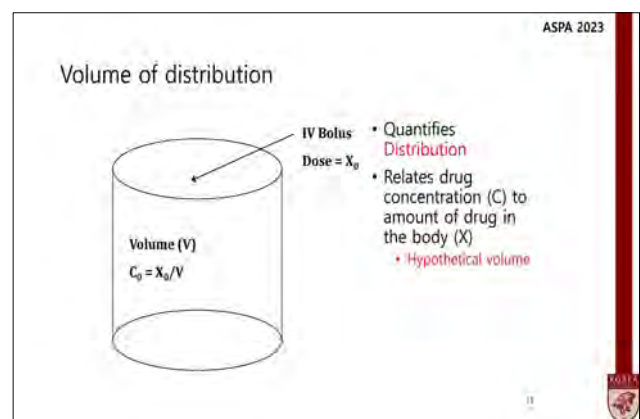
- PKPD modeling: The process of PKPD parameters estimation by nonlinear regression analysis of time-concentration or time-effect data





PK parameters

- ASPA 2023
- Pharmacokinetic Parameters
- Primary parameters**
 - Bioavailability (F)
 - Absorption rate constant (k_a)
 - Volume of distribution (V_d)
 - Clearance (CL)
 - Secondary parameters**
 - Elimination rate constant (k_e)
 - Half life ($t_{1/2}$)



Clearance

ASPA 2023

- Clearance (CL) = 1 L/min
- dx/dt (rate of change for drug amount in the body)

Concentration (C)	dx/dt
0	0
1 mg/L	1 mg/min
100 mg/L	100 mg/min
$dx/dt = CL \cdot C$	

Clearance

ASPA 2023

- Quantifies **Elimination**
- The volume of body fluid cleared per time (L/h, ml/min)
 - $CL = V_d (L) \times k_e (min^{-1})$
- Usually constant (linear PK)
- Total body clearance is the sum of the individual organ clearances
 - $CL = CL_R + CL_H + CL_{others}$

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IV Bolus Dose = X_0

Volume (V)
 $C_0 = X_0/V$

$k_{10} = CL/V_1$
 $k_{12} = Q/V_1$
 $k_{21} = Q/V_2$
 $k_{13} = Q/V_2$
 $k_{31} = Q/V_3$

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$$Cp(t) = C \cdot e^{-\lambda t}$$

$$C = \frac{1}{V}$$

$$\lambda = k$$

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$$Cp(t) = C_1 \cdot e^{-\lambda_1 t} + C_2 \cdot e^{-\lambda_2 t}$$

$$C_1 = \frac{(\lambda_1 - k_{21})}{V_1 \cdot (\lambda_1 - \lambda_2)}$$

$$\lambda_1 = \frac{(k_{10} + k_{12} + k_{21}) + \sqrt{(k_{10} + k_{12} + k_{21})^2 - 4k_{10}k_{21}}}{2}$$

$$C_2 = \frac{(k_{21} - \lambda_2)}{V_1 \cdot (\lambda_1 - \lambda_2)}$$

$$\lambda_2 = k_{10} + k_{12} + k_{21} - \lambda_1 = \frac{(k_{10} + k_{12} + k_{21}) - \sqrt{(k_{10} + k_{12} + k_{21})^2 - 4k_{10}k_{21}}}{2}$$

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$$Cp(t) = C_1 \cdot e^{-\lambda_1 t} + C_2 \cdot e^{-\lambda_2 t} + C_3 \cdot e^{-\lambda_3 t}$$

$$C_1 = \frac{(\lambda_2 - k_{12})(\lambda_3 - k_{13})}{V_1(\lambda_2 - \lambda_3)(\lambda_2 - \lambda_1)}$$

$$C_2 = \frac{(\lambda_3 - k_{13})(\lambda_1 - k_{10})}{V_1(\lambda_3 - \lambda_1)(\lambda_3 - \lambda_2)}$$

$$C_3 = \frac{(\lambda_1 - k_{10})(\lambda_2 - k_{12})}{V_1(\lambda_1 - \lambda_2)(\lambda_1 - \lambda_3)}$$

$$s^3 + (k_{10} + k_{12} + k_{13} + k_{21})s^2 + (k_{10}k_{21} + k_{13}k_{21} + k_{10}k_{31} + k_{13}k_{31} + k_{21}k_{31})s + k_{10}k_{21}k_{31}$$

$$(s + \lambda_1)(s + \lambda_2)(s + \lambda_3)$$

$$= s^3 + (\lambda_1 + \lambda_2 + \lambda_3)s^2 + (\lambda_1\lambda_2 + \lambda_1\lambda_3 + \lambda_2\lambda_3)s + \lambda_1\lambda_2\lambda_3$$

ASPA 2023

Single bolus (3-compartment)

$$Cp(t) = C_1 \cdot e^{-\lambda_1 t} + C_2 \cdot e^{-\lambda_2 t} + C_3 \cdot e^{-\lambda_3 t}$$

$$Cp(0) = C_1 + C_2 + C_3$$

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Continuous infusion (2-compartment)

ASPA 2023

Summary for PK parameters

$$Cp(t) = C_1 \cdot e^{-\lambda_1 t} + C_2 \cdot e^{-\lambda_2 t} + C_3 \cdot e^{-\lambda_3 t}$$

- $C_1, C_2, C_3, \lambda_1, \lambda_2, \lambda_3$: PK parameters for coefficients domain or exponents domain

PK models are expressed as volume of distribution and micro-rate constants [$V_1, k_{12}, k_{21}, k_{13}, k_{31}$] or volumes and clearances ($V_1, V_2, V_3, Cl, Q_p, Q_2$)

$$C_1 = \frac{(\lambda_2 - k_{21})(\lambda_3 - k_{31})}{V_1 \cdot (\lambda_1 - \lambda_2)(\lambda_1 - \lambda_3)}$$

$$C_2 = \frac{(\lambda_2 - k_{21})(\lambda_3 - k_{31})}{V_1 \cdot (\lambda_1 - \lambda_2)(\lambda_2 - \lambda_3)}$$

$$C_3 = \frac{(\lambda_2 - k_{21})(\lambda_3 - k_{31})}{V_1 \cdot (\lambda_1 - \lambda_3)(\lambda_2 - \lambda_3)}$$

- $Cl_1 = V_1 \times k_{10}$
- $Cl_2 = V_1 \times k_{12} = V_2 \times k_{21}$
- $Cl_3 = V_1 \times k_{13} = V_3 \times k_{31}$

K_{e0} and PD

ASPA 2023

Can Cp predict Effect?

24.6 ± 13.0 µg/ml (LOC)
 23.5 ± 13.9 µg/ml
 1.3 ± 0.5 µg/ml (BOC)
 1.3 ± 0.5 µg/ml

- Lipid emulsion
- Microemulsion

● Hysteresis curve

Anesthesiology 2007; 106: 929-34

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Effect compartment

ASPA 2023

Effect site concentration (Ce)

- Sigmoid Emax curve represent 1:1 relationship with Ce and effect

$EC_{50} (Nang) = 2.1 \mu g \cdot h^{-1} \cdot ml^{-1}$
 $CE_{50} = 2.0 \mu g \cdot ml^{-1}$

ASPA 2023

Addition of Effect compartment

$$Cp(t) = C_1 \cdot e^{-\lambda_1 t} + C_2 \cdot e^{-\lambda_2 t} + C_3 \cdot e^{-\lambda_3 t}$$

$$Ce(t) = \frac{k_{12}}{k_{12} - \lambda_1} \cdot C_1 \cdot e^{-\lambda_1 t} + \frac{k_{12}}{k_{12} - \lambda_2} \cdot C_2 \cdot e^{-\lambda_2 t} + \frac{k_{12}}{k_{12} - \lambda_3} \cdot C_3 \cdot e^{-\lambda_3 t} + \frac{k_{12}}{k_{12} - \lambda_4} \cdot C_4 \cdot e^{-\lambda_4 t}$$

$k_{41} = k_{40}$

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PD

- E_0 : baseline effect
- Emax: maximal effect (efficacy)
- CE_{50} : potency (Drug concentration that induces an effect corresponding to the average value of E_0 and Emax)
- gamma: sigmoidicity factor (The slope of the linear part of the concentration-effect curve)

$$E = E_0 + (E_{max} - E_0) \frac{Ce^\gamma}{Ce_{50}^\gamma + Ce^\gamma}$$

$$BIS = BIS_0 + (BIS_{max} - BIS_0) \frac{Ce^\gamma}{Ce_{50}^\gamma + Ce^\gamma}$$

$$SBP = SBP_0 + (SBP_{max} - SBP_0) \frac{Ce^\gamma}{Ce_{50}^\gamma + Ce^\gamma}$$

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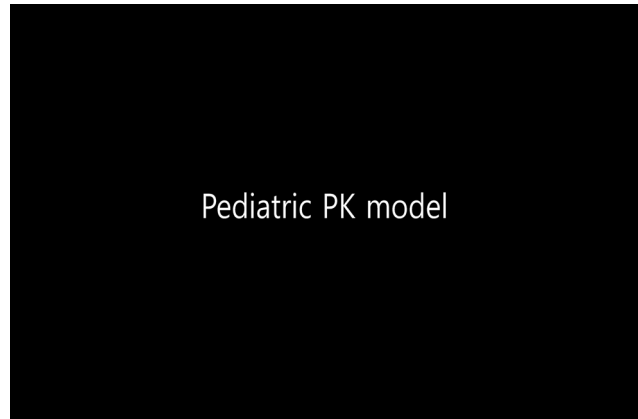
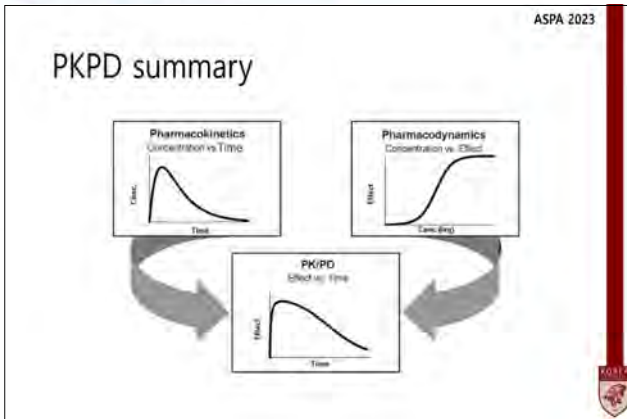
PKPD Modeling

Direct link between PK and PD

$$BIS = BIS_0 + (BIS_{max} - BIS_0) \cdot \frac{Ce^\gamma}{Ce_{50}^\gamma + Ce^\gamma}$$

$$SBP = SBP_0 + (SBP_{max} - SBP_0) \cdot \frac{Ce^\gamma}{Ce_{50}^\gamma + Ce^\gamma}$$

k_{40} : onset of effect
 $t_{1/2} = 0.693/k_{40}$
 CE_{50} : potency



STANPUMP

1995. STANPUMP, <http://pkpdicon-paloalto.med.va.gov/public/stanpump.dir/>. Steven Shafer

- Propofol
- Remifentanyl
- Alfentanil
- Sufentanil
- Fentanyl
- Midazolam
- Dexmedetomidine
- Ketamine
- Etomidate
- Thiopental
- Methohexital
- Diazepam
- Methadone
- Lidocaine
- Rocuronium
- Vecuronium

Considerations for children adjustment

- ADME
- developmental pharmacology and ontogeny
- comorbidities
- PD~ efficacy and toxicity
- Formulation-related issues~ excipient, compliance

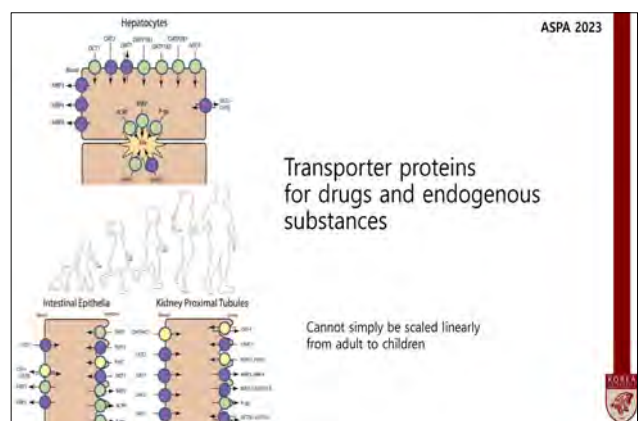


Overview of core pharmacokinetic analytical methods

Method	Description	Comments
Naive pooled data approach	All PK data from the study are pooled and analyzed as if from one individual	The analysis does not incorporate the fact that the data arise from individuals with between-subject variability, and can give biased parameter estimates; it can be used in unbalanced study designs but will overestimate variability and can lead to biased parameter estimates
Naive average data approach	The mean drug concentration at each time point in the PK study is calculated, based on the data at that time point contributed by all participants. The mean value at each sampling time is then used to estimate the PK parameters of interest	This simplistic approach is popular but is unreliable and limited because it does not consider inter- or intraindividual variability, and therefore underestimates variability. It is only suitable for a balanced study design
Two-stage approach	The PK parameters are first estimated for each individual, then the variance of these parameter estimates is calculated	This method is attractive because it is mathematically straightforward, but requires rich individual-level data
Non-linear mixed effect modeling (NLME)	All study data are fitted simultaneously in one model, but the PK parameters are able to vary between individuals	This approach has become standard practice because it provides unbiased parameter estimates through simultaneous quantification of parameter-level interindividual variability, and observation-level residual variability

Scaling PK; physiology

- Smaller
- Weigh less
- Higher proportion of total body water
- Lower proportion of body fat
- Immature kidney/liver function in newborns/infants
 - Lower GFR, distinct hepatic enzyme activity profile



How to dose

- Population; same dose for everyone
- Group (covariate guided);
 - Small dose for similar group (ex. CLcr, genotype)
- Individual
 - Determined by individual response (ex. BP, INR, blood conc)

How to dose

- Body size
 - Linear weight > body surface area
- Clearance
 - Low for neonates/infants

Clearance vs Body weight

Parameter	Children	Adults
CL (l/min)	2.3	2.3
CL (l/kg/min)	36*	28*
V1 (l)	18	21
V1 (l/kg)	0.74*	0.59*
CL (l/min)	0.26	1.4
V2 (l)	24	139
V2 (l/kg)	1.54	1.88

6 samples of 250 µl per child, 6 children

Knibbe et al. Br J Clin Pharmacol 2002

Weight

The effective dose of propofol for loss of consciousness is significantly lower in obese paediatric patients (ED95 2.0mg kg⁻¹) in comparison with non-obese patients (3.2mg kg⁻¹)

Cf. unique property~ various recommendation

Drug	Bolus	Infusion
Sedatives		
Propofol	Loading dose titrated to target processed EEG level**	ABW*
Midazolam	TBW*	IBW*
Eloxatone	TBW*	IBW*
Opioids		
Fentanyl	PK mass	PK mass**
Ramifentanyl	FFM*	FFM*
Sufentanil	TBW*	FFM*
Hydromorphone	LBW**	
Morphine	LBW**	
Neuromuscular Blocking Agents and Reversals		
Succinylcholine	TBW*	
Rocuronium	IBW*	
Vicuronium	IBW*	
Cisatracurium	IBW*	
Sugammadex	IBW*	

Neonates ≠ young infants

Organ Function

$$CL_{PREDICTED} = CL_{STD} \cdot \left(\frac{WT}{WT_{STD}} \right)^{3/4} \cdot MF \cdot OF$$

CL_{PREDICTED} = Group CL
WT = Total Body Weight
CL_{STD} = Population standard CL
WT_{STD} = Standard weight e.g. 70 kg

Size, Maturation, Organ Function

Ref: M. Jullien, V. Pore G. Facilitation of drug evaluation in children by population methods and modelling. Clin Pharmacokinet. 2006;47(4):231-43.

Maturation complete by age 2 yr

- Maturation complete by age 2 yr
- Size is then the main predictor of drug clearance

Propofol models

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Propofol Marsh PK model	Propofol Schnider PK model
$V_1 (l) = 0.228 \cdot \text{weight}$	$V_1 (l) = 4.27$
$k_{10} (\text{min}^{-1}) = 0.119$	$V_2 (l) = 18.0 - 0.001 \cdot (\text{age} - 50)$
$k_{12} (\text{min}^{-1}) = 0.112 \cdot (1/L)$	$V_3 (l) = 238$
$k_{13} (\text{min}^{-1}) = 0.0419$	$Cl_1 (l \cdot \text{min}^{-1}) = 1.39 + 0.0456 \cdot (\text{weight} - 77) + 0.0204 \cdot (\text{height} - 177) - 0.0021 \cdot (\text{LBM} - 30)$
$k_{21} (\text{min}^{-1}) = 0.055$	$Cl_2 (l \cdot \text{min}^{-1}) = 1.29 - 0.021 \cdot (\text{age} - 50)$
$k_{31} (\text{min}^{-1}) = 0.0033$	$Cl_3 (l \cdot \text{min}^{-1}) = 0.838$

Values not presented can be easily obtained by using Clearance = V * k.

$V1 * k12 = V2 * k21$
 $V1 * k13 = V3 * k31$

$Cl1 = V1 * k10$
 $Cl2 = V1 * k12$
 $Cl3 = V1 * k13$

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Marsh PK model

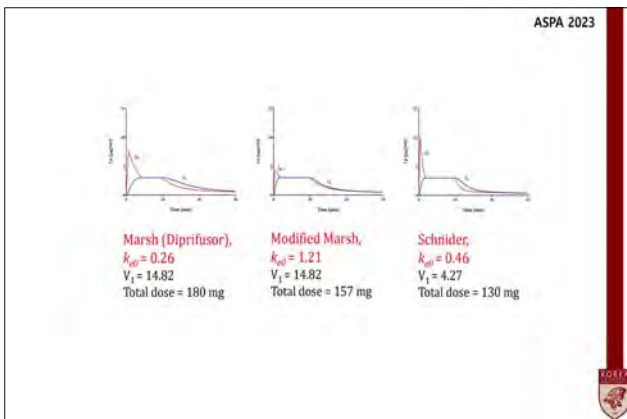
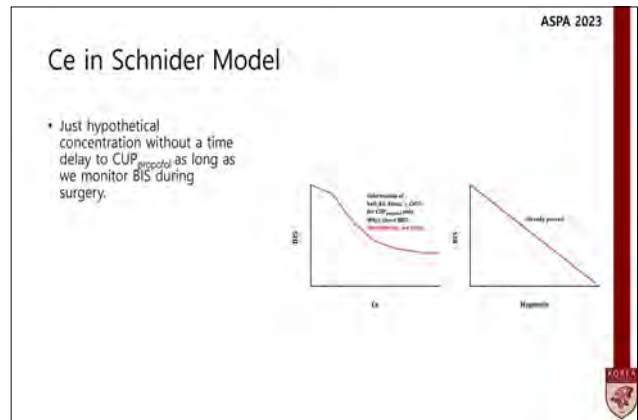
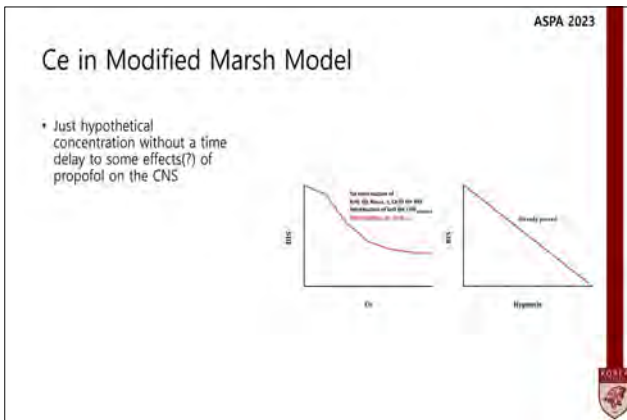
- 1987 presented
- Rate constants from Gepts, V1 from marsh, ke0 from Schnider (Coefficients obtained in different populations)

$V_1 (L)$	0.228 * weight (kg): "obtained from our own pilot studies" - no data given
$k_{10} (\text{min}^{-1})$	0.119
$k_{12} (\text{min}^{-1})$	0.112: 0.114 in Gepts
$k_{13} (\text{min}^{-1})$	0.0419
$k_{21} (\text{min}^{-1})$	0.055
$k_{31} (\text{min}^{-1})$	0.0033

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Marsh Model with k_{e0} used for effect-site targeting

- Marsh model in Stelpump and Diprifusor
 - Marsh PK
 - k_{e0} 0.26 min⁻¹
 - Reference: unknown (maybe Billard et al)
 - Surrogate measure: unknown (maybe BIS)
- Marsh model in Stangump and Orchestra
 - Marsh PK
 - k_{e0} 1.2193 min⁻¹ (Orchestra; 1.210 min⁻¹)
 - $t_{50\%}$ algorithm proposed by Schnider et al
 - Observed $t_{50\%}$ of propofol assessed by CUP of propofol=1.6 min (not BIS)



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Pediatric PK models

- Kataria model

Parameter	Marsh	Cl	Cl	Cl
$V_1 (L)$	Weight*0.41	Weight*0.38		
$V_2 (L)$	Weight*0.78+1.1*Age-15.5	Weight*0.59+3.1*Age-13		
$V_3 (L)$	Weight*6.9	Weight*6.1		
$Cl_1 (L/min)$	Weight*0.035	Weight*0.037		
$Cl_2 (L/min)$	Weight*0.077	Weight*0.063		
$Cl_3 (L/min)$	Weight*0.026	Weight*0.025		

Pediatric PK models

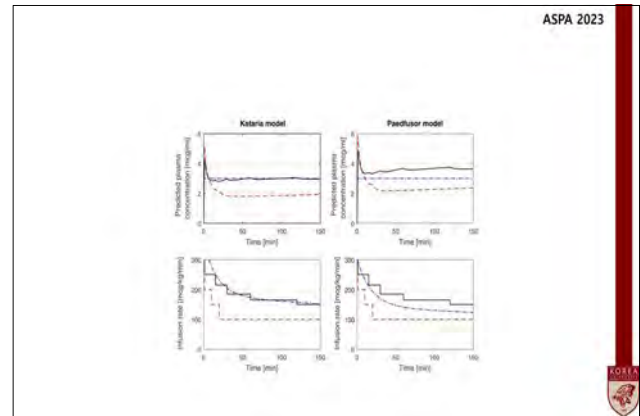
- Paedfusor model

Propofol propofol pharmacokinetic data set

Age	Parameters	Estimate
Age 1-12 yr	$V1=458.4 \times \text{weight}$	$V2=V1 \times k_{12}/k_{21}$
	$k_{12}=0.1527 \times \text{weight}^{-0.57}$	$k_{21}=0.114$
	$k_{13}=0.055$	$k_{31}=0.053$
		$k_{32}=0.26$
Age 13 yr	$V1=400 \times \text{weight}$	$k_{12}=0.0678$
	Other constants as above	
Age 14 yr	$V1=542 \times \text{weight}$	$k_{12}=0.0792$
	Other constants as above	
Age 15 yr	$V1=584 \times \text{weight}$	$k_{12}=0.0954$
	Other constants as above	
Age 16 yr	$V1=228.57 \times \text{weight}$	$k_{12}=0.119$
	Other constants as above	
Maximum bolus size	Weight <15 kg=3 mg	Weight >30 kg=12 mg

(5 year, 20kg)	Kataria	Paedfusor
V1 (L)	10.4	9.16
V2	20.2	18.98
V3	164	116.58
CL1 (L/min)	0.68	0.568
CL2	1.16	1.044
CL3	0.52	0.384

Columbian Journal of Anesthesiology 41(3):205-214 (2013)
Anesthesiology 80:104-122 (1994)
British Journal of Anaesthesia 95(1): 110-13 (2005)



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Our center data (scoliosis)

	Kataria (N=27)	Paedfusor (N=43)	Schneider (N=26)
Intraoperative mean BIS	41.78 (7.32)*	50.00 (7.81)	44.69 (8.60)
Operation time	258.59 (108.64)	229.09 (105.77)	301 (72.38)
Anesthesia time	380.00 (125.67)	355.51 (109.90)	417.00 (84.70)
Recovery time	29.96 (21.19)*	21.14 (14.21)	25.92 (16.55)
ICU admission (Y/N)	4 / 23	6 / 37	2 / 24

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Eleveld model (27 wks to 88 yr)

Table 2 Final PK model estimated model parameters

Parameter	Description	Units	Estimated value	95% confidence limits	
				Lower	Upper
V_1	V ₁ (L)	L	4.28	3.57	4.80
V_2	V ₂ (L)	L	25.5	21.1	29.4
V_3	V ₃ (L)	L	271	193	366
CL_1	CL ₁ (L/min)	L/min	0.78	0.70	0.87
CL_2	CL ₂ (L/min)	L/min	1.17	1.03	1.31
CL_3	CL ₃ (L/min)	L/min	0.51	0.46	0.56
k_{12}	Typical intercompartmental rate constant (L/min)	1/min	0.133	0.109	0.158
k_{21}	CL ₁ (L/min)	1/min	0.133	0.109	0.158
k_{31}	CL ₂ (L/min)	1/min	0.133	0.109	0.158
k_{32}	CL ₃ (L/min)	1/min	0.133	0.109	0.158
k_{13}	Weight to 10% of measured V ₁	kg	18.8	9.285	28.08
k_{24}	Weight to 10% of measured V ₂	kg	18.8	9.285	28.08
k_{34}	Weight to 10% of measured V ₃	kg	47.018	24.871	66.061
k_{14}	Weight to 10% of measured CL ₁	kg	0.83	0.71	0.95
k_{24}	Weight to 10% of measured CL ₂	kg	1.26	1.09	1.43
k_{34}	Weight to 10% of measured CL ₃	kg	0.67	0.57	0.78
k_{14}	Weight to 10% of measured CL ₁	kg	0.83	0.71	0.95

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Variables	Parameters	Estimate
PK	V_1 , L	1.69
	V_2 , L	$27.2 + 0.93 \times (\text{weight} - 25)$
	CL, L/min	$0.89 \times (\text{weight}/23.6)^{0.97}$
	Q, L/min	1.3
PD (intermediate)	E_0	76.9
	E_{max}	35.4
	C_{50} , µg/mL	$3.78 - 0.183 \times \text{AGE}$
	γ	3.02
	k_{e0} , /min	0.557
PD (final)	E_0	79.9
	E_{max}	30.6
	C_{50} , µg/mL	$3.65 - 0.102 \times \text{AGE} - 1.72 \times \text{REM}$
	γ	3.02
	k_{e0} , /min	0.557

PKPD parameters of the Kim model

Population pharmacokinetic and pharmacodynamic model of propofol externally validated in children. J Pharmacokinet Pharmacodyn. 2015; 42(2):163-177

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Summary

- PK parameters including volume, clearance, rate constant explains drug concentration prediction.
- Each PK model reflects the characteristics of each population.
- Get used to TCI-TIVA with various PK models.
- Appropriate selection, interpretation and application.



Session 2.

Quality Improvement

Chair(s): Erlinda Oracion (Philippines)
Sungsik Park (Korea)

Crisis Checklists in Perioperative Care: Flying into Medicine

Stephen J. Gleich

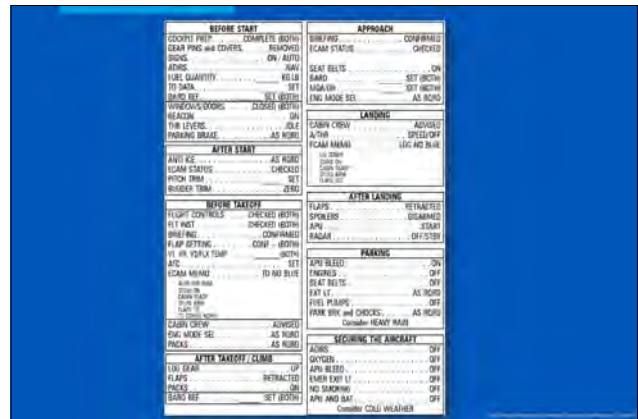
Mayo Clinic, USA

DISCLOSURES

- No conflicts of interest

LEARNING OBJECTIVES

- Review the history of the checklist
- Demonstrate improved care with use of a checklist
- Compare the design and utilization of checklists in Aviation and Medicine
- Describe the introduction of a checklist into a large academic practice
- Introduce the Pedi Crisis app



CHECKLIST HISTORY

- October 30, 1935, Wright Field, Dayton, Ohio, USA
- U.S. Army Air Corps in need of a long-range bomber
- **Boeing Model 299**
 - Faster, higher, further with more payload
- Much more complex airplane:
 - 4 engines, variable propellers
 - Retractable landing gear
 - Wing flaps
 - Electric trim tabs



CHECKLIST HISTORY

- Demo flight:
- Airplane had normal taxi & takeoff
- Began climbing → stalled suddenly
 - Crashed
- Pilot neglected to release flight control lock prior to takeoff
- With lock in place, could not control airplane once airborne
- 1 critical step forgotten → deadly crash

CHECKLIST HISTORY

- Group of test pilots came together
- Realized airplane too complex to remember every step
- Developed a pilot's checklist
 - Step-by-step checks for takeoff, flight, landing, & taxi
- With checklist, Boeing Model 299 (B-17) flew 18 million miles without 1 accident
- Army ordered 13,000 B-17's
- Checklists now ubiquitous in aviation



Anesthesia and Analgesia...Dawson, 1984
"Resuscitation During Anesthesia"
W. Wayne Steward, M.D., Philadelphia, Pa.

"IF A RESPONSE IS NOT INSTANTLY OBTAINED BY SIMPLE MEASURES,

A FIXED EMERGENCY ROUTINE, POSTED ON THE WALLS OF EVERY OPERATING ROOM AND DRILLED INTO EVERY MEMBER OF THE STAFF,

SHOULD BE ENFORCED."

CHECKLIST TERMINOLOGY

Cognitive Aids

- Checklists
- Emergency Manual



CHECKLIST DATA – OR TEAM

Simulation-Based Trial of Surgical-Crisis Checklists

- 3 hospitals
 - 1 academic, 2 community
 - 17 teams, 106 simulated crises
- All ACLS certified
- 3 Scenarios *without* checklist, 3 Scenarios *with* checklist
- Scored on 47 key processes in crisis scenarios
 - Cardiac arrest – asystole
 - Air embolism
 - Anaphylaxis
 - Hemorrhage – Vfib arrest
 - Hypotension/Hypoxia – bradycardia
 - Malignant hyperthermia
 - Unstable tachycardia

Arruga, AF et al. NEJM 2011

CHECKLIST DATA – OR TEAM

Simulation-Based Trial of Surgical-Crisis Checklists

75% reduction in omission of critical steps

Arruga, AF et al. NEJM 2011

CHECKLIST DATA – OR TEAM

Simulation-Based Trial of Surgical-Crisis Checklists

Table 4. Participants' Perceptions of Crisis Checklists, with Responses across All Checklist Scenarios.^a

Survey Statement	Response Score
The checklist helped me feel better prepared during the emergency scenario	4.4±0.81
The checklist was easy to use	4.3±0.84
I would use this checklist if I were presented with this operative emergency in real life	4.5±0.76
If I were having an operation and experienced this intra-operative emergency, I would want the checklist to be used	4.7±0.60

^a Plus-minus values are means ±SD. Data included 196 responses from 67 participants. Response scores were on a Likert scale and ranged from 1 (disagree strongly) to 5 (agree strongly).

Arruga, AF et al. NEJM 2011

CHECKLIST HUMAN FACTORS

- Stress degrades human attentiveness: 20 studies
- Stress degrades human memory: 31 studies

NASA/TM—2004-212824

Stress, Cognition, and Human Performance: A Literature Review and Conceptual Framework

Mark A. Staal
Amer Research Center, Moffett Field, California

US National Aeronautic & Space Administration

CHECKLIST DEVELOPMENT MAYO CLINIC ANESTHESIA

- Our Project – 2014:
 - Design & implement an Emergency Checklist for use in the OR & Procedural areas
- Use existing Stanford Emergency Manual
 - Minor customizations
- Emergency Manual for the OR introduced:
 - January 2015

CHECKLIST DEVELOPMENT

MAYO CLINIC ANESTHESIA

- Emergency Manual for the OR introduced:
 - January 2015

Standardized location

CHECKLIST IMPLEMENTATION

MAYO CLINIC ANESTHESIA

Emergency Manual Implementation in a Large Academic Anesthesia Practice: Strategy and Improvement in Performance on Critical Steps

Methods

- Utilization of the EM tested in a regular clinical environment with all available resources
- Standardized verbal simulation of 3 crisis events
 - Pre-implementation
 - 6 months post-implementation
- Individual members of the anesthesia team asked to verbalize interventions for specific crisis events over 60 seconds

Crisis Events

- Local anesthetic toxicity
- Airway fire
- Myocardial ischemia

CHECKLIST IMPLEMENTATION

MAYO CLINIC ANESTHESIA

Results

- 120 subjects
 - 60 pre, 60 post
- 42% used Emergency Manual
- Those who used EM performed better
 - 21 critical steps (70%) vs. 18 (60%)

CHECKLIST IMPLEMENTATION

MAYO CLINIC ANESTHESIA

Based on aviation design "step by step"

CHECKLIST

NEW DATA

- In aviation → checklists proceed "step-by-step"
- New data suggest that OR staff:
 - "often do not respond to critical events in such a linear manner"
- Instead, checklist used for specific purpose:
 - Look up drug dose
 - Additional info after treatment initiated
- Term: "Sampling"

Matching design to use: a task analysis comparison of three cognitive aid designs used during simulated crisis management.

50% reduction in time to find key info

CHECKLIST IMPLEMENTATION

MAYO CLINIC ANESTHESIA

Surgical & Procedural Emergency Checklist

- Ariadane Labs design
- Customizable
 - Add individual events
 - Local content
 - Local phone numbers

CHECKLIST IMPLEMENTATION

MAYO CLINIC ANESTHESIA


Surgical & Procedural Emergency Checklist

- Ariadane Labs design
- Easier access to "quick reference" info – drug doses, equipment, etc.

CHECKLIST RESOURCES

General Resources

- Emergency Manuals Implementation Collaborative




- Checklists to download
 - Adult
 - Pediatric
- Guide & implementation tools

www.emergencymanuals.org

Pediatric Checklist

- Society for Pediatric Anesthesia
- PediCrisis App




Apple App Store & Google Play Store

Paper version available:


pedsanesthesia.org/critical-events-checklists/

PEDIATRIC CHECKLIST PEDICRISIS APP

- Weight-based dosing
- Sampling design
- Tabs for specific information




Apple App Store & Google Play Store

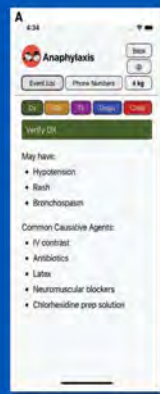


PEDIATRIC CHECKLIST PEDICRISIS APP

- Weight-based dosing
- Sampling design
- Tabs for specific information




Apple App Store & Google Play Store

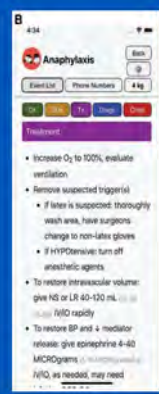


PEDIATRIC CHECKLIST PEDICRISIS APP

- Weight-based dosing
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Apple App Store & Google Play Store

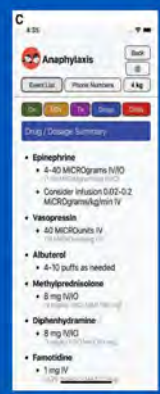


PEDIATRIC CHECKLIST PEDICRISIS APP

- Weight-based dosing
- Sampling design
- Tabs for specific information



Apple App Store & Google Play Store



CONCLUSIONS

- Human performance suffers under stress
- Checklist use is not a weakness, it is a strength
- Every team member has a role
 - Developing, refining checklists
 - Triggering checklist use
 - Reading checklist
 - Advocating & supporting their use
- A robust implementation program is essential

Unplanned ICU Administration: Characteristics and Outcomes



Kaoru Tsuboi

Department of Critical Care and Anesthesia, National Center for Child Health and Development, Japan






Declarations

✓The author have no conflict of interest to declare



Today's topics

1. Unplanned PICU admission
2. Insights from our recent studies:
 - Characteristics and outcomes
 - Preventability and predictability
3. Preceding studies
4. Approach to reduce unplanned PICU admission
5. Executive summary

Today's topics



1. Unplanned PICU admission
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5. Executive summary

Background



Thorough preoperative risk assessment and planning is key to:

- ✓Improving patient safety
- ✓Proper resource allocation
- ✓Avoiding poor outcomes

Unplanned ICU admission after general anesthesia (UIA)

- Increases staff workload and financial burden^{1,2)}
- Increases family and patient anxiety
- Puts patient at significantly increased risk:
 - Increased hospital LOS (16 days vs 2 days)
 - Increased 30-day mortality (OR 3.89)
 - Significant association with incident/near miss (OR 12.21)
- ➔Used as a global indicator of patient safety^{3,4)}

United Kingdom

3.1 Unplanned critical care admission after elective surgery

© 2019 RCoA
RCoA Quality Improvement Project

Raising the Standards:
RCoA quality improvement compendium

With authors: September 2020
Editor: Dr Henry Chivers
© Copyright: RCoA
© 2019 RCoA
and Professor Carol Nolan

Why do this quality improvement project?
Unplanned admissions to critical care are linked to potentially avoidable postoperative mortality and morbidity. The causes are complex and multifactorial and are likely to be related to a mix of culture and resources in each hospital.
Capturing data effectively on unplanned escalations of care after an elective operation is an essential first step for achieving quality improvement to reduce unplanned admissions. Capturing these data as a nationwide administrative dataset (not just Hospital Episode Statistics) via the critical care minimum dataset will allow peers to compare performance as well as shared learning.


Background
Effective elective postoperative care involves patient risk stratification in the preassessment clinic and appropriate allocation of a level 2/3 postoperative bed accordingly. While the incidence in most local regions is generally low, following a defined period of elective level 2/3 care, it is well established that an unplanned 'top-up' to care postoperatively is associated with up to:

Suggested data to collect

1. The following datasets in your hospital, including the nature of admission to level 2/3 (planned or unplanned and indication for admission). The clinical coding department of your hospital may be able to help you.
 - ii) Intensive Care National Audit and Research Centre
 - iii) Critical care minimum dataset (specifically discharge and source locations)
 - iv) Local departmental level.
2. Baseline audit
 - ii) Number of planned level 2/3 admissions following elective surgery (or other enhanced care areas)
 - iii) Number of unplanned level 2/3 admissions following elective surgery (or other enhanced care areas)
 - iv) Calculate unplanned admissions as a percentage of total.
3. Suggested secondary data collection:
 - ii) Mortality and morbidity associated with planned and unplanned admissions (eg postoperative mortality rates, 30-day mortality, reoperation rates).




Pediatric patients?

Today's topics

1. Unplanned PICU admission
2. Insights from our recent studies:
Characteristics and outcomes
Preventability and predictability
3. Preceding studies
4. Approach to reduce unplanned PICU admission
5. Executive summary




RESEARCH REPORT Pediatric Anesthesia WILEY

Unplanned admission to pediatric intensive care after general anesthesia: A seven-year retrospective cohort study in a tertiary children's hospital

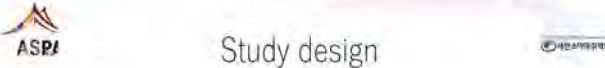
Kaoru Tsuboi | Jun Ninagawa | Norihiko Tsuboi | Satoshi Nakagawa | Yasuyuki Suzuki




National Center for Child Health and Development, Tokyo, Japan

- Tertiary children's hospital, 490 beds
- Approximately 4,560 GA cases per year (age < 18 yrs)
- All surgical specialties performed
- Attending pediatric anesthesiologists directly take care of every child, all hours
- PICU: 20 beds, 1,000 admissions per year







Study design

Single center, retrospective observational study
June 2014~May 2021

UIA: admission to PICU immediately postoperatively or after recovery room stay which was not planned preoperatively

- Prevalence
- Characteristics
- Required intervention and outcomes
- Preventability and predictability






Methods

Data collection for all UIA cases (age<18 yrs)

HIS	AIMS	PICU database
<ul style="list-style-type: none"> ✓ age ✓ sex ✓ comorbidities ✓ *ASA-PS 	<ul style="list-style-type: none"> ✓ Type of procedure/surgery ✓ Emergency status (**NCEPOD) 	<ul style="list-style-type: none"> ✓ ***PCPC score preop. and on PICU admission ✓ PIM2 on PICU admission ✓ PICU LOS ✓ Interventions in PICU ✓ mortality

HIS: Hospital information system
AIMS: Anesthetic information management system
*ASA-PS : American Society of Anesthesiologist Physical Status
** NCEPOD : National Confidential Enquiry into Patient Outcome and Death
*** PCPC score : Pediatric Cerebral Performance Category

Methods

Anesthesia-related

Medical

Reasons for admission

Surgical

Mixed



Preventability

Would not have occurred under adequate risk assessment, optimal perioperative management and surgical treatment

Predictability


Would not have occurred if the event that led to admission could have been expected preoperatively based on patient severity and risk of procedure

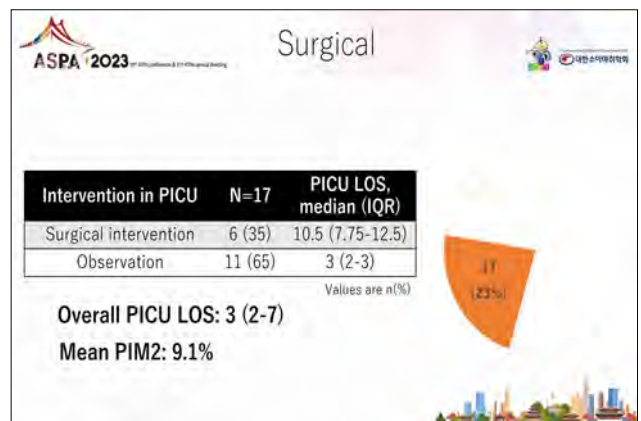
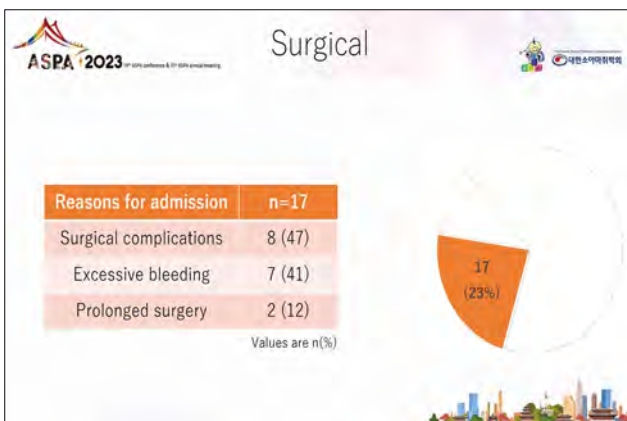
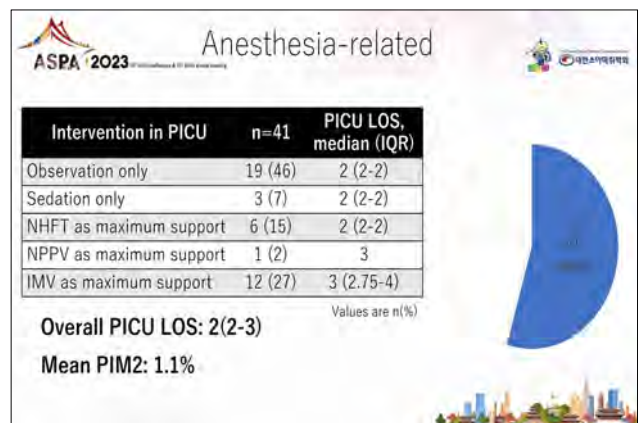
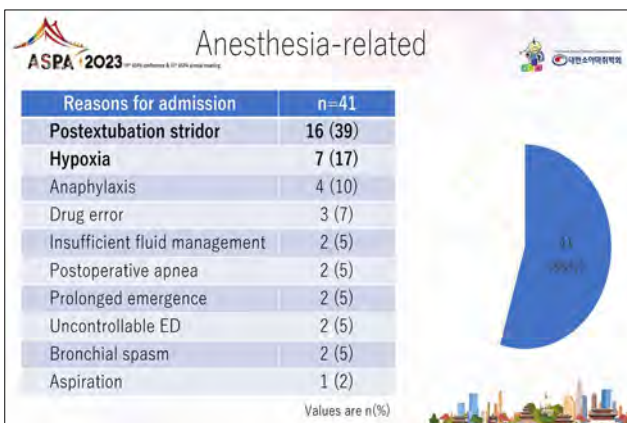
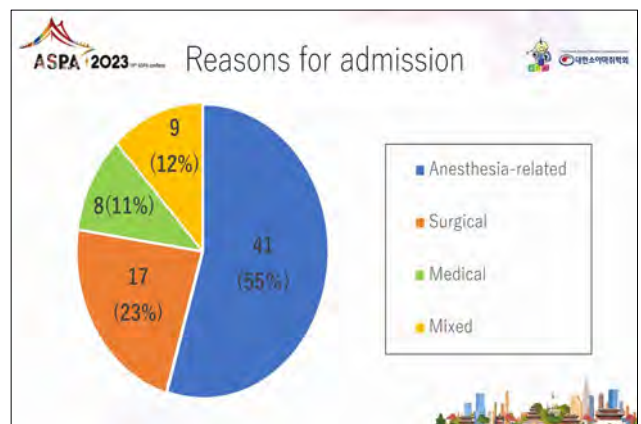
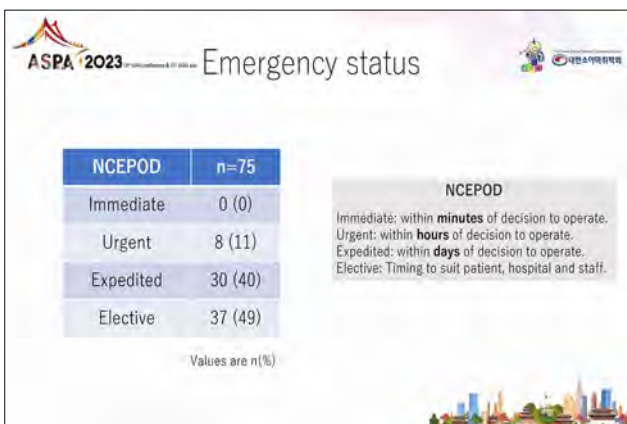
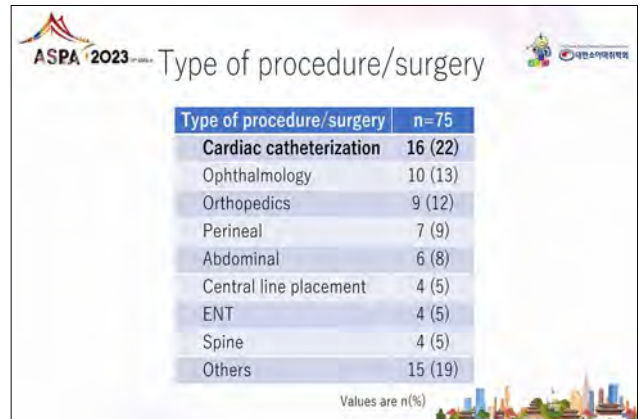
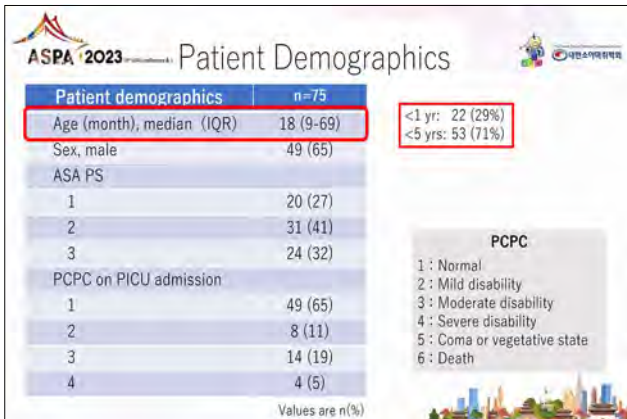
Independent analysis by 2 pediatric anesthesiologists and 1 PICU physician
Disagreements resolved by consensus

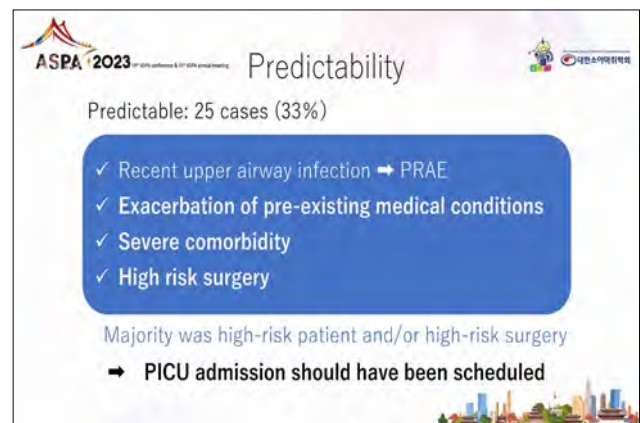
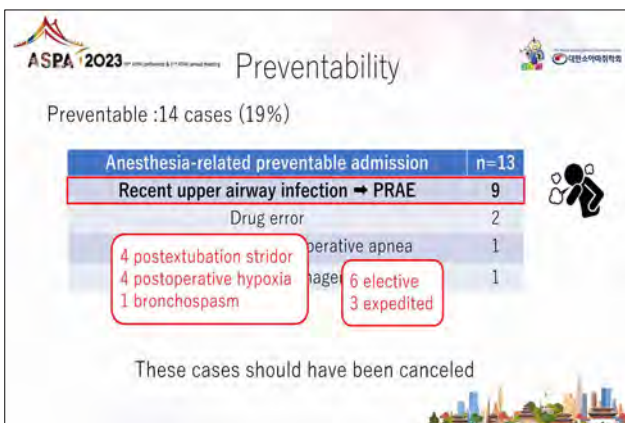
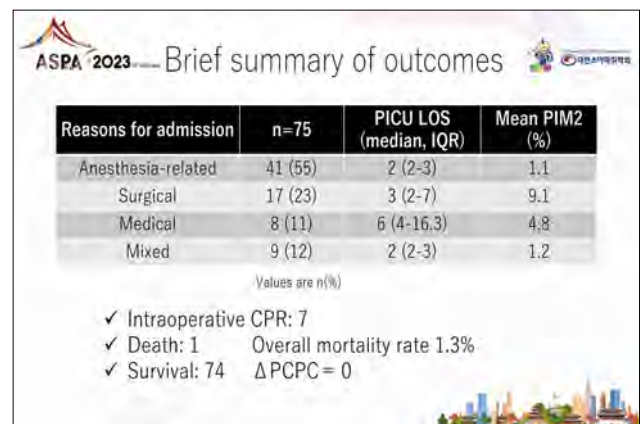
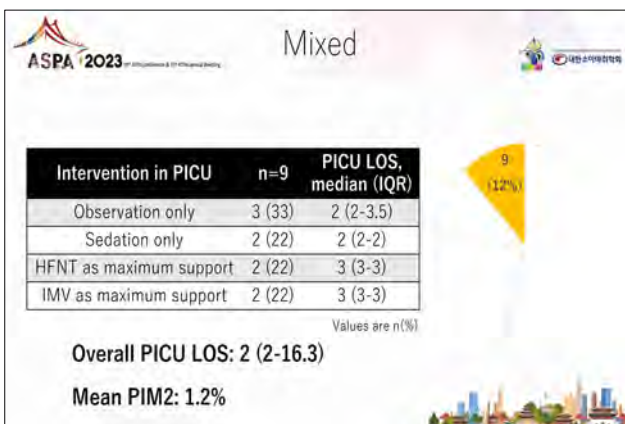
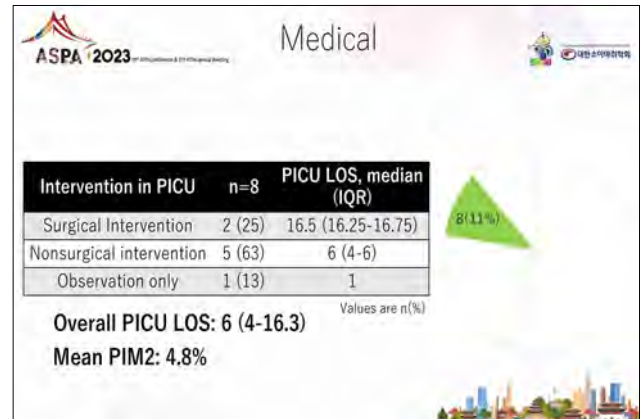
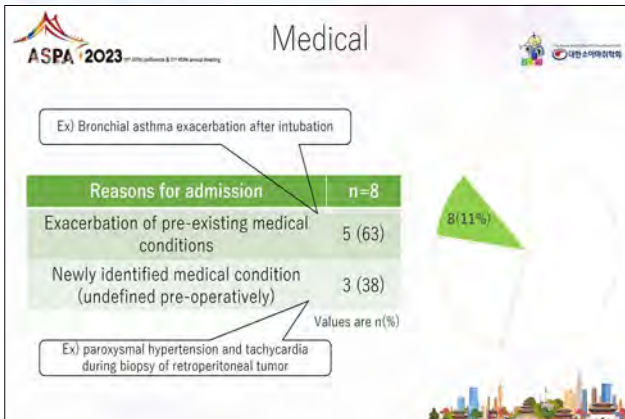



Results

General anesthesia : 32,016
Unplanned ICU admissions: 75 (0.23%)







- ### Today's topics
- ASPA 2023
1. Unplanned PICU admission
 2. Insights from our recent studies:
 - Characteristics and outcomes
 - Preventability and predictability.
 3. **Preceding studies**
 4. Approach to reduce unplanned PICU admission
 5. Executive summary

Preceding studies

ASPA 2023

ASPA 2023 10th Global Conference & 17th Asia Meeting

Unplanned PICU admission after anesthesia

Prevalence:
0.1-0.6% of all general anesthesia cases

Risk factors:

- Younger age (<5yrs, especially <1 yr)
- Higher ASA-PS
- Comorbidities
- Surgical complexity
- Cardiac catheterization

High risk patient group:

- ✓ Underlying cardiac disease
- ✓ Young
- ✓ Underweight

ASPA 2023

Characteristics

The most common reason for admission:
Anesthesia-related (50%) > Surgical > Medical

Leading reasons for anesthesia-related admissions:

1. Airway events :47%-56% ^{9,10)}
2. Respiratory events:25%-29% ^{9,10)}

ASPA 2023

Outcomes

Deaths: unspecified - 0% ⁹⁻¹²⁾

Average PICU LOS: 2.65 - 4.5 days ^{11, 12)}

ASPA 2023

Preventability and predictability

- ✓ Preventability: 20%-25.5% ^{8, 11)}
Current study: 19%
Optimal risk stratification and perioperative management are required
- ✓ Predictability: 35.7% -71% ^{8, 11)}
Current study: 33%
Mostly high-risk patient and/or surgery
Shared preoperative decision making with the surgical team should be improved

ASPA 2023

Limitations

- ✓ Lack of consistent definition among studies
- ✓ Difference in patient population, local policies, skills of medical staff
- ✓ Most are single-center, retrospective studies
- ✓ Interpretation may be biased

ASPA 2023 10th Global Conference & 17th Asia Meeting

Today's topics

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Characteristics and outcomes
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5. Executive summary

ASPA 2023 10th Global Conference & 17th Asia Meeting

Approach to reduce UIA

ASPA 2023 10th Global Conference & 17th Asia Meeting

Approach to reduce UIA

BMJ Open Modified paediatric preoperative risk prediction score to predict postoperative ICU admission in children: a retrospective cohort study

Chunwei Lian ¹, Pei Wang, ² Qingxia Fu, ¹ Xudong Du, ³ Junzheng Wu, ⁴ Qingquan Lian, ¹ Wangning ShangGuan ¹

Modified pediatric preoperative risk prediction score

Variables	Score	AUC
Age		
<1 year	0	0.982
1 month-1 year	1	
>1 month	12	
ASA-PS		
I	0	-
II	6	
III	7	
Premature		
IV	16	-
Non-vent		
Non-vent	3	-
SpO ₂		
>90%	0	-
<90%	3	-
Severity of surgery		
Class I	0	-
Class II	4	-
Class III	12	-

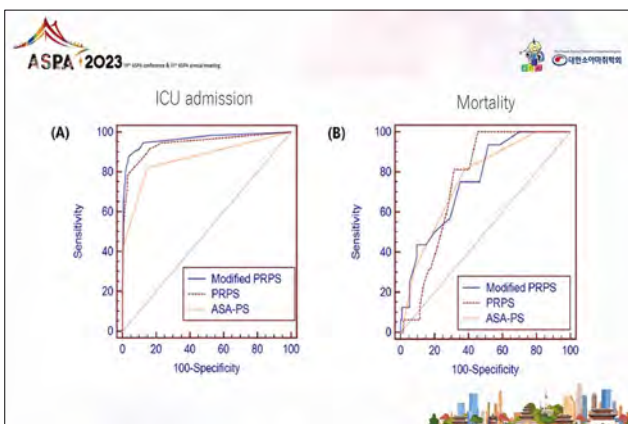
ASA-PS, American Society of Anesthesiology physical status; AUC, area under the ROC curve; SpO₂, oxygen saturation.

ASPA 2023

Table 4. Outcomes for paediatric patients undergoing surgery in relation to the modified PRPS.

Risk level	Score	Patients (n)	Observed ICU admission, n (%)	Predicted ICU admission, n (%)	Prediction probability % median (IQR)	P value
Low risk	<10	8263	37 (0.45)	42 (0.51)	0.40% (0.12% to 0.59%)	<0.001
Intermediate risk	10-16	690	138 (20.14)	139 (20.14)	8.83% (5.99% to 31.41%)	
High risk	19-50	286	243 (84.3)	259 (89.9)	91.51% (87.69% to 98.12%)	

ICU, intensive care unit; PRPS, preoperative risk prediction score.



ASPA 2023

Executive Summary

ASPA 2023

Unplanned PICU admission after anesthesia

- ✓Prevalence: **0.1-0.6%** of all general anesthesia cases
- ✓Reason for admission: **Anesthesia-related (50%) > Surgical > Medical**
Airway events > Respiratory events
- ✓Outcome:
 - Anesthesia-related: overnight PICU stay, transient respiratory support
 - Low mortality, favorable outcome overall
- ✓Preventability: 20%-25.5%
- ✓Predictability: 33%-71%
Further quality improvement is required

ASPA 2023

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ASPA 2023

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Improving Pediatric Anesthesia Safety In Low Resource Setting

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DISCLOSURE STATEMENT

I have no relevant financial or other relationships to disclose
EXCEPT
that I am a member of Safety & Quality Committee of the World Federation of the Societies of Anaesthesiologists (WFSA)

Road Map

- How is “Patient Safety” defined
- How safe is pediatric anesthesia
- Safety challenges in LMIC
- Costs associated with safety
- Improving safety with scarce resources
- Our experience



HOW IS PATIENT SAFETY DEFINED

Reducing the gap between best practice and the care actually delivered to patients

*Weller et al
British Journal of Anaesthesia 2013;110 (5): 671*

ANAESTHESIA SAFETY

- Anaesthesia Safety has **improved** over the last few decades due to improved technology, introduction of minimum standards, safety checklists ,guidelines etc
- Conditions are still **challenging in lower and middle income countries** where there is shortage of anaesthesia providers, drugs, equipment, and failure to adhere to international standards

How Safe is Pediatric Anesthesia?

Traditionally anesthesia mortality has been taken as a surrogate measure of anesthesia safety



Perioperative and anaesthetic-related mortality in developed and developing countries: a systematic review

Bainbridge D et al, The Lancet 2012;380:1075

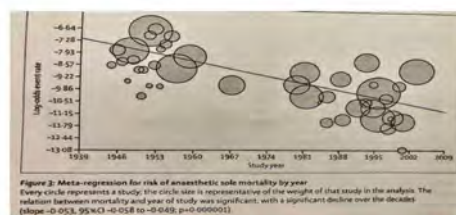


Figure 2: Meta-regression for risk of anaesthetic safe mortality by year. Every circle represents a study; the circle size is representative of the weight of that study in the analysis. The relation between mortality and year of study was significant, with a significant decline over the decades (slope: -0.053, 95%CI -0.058 to -0.049; p=0.000001).

Decline was greatest in HDI countries & Anaesthesia related mortality 2/3 times Higher in LMIC

Perioperative morbidity and mortality in the first year of life: a systematic review (1997-2012)
 Revista Brasileira De Anestesiologia <http://dx.doi.org/10.1016/j.bjane.2013.03.025>

Publication	Timing	Incidence /10000 anesthetics
Morita, Japan	First 7 days	74.1
Morita, Japan	First 7 days	26.9
Chan, Brazil	First 24 hrs	288
Fick, USA	OR & PACU	144.7
Bunchung, Thailand	First 24 hrs	35.1
Ahmed, Pakistan	OR & PACU	11.4
Bharti, India	First 2 days	18.5
Van der Griend Australia	First 24 hrs	59.7

Mortality in Children < 1 Year

KEY FINDINGS

- **Higher incidences of mortality and morbidity** in children under one year of age undergoing general anesthesia compared with older children
- Increased risk in incidences in children undergoing surgery in the **neonatal period**
- High frequency of **cardiac arrests** in patients under one year of age
- **Lack of studies** centered in the neonatal period and first year of age
- Great **variability of methodologies** for the study of the same concepts

A review of paediatric anaesthetic-related mortality, serious adverse events and critical incidents
 Southern African Journal of Anaesthesia and Analgesia 2015; 21(6):147-153
 L Cronje

Table 3: Twenty-four hour anaesthetic-related and 24-hour perioperative mortality per 10 000 anaesthetics

Era	24-hour anaesthetic related mortality			24-hour perioperative mortality		
	< 18 years	< 1 year	< 30 days	< 18 years	< 1 year	< 30 days
1947-1983						
High-income* (n = 47111)	1.57-2.9	NR	NR	4.9	NR	NR
1985-1999						
High-income* (n = 137475)	0-0.42	NR	NR	1.23-3.8 or	6.63**	741-831**
Middle-income* (n = 37420)	NR	NR	NR	0.33-3.4	NR	NR
Low-income*	ND	ND	ND	ND	ND	ND
2000-2015						
High-income* (n = 110680)	0-1.19	0-3.51**	0-0.8	0.41-13.4**	5.91-32.2	26.9-185.1
Middle-income* (n = 82519)	2.6-3.3***	3.7-4.7	NR	10.7-15.9***	18.5-65	78
Low-income* (n = 26057)	37-60	NR	NR	7.7***	NR	NR

*Income categories are as per the World Bank classification
 **One study with operating room only data
 ***Includes studies with data until post-anaesthesia recovery only
 ****Data from an externally funded hospital

Importance of Pediatric Anesthesia Safety in Low Resource Settings

- In many low- and middle-income countries, children <15 yrs make up 40% to 50% of the population
- Two thirds of the world's children (1.7 billion) lack access to appropriate surgical and anesthesia care
- Injuries alone kill more children globally than human immunodeficiency virus, tuberculosis, and malaria combined

King et al. Bull World Health Organ 2019; 97:254-8

ANAESTHESIA SAFETY CHALLENGES IN LMIC

- ▶ Manpower issues
- ▶ Essential drugs
- ▶ Equipment
- ▶ Lack of national standards
- ▶ Lack of data
- ▶ Administrative problems
- ▶ Lack of political will

Khan et al. WFSA : Safe -T Newsletter #2, 2017 June 2017

Pediatric Anaesthesia Safety: Where are the High Income Countries(HIC)

Safety has improved by

- Creation of a specialty societies
- Quality and safety committees
- Large multi-institutional research efforts
- Quality improvement initiatives
- Common pediatric perioperative events are monitored with multi-institution and organization collaborative efforts

Society for Pediatric Anesthesia

National Pediatric Anesthesia Safety Quality Improvement Program in the United States

Kurth CD. Anesthesia & Analgesia, July 2014 • Volume 119 • Number 1

the development of a multiinstitutional program in the United States, known as Wake-Up Safe (WUS), to determine the rate of serious adverse events (SAE) in pediatric anesthesia and to apply SA and QI in the pediatric anesthesia departments to decrease the SAE rate.

METHODS: QI was used to design and implement WUS in 2008. The key drivers in the design were an organizational structure; an information system for the SAE; SA to characterize the SAE; QI to imbed high-reliability care; communications to disseminate the learnings; and engaged leadership in each department. Interventions for the key drivers, included Participation

There are costs associated with improving safety and providing quality care

- Personals
- Development of materials
- Training & communication
- Time cost of participants in these progs
- Expenses associated with meetings

Perrelle et al. BMC Health Services Research 2020

"IT STARTED AS A TEAM-BUILDING EXERCISE."

The Cost of Quality: An Academic Health Center's Annual Costs for Its Quality and Patient Safety Infrastructure

Bonnie B Blanchfield et al. Jt Comm J Qual Patient Saf. 2018 Oct.

\$30 million of direct costs-



Conclusion: Indisputable good for patients and providers has resulted from organizational investments in quality and safety. But policy makers must be cognizant of potential trade-offs and explicitly recognize the incremental costs of additional measurement, improvement, and mandated reporting in their decision making.

WHAT TO DO IF THE RESOURCES ARE SCARCE



- Accept status quo
- Settle on trade offs
- Experiment to find novel ways of improving safety

Low Cost Measures To Improve Safety

- Have baseline safety data to determine perioperative risks
- Studying anesthesia mortality, anesthesia morbidity, adverse events & critical incidents
- Medication safety
- Role of check lists



HOW CAN ANAESTHESIA SAFETY BE IMPROVED FURTHER IN LMICs

- Anesthesia providers
- Robust and cheap equipment
- Information on infrastructure
- Implementation of safety standards

Information on Infrastructure

- An essential requirement to tackle safety issues but such information is often non-existent in LMICs
- There is lack of information on the number of anaesthesia providers, equipment and medication availability in anesthesia practice in several LMIC countries
- Need collaboration to collect this kind of data

Our Survey

Anesthesia & Analgesia 2022; 134:653-660



Khan F, Haider S, Abbas N et.al.

Mapping of Anaesthesia services for Maternal and Child Health in the Sindh province of Pakistan

Pakistan is a lower middle-income country located in South Asia with a population of nearly 208 million. Sindh is its second largest province



A PROJECT SPONSORED BY THE WORLD FEDERATION OF THE SOCIETIES OF ANAESTHESIOLOGISTS (WFSA)

The **AIM** of this survey was to identify the current setup of pediatric services, staffing, equipment, medications and training infrastructure in the teaching hospitals of Sindh province. No previous information was available on this issue

DATA COLLECTION

- Preoperative assessment
- Routine preoperative testing
- Organisation of pediatric operating room
- Staffing
- Monitoring
- Equipment
- Medications
- Regional anesthesia
- Post anesthesia recovery management
- Pain management intra and postop

Availability of Monitors

Table 2. Availability of Monitors in Surveyed Institutions

Monitors	Government-run institutions (total No. 7) n (%)	Private-run institutions (total No. 5) n (%)
Pulse oximeters	6 (86)	5 (100)
O ₂ analyzers	2 (28.5)	3 (60)
Etc ₂ monitors	3 (43.8)	5 (100)
Temperature probes (pediatric)	2 (28.5)	3 (60)
Peripheral nerve stimulators	2 (28.5)	2 (40)
BIS monitor	0	1 (20)
Foley catheters (pediatric size)	7 (100)	4 (80)
Pediatric central lines	1 (14)	5 (100)
Invasive arterial monitoring lines	0	4 (80)

n is the number of hospitals where this monitoring was available. Abbreviations: BIS, bispectral index; Etc₂, end-tidal carbon dioxide.

Availability of Equipment

Anesthesia Machines & Circuits

Anesthesia machines and circuits with provision for pediatric/neonatal ventilation were available in only 66.6% institutions (4 government and 4 private). T piece circuit was available in 91.6% of the hospitals

Airway Equipment

Disposable ETT & LMA available in pediatric sizes. Pediatric video-laryngoscopes present in only 2 institutions (16.6%): 1 public and 1 private

CHALLENGES IN PEDIATRIC ANESTHESIA SERVICES

- **Basic essential equipment** missing in some hospitals
- **Variation** in surgical workload among institutions
- Pediatric services are **mixed** with adult services
- **No standardization** of practice even in same institutions
- **Lack of Guidelines**
- **Poor postoperative pain control**
- **Day care services** underutilized

CHALLENGES WITH PEDIATRIC ANESTHESIA TRAINING STRUCTURE

- **Variation in patient load**
- **Shortage of faculty**
- **Fragmented training** structure and insufficient supervision in some institutions
- **Variation in availability of equipment** and advanced monitoring



SOLUTIONS?

Multipronged Approach needed

- **Institutions**
- **Training bodies (e.g. CPSP)**
- **Professional societies**
- **Government**
- **International collaborations**

Peri-operative cardiac arrests

Pediatric Anesthesia

Perioperative cardiac arrests in children at a university teaching hospital of a developing country over 15 years

ALIYA AHMED FARUQI, MOHAMMAD ALI FQIS, MUSSENULLAH KHAN FQIS, FAUZIA KHAN ERICA

Ten cardiac arrests occurred among 20,216 patients

Incidence: 4.95 per 10,000

Seven patients died

Conclusion: Perioperative cardiac arrests were higher in patients with poor physical status, in those under 1 year of age, and in female patients. Anesthesia primarily responsible in 4 cases and these were mainly due to medication- or airway-related causes. The majority were avoidable

CRITICAL INCIDENTS

S. J. Anaesth Crit Care Pharm. 2016; Jan-Mar;34(1):78-83. doi: 10.4103/oaecp.JOACR_240_16

Pediatric critical incidents reported over 15 years at a tertiary care teaching hospital of a developing country

Shemela Abbas¹, Fauzia Anis Khan¹, Sobia Khan²

Results: A total of 451 pediatric CIs were included. Thirty-four percent of the incidents were reported in infants. Ninety-six percent of the reported incidents took place during elective surgery

Conclusion: Medication and equipment are the clinical areas that need to be looked at more closely. We also recommend quality improvement projects in both these areas as well as training of residents and staff in managing airway-related problems in pediatric patients.

Pediatric Anesthesia Severe Adverse Events Leading to Anesthetic Morbidity and Mortality in a Tertiary Care Center in a Low- and Middle-Income Country: A 25-Year Audit

Basir Khoso, FCPS, Waheed B. Ghaffar, MBBS, Shermila Abassi, FCPS, and Fauzia A. Khan, FRCA

Anesth Analg 2021;132:217–22

CONCLUSIONS:

Respiratory complications were the most frequent (33%)

Infants with CHD, were identified as at a higher risk for perioperative cardiac arrest

Twenty-eight percent of the patients who suffered events died within 48 hours

Increased access to anesthesia drugs and practice improvements resulted in a decline in perioperative cardiac arrests

MEDICATION ERRORS

scientific reports
www.nature.com/reprints.

A retrospective analysis of peri-operative medication errors from a low-middle income country

Shemila Abassi¹, Saima Rashid & Fauzia Anis Khan

311 MEs were identified in (CIRS) database over the last 15 years (2004–2018)

ADEs were found in 86 (28%) reports

The majority of errors involved neuromuscular blockers (32%) and opioids (13%) & were more frequent during administration.

Sharing of CI and a lesson to be learnt e-mail, colour coded labels, change in medication trolley lay out, decrease in floor stock and high alert labels were the low-cost steps taken to reduce incidents

Perioperative Medication Error in Pediatric Anesthesia at a tertiary care hospital over a period of 20 years; a retrospective review

Medication errors were more frequent during administration. ADEs were occurred in 13.8% MEs.

- **Color coded labels, change in medication trolley lay out, decrease in floor stock and high alert labels were the low-cost steps taken to reduce incidents.**

Habre et al. Incidence of severe critical events in paediatric anaesthesia (APRICOT): a prospective multicenter observational study in 261 hospitals in Europe. Lancet Respir Med. 2017;5:412-425.

The APRICOT study is a pan-European prospective 2-week “snap-shot” of paediatric practice across 261 participating hospitals from 33 European countries and comprising 31 127 anaesthetic procedures in 30 874 children. The study recorded in detail all serious adverse events

PEACH IN ASIA



November 3rd, 2022 (by the principal investigator, Sochiro Obara, Japan)

PEACH in Asia: PEri-Anesthetic morbidity in CHildren in Asia

A prospective multinational multicenter observational study to investigate epidemiology of severe critical events in pediatric anesthesia in Asia

Implementation of International Standards (WHO & WFSa)

Can J Anesth/Can Anesth
https://doi.org/10.1007/s12630-018-1111-5

SPECIAL ARTICLE



World Health Organization-World Federation of Societies of Anaesthesiologists (WHO-WFSa) International Standards for a Safe Practice of Anesthesia

Normes internationales pour une pratique sécuritaire de l'anesthésie de l'Organisation mondiale de la santé et de la Fédération mondiale des sociétés d'anesthésiologie (OMS-FMSA)

Adrian W. Gelb, MBChB, FRCPC · Wayne W. Morris, MBChB, FANZCA · Walter Johnson, MD · Alan F. Merry, MBChB, FANZCA, FFPMANZCA, FRCA on behalf of the International Standards for a Safe Practice of Anesthesia Workgroup

Setting a universal standard: Should we benchmark quality outcomes for pediatric anesthesia care?

Pediatric Anesthesia

Dimensions	Suggested measures
Safety	Intraoperative cardiac arrest. Unplanned tracheal reintubation within 24h of anesthesia. Unplanned intensive care unit (ICU) admission within 24h of anesthesia. Unplanned hospital readmission for outpatient surgery. Activation of rapid response team within 24h of anesthesia. Death within 72h of anesthesia. Medication error.

Vanessa A. Olbrecht et al. Pediatric Anesthesia. 2022;32:892–898.

CONCLUSION

Although measures to improve patient safety and implementation and organization of QIC activities does have an additional cost but this should not be used as an excuse for maintaining status quo. There are many **simple measures** that are not too expensive

CONCLUSION cont


It also requires commitment, dedication, change in behaviour and practice of not just **anaesthesiologists** but also by **organizations, patients, policy makers** and other providers



Quality Improvement of Pediatric Anesthesia in India


Elsa Varghese

Kasturba Medical College Manipal, India





India

Vast, most populous & diverse country
 1/3 of India's population of 1.3 billion are children aged <18 years (2023, WHO)
 Range of healthcare services:


World class  Dearth of resources

Several definitive initiatives to bridge this gap


Reality Check

- What is the ground reality?
- Availability of:
 - Physician anaesthesiologists
 - Education and Training
 - Data with regard to anesthesia related complications
 - Minimum mandatory perioperative monitoring standards
 - National Quality Council guidelines for healthcare organizations
 - WHO initiatives for perioperative safety

Reality Check



Estimated physician anesthesiologist availability: 1.27/100 000 ¹

Recommended:
 Lancet Commission on Global Surgery 2015: 20/100,000 ²

British Medical Journal Global Health 2018: 4/100,000 ³

Trained anesthesiologists prefer to work in the urban hospitals
 Dearth of anesthesiologists in rural areas

1. Law TJ et al. Indian J Anaesth. 2019;63:965-971
 2. Meara JG et al. Lancet. 2015;386:569-624
 3. Davies JI et al. BMJ Global Health. 2018;3:e001005

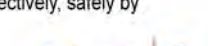



Solutions to Solving Shortage of Anaesthesiologists

- ↑ Income (30% of surgeon's fees)
- ↑ Visibility of anesthesiologists (role in COVID-19 pandemic)
- Make an impact & enthuse medical students (about anesthesia)
- ↑ Anesthesia training programs
- Mandatory rural service

Can we fill the gap with well-trained non-physician anesthesia providers?

Lewis SR et al. Cochrane Database Syst Rev. 2014;(7):CD010357
 Whether anesthesia can be provided equally effectively, safely by paramedical personnel is inconclusive




Medical Training in India

- 562 Medical Colleges, 50,000 to 80,000 medical seats every year.
- 30,000 anaesthetists registered & several thousand unregistered (ISA data 2022)

Challenges especially in rural areas:

- Huge demand-supply mismatch
- Minimal infrastructure for anesthesiologists to do their job
- Blame game & Medico-legal litigation

India spends 2.1% GDP (2023) on health care (China 5.59)




Medical Training in India National Medical Commission (NMC)

Responsible for:

- Policy formulation to maintain standards in medical education & codes of professional ethics
- Regulation of medical institutions, researchers & professionals
- Regulation autonomous medical boards & state medical councils
- Assessment of human resources & healthcare infrastructure



Pediatric Anesthesia Training in India

ASPA 2023

- Basic anesthesia training includes pediatric anesthesiology
 - Varies widely between institutions
- Need for specialized workforce to provide safer anesthesia delivery to children
 - 25 one-year pediatric fellowship programmes (<50 trained/year)
 - IAPA pediatric fellowships in 10 accredited institutions
 - On line masterclass lectures, centralized examination
 - 3-year DM course in 2 premier institutions

Pediatric Anesthesia Training in India

ASPA 2023

Indian Association of Paediatric Anaesthesiologists (IAPA)

- Guidelines & advisories suitable for local conditions to improve pediatric perioperative care
- COVID-19 advisory prior to the pandemic
- IAPA state chapters have conducted webinars on a regular basis since the onset of the pandemic
- Regular continuing medical education programs
- Small-group workshops on airway management, cardiopulmonary resuscitation (CPR), safe conduct of regional blocks, mechanical ventilation, and research methodology.

ASPA "Paediatric Perioperative Life Support (PPLS)"

ASPA 2023

- Pediatric Crisis management workshops
- "Train the Trainer" courses since 2019
- ePPLS courses for the virtual format

WFSA and IAPA
 Since 2018, a pediatric anesthesia course "Safer Anaesthesia From Education" (SAFE)

"Smile Train" and "Operation Smile India"

ASPA 2023

- Sponsor free cleft lip and palate surgeries
- 140 partner hospitals
- Safety and quality protocols stringently adhered to
- All sentinel events reported / analyzed and recommendations made in an effort to improve clinical outcomes

Reality Check

ASPA 2023

Little or no data available from India with regard to anesthesia-related complications

Risk of dying during anesthesia is 100–1000 X higher in some low-income countries compared with high-income countries

Anderson et al. PLoS One. 2018;13:e0194822

Authors	Year published	Denominator / period	No of Critical incidents	Cardiac arrest	Deaths	Causes
Dias R, Dave N et al	2016 Prospective	1206/ 1 year	108 (8.9%) Moderate/ Severe harm 64/10	4	1	Respiratory 60/108 Majority in recovery
Bharti N et al	2006 Prospective	12158 / 5 year (2003–2008)		27	11	< 1 yr age ASAPS III or > Resp events 56% Cardiac events 33%
Gupta et al	2009 prospective	14134 (adults + children)/ 1 year	112 (>1-10 yr ages)		32	Anesthesia related 48 (10 deaths) Inexperienced anesthetist 32%
Jindal P et al	Retrospective	2917/2007-2010 Smile Train	33.7%		nil	<2 yr age Anemia, URI CHD Laryngospasm, difficult intubation

Bridging the Gaps to Improve Quality and Safety in Anesthesia

ASPA 2023

- Minimum monitoring standards (2001)
- Mandatory CME credits, required for medical council registration every 5 years
- Rising public expectations
- Strict medico legal laws (consumer courts 1990s)
- Proliferation of private / corporate tertiary hospitals created professional competition
- Initiatives by WakeUpSafe and ASPA to establish data base for critical incidents

Government of India Initiatives to Improve Quality & Safety

ASPA 2023

Individual state governments are responsible for health-related issues & required to implement, sustain central government initiatives

Some states are more effective in implementing improving healthcare services than others

- Quality Council of India: (2006) set up standards for improvement, guidelines for healthcare organizations
- National Accreditation Board for Hospitals and Healthcare Providers (NABH)

ASPA 2023 **NABH**

Monitor anesthesia services by quality indicators

Anesthesiologist to

- Pre-anesthesia check-up, informed consent,
- Document anesthesia plan, anesthetic, medications, monitoring, post op details, discharge criterion prior to transfer
- Document adverse anesthesia events, root cause analysis, preventive and corrective actions to avert similar incidents is mandatory

- Required revamping of hospital systems
- Improved standards of care
- Raised the bar across the country
- Health insurance companies list NABH accredited hospitals for reimbursement

ASPA 2023 **Government Initiatives**

National Quality Assurance Standards (NQAS, 2013)

- Measure the "process component" (structure, process, outcome) of existing National Health Programs
- Designed for local conditions & requirements to incorporate best practices where practically applicable
- Patient safety protocol programs for HCW for injection safety, prevention of re-use of syringes, biomedical waste management process required for safe anesthesia practices

National Health System Resource Centre - designated nodal agency at the national and state level to ensure implementation and sustenance of these standards

ASPA 2023 **Government Initiatives**

Public Health facilities certified by NQAS as off June 2022

Nationally: 1639
State level: 2922

Pharmacovigilance Program in 2010 to improve the situation of adverse drug reactions and safe administration of medications

> 250 adverse drug reaction monitoring centers have been established so far

ASPA 2023 **Materiovigilance Program 2015**

Helped generate data on issues related to safety of medical devices

Number of reported adverse events: 2015 - 40 events
2019 - 897 events

MvPI appears to be robust on paper; yet the annual performance report of MvPI and monitoring centers regarding collection and submission of data is not published

ASPA 2023 **Conclusion**

- Need to develop a structured and systematic approach to quality improvement
- Develop a culture that supports its implementation
- Importance of getting started and sustaining the effort of performing audits is a work in progress
- With a population of 1.3 billion, is this a Utopian dream?

ASPA 2023 **Conclusion**

The COVID-19 pandemic helped highlight shortcomings of the health system across the globe
India was no exception

Government & private healthcare systems are initiating concerted efforts to make a difference

Awareness and recognition for uniform safety measures across India with regard to training, education, implementation of quality care is gaining impetus

Individuals, professional medical societies, national institutions can help make a difference



ASA

INDIAN ASSOCIATION OF PEDIATRIC ANESTHESIOLOGISTS **IAPA** Founded in 2008

Society for Pediatric Anesthesia

WFSAIAPA

Paediatric Anaesthesia

ASPA / IAPA PPLS, TTT, ePPLS, eTTT (first to introduce)

Patient Safety WFSAIAPA

WFSAIAPA Safe Anesthesia From Education (SAFE) workshops

Pedi crisis App® SafeTots WakeUpSafe IAPA/SPA WakeUpSafe

New Considerations for Optimizing Pediatric Ambulatory Anesthesia

Keira P. Mason

Boston Children's Hospital, Harvard Medical School, USA



What constitutes the "best" anesthetic

- Safety
- Efficiency
- Data driven anesthesia approaches and care
- Cost
- Patient/parent satisfaction
- Proceduralist/surgeon satisfaction

Definition of Ambulatory Center + Statistics

- Surgical services not requiring hospitalization and for which duration of services < 24 hours following admission
- In 2009: 3.3 million ambulatory procedures <15 years

Most Common Pediatric Ambulatory Procedures

- Myringotomy and tubes- 50%
- Adenotonsil- 25%
- Fractures/ortho- 10%
- Circumcision
- Diagnostic procedures- endoscopies



Pre-Operative Assessment



Lancet 2017

Incidence of severe critical events in paediatric anaesthesia (APRICOT): a prospective multicentre observational study in 261 hospitals in Europe

Wolff Haibe, Nicola D'Saia, Katalin Viny, Karin Becke, Tom G. Horsey, Martin Jaki, Brigitta Zivi, Neil S. Martin, Petrus M. Vermeulen, Marzema Zielinska, Kirsztina Bodu, Francis Vockens, for the APRICOT Group of the European Society of Anaesthesiology Clinical Trial Network*

- RISK FACTORS**
 - Respiratory disease- acute and chronic
 - ASA ≥ 3
 - Premature
 - Snoring
 - Asthma, wheezing in past 12 months
 - Passive smoking
 - Lack of "team familiarity"



Anesthesia & Analgesia, 2018

ANESTHESIA & ANALGESIA August 2018 • Volume 127 • Number 2


Pediatric Perioperative Cardiac Arrest, Death in the Off Hours: A Report From Wake Up Safe, The Pediatric Quality Improvement Initiative

Robert E. Christensen, MD,* Angela C. Lee, MD,† Marie S. Gowen, MPH,‡ Malikarjuna R. Rettiganti, PhD,‡ Jayant K. Deshpande, MD, MPH,§ and Jeffrey



- Increased incidence cardiac arrest with**
 - < 6 months age
 - ASA 4/5 (vs 1/2),
 - Emergencies
 - Congenital Heart Disease, Pulmonary

Risk Factors for Transfer from Pediatric Ambulatory Surgery Setting



Univariate Analysis	Multivariate Analysis
<ul style="list-style-type: none"> Age <2 y Prescription medication use GERD OSA Other comorbidities 	<ul style="list-style-type: none"> Age <2 y ASA class III or IV Surgery >1 h Procedure complete after 1500 h OSA Orthopedics, dental, ENT surgery Intraoperative event

Abbreviation: GERD, gastroesophageal reflux disease.
Data from Whippy A, Kostandoff G, Ma HK, et al. Predictors of unanticipated admission following ambulatory surgery in the pediatric population: a retrospective case-control study. Paediatr Anaesth 2016;26(8):831-7.

CHILDHOOD OBESITY

World Health Organization Definition




- In 2020, 39 million children < 5 yrs overweight/obese



Obesity- No Adopted Standard for Ambulatory (Day Surgery)


- United States
 - Boston Children's - 35 BMI
- United States
 - Cincinnati Children's- 50 BMI
- Hong Kong, China
 - No Day Surgery
- United Kingdom
 - Careful assessment for > 94%
- Italy
 - No cut-off



Tonsils and Adenoids


STBUR Scoring System Predicts Adverse Events

- Does child snore more than half the time
- Can snoring be heard through a closed door
- Are there pauses in breathing at night
- Are there gasps in breathing at night
- Is there difficulty waking up in the morning or his child falling asleep at school



5/5 10X greater risk of resp complications
3/5 3X greater risk

Tonsils and Adenoids



JAMA 2022

Original Investigation
June 24, 2022

Association of Patient Characteristics With Postoperative Mortality in Children Undergoing Tonsillectomy in 5 US States

- Retrospective cohort study, 2005 to 2017
- N=504,262 (< 21 years, median 7 yrs), > 90 day f-up
- 28.9% with SDB
- No Increased Risk: age < 3 years, SDB
- complex chronic conditions -higher mortality (adjusted RR 29.39)

SLEEP DISORDERED BREATHING

- SDB can range from frequent loud snoring to Obstructive Sleep Apnea (OSA)
- OSA involves repeated episodes of partial or complete blockage of the airway during sleep
- ~10 percent of children snore regularly
- ~ 2-4 % of the pediatric population has OSA.

JAMA 2022

Original Investigation
June 21, 2022

Association of Patient Characteristics With Postoperative Mortality in Children Undergoing Tonsillectomy in 5 US States

Children with complex chronic conditions accounted for 2.8% of tonsillectomies but 44% of postoperative deaths

Most deaths associated with complex chronic conditions occurred in children with neurologic/neuromuscular or congenital/genetic disorders.

No Food No Drink

NPO

After Midnight

Anesthesia Analgesia, 2021

Pro-Con Debate: 1- vs 2-Hour Fast for Clear Liquids Before Anesthesia in Children

Nicola Disma, MD,* Peter Frykholm, MD,† Scott D. Cook-Sather, MD, FCPP,‡ and Jerrold Lerman, MD, FRCPC, FANZCA§

European Journal of Anaesthesiology, 2022

Pre-operative fasting in children

A guideline from the European Society of Anaesthesiology and Intensive Care

Peter Frykholm, Nicola Disma, Hanna Andersson, Christiane Beck, Lionel Bouvet, Eloise Cercueil, Elizabeth Elliott, Jan Hofmann, Rebecca Issemann, Anna Klaucaue, Fabian Kuhn, Mathilde de Queiroz Siqueira, David Rosen, Diana Rudolph, Alexander R. Schmidt, Achim Schmitz, Daniel Stocki, Robert Sumpelmann, Paul A. Stricker, Mark Thomas, Francis Veyckemans and Arash Afshari

Anesthesiology March 2017

Practice Guidelines for Preoperative Fasting and the Use of Pharmacologic Agents to Reduce the Risk of Pulmonary Aspiration: Application to Healthy Patients Undergoing Elective Procedures: An Updated Report by the American Society of Anesthesiologists Task Force on Preoperative Fasting and the Use of Pharmacologic Agents to Reduce the Risk of Pulmonary Aspiration

Ingested Material	Minimum Fasting Period†
• Clear liquids‡	2h
• Breast milk	4h
• Infant formula	6h
• Nonhuman milk§	6h
• Light meal*	6h
• Fried foods, fatty foods, or meat	Additional fasting time (e.g., 8 or more hours) may be needed

Anesthesiology February 2023

2023 American Society of Anesthesiologists Practice Guidelines for Preoperative Fasting: Carbohydrate-containing Clear Liquids with or without Protein, Chewing Gum, and Pediatric Fasting Duration—A Modular Update of the 2017 American Society of Anesthesiologists Practice Guidelines for Preoperative Fasting

- 2 hr clear
- carbohydrate-containing clear liquids ± protein
- Chewing gum (adults)

Pre-emptive Strategies

- Nausea - vomit
- Analgesia
- Emergence delirium



pre-emptive vs reactive models of care

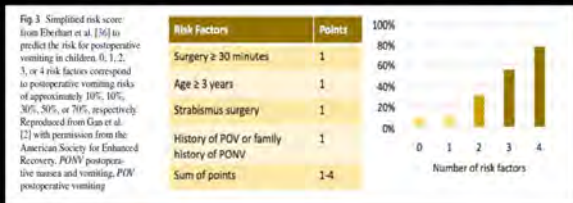
The Development and Validation of a Risk Score to Predict the Probability of Postoperative Vomiting in Pediatric Patients

L. H. J. Eberhart, MD, G. Geldner, MD, P. Kranke, MD, A. M. Morin, A. Schäuffelen, MD, H. Treiber, MD, and H. Wulf, MD*



Anesthesia Analgesia, 2004

9, 10, 30, 50, 70 % incidence POV (0-4 risk factors)



Independent Risk Factors
PONV and Motion Sickness

Pediatric POV/PONV Management Rx

1 RISK FACTORS

- Age < 3 years
- History of POV/PONV
- Family history of POV/PONV
- Prior postoperative vomiting

2 RISK STRATIFICATION

Consider medication-induced emergency consult

- No Risk Factors
- 1-2 Risk Factors
- ≥ 3 Risk Factors

3 PROPHYLAXIS

- **LOW RISK:** None or 5HT₃ antagonist or dexamethasone
- **MEDIUM RISK:** 5HT₃ antagonist + dexamethasone
- **HIGH RISK:** 5HT₃ antagonist + dexamethasone + ondansetron

4 RESCUE TREATMENT

Use antiemetic from different class than prophylaxis. Consider ondansetron, dexamethasone, metoclopramide. May also consider acupunctural/acupressure.

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Kovac AL. Postoperative Nausea and Vomiting in Pediatric Patients. *Pediatric Drugs*. 2021;23(1):11-37. doi:10.1007/s40272-020-00424-0

Pre-Emptive Analgesia



Anesthesia Analgesia, 2021

In Pursuit of an Opioid-Free Pediatric Ambulatory Surgery Center: A Quality Improvement Initiative

Amber M. Franz, MD, MEng, Lynn D. Martin, MD, MBA, David E. Liston, MD, MPH, Gregory J. Latham, MD, Michael J. Richards, BM, and Daniel K. Low, BM, BS

- 18 month initiative
- Intraop opiate from 84 to 8%
- Postop morphine 11 to 6%
- DEX, NSAID, Regional Anesthesia

Anesthesia Analgesia, 2021

Comparison of Oral Loading Dose to Intravenous Acetaminophen in Children for Analgesia After Tonsillectomy and Adenoidectomy: A Randomized Clinical Trial

Cathy R. Lammers, MD,* Amy Debbie A. Aizerberg, MD,§ Jan and Richard L. Applegate II, MD



§† Robert Scott Kriss, D.O.* MD,§ Vinay Nitbur, BS,§

- Age 3-15 years
- 30 mg/kg oral or 15 mg/kg IV Acetaminophen
- No difference in 24 hour opioid requirement
- Higher plasma levels post-op with PO

Pre-Emptive Avoidance of Emergence Delirium



Keira P. Mason: New Considerations For Optimizing Pediatric Ambulatory Anesthesia

Medicine 2021

Development and validation of a postoperative delirium prediction model for pediatric patients
A prospective, observational, single-center study

Nan Lin, MM¹, Keen Liu, BS¹, Jingyi Feng, BS¹, Ruan Chen, BS¹, Yan Ying, BS¹, Yue Zhou, BS¹, Hongchen Xu, BS¹

- N=1134, 0-16 years age
- ORL Surgery (OR 17)
- 0-2 years (OR 10)
- Severe pain (OR 42)
- Developmental Delay (OR 4)

- Age 2-5 years
- 0.5 mg PO Versed
- Toy Car
- Equal Anxiolysis

BJA British Journal of Anaesthesia

PAEDIATRICS | VOLUME 121, ISSUE 2, P438-444, AUGUST 2018

The effectiveness of transport in a toy car for reducing preoperative anxiety in preschool children: a randomised controlled prospective trial

BJA2018

EJA 2020

DEX IN- 2 mcg/kg
Midazolam- 0.5 mg/kg

PREVENTION is key

EJA 2021

MELATONIN PO- 0.3 mg/kg
Midazolam 0.3 mg/kg

Peds Anes 2018
DEX IV- 1 mcg/kg

ORIGINAL ARTICLE: Intranasal dexmedetomidine versus oral midazolam premedication to prevent emergence delirium in children undergoing strabismus surgery. A randomized controlled trial.

ORIGINAL ARTICLE: As part of multimodal analgesia oral melatonin but not midazolam decreases emergence delirium in children: A randomized, double-blind, placebo-controlled study.

RESEARCH REPORT: Dexmedetomidine for the reduction of emergence delirium in children undergoing tonsillectomy with propofol anesthesia: A double-blind, randomized study.

Treatment

Pediatric Anesthesia

Single bolus dexmedetomidine versus propofol for treatment of pediatric emergence delirium following general anesthesia

DEX IV 0.5 mcg/kg
Propofol 1 mg/kg

A Comparison of Dexmedetomidine and Propofol on Emergence Delirium in Children Undergoing Cleft Palate Surgery With Sevoflurane-Based Anesthesia

DEX IV 0.5 mcg/kg/hr
Propofol 2 mg/kg/hr

Journal of Craniofacial Surgery, 2022

Challenging Ambulatory Cases

WE ALL FEEL AFRAID FROM TIME TO TIME. IT IS OFTEN HOW WE DEAL WITH THIS FEAR THAT CAN DEFINE HOW WE LIVE OUR LIVES.

Upper and Lower GI Endoscopies
Considerations for required ETT

- Achalasia
- Uncontrolled ger/vomit
- Neurogenic stomach
- Short bowel
- Consider TEF
- Balloon dilatation
- Camera
- Airway obstruction with deep sedation/MAC
- Age/size

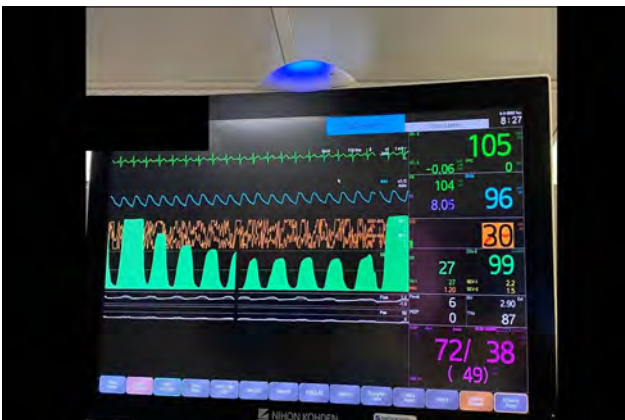
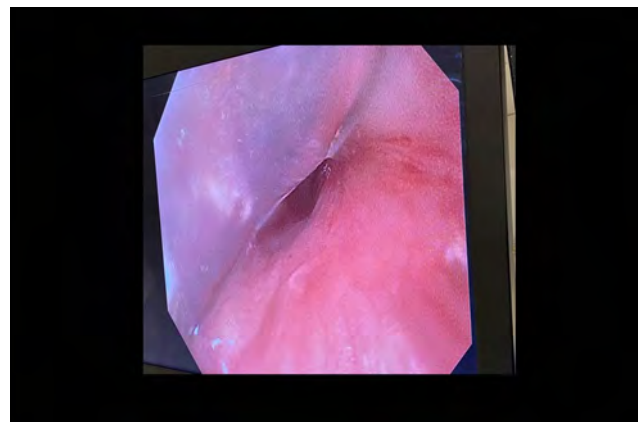
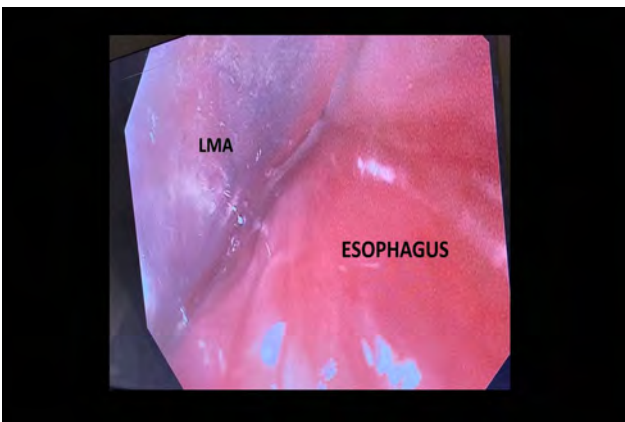
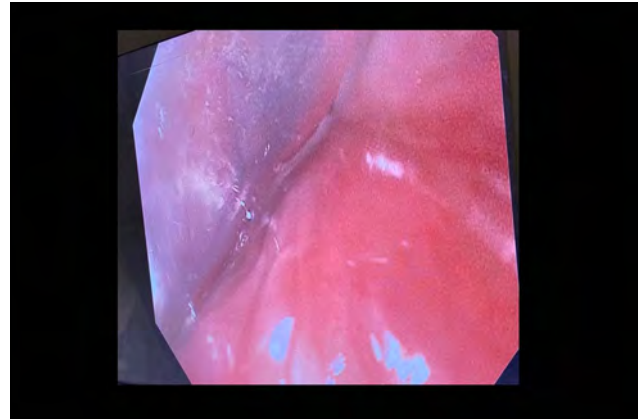
18 month old
0.5 mcg/kg DEX bolus,
150mcg/kg/min Propofol

EJA 2020

The synergistic effect of dexmedetomidine on propofol for paediatric deep sedation
A randomized trial

Keira P. Mason, Raymond Sengchanh Pua, Catherine K. Suthan, Karan Lalwani, Erin M. Nelson, Samantha T. Ammend, David Cunningham, Neelvi Praveen and Wai-Li Fui





Pediatric Anesthesia, 2016

Predictors of unanticipated admission following ambulatory surgery in the pediatric population: a retrospective case-control study

Amanda Whippey, Gregory Kostandoff, Heung K. Ma, Ji Cheng, Lehana Thabane & James Paul

- 2005–2013
- 0.97% unanticipated admission
- 47% anesthesia related
- Age <2 years (odds ratio 4.26)
- ASA 3 class (OR 3.77)
- duration of surgery >1 h (OR 6.54)
- completion of surgery >3 pm (OR 2.17)

Pediatric Anesthesia, 2016

Predictors of unanticipated admission following ambulatory surgery in the pediatric population: a retrospective case-control study

Amanda Whippey, Gregory Kostandoff, Heung K. Ma, Ji Cheng, Lehana Thabane & James Paul

- orthopedic (OR 2.52)
- dental (OR 0.21)
- ENT (OR 6.47) surgery
- intraoperative events (OR 4.45)
- OSA (OR 6.32)

Keira P. Mason: New Considerations For Optimizing Pediatric Ambulatory Anesthesia

*"We keep moving forward,
opening new doors,
and doing new things,
because we're curious,
and curiosity keeps
leading us down new paths."
— Walt Disney*

- Research in PONV, Emerg Del, Cognitive Outcome
- Expand role of non-pharmacologic techniques
- POCUS-Regional
- New Anesthetics/ Sedatives
- International multicenter outcome trials
- New Delivery Techniques
- Standardization of approaches and techniques- particularly w high risk patients and procedure



Luncheon Symposium

Chair(s): Ah Young Oh (Korea)

Sugammadex: Game Changer of NM Reversal

Nicola Disma

Department of Paediatric Anaesthesia, Istituto Giannina Gaslini, Italy

Outline

- Regulatory
- Pharmacology
- Dosing in children
- Efficacy
- Future perspectives

APPROVAL

- 'Su-' for 'sugar' and '-gammadex' for gamma-cyclodextrin.
- Sugammadex was first synthesized in 1999 and later approved for use by the EMA in 2008. The United States Food and Drug Administration (FDA) did not approve the drug immediately (concerns about hypersensitivity, surgical bleeding, and QTc prolongation). It was approved for adults use in December of 2015.
- It is not approved for use in children in the United States, but administered as off label medication.
- In Europe, sugammadex is approved for use in children 2 – 17 years of age for 'routine reversal' only.

PHARMACOLOGY

- Donut-shaped cyclodextrin molecule.
- Half-life of **2h** in patients with normal renal function.
- It has not hepatic metabolism.
- No binding with plasma proteins or red blood cells.
- It is excreted unchanged by the **kidneys**.



SIDE EFFECTS

- Hypersensitivity and anaphylaxis: flushing, urticaria, erythematous rash, (severe) hypotension, tachycardia, swelling of tongue, swelling of pharynx, bronchospasm and pulmonary obstructive events.
- Bradycardia
- Vomiting
- Hypotension
- Headache
- Pain
- Nausea

DOSAGE

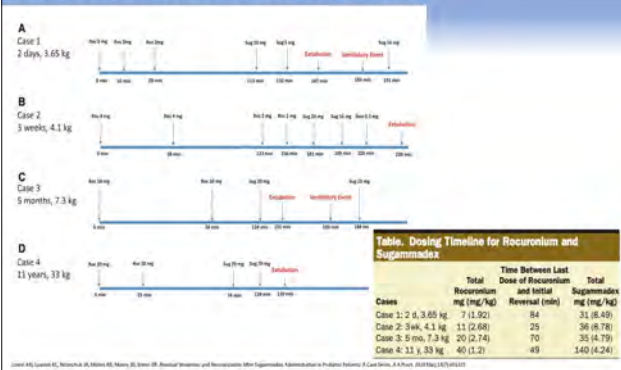
Sugammadex dosing guidelines for reversing rocuronium			
	Neuromuscular block depth	Sugammadex dose (mg/kg)	Time to recovery of T ₁ /T ₁ ratio 0.9 (minutes)
Routine reversal	2	2	2
One to two posttrophic counts		4	3
Immediate reversal	No tetany	16	1.5

Following a single intraoperative dose of rocuronium (0.6 mg/kg), sugammadex was administered within 2 minutes of reappearance of T2 of the TOF. The median time from the administration of sugammadex to return of the TOF ratio to 0.9 was 0.6 (n=1), 1.2 (n=4), 1.1 (n=6), and 1.2 (n=5) minutes, respectively, in infants (28days – 23months), children (2 – 11 years), adolescents (12 – 17 years), and adults (>17 years).

© 2011, Best Supportive and Palliative Care / Journal of Intensive Care Medicine 26(10): 533-538

- *Simonini et al.* retrospectively looked at 423 pediatric patients to compare postoperative adverse effects between patients who received **sugammadex 2 vs 4mg/kg**.
 - No difference for delirium, laryngospasm, bradycardia, or nausea within 30 min post-extubation
- *Matsui et al.* looked at 72 patients between 2 and 24 months old and randomized them to **1, 2, or 4 mg/kg doses of sugammadex**, and the time to TOF 0.9 was compared after receiving rocuronium.
 - The 2 and 4mg/kg groups had similar outcomes [70.3 (26.7)s and 68.2 (34.5)s], but the 1mg/kg groups took significantly longer 129.1 (83.5)s with three failed reversals

RESIDUAL WEAKNESS: A CASE SERIES



Reversal with sugammadex **4mg/kg** in profound residual neuromuscular blockade in neonates.

	Total Rocuronium dose (mg)	Recovery time (min)	Final TOF
1 day (n=8)			
Mean (SD)	1.6 (0.1)	1.4 (0.1)	105 (20)
Median (range)	1.7 (1.5-1.7)	1.3 (0.6-3.0)	90-152
3 day-7 days (n=15)			
Mean (SD)	1.4 (0.5)	1.2 (0.5)	103 (8.2)
Median (range)	1.6 (0.5-0.8)	1.2 (0.4-2.2)	97-112

REINTUBATION AFTER SUGAMMADEX

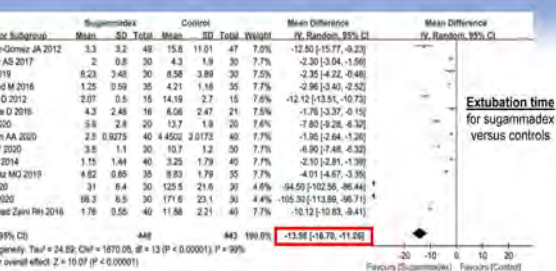
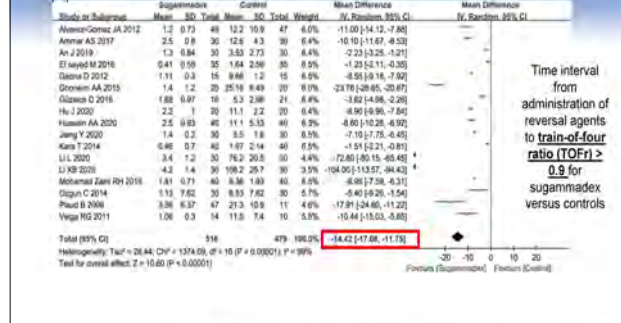
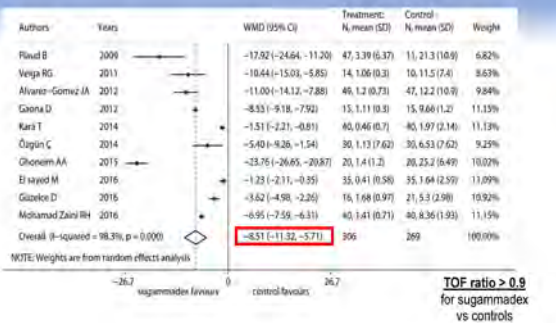
Time	Medication
< 30 mins	Succinylcholine or cisatracurium
30 min to 4 h	Rocuronium 1.2 mg/kg
> 4 h	Any typical muscle relaxant/dose

When rocuronium 1.2 mg/kg is administered within 30 minutes after reversal with sugammadex, the onset of neuromuscular blockade may be delayed up to approximately 4 minutes and the duration of neuromuscular blockade may be shortened up to approximately 15 minutes.

For re-administration of rocuronium or administration of vecuronium after reversal of rocuronium with 16 mg/kg sugammadex, waiting 24 hours is recommended.

SUGAMMADEX vs NEOSTIGMINE

- Sugammadex provides a faster and more complete reversal with a lower risk of residual curarization.
- Sugammadex also has a lower rate of postoperative respiratory complications.
- Gaver et al. performed a retrospective analysis of 968 patients from birth to 18 years old who received sugammadex and matched neostigmine controls. The cohort included 18 neonates and 137 1-year-olds. The number of minutes between administration of reversal agent to time out of the operating room was significantly shorter in the sugammadex group (mean difference 2.8; 95% CI, 1.85-3.77; P < 0.001).



Adverse effects	Number of studies (Reference no.)	Patients in Sugammadex group (Incidence, %)	Patients in Control group (Incidence, %)	P [†] (Risk)	Risk ratio with 95% CI	P value
POW	13 (2,25,28,29,32-40)	33/43 (1.69%)	64/293 (1.50%)	0.21	0.80 (0.20, 0.46)	< 0.00001*
Bradycardia	4 (25,26,33,40)	0/124 (0%)	15/122 (12.30%)	0	0.09 (0.02, 0.46)	0.004*
Pain	2 (23,39)	8/67 (11.94%)	5/31 (16.13%)	0	1.21 (0.46, 3.17)	0.70
Bronchospasm/Laryngospasm	5 (25,28,34)	1/114 (0.88%)	4/112 (3.57%)	0	0.45 (0.10, 1.96)	0.29
Dry mouth	2 (33,35)	3/60 (5%)	25/60 (41.67%)	0	0.14 (0.05, 0.38)	0.0001*
Apnea	2 (24,40)	0/65 (0%)	2/65 (3.08%)	0	0.33 (0.04, 3.12)	0.34
Oxygen desaturation	3 (34,35,38)	3/95 (3.16%)	8/95 (8.42%)	0	0.41 (0.12, 1.37)	0.15

*Significant difference between groups (P < 0.05)
POW postoperative nausea and vomiting, CI confidence intervals

SUGAMMADEX vs SUCCINYLCHOLINE

- In a difficult ventilation scenario, patients can recover neuromuscular function more quickly with sugammadex reversal than the spontaneous metabolism of succinylcholine. In one study, patients regained T1 90% in 6.2 min with sugammadex versus 10.9 min with succinylcholine.
- Sugammadex does not have the side effects of increased serum potassium, fasciculations, increases in intraocular or intracranial pressure, and there is no risk of malignant hyperthermia

SPECIAL CONSIDERATIONS

- Cardiac surgery
- Neuro-myopathic conditions (muscular dystrophies, myotonic dystrophies, spinal muscular atrophy and myasthenia gravis)
- Renal failure (up to 24h) —→ dialysis ?
- CICV (*can not intubate can not ventilate*)
- Toremifene (antiestrogen agent) and hormonal contraception

CONCLUSIONS

- Sugammadex is a novel agent able to reverse deep neuromuscular blockade.
- Data regarding safety and efficacy in pediatrics is limited.
- Current literature suggests that sugammadex is well tolerated and effective in patients older than 2 years.
- Sugammadex can be used in neonates, but with caution (*4mg/kg*)
- Hypersensitivity, anaphylaxis and bradycardia are described, but rare.

Abstract

Aims: The aim of this study was to investigate the effectiveness, safety and pharmacokinetics of adangammadex in surgical patients.

Methods: Forty-eight patients aged 16-64 years old were randomized to receive adangammadex (2, 4, 6, and 8 mg.kg⁻¹) or placebo at a ratio of 10:2 for reversal of 0.6 mg.kg⁻¹ rocuronium-induced neuromuscular block. Neuromuscular function was monitored by TOF-Watch® SX. When the T₂ of train-of-four (TOF) reappeared at the end of surgery, patients received an intravenous administration of adangammadex or placebo.

Results: The recovery time of the TOF ratio to 0.9 decreased significantly from 39.3 (29.5, 50.2) minutes in the group that received placebo to 3.0 (2.3, 3.9) minutes, P < .0001; 2.1 (1.5, 3.0) minutes, P < .0001; 2.1 (1.8, 3.3) minutes, P < .0001; and 1.8 (1.5, 2.2) minutes, P < .0001 in the 2, 4, 6 and 8 mg.kg⁻¹ adangammadex groups, respectively. Then, adangammadex also showed a **shortened recovery time for the TOF ratio recovered to 0.8 and 0.7**. Adangammadex was well tolerated, and no cases of anaphylactic reactions, post-operative bleeding, recurarization, abnormal basic vital signs and prolonged QT intervals were observed. The pharmacokinetics of adangammadex in plasma increased in dose-dependent manner. The 24-hour cumulative fraction of adangammadex in urine was 65-83%, and that of rocuronium was increased after using adangammadex from 15% to about 25-30%.

Conclusion: Adangammadex was found to be effective for reversal of rocuronium-induced neuromuscular block, and it was safe and well tolerated in patients.



Session 3.

From Design to Publication: Special Tips for Young and New Asian Researchers

Chair(s): Soichiro Obara (Japan)
Hyun Kang (Korea)

Where and How I Get My Research Ideas

Fauzia Anis Khan

Department of Anaesthesiology, Aga Khan University, Pakistan

GREETINGS FROM PAKISTAN



DISCLOSURE STATEMENT

I have no relevant financial or non financial relationship to disclose in relation to this presentation

ROAD MAP

- What is research and why do research in anesthesia
- My research journey
- Tips on how to get a research idea and how to proceed further



WHAT IS RESEARCH

Research is to see what everybody else has seen and to think what nobody else has thought

Albert Szent-Gyorgyi

Nobel prize winner for medicine 1893-1986



IS RESEARCH NEEDED IN ANESTHESIA?

- Vital to the image of the specialty
- Essential for further development as a major medical discipline

Ultimately aim is to improve patient care

A QUOTE

A discipline not continuously engaged in an active and imaginative program of research is dead and will not advance, and will probably deteriorate in general standards and efficiency.

It is easy to argue that the main function of our teaching institutions is the training of anesthesiologists, and research is therefore not a strictly necessary activity. However teaching and training when not continually enriched by the leaven of research become flat and unimaginative, and eventually fixed in outmoded concepts "

*Kitz and Biebuyck
Anesthesiology 1974 ;40 :211*

IS RESEARCH NEEDED IN RESOURCE POOR SETTINGS ?

- Academic future of teaching institutions
- We rely on data from the west for setting our priorities
- There are more chances of research done at local level for being translated into national policies

ANAESTHESIA RESEARCH IN LMIC

Gets diluted in bigger issues like

- Urbanization
- Poverty
- Water scarcity
- Food safety
- Infectious diseases



EXISTING BARRIERS TO RESEARCH IN LMIC

- Lack of basic research skills
- Time constraints
- Lack of mentors/role models
- Lack of financial /other institutional support
- Lack of infrastructure
- Lack of appreciation
- Limited access to health informatics
- Individualism and ability to work in groups
- Lack of collaboration between scientists as well as institutions in LMIC



Lack of Monetary Resources

- In industrialized nations 30-50% of research is funded by private industry but non-existent in LMIC
- UNESCO recommends that 2% of GDP should be dedicated to research and development
- In developing countries students and researchers in most scientific institutes carry out their research with very little or no funding, no budget for publication of scientific researchers

UNESCO Information manual

Ahmed YF. Problems of scientific publishing in developing countries, J Veterinar Sci Technol.2012

Problems of doing research in developing countries

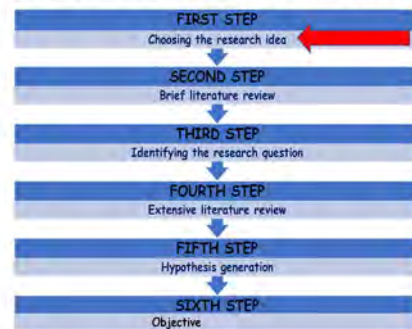
Developed countries

Research is supported from government and various scientific organizations which provide huge budgets for research and publications

Developing countries

Students and researchers in most scientific institutes carry out their research with very little or no funding, no budget for publication of scientific researchers

INITIAL STEPS IN CONDUCTING RESEARCH



MY STORY



MY RESEARCH JOURNEY

- MB BS Pakistan, training & Fellowship (FRCA) UK 1983
- No research training during MB BS, basic statistics during FRCA training
- My initial papers as an author were a **survey** that I conducted when I was an intern at a university hospital in Saudi Arabia & a **case report** from my last training year in UK

Khan FA. Endotracheal intubation with a Carlens tube via a tracheostomy. Journal of Anaesthesiology, Lahore. 1986;111:48-52.

Khan FA, Kamal RS and Khurshid M. The value of preoperative haemoglobin. Pakistan Journal of Surgery, 1987;Vol. 1 & 2:17.

MY RESEARCH JOURNEY 1986-2023

- Peer reviewed publications exceed 200
- Includes publications (RCTs, systematic reviews & meta-analysis, surveys, case reports etc) in Anaesthesia (UK), Anesthesia & Analgesia (USA), European Journal of Anaesthesia, Scandinavian J Anaesthesia, Canadian J Anaesthesia, Pediatric Anesthesia, Turkish J Anaesthesia, Middle East J Anaesthesia and in regional and local journals

I will share some of my experience on where to get research ideas

- Case reports
- Review of existing practice
- Investigate geographical variations
- Challenge conflicting ideas/ Look for conflicting views
- Let your Imagination run
- Look at the current trends

Start with Case Reports

- Khan FA. Endotracheal intubation with a Carlens tube via a tracheostomy. *Journal of Anaesthesiology*, Lahore. 1986;111:48-52



Common and rare cases as long as there is something new to learn from these and clinical information is presented in a manner that optimises learning. It is essential that the clinical evidence is presented in full and supports the conclusions and learning points made. Information should be presented in a manner that maximises learning
BMJ

Review of existing practice



Practicing in Pakistan (LMIC)

- Khan FA and Kamal RS. **Effect of buprenorphine on the cardiovascular response to tracheal intubation.** *Anaesthesia (U.K)*, 1989;44:394-7.
- Khan FA and Kamal RS. **A comparison of buprenorphine and pethidine in analgesic supplemented anaesthesia with reference to anaesthesia in developing countries.** *Singapore Medical Journal*, 1990;31; No.4:345-9.
- Kamal RS, Khan FA and Khan FH. **Total intravenous anaesthesia with propofol and buprenorphine.** *Anaesthesia(U.K)*, 1990;Vol. 45;No.10: 865-70
- Khan FA, Zaidi A, Kamal RS. 1997. **Comparison of nalbuphine and buprenorphine in total intravenous anaesthesia.** *Anaesthesia (UK)*. 52:1090-1113.

Investigate Geographical Variations

- Khan FA, Saqib N, Chohan U, Bhatti TJ and Kamal RS. **Minimum induction dose of thiopentone in Pakistani patients.** *J Pak Med Assoc* 1991;41 No.4:83-85.
- Ahmed N, and Khan FA. Evaluation of **oral midazolam** as a premedication in day care Pakistani patients. *J Pak Med Assoc* 1995; 45: 233-257.

Challenge conflicting ideas/Look for conflicting views

- Khan FA, Aziz ul Haq. **Effect of Cricoid pressure on the incidence of nausea and vomiting in the immediate postoperative period** *Anaesthesia (UK)* 2000; 55: 163-83
- Khan FA, Memon GA. Comparison of spontaneous with controlled mode of ventilation in **tonsillectomy.** *Paediatric Anaesthesia (UK)* 2001; 1:185-190
- Khan FA, Memon GA, Kamal RS. **Effect of route of buprenorphine on recovery and postoperative analgesic requirement in paediatric patients.** *Paediatric Anaesthesia (UK)* 2002; 12: 786-790

Cinderella Topics



Let your imagination run wild



Look at the current trends

Some Current Trends in Pediatric Anesthesia

- Outcome and safety studies
- POCUS & Regional techniques
- Hemoglobin thresholds
- Pre- oxygenation & apneic oxygenation
- ERAS
- Anesthesia & neurodevelopment
- PALS
- Pain management

Pediatric Studies Published

- [Abbasi S, Khan FA](#) and Khan S. **Pediatric critical incidents** reported over 15 years at a tertiary care teaching hospital of a developing country. *J Anaesthesiol Clin Pharmacol.* 2018 Jan-Mar; 34(1): 78-83.
- Hussain A, [Khan FA](#) Effect of 2 techniques of **parental interaction** on childrens anxiety at induction of general anaesthesia. A randomized controlled trial. *Turkish Jourenal of Anaesthesiology & Reanimation* 2018.
- Aman, A, Salim B, Munshi, K, Raza, S.A, [Khan FA](#) Effect on **neonatal outcome** of pharmacological interventions for attenuation of the maternal haemodynamic response to tracheal intubation: a systematic review. *Anaesthesia & Intensive Care* . 2018, Vol. 46 :258-271
- Butt MN, Salim B, [Khan FA](#) Pharmacological agents for prevention of haemodynamic response and arrhythmia related to **tracheal intubation in paediatric patients (A systematic review)**. A systematic review. *Anaesthesia and Intensive Care* . 2016;44(6):681-91.

Pediatric Studies Published

- Yousaf S ,Dogar S, Hamid M, Khan A, Shamim F, [Khan FA](#) Anaesthetic management of **thoraco-omphalopagus twins** with congenital heart disease for separation surgery. April 2017 (Case report). *Anesthesia and Analgesia.(USA)*
- Yousuf MS, Shamim F, Dogar SA, [Khan FA](#) Anaesthetic management of **conjoint twins for CT scan** (Case Report). *Anesthesia & Analgesia.* 2016;7(8).
- Shamim F, Ullah H, [Khan FA](#) Postoperative **pain assessment** using four behavioral scales in Pakistani children undergoing elective surgery. *Saudi J Anesth.* 2015;9(2):174-78.

Pediatric Studies Published

- [Khan FA](#), Haider S, Abbas N, et al. Challenges of Pediatric Anesthesia **Services and Training Infrastructure** in Tertiary Care Teaching Institutions in Pakistan: A Perspective from the Province of Sindh. *Anesth Analg.* 2022;134(3):653-660.
- Afzal R, Rashid S, [Khan FA](#). The Role of Preoperative **Educational Intervention** in Reducing Parental Anxiety. *Cureus.* 2022;14(7): e26548.
- Khoso, Nasir; Ghaffar, Waleed B.; Abassi, Shemila; Khan, Fauzia A. **Pediatric Anesthesia Severe Adverse Events Leading to Anesthetic Morbidity and Mortality in a Tertiary Care Center in a Low- and Middle-Income Country: A 25-Year Audit.** *Anesthesia & Analgesia.* 132(1):217-222, January 2021.

Some nice quotes

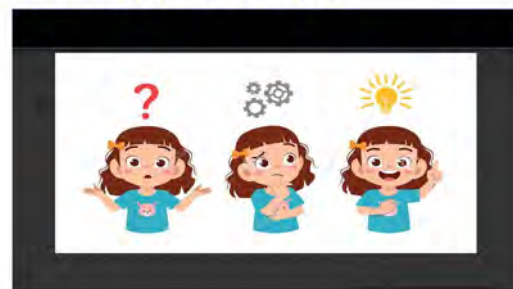
Scientists do not usually start from hypotheses that are nicely formulated "out of the blue", but instead start from previous knowledge and experience; when they are challenged by anomalies, scientists seek new explanations

Hanson NR. J Philosophy. 1958;55(25):1073

Scientists should "retire" from a field as soon as they become "experts". When you are too long in a field, you will no longer see the anomalies, and you may even obstruct newcomers with new explanations.

Sackett DL. J Chronic Dis. 1983;36(7):545-547

Cultivating your thoughts



Keeping Track of your Ideas

- Write down your thoughts (My experience)
- Review this file regularly
- From such files, new research projects are born
- Ask yourself ,what data you might need to prove a certain proposition, and how you might get those data in the easiest way possible

What worked for me

I kept a small note book and wrote down any research idea I had, any time of the day. I also wrote about my research progress from time to time. This also helps to keep in sight how things change over time



How Much To Read To Find An Idea?

- Do not start by reading too much. You will quickly drown in the ideas of others
- Read a few general reviews that identify unanswered problems.
- Return to the literature after you have defined your research question and provisionally your study design

Do Systematic Reviews have a place in the initial research ?

It is argued that before embarking on a new piece of research, one should first do a systematic review and/or meta-analysis, because this may help to define the gaps in knowledge more precisely, and guide new research – or may show that the question has been solved

Focus your thoughts



There are differences between scientists: some roam across various fields and others stick to a problem area that they explore with increasing depth – then the increasing depth and the new techniques that one needs for advancing one's thoughts will be like a “new field”

Vandenbroucke, Clinical Epidemiology 2018:10

Prune your idea

Pruning a research question means cutting away anything that is unnecessary, so that only the essence remains



Prune your idea (cont)

Refine your research question into something that is feasible

- It should be limited to a question that can be solved with the resources at hand
- Something specific
- Something that was overlooked by others
- Some new twist to a general question, so that you can make your own contribution



HOW TO JUDGE A BUDDING RESEARCH IDEA

FINER : Different aspects that one should consider to judge a budding research proposal

- F** Feasible
- I** Interesting
- N** Novel
- E** Ethical
- R** Relevant

Hulley and Cummings, In: Designing Clinical Research, an Epidemiological Approach. Baltimore, MD: Williams & Wilkins; 1988:12–17.

What comes next

The first decision

Whether you should pursue the idea at all. There might be several reasons to decide not to pursue it. One might be that arriving at a satisfactory design will be impossible, because of biases that you are unable to solve

Miettinen 1985

Theoretical Epidemiology. Principles of Occurrence. Research in Medicine. New York, NY: John Wiley and Sons; 1985:62.

All studies have imperfections, but you need to be aware which ones you can tolerate

It is not a good use of your time to chase something completely improbable or futile

Schriger DL. Suggestions for improving the reporting of clinical research: the role of narrative. Ann Emerg Med. 2005;45(4):437–443

Is there a Role of a Mentor ?

An essential strategy for a young investigator is to apprentice himself to an experienced senior scientist who has the time and interest to work with her/him regularly



"I'd like to mentor you. We can start by you getting me some coffee."

Now you can start "your research"

Your research will take a great deal of time and effort. What will you have achieved after setting up a piece of research following the lengthy and involved precepts of your paper? You will have specified a limited research question that you will solve

You will add one little shining stone to the large mosaic of science
Vandenbroucke 2018



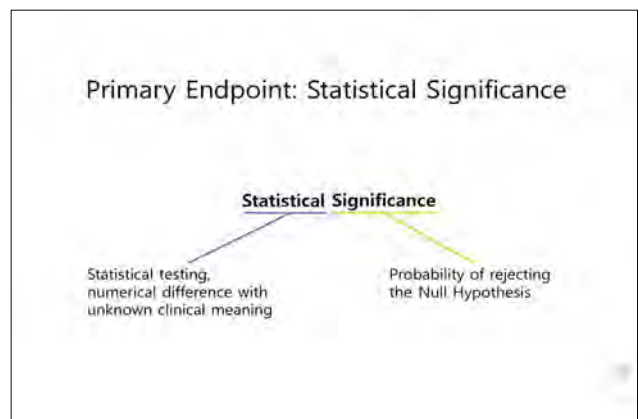
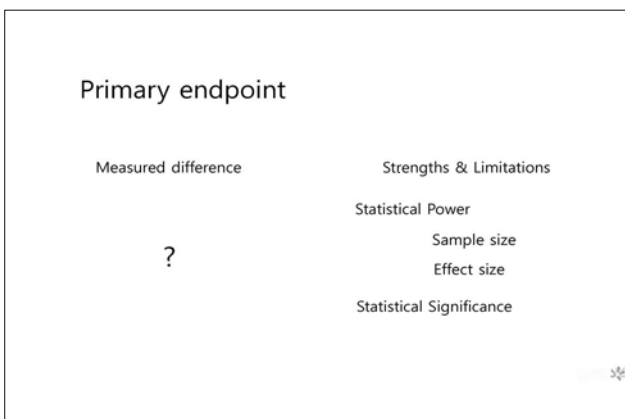
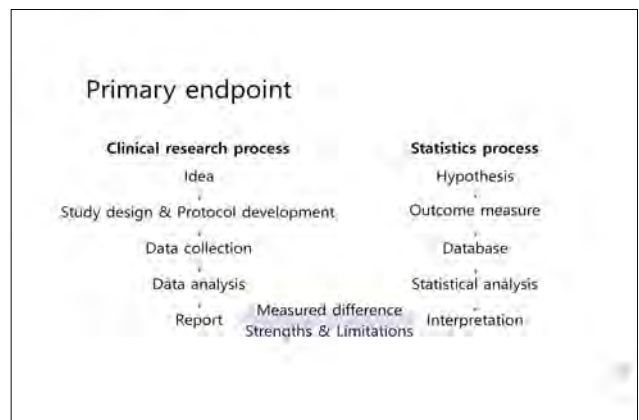
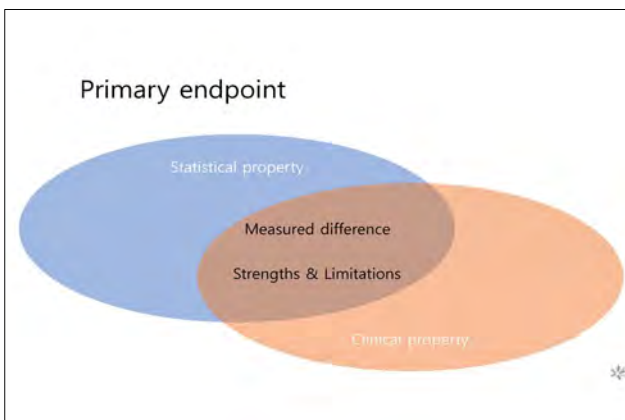
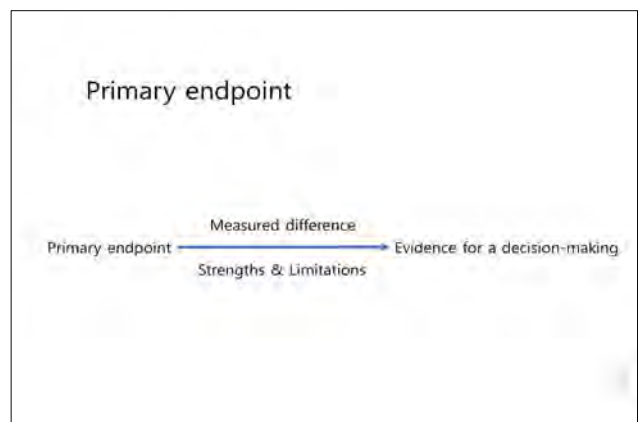
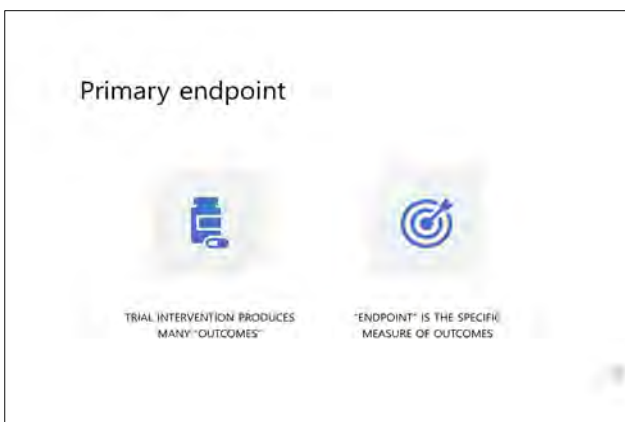
BEST OF LUCK



How to Build a Primary Endpoint: Statistical and Clinical Solutions

Dong Kyu Lee

Department of Anesthesiology and Pain Medicine, Dongguk University Ilsan Hospital, Korea



Primary Endpoint: Statistical Significance

Null Hypothesis Significance test

Before statistical analysis, set "**MINIMUM Effect Size**" of interest
 ← α & β error rate, Power (Sample size)
 Dichotomous decision only.



Primary Endpoint: Statistical Significance

Null Hypothesis Significance test

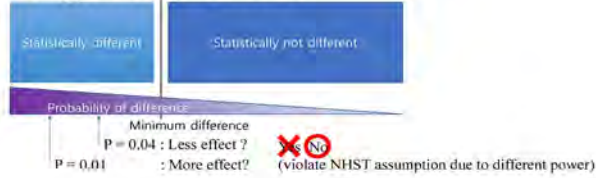
Hypothesis : A is different with B
 Null hypothesis : A is same with B

Get P value,
 If P value > Critical limit value: **No, A is same with B**
 Less different than MDS
 If P value < Critical limit value: **Yes, A is different with B**
 At least different as MDS



Primary Endpoint: Statistical Significance

Null Hypothesis Significance test



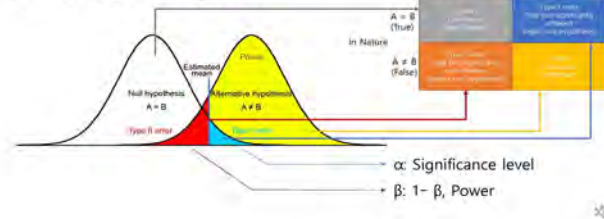
Primary Endpoint: Power

Statistical Power & Sample Size

Null hypothesis: A = B	Statistics	
	A = B (Not significant)	A ≠ B (Significant)
In Nature A = B (True)	Correct Conclusion (not dismissed)	Type I error (True but significantly different: reject null hypothesis)
In Nature A ≠ B (False)	Type II error (False but significantly accepted: null hypothesis)	Correct Conclusion (challenged)

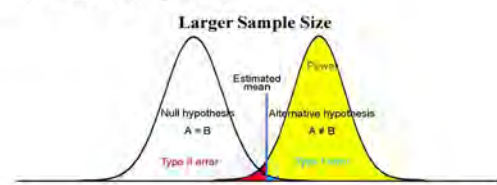
Primary Endpoint: Power

Statistical Power & Sample Size



Primary Endpoint: Power

Statistical Power & Sample Size



Primary endpoint: Effect size

Effect size : Standardized estimates of measured treatment effects

$$Cohen's d = \frac{\text{Mean difference}}{\text{Pooled standard deviation}}$$

$$Pooled SD = \sqrt{\frac{(N_A - 1)SD_A^2 + (N_B - 1)SD_B^2}{N_A + N_B - 2}}$$

- Standardized form**: Easy to interpretation
- No unit!**: Enables comparing between other studies (Meta-analysis)
- Statistical inference**: Simultaneously expresses "Statistically significance" + "How large of its effect"

Primary endpoint: Effect size

Effect size : Standardized estimates of measured treatment effects

Statistical testing methods	Effect sizes
Student's t-test	Cohen's <i>d</i>
Nonparametric rank sum test	Cliffs delta
ANOVA	f^2 (eta-squared) Hay's ω^2 Cohen's f^2
Correlation analysis	Pearson's r
Regression analysis	r^2 , R^2 Cohen's f^2
Contingency tables	Odds ratio, Relative risk
Chi-square test	Phi, Cramer's V
Ratio comparison	Cohen's h

Primary endpoint : Effect size

Effect size Interpretations

Cohen's $d = 0.5$

- M2 is 0.5 SD above M1
- 69% samples in group 1 would be below M2
- 66.6% overlap

Cohen's $d = 1.84$

- M2 is 1.84 SD above M1
- 96.7% samples in group 1 would be below M2
- About 22% data overlap

Complex!!

Primary endpoint : Effect size

Effect size Interpretations

Table 1. Illustrative Interpretations of Cohen's d

Estimated values	Proportion of control group which would be below the mean of the treatment group	Size of effect
0.2	50.0	Small effect
0.5	68.8	Medium effect
0.8	80.9	Large effect

Primary endpoint : Effect size

Effect size Interpretations

"Large effect size" means...

- More significant differences between groups (X)
- Larger differences between groups (O)

Primary endpoint

Statistical Power

Statistical Significance

Clinical property

Effect size

Strengths & Limitations

Measured difference

Clinical Importance

Primary endpoint: Clinical Importance

Clinical Importance

- MCID (Minimal Clinical Important Difference)
- CMD (Clinically Meaningful Difference)
- MIC (Minimally Important Changes)
- MCI (Minimal Clinical Important Improvement)

Statement of treatment-induced change, *a priori*

: The SMALLEST change in an outcome that an *individual patient* would identify as important and which would indicate a change in *the patient's management*. https://en.wikipedia.org/wiki/Minimal_important_difference

Primary endpoint: Clinical Importance

Clinical Importance

Sample size calculation

- Effect size
- Significance level (α error rate)
- Power ($1 - \beta$)
- 1 - vs. 2 - sided analysis

Primary endpoint: Clinical Importance

Clinical Importance

Sample size calculation

Effect size ← Determined by

- Significance level (α error rate)
- Power ($1 - \beta$)
- 1 - vs. 2 - sided analysis

- Researcher's intension (small, medium, large)
- Researcher's intension (arbitrary difference)
- Previous research (mean, SD)
- Pilot test

Primary endpoint: Clinical Importance

Clinical Importance

Sample size calculation

Effect size ← Determined by

- Researcher's intension (small, medium, large)
- Researcher's intension (arbitrary difference)
- Previous research (mean, SD)
- Pilot test

Evidence?

Primary endpoint: Clinical Importance

Clinical Importance

Researcher's intension (small, medium, large)

"We set a large effect size for pain reduction by a new medication"

Researcher's intension (arbitrary difference)

"We set a VAS <4 for pain reduction by a new medication"

Previous research (mean, SD)

"Regarding a previous study by OOO et al., 3 or more VAS reduction is considered as a significant change"

Pilot test

"According to our pilot test, 4 or more VAS reduction is considered as a significant change"

Evidence?

Primary endpoint: Clinical Importance

Clinical Importance

MCID (Minimal Clinical Important Difference)

Define the minimal relevant changes by the intervention (e.g., "better" or "much better;" distribution-based, anchor)

Statistical validation: sensitivity, specificity, accuracy

Evidence!

Primary endpoint: Clinical Importance

Clinical Importance : MCID (Minimal Clinical Important Difference)

You can also find MCID examples in the anesthesiology and Pain area.



Primary endpoint: Clinical Importance

Clinical Importance : How to determine the MCID?

Distribution-based method: From statistically measured data spread (SD, SEM, Effect size)

Anchor-based method: Compare changes in scores with an anchor which is reported by the patients (Patient-reported outcome (PRO))

Delphi method: Refer to a panel of experts, an objective and systematic approach with statistical analysis and opinion reconciliation based on anonymity.

Triangulation method: Combination of distribution-based and anchor-based methods

Primary endpoint: Clinical Importance

Clinical Importance : How to determine the MCID?

Example: Anchor-based method

1. Obtain a representative sample
2. Confirm the relationship between MCID and the anchor (high correlation coefficient between VAS and "better" response)
3. Compute sensitivity, specificity, accuracy, Youden index
4. Select MCID

James FM et al., A Standard Method for Determining the Minimal Clinically Important Difference for Rehabilitation Measures. Archives of Physical Medicine and Rehabilitation 2020;101:1090-4. <https://doi.org/10.1016/j.apmr.2019.12.006>

Primary endpoint: Clinical Importance

Clinical Importance : Limitations of MCID

Subjectivity Based on subjective assessment

Heterogeneity The different populations would produce a different interpretation

Precision Applying statistical method: sample size, measurement error or bias

Context-sensitive The same MCID value may not be applicable across different clinical situations

Summary

The primary endpoint serves as an evidence for decision-making

The primary endpoint represents a specific outcome supported by both statistical significance and clinical importance.

Statistical significance is a binary decision-making process that involves accepting or rejecting the null hypothesis, which states that there is no difference or no effect.

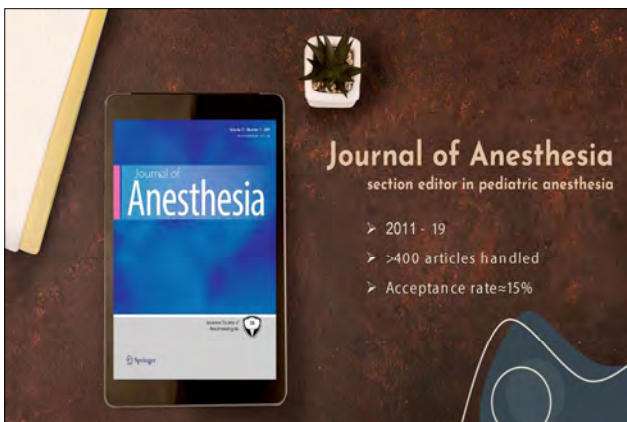
Effect size refers to a standardized estimate of the measured treatment effect, providing information about the magnitude and direction of changes observed in a study.

MCID is a robust threshold for determining clinical significance, but its limitations and context-specific nature should be considered when interpreting and applying it in clinical practice and decision-making.

How to Improve Weak Points: From Editor's Perspectives

Norifumi Kuratani

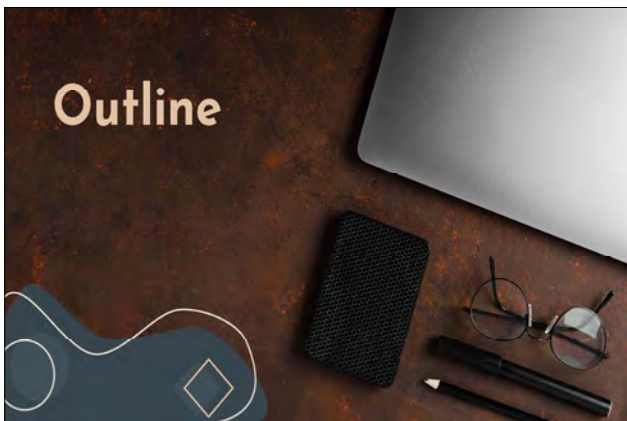
Saitama Children's Medical Center, Japan



Learning objectives

Upon completion of this presentation, the participant will be able to:

1. describe the basic structure of a scientific article in a peer reviewed journal.
2. refine the research objectives and create effective thesis statements of the article.
3. identify common pitfalls in statistical analysis.



01. Basic Anatomy of Article
02. "Structure Matters!!"
 - Introduction
 - Methods
 - Results
 - Discussion
 - Conclusion
03. Take Home messages

01. Basic Anatomy of Research Article

"Structure Matters"

ENGAGE	ENHANCE	3 "C"s
Editors & Reviewers	Readability & Comprehension	Clear, Concise, Coherent

Gross Anatomy

- A. Introduction
- B. Materials and Methods
- C. Results
- D. Discussion
- E. Conclusion



Micro-Anatomy of Research Article


Use writing style for argumentation

(Inverted) Pyramid writing style

- Begin with broad context, then narrow down to specifics
- Helps readers understand the relevance and focus of the study
- Engages readers from the start and maintains interest

"They say, I say" approach

- Acknowledge and summarize existing literature ("They Say")
- Present your unique contributions and arguments ("I Say")
- Foster critical thinking and meaningful dialogue (Analysis and argu



Paragraph structure: "They say, I say"

- 01. Topic** Topic you discuss in this paragraph.
- 02. Evidence(1)** "They say" (supportive) evidence (1)
- 03. Evidence(2)** "They say" (contradictory) evidence (2)
- 04. Analysis** "I say" Your analysis
- 05. Mini-conclusion** Conclusion of the paragraph

Paragraph structure: "They say, I say"

- 01. Topic** Cats as they suit my lifestyle
- 02. Evidence(1)** Evidence independent and easy to care for.
- 03. Evidence(2)** Evidence people prefer dogs for their loyalty and protection.
- 04. Analysis** My analysis the right pet depends on personal preferences.
- 05. Mini-conclusion** Knowing the benefits of different pets helps make the best choice for one's lifestyle."

Bad Example: "I say" only paragraph

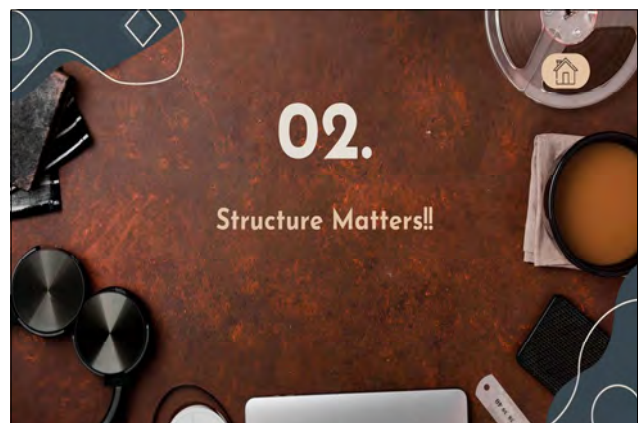
I believe that cats are the best because they suit my lifestyle.

I don't see any reason to have a dog because cats are easier to take care of.

People who prefer dogs just don't understand how much better cats are.


02.

Structure Matters!!



Gross Anatomy

- A. Introduction
- B. Materials and Methods
- C. Results
- D. Discussion
- E. Conclusion




Introduction "Sharpen your Focus"



Tell Your Story

Knowledge gap and motivation for the study



Inverted Pyramid

From Broad context to Specific topics



3 Paragraphs


And, But, Therefore

Introduction | RCT, OLZ vs Placebo for PONV

PONV is common AND high risk in laparo-gynecologic surgery

BUT, unknown mechanism, no definitive prophylaxis

Therefore, RCT to test the hypothesis, OLZ is superior to placebo



Introduction | RCT, OLZ vs Placebo for PONV

PONV is common AND high risk in laparo-gynecologic surgery

BUT, unknown mechanism, no definitive prophylaxis

Therefore, RCT to test the hypothesis, OLZ is superior to placebo

1st "Known"

2nd "Knowledge gap"

3rd (Hypo) thesis

Gross Anatomy

- A. Introduction
- B. Methods
- C. Results
- D. Discussion
- E. Conclusion



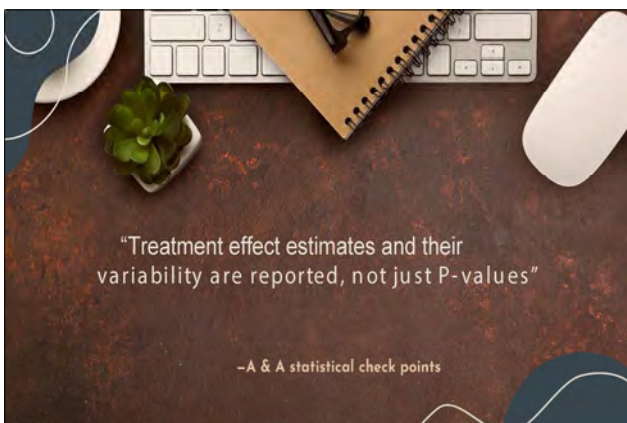
Statistical Traps and How to Avoid Them

-A & A statistical check points

- Abstract clearly and concisely states the study objectives/hypotheses and clearly describes data analysis and study findings
- Study objectives and/or hypotheses clearly stated
- Study design is appropriate for the stated aims
- Primary and secondary outcomes clearly identified and defined
- Statistical methods appropriate and clearly described
- Baseline comparisons for randomized trial assessed with standardized difference, not P-values
- Assumptions of the statistical analyses appropriately assessed
- Type I error/multiple testing appropriately addressed
- Missing data and potential sampling bias appropriately described and handled
- Sample size justified
- Results section follows clearly from the study objectives and statistical methods
- Study data and outcomes are presented consistently and accurately in Abstract, Body of Manuscript and Tables/Figures
- Tables and Figures clear and self-explanatory
- Precision of numbers reported with appropriate decimal places, avoiding use of too many decimal places
- Treatment effect estimates and their variability are reported, not just P-values
- Confounding is carefully addressed for observational studies
- Limitations of design and statistical methods clearly described
- Conclusions and interpretations justified by the design and results
- Causation Association - use words connoting association for observational studies
- Do "When randomized" instead of "Randomized"
- Make inference on population not sample
- Trend - Do not say "trend" for non-significant findings
- P-values appropriately reported
- "Multivariable" instead of "multivariate" when multiple independent variables

"Treatment effect estimates and their variability are reported, not just P-values"

-A & A statistical check points



Bad Example | RCT, OLZ vs. Placebo for PONV

	PONV (+)	PONV (-)
OLZ	56	48
Placebo	72	34

The incidence of PONV in the OLZ group (54%) was lower than in the placebo group (68%; p<0.05)

No treatment effect estimates were shown

No variabilities were reported.

Good Example | RCT, OLZ vs. Placebo for PONV

	PONV (+)	PONV (-)
OLZ	56	48
Placebo	72	34

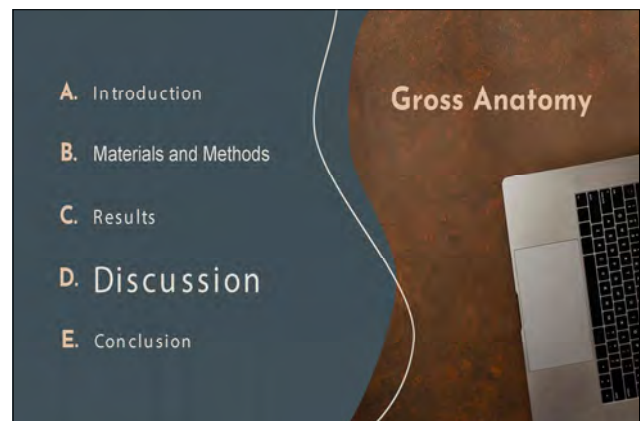
The incidence of PONV was significantly lower in the olanzapine group (54%) than that in the control group (68%), and the relative risk was 0.792 [95% CI, 0.634-0.988, p=0.036]

Treatment effect estimates: Relative Risk 0.792

Variabilities: 95%CI 0.634 - 0.988


Gross Anatomy

- A. Introduction
- B. Materials and Methods
- C. Results
- D. Discussion
- E. Conclusion



Discussion: "Entering Academic Conversation"

- A. Apply Pyramid structure
- B. "They say, I say"
- C. Address implication
- D. Limitation



Discussion | RCT, OLZ vs. Placebo for PONV

Results showed PONV less in OLZ

longitudinal change in PONV

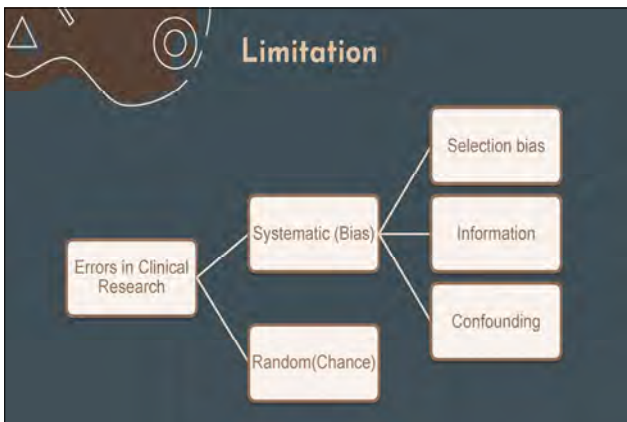
Causality inference

Role of OLZ in PONV prophylaxis

Dose-finding, target population

- Primary outcome
- Secondary outcome (1)
- Secondary outcome (2)
- Implication
- Limitation

Do NOT "They say" only discussion.



Take Home Messages

- 1 → Structure Matters!!
- 2 → They say, I say
- 3 → Ask experts!!


How to Collaborate with Other Researchers

Choon Looi Bong

KK Women's and Children's Hospital, Singapore



- No Disclosures



OVERVIEW

- Benefits of research collaboration
- Strategies to create opportunities for collaboration
- Personal examples of research collaborations
- Elements for a successful collaboration

BENEFITS OF COLLABORATION

- Sharing of knowledge, expertise, experience, ideas, resources
- Increase efficiency, enhance productivity, reduce cost
- Benefits the researcher
 - Learning
 - Growth
 - Mentoring
 - Networking
 - Publication
 - Funding
- Benefits the scientific community
 - Data sharing
 - Findings help advance the field

COLLABORATIVE RESEARCH IN PAEDIATRIC ANAESTHESIA

- Important for continuous improvement in the care of children
- Children are known for having a higher risk of anesthetic complications in the peri-operative period.
- Significant efforts have been made to with notable multi-institutional, national and international collaborations
- Allow for exchange of information, large data gathering, development of guidelines, and changes in practice that move the specialty forward.

PAEDIATRIC ANAESTHESIA SOCIETIES

International
 Subcommittee on Pediatric Anesthesia of the World Federation of Societies of Anaesthesiologists

Americas
 Society for Pediatric Anesthesia
 Canadian Pediatric Anesthesia Society
 Sociedad Mexicana de Anestesiología Pediátrica (Mexico)

Europe
 European Society for Pediatric Anesthesia
 Association of Pediatric Anesthesia of Great Britain and Ireland
 Association Des Anesthésistes Pédiatriques d'Expression Française (France)
 Belgian Association for Pediatric Anesthesiology
 Società Italiana di Anestesia, Analgesia e Terapia Intensiva Pediatrica (Italy)
 Schweizerische Gesellschaft für Kinderanästhesie (Switzerland)
 Socieit Kinderanesthesie (The Netherlands)
 Swedish Society for Pediatric Anesthesia and Intensive Care


Asia
 Asian Society of Pediatric Anesthesiologists
 Philippine Society for Pediatric Anesthesia
 Japanese Society of Pediatric Anesthesia
 Indian Association of Pediatric Anesthesiologists
 Korean Society of Pediatric Anesthesiologists
 Russian Pediatric Anesthesiologists and Resuscitologists Association

Oceania
 Society for Pediatric Anesthesia in New Zealand and Australia

Africa
 Pediatric Anesthesia Community of South Africa


APRICOT STUDY


THE LANCET
 Respiratory Medicine



ARTICLES | VOLUME 5, ISSUE 5, P412-425, MAY 2017

Incidence of severe critical events in paediatric anaesthesia (APRICOT): a prospective multicentre observational study in 261 hospitals in Europe

Prof Walid Habre, MD,  • Nicola Disma, MD • Katalin Virag, MSc • Karin Becke, MD • Tom G Hansen, MD • Martin Jöhr, MD • et al. [Show all authors](#) • [Show footnotes](#)

Published: March 28, 2017 • DOI: [https://doi.org/10.1016/S2213-2600\(17\)30116-9](https://doi.org/10.1016/S2213-2600(17)30116-9) •  Check for updates



The Pediatric Anesthesia Quality Improvement Initiative



education • research • patient safety

Pediatric Anesthesia

RESEARCH REPORT

Outcomes from wake up safe, the pediatric anesthesia quality improvement initiative

Manon Haché ✉, Lena S. Sun, Ghadah Gadi, Jennifer Busse, Angela C. Lee, Amanda Lorinc, Sally Rampersad

First published: 20 October 2020 | <https://doi.org/10.1111/pan.14044> | Citations: 10

Section Editor: Joseph Cravero

Society for Pediatric Anesthesia
Section Editor: Peter J. Davis

Pediatric Regional Anesthesia Network (PRAN): A Multi-Institutional Study of the Use and Incidence of Complications of Pediatric Regional Anesthesia

David M. Polaner, MD, FAAP¹, Andreas H. Tjebken, MD, MS, FAAPFS, Benjamin J. Walker, MD,^{||} Adrian Bosenberg, MB, ChB, FFA,^{||} Elliot J. Krane, MD,^{||} Santharam Suresh, MD,^{**††} Christine Wolf, MBS, FF and Lynn D. Martin, MD, MBA, FAAP FCCM^{||§§}

BACKGROUND: Regional anesthesia is increasingly used in pediatric patients to provide postoperative analgesia and to supplement intraoperative anesthesia. The Pediatric Regional Anesthesia Network was formed to obtain highly audited data on practice patterns and complications and to facilitate collaborative research on regional anesthetic techniques in infants and children.

METHODS: We constructed a centralized database to collect detailed prospective data on all regional anesthetics performed by anesthesiologists at the participating centers. Data were uploaded via a secure internet connection to a central server. Data were rigorously audited for accuracy and errors were corrected. All anesthetic records were scrubbed to ensure that every block that was performed was captured in the database. Intraoperative and postoperative complications were tracked until their resolution. Blocks were categorized by type and as single-injection or catheter (continuous) blocks.

RESULTS: A total of 24,917 regional blocks, performed on 13,725 patients, were accrued from April 1, 2007 through March 31, 2019. There were no deaths or complications with isosulfur (lasting >3 months) (95% CI 0-2/10,000). Single-injection blocks had fewer adverse events than continuous blocks, although the most frequent events (33% of all events) in the latter group were catheter-related problems. Ninety-five percent of blocks were placed while patients were under general anesthesia. Single-injection caudal blocks were the most frequently performed (40%), but peripheral nerve blocks were also frequently used (30%), possibly driven by the widespread use of ultrasound (85% of upper extremity and 60% of lower extremity blocks).

CONCLUSIONS: Regional anesthesia in children is commonly performed in the United States and is very safe with complications comparable to that seen in the large real-world European studies. Ultrasound may be increasing the use of peripheral nerve blocks. Multicenter collaborative networks such as the Pediatric Regional Anesthesia Network can facilitate the collection of detailed prospective data for research and quality improvement. (Univirts Anesth 2021;15: 1353-64)

GAS STUDY

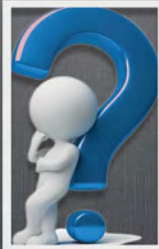
THE LANCET

ARTICLES | VOLUME 393, ISSUE 10172, P664-677, FEBRUARY 16, 2019

Neurodevelopmental outcome at 5 years of age after general anaesthesia or awake-regional anaesthesia in infancy (GAS): an international, multicentre, randomised, controlled equivalence trial

Mary Ellen McCann, MD • Jurgen C de Graaff, PhD • Liam Dorris, DClinPsy • Nicola Disma, MD • Prof Davinia Withington, BM • Graham Bell, MBChB • et al. [Show all authors](#) • [Show footnotes](#)

Open Access • Published: February 16, 2019 • DOI: [https://doi.org/10.1016/S0140-6736\(18\)32485-1](https://doi.org/10.1016/S0140-6736(18)32485-1) • [Check for updates](#)



STRATEGIES TO ENCOURAGE COLLABORATION

CREATING OPPORTUNITIES FOR COLLABORATION

- Networking
- Attending professional conferences to speak and listen
- Presenting and publishing
- Being open to new ideas and direction
- Reaching out to leaders in your field
- Taking advantage of technology e.g. Zoom
- Meeting in person where possible



PROSPECTIVE COHORT STUDY (KKH) AGAIN STUDY: (EARLY NEURODEVELOPMENTAL OUTCOMES FOLLOWING EXPOSURE TO GENERAL ANAESTHESIA IN INFANCY)

EGAIN
GA-Exposed Cohort
n=250

Healthy babies below 15 months old undergoing GA for minor surgery

GUSTO
Healthy Cohort NO GA
n=496





Healthy babies with NO GA and NO Surgery

Brain Development Tests

6 Months: Memory, Deferred imitation, habituation, Attention, ERP

18 Months: Memory, Deferred imitation, habituation, Attention, ERP

24 months: Bayley Scales of Infant Development, Child behaviour checklist

Neurosurgical Anesthesiology

CLINICAL INVESTIGATION

Early Neurodevelopmental Outcomes Following Exposure to General Anesthesia in Infancy: EGAIN, a Prospective Cohort Study

Choon Looi Bong, FRCA,* Duncan Ho, MD,[†] John Carson Allen, PhD,[‡] Gillian Si-Min Lam, BSc,[§] Hong-Kuang Tan, BA,[†] Britt E. P. Brookman, PhD,^{||*} Taddy Fakhri, FFS,^{||*} Sarah Reddy, MMed,[¶] Woon-Pay Kok, PhD,^{||*} Josephine Swei-Kim Tan, MMed,^{||} Michael Mcneary, PhD,^{**††} and Anne Rifkin-Graboi, PhD^{**‡‡}

Background: General anesthesia (GA) is known to worsen neural outcomes in animals, but human research assessing early-life GA exposure and neurodevelopment show inconsistent findings. We investigated the effects of a single GA exposure for minor surgery on the neurodevelopment of healthy children at multiple timepoints, using clinical assessments along with behavioral and neurophysiological measures rarely used in human research.

Methods: GA-exposed children were a prospective cohort of 250 healthy, healthy infants who underwent GA for minor surgery before 15 months. Neurodevelopment was assessed in a subset of similar age, sex, ethnicity, and maternal education. In both cohorts, clinical measures (Bayley Scales of Infant and Toddler Development-III [BSID-III] and Child Behavior Checklist [CBCL] 1.5-5) were assessed at 24 months, and experimental tests (memory and attention) and neurophysiology (event-related potentials) at 6 and 18 months.

Results: At 24 months, there were no differences between GA-exposed and unexposed children in the cognitive, language, motor, and socioemotional domains of the BSID-III. However, GA-exposed children had poorer parent-reported scores in BSID-III general adaptability (94.2 vs. 99.0 mean difference, 4.77, 97.7% confidence interval, -9.28, -0.24; P=0.029) and poorer internalizing behavior scores on CBCL1.5-5 (52.8 vs. 99.4 mean difference, 3.35; 97.3% confidence interval, 0.15-6.55; P=0.021). For experimental measures, GA-exposed children showed differences in 4 tests at 6 and 18 months.

Conclusions: GA-exposed children did not differ from unexposed children in cognitive, language or motor outcomes at 24 months, but exhibited poorer parent-reported behavior scores. Differences in infant behavior and neurophysiology were detected at 6 and 18 months. Neurophysiological assessments may complement clinically relevant assessments to provide greater insights into neurodevelopment following early GA exposure.

Pediatric Anesthesia

RESEARCH REPORT

An open label pilot study of a dexmedetomidine-remifentanyl-caudal anesthetic for infant lower abdominal/lower extremity surgery: The T REX pilot study

Peter Szumuk, Dean Andropoulos, Francis McGowan, Ansgar Brambrink, Christopher Lee, Katherine J. Lee, Mary Ellen McCann, Yang Liu, Rita Saynalath, Choon Looi Bong ... [See all authors](#) ✓

First published: 14 November 2018 | <https://doi.org/10.1111/pan.13544> | Citations: 25

The T REX pilot study are presented in Appendix 1.



Journal of Clinical Anesthesia 91 (2019) 110911
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 journal homepage: www.elsevier.com/locate/jocan

Original Contribution
Sevoflurane requirements during electroencephalogram (EEG)-guided vs standard anesthesia Care in Children: A randomized controlled trial

Melody H.Y. Long (MMed Anes)^a, Evangelina H.L. Lim (MMed Anes)^a, Gustavo A. Balanza, MD^b, John C. Allen Jr, PhD^c, Patrick L. Purdon, PhD^d, Choon Looi Bong, FRCA^{a,*}

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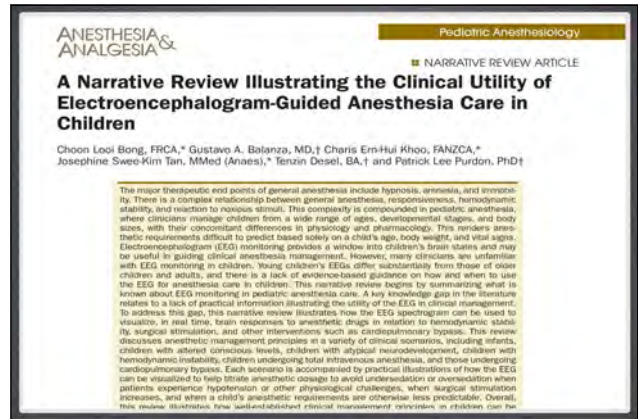
ARTICLE INFO

Keywords:
 EEG monitoring in children
 EEG-guided anesthesia
 Pediatric anesthesia
 Sevoflurane anesthesia depth
 Depth of anesthesia monitoring
 Emergence delirium

ABSTRACT

Study objective: Data-operative electroencephalographic (EEG) monitoring utilizing the Spectroscopic Index visualizations of children's brain response during anesthesia and easy equipment control (anesthesiologist monitoring) to the best of our knowledge of available data. We aimed to determine if EEG-guided anesthesia will result in lower sevoflurane requirements, lower incidence of burst suppression and improved neurologic characteristics in children undergoing routine general anesthesia, compared to standard care.

Design: Randomized controlled trial.
Setting: Tertiary pediatric hospital.
Patients: 200 children aged 1 to 5 years, ASA 1 or 2, undergoing routine sevoflurane anesthesia for elective surgery lasting 90 to 240 min.
Intervention: Children were randomized to either EEG-guided sevoflurane (EEG-G) or standard care (SC). EEG-G group had sevoflurane titrated to maintain minimum slow-delta waveforms on the raw EEG and spectrogram, aiming to avoid burst suppression and, in the so possible, maintain a patient state index (PSI) between 20 and 40. SC group received standard anesthesia care and the anesthesia team were blinded to EEG monitoring.
Measurements: The primary outcome was the average end-tidal sevoflurane concentration during induction and maintenance of anesthesia. Secondary outcomes include incidence and duration of data-operative burst suppression and Pediatric Anesthesia Emergence Delirium (PAED) scores.



ANESTHESIA & ANALGESIA Pediatric Anesthesiology
 NARRATIVE REVIEW ARTICLE

A Narrative Review Illustrating the Clinical Utility of Electroencephalogram-Guided Anesthesia Care in Children

Choon Looi Bong, FRCA,* Gustavo A. Balanza, MD,† Charis Ern-Hui Khoo, FANZCA,* Josephine Sweo-Kim Tan, MMed (Anaes),* Terzin Desai, BA,† and Patrick Lee Purdon, PhD†

The major therapeutic end points of general anesthesia include hypnosis, amnesia, and immobility. There is a complex relationship between general anesthesia, responsiveness, hemodynamic stability, and reaction to noxious stimuli. This complexity is compounded in pediatric anesthesia, where clinicians manage children from a wide range of ages, developmental stages, and body sizes, with their concomitant differences in physiology and pharmacology. This renders anesthetic requirements difficult to predict based solely on a child's age, body weight, and vital signs. Electroencephalogram (EEG) monitoring provides a window into children's brain states and may be useful in guiding clinical anesthesia management. However, many clinicians are unfamiliar with EEG monitoring in children. Young children's EEGs differ substantially from those of older children and adults, and there is a lack of evidence-based guidance on how and when to use the EEG for anesthesia care in children. This narrative review begins by summarizing what is known about EEG monitoring in pediatric anesthesia care. A key knowledge gap in the literature relates to a lack of practical information illustrating the utility of the EEG in clinical management. To address this gap, this narrative review illustrates how the EEG spectrogram can be used to visualize, in real time, brain responses to anesthetic drugs in relation to hemodynamic stability, surgical stimulation, and other interventions such as cardiopulmonary bypass. This review discusses anesthetic management principles at a variety of clinical scenarios, including infants, children with altered consciousness levels, children with atypical neurodevelopment, children with hemodynamic instability, children undergoing total intravenous anesthesia, and those undergoing cardiopulmonary bypass. Each scenario is accompanied by practical illustrations of how the EEG can be visualized to help titrate anesthetic coverage to avoid under- or over-anesthetization when patients experience hypotension or other physiological challenges, when surgical stimulation increases, and when a child's anesthetic requirements are otherwise less predictable. Overall, this review illustrates how well-established clinical management principles in children can be



ELEMENTS FOR A SUCCESSFUL COLLABORATION

ESTABLISH EXPECTATIONS

Ideally prior to starting the collaboration

- What are the common goals?
- What are the timelines?
- What is to be exchanged through the collaboration?
- How will the work and any resources be shared?
- How will any funds available be shared and spent?
- How will the responsibility and credit (including authorship, IP) be shared?

IMPORTANT CONSIDERATIONS

- Institutional and regulatory requirements
- Research agreements
 - Data Use Agreement (DUA)
 - Confidentiality / Non-disclosure agreement (CDA/ NDA) etc
- Data ownership
- Data management, integrity and security
- Disclosure of any potential conflicts of interest
- Potential IP issues.

POTENTIAL PITFALLS

- Conflicts
 - Different styles and personalities of the individuals
 - Different approaches by different specialties in a multi-disciplinary research project
- Challenges encountered during the project and their causes
- Inadequate communication
- Pure misunderstanding

Regardless of the reason: talk about it and seek a resolution when it first arises

COMMUNICATION

- Establishing a collaboration can leave researchers vulnerable to the actions — or inactions — of their collaborators.
- Clear understanding and agreement on roles and responsibilities
- Communicate early and often especially when encountering problems
- Be responsive
- Trust and credibility are essential values in choosing a collaborator.
- Respectful, amicable relationship

PEACH IN ASIA

PeriAnesthetic morbidity in Children in Asia:
 A prospective multinational, multicenter observational study to investigate epidemiology of severe critical events in pediatric anesthesia in Asia

- Chair: **Soichiro Obara**
- Co-chairs: Bong Choon Looi, Prof Norifuma Kuratani
- Director: Josephine Tan
- Collaborators:
 - Elsa Varghese, Ekta Rai (India)
 - Ardi Ade (Indonesia)
 - Ina I Shariffuddin (Malaysia)
 - Evangelina Villa, Teresia A Batanes (Philippines)
 - Vivien Yuen (Hong Kong)
 - Z Serpil Ustalar (Turkey)
 - Pheakdey Nhoung (Cambodia)
 - Hyo-Jin (Korea)
 - Sheila Abbasi (Pakistan)
 - Tahin Seyyedhejazi (Iran) etc.







Session 4.

Best Abstracts Presentation and Awards

Chair(s): Rufinah Teo (Malaysia)
Byung Gun Lim (Korea)

A Randomised Controlled Trial to Compare the Blockbuster™ and Air-Q® Supraglottic Airway Devices as a Conduit to Blind Endotracheal Intubation in Pediatric Patients (Virtual)

Arunima Pattanayak¹, Abhyuday Kumar², Chandni Sinha², Neeraj Kumar²

¹Department of Anaesthesiology and Critical Care, All India Institute of Medical Sciences, Bhubaneswar, India

²Department of Anaesthesiology, All India Institute of Medical Sciences, Patna, India

Background: Although some paediatric supraglottic airway devices (SADs) have been validated for fiber-optic-guided intubation, there is a scarcity of literature recommending their use as conduit for blind endotracheal intubation. This study was conducted to compare the efficacy of two SADs (Blockbuster and air-Q) in acting as a conduit for blind endotracheal intubation in paediatric patients undergoing non emergency surgeries under general anaesthesia.

Methods: This randomised controlled trial was carried out in a tertiary care hospital in India from March 2021 to October 2021. Eighty paediatric patients aged between six months to 10 years with normal airways planned for elective surgery under general anaesthesia were included in the study and randomised into 2 groups of 40 each. After induction of anaesthesia, SAD selected as per randomisation (Blockbuster or air-Q) was inserted followed by endotracheal intubation through them, with the aid of a flexible endoscope railroaded within the endotracheal tube. The tip of the endoscope was fixed proximal to the tip of the tracheal tube (visualised blind intubation). The primary outcome was the percentage of successful blind endotracheal intubation in a single attempt. Secondary outcomes were: the number of attempts required for the successful placement of SAD; the oropharyngeal leak pressure (OLP); the glottic view through a fiberoptic bronchoscope; the time needed to intubate the patient successfully; the incidence of peri and post-procedural complications.

Results: The success rate of endotracheal intubation with BlockBuster was statistically significant compared to air-Q (77.5% vs 52.5%; p value = .034). OLPs (in cm of H₂O) were significantly higher with BlockBuster as compared to air-Q [25.9 (22-32) vs 12 (11-20.2); p value= 0.001]. Fiberoptic visualization of vocal cords (Grades 2/3/4) in patients with BlockBuster was significantly better as compared to air-Q [84.6% vs 62.5% (p value=.026)].

Discussion: Both air-Q and Blockbuster have a more than 50% success rate of first-attempt blind intubation through SAD. Blockbuster having a significantly greater success rate of 77.5% compared to air-Q, can be recommended as a suitable SAD for blind intubation in situations where fiberoptic is unavailable or its use is limited by bleeding or secretion. Blockbuster having better OLP can also be preferred as a ventilating device in patients requiring high airway pressures like laparoscopic surgery and obese patients.

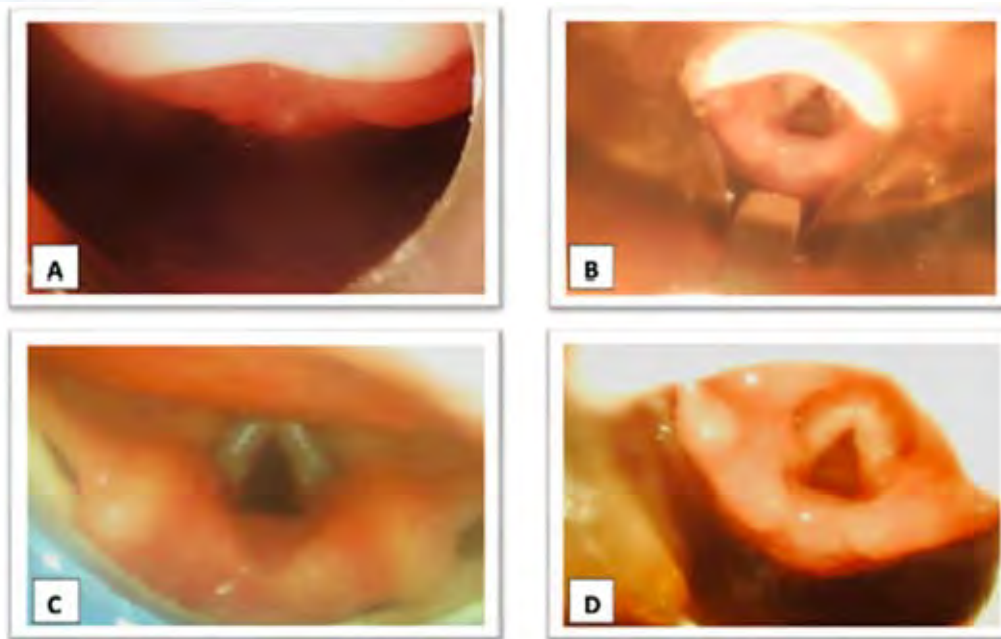


Figure 11: Grades of Glottic view by FOB through the SAD.
A- grade 1; B- Grade 2; C- Grade 3; D- Grade 4

Table 2: Device characteristics

	air-Q	Blockbuster	P value
Successful / Unsuccessful	21/19	31/9	0.034 [†]
OLP (cm of H ₂ O)	12 (11-20.25)	25.89(22-32)	0.001 [‡]
FOB visualization (Grade 1 / 2-4)	15/25	6/33	0.026 [†]
Corrective manoeuvres	27	17	0.032 [†]
Success of ETI with manoeuvres	8	9	0.122 [†]
Time for SAD insertion (seconds)	24 ±7	23 ±9	0.672 [§]
Time for SAD removal (seconds)	27 (22-32)	24 (21-36)	0.484 [‡]
Time for successful ETI (seconds)	60 (53-60)	50 (39-60)	0.019 [‡]
Tidal volume leak in percentage	4 (0-6)	0 (0-0)	0.118 [‡]

Values are presented as mean ± SD; median (IQR). P < 0.05 = Significant; [†]Chi square test, [§]Independent sample t-test, [‡]Mann whitney U test. OLP: oropharyngeal leak pressure, FOB: fiberoptic bronchoscopy, ETI: Endotracheal Intubation, SAD: Supraglottic Airway Device.

Changes in Diaphragmatic Ultrasonography Findings and Their Association with Postoperative Complications in Children Undergoing Pulmonary Resection: A Single-Center Prospective Observational Study

Pyoyoon Kang, Ji-Hyun Lee, Jin-Tae Kim

Department of Anesthesiology and Pain Medicine, Seoul National University Hospital,
Seoul National University College of Medicine, Seoul, Republic of Korea

Background: Few studies have investigated changes in diaphragm function after lung resection surgery and their association with postoperative complications in pediatric patients. This study aimed to evaluate diaphragm function using ultrasound after lung resection surgery and determine the relationship between ultrasound parameters for diaphragm function and postoperative pulmonary complications in children.

Methods: Children aged ≤ 6 years who were scheduled for video-assisted thoracoscopic lung resection were enrolled in a tertiary children's hospital. Ultrasonographic measurement of diaphragm excursion (DE) and thickening fraction (TF) was performed for three epochs: before anesthesia induction (T0), 1 h postoperatively (T1), and 24 h postoperatively (T2). $DET1$ or $T2/DET0$ and $TFT1$ or $T2/TFT0$ (%) were calculated. Lung ultrasound was performed at T1 and T2. The incidence of postoperative pulmonary complications (PPC) was assessed. The primary outcome was changes in diaphragm DE and TF over time, from T0 to T2, and the secondary outcome was the association between ultrasound parameters of diaphragm function and the occurrence of early PPC, within 3 days.

Results: Data from 74 children were analyzed. On the operated side, both DE and TF decreased at T1 and recovered slightly at T2, and were significantly lower than the T0 values. Children with PPC had significantly lower $DET2/DET0$ and $TFT2/TFT0$ scores than those without PPC. Worse lung ultrasound findings (higher B-line and consolidation scores) were observed in children with PPC than in those without PPC at T2. According to ROC analysis, $DET2/DET0$ ($< 61.1\%$) was associated with PPC with an AUC of 0.764.

Discussion: Perioperative diaphragm function assessed by ultrasonography changed after lung resection surgery in children. DE and TF decreased postoperatively, and a prolonged decrease in DE or TF was associated with pulmonary complications after lung surgery in children.

Table 1. Changes in diaphragm and lung ultrasound parameters over time in all children.

Values	Preoperative (T0)	1hr after surgery (T1)	24hr after surgery (T2)	P value
Diaphragm ultrasound				
TEI (mm)				
Operated side	1.15 [0.90 to 1.40]	1.00 [0.80 to 1.20]*	1.00 [0.90 to 1.00]	0.001
Non-operated side	1.20 [1.00 to 1.50]	1.10 [1.00 to 1.20]*	1.10 [1.00 to 1.30]	0.002
TEE (mm)				
Operated side	0.80 [0.60 to 1.10]	0.80 [0.70 to 0.90]	0.80 [0.70 to 0.90]	0.542
Non-operated side	0.80 [0.70 to 0.90]	0.80 [0.70 to 0.90]	0.75 [0.70 to 0.80]	0.525
TF				
Operated side	0.50 [0.33 to 0.63]	0.17 [0.13 to 0.29]*	0.33 [0.20 to 0.44]*†	< 0.001
Non-operated side	0.56 [0.46 to 0.71]	0.43 [0.25 to 0.60]*	0.50 [0.40 to 0.67]†	< 0.001
DE (mm)				
Operated side	11.00 [8.00 to 12.00]	5.00 [4.00 to 6.00]*	7.00 [5.50 to 9.00]*†	< 0.001
Non-operated side	11.50 [10.00 to 13.00]	8.00 [7.00 to 10.50]*	10.00 [8.00 to 11.00]*†	< 0.001
postoperative TF/TF _{T0} (%)				
Operated side		37.51 [24.98 to 72.15]	74.98 [50.00 to 100.00]	<0.001
Non-operated side		68.75 [44.44 to 100.00]	87.75 [75.00 to 120.00]	<0.001
postoperative DE/DE _{T0} (%)				
Operated side		53.48 [43.64 to 63.64]	68.99 [55.56 to 81.82]	<0.001
Non-operated side		77.32 ± 21.75	85.22 ± 16.49	<0.001
Lung ultrasound				
B-line score				
Operated side		4.00 [2.00 to 5.00]	1.00 [0.00 to 2.00]	< 0.001
Non-operated side		4.00 [1.00 to 5.00]	0.00 [0.00 to 1.00]	< 0.001
Consolidation score				
Operated side		3.00 [2.00 to 5.00]	0.00 [0.00 to 2.00]	< 0.001
Non-operated side		2.50 [1.00 to 4.00]	0.00 [0.00 to 1.00]	< 0.001

Data are presented as median [IQR] or mean ± SD

*P<0.017 when compared to T0 after Bonferroni correction

†P<0.017 when compared to T1 after Bonferroni correction

TEI, diaphragm thickness at end-inspiration; TEE, diaphragm thickness at end-expiration; TF, thickening fraction; DE, diaphragm excursion

Table 2. Comparison of baseline characteristics between PPC and no-PPC groups

	No PPC group (n=48)	PPC group (n=26)	Effect size	P value
Age (yr)	1.9 [1.4 to 2.0]	2.0 [1.5 to 2.2]	0.08 (-0.08 to 0.34)	0.355
Sex (M/F)	24/24 (50/50%)	14/12 (53.9/46.1%)	3.9% (-19.0 to 26.0%)	0.750
Height (cm)	87.5 [82.1 to 91.0]	87.4 [82.7 to 90.0]	0.20 (-2.70 to 3.20)	0.865
Weight (kg)	11.8 [10.7 to 13.7]	11.6 [10.9 to 13.2]	0.00 (-1.00 to 1.00)	0.941
BMI (kg/m ²)	16.2 ± 2.0	16.1 ± 1.7	-0.10 (-1.02 to 0.82)	0.824
Operation site (left/right)	26/22 (54.2/45.8%)	11/15 (42.3/57.7%)	11.9% (-11.4 to 33.3%)	0.465
Operation type				0.586
Wedge resection	2 (4.2%)	2 (7.7%)		
Segmentectomy	25 (52.1%)	9 (34.6%)		
Lobectomy	20 (41.7%)	15 (57.7%)		
Lobectomy with segmentectomy	1 (2.1%)	0		
Operation time (min)	60.0 [42.5 to 72.5]	52.5 [45.0 to 65.0]	-5.00 (-15.00 to 5.00)	0.581
Anesthesia time (min)	105.0 [90.0 to 120.0]	100.0 [85.0 to 120.0]	-5.00 (-15.00 to 5.00)	0.437
Peak airway pressure during two lung ventilation (cmH ₂ O)	15.00 [14.00 to 16.00]	15.00 [14.00 to 16.00]	0.00 (-1.00 to 1.00)	0.635
Peak airway pressure during one lung ventilation (cmH ₂ O)	20.52 ± 2.88	20.81 ± 2.67	0.29 (-1.08 to 1.65)	0.694
PaO ₂ /FiO ₂ during one lung ventilation	285.71 ± 73.95	283.89 (54.49)	-1.82 (-34.75 to 31.10)	0.102
Moderate to severe pain (FLACC>3) (n)				
1hr after surgery	36 (76.6%)	17 (68%)	8.6% (-11.7 to 30.5%)	0.431
24hr after surgery	0 (0%)	0 (0%)		1.00
Oxygen supply (n)				
POD 0 – 1	7 (14.6%)	6 (23.1%)	8.5% (-8.9 to 28.9%)	0.363
POD 2 – 7	1 (2.1%)	4 (15.4%)	13.3% (0.52 to 31.5%)	0.031
POD 0 – 7	7 (14.6%)	6 (23.1%)	8.5% (-8.9 to 28.9%)	0.363
Hospital stay (days)	3.0 [3.0 to 3.5]	3.0 [3.0 to 3.0]	0.00 (0.00 – 0.00)	0.611

Data are presented as median [IQR], mean ± SD or number (percentage)

BMI, body mass index; FLACC, Face-Legs-Activity-Cry-Consolability Scale; POD, postoperative day; PPC, postoperative pulmonary complication

BAP-3

Damage-Associated Molecular Patterns (DAMPs) as a Mechanism of Sevoflurane-Induced Neuroinflammation in Neonatal Rodents

Yongmin Lee¹, Young-Eun Joe¹, Ju Eun Oh², Jeong-Rim Lee¹

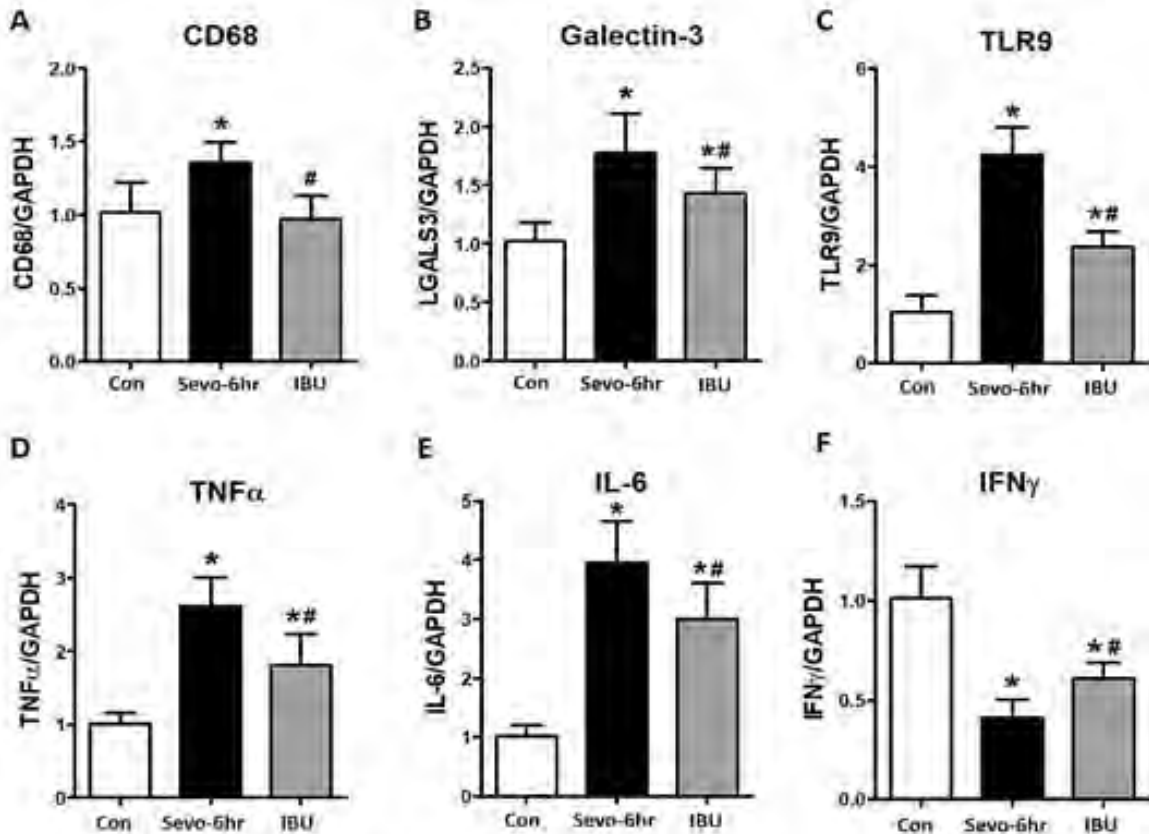
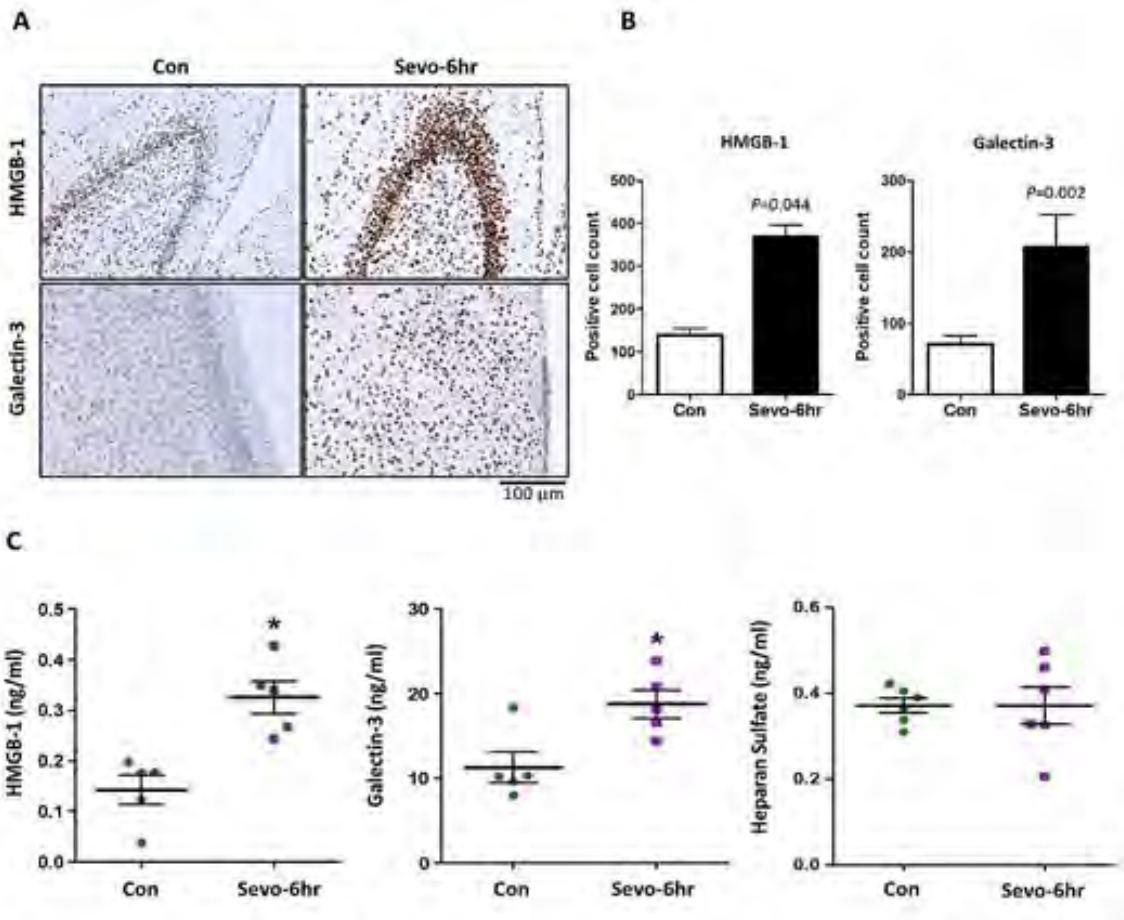
¹Department of Anesthesiology and Pain Medicine, Anesthesia and Pain Research Institute, Yonsei University College of Medicine, ²Anesthesia and Pain Research Institute, Yonsei University College

Background: General anesthesia is necessary for pediatric surgery, though volatile anesthetic agents may cause neuroinflammation and neurodevelopmental impairment; however, the underlying pathophysiology remains unclear. We hypothesized that HMGB-1 and galectin-3, which are specific damage-associated molecular patterns (DAMPs), play significant roles in sevoflurane-induced neuroinflammation. Therefore, we aimed to investigate the mechanism of neuroinflammation in developing rat brains and their association with sevoflurane exposure time, identify the specific DAMP pathway, and evaluate the effects of non-steroidal anti-inflammatory drugs in alleviating neuroinflammation.

Methods: We conducted three-step experiment to investigate neuroinflammation induced by sevoflurane. The first step involved determining the exposure time required for sevoflurane to cause neuroinflammation. In the second step, we identified the specific pathway of damage-associated molecular patterns (DAMPs) that were involved. Finally, in the third step, we investigate the effects of non-steroidal anti-inflammatory drugs (NSAIDs) on sevoflurane-induced neuroinflammation. We assessed the expression of various molecules in the rat brain and serum using immunohistochemistry, immunofluorescence, quantitative PCR, western blotting, and ELISA.

Results: We utilized a total of 112 P7 rats for our study, out of which six rats were passed away during the experiment, resulting in a mortality rate of 5.3%. We observed a significant increase in the expression of CD68; HMGB-1 and galectin-3; and TLR4, TLR9, and phosphorylated NF- κ B upon 6-hr sevoflurane exposure. Conversely, the transcriptional levels of TNF- α and IL-6 significantly increased, and IFN- γ significantly decreased after 6hr of sevoflurane exposure. Co-administration of ibuprofen significantly attenuated TNF- α and IL-6 levels and restored IFN- γ levels. We validated the protective effect of ibuprofen using western blot analysis and serum ELISA.

Discussion: Collectively, our findings suggest that 6-hr sevoflurane exposure induces neuroinflammation through the DAMP pathway neuropeptides, HMGB-1 and galectin-3, in neonatal rat brains. The co-administration of ibuprofen reduced this sevoflurane-induced neuroinflammation.



BAP-4

Effect of Oxygen Reserve Index Monitoring for Preventing Hypoxemia in Pediatric Airway Surgery: A Randomized Controlled Trial

Honghyeon Kim, Eun-hee Kim, Pyoyoon Kang, Jung-bin Park, Sang-hwan Ji, Young-eun Jang, Ji-Hyun Lee, Hee-Soo Kim, Jin-Tae Kim

Department of Anesthesiology and Pain Medicine, Seoul National University Hospital,
Seoul National University College of Medicine, Seoul, Republic of Korea

Background: During pediatric laryngeal microsurgery, hypoxemia frequently occurs. We investigated whether adding monitoring of the oxygen reserve index to pulse oximetry, in addition to monitoring pulse oximetry alone, can reduce the occurrence of oxygen desaturation below 90% during pediatric airway surgery.

Methods: This is an open-label stratified randomized controlled trial. We enrolled pediatric patients aged less than 18 years who were scheduled to undergo laryngeal microsurgery. Patients were randomly allocated to either the oxygen reserve index or control group, with stratification performed based on the presence of tracheostomy. In the control group, pulse oximetry was monitored, and if oxygen desaturation below 94% occurred, the procedure was stopped, and rescue ventilation was initiated. In the oxygen reserve index monitoring group, management decisions were made based on the oxygen reserve index value during the surgery. The primary outcome was the occurrence of oxygen desaturation below 90% during the surgery.

Results: After excluding 4 patients with a baseline oxygen reserve index of 0, a total of 84 patients were analyzed. The occurrence of SpO₂ < 90% was not significantly different between the oxygen reserve index (ORI) and control groups (P = 0.12, 10/40, 25% and 18/44, 41%, relative risk and 95% CI, 1.27 and 0.94 to 1.72). However, the number of SpO₂ < 90% events per patient was lower in the ORI group (mean 0.4, SD 0.9, minimum 0, maximum 4) compared to the control group (mean 1.0, SD 1.6, minimum 0, maximum 8) (P = 0.04). In the subgroup analysis, the overall occurrence of SpO₂ < 90% was higher in patients without tracheostomy (6/40, 15% and 22/44, 50%, P = 0.001, relative risk 1.7, 95% CI 1.23 to 2.34) compared to patients with tracheostomy. However, ORI monitoring did not reduce the occurrence of oxygen desaturation in both subgroups.

Conclusions: Additional monitoring of the oxygen reserve index did not reduce the occurrence of oxygen desaturation below 90% in pediatric patients undergoing laryngeal microsurgery.

Sevoflurane-Induced Burst Suppression is Associated with Long-Term Behavioral Changes in Late Postnatal Mice Undergoing Laparotomy

Tao Zhang, Jun young Heo, Woosuk Chung

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Chungnam National University School of Medicine, Daejeon, South Korea

Background: Although recent clinical studies strongly suggest that early surgical treatment under general anesthesia during development does not affect general intelligence, the same studies also report the possibility of behavioral problems based on parent reports. While many previous preclinical studies have attempted to understand the effects of early anesthesia, the results of these studies may have limited value considering the absence of a surgical stimulus which is always present in the clinical scenario. Thus, we further evaluated the possibility of long-term behavioral changes in young mice who received exploratory laparotomy under general anesthesia with sevoflurane.

Methods: Postnatal day 17 mice received exploratory laparotomy under general anesthesia with sevoflurane (Fig1. A). Surgical procedures were performed within 10 minutes. To evaluate the combined effects of general anesthesia and surgery, mice received additional sevoflurane for 80 minutes using 2 different anesthesia protocols (Light Anesthesia group [LA] vs Deep anesthesia group [DA]) (Fig1.A). Sevoflurane 2.5% was considered deep anesthesia as we confirmed robust burst suppression using EEG monitoring (>40%) in a separate cohort of young mice (Fig1.B). Mice in the control group were isolated for 2 hours without any treatment. After 6 weeks (8 weeks of age), diverse aspects of behavior were measured.

Results: There was no difference in weight gain compared to control mice in both LA and DA mice (Fig2. A). We found no difference in general activity (open field test, Fig2. B), sociability (3 chamber test, Fig2. C), learning and memory (Fear chamber test, Fig2. D). However, although there was no difference in chamber time, we discovered a decrease in the number of transitions in the DA group in the light-dark box test (Fig2. E), indicating an increased level of anxiety.

Conclusion: Surgical stimulus combined with deep anesthesia capable of causing burst suppression may cause long-lasting behavioral consequences. However, our results also suggest that such changes can be prevented by simply avoiding unnecessary depth of anesthesia (burst suppression).

Figure 1. A

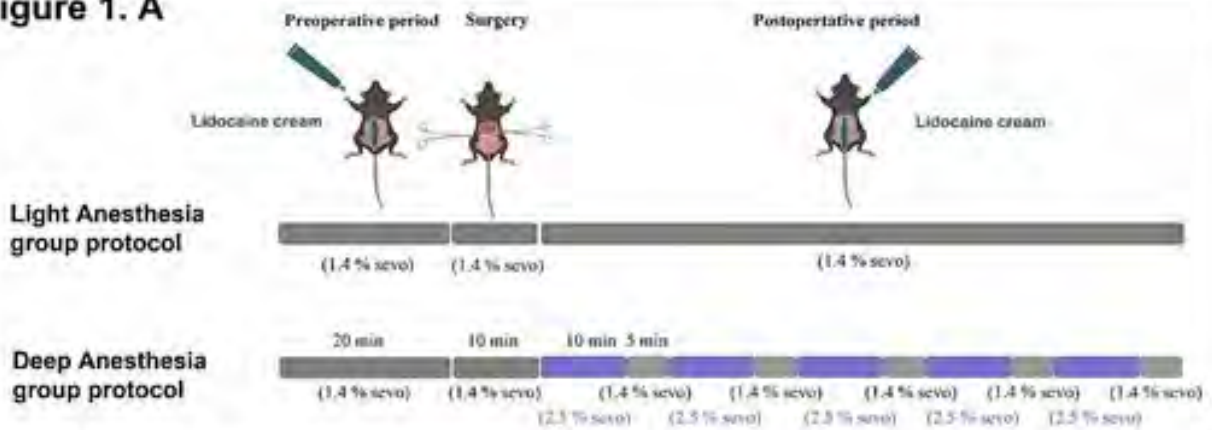


Figure 1. B

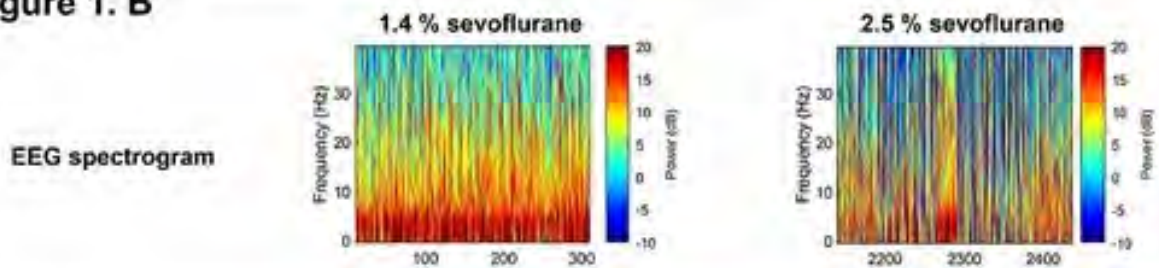


Figure 2. A

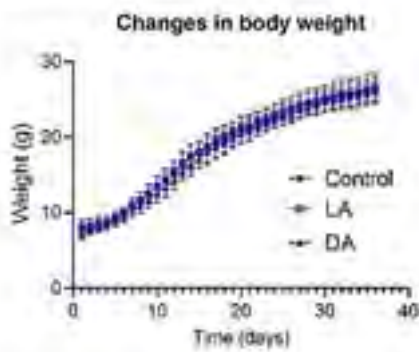


Figure 2. B

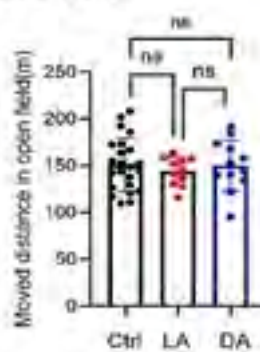


Figure 2. C

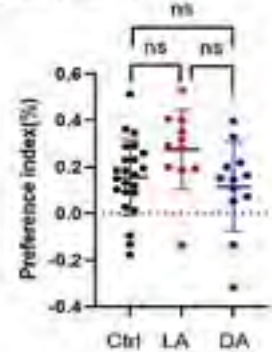


Figure 2. D

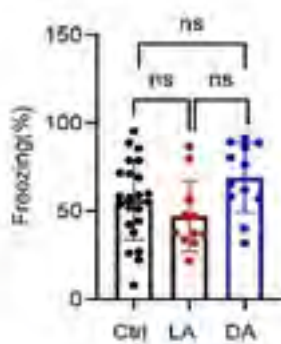
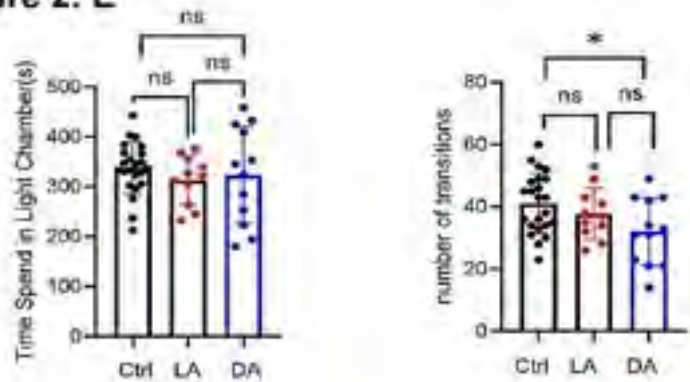


Figure 2. E



Comparison of Lateral and Supine Positions for Tracheal Extubation in Infants: Preliminary Results of a Randomized Clinical Trial (Virtual)

Kammoun Manel¹, Faiza Grati², Imen Zouche², Ameni Chtourou¹, Salma Ketata², Anouar Jarraya¹

¹Department of anesthesiology, Hedi Chaker Hospital, Sfax, ²Department of Anesthesiology, Habib Bourguiba, Sfax, Tunisia

Background: The lateral position is known to be advantageous for maintaining airway patency and for avoiding aspiration. We compared the lateral and supine position for tracheal extubation in infants aged less than 2 years when performing awake extubation.

Methods: This was a prospective randomized trial that was performed in a Tunisian university hospital and included 54 infants (≤ 2 years old) undergoing digestive surgery under general anesthesia with intubation. The anesthesia protocol was randomized. The patients were randomly divided into two groups: awake extubation in the supine position (group S) versus awake extubation in the lateral position (group L). Oxygen saturation (SpO₂) and the incidence of stridor, laryngospasm, and coughing after tracheal extubation were assessed.

Results: Demographic parameters were comparable between the two groups of the study. The mean \pm standard deviation of the lowest SpO₂ values within 5 min after extubation was significantly higher in group L ($98.3 \pm 2.1\%$) than in group S ($95.8 \pm 2.2\%$) with (OR=1.26; 95% CI: 0.9-2.5, p=0.003). The incidences of a perioperative respiratory adverse events such as stridor and laryngospasm of group L were significantly lower than those of group S (1/27, 3.7% vs. 5/27, 18.5%, respectively with OR= 1.9; 95% CI :1.4-2.7, p=0.05). The incidence of desaturation and coughing were not significantly different between groups.

Conclusion: In pediatric patients awake extubation in the lateral position improved SpO₂ five minutes after extubation and reduced the incidence of perioperative respiratory adverse events in the early period after extubation when compared to extubation in the supine position.

BAP-7

The Utility of Difficult IntraVenous Access (DIVA) Score ≥ 4 in Predicting Failure of the First Attempt of Intravenous Access in Children Aged 0 to 12 Years at a Tertiary Care, Teaching Hospital (Virtual)

Perumalla Suma, Bernice Theodore, Anita Shirley Joselyn, Ekta Rai, Aparna Williams

Department of Anesthesiology, Christian Medical College, Vellore, Tamil Nadu, India

Background: The Difficult IntraVenous Access (DIVA) score predicts difficult intravenous (IV) cannulation in children. We studied the validity of DIVA score cut-off of ≥ 4 in predicting failure of the first attempt at establishing IV access.

Methods: Prospective cohort study in children aged 0 to 12 years undergoing planned surgery at tertiary care, teaching hospital. Institutional Review Board, ethics committee approval (IRB no: 12904) and written, informed consent from the parents were obtained before recruitment of participants. Demographic data and data related to the intravenous access (DIVA score of the site of cannulation, number of attempts, time for cannulation) were collected from August, 2020 to January, 2021. The validity statistics such as sensitivity, specificity and predictive values for DIVA score ≥ 4 were calculated using the SPSS version 21.0.

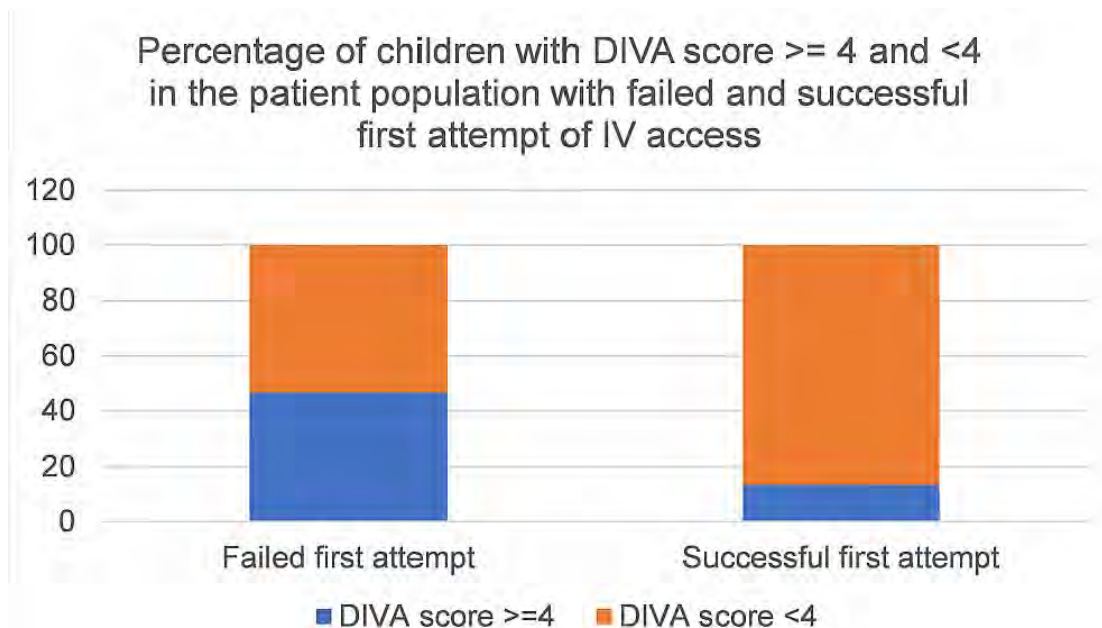
Results: Among 170 children, 34% failed the first attempt of IV cannulation. The sensitivity and specificity of the DIVA score ≥ 4 to detect failure of the first IV attempt were 46.5% and 86.6%, respectively. The Positive Predictive Value (PPV) and Negative Predictive Value (NPV) for DIVA score ≥ 4 were 64.3% and 75.8%, respectively (Table 1). A significantly greater proportion of children with DIVA score ≥ 4 had failure of the first attempt at establishing the IV access (P-value 0.0000) (Figure 1).

Discussion: The low sensitivity of a DIVA score cut-off of ≥ 4 may be due to multiple factors (apart from the factors used in calculating the DIVA score) affecting the difficulty of the IV access in our patient population. The DIVA score ≥ 4 may have greater utility in children with higher prevalence of failed IV access (premature, neonates and infants) as the PPV would increase. Although easy to implement as a screening tool, a DIVA score ≥ 4 predicted the failure of the first attempt at IV cannulation in children aged 0 to 12 years presenting for elective procedures, with low sensitivity and moderate specificity.

Table 1: Number of children with DIVA score (≥ 4 or < 4) in the groups with failure or success of the first attempt of establishing the intravenous access

DIVA score	Outcome of first IV access attempt		
	Failure	Success	Total (row)
	n	n	
≥ 4	27	15	42
< 4	31	97	128
Total (column)	58	112	170
Statistic	Value	95% CI	
Sensitivity	48.5%	33.3% - 60.1%	
Specificity	86.6%	78.8% - 92.3%	
Prevalence of failed IV cannulation	34%		
PPV	64.3%	48.0% - 78.4%	
NPV	75.8%	67.4% - 82.9%	

Figure 1: Comparison of the groups with failed or successful first attempt of IV cannulation based on the percentage of children with DIVA score ≥ 4 and < 4 in each group





Room B



Session 1.

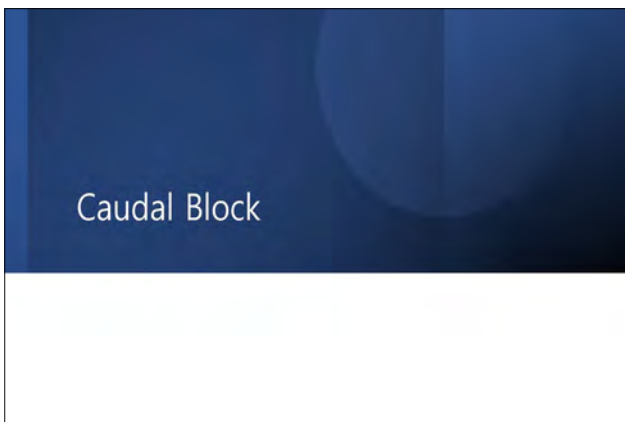
All Things Considered for Best Postoperative Analgesia

Chair(s): Teddy Fabila (Philippines)
Won Uk Koh (Korea)

Oldies Revisited: Caudal Block & Pudendal Nerve Block

Jae Hoon Lee

Department of Anesthesiology and Pain Medicine, Anesthesia and Pain Research Institute, Yonsei University Health System, Seoul, Korea



Introduction

- **Meredith Campbell in 1933**
 - The 1st author describe caudal anesthesia in children undergoing urological surgical procedures.
- **Single-injection Caudal Block**
 - 2010-2012 data
 - 34-40% in pediatric regional anesthesia.
 - Among pediatric central blocks,
 - 80% in European centers and 97% in the USA.

Introduction

Posterior superior iliac spine
Sacral cornu
Sacral hiatus

FIGURE 43-21 Caudal block. May the sacral hiatus be identified? The needle is inserted into the sacral hiatus and the contrast medium is injected. The contrast medium is seen in the sacral hiatus.

Anatomy and Physiology

- Spinal cord: L3 at birth, L1/L2 at 1 year
- *Dura: S4 at birth, S2 at 1 year*
- In younger children
 - *thoracic spread of local anesthetics (due to loose epidural fat)*
- In older children (>7 years or >20 kg)
 - thoracic spread is more difficult to achieve
- Hemodynamic changes
 - even a high spinal or epidural block
 - *minimal cardiovascular changes*
 - relatively low basal sympathetic tone in this age range

Introduction

Pain Physician. 2004;7:81-92

Acta Anaesthesiol Scand 2010; 54: 562-565

Indications and Contraindications

- **Indications**
 - Sub-umbilical (inguinal hernia repair, cystoscopy/transurethral, penile, hip/lower limb procedures etc.) vs.
 - Mid-abdominal (umbilical hernia repair)
- **Contraindications**
 - Local site infection
 - Pilonidal cyst
 - Spinal dysraphism such as tethered cord syndrome
 - Congenital or therapeutic anti-coagulation

Efficacy

> *Anesth Analg*. 2022 Dec 26. doi: 10.1213/ANE.0000000000006341. Online ahead of print.

Analgesic Effects of Regional Anesthetic Techniques in Pediatric Inguinal Surgeries: A Systematic Review and Network Meta-Analysis of Randomized Controlled Trials

Tsung-Yu Hung¹, Geng-Hao Bai², Meng-Chen Tsai³, Ying-Chun Lin^{1,4,5}

Affiliations + expand
PMID: 36571797 DOI: 10.1213/ANE.0000000000006341

Efficacy

Efficacy

A Studies with orchidopexies **B Studies without orchidopexies (inguinal hernia repair only)**

Efficacy

Observational Study > *Anaesthesia*. 2022 Jul 7(7):795-794. doi: 10.1111/anae.15738. Epub 2022 Apr 22.

Ultrasound-guided caudal blockade and sedation for paediatric surgery: a retrospective cohort study

P Djfermann¹, F Kraft², M Obradovic³, M Zadrazi¹, W Schmid¹, F Marhofer^{1,2,4}

Affiliations + expand
PMID: 35460068 PMID: PMC9322322 DOI: 10.1111/anae.15738
Free PMC article

Efficacy

Efficacy

	Primary plan for caudal anesthesia with ultrasound-guided airway Spectrolite (n = 2423)	Secondary general anesthesia with airway management* due to Complications (n = 41)	Pain (n = 41)	p-value
Chronological age, y	1:0-4:0 (1.4)	1:0-5:0 (2)	3:1-4:0 (1)	<0.001
ASA physical status				0.846
1	182(37.2%)	3(7.3%)	4(9.8%)	
2	428(17.7%)	6(14.6%)	12(29.3%)	
3	160(6.6%)	3(7.3%)	3(7.3%)	
4	4(0.2%)	0	0	
Body weight, kg				<0.001
0-5	33(1.3%)	1(2.4%)	2(4.9%)	
5-10	45(1.9%)	1(2.4%)	1(2.4%)	
10-15	39(1.6%)	1(2.4%)	3(7.3%)	
15-20	35(1.4%)	1(2.4%)	2(4.9%)	
20-30	12(0.5%)	1(2.4%)	1(2.4%)	
30-40	4(0.2%)	1(2.4%)	1(2.4%)	
Sex, female	46(1.9%)	1(2.4%)	2(4.9%)	0.12
General anesthesia (n=41)				0.147
< 20 (years post-term)	13(31.7%)	4(9.8%)	4(9.8%)	
20 (n=27) (any late preterm)	29(12.0%)	6(14.6%)	9(22.0%)	
> 37 years	19(3.2%)	3(7.3%)	7(17.1%)	
Surgery < 40 weeks after gestation (preterm)	32(13.3%)	7(17.1%)	1(2.4%)	0.004
Respiratory distress syndrome (preterm)	30(12.4%)	3(7.3%)	2(4.9%)	0.002
Surfactant therapy (preterm)	1(2.4%)	1(2.4%)	1(2.4%)	0.002
Respiratory distress syndrome (preterm)	12(5.0%)	1(2.4%)	1(2.4%)	<0.001
Respiratory distress syndrome (preterm)	1(2.4%)	0	0	0.988

Efficacy

Review > *J Clin Anesth*. 2022 Oct 81:110907. doi: 10.1016/j.jclinane.2022.110907. Epub 2022 Jun 18.

Comparison of adjuvant pharmaceuticals for caudal block in pediatric lower abdominal and urological surgeries: A network meta-analysis

Chang Xiong¹, Chengpeng Han², Huayan Lv¹, Duojuan Xu¹, Wenyong Peng¹, Dong Zhao³, Zhijian Lan⁴

Affiliations + expand
PMID: 35728381 DOI: 10.1016/j.jclinane.2022.110907

Efficacy

Network meta-analysis of duration of analgesia.

Efficacy

- Local anesthetics
 - (levo)bupivacaine 0.125-0.25% or ropivacaine 0.1-0.375% at a volume of 0.5-1.5 ml/kg
 - ropivacaine 0.2% vs. bupivacaine 0.125%
 - similar duration of analgesia, reduced incidence of motor blockade
 - probable lower toxicity

Site of incision	Dosage (ml/kg)	Drug
Perine or anal surgery	0.5-0.75	Ropivacaine 0.2% or bupivacaine 0.125%
Lower extremity	1.0	bupivacaine
Abdominal incision	1.0-1.25	levobupivacaine 0.125-0.175%

Pediatric Anesthesia 2012; 22: 44-50

Efficacy

Randomized Controlled Trial > Anesth Analg. 2009 Oct;109(4):1073-8. doi: 10.1213/ane.0b013e3181b20c52.

A comparison of high volume/low concentration and low volume/high concentration ropivacaine in caudal analgesia for pediatric orchiopey

Jeong-Yeon Hong¹, Sang W Han, Won O Kim, Jin S Cho, Hae K Kil

Affiliations + expand
PMID: 19762734 DOI: 10.1213/ane.0b013e3181b20c52

Efficacy

A total dose of 2.25 mg/kg of ropivacaine - 1.0 mL/kg of 0.225% (LVHC) vs. 1.5 mL/kg of 0.15% solution (HVLG)

	LVHC group (n = 37)	HVLG group (n = 38)	P
Time for recovery (min)			
Cath insertion	34.6 ± 24.8	43.6 ± 27.4	0.532
Voiding	138.1 ± 54.4	124.5 ± 51.4	0.786
Discharge	182.4 ± 63.2	191.3 ± 52.9	0.822
Subsequent use (%)			
Vomiting	2 (5.4%)	3 (7.9%)	0.344
Social distress	2 (5.4%)	4 (10.5%)	0.302
Sedation	18 (48.6%)	18 (47.4%)	0.779
Motor blockade	1 (2.7%)	0 (0%)	0.122
Rescue analgesia after discharge			
First analgesic (min after)	362.0 (71.5-426.0)	364.3 (36.8-728.0)	<0.001
Number of patients*	28 (75.7%)	34 (89.5%)	0.009

Efficacy

Randomized Controlled Trial > Br J Anaesth. 2014 May;112(5):885-91. doi: 10.1093/bja/aet484. Epub 2014 Feb 2.

Analgesic efficacy of caudal dexamethasone combined with ropivacaine in children undergoing orchiopey

E M Kim¹, J R Lee, B N Koo, Y J Im, H J Oh, J H Lee

Affiliations + expand
PMID: 24491414 DOI: 10.1093/bja/aet484

Efficacy

Group C (1.5 ml/kg of 0.15% ropivacaine) vs. Group D (1.5 ml/kg of 0.15% ropivacaine + 0.1 mg dexamethasone)

	Group C (n=37)	Group D (n=38)	P-value
Number of subjects who had oral analgesic	20 (54%)	11 (28%)	0.027
Number of oral analgesic administrations for postoperative 48 h			0.013
0	17 (46%)	27 (71%)	
1	11 (29%)	10 (26%)	
2	3 (8%)	1 (2.6%)	
3	3 (8%)	0 (0%)	
≥ 4	3 (8%)	0 (0%)	

Technique

Review > Paediatr Anaesth. 2022 Jan;32(1):35-42. doi: 10.1111/pan.14332. Epub 2021 Nov 16.

Comparative evaluation of landmark technique and ultrasound-guided caudal epidural injection in pediatric population: A systematic review and meta-analysis

Dhruv Jain¹, Sana Yasmin Hussain², Aishad Ayub¹

Affiliations + expand
PMID: 34752689 DOI: 10.1111/pan.14332

Technique

FIGURE 2. Forest plot comparing success rates between ultrasound and landmark based caudal epidural injection at individual study and pooled analysis level. (A) Ultrasound vs. Landmark technique.

FIGURE 3. Forest plot comparing time to reach the block between ultrasound and landmark based caudal epidural injection at individual study and pooled analysis level. (A) Ultrasound vs. Landmark technique.

FIGURE 4. Forest plot comparing first puncture success between ultrasound and landmark based caudal epidural injection at individual study and pooled analysis level. (A) Ultrasound vs. Landmark technique.


Ultrasound-guided Caudal Block

- The success rate of caudal block
 - Highly dependent on operator skill
 - Not clearly improved by real-time ultrasound-guidance
- Ultrasound-guided caudal block
 - The success rate of needle insertion at the first attempt ↑
 - Complications such as vascular puncture and subcutaneous bulging ↓

KJA 2018; 71(6): 430-439

Technique

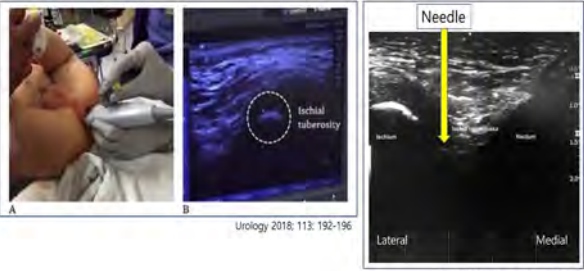
- **Puncture points**
 - immediately medial to ischial tuberosity, perpendicular to skin
- **Nerve stimulation**
 - Observe motor response
 - Start at intensity of 1.5 - 2.0 mA
→ 0.5 - 0.8 mA



Chapter 76, Miller's Anesthesia, 9th Edition

Technique

- **Ultrasound-guided Pudendal Nerve Block**



Urology 2018; 113: 192-196

Pediatric Anesthesia 2018; 28: 53-58

Drugs, Dosage and Safety

- **Local Anesthetics**
 - 0.25% bupivacaine or 0.20% ropivacaine
 - 0.1 mL/kg: limited to the stimulated branch
 - 0.3-0.4 mL/kg: all division branches of pudendal nerve
- **Potential Complications**
 - Rectal puncture
 - Pudendal vessel puncture or intravascular injection

Closing Remarks

- Caudal blocks are a safe and efficient way to offer perioperative analgesia in a variety of pediatric surgical procedures. However, the efficacy of single injection caudal block seems to be limited to perioperative pain of mild to moderate degree.
- Pudendal nerve block is a simple and potent analgesic technique for pediatric penoscrotal procedures.

Impact of Sleep on Adolescents' Pain and Recovery after Surgery

Jennifer A. Rabbitts

Department of Anesthesiology & Pain Medicine, University of Washington, Seattle Children's Hospital, USA

Disclosures

- Consult on pediatric trial design for Pacira Pharmaceuticals (ended 12/2021; not discussed in this presentation)
- This presentation does not contain off-label or investigational use of drugs or products

Outline



Recovery model: factors influencing postsurgical pain and recovery



Perioperative sleep deficiency and impact on postoperative outcomes



Treatment approaches to improve sleep and recovery following surgery

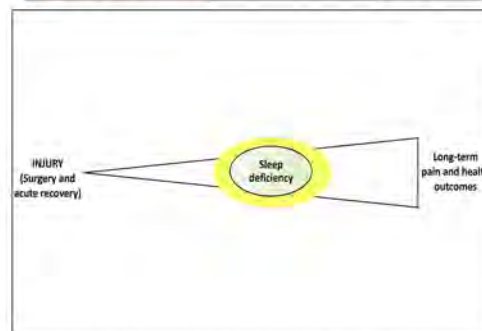
Pain and recovery after surgery

- Despite advances in anesthesia, pain remains a significant issue
 - 80% of children and adolescents experience high pain and impaired quality of life at home
 - 20% of adolescents report chronic pain
- Identifying factors that delay recovery is critical to improving short- and long-term postsurgical outcomes

Bailey et al, JBJS, 2021; Rosenbloom, Pagé, et al, J Pain Research 2019; Rabbitts, Fisher, et al, PAIN 2017.

Journal of Pain Research

Rabbitts et al

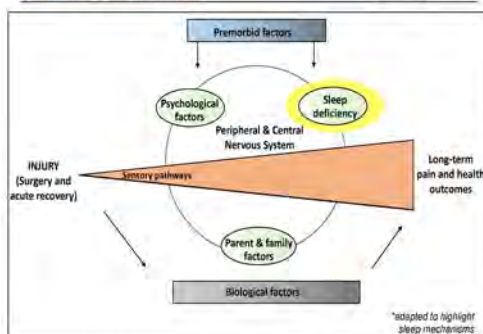


Rabbitts et al.
J Pain Research
24(13):3071-3080, 2020

Figure 1. Conceptual model of biopsychosocial factors influencing postsurgical pain and recovery in children and adolescents.

Journal of Pain Research

Rabbitts et al



Rabbitts et al.
J Pain Research
24(13):3071-3080, 2020

Elman & Borsook,
Neuron 2016

Katz & Seltzer,
Expert Rev
Neurother 2009

*adapted to highlight sleep mechanisms

Figure 1. Conceptual model of biopsychosocial factors influencing postsurgical pain and recovery in children and adolescents.



Perioperative sleep deficiency

Insufficient quantity and quality of sleep

- Pre-existing sleep disturbance
- Postoperative sleep disturbance

Biological and Psychosocial Changes affecting Adolescent Sleep

- Delayed circadian phases with puberty ~2 hrs
- Evening activities
- Academic demands
- Early school start times
- Increased independence
- Electronics and social media
- "Social jet lag"




Jenni, et al. Sleep. 2005;28(11):1446-54.
Hansen et al. Pediatrics. 2005;115(6):1555-61.
Balden et al. Psych res. 2015;281:112586.

Common Behavioral Sleep Problems

- Inadequate duration of sleep for age
- Difficulty initiating sleep
- Difficulty maintaining sleep
- Poor sleep habits/sleep hygiene

Often a combination of these problems



National Longitudinal Study of Adolescents to Adults (n = 12,213)

Greenewald CB, Law EF, Rabbitts JA, et al (2021). Sleep 12:44(3):zsaat01.

What about after surgery?

- Impacted by anesthesia, pain, opioids, and hospitalization
- Anesthesia and surgery acutely delays onset of nocturnal melatonin secretion
- Tightly linked to autonomic and immune pathways
- Insufficient sleep alters pain sensitivity and pain modulation



Svendsen et al. Pain 2015
Finan et al. J Pain 2013
Kirkkela et al. Acta Anaesth Scand 2002

How do we assess sleep?

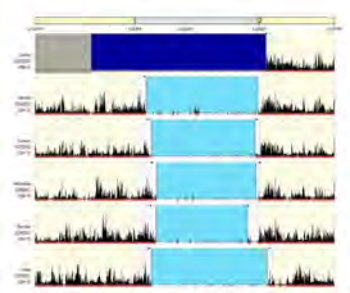
- Sleep quality
- Measures
 - Insomnia symptoms
 - Nocturnal behaviors
 - Daytime behaviors
 - Sleep habits and physical environment
- Sleep patterns (actigraphy)
 - Sleep time
 - Sleep efficiency



Lewandowski, A.S., Ward, T.M., Palermo, T.M. (2011). Pediatric Clinics of North America, 58:699-713.

Actigraphy

- Records movement, is generally worn on the wrist
- Continuous recording
- Common measurements: sleep time, sleep efficiency
- 91-97% agreement with polysomnography in adolescents



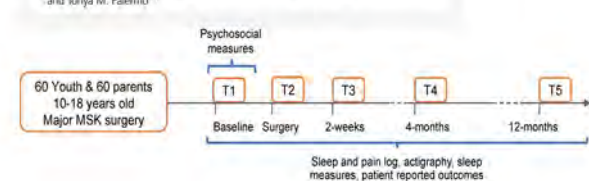
Data Generated - Actogram

Lewandowski, A.S., Ward, T.M., Palermo, T.M. (2011). Pediatric Clinics of North America, 58:699-713.

Journal of Pain

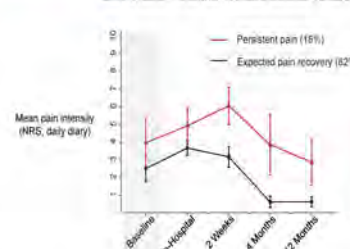
Presurgical Psychosocial Predictors of Acute Postsurgical Pain and Quality of Life in Children Undergoing Major Surgery

Jennifer A. Rabbitts,^{1,3} Cornelius B. Greenewald,^{1,3} Gabrielle G. Tai,¹ and Tonya M. Palermo^{1,3}



- 80% experienced moderate-severe acute pain and poor quality of life
- Sleep deficiency before surgery predicts poorer acute pain outcomes

PAIN Trajectories of postsurgical pain in children: risk factors and impact of late pain recovery on long-term health outcomes after major surgery



Poorer function
Lower activity levels (actigraphy)
Poorer quality of life
Higher healthcare costs

Rabbitts et al. Pain 156(11): 2383-89, 2015

Sleep disruption drives pain persistence




Figure. Nighttime sleep predicts next day pain over the 4 months following surgery

Treatment of behavioral sleep disturbances



Example of Sleep Hygiene Interventions

- Make a schedule to allow for 9 hours of nightly sleep
- Remove television and electronics from bedroom
- Establish positive bedtime routine and waking routine
- Use alarm clock to awaken in the a.m.
- Keep a consistent weekend/weekday sleep schedule (≤1.2 hr variation)



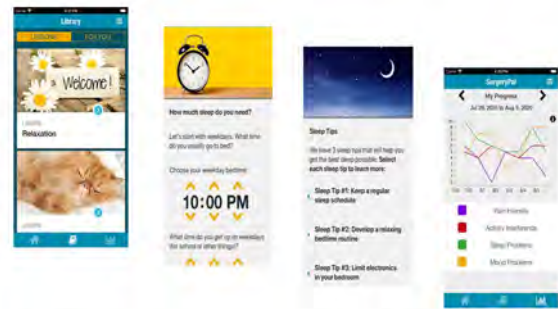
Objective: Examine effectiveness of a behavioral program targeting sleep and anxiety to improve acute and chronic pain and health outcomes in adolescent spinal fusion

Study Design: Multisite RCT testing mHealth behavioral intervention (SurgeryPal) in 500 adolescents scheduled for spine surgery



ClinicalTrials.gov Identifier: NCT04637802 | Rabbitts et al (2021), Trials 22(1):506

*RCT, Randomized Control Trial



Mobile App Behavioral Program for Adolescents

Primary Outcomes

- **Acute pain:** Pain intensity and interference over 14 days post-discharge.
- **Chronic pain:** Pain intensity and interference at 3- and 6- months.

Secondary Outcomes

- Opioid use; quality of life; teen and parent anxiety; rates of chronic pain.

Implications

- Sleep deficiency is common in adolescents and may be exacerbated after surgery.
- Disrupted sleep is an important factor driving pain persistence and poor QOL after surgery.
- Behavioral interventions targeting psychosocial distress and sleep disturbance may improve postsurgical pain and recovery.



Pediatric Pain and Sleep Innovations Lab

Seattle Children's
Hennepin Children's Hospital
Hope Care Care

Acknowledgments



NIH National Institute of Child Health and Human Development (NICHD): K23HD078239 (PI- Rabbitts)



NIH National Institute of Arthritis, Musculoskeletal and Skin Disease (NIAMS) R01AR073780 (PI- Rabbitts)



NIH NICHD & Helping to End Addiction Long-term (HEAL) and NICHD: UG3HD102038 and UH3HD102038-02S1 (SurgeryPal RCT; MPI- Rabbitts, Palermo)

ESP or Those Trunk Blocks for Children

Pınar Kendigelen

Anesthesiology and Intensive Care at Istanbul University-Cerrahpasa, Türkiye

ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

SYSTEMATIC REVIEW 2017 WILEY

Interventions for postoperative pain in children: An overview of systematic reviews

Kriste Boric¹ | Svyetlana Dosenovic² | Antonia Jelacic Kadic³ | Marjan Batinic³ | Marija Cavar³ | Marjan Ulic² | Nikolina Markovina³ | Ljilja Puljak⁴

ASPA 2023 SPECIAL INTEREST ARTICLE WILEY

Postoperative pain management in children: Guidance from the pain committee of the European Society for Paediatric Anaesthesiology (ESPA Pain Management Ladder Initiative)

Maria Vittinghoff¹ | Per-Arne Lönnqvist² | Valeria Mossetti³ | Stefan Heschl⁴

TABLE 2 Regional blocks (0-5 yr of age)¹⁰⁰

	Intensive	Postoperative
Basic level	<ul style="list-style-type: none"> • Rectal NSAID or if not available rectal paracetamol^{12,147} • Local wound infiltration for the incision of a long-wound local anesthesia¹⁰¹ 	<ul style="list-style-type: none"> • Intravenous fentanyl or morphine or other suitable agent if available to treat breakthrough pain in the PACU¹⁴⁸ • Oral NSAIDs and/or paracetamol in adequate dosing during the entire postoperative period¹⁴⁹
Intermediate level	<ul style="list-style-type: none"> • Rectal NSAID or if not available rectal paracetamol • Lumbar/nerve sheath/brachial plexus or caudal blockade with long-acting local anesthetic, a supra-cervical or sub-occipital 	<ul style="list-style-type: none"> • Intravenous fentanyl or morphine or other suitable agent if available to treat breakthrough pain in the PACU¹⁴⁸ • Oral NSAIDs and/or paracetamol in adequate dosing during the entire postoperative period • Intravenous subcutaneous or oral tramadol for serious breakthrough pain in the ward^{151,152}
Advanced level	<ul style="list-style-type: none"> • Intravenous tramadol or rectal NSAID¹⁵³ • Intravenous loading dose of propofol¹⁵⁴ • <u>Intravenous patient-controlled analgesia (PCA) with opioids</u>, <u>TAP, epidural or subarachnoid-guided catheter block with long-acting local anesthetic combined with intravenous opioids</u>¹⁵⁵ 	<ul style="list-style-type: none"> • Intravenous fentanyl or morphine or other suitable agent if available to treat breakthrough pain in the PACU¹⁴⁸ • Oral NSAIDs and/or paracetamol in adequate dosing during the entire postoperative period • Intravenous subcutaneous or oral tramadol as rescue in the ward

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TABLE 4 Polymersomy (open and tubular) (pubertal)

	Intensive	Postoperative
Basic level	<ul style="list-style-type: none"> • Fentanyl or opioid of choice^{161,162} • Rectal paracetamol¹⁶³ • Use of neural infiltration/local port-site catheters by the incision of a long or long local anesthesia^{164,165,166} 	<ul style="list-style-type: none"> • Intravenous fentanyl or other suitable agent if available to treat breakthrough pain in the PACU¹⁶⁷ • Oral or rectal paracetamol in adequate dosing during the entire postoperative period¹⁶⁸
Intermediate level	<ul style="list-style-type: none"> • Intravenous propofol or other suitable agent if available to treat serious breakthrough pain in the PACU¹⁶⁹ • Oral or rectal NSAIDs (eg, ibuprofen) and/or paracetamol in adequate dosing during the entire postoperative period¹⁷⁰ 	<ul style="list-style-type: none"> • Intravenous fentanyl or morphine or other suitable agent if available to treat breakthrough pain in the PACU¹⁶⁷ • Oral or rectal NSAIDs (eg, ibuprofen) and/or paracetamol in adequate dosing during the entire postoperative period • Intravenous subcutaneous or oral tramadol as rescue in the ward
Advanced level	<ul style="list-style-type: none"> • Intravenous tramadol or rectal NSAID¹⁷¹ • Intravenous loading dose of propofol¹⁷² • <u>Intravenous patient-controlled analgesia (PCA) with opioids</u>, <u>TAP, epidural or subarachnoid-guided catheter block with long-acting local anesthetic combined with intravenous opioids</u>¹⁷³ 	<ul style="list-style-type: none"> • Intravenous fentanyl or morphine or other suitable agent if available to treat breakthrough pain in the PACU¹⁶⁷ • Oral NSAIDs and/or paracetamol in adequate dosing during the entire postoperative period • Intravenous subcutaneous or oral tramadol as rescue in the ward

ASPA 2023 SPECIAL INTEREST ARTICLE WILEY

Postoperative pain management in children: Guidance from the pain committee of the European Society for Paediatric Anaesthesiology (ESPA Pain Management Ladder Initiative)

Maria Vittinghoff¹ | Per-Arne Lönnqvist² | Valeria Mossetti³ | Stefan Heschl⁴

TABLE 6 Adiposocentry

	Intensive	Postoperative
Basic level	<ul style="list-style-type: none"> • Intravenous fentanyl or opioid of choice¹⁷⁴ • Local wound infiltration/local port-site catheters, by the incision with a long-acting local anesthetic¹⁷⁵ • Rectal NSAID or paracetamol¹⁷⁶ 	<ul style="list-style-type: none"> • Intravenous fentanyl or morphine or other suitable agent if available to treat breakthrough pain in the PACU¹⁷⁷ • Oral NSAID or paracetamol in adequate dosing during the entire postoperative period • Intravenous subcutaneous or oral tramadol as rescue in the ward
Intermediate level	<ul style="list-style-type: none"> • Intravenous propofol or opioid of choice in adequate dosing • Lumbar/nerve sheath/brachial plexus or caudal blockade with long-acting local anesthetic combined with intravenous opioids¹⁷⁸ • Intravenous NSAID or loading dose of midazolam¹⁷⁹ 	<ul style="list-style-type: none"> • Intravenous fentanyl or morphine or other suitable agent if available to treat breakthrough pain in the PACU¹⁷⁷ • Intravenous NSAID or paracetamol in adequate dosing during the entire postoperative period • Intravenous subcutaneous or oral tramadol as rescue in the ward
Advanced level	<ul style="list-style-type: none"> • Intravenous tramadol or opioid of choice in adequate dosing or combined opioid • Intravenous patient-controlled analgesia (PCA) with opioids • <u>Intravenous patient-controlled analgesia (PCA) with opioids</u>, <u>TAP, epidural or subarachnoid-guided catheter block with long-acting local anesthetic combined with intravenous opioids</u>¹⁸⁰ 	<ul style="list-style-type: none"> • Intravenous fentanyl or morphine or other suitable agent if available to treat breakthrough pain in the PACU¹⁷⁷ • Intravenous NSAID or paracetamol in adequate dosing during the entire postoperative period • Intravenous subcutaneous or oral tramadol as rescue in the ward • Intravenous PCA agents (combined analgesic including adjuvant medication)¹⁸¹

ASPA 2023 SYSTEMATIC REVIEW 2017 WILEY

Interventions for postoperative pain in children: An overview of systematic reviews

Kriste Boric¹ | Svyetlana Dosenovic² | Antonia Jelacic Kadic³ | Marjan Batinic³ | Marija Cavar³ | Marjan Ulic² | Nikolina Markovina³ | Ljilja Puljak⁴

The guidelines of the American Society of Anesthesiologists (ASA) for the treatment of pain in the perioperative period define postoperative acute pain as pain present in surgical patients following the procedure.¹ Almost 80% of patients undergoing surgery experience postoperative pain, and 80% of them reported moderate to severe pain intensity.² Management of postoperative pain has become a major concern in pediatrics.^{3,4} Results of many studies in different countries show that treatment of postoperative pain in children is inadequate.^{5,6} Lee et al.⁷ showed that one of the main reasons of inadequate treatment of postoperative pain in children is due to difficulties with pain assessment and concerns related to side effects of opioid analgesics.

ASPA 2023 19th ASPA conference & 31st KSPA annual meeting

THORAX

Journal of Cardiothoracic and Vascular Anesthesia

Original Article
Serratus Anterior Plane Block in Pediatric Patients Undergoing Thoracic Surgery: A Randomized Controlled Trial
 Ahmad Al Gub, MD, Ahmad Alshakab, MD, DESA, Hani Al, MD, FCAC, DESA, Waleh Mohamed Alshak, MD, FCAC, DESA, Ahmad Abdou Elmal, MD, DESA

Table 2
Primary and Secondary Outcomes

	Group F (n = 35)	Group SF (n = 35)	p Value
Primary outcome			
Postoperative fentanyl consumption in the first 24 hours (mc/kg)	6.3 ± 1.5	4.0 ± 1.5	<0.001
Secondary outcome			
Intraoperative additional boluses of fentanyl (mc/kg)	6.9 ± 3.0	2.1 ± 0.8	<0.001
Time to first rescue analgesia (min)	64.3 ± 35.8	236.6 ± 73.7	<0.001
FLACC score at 1 h postoperative	3.7 ± 1.6	1.9 ± 0.7	<0.001
FLACC score at 2 h postoperative	4.0 ± 1.7	2.0 ± 0.7	<0.001
FLACC score at 4 h postoperative	3.8 ± 1.7	2.3 ± 1.1	<0.001

Journal of Cardiothoracic and Vascular Anesthesia

Original Research
Transversus Thoracic Muscle Plane Block for Analgesia After Pediatric Cardiac Surgery
 Mehren Calank, MD*, Onur Inak, MD

Table 1
Demographic Data and Surgical Parameters

Parameter	Group T (n = 15)	Group C (n = 15)	p
Age (yr)	2.1 ± 0.5	2.1 ± 0.5	0.97
Weight (kg)	11.5 ± 2.5	11.5 ± 2.5	0.97
Height (cm)	85.0 ± 10.0	85.0 ± 10.0	0.97
ASA	1.0	1.0	0.97
Operative duration (min)	120.0 ± 30.0	120.0 ± 30.0	0.97
Transverse thoracic muscle plane block (mg/kg)	0.1 ± 0.0	0.1 ± 0.0	0.97
Transverse thoracic muscle plane block (mg/kg)	0.1 ± 0.0	0.1 ± 0.0	0.97
Transverse thoracic muscle plane block (mg/kg)	0.1 ± 0.0	0.1 ± 0.0	0.97
Transverse thoracic muscle plane block (mg/kg)	0.1 ± 0.0	0.1 ± 0.0	0.97

Journal of Clinical Anesthesia

Original Contribution
Bilateral Erector Spinae Plane Blocks in Children Undergoing Cardiac Surgery: A Randomized, Controlled Study
 Feride Karacan*, Elma Bozkurt*, Mehmet Ihsan*, Deniz Turan*, Sah Toprakcilar*, Halka Cakir*

Table 1
Demographic data, type and duration of surgery, duration of cardiopulmonary bypass (CPB) and duration of aortic cross clamp (ACC) and intraoperative total fentanyl consumption in both groups.

	Group C (n = 20)	Group B (n = 20)	p
Age (year)	6.5 ± 2.4	6.5 ± 2.3	0.969
Gender (M/F)	10/10	9/11	
Weight (kg)	20.68 ± 8.94	19.9 ± 8.33	0.777
Surgical procedures			
ASD closure	8	8	
VSD closure	11	10	
Aortic mitral valve repair	1	2	
Duration of surgery (min)	143 ± 41.18	142.00 ±	0.903
Duration of CPB (min)	53.75 ± 24.08	56.45 ± 27.86	0.914
Duration of ACC (min)	37.25 ± 20.29	37.05 ± 19.46	0.975
Mean dose of postoperative fentanyl (µg/kg)	17.60 ± 5.26	19.46 ± 11.23	0.920

Table 2
Primary and secondary outcomes, postoperative variables.

	Group C (n = 20)	Group B (n = 20)	p
Cumulative analgesic consumption for 24 h (mg/kg)	0.53 ± 0.41	0.26 ± 0.39	0.042
Emulation time (hour)	3.90 ± 2.05	4.45 ± 1.67	0.478
Nausea/vomiting	4	3	0.340
Length of ICU stay (day)	2.80 ± 1.24	2.75 ± 1.37	0.799
Length of hospital stay (day)	6.80 ± 2.40	7.05 ± 2.79	0.799

Journal of Cardiothoracic and Vascular Anesthesia

Original Article
Comparison of the Efficacy of Ultrasound-Guided Serratus Anterior Plane Block, Plexus Nerves II Block, and Intercostal Nerve Block for the Management of Postoperative Thoracotomy Pain After Pediatric Cardiac Surgery
 Huseyin Kucuk, MD*, Suleyman Cakir, MD*, Kulluoglu Sait, MD*, Zehra Elise, MD*, Arslan K. Bost, MD*, Feray Sahin, MD*

Table 1
Comparison of Secondary Outcomes Among the 3 Groups

Variable	Group S-APB (n = 15)	Group P-IB (n = 15)	Group I-IB (n = 15)	p Value for Primary Comparison	p Value for Postoperative Comparison
Interoception (mean) dose (µg/kg)	3.42 ± 1.10	3.86 ± 1.32	3.74 ± 0.93	0.772	1.000
Postoperative rescue dose (µg/kg)	1.87 ± 0.87	1.85 ± 0.79	2.12 ± 0.64	0.908	0.998
Emulation time (min)	34.90 ± 6.56	35.50 ± 5.08	37.4 ± 6.80	0.548	1.000

ASPA 2023

Case Report
Continuous Erector Spinae Plane Catheter for Analgesia After Infant Thoracotomy: A Case Report
 Ivan Kaplan, MD, Yusef Ali, MD, Ibrahim Dursun, MD, and Robert F. Moore, MD

Conclusions
 Bilateral single shot ESP block provided effective intraoperative and postoperative analgesia in pectus excavatum and pectus carinatum surgery in adolescents, with no need for long term opioids.

ASPA 2023

Randomized Controlled Trial
Can ultrasound-guided erector spinae plane block replace thoracic epidural analgesia for postoperative analgesia in pediatric patients undergoing thoracotomy? A prospective randomized controlled trial
 Saeed Sirgh, Anshu Anandhi, Dawn Lahn

thus, we conclude that the continuous ESPB provides adequate opioid-sparing postoperative analgesia in pediatric thoracotomy. The analgesic efficacy of the ESPB is comparable to the TEA, an established technique. The execution of the ESPB is faster and simpler compared to the procurement of a thoracic epidural catheter. The ESPB also has a lesser incidence of complications. More studies are further warranted to establish the ESPB for thoracotomy and also for establishing a required dose of LA to achieve optimal analgesia.

ASPA 2023

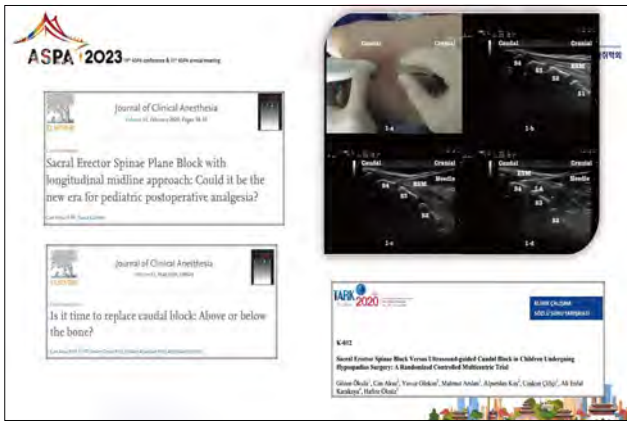
ABDOMINAL

ASPA 2023

2018 Medicine

The analgesic efficacy of transverse abdominis plane block versus epidural analgesia: A systematic review with meta-analysis
 Merve Basmisli, MSc*, Fook Jimmy, BSc*, Omer Pinar, BSc*, Ayse Pinar, BSc*, Ayse Pinar, BSc*

despite the consistent benefit of both techniques administered, the evidence for intravenous remained equivocal. In conclusion, there is moderate evidence that TAP block and epidural analgesia are equally effective in managing postoperative pain in both pediatric and adult patients. Additional trials with varying methodology would benefit before the functional impact of each technique. Further prospective studies are required to establish TAP block, which is associated with lesser episodes of hypotension and reduced length of stay.



ASPA 2023

Journal of Clinical Anesthesia
Volume 32, October 2018, Pages 18-22

Sacral Erector Spinae Plane Block with longitudinal midline approach: Could it be the new era for pediatric postoperative analgesia?

Journal of Clinical Anesthesia
Volume 32, October 2018

Is it time to replace caudal block: Above or below the bone?

IAAS 2020

Abstract
Sacral Erector Spinae Block Versus Ultrasound-guided Caudal Block in Children Undergoing Orthopedic Surgery: A Randomized Controlled Multicenter Trial

Gilani Ghazi, Ch. Akmal, Yasir Ghani, Maham Anwar, Ayesha Kar, Usman Qureshi, Ali Haidar, Kamran, Hafiz Chaudhry

Experts Tips on RA in Neonates and Infants

Vrushali Ponde

Bhatia Hospital, India

Learning Objectives

1. Understand the scope and benefits of regional anesthesia in the vulnerable neonatal population.
2. Comprehend the sparing effect of general anesthesia (GA).
3. Gain knowledge of the pharmacokinetics and dynamics of local anesthesia (LA) and its impact on both single-shot and continuous blocks.
4. Develop an understanding of neonatal anatomy, particularly the termination of the dural sac and the conus medullaris, and its clinical implications.
5. Compare and contrast the equipment used for neonatal regional anesthesia.
6. Learn effective communication strategies when discussing regional anesthesia with neonatologists, surgeons, and parents.
7. Address specific considerations related to obtaining consent for neonatal regional anesthesia.
8. Develop skills in selecting the appropriate block for neonates.
9. Various modalities.
10. Identify potential complications associated with neonatal regional anesthesia and learn how to manage them.
11. Acquire techniques to improve proficiency in performing neonatal regional anesthesia.



Session 2.

Cardiac Anesthesia

Chair(s): Jong Wha Lee (Korea)
Won-Jung Shin (Korea)

ECMO: What Should We Anesthesiologists Know?

Viviane G. Nasr

Department of Anaesthesia, Harvard Medical School, Division of Cardiac Anesthesia, Boston Children's Hospital, USA

No Disclosures

OBJECTIVES

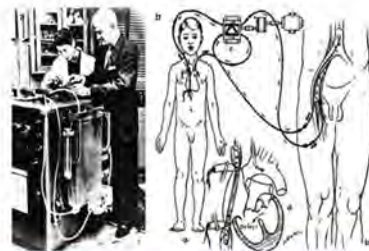
- REVIEW THE HISTORY OF ECMO
- DESCRIBE ECMO SYSTEM
- UNDERSTAND VA AND VV ECMO
- MANAGEMENT OF PATIENT SUPPORTED WITH ECMO

History

- May 6, 1953
- First heart-lung machine
- Dr. John Gibbon
- ASD repair in 18 yo girl



Parental Cross-Circulation 1954



First ECMO patient 1971



First Neonatal ECMO survivor 1976



Dr. Robert Bartlett 1975



- Pioneered ECMO/ECLS
- Established ELSO registry
- University of Michigan
- First to successfully use ECMO in neonates with severe respiratory distress



ELSO REGISTRY
1989
Michigan

EXTRACORPOREAL LIFE SUPPORT ORGANIZATION Charter Meeting

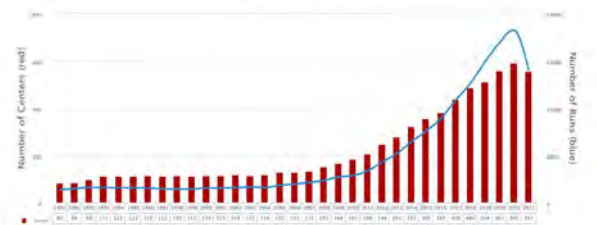
October 1-3, 1979 Ann Arbor, Michigan

- Data since 1979
- International



Centers

Centers by year



ECLS Registry Report Interim Summary April, 2023 Report Data through 2022



Extracorporeal Life Support Organization
3000 Willow Rd
Ann Arbor, MI 48103 USA

Overall Outcomes

	Total Runs	Survived ECLS	Survived to DC or Transfer
Adult			
Pulmonary	30,112	33,299	66%
Cardiac	47,130	28,465	60%
ECP*	14,509	6,179	42%
Pediatric			
Pulmonary	12,784	9,353	73%
Cardiac	16,471	12,843	78%
ECP*	6,729	3,524	52%
Neonatal			
Pulmonary	24,952	30,544	87%
Cardiac	10,862	7,481	69%
ECP*	2,619	1,828	69%
Total	196,108	133,126	67%

ECMO-Basics

- Provides:
 - gas exchange and circulatory support
 - gas exchange only
- Extracorporeal membrane oxygenation
 - Venous blood is drained
 - CO2 removed
 - Oxygen added
 - Blood returned to circulation via vein or artery

Indications

- Refractory hypoxemia/hypercapnic respiratory failure
- Refractory cardiogenic shock
- Post op refractory cardiac failure
- Cardiac arrest refractory to CPR (ECPR)
- Procedural support
- Bridge to lung/heart transplant or assist device

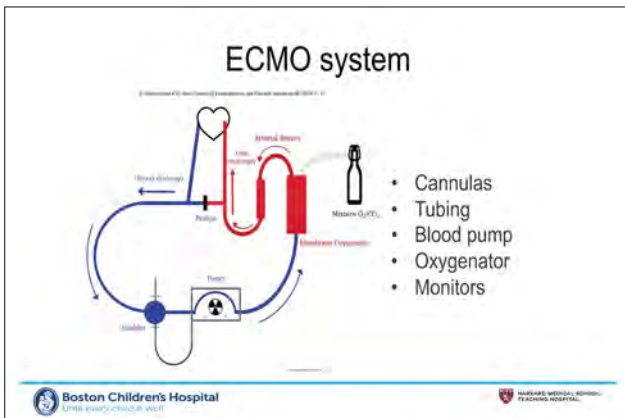
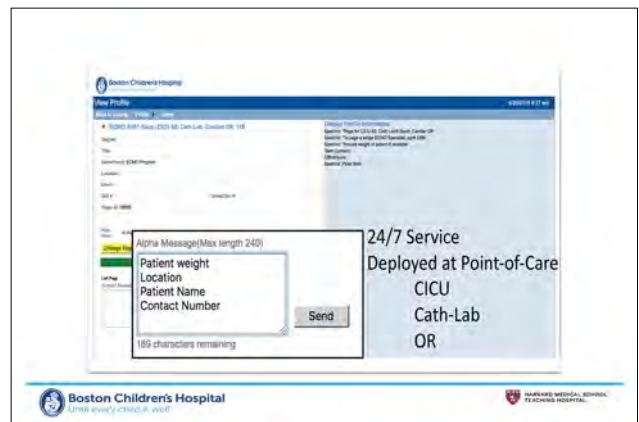
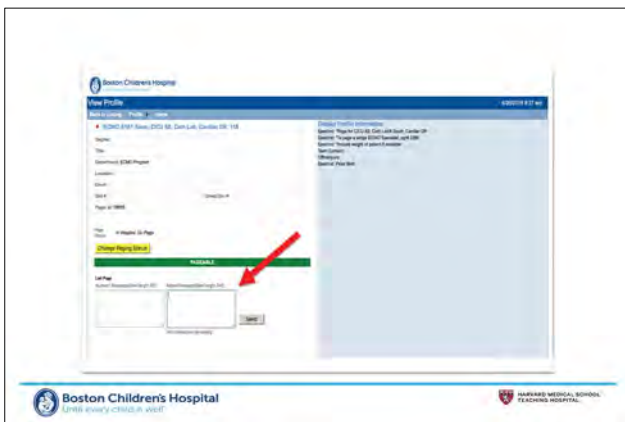
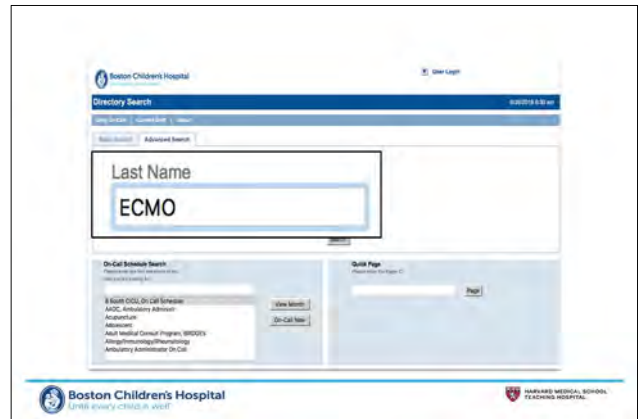
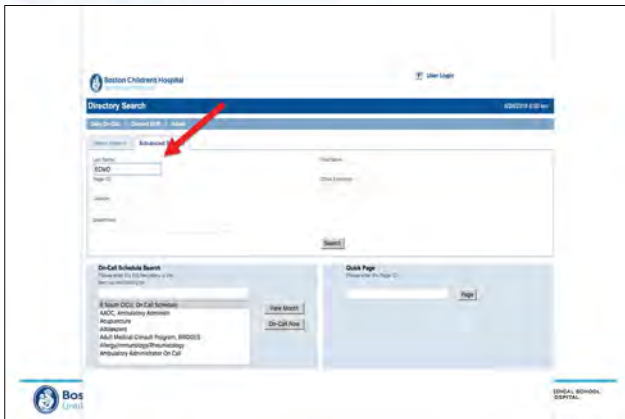
Contraindications (relative)

- End stage primary disease with poor prognosis
- Severe neurological injury/intracranial bleed
- Uncontrolled visceral bleeding
- Prematurity <34 wks GA
- Low weight < 2 kg

Two Scenarios for the Anesthesiologist

Patient presenting on ECMO

ECMO in the procedural area



ECMO Technology

Components of the ECMO circuit

- Cannula
- Reservoir
- Pump
- Oxygenator
- Heat Exchanger
- Monitors
- Hemofiltration system

<h4>Roller Pump</h4> <ul style="list-style-type: none"> • Positive displacement drives blood forward • Occlusive • More precise pump flow (RPM, D of tube) • Risk of tubing rupture with outflow obstruction • Pump output is a function of pump speed • Need reservoir "bladder" 	<h4>Centrifugal Pump</h4> <ul style="list-style-type: none"> • Centrifugal force • Active drainage of blood • Non-occlusive, no risk of tubing rupture • Variable pump flow (CVP, SVR, RPM) • Reservoir not required
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ECMO Systems

Roller and Centrifugal Pumps

Cannulas/ Tubing

- Different types/sizes of cannulas
- Cut-down, percutaneous techniques
- PVC Tubing



ECMO Oxygenators



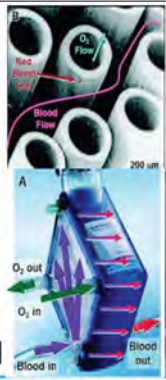
Polymethylenepentene Hollow Fiber Oxygenators

ECMO Oxygenators

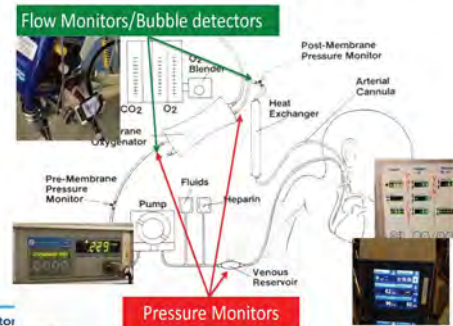
- Hollow Fiber
- PMP
- Easy to prime
- Easy to de-air
- Low resistance
- Low pressure drop
- Heat exchanger
- 15-21 days Duration



Polymethylenepentene Hollow Fiber Oxygenators



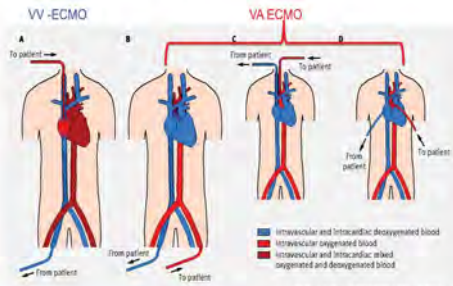
ECMO Circuit Monitors



Troubleshooting the ECMO Circuit

Monitor	Detects
Servo Pressure	↓ Volume status Venous Obstruction
Post-Membrane Pressure	Arterial Obstruction
Pre - Post Membrane Pressure Difference	Oxygenator Function/Clots
Flow Monitor	Actual Flow
Bubble Detector	Air bubbles in Circuit

VA & VV ECMO



Gaffney A M et al. BMJ 2010;341:bnj.e5317

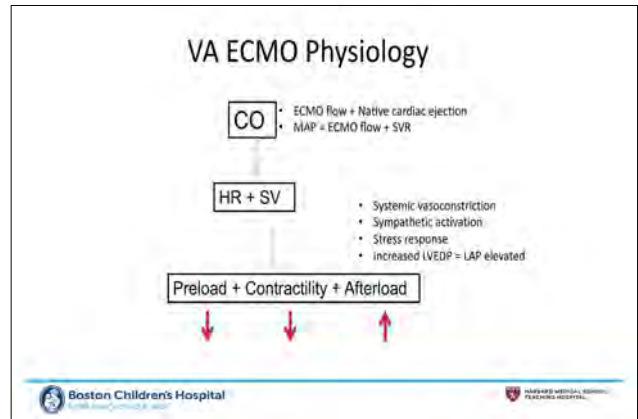
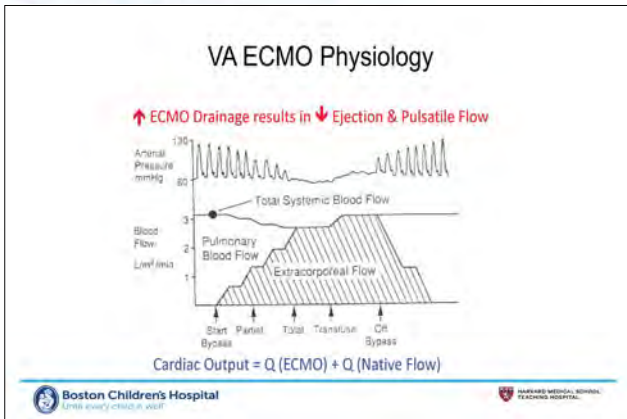
Modes of ECMO support

Modes of ECMO Support

Mode	Indication	Outflow Cannula(s)	Inflow Cannula(s)
Venovenous (VV)	Primary cardiac failure & respiratory failure	V	A
Venovenous (VV)	Primary respiratory failure without refractory cardiovascular compromise	V	V
Venovenous arterial (VVA)	Primary respiratory failure with subsequent refractory cardiovascular compromise	V	V, A
Venovenous venous (VVV)	Primary cardiac and respiratory failure with subsequent North-South syndrome	V, V	A, V
Venovenous venous (VVV)	Inadequate venous drainage	V, V	V

VA vs VV ECMO

	VA	VV
Cumulative	V + A	V / V + V
Perfusion	ECMO Flow + Native CO	Native CO
CVP	Not Helpful	Accurate
Pulmonary Blood Flow	Bypassed	Maintained
ECMO Flow (mL/kg/min)	80-100	100-120
PA pressures	Decreased	Elevated
Arterial side SpO ₂	Controlled by ECMO Flow	80-95%
Pulse Contour	Damped	Normal



Is ECMO support adequate?

- Peripheral perfusion, urine output
- MAP
- Flows
- Tissue O₂ delivery: assessed using SVO₂/ art blood lactate level

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Do patients on ECMO need to be ventilated?

- CO = ECMO flow + native cardiac ejection
- NO native LV ejection →
 - arterial return flows retrograde in AA and arch for coronary blood flow
- YES native LV ejection →
 - blood in RA → RV → lungs → LV
 - Increase FIO₂
- Prevent atelectasis
 - lung rest settings (PEEP 10, Tv 4-6 ml/kg, Rate 6-10)

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Harvard Medical School
Boston Children's Hospital

Ventilatory Support

Managed with protective ventilatory strategies to prevent and manage ventilator associated lung injury.	Limited peak inspiratory pressures (10 to 20 mmHg i20), limited size-appropriate tidal volumes (6 to 8 mL/kg), a low rate (~10 breaths/min), and a generous positive end-expiratory pressure.
Patient factors:	underlying lung pathology or congenital heart disease may require alternate, more customized, management strategies, especially during the weaning process.
When ECMO is instituted for a respiratory indication:	it is generally preferable to increase ECMO rather than ventilatory support in the event of inadequate gas exchange.
Patients supported with peripheral ECMO as a bridge to lung transplant:	may be extubated to minimize deconditioning.

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Troubleshooting inadequate ECMO flow

ECMO flow low	ECMO flow normal
<ul style="list-style-type: none"> Hypovolemia <ul style="list-style-type: none"> volume expansion Bleeding <ul style="list-style-type: none"> correct coagulopathy, surgical exploration Venous cannula malposition/ obstruction <ul style="list-style-type: none"> correct cannula position Small venous cannula <ul style="list-style-type: none"> upgrade, add additional cannula Cardiac tamponade <ul style="list-style-type: none"> pericardiocentesis Tension pneumothorax <ul style="list-style-type: none"> chest drain LAHTN <ul style="list-style-type: none"> LV decompression 	<ul style="list-style-type: none"> High metabolic demand <ul style="list-style-type: none"> consider ECMO flow Low MAP, patient warm and vasodilated <ul style="list-style-type: none"> consider vasopressors

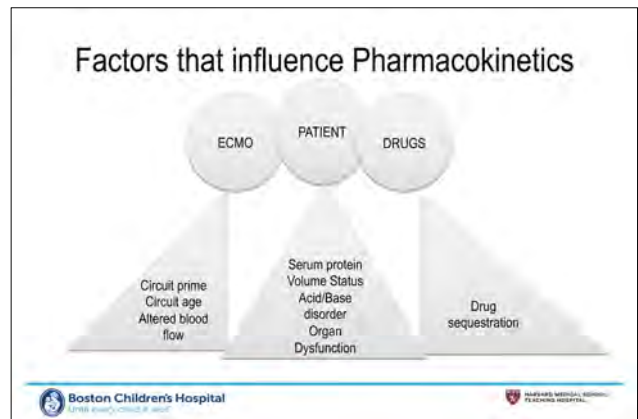
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Other Complications

- Circuit clotting**
 - White (platelet) or dark clots can be seen in low flow parts of the ECMO circuit, e.g. connectors and oxygenator.
 - A flashlight is used for clot detection.
 - Large clots (> 0.5 cm) or rapidly growing clots should be removed by changing the whole or the part of the circuit.
- Circuit air bubbles**
 - Observed or detected by a bubble detector.
 - Most commonly found in inflow, venous, part of the circuit.
 - The pump has to be stopped, lines have to be clamped near the patient and bubbles must be evacuated or the whole circuit has to be changed.

ECMO Ultrasonic Flow Sensor

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Anesthesia for Patients with Transposition of the Great Arteries

Dean B. Andropoulos

Department of Anesthesiology, Perioperative and Pain Medicine at Texas Children's Hospital,
Department of Anesthesiology at Baylor College of Medicine, USA

Disclosures

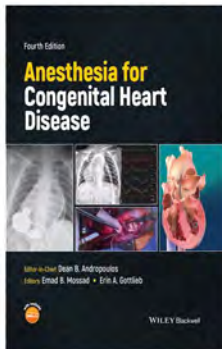
- No financial disclosures
- Dexmedetomidine is not labeled for pediatric use by U.S. Food and Drug Administration

Learning Objectives

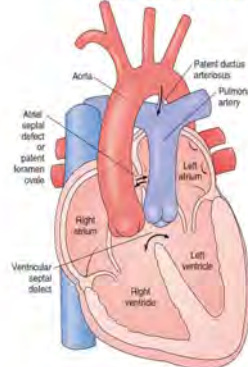
- Explain anatomy and physiology of D-transposition of the great vessels
- Review surgical techniques for the arterial switch operation
- Discuss anesthetic management for the arterial switch
- Describe the feasibility of early tracheal extubation

*** = Most important points**

Textbook References



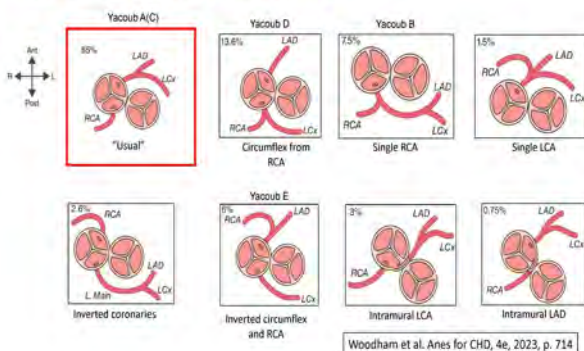
D-TGA Anatomy



- D-looping of heart
- Aorta rightward and anterior from RV
- VSD in 15-25%
- 3.6% of all CHD
- 10.3% of neonatal surgeries

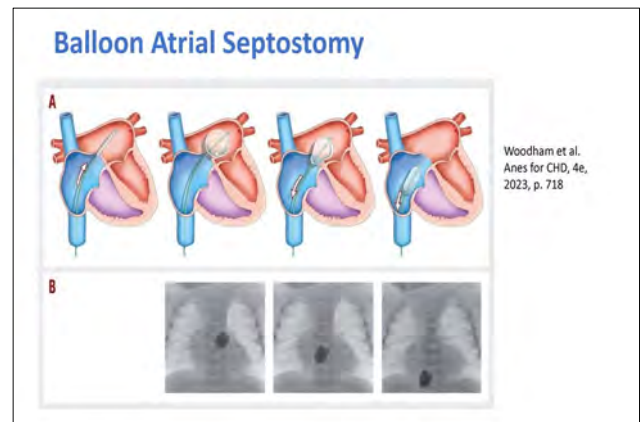
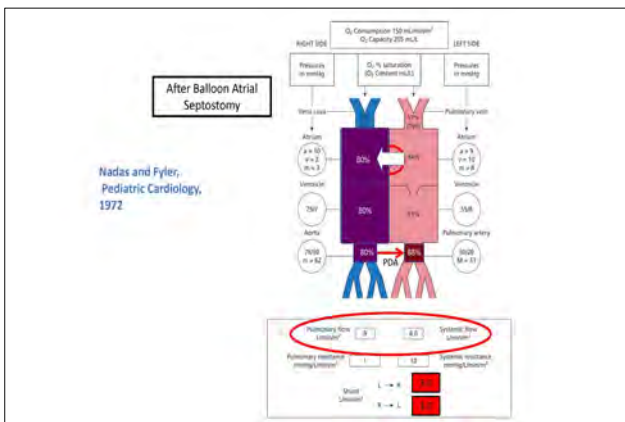
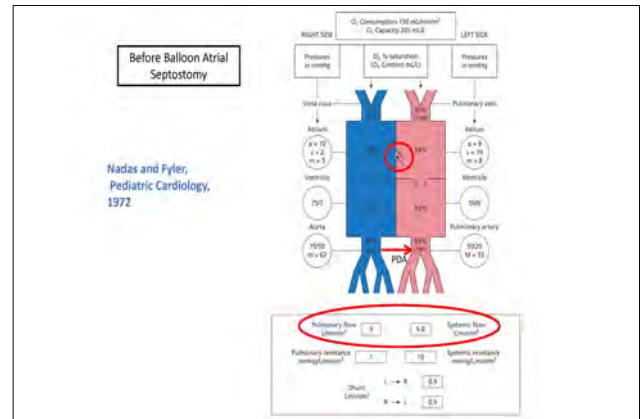
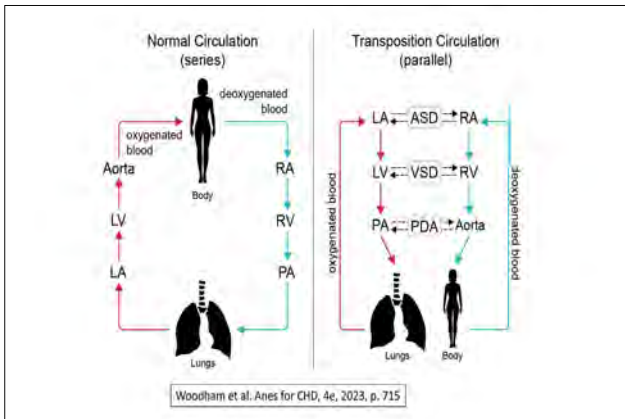
Andropoulos et al; Congenital Heart Disease, Anesthesia and Uncommon Diseases, 6th Ed., Fleisher L., (ed.) 2012, p. 116

Coronary Artery Anatomy



Transposition Physiology

- D-transposition of the great vessels
 - D-looping of the heart
 - Atrioventricular concordance
 - Ventriculo-arterial discordance
 - Aorta rightward and anterior to the pulmonary artery
- Parallel circulation
 - Systemic venous return to right atrium, right ventricle, aorta
 - Pulmonary venous return to left atrium, left ventricle, pulmonary artery
 - Systemic oxygenation dependent on mixing at PDA, atrial septum, or ventricular septum levels (15-25% of patients have VSD)

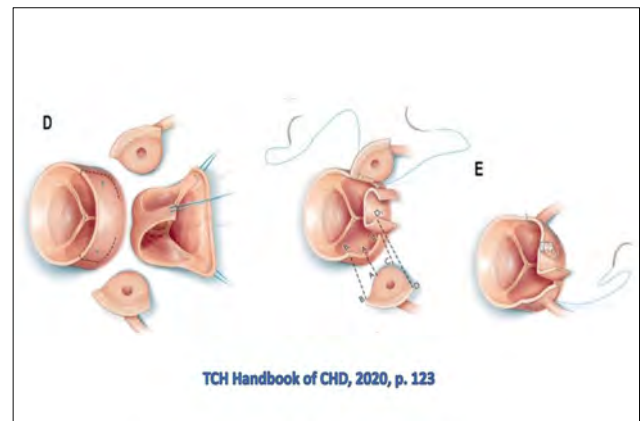
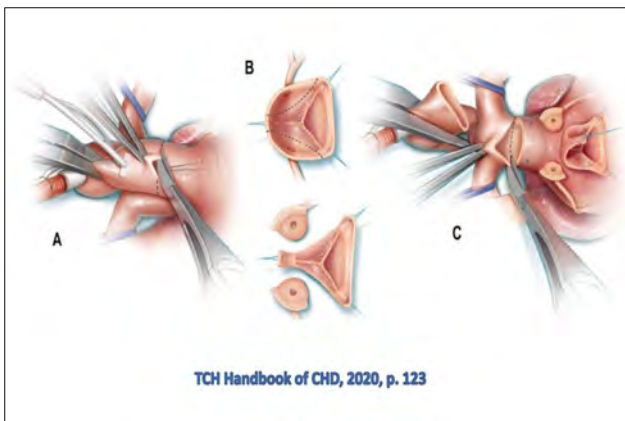


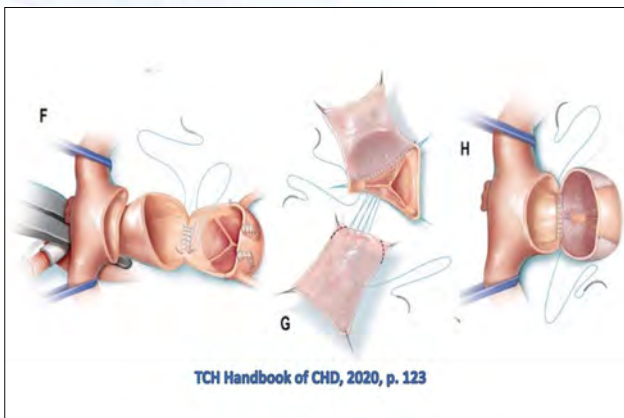
Anesthesia for Balloon Atrial Septostomy

- Indications:**
 - PaO₂ <40 mm Hg; SpO₂ <75% despite PGE₂ infusion
 - "Elective" to allow improved atrial mixing, discontinuance PGE₂, and later surgery after feeding established and PVR decreases
- Location:**
 - ICU at bedside: intubation, light sedation
 - Cath lab for thick atrial septum, small PFO
- Access:**
 - Femoral vein
 - Umbilical vein
- Anesthesia:**
 - Small dose synthetic opioid (fentanyl 5-10 mcg/kg), benzodiazepine (midazolam, 0.25-0.5 mg/kg), muscle relaxation with non-depolarizing agent—rocuronium, vecuronium
 - Tracheal intubation, FIO₂ 1.0
 - **Avoid deep anesthesia:** will suppress endogenous catecholamines, reduce cardiac output, flows L and R sides, and decrease mixing leading to desaturation

BAS/Preoperative MRI Brain Injury at Texas Children's Hospital

- 68 patients:
 - BAS in 18 of 21 TGA patients
- **NO association with BAS and MRI brain injury** on multivariate analysis
- Associations with preoperative MRI brain injury:
 - Structural brain immaturity
- J Thorac Cardiovasc Surg 2010;139:543



Anesthesia for Arterial Switch Operation

- Airway Management
 - * Nasotracheal intubation with cuffed ETT (3.0-3.5 mm) to minimize leak and facilitate ventilation with TEE probe
- Vascular Access
 - UAC and UVC if properly positioned
 - Never use 2 fr neo-PICC for CVP in major neonatal surgery
 - IR-placed larger PICC is suitable for CVP
 - Percutaneous radial or femoral artery catheter 22g or 2.5 Fr
 - Percutaneous CVP: femoral vein double lumen 4 Fr
 - May use transthoracic RA catheter
 - Adequate PIV 22g
 - LA catheter in all; no routine PA catheter

Anesthesia for Arterial Switch Operation

- Timing of Surgery:
 - * LV deconditioning with IVS after 2-4 wks(?): position of intraventricular septum, LVEDV, LVEF, LV thickness, LV stress, LV mass
 - Pulmonary hypertension with large VSD, PDA
- Anesthetics:
 - Synthetic opioids: fentanyl 50-100 mcg/kg total dose
 - Benzodiazepines: midazolam 0.5-1 mg/kg total dose
 - Dexmedetomidine frequently added after CPB: 0.5 mcg/kg/hr infusion
 - Halogenated anesthetic gas: isoflurane 0.2-1% end-tidal
 - Non-depolarizing muscle relaxants: vecuronium

Anesthesia for Arterial Switch Operation

- Neurological Monitoring:
 - * Near-infrared spectroscopy: bilateral, baseline recorded on room air before/after induction
- Echocardiography:
 - Transesophageal if over 3.5 kg, or if 2.5-3.5 kg with microprobe
 - Epicardial
 - * Monitor global and segmental ventricular wall motion, residual defects: VSD, outflow tracts, aortic or pulmonary regurgitation, coronary flow (?)



Pre-CPB Period Anesthetic Management

- * Avoid excessive levels of anesthesia
 - Will decrease catecholamines, cardiac output, flow, and mixing
- Maintain PGE₁ if used preoperatively for inadequate mixing
- FiO₂ 1.0 for arterial desaturation
- Inotropic support (low dose epinephrine, vasopressin) if needed for cardiac output, desaturation
- Increase hemoglobin if necessary for desaturation
 - Transfuse to maintain hematocrit 35-45%
- Limit FiO₂ in cases of excessive pulmonary blood flow
- ε-aminocaproic acid loading dose to patient plus infusion

CPB Management (TCH)

- Maximize oxygen delivery at all times
- Prime with reconstituted whole blood; adjust pH
- Maintain 150 ml/kg/min flows
- Vasodilation with phentolamine
- MAP 40-45 mm Hg (lower limit autoregulation)
- Anesthesia, vasodilation with isoflurane
- Use pH stat management entire CPB period
- Hypothermia to 25-32° C
- Hematocrit 30-35%
- NIRS monitoring to maintain rSO₂ >50%
- Continuous zero-balanced hemofiltration during CPB
- ε-aminocaproic acid loading dose to CPB prime

DIBardino et al. Ann Surg 2004; 239:688

Post-CPB Anesthetic Management

- Standard hemodynamic infusions: low dose epinephrine, NTG, CaCl₂, ± milrinone
 - T3, vasopressin, corticosteroids for severe LV dysfunction
 - iNO for pulmonary hypertension
- CPB weaning: untrained LV intolerant of excessive preload or afterload
 - * Gradual, wean with near empty ventricle
 - Separate from CPB, then add volume after separation
 - Maintain LAP 4-6 mm Hg, systolic BP 60-70 mm Hg
 - HR 120-150 with A-V synchrony; atrial pacing if needed

Spillover of Early Extubation Practices From the Pediatric Heart Network Collaborative Learning Study

Pediatr Crit Care Med. 2021;22:204-12

Extubation Outcome	Pre-Clinical Practice Guideline Era (n = 134)	Follow Up Era (n = 135)	p
Hours to initial extubation, median (interquartile range)			
Overall	71 (41-117)	73 (47-118)	0.45
Aortopulmonary shunt	53 (26-113)	69 (30-114)	0.64
Arterial switch	72 (44-97)	77 (62-118)	0.47
Arterial switch + VSD repair	99 (67-133)	90 (68-128)	0.74
Early extubation, n (%)			
Overall	2 (1)	0 (0)	
Aortopulmonary shunt	0 (0)	0 (0)	
Arterial switch	1 (2)	0 (0)	
Arterial switch + VSD repair	1 (1)	0 (0)	
Reintubation rate, n (%)			
Overall	12 (8.7)	10 (7.4)	0.70
Aortopulmonary shunt	4 (6.4)	4 (6.1)	0.99
Arterial switch	5 (8.3)	3 (6.7)	0.72
Arterial switch + VSD repair	3 (4.3)	3 (12.5)	0.99

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* Conclusions

- The MOST important points for anesthetic management:
- Manage parallel circulation by maintaining cardiac output and oxygen delivery
- Nasotracheal intubation allows airway protection for TEE
- Gradual wean from CPB maintaining low preload and afterload
- TEE abnormalities are important; seek the cause and correct it
- Neurological monitoring with NIRS may improve long term outcomes

Anaesthesia for Children Who Go Through Journeys to Fontan

Tracy Tan

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OUTLINE

- Background on Fontan (single ventricle) physiology
- Anaesthesia considerations for first stage (initial palliative procedures)
- Anaesthesia considerations for second stage (BDG shunt)



Fontan Physiology

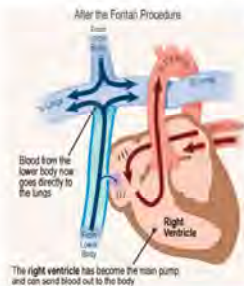


- Dr Francis Fontan
 - Pioneered the staged Fontan procedure in 1970s
- Fontan circulation
 - Passive surgical redirection of systemic venous blood flow into the lungs, bypassing the right ventricle
 - Oxygenated blood flows back to the heart
 - functional ventricle pumps the blood into the systemic circulation

*OVERALL: improve oxygenation and reduce workload on the single ventricle.



Fontan Physiology



ACHIEVE 3 PHYSIOLOGIC GOALS:

- Reliable and appropriate source of pulmonary blood flow
- Unobstructed delivery of pulmonary venous blood to the systemic circulation
- Unobstructed outflow from the functioning ventricle to the aorta

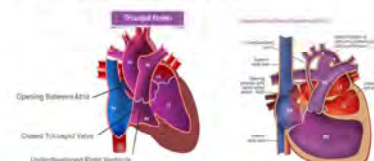
*OVERALL: improve oxygenation and reduce workload on the single ventricle.



WHO need Fontan physiology?

Common indications:

- atresia or stenosis of atrioventricular valves
- one of the ventricles is small/non-functional
- Complex multiple VSDs



HOW do we achieve Fontan physiology?

3 STAGES:


- Appropriate initial palliative procedure
- BiDirectional Glen shunt (superior cavopulmonary shunt)
- Completion of Fontan (total cavopulmonary shunt)



ANAESTHESIA CONSIDERATIONS FOR INITIAL PALLIATIVE PROCEDURES




INITIAL PALLIATIVE PROCEDURES



To IMPROVE pulmonary artery blood flow


- Lesions which need duct-dependent pulmonary blood
- Need stabilization with prostaglandin E1 infusion
- Surgical placement of aortopulmonary shunt eg modified Blalock Taussig (mBTS) shunt



To REDUCE pulmonary artery blood flow


- Lesions with unrestricted pulmonary blood flow eg TA with large VSD
- At risk of compromising systemic oxygen delivery
- PA banding creates a restrictive lesion

INITIAL PALLIATIVE PROCEDURES



To optimize pulmonary venous blood flow

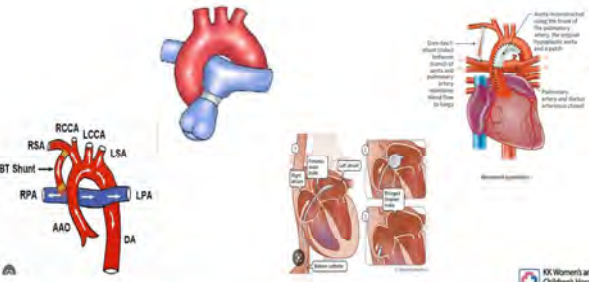
- Lesions where pulmonary venous blood must cross the atrial septum to reach systemic circulation
- Create a common atrium



To optimize systemic blood flow

- When the path out of the dominant (right) ventricle is obstructed or when the proximal/transverse aorta is hypoplastic
- Norwood procedure is required

Summary of initial palliative procedures



Anesthesia considerations for initial palliative procedures

- Neonates can arrive in operating theatre from ICU
 - Intubated: on inotropic and PGE1 infusions
 - Un-intubated: clinically in balanced circulation
- High dose fentanyl technique with muscle relaxant
- Inhalational poorly tolerated
- Di-nitrogenation with 100% oxygen is recommended prior to induction, laryngoscopy and intubation to prevent hypoxemia
 - Once airway is secured, FiO2 can be reduced.
 - Mechanical lung expansion, PVR drops and may compromise systemic circulation

Anesthesia considerations for initial palliative procedures

- Ductal-dependency pulmonary or systemic blood flow:
 - continue IV PGE1 infusion to maintain ductal patency
- Unrestricted pulmonary blood flow:
 - manipulate ventilation: to control PVR/SVR and Qp/Qs
 - Low FiO2, hypo-ventilate to achieve appropriate hypercarbia, additional PEEP to limit excessive pulmonary blood flow
 - Ventilatory interventions are unable to reduce Qp:Qs below 2:1
- Patients with overloaded ventricles:
 - Limit to increase stroke volume through preload augmentation: start inotropic support
- Target SpO2 70-80%, PaO2 40-45mmHg reasonable:
 - adequate systemic O2 delivery

Potential issues after coming off CPB for initial palliative repair(s)

- mBTS or RV-PA conduit may be too large or too small for prevailing physiologic conditions
- High PVR resulting in reduced pulmonary blood flow and hypoxaemia
- Ventricular dysfunction due to long CPB and DHCA after complicated repairs eg Norwood
- Bleeding from sutures lines may be significant

4 clinical scenarios post initial palliative repair

Clinical presentation	Physiology	Management
SpO2 73-80% Sa-vO2 25-30% BP > 60/30 mmHg SpO2 > 85-90% Sa-vO2 35-40% BP < 60/30 Diastolic BP < 15-25 mmHg with mBTS; likely higher with RV-PA conduit	Balanced flow Qp:Qs = 0.7-1.5:1 High pulmonary blood flow Qp:Qs > 2-3:1 Causes: Low PVR Large MBTS or RV-PA conduit Residual arch obstruction High SVR	No intervention Paired PVR Controlled hypoventilation Mild acidosis Low FiO2 (0.17-0.19); compromises cerebral O2 delivery Increase systemic O2 delivery Afterload reduction Inotropic support Hemostasis > 80% Surgical intervention: Clip MBTS or RV-PA conduit Revise arch reconstruction

4 clinical scenarios post initial palliative repair

SaO2 < 65-75% Sa-vO2 25-30%; but SvO2 likely less than critical value of 30% BP > 70/40 mmHg Diastolic BP > 40 mmHg	Low pulmonary blood flow Qp:Qs < 0.7:1 Causes: High PVR Small MBTS or RV-PA conduit Pulmonary venous desaturation with underestimation of actual Qp:Qs	Lower PVR: Controlled hypoventilation Alkalosis Sedation/paralysis Aggressively treat atelectasis (pulmonary venous desaturation) Consider NO Increase systemic O2 delivery: Inotropic support Surgical intervention: Revise MBTS or RV-PA conduit
--	--	--

4 clinical scenarios post initial palliative repair

SaO₂ <70-75%
 Sa-vO₂ 35-40% and SvO₂ likely less than critical value of 30%
 BP > 60/30mmHg

Low cardiac output

Causes:

- Ventricular dysfunction
 - Myocardial ischemia
 - Depressed contractility
 - Allostatic mismatch (residual aortic obstruction)
 - AV valve regurgitation

Active goals in AV-PA conduit
 Minimize O₂ consumption:
 Sedation/paralysis
 Inotropic support/afterload reduction
 Surgical intervention

Repair AV valve
 Revisit arch
 Consider mechanical support:
 • Post-cardiotomy support
 • Bridge-to-transplantation

AV, atrioventricular; BP, blood pressure; mBTS, modified Blalock-Taussig shunt; PVR, pulmonary vascular resistance; RV-PA, right ventricle-pulmonary artery; SVC, systemic vascular resistance.

ANAESTHESIA CONSIDERATIONS FOR BIDIRECTIONAL GLEN (BDG) SHUNT

Bi-Directional Glenn Shunt

- Undertaken usually around **3-6 months of age**
 - PVR has decreased
 - systemic venous pressure in the SVC is the driving pressure to provide for pulmonary blood flow
- BDG may occur earlier if patients have poor saturation
 - Outgrown the PA band, mBTS, RV-PA conduit
 - Loose PA band or large mBTS and not tolerating the additional volume load on their ventricle

Variation of the BDG(s)

BDG Physiology

- Upper extremity and cerebral venous drainages reach the SVC → pulmonary circulation **passively (non-pulsatile)**
 - Qp:Qs ranges 0.5-0.7:1
 - Reduction in volume load on the systemic ventricle
 - Elevated SVC pressure and ICP → initial systemic hypertension and postoperative irritability

BDG Physiology

- Mixing of IVC and pulmonary venous blood in a common atrium → reduce arterial saturation
- Systemic arterial oxygenation dependent on
 - pulmonary artery blood flow (equal to pressure in SVC)
 - Pulmonary vascular resistance
 - Pulmonary venous pressure

Anesthesia considerations for BDG

- Potential difficult IV access in the infant
- CVL usually inserted in R internal jugular vein
 - measures the SVC pressure
 - Equals to the mean pulmonary artery pressure after BDG creation
- Arterial line
- Good peripheral IV access
 - Redo surgery (risk of massive bleeding during redo sternotomy)
- TEE

Immediate Post CPB Management after the creation of BDG shunt

- Maintain cardiac output
 - HR, contractility and preload
 - Ensure adequate intra-vascular volume to promote pulmonary blood flow
- High-ish FiO₂
 - to reduce V/Q mismatch and intrapulmonary shunt
 - Low pulmonary venous oxygen saturation → low SaO₂
- Ventilatory strategy: Larger TV (10-12ml/kg), lower RR (10-15/min), short inspiratory time (I:E 1:3), use PEEP with caution
 - Keep mean airway pressure to a minimum
 - High mean airway pressure limits non-pulsatility of pulmonary blood flow
 - Allows normocarbica or mild hypercarbica
 - Avoid hyperventilation to reduce PVR: may reduce CBF and cerebral venous drainage

Immediate Post CPB Management after the creation of BDG shunt

- Inotropic support of the systemic ventricle
 - Ventricular dysfunction from chronic ventricular overload and CPB
- Transpulmonary pressure gradient
 - mPAP - LAP should be <10mmHg with appropriate ventilation
- Low SpO₂ following BDG
 - Usually due to a low CO with a low IVC saturation
 - Do TEE: diagnose ventricular dysfunction, hypovolemia
 - If saturation is still low: consider causes of reduced pulmonary blood flow



24

PEDIATRS AT THE HEART OF ALL WE DO

TAKE HOME MESSAGES

- The journey to completion of Fontan involves providing anesthesia care for first 2 stages: palliative and BDG
- Prudent to understand the native anatomy: it determines the initial palliative procedure prior to BDG and the anesthesia management tailored accordingly
- Appreciation of BDG physiology and immediate anesthetic management after its creation



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PEDIATRS AT THE HEART OF ALL WE DO



Asian Society of Paediatric Anaesthesiologist
Cardiac
Special Interest Group



- ▶ Paediatric cardiac anaesthesiologists are a small group. Some centres do more, others not as much
- ▶ Collective knowledge and group wisdom is the way forward

The Vision:

A platform to share insights and expertise with the vision of improving standards of paediatric cardiac care in the region.



26

PEDIATRS AT THE HEART OF ALL WE DO

How to Mend a Broken Heart: An Approach to the Failing RV in CHD Patients

In-Kyung Song

Department of Anesthesiology and Pain Medicine, Asan Medical Center, University of Ulsan College of Medicine, Korea



I have nothing to disclose.

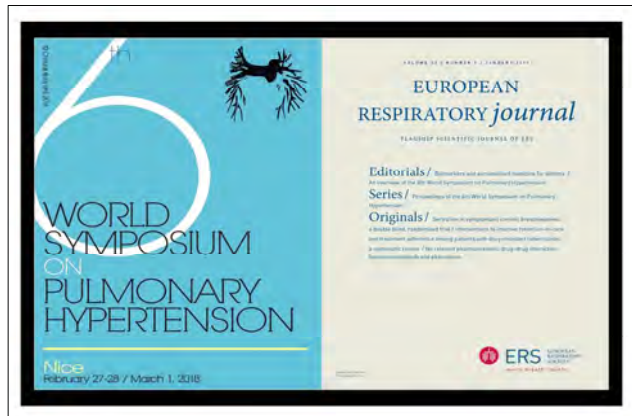


Objectives

- Current concepts
- ☒ Treatment strategies
- ☒ Perioperative management

1.

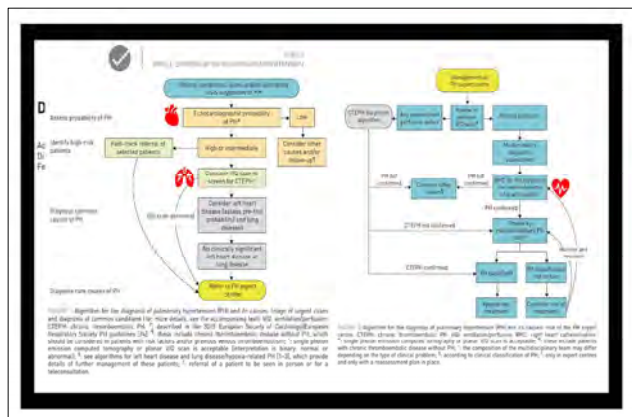
Current concepts



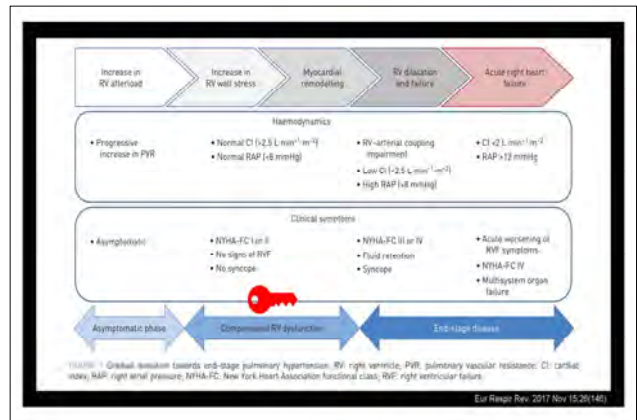
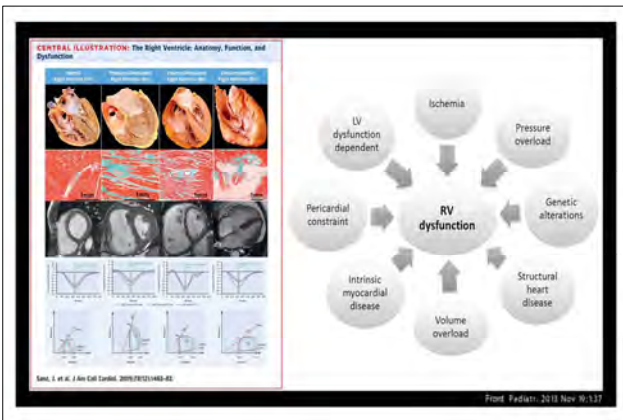
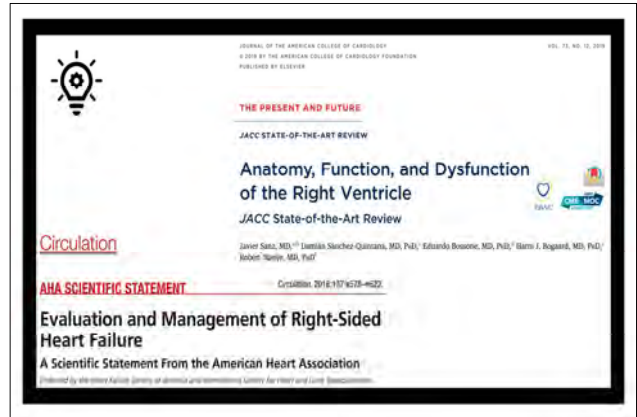
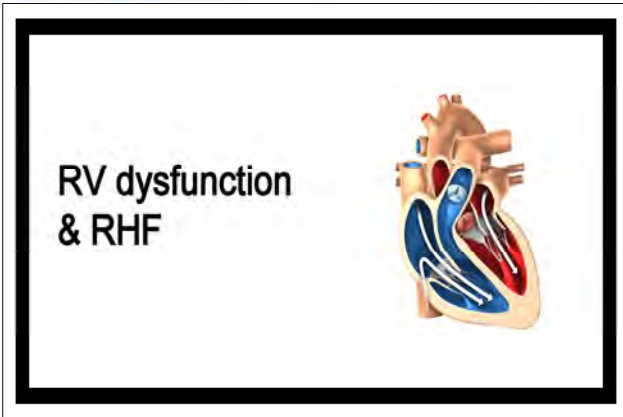
and updated monary

Definitions	Characteristics	Clinical groups ^a
Pre-capillary PH	mPAP ≥20 mmHg PAPP <15 mmHg PVR ≥3 WU	1, 3, 4 and 5
Isolated post-capillary PH (IpcPH)	mPAP <20 mmHg PAPP ≥15 mmHg PVR <3 WU	2 and 3
Combined pre- and post-capillary PH (CpcPH)	mPAP ≥20 mmHg PAPP ≥15 mmHg PVR ≥3 WU	2 and 5

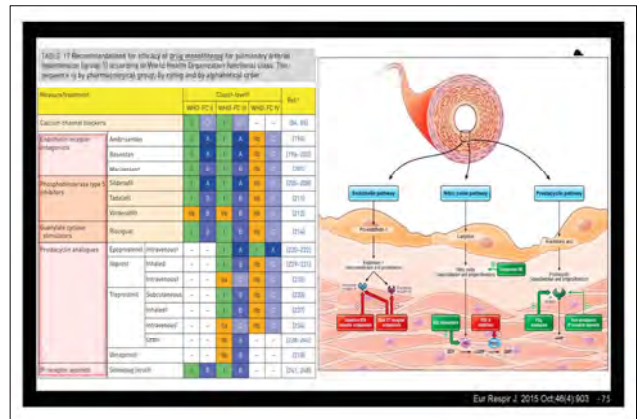
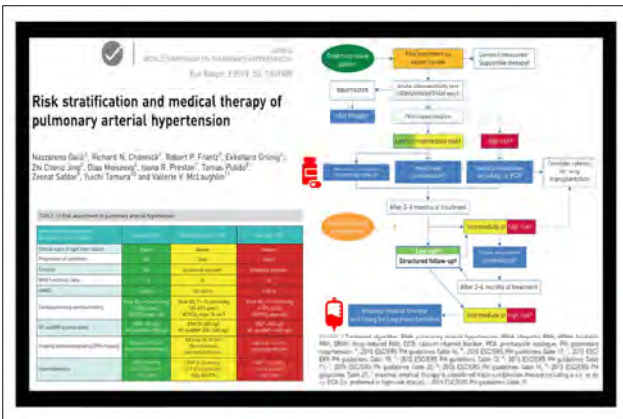
mPAP: mean pulmonary arterial pressure; PAPP: pulmonary arterial wedge pressure; PVR: pulmonary vascular resistance; WU: Wood Units. ^a group 1: PH; group 2: PH due to left heart disease; group 3: PH due to lung diseases and/or hypoxia; group 4: PH due to pulmonary artery obstructions; group 5: PH with unclear and/or multifactorial mechanisms.



In-Kyung Song: How to Mend a Broken Heart: An Approach to the Failing RV in CHD Patients



2. Treatment strategies



Cochrane Library
Cochrane Database of Systematic Reviews

Protacitin for pulmonary arterial hypertension (Review)

Baron R, Fusch H, Fothergill T, Burns A, Hombert M, Williams T

Cochrane Library
Cochrane Database of Systematic Reviews

Phosphodiesterase 5 inhibitors for pulmonary hypertension (Review)

Baron R, Baron Z, Burns A, Hilligley T

Table 2. Pharmacologic Agents Available for treatment of Pulmonary Hypertension (All Therapies Organization Group I Disease Unless Otherwise Indicated).

Agents	Route of Administration	Dosing Rate
Prostanoids		
Epoprostenol	Continuous intravenous infusion	1-12 ng/kg/min, titrate
Treprostinil	Continuous intravenous or subcutaneous infusion	0.625 to 1.25 ng/kg/min titrated for effect
	Inhaled	3-9 inhalations 4 times daily
Iloprost	Inhaled	2.5-5 µg up to 9 times daily
Endothelin receptor antagonists		
Bosentan	Oral	
Ambrisentan	Oral	
Macitentan	Oral	
Phosphodiesterase 5 inhibitors		
Sildenafil	Oral or intravenous	
Tadalafil	Oral	
Soluble guanylate cyclase stimulant		
Riociguat	Oral	
Inhaled nitric oxide (iNO)	Inhaled	5-80 ppm via continuous inhalation. Secondary to nitroxide

*Approved for use in World Health Organization group IV disease (chronic thromboembolic pulmonary hypertension)

Source: Caronnetoz, Vasc Anaesth, 2018 Dec;34(4):330-8

Functional RV Hypertrophy

- A. Subunit hypertrophy
- B. Subunit capillary
- C. Subunit energy
- D. Preload intolerance factor
- E. RV-A coupling

RV Failure

- A. Insufficient hypertrophy/growth arrest
- B. Capillary remodelling
- C. Mitochondrial dysfunction
- D. Insufficient energy production
- E. Myofibrillar dysfunction
- F. Increased ROS
- G. Excessive matrix remodelling

Treatment Goals

- Maintenance of connectivity at maximum energy production
- Reduction of energy
- Improvement of capillary function
- Reduction of inflammation and ROS stress
- Reduction of apoptosis
- Maintenance of sufficient myocardial hypertrophy

Figure 2. Treatment goals for prevention of a deterioration of right ventricular (RV) function, with the most neurohormonal changes in the early transition reduced blood flow, increased resistance, and increased pulmonary artery pressure for the RV in a state of adaptation as long as there is sufficient hypertrophy, adequate capillary density, adequate substrate utilization and a controlled amount of reactive oxygen species (ROS). RV function deterioration may eventually occur, leading to severe RV dysfunction and failure. Treatment goals should be centered toward improvement of connectivity with reduced energy consumption, prevention of metabolic remodeling, prevention of fibrosis, increased capillary production of connectivity, control of ROS, adequate cell growth, and inhibition of cardiomyocyte apoptosis.

Ann Am Thorac Soc, 2014 Sep;1(7):101-10

Acute decompensated pulmonary hypertension

Management algorithm:

- 1. Hemodynamic optimization
- 2. Right ventricular optimization (Diuretics, Vasodilators, Inotropes)
- 3. Cardiac output optimization (Diuretics, Vasodilators, Inotropes)
- 4. Systemic blood pressure optimization (Noninotropes, Vasopressors)
- 5. Refractory right heart failure despite optimal medical management
- 6. Decision for S2L or P2L
- 7. Supportive management (pulmonary vasopressors, inotropes, vasopressors)
- 8. Palliative care

Figure 10. Management of acute decompensated pulmonary hypertension. RV, right ventricle; S2L, double lung transplantation; P2L, double lung transplantation.

Eur Respir Rev 2017; 26: 170002

TABLE 1. Inotropes and vasopressors in clinical use to treat advanced right heart failure.

Drug	Cardiac output	PVR	SVE	Tachyarrhythmia/arrhythmia	Practical studies	Clinical studies/experience
Inotropes						
Dobutamine	<5 µg/kg ⁻¹ ·min ⁻¹ 5-15 µg/kg ⁻¹ ·min ⁻¹	↑ 	↘ -	- or + 	***	Large clinical experience, haemodynamic studies
Dopamine	2.5-5 µg/kg ⁻¹ ·min ⁻¹ >5 µg/kg ⁻¹ ·min ⁻¹	↑ ?	 	*** ***	+/-	↑ Renal blood flow
Milrinone				***	***	Group 2 PH case reports in PAH
Levosimendan						Group 2 PH case reports in PAH
Epinephrine						Effective, but risk of myocardial necrosis and lactic acidosis
Vasopressors						
Norepinephrine	↑	→ or ↑				Large clinical experience
Vasopressin (low doses)	→ or ↑					Limited clinical data in PAH

Eur Respir J 2019 Jun 24;32(1)

Mechanical circulatory support options for acute right ventricular (RV) support.

Options include:

- Intra-aortic balloon pump (IABP)
- Paracorporeal extracorporeal membrane oxygenation (ECMO)
- Direct RV bypass
- Indirect RV bypass
- Tandem PVAO
- Protek Duo
- Via ECMO

Figure 11. Mechanical circulatory support options for acute right ventricular (RV) support. IABP indicates intra-aortic balloon pump; ECMO, extracorporeal membrane oxygenation. Adapted with permission from Kasper et al¹¹ Copyright © 2017 American Heart Association.

Figure 12. Mechanical circulatory support options based on the pathogenesis of right ventricular (RV) failure.

Circulation 2014 May 15;129(19):e178-e182

3.

Perioperative management

Review Article

Pulmonary hypertension and its management in patients undergoing non-cardiac surgery

S. A. Pilbreg, D. Tabach, and G. Martinez

Table 4 Summary of studies showing morbidity and mortality associated with pulmonary hypertension (PH) in patients undergoing non-cardiac surgery (2-8, 38). Values are percentages.

	Banaskantia et al (2010) (n=145)	Mihal et al (2016) (n=271)	Lai et al (2017) (n=42)	Peur et al (2018) (n=28)	Menciovelli et al (2018) (n=354)	Kan et al (2019) (n=84)
Country	USA	USA	Taiwan	France	USA	USA
Pre due to left heart disease	No	No	Yes	No	No	Yes
General	100%	79%	58%	50%	Data unavailable	100%
anesthesia	79%	86%	98%	97%	100%	100%
Major surgery	7%	18%	37%	7%	2.40-5%	1%
Mortality	42%	14%	24%	25%	28%	28%
Study type	Retrospective	Retrospective	Retrospective	Retrospective	No database	Retrospective
Institutions	No control	No control	Controlled	No control	Matched samples	Controlled
	ECMO criteria to define PH	severe PH	ECMO criteria	ECMO criteria	immediate postoperative period only	ECMO criteria

ECMO, extracorporeal membrane oxygenation; RHC, right heart catheterization; THV/TKR, total hip/knee replacement; NS, National Inpatient Sample.

In-Kyung Song: How to Mend a Broken Heart: An Approach to the Failing RV in CHD Patients

Cardiovascular Outcomes of Patients With Pulmonary Hypertension Undergoing Noncardiac Surgery

Nathaniel R. Smithowitz, MD^{1,2*}, Andrew Amanous, MD³, Srijai Bangalore, MD, MHA⁴, Harish Ramakrishna, MD^{1,2*}, and Jeffrey S. Berger, MD, MS^{4,5*}

Table 2
Perioperative outcomes of non-cardiac surgery, with and without a diagnosis of pulmonary hypertension.

	Pulmonary hypertension		Unadjusted p value	Adjusted ^a OR (95% CI)
	Yes (n = 1433/6)	No (n = 12709/348)		
Major adverse cardiovascular events	1793 (12.5)	3461 (27)	<0.001	1.31 (1.40 – 1.46)
Death	634 (4.4%)	1992 (15.6)	<0.001	1.51 (1.47 – 1.55)
Acute myocardial infarction	435 (3.2%)	980 (7.6%)	<0.001	1.49 (1.44 – 1.54)
Stroke	2192 (15.3%)	3204 (25.1%)	<0.001	0.93 (0.89 – 0.98)
Other cardiovascular complications				
Pulmonary embolism	832 (5.8%)	12426 (9.7%)	<0.001	3.35 (3.27 – 3.44)
Cardiogenic shock	916 (6.4%)	12109 (9.4%)	<0.001	2.97 (2.20 – 2.85)
Cardiac arrest	1651 (11.5%)	4183 (32.5%)	<0.001	1.72 (1.63 – 1.81)

^a Adjusted for demographics, clinical comorbidities, urgent/emergent hospitalization, and non-cardiac surgery type as described in the methods.

Am J Cardiol. 2019 May 132(5):1532-1537.

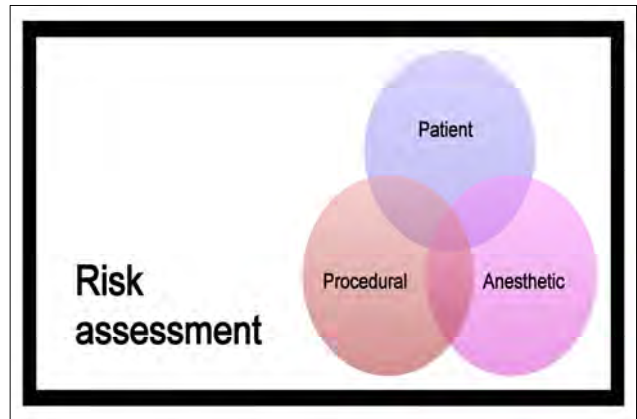


Table 6 Patient and surgical risk factors associated with increased morbidity and mortality in patients with pulmonary hypertension [2-6].

Table 1—Factors Contributing to Pulmonary Hypertension in the Perioperative Period

Category	Factors
Patient factors	<ul style="list-style-type: none"> NYHA/WHO functional class ≥ 2 SAWVO < 300 m History of coronary artery disease History of pulmonary embolism History of chronic renal insufficiency RVH with severe systolic dysfunction Higher mean pulmonary artery pressure
Surgical factors	<ul style="list-style-type: none"> Emergency surgery Intermediate-high risk surgery ASA physical status > 2 Duration of anaesthesia > 3 h Intra-operative use of vasopressors
Factors	<ul style="list-style-type: none"> Preoperative pulmonary hypertension Increased sympathetic tone (eg, pain, airway instrumentation, surgical manipulation) Hypoxia Ischemia-reperfusion injury Fluid overload Positive pressure ventilation Left ventricular systolic or diastolic failure Embolism: thromboembolism, CO₂ embolism, air embolism, amniotic fluid embolism Acidosis Acute lung injury/ARDS Loss of vasculature (eg, pneumonectomy) Pharmacologic agents (pantoprazole)

NYHA, New York Heart Association; WHO, World Health Organization; SAWVO, six-minute walking distance; RVH, right ventricular hypertrophy.

Anesthesia 2010; 76, 346-347/CHEST 2010; 144 (3): 329-340

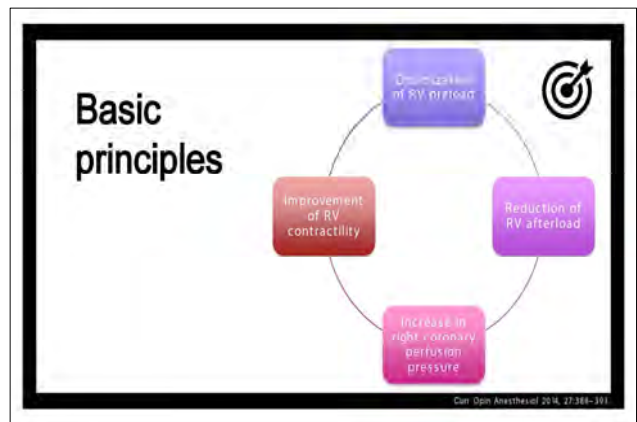


Figure 3 Pathways of management of RV ischemia and acute RV failure. CVR = coronary vascular resistance; EIT = end-tidal CO₂; EIT₂ = end-tidal CO₂ at 2 min; EIT₃ = end-tidal CO₂ at 3 min; EIT₄ = end-tidal CO₂ at 4 min; EIT₅ = end-tidal CO₂ at 5 min; EIT₆ = end-tidal CO₂ at 6 min; EIT₇ = end-tidal CO₂ at 7 min; EIT₈ = end-tidal CO₂ at 8 min; EIT₉ = end-tidal CO₂ at 9 min; EIT₁₀ = end-tidal CO₂ at 10 min; EIT₁₁ = end-tidal CO₂ at 11 min; EIT₁₂ = end-tidal CO₂ at 12 min; EIT₁₃ = end-tidal CO₂ at 13 min; EIT₁₄ = end-tidal CO₂ at 14 min; EIT₁₅ = end-tidal CO₂ at 15 min; EIT₁₆ = end-tidal CO₂ at 16 min; EIT₁₇ = end-tidal CO₂ at 17 min; EIT₁₈ = end-tidal CO₂ at 18 min; EIT₁₉ = end-tidal CO₂ at 19 min; EIT₂₀ = end-tidal CO₂ at 20 min; EIT₂₁ = end-tidal CO₂ at 21 min; EIT₂₂ = end-tidal CO₂ at 22 min; EIT₂₃ = end-tidal CO₂ at 23 min; EIT₂₄ = end-tidal CO₂ at 24 min; EIT₂₅ = end-tidal CO₂ at 25 min; EIT₂₆ = end-tidal CO₂ at 26 min; EIT₂₇ = end-tidal CO₂ at 27 min; EIT₂₈ = end-tidal CO₂ at 28 min; EIT₂₉ = end-tidal CO₂ at 29 min; EIT₃₀ = end-tidal CO₂ at 30 min; EIT₃₁ = end-tidal CO₂ at 31 min; EIT₃₂ = end-tidal CO₂ at 32 min; EIT₃₃ = end-tidal CO₂ at 33 min; EIT₃₄ = end-tidal CO₂ at 34 min; EIT₃₅ = end-tidal CO₂ at 35 min; EIT₃₆ = end-tidal CO₂ at 36 min; EIT₃₇ = end-tidal CO₂ at 37 min; EIT₃₈ = end-tidal CO₂ at 38 min; EIT₃₉ = end-tidal CO₂ at 39 min; EIT₄₀ = end-tidal CO₂ at 40 min; EIT₄₁ = end-tidal CO₂ at 41 min; EIT₄₂ = end-tidal CO₂ at 42 min; EIT₄₃ = end-tidal CO₂ at 43 min; EIT₄₄ = end-tidal CO₂ at 44 min; EIT₄₅ = end-tidal CO₂ at 45 min; EIT₄₆ = end-tidal CO₂ at 46 min; EIT₄₇ = end-tidal CO₂ at 47 min; EIT₄₈ = end-tidal CO₂ at 48 min; EIT₄₉ = end-tidal CO₂ at 49 min; EIT₅₀ = end-tidal CO₂ at 50 min; EIT₅₁ = end-tidal CO₂ at 51 min; EIT₅₂ = end-tidal CO₂ at 52 min; EIT₅₃ = end-tidal CO₂ at 53 min; EIT₅₄ = end-tidal CO₂ at 54 min; EIT₅₅ = end-tidal CO₂ at 55 min; EIT₅₆ = end-tidal CO₂ at 56 min; EIT₅₇ = end-tidal CO₂ at 57 min; EIT₅₈ = end-tidal CO₂ at 58 min; EIT₅₉ = end-tidal CO₂ at 59 min; EIT₆₀ = end-tidal CO₂ at 60 min; EIT₆₁ = end-tidal CO₂ at 61 min; EIT₆₂ = end-tidal CO₂ at 62 min; EIT₆₃ = end-tidal CO₂ at 63 min; EIT₆₄ = end-tidal CO₂ at 64 min; EIT₆₅ = end-tidal CO₂ at 65 min; EIT₆₆ = end-tidal CO₂ at 66 min; EIT₆₇ = end-tidal CO₂ at 67 min; EIT₆₈ = end-tidal CO₂ at 68 min; EIT₆₉ = end-tidal CO₂ at 69 min; EIT₇₀ = end-tidal CO₂ at 70 min; EIT₇₁ = end-tidal CO₂ at 71 min; EIT₇₂ = end-tidal CO₂ at 72 min; EIT₇₃ = end-tidal CO₂ at 73 min; EIT₇₄ = end-tidal CO₂ at 74 min; EIT₇₅ = end-tidal CO₂ at 75 min; EIT₇₆ = end-tidal CO₂ at 76 min; EIT₇₇ = end-tidal CO₂ at 77 min; EIT₇₈ = end-tidal CO₂ at 78 min; EIT₇₉ = end-tidal CO₂ at 79 min; EIT₈₀ = end-tidal CO₂ at 80 min; EIT₈₁ = end-tidal CO₂ at 81 min; EIT₈₂ = end-tidal CO₂ at 82 min; EIT₈₃ = end-tidal CO₂ at 83 min; EIT₈₄ = end-tidal CO₂ at 84 min; EIT₈₅ = end-tidal CO₂ at 85 min; EIT₈₆ = end-tidal CO₂ at 86 min; EIT₈₇ = end-tidal CO₂ at 87 min; EIT₈₈ = end-tidal CO₂ at 88 min; EIT₈₉ = end-tidal CO₂ at 89 min; EIT₉₀ = end-tidal CO₂ at 90 min; EIT₉₁ = end-tidal CO₂ at 91 min; EIT₉₂ = end-tidal CO₂ at 92 min; EIT₉₃ = end-tidal CO₂ at 93 min; EIT₉₄ = end-tidal CO₂ at 94 min; EIT₉₅ = end-tidal CO₂ at 95 min; EIT₉₆ = end-tidal CO₂ at 96 min; EIT₉₇ = end-tidal CO₂ at 97 min; EIT₉₈ = end-tidal CO₂ at 98 min; EIT₉₉ = end-tidal CO₂ at 99 min; EIT₁₀₀ = end-tidal CO₂ at 100 min; EIT₁₀₁ = end-tidal CO₂ at 101 min; EIT₁₀₂ = end-tidal CO₂ at 102 min; EIT₁₀₃ = end-tidal CO₂ at 103 min; EIT₁₀₄ = end-tidal CO₂ at 104 min; EIT₁₀₅ = end-tidal CO₂ at 105 min; EIT₁₀₆ = end-tidal CO₂ at 106 min; EIT₁₀₇ = end-tidal CO₂ at 107 min; EIT₁₀₈ = end-tidal CO₂ at 108 min; EIT₁₀₉ = end-tidal CO₂ at 109 min; EIT₁₁₀ = end-tidal CO₂ at 110 min; EIT₁₁₁ = end-tidal CO₂ at 111 min; EIT₁₁₂ = end-tidal CO₂ at 112 min; EIT₁₁₃ = end-tidal CO₂ at 113 min; EIT₁₁₄ = end-tidal CO₂ at 114 min; EIT₁₁₅ = end-tidal CO₂ at 115 min; EIT₁₁₆ = end-tidal CO₂ at 116 min; EIT₁₁₇ = end-tidal CO₂ at 117 min; EIT₁₁₈ = end-tidal CO₂ at 118 min; EIT₁₁₉ = end-tidal CO₂ at 119 min; EIT₁₂₀ = end-tidal CO₂ at 120 min; EIT₁₂₁ = end-tidal CO₂ at 121 min; EIT₁₂₂ = end-tidal CO₂ at 122 min; EIT₁₂₃ = end-tidal CO₂ at 123 min; EIT₁₂₄ = end-tidal CO₂ at 124 min; EIT₁₂₅ = end-tidal CO₂ at 125 min; EIT₁₂₆ = end-tidal CO₂ at 126 min; EIT₁₂₇ = end-tidal CO₂ at 127 min; EIT₁₂₈ = end-tidal CO₂ at 128 min; EIT₁₂₉ = end-tidal CO₂ at 129 min; EIT₁₃₀ = end-tidal CO₂ at 130 min; EIT₁₃₁ = end-tidal CO₂ at 131 min; EIT₁₃₂ = end-tidal CO₂ at 132 min; EIT₁₃₃ = end-tidal CO₂ at 133 min; EIT₁₃₄ = end-tidal CO₂ at 134 min; EIT₁₃₅ = end-tidal CO₂ at 135 min; EIT₁₃₆ = end-tidal CO₂ at 136 min; EIT₁₃₇ = end-tidal CO₂ at 137 min; EIT₁₃₈ = end-tidal CO₂ at 138 min; EIT₁₃₉ = end-tidal CO₂ at 139 min; EIT₁₄₀ = end-tidal CO₂ at 140 min; EIT₁₄₁ = end-tidal CO₂ at 141 min; EIT₁₄₂ = end-tidal CO₂ at 142 min; EIT₁₄₃ = end-tidal CO₂ at 143 min; EIT₁₄₄ = end-tidal CO₂ at 144 min; EIT₁₄₅ = end-tidal CO₂ at 145 min; EIT₁₄₆ = end-tidal CO₂ at 146 min; EIT₁₄₇ = end-tidal CO₂ at 147 min; EIT₁₄₈ = end-tidal CO₂ at 148 min; EIT₁₄₉ = end-tidal CO₂ at 149 min; EIT₁₅₀ = end-tidal CO₂ at 150 min; EIT₁₅₁ = end-tidal CO₂ at 151 min; EIT₁₅₂ = end-tidal CO₂ at 152 min; EIT₁₅₃ = end-tidal CO₂ at 153 min; EIT₁₅₄ = end-tidal CO₂ at 154 min; EIT₁₅₅ = end-tidal CO₂ at 155 min; EIT₁₅₆ = end-tidal CO₂ at 156 min; EIT₁₅₇ = end-tidal CO₂ at 157 min; EIT₁₅₈ = end-tidal CO₂ at 158 min; EIT₁₅₉ = end-tidal CO₂ at 159 min; EIT₁₆₀ = end-tidal CO₂ at 160 min; EIT₁₆₁ = end-tidal CO₂ at 161 min; EIT₁₆₂ = end-tidal CO₂ at 162 min; EIT₁₆₃ = end-tidal CO₂ at 163 min; EIT₁₆₄ = end-tidal CO₂ at 164 min; EIT₁₆₅ = end-tidal CO₂ at 165 min; EIT₁₆₆ = end-tidal CO₂ at 166 min; EIT₁₆₇ = end-tidal CO₂ at 167 min; EIT₁₆₈ = end-tidal CO₂ at 168 min; EIT₁₆₉ = end-tidal CO₂ at 169 min; EIT₁₇₀ = end-tidal CO₂ at 170 min; EIT₁₇₁ = end-tidal CO₂ at 171 min; EIT₁₇₂ = end-tidal CO₂ at 172 min; EIT₁₇₃ = end-tidal CO₂ at 173 min; EIT₁₇₄ = end-tidal CO₂ at 174 min; EIT₁₇₅ = end-tidal CO₂ at 175 min; EIT₁₇₆ = end-tidal CO₂ at 176 min; EIT₁₇₇ = end-tidal CO₂ at 177 min; EIT₁₇₈ = end-tidal CO₂ at 178 min; EIT₁₇₉ = end-tidal CO₂ at 179 min; EIT₁₈₀ = end-tidal CO₂ at 180 min; EIT₁₈₁ = end-tidal CO₂ at 181 min; EIT₁₈₂ = end-tidal CO₂ at 182 min; EIT₁₈₃ = end-tidal CO₂ at 183 min; EIT₁₈₄ = end-tidal CO₂ at 184 min; EIT₁₈₅ = end-tidal CO₂ at 185 min; EIT₁₈₆ = end-tidal CO₂ at 186 min; EIT₁₈₇ = end-tidal CO₂ at 187 min; EIT₁₈₈ = end-tidal CO₂ at 188 min; EIT₁₈₉ = end-tidal CO₂ at 189 min; EIT₁₉₀ = end-tidal CO₂ at 190 min; EIT₁₉₁ = end-tidal CO₂ at 191 min; EIT₁₉₂ = end-tidal CO₂ at 192 min; EIT₁₉₃ = end-tidal CO₂ at 193 min; EIT₁₉₄ = end-tidal CO₂ at 194 min; EIT₁₉₅ = end-tidal CO₂ at 195 min; EIT₁₉₆ = end-tidal CO₂ at 196 min; EIT₁₉₇ = end-tidal CO₂ at 197 min; EIT₁₉₈ = end-tidal CO₂ at 198 min; EIT₁₉₉ = end-tidal CO₂ at 199 min; EIT₂₀₀ = end-tidal CO₂ at 200 min; EIT₂₀₁ = end-tidal CO₂ at 201 min; EIT₂₀₂ = end-tidal CO₂ at 202 min; EIT₂₀₃ = end-tidal CO₂ at 203 min; EIT₂₀₄ = end-tidal CO₂ at 204 min; EIT₂₀₅ = end-tidal CO₂ at 205 min; EIT₂₀₆ = end-tidal CO₂ at 206 min; EIT₂₀₇ = end-tidal CO₂ at 207 min; EIT₂₀₈ = end-tidal CO₂ at 208 min; EIT₂₀₉ = end-tidal CO₂ at 209 min; EIT₂₁₀ = end-tidal CO₂ at 210 min; EIT₂₁₁ = end-tidal CO₂ at 211 min; EIT₂₁₂ = end-tidal CO₂ at 212 min; EIT₂₁₃ = end-tidal CO₂ at 213 min; EIT₂₁₄ = end-tidal CO₂ at 214 min; EIT₂₁₅ = end-tidal CO₂ at 215 min; EIT₂₁₆ = end-tidal CO₂ at 216 min; EIT₂₁₇ = end-tidal CO₂ at 217 min; EIT₂₁₈ = end-tidal CO₂ at 218 min; EIT₂₁₉ = end-tidal CO₂ at 219 min; EIT₂₂₀ = end-tidal CO₂ at 220 min; EIT₂₂₁ = end-tidal CO₂ at 221 min; EIT₂₂₂ = end-tidal CO₂ at 222 min; EIT₂₂₃ = end-tidal CO₂ at 223 min; EIT₂₂₄ = end-tidal CO₂ at 224 min; EIT₂₂₅ = end-tidal CO₂ at 225 min; EIT₂₂₆ = end-tidal CO₂ at 226 min; EIT₂₂₇ = end-tidal CO₂ at 227 min; EIT₂₂₈ = end-tidal CO₂ at 228 min; EIT₂₂₉ = end-tidal CO₂ at 229 min; EIT₂₃₀ = end-tidal CO₂ at 230 min; EIT₂₃₁ = end-tidal CO₂ at 231 min; EIT₂₃₂ = end-tidal CO₂ at 232 min; EIT₂₃₃ = end-tidal CO₂ at 233 min; EIT₂₃₄ = end-tidal CO₂ at 234 min; EIT₂₃₅ = end-tidal CO₂ at 235 min; EIT₂₃₆ = end-tidal CO₂ at 236 min; EIT₂₃₇ = end-tidal CO₂ at 237 min; EIT₂₃₈ = end-tidal CO₂ at 238 min; EIT₂₃₉ = end-tidal CO₂ at 239 min; EIT₂₄₀ = end-tidal CO₂ at 240 min; EIT₂₄₁ = end-tidal CO₂ at 241 min; EIT₂₄₂ = end-tidal CO₂ at 242 min; EIT₂₄₃ = end-tidal CO₂ at 243 min; EIT₂₄₄ = end-tidal CO₂ at 244 min; EIT₂₄₅ = end-tidal CO₂ at 245 min; EIT₂₄₆ = end-tidal CO₂ at 246 min; EIT₂₄₇ = end-tidal CO₂ at 247 min; EIT₂₄₈ = end-tidal CO₂ at 248 min; EIT₂₄₉ = end-tidal CO₂ at 249 min; EIT₂₅₀ = end-tidal CO₂ at 250 min; EIT₂₅₁ = end-tidal CO₂ at 251 min; EIT₂₅₂ = end-tidal CO₂ at 252 min; EIT₂₅₃ = end-tidal CO₂ at 253 min; EIT₂₅₄ = end-tidal CO₂ at 254 min; EIT₂₅₅ = end-tidal CO₂ at 255 min; EIT₂₅₆ = end-tidal CO₂ at 256 min; EIT₂₅₇ = end-tidal CO₂ at 257 min; EIT₂₅₈ = end-tidal CO₂ at 258 min; EIT₂₅₉ = end-tidal CO₂ at 259 min; EIT₂₆₀ = end-tidal CO₂ at 260 min; EIT₂₆₁ = end-tidal CO₂ at 261 min; EIT₂₆₂ = end-tidal CO₂ at 262 min; EIT₂₆₃ = end-tidal CO₂ at 263 min; EIT₂₆₄ = end-tidal CO₂ at 264 min; EIT₂₆₅ = end-tidal CO₂ at 265 min; EIT₂₆₆ = end-tidal CO₂ at 266 min; EIT₂₆₇ = end-tidal CO₂ at 267 min; EIT₂₆₈ = end-tidal CO₂ at 268 min; EIT₂₆₉ = end-tidal CO₂ at 269 min; EIT₂₇₀ = end-tidal CO₂ at 270 min; EIT₂₇₁ = end-tidal CO₂ at 271 min; EIT₂₇₂ = end-tidal CO₂ at 272 min; EIT₂₇₃ = end-tidal CO₂ at 273 min; EIT₂₇₄ = end-tidal CO₂ at 274 min; EIT₂₇₅ = end-tidal CO₂ at 275 min; EIT₂₇₆ = end-tidal CO₂ at 276 min; EIT₂₇₇ = end-tidal CO₂ at 277 min; EIT₂₇₈ = end-tidal CO₂ at 278 min; EIT₂₇₉ = end-tidal CO₂ at 279 min; EIT₂₈₀ = end-tidal CO₂ at 280 min; EIT₂₈₁ = end-tidal CO₂ at 281 min; EIT₂₈₂ = end-tidal CO₂ at 282 min; EIT₂₈₃ = end-tidal CO₂ at 283 min; EIT₂₈₄ = end-tidal CO₂ at 284 min; EIT₂₈₅ = end-tidal CO₂ at 285 min; EIT₂₈₆ = end-tidal CO₂ at 286 min; EIT₂₈₇ = end-tidal CO₂ at 287 min; EIT₂₈₈ = end-tidal CO₂ at 288 min; EIT₂₈₉ = end-tidal CO₂ at 289 min; EIT₂₉₀ = end-tidal CO₂ at 290 min; EIT₂₉₁ = end-tidal CO₂ at 291 min; EIT₂₉₂ = end-tidal CO₂ at 292 min; EIT₂₉₃ = end-tidal CO₂ at 293 min; EIT₂₉₄ = end-tidal CO₂ at 294 min; EIT₂₉₅ = end-tidal CO₂ at 295 min; EIT₂₉₆ = end-tidal CO₂ at 296 min; EIT₂₉₇ = end-tidal CO₂ at 297 min; EIT₂₉₈ = end-tidal CO₂ at 298 min; EIT₂₉₉ = end-tidal CO₂ at 299 min; EIT₃₀₀ = end-tidal CO₂ at 300 min; EIT₃₀₁ = end-tidal CO₂ at 301 min; EIT₃₀₂ = end-tidal CO₂ at 302 min; EIT₃₀₃ = end-tidal CO₂ at 303 min; EIT₃₀₄ = end-tidal CO₂ at 304 min; EIT₃₀₅ = end-tidal CO₂ at 305 min; EIT₃₀₆ = end-tidal CO₂ at 306 min; EIT₃₀₇ = end-tidal CO₂ at 307 min; EIT₃₀₈ = end-tidal CO₂ at 308 min; EIT₃₀₉ = end-tidal CO₂ at 309 min; EIT₃₁₀ = end-tidal CO₂ at 310 min; EIT₃₁₁ = end-tidal CO₂ at 311 min; EIT₃₁₂ = end-tidal CO₂ at 312 min; EIT₃₁₃ = end-tidal CO₂ at 313 min; EIT₃₁₄ = end-tidal CO₂ at 314 min; EIT₃₁₅ = end-tidal CO₂ at 315 min; EIT₃₁₆ = end-tidal CO₂ at 316 min; EIT₃₁₇ = end-tidal CO₂ at 317 min; EIT₃₁₈ = end-tidal CO₂ at 318 min; EIT₃₁₉ = end-tidal CO₂ at 319 min; EIT₃₂₀ = end-tidal CO₂ at 320 min; EIT₃₂₁ = end-tidal CO₂ at 321 min; EIT₃₂₂ = end-tidal CO₂ at 322 min; EIT₃₂₃ = end-tidal CO₂ at 323 min; EIT₃₂₄ = end-tidal CO₂ at 324 min; EIT₃₂₅ = end-tidal CO₂ at 325 min; EIT₃₂₆ = end-tidal CO₂ at 326 min; EIT₃₂₇ = end-tidal CO₂ at 327 min; EIT₃₂₈ = end-tidal CO₂ at 328 min; EIT₃₂₉ = end-tidal CO₂ at 329 min; EIT₃₃₀ = end-tidal CO₂ at 330 min; EIT₃₃₁ = end-tidal CO₂ at 331 min; EIT₃₃₂ = end-tidal CO₂ at 332 min; EIT₃₃₃ = end-tidal CO₂ at 333 min; EIT₃₃₄ = end-tidal CO₂ at 334 min; EIT₃₃₅ = end-tidal CO₂ at 335 min; EIT₃₃₆ = end-tidal CO₂ at 336 min; EIT₃₃₇ = end-tidal CO₂ at 337 min; EIT₃₃₈ = end-tidal CO₂ at 338 min; EIT₃₃₉ = end-tidal CO₂ at 339 min; EIT₃₄₀ = end-tidal CO₂ at 340 min; EIT₃₄₁ = end-tidal CO₂ at 341 min; EIT₃₄₂ = end-tidal CO₂ at 342 min; EIT₃₄₃ = end-tidal CO₂ at 343 min; EIT₃₄₄ = end-tidal CO₂ at 344 min; EIT₃₄₅ = end-tidal CO₂ at 345 min; EIT₃₄₆ = end-tidal CO₂ at 346 min; EIT₃₄₇ = end-tidal CO₂ at 347

To Extubate or Not to Extubate after Simple Cardiac Surgery

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2 questions

- Simple cardiac surgery is for simple congenital heart disease
 - What does simple entail?
- Early extubation
 - How soon after operation are we talking about?

Early extubation

- Not a new concept
- On table/ immediate extubation
- Within 6-8 h after surgery
- Part of ultra fast track surgery for congenital heart disease

Scope of talk

- Physiology of post extubation
- Advantages of early/ immediate extubation
- Disadvantages of early/ immediate extubation
- Risk factors for failure
- Guidelines and implementation

Physiology of extubation

- Decrease in intrathoracic pressure
 - single- ventricle physiology after superior cavopulmonary anastomosis (Glenn) and total cavopulmonary anastomosis (Fontan)
 - Lower pulmonary arterial pressure
 - Lower common common pressure
 - Higher cardiac index
 - Higher blood pressure

Resulting advantages

- Reduced sedation requirements
- Decrease in overall ventilation time and ventilator associated complications/ prolonged intubation
- Early start to feeding
- Decrease in fluid requirements on first operative day
- Decrease in inotropic requirements
- Early interaction with parents

What needs to be considered if you want to extubate early

- Patient factors
 - Need for post extubation ventilatory support
 - Inotropic/ vasopressor
 - Bleeding concerns
- Anaesthetic factors
 - Post operative nausea/ vomiting
 - Early awakening
 - Adequate pain management
- Surgical factors
- Others
 - Turn over time
 - Level of ICU support

Rate of reintubation

- Based on virtual pediatric intensive care 0-27%
- Of 25% extubated on table, 9% reintubated

Risk factors for failure to extubate

- Chromosomal disorders
- Neonates and young infants
- Airway anomalies
- Longer bypass time
- Low volume cardiac centres
- The lack of a dedicated cardiac ICU

Protocol implementation can reduce time to extubation

- 10 Pediatric Heart Network centers engaged in a collaborative learning initiative. Four hospitals were considered active sites, and 5 were considered control sites
- 322 patients
- Fallot's tetralogy/ isolated coarctation of the aorta
- Extubation within 6 hours of surgery increased from 11.7 to 66.9%
- Median duration of extubation decreased from 21.2 to 4.5 hours at active sites
- Decrease in duration of ICU stay 44.2 vs 51.8h
- no significant decrease in length of hospital stay
- Issues with sustainability

Conclusion

- Prolonged mechanical ventilation more than 6h in reasonably stable patients can no longer be considered good anaesthetic practice
- Successful extubation requires multidisciplinary support and decision making in your institution



Session 3.

Neonates and Infants Need Special Anesthetic Care

Chair(s): Serpil Ozgen (Türkiye)
Ji-Hyun Lee (Korea)

Key Anesthesia Concepts for Each Neonatal Emergency

Yunxia Zuo

West China Hospital of Sichuan University, China

Learning Objectives

1. Understand the challenges of neonatal emergencies based on interesting clinical cases.
2. How to deal with respiratory and circulatory emergencies related to high abdominal pressure in neonates.
3. How to treat and prevent transfusion related emergency in neonates.

Postoperative Apnea in Preterm Infants: Updated

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ASPA 2023

Disclosure

No Conflict of Interest



Queen Sirikit National Institute of Child Health
Bangkok, Thailand

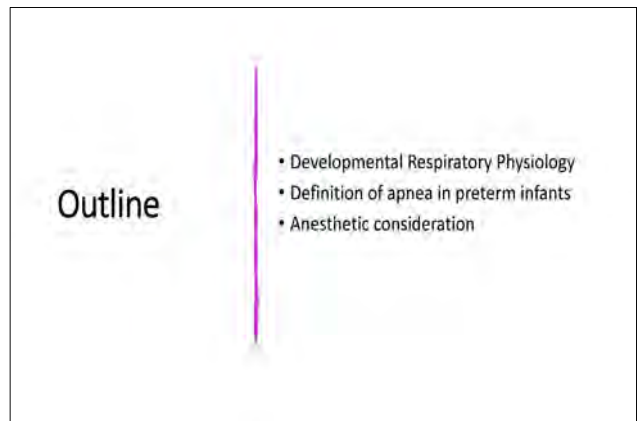
<https://www.childrenhospital.go.th/>



Safe Anesthesia for Children

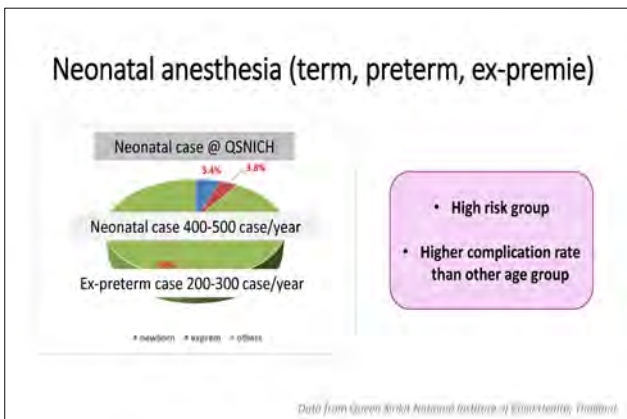
SAFE
Paediatric & Obstetric Anaesthesia Pocket Handbook

Safetots
Safe Anaesthesia for Every Child



Outline

- Developmental Respiratory Physiology
- Definition of apnea in preterm infants
- Anesthetic consideration



Neonatal anesthesia (term, preterm, ex-premie)

Neonatal case @ QSNICH

Neonatal case 400-500 case/year

Ex-preterm case 200-300 case/year

- High risk group
- Higher complication rate than other age group

Data from Queen Sirikit National Institute of Child Health, Thailand



Postoperative complications after neonatal surgery and anesthesia

SFAR

- Retrospective Review of Medical Chart
- 168 patients
- Post-natal age 48 ± 48 days
- 22% non-surgical complication rate
 - Hemodynamic compromise, 11.3%
 - Multi-organ dysfunction, 4.8%
 - Respiratory failure, 1.8%
- Surgical complication, 4.8%

Anaesth Crit Care pain Med 2017; 36: 163-9

Postoperative complications after neonatal surgery and anesthesia

Critical events → higher proportion in younger patients

Neonatal surgery and anesthesia

- Common procedures:
 - Neonatal period: cong. anomalies, NEC
 - Outside neonatal period: inguinal hernia repair and ophthalmologic procedures (often due to underlying retinopathy of prematurity)
- Neonates and infants → physiological reserve → greater risk of complications with general anaesthesia

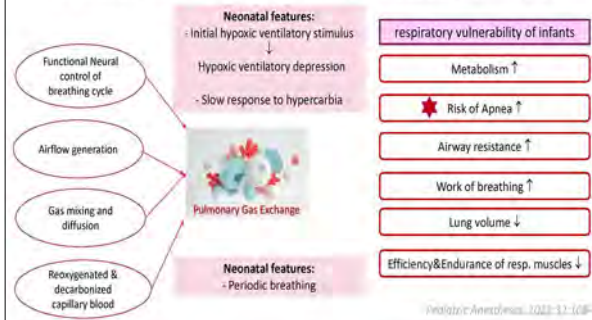
Premature neonates are at highest risk

Respiratory physiology in neonate & infant

- Immature respiratory control
- More compliant pharynx, larynx, trachea and bronchial tree
- Small airway diameter
- Immature antioxidative system
- Low lung elasticity, high compliant thorax
- Respiratory muscles more susceptible to fatigue
- Less functional residual capacity (FRC)



Developmental Respiratory Physiology



Pathogenesis of Apnea of Prematurity

Central mechanisms	Peripheral reflex pathways
<ul style="list-style-type: none"> ↓ Central chemosensitivity Hypoxic ventilatory depression Upregulated inhibitory neurotransmitters Delayed CNS development 	<ul style="list-style-type: none"> ↓ Carotid body activity ↑ Carotid body activity Laryngeal chemoreflex Excessive bradycardic response

Apnea of the newborn
Apnea of prematurity
Apneic spell
etc.

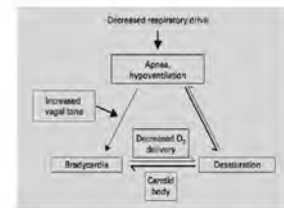


Fig. 2.15 A schematic representation of the sequence of events whereby apnea (or hypoventilation) results in various combinations of desaturation and bradycardia (from Martin and Abu-Sheikh [195]).

Definition of Apnea of prematurity

Apnea of prematurity	Apnea of infancy
<ul style="list-style-type: none"> a sudden cessation of breathing lasts for at least 20 seconds or accompanied by bradycardia / oxygen desaturation (cyanosis) infant younger than 37 weeks' gestational age 	<ul style="list-style-type: none"> an unexplained episode of cessation of breathing for 20 seconds or longer or a shorter respiratory pause associated with bradycardia, cyanosis, pallor, and/or marked hypotonia

Apnea may be central, obstructive, or mixed

Apnea of prematurity

- In general (for neonatal care):
- All infants born at ≤28 wks GA were diagnosed with apnea
 - > 28 wks GA:
 - apnea ↓ from 85% in infants 30 wks GA to 20% in 34 wks GA
 - By 40 wks PCA:
 - apnea stops in 98% of infants, routine monitor after 43 wks PCA is not recommended
 - Preterm infants with resolved apnea may have clinically unapparent intermittent hypoxia events

Anesthetic considerations: Apnea in Infants

Immaturity of breathing control & reflex control

- Consider risk of apnea postoperatively up to 12 h postintervention in newborns and premature infants (up to 60 PCA)
- Expect apnea and bradycardia from forceful face mask application in preterm born babies (trigemino-cardiac reflex; TCR)
- Expect hypoxic respiratory depression & bradycardia

Anesthetic considerations: Apnea in Infants

- Large variability in the incidence of apneas is reported

Retrospective Cohort Study

The incidence and risk factors of apnea in premature infants underwent general anesthesia for cryotherapy or laser photocoagulation for treatment of retinopathy of prematurity at Queen Sirikit

- Retrospective cohort, 167 infants, retinopathy of prematurity
- Incidence of apnea after GA => 24%
- Major risk factors → PCA > 35 wks (95%CI 1.59-20.45) → prior history of apnea

RESULTS: Forty of 167 (24%) premature infants had apnea after general anesthesia for treatment of ROP. The risk factors were post-conceptual age and history of apnea. The risk of apnea in patients with post-conceptual ages less than 35 weeks was 2.7 times higher than in patients with post-conceptual age more than 35 weeks (95% CI 1.59-20.45). Patients with a prior history of apnea had a 6.42 times greater risk of postoperative apnea compared to patients without a prior history of apnea (95% CI 2.01-20.50). No other serious complications were reported during the study period.

CONCLUSION: The incidence of apnea after general anesthesia in infants with ROP treated with cryotherapy or laser photocoagulation was 24%. The risk factors of postoperative apnea were post-conceptual age less than 35 weeks and prior history of apnea. Patients with risk factors should be closely monitored.

J Med Assoc Thai 2014; 97(5): 631-6

Apnea after Awake Regional and General Anesthesia in Infants

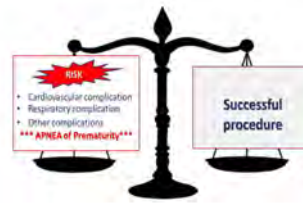
The General Anesthesia Compared to Spinal Anesthesia Study—Comparing Apnea and Neurodevelopmental Outcomes, a Randomized Controlled Trial

GAS study 2015

- RCT, inguinal hernia repair, 363 infants RA gr., 359 infants GA gr.
- Incidence of apnea → 3% RA gr., 4% GA gr. (OR 0.63, 95% CI: 0.31-1.40)
- Incidence of early apnea (in 30 mins): RA < GA (1% vs. 3%, OR 0.2, 95% CI: 0.05-0.91)
- Incidence of late apnea: 2% in both gr.
- High rate of RA failure
- Strongest predictor of apnea: prematurity

Anesthesiology 2015; 123:38-54

Anesthetic considerations: Apnea in Infants



- Risk identification
- Appropriate anesthesia technique
- Postoperative monitoring and management

Anesthetic considerations

Retrospective Cohort Study

Postoperative Apnea in Former Preterm Infants after Inguinal Herniorrhaphy

A Combined Analysis

Chen J, Chen H, Li M, Han Z, Zhang P, Li J, et al. Anesth Analg 2015; 120:1001-1007

- 8 studies, 384 patients, 4 institutions
- Risk factors: gestational age, PCA, continuing apnea at home, Hx of chronic lung dis, CNS morbidity, anemia

In non anemic infants;

- Risk of apnea is not less than 5% until 48 wks (GA 35 wks), 50 wks (GA 32 wks)
- Risk of apnea is not less than 1% until PCA 54 wks (GA 35 wks), 56 wks (GA 32 wks)

Cote CJ, Zaslavsky A, Downes JJ, Kurth CD, Wellborn LG, Warner LO, et al. Postoperative apnoea in former preterm infants after inguinal herniorrhaphy. Anesthesiology 1995; 82: 809-22.

Anesthetic considerations

- Identified individual risk factors

Patient factors

- Prematurity: GA at birth/Postconceptual age (<60 wks), Anemia, Coexisting dis.: BPD, Neurological, cardiovascular etc, Hx of apnea

Metabolic

- Hypo/hyperthermia, hypo/hyperglycemia, hypo/hypercalcemia etc.

Anesthesia

- General anesthesia, opioids, IV anesthetics etc.

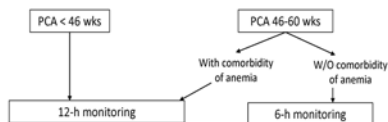
There is no evidence that transfusion of red blood cells will lower the incidence of postoperative apnea

Anesthetic considerations

- Larsen 2006; recommendation

- Postpone surg. as appropriate
- Postop. care for preterm infants

PCA > 60 wks, healthy → discharge home, standard criteria
 PCA 44-60 wks → individualized care, risk factors
 PCA < 44 – 46 wks → admit postop. for monitoring > 12 hrs



PCA: postconceptual age
 Co-morbidity, CFD, continuing apnea or neurological disease
 Anemia; Hct < 30%

Acta Anaesthesiol Scand 2006; 50: 888-893

Anesthetic considerations

- Anesthetic technique GA or Regional ?

Cochrane Library

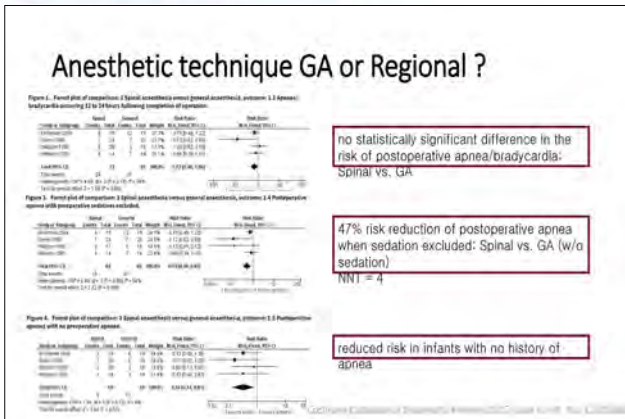
Cochrane Collaboration/Reviewers' Working Group

Regional (spinal, epidural, caudal) versus general anaesthesia in preterm infants undergoing inguinal herniorrhaphy in early infancy (Review)

Jones LJ, Corbett PG, Lukkundi A, Foster JP, Saikali H

Jones LJ, Corbett PG, Lukkundi A, Foster JP, Saikali H. Regional (spinal, epidural, caudal) versus general anaesthesia in preterm infants undergoing inguinal herniorrhaphy in early infancy. Cochrane Database of Systematic Reviews 2020, Issue 4. Art. No. CD39888. DOI: 10.1002/14651914.CD39888

- 5 studies included
- Moderate quality evidence
- "GAS" Study not included



Apnea after Awake Regional and General Anesthesia in Infants

The General Anesthesia Compared to Spinal Anesthesia Study—Comparing Apnea and Neurodevelopmental Outcomes, a Randomized Controlled Trial

GAS study 2015

- o RCT, inguinal hernia repair, 363 infants RA gr., 359 infants GA gr.
- o Incidence of apnea → 3% RA gr., 4% GA gr. (OR 0.63, 95% CI: 0.31-1.40)
- o Incidence of early apnea (in 30 mins): RA < GA (1% vs. 3%, OR 0.2, 95% CI: 0.05-0.91)
- o Incidence of late apnea: 2% in both gr.
- o High rate of RA failure
- o Strongest predictor of apnea: prematurity

Anesthesiology 2015; 123:38-58

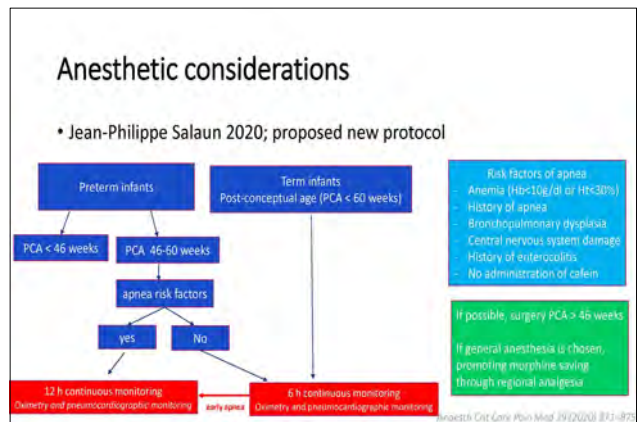
Are term infants at risk?

- Little data regarding term infants
- Massoud retrospective study 2019; inguinal hernia repair
 - o Retrospective review: preterm < 60 wks PCA, term < 3 months
 - o Incidence of postop. respiratory complications (desaturation, apnea)

Preterm < 35 wks PCA	Preterm 35-60 wks PCA	Term < 3 months
N=76	N=221	N=168
39%	5.9%	1.6%
		(none in age > 1 month)

- o postoperative respiratory complications is lower in term born infants than in prematurely born infants. It cannot be excluded

Anesthesiology 2019; 131:1011-1018



Monitoring for apnea

- Detection of apnea is related to the level of monitoring

- Impedance monitoring
 - o prone to artifact attributable to body movement or cardiac activity
 - o unable to detect obstructive apnea
- Capnography – limitations in neonate
- Combination of nursing observation, pulse oximetry and ECG/impedance – pneumocardiographic

Management

- Reduced risk
- Postpone surgery?
- Drug prophylaxis
 - o Caffeine
- Postoperative monitoring and management
 - o Apnea monitoring
 - o Postoperative ventilatory support: intubation, Noninvasive ventilation
 - o Standard neonatal care

Conclusion

- Preterm infants → Vulnerable group
- Post-operative Apnea
 - o Risk identification/modify
 - o Appropriate anesthesia technique
 - o Postoperative monitoring and management
- Future information and research are needed

How to Improve the Success Rate of Small Vessel Cannulation

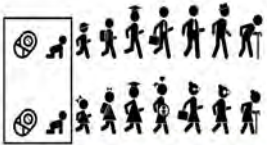
Young-Eun Jang

Seoul National University Children's Hospital, Korea

ASPA 2023

Contents

1. Which artery should be used?
2. Useful Tips for small target arteries
 - The first-attempt success
 - The bigger the better
 - Ergonomic consideration
3. The artery after cannulation




1. Which artery should be used?

Good target artery

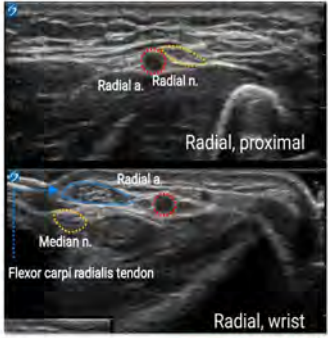
- Easily accessible _____ Peripheral, palpable, widely used/educated
- Large diameter _____ Easy, better distal circulation
- Adequate depth _____ 2-4mm is good for US-guidance
- Straight course _____ Easy, less irritation by the catheter
- Collateral circulation (+)
- No adjacent nerves or veins

(With Jang 2014;13:109-20)
(Anesthesiology 2017; 127:423-31)
Pediatric Anesthesia 2021;31:1357-1363
Anesth Pain Med 2021;16:119-132

	Radial	Ulnar	Posterior Tibial	Dorsalis Pedis	Brachial	Femoral
Easily accessible ?	○	○	○	○	△-X	△-X
Large diameter ?	○	○	○	X	◎	◎
Adequate depth ?	○	○	△	○	X	X
Straight course ?	○	○	○	△	○	○
Collateral circulation ?	○	○	○	○	X	X
No adjacent nerves or veins ?	○	X	X	△	X	X

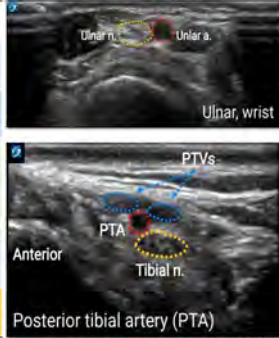
(Anesthesiology 2017; 127:423-31)
Pediatric Anesthesia 2021;31:1357-1363
Anesth Pain Med 2021;16:119-132

	Radial
Easily accessible ?	○
Large diameter ?	○
Adequate depth ?	○
Straight course ?	○
Collateral circulation ?	○
No adjacent nerves or veins ?	○

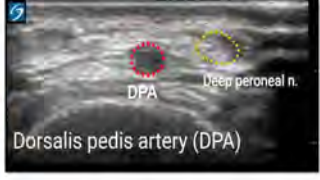


(Anesthesiology 2017; 127:423-31)
Pediatric Anesthesia 2021;31:1357-1363
Anesth Pain Med 2021;16:119-132

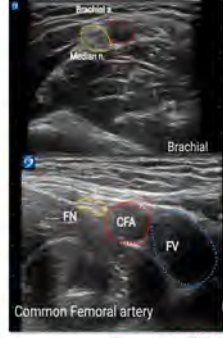
	Ulnar	Posterior Tibial
Easily accessible ?	○	○
Large diameter ?	○	○
Adequate depth ?	○	△
Straight course ?	○	○
Collateral circulation ?	○	○
No adjacent nerves or veins ?	X	X



(Anesthesiology 2017; 127:423-31)
Pediatric Anesthesia 2021;31:1357-1363
Anesth Pain Med 2021;16:119-132

	Dorsalis Pedis	
Easily accessible ?	○	
Large diameter ?	×	
Adequate depth ?	○	
Straight course ?	△	
Collateral circulation ?	○	
No adjacent nerves or veins ?	△	


(ANESTHESIOLOGY 2017; 127:423-31)
Pediatric Anesthesia 2021;31:1357-1363
Anesth Pain Med 2021;16:119-132

	Brachial	Femoral	
Easily accessible ?	△-X	△-X	
Large diameter ?	○	○	
Adequate depth ?	×	×	
Straight course ?	○	○	
Collateral circulation ?	×	×	
No adjacent nerves or veins ?	×	×	

(ANESTHESIOLOGY 2017; 127:423-31)
Pediatric Anesthesia 2021;31:1357-1363
Anesth Pain Med 2021;16:119-132

	Radial	Ulnar	Posterior Tibial	Dorsalis Pedis	Brachial	Femoral
Easily accessible ?	○	○	○	○	△-X	△-X
Large diameter ?	○	○	○	×	○	○
Adequate depth ?	○	○	△	○	×	×
Straight course ?	○	○	○	△	○	○
Collateral circulation ?	○	○	○	○	×	×
No adjacent nerves or veins ?	○	×	×	△	×	×

(ANESTHESIOLOGY 2017; 127:423-31)
Pediatric Anesthesia 2021;31:1357-1363
Anesth Pain Med 2021;16:119-132



Posterior Tibial Artery as an Alternative to the Radial Artery for Arterial Cannulation Site in Small Children
A Randomized Controlled Study


Eun-Hee Kim, M.D., Ji-Hyun Lee, M.D., In-Kyung Song, M.D., Jin-Tae Kim, M.D., Ph.D., Won-Jong Lee, M.D., Han-Soo Kim, M.D., Ph.D.

(ANESTHESIOLOGY 2017; 127:423-31)

Table 1. Parameters of Arteries

	Mean	SD	Minimum	Maximum
Radial artery (wrist dorsiflexion up to 45°) (n = 60)				
Diameter short-axis view (mm)	1.5	0.30	0.9	2.2
Diameter longitudinal view (mm)	1.5	0.24	0.9	2.1
Cross-sectional area (mm ²)	2.3	0.84	1.0	5.0
Depth short-axis view (mm)	2.5	0.69	1.2	4.5
Depth longitudinal view (mm)	2.6	0.72	1.1	4.0
Posterior tibial artery (ankle dorsiflexion and eversion) (n = 60)				
Diameter short-axis view (mm)	1.6	0.29	1.0	2.4
Diameter longitudinal view (mm)	1.5	0.27	1.0	2.2
Cross-sectional area (mm ²)	2.7	1.05	1.0	6.0
Depth short-axis view (mm)	4.2	1.01	2.2	6.7
Depth longitudinal view (mm)	4.0	0.97	2.3	7.4
Dorsalis pedis artery (ankle plantar flexion) (n = 58)				
Diameter short-axis view (mm)	1.1	0.24	0.6	1.7
Diameter longitudinal view (mm)	1.1	0.18	0.8	1.8
Cross-sectional area (mm ²)	1.6	0.57	1.0	3.0
Depth short-axis view (mm)	2.9	0.69	1.6	5.7
Depth longitudinal view (mm)	2.8	0.69	1.8	5.3

(ANESTHESIOLOGY 2017; 127:423-31)



What We Already Know about This Topic

- Arterial cannulation in pediatric patients is challenging, and artery size and depth from the skin are important determinants of success.
- The radial artery is generally recommended, but alternative sites may be needed, and there is no standard alternative.

What This Article Tells Us That Is New

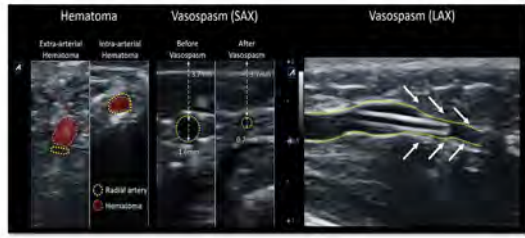
- In an observational study of 60 children (median age, 13 months), radial, dorsalis pedis, and posterior tibial artery diameters averaged 1.5, 1.2, and 1.6 mm, respectively.
- In a prospective randomized study in 234 children (median age, 6 months), arterial cannulation first-attempt rate of success was 83, 45, and 75% for radial, dorsalis pedis, and posterior tibial arteries, respectively.
- For ultrasound-guided arterial cannulation in small children, the posterior tibial artery is a reasonable alternative to the radial artery.

1st Attempt success

(ANESTHESIOLOGY 2017; 127:423-31)

Radial artery after arterial cannulation

- Extra-/Intra-arterial hematoma, Vasospasm



(ANESTHESIOLOGY 2020; 133:53-63)



CHALLENGE **SUCCESS**

FIRST ATTEMPT

TABLE 2 Mean radial artery internal diameter in sample population, from mean of 3 measurements

Variable	Radial artery diameter, mm			Depth measured, mm			% mean RA lumen occluded by catheter		
	Mean	SD	Range	Mean	SEI	22G	24G	26G	
All	0.76	0.10	0.35-1.02	0.88	0.03	100	92.2	76.4	
Male	0.73	0.19	0.31-1.07	1.07	2.57	>100	95.4	81.7	
Female	0.81	0.17	0.50-1.07	1.34	0.57	>100	87.0	74.5	
<28 wk postmenstrual age	0.68	0.15	0.25-0.99	0.92	0.03	100	100	89.8	
≥28 wk postmenstrual age	0.80	0.19	0.50-1.07	1.89	2.51	>100	87.6	75.1	
<1 yr chronological age	0.78	0.18	0.50-1.07	1.16	0.30	>100	89.5	76.7	
1-4 yr chronological age	0.73	0.19	0.31-1.01	2.37	3.12	>100	96.0	82.3	
>4 yr	0.79	0.16	0.35-1.07	0.92	0.03	100	100	85.9	
> 3 kg	0.81	0.18	0.51-1.07	2.11	2.73	100	92.9	74.5	

Note: 22G catheter: external diameter 0.9 mm, 24G catheter: external diameter 0.7 mm, 26G catheter: external diameter 0.6 mm.
Abbreviations: G, gauge; kg, kilograms; m, months; Min, millimeters; RA, radial artery; SD, standard deviation; wk, weeks.

Pediatric Anesthesia, 2021;31:1356-1356

Radial artery of neonates and infants

- Diameter < 1.0 mm
 - 88.0% of patients < 1yr
 - 37.2% of patients < 2yr
- ED of 24G catheter = 0.7 mm

Gauge	Color	ED (mm)	Length (mm)
20G	Pink	1.1	32
22G	Blue	0.9	25
24G	Yellow	0.7	19

Anesthesia July 2020, 1323-33-61
Pediatric Anesthesia, 2021;31:1356-1356

Radial artery of neonates and infants

- Catheter/Vessel Ratio (CVR)
 - < 45% is recommended for CVC.
- Patients < 1 year

Vessel Size	1mm	1.5mm	2mm	2.25mm	LEGEND
22G	Red	Yellow	Green	Green	44-54%
24G	Red	Yellow	Green	Green	44-54%
26G	Red	Yellow	Green	Green	44-54%

Pediatric Anesthesia, 2021;31:1356-1356
J Through Thrombolysis (2017) 44:427-434

Table 10.4 Recommended catheter sizes and lengths for arterial access based on site and patient weight

Weight	Radial/dorsalis pedis/posterior tibial arteries	Brachial artery
<2 kg	24 ga	Not recommended
2-5 kg < 10kg	22 ga - 24 ga	24 ga
5-30 kg 10-30kg	22 ga	22 ga
>30 kg	20 ga	22 ga
Weight	Femoral/axillary arteries	
<10 kg	2.5 Fr, 5 cm	
10-50 kg	3 Fr, 8 cm	
>50 kg	4 Fr, 12 cm	

Anesthesia for Congenital Heart Disease, 3rd Ed. p203

Subcutaneous nitroglycerin (5mcg/kg in 0.5mL)

ANESTHESIOLOGY
Subcutaneous Nitroglycerin for Radial Arterial Catheterization in Pediatric Patients
A Randomized Controlled Trial

ABSTRACT
Background: Radial artery cannulation is a common procedure in pediatric patients. However, it is often associated with pain and discomfort. Subcutaneous nitroglycerin (5 mcg/kg in 0.5 mL) is a potential analgesic and vasodilator that may improve the success rate of radial artery cannulation. This study aimed to evaluate the effect of subcutaneous nitroglycerin on the first-attempt success rate of radial artery cannulation in pediatric patients.

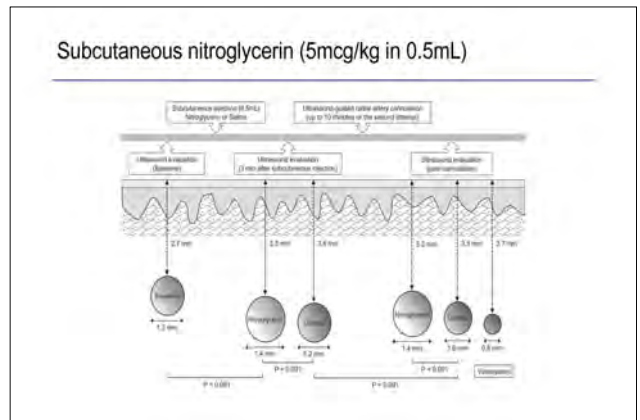
Methods: A single-center, double-blind, randomized, controlled study of 113 children, 0 to 2 years of age, was conducted. The study compared the first-attempt success rate of radial artery cannulation between a control group (normal saline) and a nitroglycerin group (5 mcg/kg in 0.5 mL). The primary outcome was the first-attempt success rate based on clinical context.

Results: The first-attempt success rate was significantly higher in the nitroglycerin group (88%) compared to the control group (70%) (P < 0.001). The mean time to successful cannulation was also significantly shorter in the nitroglycerin group (3.1 min) compared to the control group (4.5 min) (P < 0.001).

Conclusions: Subcutaneous nitroglycerin (5 mcg/kg in 0.5 mL) significantly increases the first-attempt success rate and reduces the time to successful cannulation of the radial artery in pediatric patients.

KEYWORDS: Pediatric patients, radial artery cannulation, subcutaneous nitroglycerin, first-attempt success rate, clinical context.

ANESTHESIOLOGY July 2020



Subcutaneous nitroglycerin (5mcg/kg in 0.5mL)

Subcutaneous Nitroglycerin for Radial Arterial Catheterization in Pediatric Patients
Single-center, double-blind, randomized, controlled study of 113 children, 0 to 2 years of age

Inclusion Criteria: Children requiring arterial cannulation under general anesthesia

Primary outcome: First-attempt successful cannulation rate based on clinical context

Subcutaneous injection above the radial artery with ultrasound guidance:

- Normal saline 0.5 mL, or
- Nitroglycerin 5 mcg/kg in 0.5 mL saline

Arterial cannulation performed 3 min later

Outcome	Nitroglycerin (n=57)	Control (n=56)	P-value
First-attempt success rate	88%	70%	<0.001
Mean time to successful cannulation (min)	3.1	4.5	<0.001

ANESTHESIOLOGY Jang YE, et al. ANESTHESIOLOGY, July 2020

Subcutaneous nitroglycerin (5mcg/kg in 0.5mL)

Variables	Control (n = 56)	Nitroglycerin (n = 57)	Odds Ratio	95% CI of Odds Ratio	Absolute Risk Reduction (95% CI)	P Value
Radial artery cannulation of the first chosen radial artery	39/56 (69.6%)	50/57 (87.9%)	0.3	0.18 to 0.6	-28.2% (-33.9% to -22.5%)	<0.001
Procedure time to success within the first attempt (s)	94.26 (s.d. 29.9)	37.26 (s.d. 17.1)	Not applicable	Not applicable	Not applicable	0.011
Procedure time to success within the first attempt (min)	469.9 (s.d. 76.7)	307.7 (s.d. 59.3)	4.6	1.93 to 12.6	-15.8% (-21.7% to -9.9%)	0.006
Radial artery cannulation within the first attempt (n/N)	37/56 (66.1%)	37/57 (64.9%)	Not applicable	Not applicable	Not applicable	<0.001
Control cannulation (n/N)	34/56 (60.7%)	33/57 (57.9%)	0.278	0.08 to 0.93	0%	0.008
ED of radial artery	6.56 (s.d. 1.74)	2.97 (s.d. 0.6)	0.278	0.44 to 1.68	-1.33 to 1.28%	0.008
Distal radial artery	3.65 (s.d. 1.74)	0.89	Not applicable	Not applicable	Not applicable	0.001
Proximal radial artery	2.96 (s.d. 0.8)	1.07 (s.d. 0.6)	Not applicable	Not applicable	Not applicable	0.001
Distal ulnar artery	2.96 (s.d. 0.8)	1.07 (s.d. 0.6)	Not applicable	Not applicable	Not applicable	0.001
Distal brachial artery	2.96 (s.d. 0.8)	1.07 (s.d. 0.6)	Not applicable	Not applicable	Not applicable	0.001
Distal femoral artery	2.96 (s.d. 0.8)	1.07 (s.d. 0.6)	Not applicable	Not applicable	Not applicable	0.001
Distal axillary artery	2.96 (s.d. 0.8)	1.07 (s.d. 0.6)	Not applicable	Not applicable	Not applicable	0.001
Distal common carotid artery	2.96 (s.d. 0.8)	1.07 (s.d. 0.6)	Not applicable	Not applicable	Not applicable	0.001
Distal internal jugular vein	2.96 (s.d. 0.8)	1.07 (s.d. 0.6)	Not applicable	Not applicable	Not applicable	0.001
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Acoustic shadow (targeting in the ultrasound screen)

ANESTHESIOLOGY

Acoustic Shadowing Facilitates Ultrasound-guided Radial Artery Cannulation in Young Children

ABSTRACT

Background: Ultrasound is used routinely to identify, cannulate, and secure radial arteries in young children. The acoustic shadowing that occurs when the ultrasound beam is directed at the radial artery can be used to facilitate cannulation. The purpose of this study was to evaluate the effectiveness of acoustic shadowing in facilitating radial artery cannulation in young children.

Methods: A randomized controlled trial of 100 young children (50 in the intervention group and 50 in the control group) was conducted. The intervention group received ultrasound-guided radial artery cannulation using acoustic shadowing, and the control group received ultrasound-guided radial artery cannulation using standard techniques.

Results: The success rate for radial artery cannulation was significantly higher in the intervention group (80%) compared to the control group (60%).

Conclusion: Acoustic shadowing facilitates radial artery cannulation in young children.

KEYWORDS: Acoustic shadowing, radial artery cannulation, ultrasound-guided, young children.

Smart glasses (hand-eye coordination)

ANESTHESIOLOGY

Smart Glasses for Radial Arterial Catheterization in Pediatric Patients: A Randomized Clinical Trial

ABSTRACT

Background: Radial arterial catheterization is a common procedure in pediatric patients. The use of smart glasses can improve hand-eye coordination and reduce the risk of complications. The purpose of this study was to evaluate the effectiveness of smart glasses in facilitating radial arterial catheterization in pediatric patients.

Methods: A randomized controlled trial of 100 pediatric patients (50 in the intervention group and 50 in the control group) was conducted. The intervention group received radial arterial catheterization using smart glasses, and the control group received radial arterial catheterization using standard techniques.

Results: The success rate for radial arterial catheterization was significantly higher in the intervention group (85%) compared to the control group (70%).

Conclusion: Smart glasses facilitate radial arterial catheterization in pediatric patients.

KEYWORDS: Smart glasses, radial arterial catheterization, pediatric patients, hand-eye coordination.

Laser-assist (targeting in the operation field)

ANESTHESIOLOGY

Comparison of Single-operator Laser-assisted Ultrasound-guided Radial Arterial Cannulation in Young Children with Traditional Ultrasound Guidance: A Randomized Clinical Trial

ABSTRACT

Background: Ultrasound-guided radial arterial cannulation is a common procedure in young children. The use of laser-assisted ultrasound guidance can improve targeting and reduce the risk of complications. The purpose of this study was to compare single-operator laser-assisted ultrasound-guided radial arterial cannulation with traditional ultrasound guidance in young children.

Methods: A randomized controlled trial of 100 young children (50 in the intervention group and 50 in the control group) was conducted. The intervention group received single-operator laser-assisted ultrasound-guided radial arterial cannulation, and the control group received traditional ultrasound-guided radial arterial cannulation.

Results: The success rate for radial arterial cannulation was significantly higher in the intervention group (80%) compared to the control group (65%).

Conclusion: Single-operator laser-assisted ultrasound-guided radial arterial cannulation is more effective than traditional ultrasound guidance in young children.

KEYWORDS: Laser-assisted ultrasound, radial arterial cannulation, young children, single-operator.

SAX vs LAX in infants

EJA

ORIGINAL ARTICLE

Short-axis/out-of-plane or long-axis/in-plane ultrasound-guided arterial cannulation in children: A randomized controlled trial

ABSTRACT

Background: Short-axis/out-of-plane (SAX) and long-axis/in-plane (LAX) ultrasound-guided arterial cannulation are common techniques in children. The purpose of this study was to compare SAX and LAX in children.

Methods: A randomized controlled trial of 100 children (50 in the SAX group and 50 in the LAX group) was conducted. The SAX group received SAX ultrasound-guided arterial cannulation, and the LAX group received LAX ultrasound-guided arterial cannulation.

Results: The success rate for arterial cannulation was significantly higher in the SAX group (85%) compared to the LAX group (75%).

Conclusion: SAX ultrasound-guided arterial cannulation is more effective than LAX in children.

KEYWORDS: Short-axis/out-of-plane, long-axis/in-plane, ultrasound-guided, arterial cannulation, children.

Guidewire (palpation)

EJA

ORIGINAL ARTICLE

Guidewire-assisted vs. direct radial arterial cannulation in neonates and infants: A randomized controlled trial

ABSTRACT

Background: Guidewire-assisted and direct radial arterial cannulation are common techniques in neonates and infants. The purpose of this study was to compare guidewire-assisted and direct radial arterial cannulation in neonates and infants.

Methods: A randomized controlled trial of 100 neonates and infants (50 in the guidewire group and 50 in the direct group) was conducted. The guidewire group received guidewire-assisted radial arterial cannulation, and the direct group received direct radial arterial cannulation.

Results: The success rate for radial arterial cannulation was significantly higher in the guidewire group (80%) compared to the direct group (65%).

Conclusion: Guidewire-assisted radial arterial cannulation is more effective than direct radial arterial cannulation in neonates and infants.

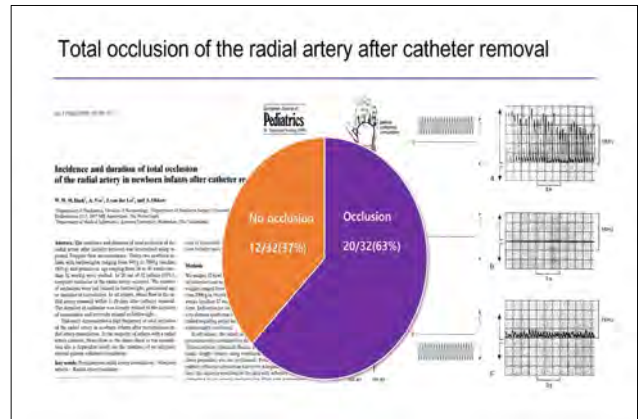
KEYWORDS: Guidewire-assisted, direct radial arterial cannulation, neonates, infants.

Assembling



For the first-attempt success

1. Ultrasound assessment of all arteries
2. Fix the operation field (Extend the wrist or ankle)
3. Ergonomics (Table height, Location of US screen, HMD)
4. Vasodilator (Subcutaneous nitroglycerin)
5. The most confident technique (DNTR, SAX, LAX, Transfixion)
6. Novel, rescue methods (Laser, Acoustic shadow, Guidewire)



Radial artery after arterial cannulation

- Extra-/Intra-arterial hematoma, Vasospasm

ANESTHESIOLOGY 2020; 133:53-63

Evaluating artery after cannulation / decannulation

- Distal perfusion
 - Skin color change (pale)
 - Capillary refill time
 - Pulse oximeter (=Perfusion index...)
 - Allen's test
- Ultrasound
 - Depth & Diameter of artery
 - Doppler, Color Doppler
 - Hematoma, Vasospasm

Temporary ischemia

- Up to 38%
- Risk factors
 - Small diameter (Neonates and Infants)
 - Long duration of catheterization
 - Vasopressor
 - Vessel Injury
 - Low cardiac output syndrome
 - DIC

The Journal of Thoracic and Cardiovascular Surgery • Volume 111, Number 4

Vasospasm

- Up to 57%
- Radial artery
 - alpha-1-adrenoreceptor-dominant
- Risk factors
 - Small diameter
 - Low cardiac output syndrome
 - Dehydration
 - Polycythemia
 - Cyanotic CHD

Critical Care Resuscitation Medicine 11 (2012) 103-109

Ischemia after brachial arterial cannulation in neonates

8hr later

5days later

10days later

7 weeks later

Topical Nitroglycerin

Elsevier Publishing Corporation

Prevention of the radial arterial occlusion after catheterization

ClinicalTrials.gov

Subcutaneous Nitroglycerin to Prevent Radial Artery Occlusion in Children

2) Removal of radial arterial catheter:

Summary

Question	Recommendation	
Artery	Radial (= PTA > DPA)	Large, Adequate depth, Collateral(+)
Depth of the artery	2-4 mm	Better ultrasound guidance & Needle manipulation
Diameter of the artery (Neonates, infants)	Subcutaneous NTG (5mcg/mL, 0.5mL)	50mcg/mL 0.5mL for ~5kg 100mcg/mL 0.5mL for ~10kg
Operation field	Minimize movement	Firm surface Fix wrist or ankle with tapes to stretch the artery
Operator	Ensure the most comfortable posture	Height of the table (operation field) Location of the ultrasound screen
Ultrasound view	Operator's preference	SAX, LAX, Dynamic, Oblique..
Deep location or Curved pathway	Guidewire-assist	Long cannula (need to evaluate distal perfusion)
Hand-eye coordination	Smart glasses	Hand-eye coordination
Additional Guidance	Acoustic shadowing Laser-assist	From large arteries to small arteries

Anesthetic Management of Neonates Undergoing Diagnostic and Therapeutic Cardiac Catheterization

Duygu Kara

Aydin Adnan Menderes University, Department of Anesthesiology and Reanimation, Türkiye



Presentation plan

- ✓ Introduction
- ✓ General Principles
- ✓ Specific Situations
- ✓ Interventional Procedures
- ✓ Common Complications Seen in the Cath Lab

INTRODUCTION

- ✓ First introduced as a diagnostic procedure in 1941
- ✓ Tremendous development in the field of cardiac catheterisation and interventional technique
- ✓ Techniques of anaesthesia changes as well as the interest in better patient care and safety
- ✓ At any age, including as neonates, for elective or emergency procedures
- ✓ The majority of procedures require the child to be anaesthetised

- ✓ Cardiac anatomy and physiology of each child, and the potential risks, benefits and complications of the interventions being undertaken
- ✓ Effective communication within the team, and constant vigilance are essential
- ✓ With good clinical care, most patients can be discharged to a cardiac ward at the end of the procedure
- ✓ Making treatment of children in the cath lab a realistic option for all patients, even in resource limited countries

GENERAL PRINCIPLES

Role of the anaesthesiologist?



During the conduct of several catheterisation procedures for

- ✓ Monitored anaesthetic care
- ✓ Sedation & analgesia
- ✓ General anaesthesia
- ✓ Resuscitation of patients if complications arise during the procedure

Difficulties in cath. lab?



- ✓ The environment of the cath. lab="unknown"
- ✓ Access to the patient due to fluoroscopy equipment all around the patient with dimmed light and movable tables
- ✓ Access to the patient and in particular to the patient's airway
- ✓ Interaction between the cardiologist and anaesthesiologist is necessary

Preoperative Evaluation

- ✓ Complete diagnosis
- ✓ List of the procedures in the past
- ✓ Patient's level of activity
- ✓ Review with cardiologist anatomy of the case and review the ECHO films
- ✓ Ask the cardiologist about reason for the catheterization and what he is planning to do?

✓ Rule out recent upper respiratory infections

They may cause reactive airways and develop peri-GA laryngospasm, bronchospasm, desaturate and increase PVR during the procedure

✓ Medication list

The last time when any medication was taken (furosemid, captopril and digoxin are commonly used)

✓ Ask about allergies

Physical examination

- ✓ should focus on the airway, heart, and lung problems
 - ✦ signs of CHF such as pedal edema, jugular venous distention, enlarged liver, and rales
 - ✦ signs of respiratory distress such as increased respiratory rate, diaphoresis, chest retraction, nasal flaring, and use of accessory muscles of respiration

✦ Special attention to the presence of other congenital lesions, including

- ✦ musculoskeletal abnormality
- ✦ neurological defects
- ✦ genitourinary irregularities
- ✦ atlanto-occipital subluxation (in 20% in Down's syndrome)

✓ Hemogram, for all patients pre-operatively

✓ **Coagulation tests** (prothrombin time [PT], partial thromboplastin time [PTT], partial thromboplastin time with kaolin [PTTK])

✓ **Electrolytes, renal&liver functions**, particularly in patients with significantly impaired cardiac function or those with complex co-existing diseases

- ✓ Serum electrolytes should be determined in patients receiving digoxin or diuretics

✦ **Thrombocytopenia, hypofibrinogenemia, and low levels of vitamin K dependent clotting factors** can be seen in patients with polycythemia and cyanosis

✦ **Thrombocytopenia**; in severe hypoxia and compensatory polycythemia

✦ The platelet count should be $>100 \times 10^9/L$; transfusion may be needed

✦ For higher risk procedures (balloon dilatation of valves) blood should be cross-matched and immediately available



Fasting

- ✓ The most common problem in all parts of the world is that clear fluids are withheld for too long
- ✓ Prolonged starvation for fluids will make the child miserable, more likely to be hypoglycaemic, and if dehydrated, more difficult to cannulate
- ✓ Avoid dehydration for patients with severe hypoxia who are polycythaemic, as it increases the risk of thrombotic complications



Equipment

- ✓ Cardiac cath labs tend to be situated in remote areas of the hospital
- ✓ In adults, procedures are often performed under local anaesthesia or sedation and as such, immediately available anaesthesia resources or equipment may not always be optimal
- ✓ The anaesthetist must be familiar with, and check, the anaesthetic equipment pre-operatively



Standard monitoring

- ✓ ECG
- ✓ Noninvasive blood pressure
- ✓ Pulse oximetry
- ✓ Temperature
- ✓ - **Arterial, atrial, and pulmonary pressures** can be obtained during the procedure by the cardiologist

- ✓ **End-tidal carbon dioxide (EtCO₂)** for the patients decided to be mechanically ventilated
- ✓ **A working defibrillator** with paediatric paddles or attenuated pads must be available
 - ✓ The operator should be trained to use this device

- ✓ The cath lab is often **cold**; children can become hypothermic
 - ✓ This may promote arrhythmias and will delay recovery from anaesthesia

- ✓ **Active warming using an air blanket** is ideal
 - ✓ At minimum, the patient should be kept covered and the room temperature controlled



Maintenance fluids

- ✓ **Isotonic maintenance fluids** -Ringer's Lactate or Hartmann's- for all patients
- ✓ Concerns about **hypoglycaemia** (prolonged starvation), 50% glucose 10 – 50ml can be added to a 500ml bag of fluid to make a solution of 1-5% glucose/Ringer's (or Hartmann's)
 - ✓ Blood glucose levels should be measured in this situation
- ✓ There is no place for hypotonic maintenance fluids in modern paediatric anaesthesia practice



Post-operative care

- ✓ The child should be **fully recovered** before returning to the ward
 - ✓ Ideally after a period of time in a staffed recovery room, with oxygen, suction and monitoring available
- ✓ The **vascular puncture site must be checked** for bleeding prior to return to the ward, particularly where arterial access has been obtained

Anaesthetic technique

- ✓ An anaesthetic technique for a safe and rapid recovery of the patient and return to the ward post-operatively
- ✓ **Balanced anaesthesia with controlled ventilation±muscle relaxant** is the usual technique of choice
- ✓ Spontaneous ventilation without intubation may be an option
 - ✓ Often used in resource limited countries for short cases where ketamine can be used as the sole agent



- ✓ Long-acting muscle relaxants (pancuronium) and deep volatile anaesthesia (particularly halothane) are best avoided
- ✓ It is essential to obtain secure vascular access, despite pressure from others to proceed
 - ✓ Failure to secure good vascular access may be regretted later if a serious adverse event occurs
- ✓ Alternatively, access can be achieved following induction of anaesthesia with an inhalational agent or ketamine (5-10mg/kg IM or 2mg/kg IV)

- ✓ During catheterization, **direct cardiac and arterial pressure readings** can be measured as part of the diagnostic work up and repeated to assess for post intervention changes
- ✓ The fractional inspired oxygen concentration [**FiO2**] delivered can have significant effects on the pulmonary vascular resistance, and as such will affect pressure readings taken during catheterization
- ✓ Following a safe induction, aim to deliver the same oxygen requirement the patient would normally be exposed to (i.e. close to [FiO2] 0.21 if spontaneously ventilating in air), but do liaise with the cardiologist during the brief if in doubt

- ✓ **Premedication** highly recommended
 - ✓ Routes of premedication include oral, rectal, IM, IV
 - ✓ Oral Versed 0.5 mg/kg to 1 mg/kg is a good choice
- ✓ Patient may be very sensitive to premedication; **pulse oxymeter monitoring** is mandatory
- ✓ Consider adding **ketamine** to your premedication to improve level of sedation w/o increased respiratory depression

- ✓ Inhalation induction requires adequate pulmonary blood flow
- ✓ **Etomidate, ketamine, versed and fentanyl** are good choices for IV induction
- ✓ When administering narcotics for the induction and maintenance of the anaesthesia remember that the majority of these cyanotic patients are going home in 6 hours after end of procedure
- ✓ Remember that ketamine maintains cardiac function and spontaneous respiration and also is a good analgesic

General anaesthesia in cath lab

- ✓ **Uncooperative children**
- ✓ **High risk patients**
 - ✓ Hypoxaemic infants
 - ✓ Infants with CHF and obstructed valvular lesion
 - ✓ Infants with cyanotic heart disease

Due to increasing invasive nature of the procedures, complications can arise in the cath lab
Anaesthesiologist's presence may be desired as a stand-by in high risk patients

Sedation and analgesia to GA

- During diagnostic procedure an ideal technique would be to maintain;
- ✓ normal respiration on room air steady haemodynamics, normal blood gas values
 - ✓ immobility
 - ✓ provide adequate analgesia and amnesia

While transition to GA, consider

- ✓ Patient's age and clinical condition
- ✓ Access by cardiologist: neck vs. groin
- ✓ Length of the procedure
- ✓ Patient's disease (hypoplastic heart or single ventricle, etc.)
- ✓ If procedure is diagnostic or interventional

While transition to GA, consider

- ✓ Patient's cardiopulmonary physiology
 - ✓ Has to be as close to the baseline (awake state) as possible in order to obtain real data from the procedure
- ✓ Note Qp/Qs ratio if available
 - ✓ You will not be successful in mask induction of GA for pts with decreased pulmonary blood flow
- ✓ Evaluate patient's cardiac function
 - ✓ Remember that all inhalation anaesthetics are myocardial depressants

Procedural Concerns

- Vascular access by cardiologist
 - If neck approach is planned, you will have better control of the airway using LMA or ETT
- FiO₂ concerns
 - During procedure cardiologist will measure O₂ saturations in the different chambers of the heart to evaluate degree of the shunt and calculate Q_p/Q_s ratio
 - If patient is sedated, keep them on room air if tolerated, if not, inform cardiologist that you have to administer supplemental O₂ and they will stop the measurements
 - Return the patient to room air as soon as tolerated, and inform cardiologist
 - If patient is intubated or has LMA in place keep ≤25%

Procedural Concerns

- Specifics of the procedure: diagnostic vs. invasive
 - If invasive, there is always possibility of vessel rupture and uncontrolled bleeding
 - Volume expanders available and blood typed, screened and cross-matched
- If a neck approach is used
 - There is possibility of hemo/pneumothorax, which can be easily diagnosed via chest fluoroscopy

Procedural Concerns

- Ectopy; always possible with wires and catheters in the heart chambers
 - Development of the heart block is also a possibility
- Coil embolization of the PDA
 - More distal embolization of the pulmonary arteries is always a possibility
- Balloon dilatation
 - Rupture of the balloon is always a possibility
- Coronary angiogram
 - Thrombosis or dissection of coronary arteries is always a possibility

SPECIFIC SITUATIONS

Pulmonary hypertension

- ✓ Pulmonary hypertension (PH): Resting mean pulmonary artery pressure (mPAP) >25 mmHg
- ✓ Following induction of anaesthesia, FiO₂ should ↓
 - ✓ as close to room air
 - ✓ the minimum FiO₂ the patient can tolerate safely
- ✓ 100% O₂ is then given for 10 minutes and PAP is measured again to assess for evidence of reversibility of PH (15% reduction in mPAP vs. mean blood pressure (MAP) [without a significant change in MAP])
- ✓ FiO₂ must ↑ during testing if there is profound hypoxia or any ischaemic changes

Tetralogy of Fallot (TOF)

- ✓ Mostly diagnosed with ECHO
- ✓ Cardiac catheterization may be carried out to;
 - ✓ Assess the course and severity of the right ventricular outflow tract (RVOT) obstruction
 - ✓ Map the coronary blood supply and assess for an aberrant coronary artery crossing the infundibulum of the right ventricle (which could be jeopardised during surgery if not recognised)
 - ✓ Identify major aorto-pulmonary collateral arteries (MAPCAs)

- ✓ The major risk during cardiac catheterization of a child with unrepaired TOF is a **hypercyanotic 'spell'**
 - ✓ Particularly if the angiography catheter stimulates the infundibular area of the RVOT
 - ✓ This results in increased right to left shunting and profound hypoxaemia
- ✓ The risk of spelling can be minimised by reducing sympathetic drive
 - ✓ Premedication
 - ✓ Delivering balanced anaesthesia with opioid analgesia
 - ✓ Avoiding 'light' anaesthesia
- ✓ Epinephrine should be avoided as this will worsen any RVOT obstruction

A cyanotic spell should be treated in the following way:

- ✓ Increase the FiO₂
- ✓ Give an IV fluid bolus of 10ml/kg isotonic fluid, reassess and repeat if necessary
- ✓ Phenylephrine (1 mcg/kg boluses) or norepinephrine infusion (0.05-0.1mcg/kg/min)
- ✓ Beta-blockers (esmolol (0.5mg/kg IV over 1 min, repeat if required, or infusion 25-300mcg/kg/min) or metoprolol (0.1 mg/kg IV over 5 min, max 5mg)

Single Ventricle

- ✓ Should be kept 'well filled' to facilitate venous return and hence pulmonary blood flow
- ✓ Should avoid prolonged starvation and dehydration
- ✓ Should be intubated and positive pressure ventilation provided
- ✓ Small tidal volumes ($\leq 7\text{ml/kg}$) should be set to avoid increased (PVR) seen with large tidal volumes
- ✓ EtCO₂ should be controlled to avoid unwanted PVR changes from hyper or hypoventilation, and importantly, to ensure adequate venous return from the cerebral circulation into the SVC

Transoesophageal echocardiography (TOE)

- ✓ TOE is used to guide interventions (secundum ASD device placement) or to improve diagnostic information when trans-thoracic echocardiography is found to have lower diagnostic capability
- ✓ Tracheal intubation and controlled ventilation is required
- ✓ A diagnostic TOE is generally a short procedure requiring only a brief period of intubation
- ✓ An intermediate acting muscle relaxant to facilitate intubation
- ✓ Some centres may have the benefit of having rocuronium and sugammadex available



INTERVENTIONAL PROCEDURES

- ✓ Interventional procedures must only be conducted in centres where surgical back up is immediately available to assist with complications
- ✓ Blood should be cross-matched and immediately available
- ✓ Most interventions aim to either close an open or unwanted defect, or enlarge or create a defect
- ✓ Interventional catheters have larger diameters than those used in diagnostic procedures and carry an increased risk of vascular injury



Common interventions performed in the cath lab include:

- PDA closure
- ASD closure
- Pulmonary valvotomy
- Aortic valvotomy
- Atrial septostomy
- Vascular stents (coarctation, pulmonary vessels)
- Occlusion of collateral vessels
- Pulmonary valve insertion

Patent ductus arteriosus (PDA) closure

- ✓ Leads to pulmonary overflow and congestive heart failure
- ✓ Repeated chest infections and failure to thrive
- ✓ Small isolated PDAs are amenable for device closure in the cath lab
- ✓ Most anaesthetic agents reduce SVR and shunting across the PDA, so avoid high FiO₂
- ✓ Balanced anaesthetic technique with intubation and ventilation
- ✓ Possible to manage using ketamine in a spontaneously breathing patient

Atrial septal defect (ASD) closure

- ✓ ASD can be closed percutaneously under angiographic and TOE guidance
- ✓ Indications for ASD closure using a percutaneous device is based on size, anatomy and location of the defect
- ✓ Indications for elective closure;
 - ✓ Excess pulmonary overflow from a significant shunt pulmonary flow [Qp] / systemic flow [Qs] ratio > 1.5
 - ✓ Right ventricular overload

- ✓ **Prophylactic intravenous antibiotics** within 30 minutes of the start of the procedure
- ✓ **Anticoagulation with heparin** according to local protocol
 - ✓ If the ASD is deemed unsuitable for device closure following angiography, the heparin should be reversed with protamine, guided by the activated clotting time (ACT)
- ✓ **Particular care to check for bleeding** after the procedure if a large sheath has been used and the puncture site should be **compressed for at least 10 minutes**
- ✓ ASD device closure complications
 - ✓ Arrhythmias
 - ✓ Trauma to cardiac structures
 - ✓ Air embolism

- ✓ Embolization of the septal occluder →
 - ✓ The device will need to be retrieved urgently by the interventional cardiologist
 - ✓ If it is not achievable, cardiothoracic surgery

Pulmonary Valvotomy

- ✓ **Significant pulmonary valve (PV) stenosis**
 - ✓ Pressure gradient across the PV >50mmHg
 - ✓ It is an indication for pulmonary valvotomy
- ✓ The PV area may be very small or slit like and the right ventricular (RV) outflow is easily occluded when catheterized
- ✓ During this time, the patient will become profoundly desaturated as the pulmonary blood flow is obstructed

Pulmonary Valvotomy

- ✓ The catheter should be withdrawn until the SpO₂ normalizes
- ✓ A balloon tipped catheter is inserted under fluoroscopic control and the balloon inflated momentarily to split the commissure between the valve leaflets
- ✓ A post procedure pressure gradient across the PV <40 mmHg is usually acceptable

Aortic valvotomy

- ✓ **Children with significant aortic stenosis (AS)**
 - ✓ Left ventricular hypertrophy
 - ✓ Reduced left ventricular function
- ✓ SVR must be maintained to prevent coronary ischaemia
- ✓ Aortic valvotomy via balloon dilatation is indicated if:
 - Aortic valve (AoV) pressure gradient >70 mmHg
 - AoV pressure gradient >50 mmHg with symptoms such as chest pain, or if there is evidence of ischaemia on ECG

- ✓ During placement of the balloon tipped catheter across the valve, blood flowing through the left ventricular outflow tract may displace the balloon device away from the AoV
- ✓ Rapid overdrive pacing can be used to reduce cardiac output during this procedure to reduce the cardiac output acutely and improve the success of the procedure
- ✓ Severe aortic incompetence (AI) from over dilatation of the AoV can result in coronary insufficiency

Coarctation of the aorta (CoA)

- ✓ **Severe coarctation** usually requires surgery in early infancy
- ✓ **Moderate CoA/residual stenosis** after initial surgical treatment can be treated in the cath lab
 - ✓ In suitable young patients, balloon angioplasty
 - ✓ In older children, a stent may be placed across the coarctation if the anatomy is amenable
- ✓ Complications; aortic rupture, aortic dissection, cerebrovascular events, femoral artery trauma, thrombosis and aneurysm formation
- ✓ Cross matched blood must be available

- ✓ Older children often have **upper limb hypertension**; place the **blood pressure cuff or an arterial line on the right arm** to obtain a true measure of the blood pressure
- ✓ Anaesthesia should aim to maintain haemodynamic stability, **but not reduce arterial blood pressure excessively**
 - ✓ In young children; inhalational anaesthesia with small doses of opioid (fentanyl [1-2 mcg/kg] or ketamine [0.5mg/kg])
 - ✓ In older children; total intravenous anaesthesia techniques

Balloon Atrial Septostomy (BAS)

- ✓ Main indication is to **improve mixing** between systemic and pulmonary circulations in neonates with **dextro-transposition of the great arteries (d-TGA) and insufficient oxygenation, prior to corrective surgery**
- ✓ Neonates with TGA
 - ✓ Usually present with hypoxia and acidaemia
 - ✓ Those with better mixing, such as patent ductus arteriosus (PDA) have a better chance of survival
 - ✓ BAS may also be used to improve mixing in other cyanotic CHD's (pulmonary atresia with intact ventricular septum, tricuspid atresia, and hypoplastic left heart syndrome)

Balloon Atrial Septostomy (BAS)

- ✓ A balloon-tipped catheter is passed across the foramen ovale from the right atrium to the left atrium and pulled back with the balloon inflated to create the septostomy
- ✓ The procedure is carried out under ECHO guidance with or without sedation
- ✓ Well-tolerated in skilled cardiology hands

Ventricular septal defect (VSD) closure

- ✓ VSD device closure is complex and requires general anesthesia with tracheal intubation and TOE guidance
- ✓ There is a high risk of cardiovascular instability and long operating time
- ✓ Should only be undertaken in experienced centres

Cardiac tamponade

- ✓ Cardiac tamponade impairs venous return and leads to a reduction in cardiac output (CO)
- ✓ Maintaining heart rate is crucial to avoid rapid decompensation
- ✓ Vasoactive drugs (atropine and epinephrine) should be prepared in advance
- ✓ Children with severe tamponade are very sick
- ✓ Ketamine is the anaesthetic drug of choice
- ✓ Maintenance of preload is crucial in tamponade

Cardiac tamponade

- ✓ Spontaneous breathing is better tolerated than positive pressure ventilation as this may impede venous return further, increase RV afterload, and further reduce CO
- ✓ After draining the tamponade (usually using a catheter) a sudden return in pulmonary blood flow may precipitate pulmonary edema
- ✓ Invasive monitoring is essential for these high-risk cases

Electrophysiology (EP) Studies

- ✓ Symptomatic cardiac arrhythmias can be treated in the cath lab
 - ✓ Radiofrequency ablation
 - ✓ Cryoablation of the abnormal conduction pathways
- ✓ Patients stop their anti-arrhythmic drugs prior to the study, but anaesthesia suppresses endogenous sympathetic drive, and provocation of the arrhythmia during the procedure can be more difficult
- ✓ Fine balance to ensure the patient is fully anaesthetised, not too deep under the anaesthetic but importantly not aware

- ✓ **General anaesthesia with tracheal intubation is necessary** for EP studies as these are long procedures with multiple large intravascular catheters
- ✓ **Propofol based total intravenous anaesthesia** is popular
- ✓ **Sevoflurane+opioids** is alternative
- ✓ **Dexamethasone** should not be used as a routine antiemetic in these patients, as limits the size of the radiofrequency ablation 'burn'

- ✓ Uncommon, but **severe arrhythmias** (ventricular fibrillation, sustained ventricular tachycardia) must be managed with **defibrillation**
- ✓ **Supra-ventricular tachycardias** may respond to adenosine, but must be cardioverted if the patient is compromised

COMMON COMPLICATIONS SEEN IN THE CATH LAB

Anaesthesia related complications

- ✓ Patients may have limited pulmonary and cardiovascular functional reserve
- ✓ Respiratory depression and hypoxia occur quickly following induction of anaesthesia, especially in neonates and infants
 - ✓ Adequate monitoring of breathing is essential
- ✓ All anaesthetic agents are direct cardiovascular depressants
- ✓ Ketamine
 - ✓ Direct myocardial depressant activity
 - ✓ Stimulatory effect via catecholamine reuptake inhibition
 - ✓ Delirium, which can be ameliorated with midazolam in older patients

Anaesthesia related complications

- ✓ Opioids such as fentanyl
 - ✓ Excellent option as part of a multi-modal technique
 - ✓ Commonly associated with post-operative nausea and vomiting
 - ✓ Anti-emetics should be used routinely in older children

Environment related complications

Cold environment and hypothermia

- ✓ The cath lab is cold environment and especially neonates and infants can develop hypothermia easily
- ✓ Hypothermia will delay recovery from anaesthesia and may lead to arrhythmias
- ✓ Temperature recorded throughout the case
- ✓ Active warming should be used

Procedure-related complications

- ✓ **Compromised vascular perfusion**
 - ✓ Vascular access with large sheaths can compromise distal perfusion
 - ✓ Poor perfusion or even ischaemia of the lower limbs
- ✓ **Arrhythmias**
 - ✓ Occur frequently and are mostly due to intracardiac catheters
 - ✓ Usually resolve with catheter withdrawal
 - ✓ Other causes; electrolyte disturbances, hypercapnia, coronary air embolism
- ✓ Contrast is **nephrotoxic** and may precipitate an **allergic reaction**, and occasionally intractable coughing
 - ✓ Should limit the contrast load as far as possible

Other less common complications

- ✓ Embolization of the device
- ✓ Catheter fracture
- ✓ Valvular trauma
- ✓ Cardiac tamponade
- ✓ Vascular trauma
- ✓ Bleeding at femoral access sites
- ❖ Most complications are dealt with in the cath lab
- ❖ Occasionally more severe complications require emergency surgery

- ✓ It is important to understand the individual cardiac anatomy and physiology of each child
- ✓ Aim to deliver the safest and most effective balanced anaesthetic in the cath lab
- ✓ Cooperate with the cardiologist to understand their requirements for each case
- ✓ Like other remote anaesthetic sites, the full range of safety checks, including blood availability, must be in place for any unwanted complication might occur

TAKE HOME MESSAGE



- ✓ Anaesthesia for children with complex cardiac disease in the remote environment of a cath lab can be challenging
- ✓ Recurrent chest infections are common in children with cardiac disease, so respiratory infections should be treated before proceeding with elective cases
- ✓ Fasting should be kept to a minimum and dehydration avoided
- ✓ It is important to maintain normothermia with active warming





Session 4.

Fluid and Transfusion

Chair(s): Yoshie Taniguchi (Japan)
Sun Young Park (Korea)

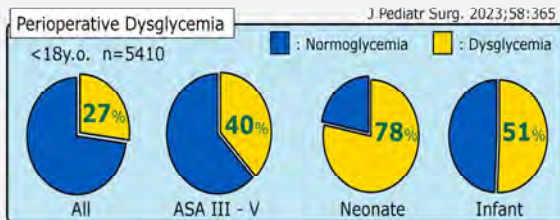
Perioperative Glucose Management: Would You Like Some Sugar?

Mineto Kamata

Saitama Medical University International Medical Center, Japan

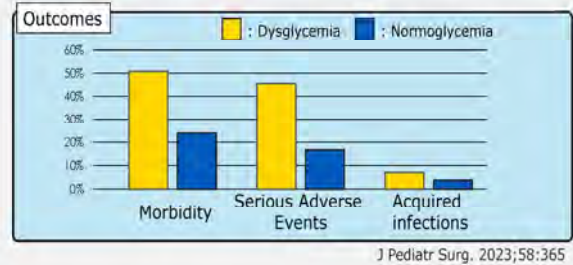
Background

Dysglycemia is common in pediatric anesthesia.
Blood glucose generally rises intraoperatively.



Background

Perioperative dysglycemia is associated to poor outcome.



Learning objects

Recommended glucose dose by recent guidelines.

How to maintain normal BS while maintaining normal metabolism during surgery.

Pediatric Anesthesia 2017;27:10

Perioperative intravenous fluid therapy in children: guidelines from the Association of the Scientific Medical Societies in Germany

Crystalloids		dose
Background infusion	Balanced isotonic electrolyte with 1-2.5% glucose	10 ml/kg/h
Fluid therapy	without glucose	10-20 ml/kg/h

Preventing...

Hypo Na⁺, hyper Cl⁻, metabolic acidosis, hypoglycemia

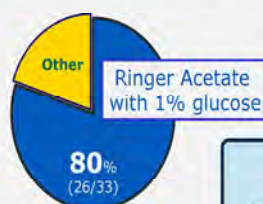
"Balanced isotonic electrolyte with 1 - 2.5% glucose should be used for background infusion."

Survey in 35 Pediatric Hospitals in Japan 2019 (Response rate 94%)

Case : 2 yo, ASA-PS I. Inguinal hernia repair

Q1. Intraoperative fluid ?

Q2. Reasons for choice ?



- Isotonic electrolyte
- Contains 1% glucose
- Anything is fine

The use of sugar loading & isotonic electrolyte infusions is already recognized.

However

"Balanced isotonic electrolyte with 1- 2.5% glucose ?"



"There's no such solutions available even if you make a statement like that."

Paediatr Anaesth. 2018;28:476

Other countries?

"USA, Thailand, Ireland, Tunisia, Turkey, Botswana"

Normal Saline or Ringer's lactate

Evidence: in Minor surgery 2 RCTs

Patient: 40 infants for cleft lip or palate repair
 Intervention: glucose in fluids ① 1% vs 2%, ② 0% vs 1%
 Comparison: intraoperative BS level

① Glucose in fluid 1% vs 2%			② Glucose in fluid 0% vs 1%		
Age in months	10.3 ± 5.6	9.1 ± 4.3	Age in months	8.4 ± 3.7	8.3 ± 3.6
BS (mg/dl)	induction	Not significant	BS (mg/dl)	induction	Not significant
	60 min			60 min	
	120 min			120 min	

Anesth Essays Res. 2019;13:631 J Anaesthesiol Clin Pharmacol. 2020;36:162

If it's just for BS, glucose is not essential.

Any benefit of actively adding sugar?

Randomized Controlled Trial
Intravenous dextrose versus ondansetron for prevention of postoperative vomiting in children: a randomized non-inferiority trial
 Can J Anaesth. 2020;67:1333

Intraoperative Glucose for antiemetic prophylaxis
 Patient : 3-9yo, GA for ambulatory surgery (dental) (n=300)
 Control : ondansetron 0.15mg/kg (max 4mg) + NS
 Intervention : No ondansetron + NS with 5% glucose

Dextrose supplementation was not as effective as ondansetron in preventing PONV.

Neonate

Premature 23w 300g ~ term 41w 4kg

Premature
 Gluconeogenesis
 Glycogen storage → Hypoglycemia

BS drop temporarily after birth → stabilize around 80mg/dL after 72 hrs
 Glucose administration rate (GIR) required to maintain BS.

4~8 mg/kg/min (240 - 480mg/kg/h)
 Glucose 1% (10mg/ml) → 24~48 ml/kg/h

High-concentration glucose infusions are required. (e.g., 10% glucose)

Target for Neonate ?

Prolonged hypoglycemia affects neurodevelopment.
 NEJM. 2015;373:1507
 "BS > 47 mg/dL was not associated with an adverse neurologic outcome at 2y.o."

Hyperglycemia > 150 mg/dL persistence can result in

- Intracranial hemorrhage • BPD • Kidney Injury
- ROP • NEC etc.

Perinat Med. 2007;35:245

In the late neonatal period and later in infancy, it would be about 80-140 mg/dL.

Neonatal ERAS guideline

Consensus Guidelines for Perioperative Care in Neonatal Intestinal Surgery: Enhanced Recovery After Surgery (ERAS®) Society Recommendations
 World J Surg. 2020;44:2482

ERAS Society

Perioperative fluid management
Isotonic solutions with glucose are recommended.

Avoiding Hypovolemia Hyponatremia Fluid overload Hyperglycemia

Recommended BS level
60 - 126 mg/dL

"Optimal perioperative blood glucose levels are unknown. It will be managed slightly higher to avoid hypoglycemia."

BS is normal, is it enough good?

Paediatr Anaesth. 2016;26:599

Patient: Neonates undergoing esophageal atresia repair (n=45)
 Intervention: glucose in fluids 1% vs 2% vs 4% 10ml/kg
 Comparison: Perioperative BS and insulin level

<Result①: BS level>

BS mg/dL	induction	Post ope	PO 24h	PO 48h
1%	68	158	139	99
2%	82	166	120	108
4%	74	175	85	100
P value	NS	NS	0.006	NS

<②: insulin level>

	induction	Post ope
	6.0	6.0
	5.5	7.0
	7.8	10.8
P value	NS	0.035

Glucose administered intraoperatively affects metabolism.

Do you check BS intraoperatively ?

Morbidity and mortality after anaesthesia in early life: results of the European prospective multicentre observational study, neonate and children audit of anaesthesia practice in Europe (NECTARINE)
 n = 6,542 BJA. 2021;126:1157

Risk factors for intraoperative hypoglycemia in children: n = 73,592
 a retrospective observational cohort study Can J Anaesth. 2020;67:225

Association of dysglycemia with post-operative outcomes in pediatric surgery n = 12,252
 J Pediatr Surg. 2023;58:365

Only 10 - 50% of cases were checked BS intraoperatively.

Perioperative BS abnormalities are likely to be overlooked.

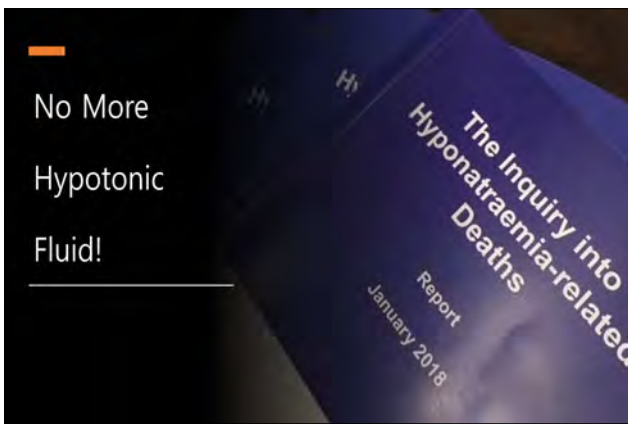
ASPA 2023 Summary

- Perioperative dysglycemia is common and associated with poor outcome.
- Glucose administration may not be essential for minor surgeries in healthy children but is essential in neonates.
- Perioperative dysglycemia may be overlooked, and proactive BS checks may improve outcomes.

No More Hypotonic Fluid!

Hyungmook Lee

Department of Anesthesia and Pain Medicine, Seoul St. Mary's Hospital, Catholic University of Korea, Korea



Hyponatraemia; Five children's deaths led to 14-year quest **BBC**

11 January 2017

Nine-year-old Raychel Ferguson died at the RBHSC on 10 June 2001.

The schoolgirl, from Coshquin, County Londonderry, had been admitted to Derry's Altnagelvin Hospital three days earlier, complaining of acute abdominal pain.

She was diagnosed with appendicitis and underwent surgery to remove her appendix that day.

Initially, she recovered well from her operation, but the following day she began to vomit and complained of a headache.

The next day, 9 June, she suffered a series of seizures and was transferred to RBHSC's intensive care unit.

Within 24 hours, Raychel was dead. A post-mortem examination concluded that she died from cerebral oedema, caused by hyponatraemia.

<https://www.bbc.com/news/health-24840720>

Table of Contents

- History of iv fluid & hypotonic solution
- Tonicity
- Risk of hypotonic hyponatremic iv solution
- ADH release and its effects perioperatively

KJA KOREAN JOURNAL of ANESTHESIOLOGY

Review Article

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Pediatric perioperative fluid management

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PREVENTIVES OF CHOLERA!

Published by order of the Sanatory Committee, under the sanction of the Medical Council.

BE TEMPERATE IN EATING & DRINKING!
Avoid Raw Vegetables and Unripe Fruit !.

Abstain from COLD WATER, when heated, and above all from Ardent Spirits, and if habit have rendered them indispens-

1832: 1st iv injection into human

SALINE VENOUS INJECTION
IN CASES OF
MALIGNANT CHOLERA,
PERFORMED WHILE IN THE
VAROUR-BATH,
By **THOMAS LEVY, M.D., Leitch,**
To the Editor of THE LANCET.



sodium 106mmol/L
chloride 78mmol/L
carbonate 14mmol/L

- 1882 : Ringer's lactate
- 1888 : 1st normal saline (We don't know why it is normal)
 - 150 mmol Na, 128 mmol Cl, 2.5 mmol PO₄²⁻, and 27 mmol CO₃²⁻ in 1000 ml of water
- 1921 : 1st scientific support of 0.9% NaCl as an isotonic solution
- 1932 : Hartmann's solution

THE MAINTENANCE NEED FOR WATER IN PARENTERAL FLUID THERAPY

By Malcolm A. Holliday, M.D., and William E. Soper, M.D.
Department of Pediatrics, Indiana University School of Medicine



10kg - 100cc/kg/day → 4.2 cc/kg/hr
10-20kg - 50cc/kg/day → 2.1 cc/kg/hr
20kg - 20cc/kg/day → 0.8 cc/kg/hr

Infants, and to a large extent even tubercular patients. It is necessary for them to have been administered an ample quantity of water.

10kg - 4.2 ml/kg/hr
10-20kg - 2.1 ml/kg/hr
20kg - 0.8ml/kg/hr

Similar numbers is possible. However, these are hours of water and a large quantity of water is necessary for them to have been administered an ample quantity of water.

4-2-1 rule

Pediatrics 1957;19:823

Daily requirement

• Na 3mEq/100cal/day
• K 3mEq/100cal/day
Pediatric maintenance fluid -> hyponatremic solution

- If BW is 20kg, daily requirements are
 - Fluid : (4*10+2*10)*24 = 1440 ml/day
 - Na : 3*(1440/100) = 43.2 mEq/day (30 mEq/L)
 - 1:4DS (Na : 30mEq/L) 1440ml/day
 - 1:2DS (Na : 51mEq/L) 860ml/day + 5DW 580 ml/day

Misconception of renal maturation

- False belief in the past
 - Immature kidneys could not handle the high sodium loads
- Routine maintenance & replacement fluid
 - 5% dextrose quarter normal saline (D5 0.25 NS)
 - 5% dextrose water

The development of pediatric fluid resuscitation: an interview with Dr. Patrick A. Tully, MD
Pediatrics. American Academy of Pediatrics; 2016. 137(1):211-212. doi:10.1111/peds.13289

TABLE 6.3 Maturation of Renal Function with Age

Measurement	Premature Newborn	Full-Term Newborn	1-2 Weeks	6 Months-1 Year	1-3 Years	Adult
GFR (ml/min/1.73 m ²)	14 ± 3	40.6 ± 14.8	65.6 ± 24.8	77 ± 14	86 ± 22	Male: 125 ± 15 Female: 110 ± 15
RBF (ml/min/1.73 m ²)	40 ± 6	88 ± 4	220 ± 40	352 ± 73	540 ± 118	620 ± 92
Tm _{PA} (mg/min/1.73 m ²)	10 ± 2	16 ± 5	39 ± 8	51 ± 20	66 ± 19	79 ± 12
Maximal concentration ability (mOsm/kg)	480	700	900	1200	1400	1400
Serum creatinine (mg/dL)	1.2	1.1	0.4	0.2	0.4	0.8-1.5
Tm _P (mg/dL)	—	7.39 ± 0.37	—	5.58 ± 0.28	5.71 ± 0.28	3.55 ± 0.19
Fractional excretion of sodium (%)	2%-6%	<1	<1	<1	<1	<1
Tm _G (mg/min/1.73 m ²)	—	—	71 ± 20	—	—	239 ± 51

*GFR, Glomerular filtration rate; RBF, renal blood flow; Tm_{PA}, tubular maximum for paraaminohippuric acid; Tm_P, tubular maximum for phosphorus; Tm_G, tubular maximum for reabsorption of glucose.

Smith's Anesthesia for Infants and Children, Tenth Edition, 2002
Ch. 6 Regulation of fluids and electrolytes

Isotonic versus hypotonic solutions for maintenance intravenous fluid administration in children (Review)

McNab S, Ware RS, Neville KA, Choong K, Coulthard MG, Duke T, Davidson A, Dorozoff T
Cochrane Database of Systematic Reviews 2014, Issue 12. Art. No.: CD009457.

isotonic fluid had a substantially lower risk of hyponatraemia (17% versus 34%; RR 0.48; high quality evidence)

Analysis 1.1. Comparison 1 Isotonic versus hypotonic, Outcome 1 Hyponatraemia.

Study or subgroup	Isotonic n/N	Hypotonic n/N	Risk Ratio M-H, Random, 95% CI	Weight	Risk Ratio M-H, Random, 95% CI
Shaw 2005	53	37	0.23	3.0%	0.23 [0.08, 0.68]
Chuang 2011	2630	4312	0.48	23.8%	0.48 [0.19, 1.15]
Scott 2012	039	148	4.38	8.0%	4.38 [1.39, 13.8]
Quinn 2013	608	626	3.82	3.8%	3.82 [1.49, 9.6]
Kernan 2016	336	1620	3.44	4.2%	3.44 [1.12, 10.7]
Wong 2016	1151	2812	11.02	11.0%	11.02 [4.15, 29.5]
Wong 2017	643	2314	18.02	18.0%	18.02 [7.19, 44.2]
Lee 2012	1158	9838	28.62	28.6%	28.62 [11.45, 74.0]
Saha 2015	038	152	3.72	3.7%	3.72 [1.48, 9.14]
Wong 2018	534	926	3.42	3.4%	3.42 [1.34, 8.71]
Total (95% CI)	644	123	0.48	68%	0.48 [0.38, 0.62]

REVIEW

Fluid therapy for children: facts, fashions and questions

Malcolm A Holliday, Patricia E Roy, Aaron L Friedman

Arch Dis Child 2007;92:548-550. doi: 10.1136/adc.2006.106377

For children admitted for surgery, isotonic saline to counter any hyponatraemia may be given as a measured expansion, 20-40 ml/kg followed by a "keep open" rate.

In 1972 half average maintenance was recommended if there was a possibility that urine output might be limited by non-osmotic stimulated antidiuretic hormone activity (table 2).

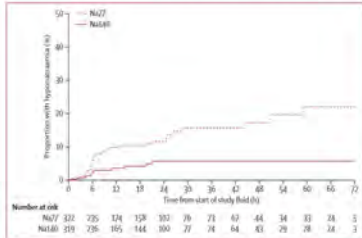
Holliday MA. Body fluid physiology during growth. In: Maxwell MH, Kleeman CR, eds. Clinical aspects of fluid and electrolyte metabolism. New York: McGraw-Hill, 1972, chapter 13.

Table 2 Calculation of maintenance fluid needs (in ml/100 kcal) as described by Holliday*

Average measured fluid requirement	Maximal osmolar nature of urine	Anionic, non-electrolyte, hyperosmolar
Insensible water loss: 40-50	60-50	40-50 (0.5-1.0 L/kg)
Urinary water loss: 40-75	15-20	15-20
Sweat loss: 10-25	50-70	40-10
Water of oxidation: 20-10	20-10	20-10
g/g		
Net fluid, average: 100	30	25-40 (0.8-1.0 L/kg)
100 urine output		

140 mmol/L of sodium versus 77 mmol/L of sodium in maintenance intravenous fluid therapy for children in hospital (PIMS): a randomised controlled double-blind trial

Sarah McNab, Trevor Duke, Mike South, Franz E Bahl, Katherine J Lee, Sarah J Anwar, Simon Young, Hannah Turner, Andrew Davidson *Lancet* 2015; 385: 1190-97



Fewer patients given Na140 than those given Na77 developed hyponatraemia (4% vs 11%, odds ratio 0.31)

	Na ⁺ (mmol/L)	Cl ⁻ (mmol/L)	K ⁺ (mmol/L)	Ca ²⁺ (mmol/L)	Mg ²⁺ (mmol/L)	Glucose (g/L)	Lactate (mmol/L)	Acetate (mmol/L)	Glucosamine (mmol/L)	Osmolarity (mOsm/L)	pH
Blood											
Plasma	111.14	94.111	4.5-5.0	2.2-2.6	0.8-1.0	0.07-0.1	1-2			275-295	7.4
Eutonic solution											
0.9% sodium chloride	154	154								308	7.4
Hartmann's solution	131	112	5.8	1.3			28			280	7.4
Plasma-Lyte A	140	98	5.0		1.0			27	23	294	7.4
Hypotonic solution											
5% dextrose in water						50				280	7.4
0.45% sodium chloride	77	77								154	7.4
0.3% sodium chloride with 3.3% dextrose (1:2 DS)	51	51				33				280	7.4
0.18% sodium chloride with 4% dextrose (1:4 DS)	35	35				40				284	7.4

Osmolarity

- measurement of the osmotic activity of electrolyte solutions
- the number of osmoles of solute per volume of solution (Osm/L)
- can be measured using an osmometer

Osmolarity

- a simple summation of the osmolarity of all solutes in a solution (theoretical osmolarity) is not equal to the measured value (real osmolarity)
- Theoretical osmolarity of 0.9% NaCl solution = 308 mOsm/L
- Real osmolarity of 0.9% NaCl solution = 286 mOsm/L

Tonicity

- the behavior of a solution when a specific cell is fully submerged
- **Hypotonic Solution**
 - water moves into the cell
 - the submerged **cell swells**
- Primarily determined by Na Concentration



Tonicity & Osmolarity

- Osmolarity
 - All solutes if they are osmotically active.
- Tonicity
 - Only nonpermeable solutes to human cell membranes

Tonicity & Osmolarity (2)

- **0.9% NaCl solution** is considered **isosmotic** and **isotonic**
 - Real osmolarity = 286 mOsmol/L (Human plasma : 288)
 - Both Na and Cl are nonpermeable to human cell membranes
 - Na and Cl are effective solutes for tonicity

Tonicity & Osmolarity (3)

- **5DW** is considered **isosmotic**, but **hypotonic**
 - Real osmolarity = 278 mOsmol/L (Human plasma : 288)
 - glucose can completely permeate human cell membranes
 - glucose metabolizes into energy, CO₂, and water once inside the cell
 - Glucose is not an effective solute for tonicity
 - 5DW is not different from pure water in terms of tonicity

	Na ⁺ (mEq/L)	Cl ⁻ (mEq/L)	K ⁺ (mEq/L)	Ca ²⁺ (mEq/L)	Mg ²⁺ (mEq/L)	Glucose (g/L)	Lactate (mEq/L)	Acetate (mEq/L)	Glycerol (mEq/L)	Osmolality (mOsm/L)	pH
Blood											
Plasma	133-145	94-111	3.5-5.0	2.2-2.6	0.6-0.8	0.07-0.1	1-2			275-295	7.4
Isotonic solution											
0.9% sodium chloride	154	154								308	7.4
Hartmann's solution	131	112	5.8	1.8			28			280	7.4
Plasma-Lyte A	140	98	5.0		3.6			22	21	294	7.4
Hypotonic solution											
5% dextrose in water						50				280	7.4
0.45% sodium chloride	77	77								150	7.4
0.3% sodium chloride with 3.3% dextrose (1:2 DS)	51	51				33				280	7.4
0.18% sodium chloride with 4% dextrose (1:4 DS)	30	30				40				284	7.4

HYPONATREMIC

HYPOTONIC

	1:2DS		1:4DS	
NaCl	3g/L (1/3)	0.30%	1.8g/L (1/5)	0.18%
Na	51.3mEq/L		30.8mEq/L	
Dextrose	33.3g/L	3.30%	40g/L	4%
Osmolality	288mOsm/L		284mOsm/L	

Hyponatraemia

 Five children's deaths led to 14-year quest BBC

By Jennifer 2017

Nine-year-old Raychel Ferguson died at the RBHSC on 10 June 2001.

The schoolgirl, from Coshquin, County Londonderry, had been admitted to Derry's Altnagelvin Hospital three days earlier, complaining of acute abdominal pain.

She was diagnosed with appendicitis and underwent surgery to remove her appendix that day.

Initially, she recovered well from her operation, but the following day she began to vomit and complained of a headache.

The next day, 9 June, she suffered a series of seizures and was transferred to RBHSC's intensive care unit.

Within 24 hours, Raychel was dead. A post-mortem examination concluded that she died from cerebral oedema, caused by hyponatraemia.

https://www.bbc.com/health/2017/06/170610_rachel_14

Prepubescent children are more vulnerable to hyponatremia-induced brain edema

- increased brain-size-to-cranial-vault ratio
- decreased Na-K ATPase activity
- increased antidiuretic hormone levels in response to stress

Rus JC, Atzinger SG, Anelli A. Brain cell volume regulation in hyponatremia: role of age, osmopressin and hypoxia. *Am J Physiol Renal Physiol* 2008; 295: F613-24

Consequences of iatrogenic hyponatremia

- Brain edema
- Loss of CSF & blood
- Increased irritability, headaches, seizures
- Even sudden death due to brain herniation

Post op. physiology – ADH & water retention

Nonosmotic
Pain
Inflammation
Stress, catecholamines
Surgery, laparoscopic surgery
Vomiting
Hypoxia
Hyponatremia
Medications (e.g., opioids, amiodarone, ulipristine)
Respiratory distress (e.g., asthma, pneumonia, atelectasis)
Central nervous system disorders (e.g., head injury, tumor)
Osmotic
Fasting
Hypovolemia
Hypernatremia
Hypertension
Renal insufficiency
Hepatic insufficiency

Cote and Lemons's Practice of Anesthesia for Infants and Children, 6th ed. (2019)

Prepubescent children are more vulnerable to hyponatremia-induced brain edema

- increased brain-size-to-cranial-vault ratio
- decreased Na-K ATPase activity
- increased antidiuretic hormone levels in response to stress

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REVIEW

Fluid therapy for children: facts, fashions and questions

Malcolm A Holliday, Patricia E Ray, Aaron L Friedman

Arch Dis Child 2007; 92: 548-550. doi: 10.1136/adc.2006.106377

In 1972 half average maintenance was recommended if there was a possibility that urine output might be limited by non-osmotic stimulated antidiuretic hormone activity (table 2).²⁶

Holliday MA. Body fluid physiology during growth. In: Maxwell MH, Kleeman CR, eds. *Clinical disorders of fluid and electrolyte metabolism*. 2nd edn. New York: McGraw-Hill, 1972, chapter 13.

Average basal metabolic rate	Basal energy requirement of other	Adult, hypotonic, hypotonic
Infantile water loss	40-50	40-50 (0.5-1.0) (0.5)
Infantile water loss	40-75	15-20
Infantile water loss	100-125	10-15
Water of oxidation	20-10	20-10
Net need, average	100	25
		25-65 (1-1.0) (0.5)

UC, urine output.

Take Home Message

- No More Hypotonic Hyponatremic Fluid
 - Not for maintenance, fluid deficit, or blood loss.
 - Especially not during the postoperative period.
- For Perioperative maintenance
 - Isotonic balanced solution with 1-2.5% glucose
- Beware of the risk of iatrogenic hyponatremia in surgical patients.

Transfusion Triggers: RBC, Plasma, Platelets

Vibhavari Naik



Basavatarakam Indo-American Cancer Hospital and Research Institute, India




Learning objectives

- Current concepts on triggers for RBCs, Plasma and Platelet transfusions in infants and children
- Overview of recent guidelines on transfusion practices in children
- Pearls and pitfalls in the implementation of guidelines

Disclaimer: This talk does not cover neonates






What we know...

- Blood and blood components are required to optimize physiology in illness
- The incidence of transfusion is higher in infants and children as compared to adults¹
- Transfusions are also associated with risks²
 - Infectious – viral, bacterial, parasites
 - Non-infectious – allergic reactions, TRALI, TACO, TRIM, VTE, hyperkalemia, alloimmunization, immunomodulation
- Children are more prone to non-infectious risks than adults²
- The need to use blood products judiciously!



Do we know the appropriate transfusion triggers?

(TRALI – Transfusion related acute lung injury; TACO – Transfusion associated circulatory overload; TRIM – Transfusion related immunomodulation; VTE – Venous thromboembolism)

RBC transfusion thresholds

- The journey began with...
- TRICC trial in 1999¹ - 838 critically ill adults
 - Restrictive strategy (7 gm/dL) possibly superior to liberal strategy (9.5 gm/dL)
- Children traditionally thought to require higher Hb thresholds, but...
- TRIPICU trial in 2007² – 637 stable critically ill children
 - Hb threshold of 7 gm/dL can decrease transfusion requirements without increasing adverse outcomes.
 - Subgroup analysis in stable postoperative patients also supported 7 gm/dL

RBC Transfusion thresholds – recent data

Review > Cochrane Database Syst Rev. 2021 Dec 21;12(12):CD0092042. doi: 10.1002/14651858.CD0092042.pub5

Transfusion thresholds for guiding red blood cell transfusion

Jeffrey L Carson¹, Simon J Stalker^{2,3,4}, Jane A Dennis⁵, Marielena Trivella⁶, Nareg Roubinian⁷, Dean A Ferguson⁸, Dannel Trickett⁹, Carolyn Dorbe⁴, Paul C Hibbert¹⁰

Looked at 30-day mortality for all clinical conditions



Transfusions with allogeneic RBCs can be avoided in most patients with haemoglobin thresholds between 7 g/dL to 8 g/dL.

48 trials, involving 21,433 participants

Restrictive transfusion strategies reduced the risk of receiving a RBC transfusion by 41% risk ratio (RR) 0.59, 95% confidence interval (CI) 0.53 to 0.66

No increase in 30-day mortality RR 0.99, 95% CI 0.86 to 1.15, I² = 30%

Among 48 trials only 3 trials in children






RBC transfusion thresholds in children

Transfusion and anemia expertise initiative (TAXI) 2018¹ consensus recommendations

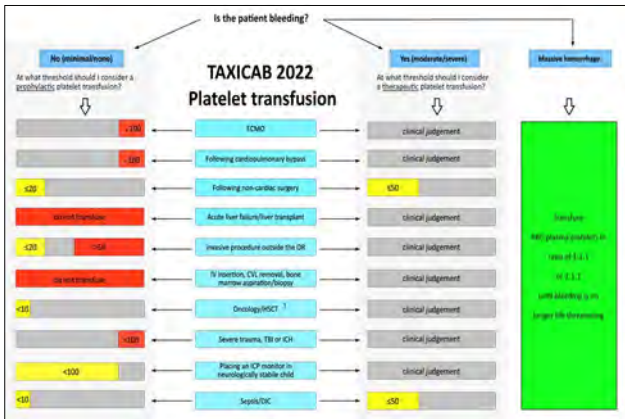
Condition	Threshold Hb
RBC transfusion indicated	< 5 gm/dL
Critically ill child hemodynamically stable* – severe sepsis, respiratory failure without severe hypoxemia, postoperative anemia (non-cardiac surgery), non-cyanotic heart disease, renal replacement therapy	7 gm/dL
Hematological malignancy, stem cell transplantation, red cell aplasia	8 gm/dL
Uncorrected cyanotic heart disease, severe hypoxemia, non-hemorrhagic shock, hemodynamic instability	9 gm/dL
Acute brain injury (trauma, stroke), Sickle cell disease before major surgery	10 gm/dL
Hemorrhagic shock	2:1:1 or 1:1:1

* If MAP not < 2.50 below mean for age and cardiovascular support (fluids and vasopressors) not increased in last 2 hours

Perioperative thresholds in non-cardiac surgery

- Craniosynostosis, scoliosis, ortho oncological surgeries
- To reduce perioperative transfusions by patient blood management
- Hb thresholds less useful in the setting of acute hemorrhage
- When acute blood loss > 15-20% of blood volume or during active bleeding
- Targets – Hb > 7- 9 gm/dL; INR > 1.5 - 2; Platelets > 75 - 100x10⁹/L; Fibrinogen >1 gm/L
- Post transfusion increment of Hb up to 2 gm/dL above the threshold values



Transfusion thresholds: Platelets

Condition	Threshold Platelet count
Peripheral line placement, bone marrow aspiration and biopsy, non-tunneled central line removal, blood draw	Not required to check
Irrespective of signs of hemorrhage (except ITP, TTP/HUS, HIT), stem cell transplantation	< 10 x 10 ⁹ /L
Risk of bleeding, sepsis, anticoagulant therapy, non-tunneled central line insertion	< 20 x 10 ⁹ /L
Lumbar puncture, tunneled central line insertion	20 - 40 x 10 ⁹ /L
Non-cardiac surgery with moderate hemorrhage, DIC	< 50 x 10 ⁹ /L
Major hemorrhage, surgery in closed cavities - brain, spine, eye, on ECMO	< 100 x 10 ⁹ /L

Huge variability in platelet counts and the risk of bleeding because of inability to monitor platelet function routinely

Are we chasing the wrong triggers?

- So far, we discussed transfusion triggers based on standard tests – Hb/Hct (packed cells), PT/INR (plasma), platelet count (platelets)
- Recent literature shows –
 - In comparison to conventional coagulation tests (Platelet count, PT, INR, aPTT, fibrinogen)
 - Viscoelastic testing (TEG, ROTEM, Sonoclot) is more reliable of clot formation and platelet function¹
 - Application of TEG/ROTEM guided transfusion strategies reduce need for blood products and improve morbidity²

Conventional tests vs Viscoelastic tests

Conventional coagulation tests	Viscoelastic tests advantages	Viscoelastic tests limitations
Less expensive	Single device measures real time clot formation in whole blood	Varying nomenclature in different tests
Easy availability	More closely resembles in vivo hemostasis	Non-availability of uniform algorithm
	Assesses multiple pathways of clot formation and stability	Data mainly in trauma, cardiac and liver transplant surgeries
	Can detect hyperfibrinolysis	Limited data in children
	Rapid turnaround (<30 mins)	Unclear reference ranges in less than 1 year
	Reduces blood product transfusions and has better outcomes	Cost and availability!!

Pediatric Perioperative Coagulation Management

1. Clot Strength (ASD, MCF) (Fibrinogen, Platelet count, F8R)

2. Clot Initiation (Thrombin building) (CT): Thrombin, Fibrinogen, Heparin

3. Hyperfibrinolysis (Maximum Lytic MC)

Normal ROTEM but bleeding: Surgical bleeding? Acidosis? Hypothermia? Hypocalcemia? Bleeding history? → TEG strategy → mild VWD or platelet dysfunction. Deep depression (LJ > 60 mg/dl open 30 min)

If bleeding persists: → Seek advice from hematology

Severe from Whitehead's Standard (FV)/VWF concentrations → 50-100 VWF Ag. Severe platelet dysfunction: Fibrinogen concentrate (FC) (Dose: 0.5-1.0 g/kg, 20-40 mg/kg, R = 15 kg, 1 splenomegaly, PC)

Pearls and pitfalls



- Iatrogenic blood loss from frequent tests can contribute to anemia in small babies
- Restrictive RBC transfusion threshold of 7 gm/dL is acceptable in hemodynamically stable, non-bleeding critically ill child
- Higher transfusion trigger for those with symptomatic anemia and/or impaired cardiorespiratory function
- Special groups (preterm infants, children with cyanotic heart disease, severe hypoxemia, active blood loss or hemodynamic instability) need higher thresholds

Pearls and pitfalls

- Can thresholds be same for all ethnic groups? Does 'tolerance to anemia' matter?
- RBC transfusions should be focused on improving tissue oxygenation (heart rate, blood pressure, lactate levels) rather than fixed Hb thresholds
- Major blood loss – Is ratio of 2:1:1 or 1:1:1 transfusion better?
- Role of whole blood – reemerging??


Pearls and pitfalls

- Plasma should not be used for mild coagulopathy, volume replacement and hypoalbuminemia in children
- Platelet count is not a reliable test for platelet function and decision should be guided on clinical bleeding
- Are we pursuing the wrong markers (Hb, INR, aPTT, platelet count)?
- TEG/ROTEM guided decision making – is this the solution?
- Unclear role, limited utility and high costs of Prothrombin complex concentrate, fibrinogen concentrate have prohibited routine use



Conclusion

- Blood and blood products are precious resources and demand often exceeds the supply
- Working in a tertiary cancer hospital in India – high demand for blood and blood products – saving each transfusion matters!
- Need to audit the practices and have institute specific guidelines
- One size does not fit all...
- The clinical picture and clinician's judgement is more important than any tests....



Tranexamic Acid: Antifibrinolysis and Beyond

Angelina A. Gapay

Divine Word Hospital, Philippines



Objectives

1

Revisit tranexamic acid's therapeutic use in the prevention and treatment of bleeding.

2

Evaluate tranexamic acid's activities beyond antifibrinolysis.

3

Know the role of tranexamic acid in Patient Blood Management.

Fibrinolysis

- Component of hemostatic process ; maintains patency of the vascular system
- Implicated in pathogenesis of coagulopathy in trauma/severe tissue damage

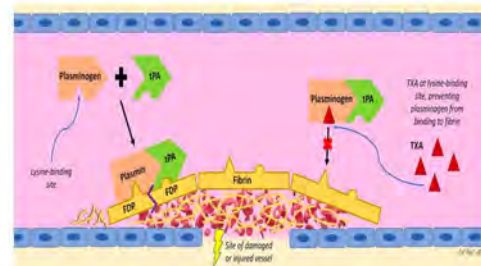
Steps :

- < Generation of plasmin : plasminogen converted to serine protease plasmin by tissue plasminogen activator (tPA)
- < Fibrin digestion/ clot breakdown

Update on Applications and Limitations of Perioperative Tranexamic Acid

Prakash A. Patel, MD, FASE,* Julie A. Wyrobek, MD,† Alexander J. Butwick, MBBS, FRCA, MS,‡ Evan G. Pivalizza, MD,§ Gregory M. T. Hare, MD, PhD, FRCP,|| C. David Mazer, MD,|| and Susan M. Goobie, MD, FRCPCT¶

www.anesthesia-analgesia.org September 2022 • Volume 135 • Number 3



1-(aminomethyl)-cyclohexane-4-carboxylic acid (AMCHA)
Tranexamic acid

- Discovered by Japanese couple, doctor-scientists Shosuke and Utako Okamoto.

Initial clinical applications

- Excessive menstrual bleeding
- Hereditary bleeding disorders (e.g. hemophilia) during procedures (dental)

TXA – more potent than epsilon amino caproic acid (EACA)



1-(AMINO-METHYL)-CYCLOHEXANE-CARBOXYLIC ACID: AMCHA

4-POTENT INHIBITOR OF THE FIBRINOLYSIS

SHOSUKE OKAMOTO* and UTAKO OKAMOTO**

Research Projects on Plasmin and Antiplasmin

Tranexamic acid Indications

Ockerman et al. *Thrombosis Journal* (2021) 19:54
<https://doi.org/10.1186/s12959-021-00303-9>



Tranexamic acid & perioperative bleeding in children

Susan M. Goobie and David Faraoni. *Curr Opin Anesthesiol* 2019,32:343-352

Indications

- Prophylaxis/treatment of trauma/surgery with ‘major’ bleeding/hge
- Prophylaxis/treatment with ‘mild/moderate’ bleeding
- < strong desire to avoid transfusion or blood is not an option
- < preexisting anemia or coagulopathy
- < preexisting hypofibrinogenemia
- < difficult to crossmatch because of antibodies

Tranexamic acid use in children: reduction in blood loss & allogeneic blood transfusion

Susan M. Goobie & David Faraoni. *Curr Opin Anesthesiol* 2019, 32:343-352

- Cardiac surgery
- Spinal fusion/scoliosis surgery
- Craniosynostosis
- Neurosurgery (tumor / seizure surgery)
- Major plastic / maxillary surgery
- Major abdominal surgery

Tranexamic acid: Contraindications

Susan M. Goobie and David Faraoni. *Curr Opin Anesthesiol* 2019,32:343-352

- Absolute
 - < Hypersensitivity
 - < Active thromboembolic disease
 - < Fibrinolytic conditions with consumption coagulopathy
- Relative (risk/benefit ratio needs to be considered)
 - < renal impairment/ dysfunction – dose adjustment required
 - < acquired or inherited disorder of thrombosis
 - < preexisting coagulopathy or oral anticoagulants

Adverse events with Tranexamic acid use

Susan M. Goobie and David Faraoni. *Curr Opin Anesthesiol* 2019,32:343-352

- Rare: $\geq 1/10\ 000$ to $< 1/1000$
- Allergic skin reactions
 - Hypotension (with fast IV injection)
 - Nausea, vomiting , diarrhea
 - Color vision disturbances
- Very rare: $< 1/1000$
- Thromboembolic events(TXA is a clot stabilizer, not clot promoter)
 - Convulsions (with high doses)
 - Hypersensitivity reactions/ anaphylaxis

Update on Perioperative Tranexamic Use

Patel, Prakash A. MD, FASE¹; Wyrobek, Julie A. MD²; Butwick, Alexander J. MBBS, FRCA, MS³; Pivalizza, Evan G. MD⁴; Hare, Gregory M. T. MD, PhD, FRCP⁵; Mazer, C. David MD⁶; Goobie, Susan M. MD, FRCP⁶. *Anesthesia & Analgesia* 125(3):p 460-473, September 2022. | DOI: 10.1213/ANE.0000000000006039

TXA in cardiac surgery

- < Routine TXA use well established/ strongly recommended
- < Recent investigations have demonstrated TXA's safety / no increase in thrombotic complications
- < Lower dose TXA regimens- lower seizure risk
- < Ongoing TXA investigation for optimal dosing strategies
- < Use in pediatric cardiac surgery patients should account for additional bleeding risk, age, CP bypass circuit prime

Update on Perioperative Tranexamic Use

Patel, Prakash A. MD, FASE¹; Wyrobek, Julie A. MD²; Butwick, Alexander J. MBBS, FRCA, MS³; Pivalizza, Evan G. MD⁴; Hare, Gregory M. T. MD, PhD, FRCP⁵; Mazer, C. David MD⁶; Goobie, Susan M. MD, FRCP⁶. *Anesthesia & Analgesia* 125(3):p 460-473, September 2022. | DOI: 10.1213/ANE.0000000000006039

TXA in pediatric surgery

- < recommended for prophylaxis or treatment in pediatric surgery with high/ moderate risk of bleeding
- < dosing regimens based on p'kinetic modeling & simulation which also accounts for bleeding risk
- < **Seizures are not a contraindication to TXA use**
- < Given that pediatric trials are often small or single center, thrombotic risk in pediatric patients is often extrapolated from larger multicenter adult trials, which is LOW.

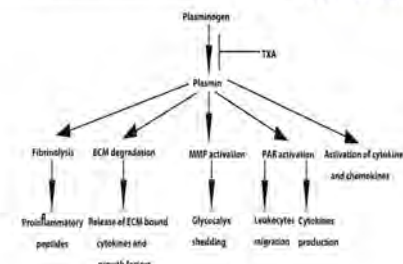
Patel, Prakash A. MD, FASE¹; Wyrobek, Julie A. MD²; Butwick, Alexander J. MBBS, FRCA, MS³; Pivalizza, Evan G. MD⁴; Hare, Gregory M. T. MD, PhD, FRCP⁵; Mazer, C. David MD⁶; Goobie, Susan M. MD, FRCP⁶. *Anesthesia & Analgesia* 135(3):p 460-473, September 2022. | DOI: 10.1213/ANE.0000000000006039

Setting	Typical TXA dosing regimen ^a	Notes
Adult cardiac surgery ^{11,12}	10–30 mg/kg IV loading dose; then 2–16 mg/kg/h infusion; ± 1 –2 mg/kg for pump prime	Target plasma concentrations 20–100 μ g/mL (depending on desired degree of fibrinolysis inhibition) ^b
Ostelectics ⁴	1 g IV over 10 min; can repeat 1 g IV if bleeding persists after 30 min	Recommended to give within first 3 h of birth
Acute trauma ¹³	1 g IV over 10 min; then 1 g infused over 4–8 h	Recommended to give within first 3 h of injury (ideally within first hour)
Orthopedic surgery ¹⁴	10–20 mg/kg IV in single or divided doses (or 1–3 g topical dose)	Target plasma concentration ≥ 10 μ g/mL
Neurosurgery ¹⁵	10 mg/kg IV loading dose; then 0.5–2 mg/kg/h infusion	
Pediatric surgery ¹⁶	10–30 mg/kg IV loading dose; then 5–10 mg/kg/h infusion	Maximum loading dose 2 g; target plasma concentrations between 20 and 70 μ g/mL ^c
Pediatric cardiac surgery ^{10,18}	30 mg/kg (age < 12 mo) or 10 mg/kg (age ≥ 12 mo) IV loading dose; then 10 mg/kg/h infusion; additional to pump prime for concentration of 60 μ g/mL	Maximum loading dose 2 g; intermediate target plasma concentration 60 μ g/mL (lower target concentration of 20 μ g/mL, or higher target concentration of 150 μ g/mL requires dosage scheme adjustment) ^c

Biological effects of plasmin

FRUDONKEY et al. *Transfusion* 2022;62:5301-5312

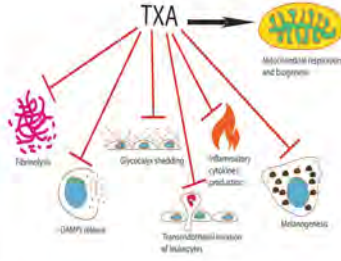
TRANSFUSION¹



Igor Prudovsky, Doreen Kacer, Victoria Vieira Zucco, Monica Palmeri, Carolyn Falank, Robert Kramer, Damien Carter, Joseph Rappold. *Transfusion*. 2022; 62:S301-312. DOI: 10.1111/trf.16976

Biological effects of Tranexamic acid

FIGURE 1 Biological effects of tranexamic acid. In addition to inhibiting fibrinolysis, TXA suppresses the release of damage-associated molecular patterns (DAMP), shedding of glycocalyx, transendothelial migration of leukocytes, production of proinflammatory cytokines, and malateogenesis. In contrast, TXA stimulates mitochondrial respiration and biogenesis. TXA, tranexamic acid



Igor Prudovsky, Doreen Kacer, Victoria Vieira Zucco, Monica Palmeri, Carolyn Falank, Robert Kramer, Damien Carter, Joseph Rappold. *Transfusion*. 2022; 62:S301-312. DOI: 10.1111/trf.16976

TXA and mitochondrial respiration

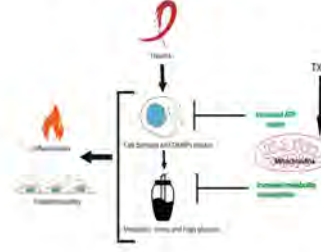


FIGURE 2 Suppression of inflammation and prevention of endothelial injury by TXA could be mediated by stimulation of mitochondrial respiration. By enhancing mitochondrial respiration and biogenesis, TXA could address trauma-induced metabolic stress, prevent cell damage and thus suppress endothelial injury and production of proinflammatory cytokines, which results in the decrease of DAMPs and release of ROS, systemic inflammatory response syndrome; TXA, tranexamic acid

Patient Blood Management: the Role of Tranexamic Acid

Patient Blood Management

The timely application of evidence-based medical and surgical concepts designed to maintain haemoglobin concentration, optimize haemostasis and minimize blood loss in an effort to improve patient outcome.

The concept of PBM

- Not centered on a specific pathology or procedure
- Not centered on a specific discipline or sector of medicine
- Aimed at managing a resource: 'the patient's blood'
- Aimed at shifting attention from the blood component to the patient

Patient Blood Management

1st Pillar: Optimize red cell mass
2nd Pillar: Minimize blood loss & bleeding
3rd Pillar: Harness & optimize physiological reserve of anemia

Optimizing Coagulation, Interdisciplinary Blood Conservation Modalities, Patient-Centered Decision Making, Managing Anemia

IMPROVED PATIENT OUTCOMES

Perioperative multidisciplinary multimodal patient-specific team approach

The ABC Toolbox for Patient Blood Management

Shander A et al. Essential Role of Patient Blood Management in a Pandemic: A Call for Action. *Anesth Analg* 2020 July, Vol 131(1)

Tool	Anemia and Iron Deficiency	Blood Loss and Bleeding	Coagulation
1. Program implementation methodology	Change culture across your institution ^{1,2,3} Disseminate evidence-based PBM guidelines/recommendations and detect and discourage non-evidence practices ^{4,5} Translate evidence-based guidelines/recommendations and clinical practice ^{6,7} Identify practice areas that need improvement	Point-of-care coagulation and patient function testing and goal-directed transfusion ^{8,9} Point-of-care testing for iron deficiency if available	Point-of-care coagulation and patient function testing and goal-directed transfusion ^{8,9} Repeat diagnostic tests for presence of DDGAs if available ¹⁰
2. Diagnostic devices			
3. Treatment devices		Pre- and postoperative cell recovery (cell saver) ¹¹ APCC ¹²	
4. Pharmaceuticals	Oral/intravenous iron ^{13,14} Folic acid ¹⁵ Vitamin B ₁₂ ^{16,17} Erythropoiesis-stimulating agents ^{18,19,20}	Antifibrinolytics (tranexamic acid, epsilon-aminocaproic acid) ²¹ Local vasoconstrictive agents WBC and platelet stimulating agents when appropriate Consider High Flo (1.0) in patients with life-threatening anemia	Fibrinogen concentrate ²² FCC ²³ Other clotting factors Vitamin K intravenously
5. Vigilance with nutritional and pharmacological interactions	Educate physicians on indications and dosage Identify and manage drug therapies and/or nutrition that increase the bleeding risk, for example: NSAIDs (including COX2 inhibitors), antidiuretics, diuretics, antiemetics Vitamin and herbal supplements including vitamin E, vitamin K, garlic, ginger, Ginkgo biloba, etc.		

WILEY

Society for the advancement of blood management administrative and clinical standards for patient blood management programs. 4th edition (pediatric version)

Susan M. Goobie¹ | Trafi Gallagher² | Irwin Gross³ | Aryeh Shander⁴

Topical hemostatic agents coupled with using meticulous surgical techniques should be considered in neonatal and pediatric surgical patients as an adjuvant to control bleeding.

The use of antifibrinolytics and intraoperative cell salvage collection and re-administration should be considered for all pediatric patients undergoing high blood loss surgery including but not limited to, cardiac surgery with cardiopulmonary bypass, craniofacial surgery, and scoliosis/orthopedic surgery.

SABM

STANDARD 13: PATIENT BLOOD MANAGEMENT FOR PEDIATRIC PATIENTS

GUIDANCE

This Standard provides guidance for implementing a comprehensive Pediatric Patient Blood Management program. While every hospital may not be equipped to have a dedicated Pediatric Patient Blood Management program, this document highlights important universal clinical strategies that can be implemented to optimize pediatric bleeding management and minimize allogeneic blood product exposure through the use of multi-modal therapeutic strategies that have their central emphasis on the patient rather than the transfusion. Important strategies include treatment of preoperative anemia, standardized transfusion algorithms, the use of restrictive transfusion thresholds, goal-directed therapy based on point of care and viscoelastic testing, antifibrinolytics, and avoidance of hemodilution and hypothermia as supported by evidence.

Objectives

1

Revisit tranexamic acid's therapeutic use in the prevention and treatment of bleeding.

2

Evaluate tranexamic acid's activities beyond antifibrinolysis.

3

Know the role of tranexamic acid in Patient Blood Management.

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Abstract Presentation



Day 2_Room C

Abstract Presentation 1 (In-person)

Chair(s): Seokyoung Song (Korea)
In-Kyung Song (Korea)

Nasotracheal vs. Orotracheal Intubation and Post-Extubation Airway Complications Among Children Undergoing Congenital Heart Surgery

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Background: In cardiac surgery, oral intubation is more common due to its ease and lower pain. However, it may be associated with oral aversion in children (1). Moreover, nasal intubation has several benefits; including less trauma, less postoperative sedation, and possibly lower post-extubation airway obstruction rate. There is additional concern that nasal intubation carries an increased risk of epistaxis and sinusitis (2,3). In children undergoing cardiac surgery, extubation failure has been associated with increased morbidity and mortality (4). Studies involving post-extubation airway complications of nasal vs oral intubation in children undergoing congenital heart surgery are not available. The study aims to compare post-extubation airway complications in children undergoing congenital heart surgery after nasal and oral intubation.

Methods: A retrospective observational study was conducted on pediatric cardiac surgery patients <2 years from April 2022 to March 2023. Patients with preoperative endotracheal tube, tracheostomy, known airway anomalies, or those who died before extubation attempt were excluded. Perioperative data were collected from medical records. Standard protocol was followed to perform nasal and oral intubation. Extubation failure was defined as reintubation within 72 hours of the first planned extubation. The primary outcome was the extubation failure rate and secondary outcomes were duration of postoperative intubation, post-extubation airway obstruction, skin trauma, postoperative arrhythmia, bleeding, pneumothorax, cardiac arrest, infection, oral aversion, duration of ICU stay, hospital length of stay, and mortality.

Results: Among 122 children who underwent congenital heart surgery, 107 patients were analyzed and of those, 54 were intubated nasally and 53 orally. The extubation failure rate was similar (22.2 vs 20.8%, respectively, $p = 1.00$). Duration of postoperative intubation was significantly longer among nasally intubated children (39.5 vs 38.7 hours, $p = 0.02$). Nasally intubated patients had a statistically significant lower rate of oral aversion (24.1 vs 47.2%; $p = 0.02$), but other secondary outcomes were similar in both patient group.

Discussion: In our cohort, the postoperative extubation failure rates were similar after nasal and oral intubation. No significant difference was found in post-extubation airway complications between nasal and oral intubation. Nasal intubation may be a preferable option.

AP1-2

Anesthesia Management of Cleft Lip Repair, Complicated with Gordon Syndrome and Its Challenges

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Background: Cleft lip with cleft palate is an anticipated difficult airway in children, management of which can be demanding if associated with a syndrome. Our patient had Gordon syndrome, also known as distal arthrogryposis type 3 (DA3) is an autosomal dominant disorder, that mainly affects the movement in the joint of the upper and lower limb, caused by genetic changes in PIEZO 2 gene on chromosome 18p11. Other abnormalities, may also be present and include camptodactyly, club feet, congenital hip dislocation (CDH), cleft palate, bifid uvula, pterygium colli, scoliosis. The intravenous access as well as intubation can be exigent. The anesthetist needs to be well equipped for a difficult airway.

Case Report: We report a case of male infant, with deformity of lips, palate and face. He was posted for cheiloplasty (lip repair). He had complete bilateral cleft lip and palate, buphthalmos with megalocornea, prolapsed iris (left eye), ectropion, coloboma as well as, congenital hip dislocation, deformity at elbow and flexion at wrist joint. He had short neck, retrognathia as well distortion of cervical spine. We managed the airway as per DAS/APA guidelines for 'Anticipated Difficult Airway in pediatrics' using inhalational technique for intubation, balanced general anesthesia for with infra-orbital block. Intubation and surgery were uneventful

Discussion: Patients with Gordon syndrome may undergo at least 1 surgical procedure for the arthrogryptic deformities. These underlying abnormalities are challenging to the anesthetists, and causes difficult intravenous access and anticipated difficult intubation.

Anticipated difficult airway is due to facial and neck involvement which may include micrognathia, cleft lip and palate, retro-glossoptosis, limited mouth opening, and limited neck extension, requiring skills, preparedness and advanced airway equipment.

Conclusions: Airway management of children with cleft lip in Gordon syndrome is an arduous task for an Anesthetist, it needs expertise, accessibility of modern airway equipment and knowledge of difficult airway guidelines.



AP1-3

Pediatric Airway Management in Undiagnosed Congenital Subglottic Stenosis Undergoing Congenital Cardiac Surgery

Virtual

Risk Factors for Delayed Extubation after Pediatric Perineal Anoplasty: A Retrospective Study

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Anorectal malformation are common congenital problems occurring in 1 in 5,000 births and have a spectrum of anatomical presentations, requiring individualized surgical treatments for normal growth. Delayed extubation or reintubation may result in a longer intensive care unit (ICU) stay and hospital stay, increased mortality, prolonged duration of mechanical ventilation, increased tracheostomy rate, and higher hospital costs. It is necessary and beneficial to postoperative extubation for infants. The successful identification of factors associated with prolonged time to extubation could assist clinicians in identifying patient at risk who may benefit from individualised approaches and allow schedulers to anticipate operating room turnover times more accurately.

we performed a retrospective study of Neonates and infants (\leq one years old) who underwent anorectal malformation surgery between June 2018 and June 2022. The principal goal of this study was to investigate the incidence of delayed extubation in pediatric anorectal malformation surgery. The secondary goals was to identify the factors associated with delayed extubation in these patients. The variables associated with delayed extubation ($P \leq 0.2$) by univariate analysis were included in the multivariate logistic regression for identification of predictive risk factors. Adjusted odds ratio and 95% CI were reported.

We collected data describing 123 patients who had anorectal malformations from 2019 to 2022. It shown that 74(60.2%) in the normal intubation group and 49(39.8%) in the longer extubation.

In the final model, anesthesia methods and age was independently associated with delayed extubation ($P < 0.05$). None of others factors were found significant in the multivariate logistic regression. There are no patient with post operative ICU, in-hospital mortality, readmitted within 30-day or accepted an unplanned reoperation.

Theoretically, the perioperative management for neonates and infants is challenged from many aspects, not only regarding complicated and rapidly deteriorating conditions, but also with comprehensive anesthesia managements. Early extubation may be beneficial in reducing postoperative mortality and morbidity. Therefore, it is very important to achieve early extubation clinically of neonates and infants. Our study also showed that age \leq 1 month old was a predictor for delayed extubation after congenital anorectal surgery.

AP1-5

Anaesthetic Management of a Case of Fraser Syndrome with Group III Cleft Lip-Palate with Laryngomalacia and Subglottic Stenosis

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Background: Fraser syndrome is a rare autosomal genetic disorder with an incidence of less than 0.043 per 1000 live births. It is characterised by cryptophthalmos, syndactyly, genital malformations, renal anomalies, musculoskeletal anomalies and mental retardation. We report a case of Fraser syndrome with group III cleft lip-palate scheduled for cleft lip repair.

Case Description: A one year nine month old female child presented to the plastic surgery department of the hospital with group III cleft lip palate since birth. The child had normal birth, perinatal and developmental history. She was diagnosed to have Fraser syndrome at birth. On examination, she had cryptophthalmos of both eye, depressed nasal bridge, low set ears, group III cleft lip-palate and syndactyle of all four limbs. On airway examination mouth opening was adequate, modified mallampati grade I, neck movements were adequate and teeth were absent. Lab investigations were within normal limit. Electrocardiogram and 2D echo showed normal study. An ultrasound while abdomen revealed single functioning kidney. FOL revealed type I and II laryngomalacia with grade I subglottic stenosis. In the operation theatre, difficult airway cart was kept ready and ENT backup team was kept standby for emergency surgical airway. ASA standard monitors were attached and a 24G IV cannula was secured on rt foot. Anaesthesia was induced with 50% oxygen and 50% sevoflurane followed by videolaryngoscope guided intubation of trachea. After failing to intubate with size 3 cuffed and uncuffed flexometallic tube, trachea was intubated with size 2.5 uncuffed pvc tube. Once the tube position was confirmed by capnography, IV fentanyl, propofol and atracurium was given. Under all aseptic precaution, b/l infraorbital nerve block was given with 1 ml of 0.25% bupivacaine on each side. The surgery was completed uneventfully and was shifted to PACU. The perioperative course was uneventful.

Discussion: Mohan et al stated that facial anomalies can make mask ventilation, laryngoscopy and laryngeal mask airway insertion difficult. They suggested that awake Fiberoptic bronchoscopy or direct laryngoscopy with aid of gum elastic bougie is a possible option. Use of videolaryngoscope can provide a better vision and assistance for airway management. Inhalational induction with preserved spontaneous ventilation followed by check laryngoscopy can give a good safety margin in case of laryngeal abnormalities, as we did in our case.



Figure 1: Our patient post intubation



Figure 2- Our patient at the preanesthetic checkup

AP1-6

Developing Interdiscipline Communication to Enhanced Patient Safety in Pediatric Difficult Airway Management

Raihanita Zahra

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Departemen of Anesthesiology and Intensive Care University of Indonesia, Jakarta, Indonesia

Background: Difficult airway management in children resulting in increased morbidity and mortality, is considered the unique problems of children. Even paediatric anaesthesiologists and trained emergency paediatricians sometimes have difficulties managing airways in paediatric patients, resulting in catastrophic event. Cognitive biases and mental processing shortcuts, also known as heuristics, have been demonstrated as leading errors in clinical decisions. Lack of communication between team was found as pitfalls due to authority bias.

Case Description: We experienced the case of an 8 y.o. boy with mandible tumour having cardiac arrest after failure of airway management before planned tracheostomy, all the team who was involved had a discussion after and analysed the problems related. In the process we found that there is ineffective communication and inappropriate plan for airway management. One of the recommendations is to form a difficult pediatric airway team consisting of experts such as pediatric anesthesiologist, pediatric emergency, and pediatric ENT surgeons to manage similar cases. We need top management support to fulfill the equipment, now we are still developing training and education for the staff to enhance their skill in difficult paediatric airway management. We start by planning interdisciplinary communication and make preformulated airway plan for each case before the patient is sent to the operating theatre. As a result, there is decreased number of patients experiencing adverse event during the surgery.

Discussion: Communication is required between experienced anaesthesiologists, pediatrician, and, ENT surgeons, to devise a plan for airway management; using a standardized checklist during a time out could result in a favourable outcome based on patient safety when facing a child with a difficult airway. These actions may also improve the level of care provided for the next surgeries, since effective communication has been built and every team member has been given a specific task according to their area of expertise. The number of paediatric airway complications, morbidity, and mortality also can be decreased.



Pediatric Airway Response Team Form

IDENTIFICATION

Time Activation :
 Time Response :
 Consultants Response :

POTENTIAL AIRWAY PROBLEMS

- Difficult to ventilate
- Difficult to intubate
- Difficult to Supraglottic Airway
- Difficult to Tracheostomy

AIRWAY TEAM

- Pediatricians
- Anesthesiologists
- ENTs
- Emergency Physicians
- Nurses
- Technicians

PREFORMULATED AIRWAY PLAN

.....

CONSULTANT BACK UP

.....

EQUIPMENTS

DRUGS

- Fentanyl
- Remifentanyl
- Propofol
- Dexmedetomidine
- Sulfas Atropin
- Ketamine
- Midazolam
- Rocuronium
- Atracurium
- Epinephrine

BASIC AIRWAY EQUIPMENTS

- OPA/NPA
- SGA
- Face Mask
- ETT
- T-Piece/BVM
- Connectors

ADVANCED AIRWAY EQUIPMENTS

- Video Laryngoscope
- FOB
- Gum Elastic Boogie
- Bonfills
- Front-of-neck Airways Equipments

ADDITIONAL EQUIPMENTS

- Oxygen Source
- Suction
- Airway Surgical Equipments

AP1-7

Guidewire Use for Nasopharyngeal Passage in Pediatric Nasotracheal Intubation: A Randomized Prospective Study

Asim Esen, NiGar Kangarli, Ayda Türköz

Department of Anesthesiology and Intensive Care, Bezmialem Vakif University, Turkey

Background: Nasotracheal intubation (NTI) is a frequently used airway management method in pedodontic dental treatments performed under general anesthesia. However, nasopharyngeal trauma and associated bleeding are common during conventional NTI. In this study, we aimed to examine the effect of angling the end of the endotracheal tube (ETT) by placing a guide wire inside the ETT on nasopharyngeal bleeding.

Methods: 90 patients aged 2-12 years were included in the study and were divided into two groups. In the control group (Group C), NTI was performed in the conventional way, that is, by advancing the ETT directly through the nose. In the study group (Group S), before intubation, a guide wire was inserted into the ETT and an angle of 100-120 degrees (hockey stick shape) was given 2.5-3 cm proximal from the distal end of the ETT. The ETT was inserted into the nose perpendicular to the face. After the angled part of the ETT passed through the nostrils, the ETT was directed to caudal with a movement in accordance with the angle given to the tip of the ETT. In the meantime, the ETT was moved as a whole and aimed to prevent the ETT tip from contacting the posterior wall of the nasopharynx. When the ETT tip reached the oropharynx, the guide wire was removed and the rest of the intubation was completed as in the conventional method.

Results: There was no difference between the groups in terms of demographic data, ASA scores, nostril used, duration of surgery and anesthesia. Bleeding control was performed at the 1st and 5th minutes of intubation by an anesthetist who did not know the group the patient was in. Bleeding; no bleeding, mild bleeding (blood on the tube surface), and severe bleeding (blood pooling around the tube in the oropharynx) were evaluated in three categories. In all three categories, the study group was better than the control group (1st minute: no bleeding S: 84.4%, C: 46.7%; mild bleeding S: 15.6%, C: 31.1%; severe bleeding S: 0.0%, C: 22.2%. 5th minute: No bleeding S: 82.2%, C: 28.9%, mild bleeding S: 15.6, C: 40.0, severe bleeding S: 2.2, C: 31.1. 1st min and 5th min p< 0.001)

Discussion: Although, this method is not expected to prevent trauma and bleeding in the nasal passage, according to the results of our study, performing NTI by passing through the nasopharyngeal passage with an ETT in which a guide wire was inserted, caused significantly less nasopharyngeal bleeding compared to the conventional method.



AP1-8

Case Reports: Newborns with Tracheal Agenesis

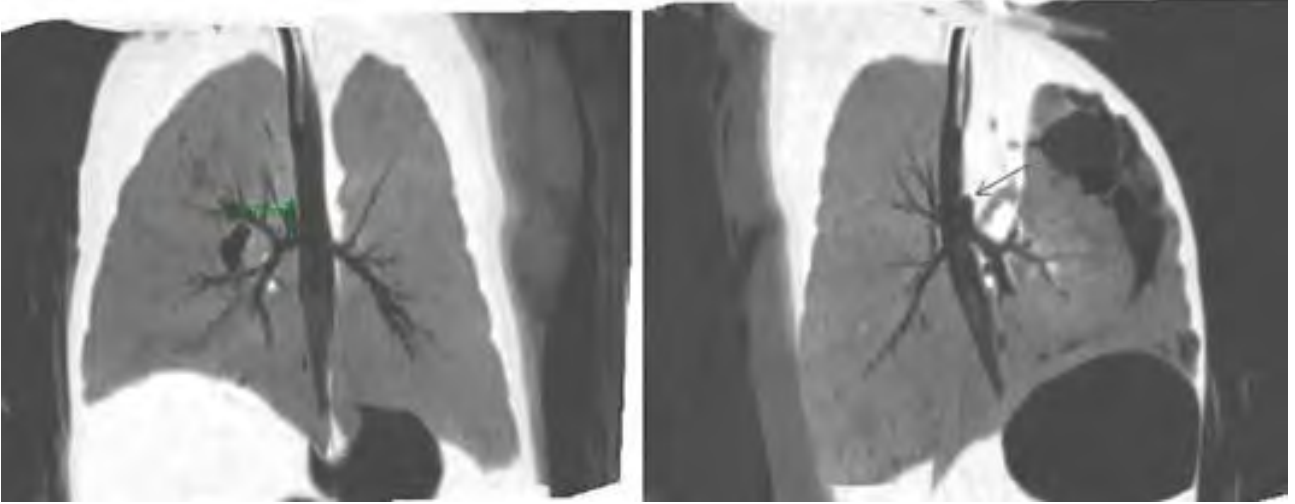
Hye Su Kim, Jun Hyug Choi, Young-Eun Joe, Jeong-Rim Lee

Department of Anesthesiology and Pain Medicine, Anesthesia and Pain Research Institute,
Yonsei University College of Medicine, Seoul, Republic of Korea

Background: Tracheal agenesis (TA) is a rare congenital anomaly characterized by the absence or interruption of the trachea that presents challenges in airway management for newborns. Newborns with tracheal agenesis show a lack of crying, ventilation difficulties, and difficulty with endotracheal intubation. It is crucial to secure an airway for patients suspected of having TA.

Case Description: The patient was delivered by cesarean section at 39+1 weeks of gestation due to fetal bradycardia. The patient weighed 2830gm and Apgar score was 3-3-4. The patient did not cry immediately after birth, appeared cyanosed, and developed bradycardia with a heart rate below 100 beats per minute (bpm). Positive pressure ventilation was administered, but the oxygen saturation remained lower than 50% and the heart rate was 70-80. The pediatrician attempted to intubate three times, but failed. The otolaryngologist attempted a tracheostomy, but the trachea was not visible. Due to suspicion of tracheal agenesis, an endotracheal tube was inserted into the esophagus. After oxygen saturation and heart rate was recovered, the patient was transferred to the neonatal intensive care unit (NICU). A computed tomography scan confirmed the diagnosis of type 2 tracheal agenesis. On the second day of life, the patient underwent a loop colostomy to correct imperforate anus. Sevoflurane, dexmedetomidine, and sufental was used to achieve adequate anesthetic depth and hemodynamic stability. A caudal block was performed before the surgery to provide postoperative analgesia. During the surgery, no neuromuscular blockade was used to maintain self-respiration. The patient was transferred to the NICU without complications. A gastrostomy and esophageal banding were scheduled for the sixth day of life, but the patient expired on the fourth day of life due to aggravation of hypoxia and respiratory acidosis.

Discussion: Unexpected TA can present challenges in airway management for newborns. Early suspicion and securing the airway immediately after birth are crucial for patients suspected of having TA. Maintaining an airway during anesthesia is crucial, as the esophagus used as a pseudo-trachea can easily collapse and minimal movement of the endotracheal tube can occlude the tracheo-esophageal fistula. Anesthesiologists should be familiar with the overall pathophysiology of tracheal agenesis to effectively manage emergencies.





Day 2_Room C

Abstract Presentation 2 (In-person)

Chair(s): Won-Jung Shin (Korea)
Young Eun Jang (Korea)

AP2-1

**Comparison of Morphine and Fentanyl Induced Cardioprotection
Against Ischemia-Reperfusion Injury In Acyanotic Children
Undergoing Open Heart Surgery: A Preliminary Report**

Withdrawn

AP2-2

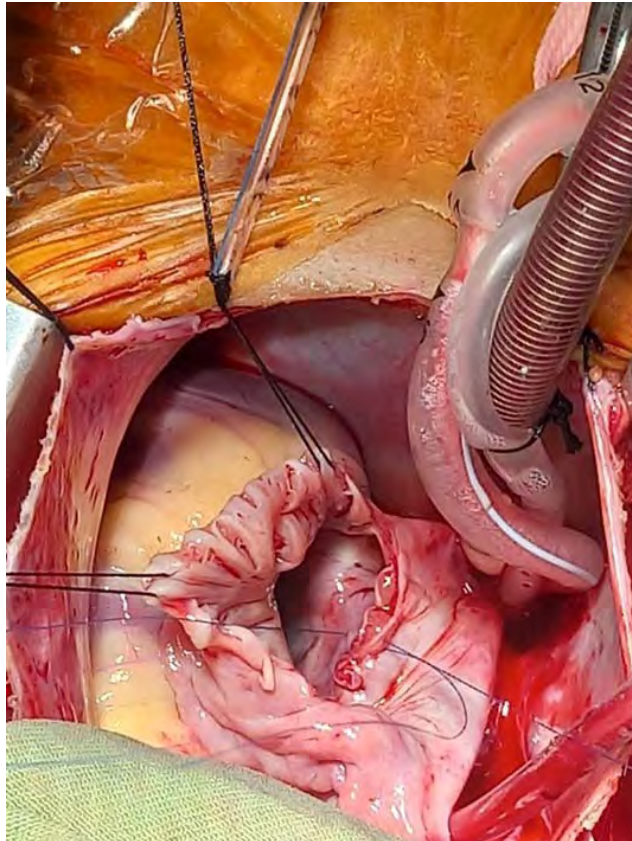
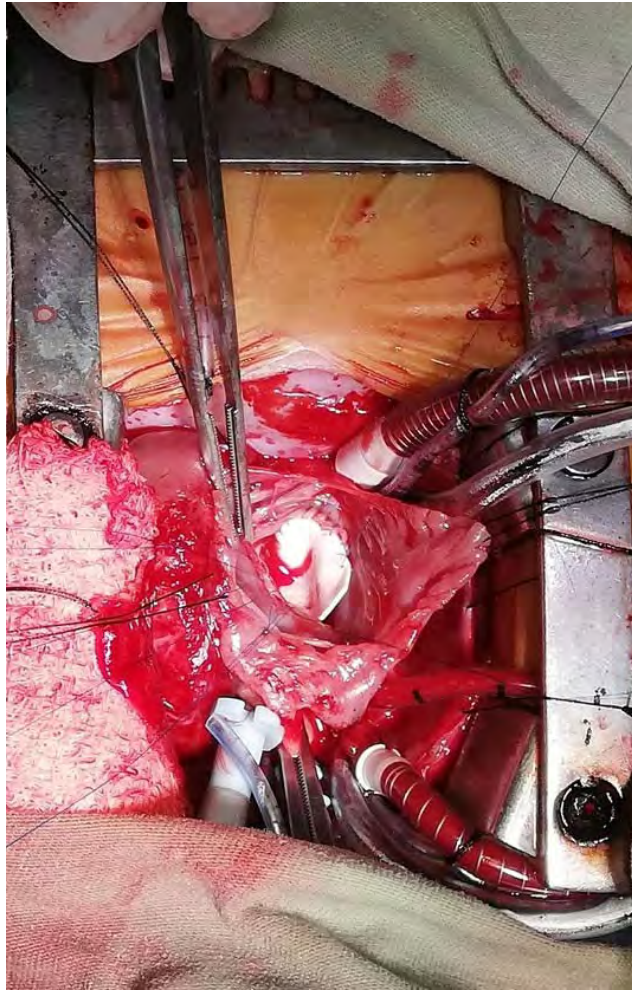
Report of the First Successful Senning Procedure from Nepal

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3 years old male presented with history of bluish discoloration. Echocardiography showed transposition of great arteries with intact ventricular septum. Catheterization revealed LV systolic pressure of 36 mmHg, while systemic systolic arterial pressure was 80 mmHg. Due to his deconditioned left ventricle, decision was taken to do atrial switch. On 12th July 2022, he underwent modified Senning procedure. In the operation theatre, standard monitoring system including ECG, invasive blood pressure, central venous pressure, pulse oxymeter and temperature monitoring was established. The prebypass heart rate was between 102-124/min, opening CVP was 11 mmHg. Systolic blood pressure ranged between 81-93mmHg and diastolic blood pressure was between 42-47 mmHg. Pulse oxymeter showed patient oxygen saturation between 65-73% with FIO₂ of 60% and the arterial blood gas showed PaO₂ of 48mmHg. Atrial septum was excised and PTFE patch was used as first layer to separate mitral valve from pulmonary veins. Lateral wall of right atrium was sutured to the medial aspect of atrial septum to drain systemic vena cava into the mitral valve. Pericardial patch along with medial wall of right atrium was used to channel pulmonary venous return into the tricuspid valve. Total cardiopulmonary bypass time was 155 minutes. Total cross clamp time was 111 minutes. Patient was weaned from the Cardiopulmonary bypass with sinus rhythm and heart rate ranged between 108-118/min, CVP was 13mmHg. Patient was under inotropic support of Dopamine at 5mcg/kg/min and Adrenaline at 0.05mcg/kg/min. His systolic blood pressure ranged between 77- 81mmHg and diastolic blood pressure was between 38-42 mmHg. Pulse oxymeter showed patient oxygen saturation between 97-100% with FIO₂ of 60% and the arterial blood gas showed PaO₂ of 188mmHg. Patient was shifted to the intensive care unit with low dose of inotropic support and extubated the next day. He had atrial tachyarrhythmia on 3rd post-operative day, which subsided itself without any intervention. He was shifted out of ICU on 5th post op day. Echocardiography done at the time of discharge showed good biventricular function without any baffle leak. Patient was discharged on 8th post operative day and his hospital stay was uneventful. Patient had visited out-patient department for three-months follow-up. His echocardiography report showed unobstructed flow from pulmonary veins to RA baffle and unobstructed flow in SVC and IVC to Left Atrium.



AP2-3

Evaluation of an Enhanced Recovery Protocol in Pediatric Cardiac Surgical Patients in a Single Tertiary Care Unit

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Background: The pillars of Enhanced Recovery after Surgery (ERAS) include multi-modal analgesia, early extubation, rapid mobilization and recovery leading to a shorter ventilation time and reduced hospital stay. By adapting the ERAS protocol there is an associated reduced postoperative morbidity with congenital heart surgeries.

Methodology: In a retrospective observational study over two years (2021-2023), data was collected via medical records & patient's files which included those of Risk Adjusted Congenital Heart Surgery (RACHS) I & II, undergoing elective on pump cardiac surgery who were extubated up to 24 hours postoperative as per our unit protocol. Excluded were those who had missing or incomplete data, emergency cases and on preoperative ventilator. Demographics and parameters such as type of surgery, cardiopulmonary bypass time (CPB time), aortic cross clamp time (AOX time), ventilation time and ICU stay were compared, analysed using SPSS version 25 for Windows and Data as Mean \pm SD or Frequency (%). Our cohort made two groups-FastTrack extubation (<6 hours) (FE) and Delayed extubation (6-24 hours) (DE). The FastTrack sub-divided into On table extubation (OTE) and early extubation (EE) (0-6 hours) Cross tabulations were computed for categorical variables and compared using the chi-square test ($P < 0.05$ -statistically significant). (table 1&2)

Results: Of the 1469 operated, 188 patients were included in this study. FastTrack group had 138 (33 OTE and 105 EE) and delayed extubation had 50 patients. Age, height and weight were significantly higher in the FE group as compared to DE group ($p < 0.04$). In contrast, CPB time and ICU stay was significantly lower in the fast-track group as compared to delayed ($p < 0.05$) both found statistically significant. Significantly higher percentage of patients in DE group had RACHS II as compared to early extubated (EE) ($p < 0.05$). No significant difference was observed between gender and RACHS in both groups.

Discussion: Owing to our established ERAS protocol (table 3) of use of multimodal analgesia (caudal & reduced IV opioid) our patients remained comfortable, pain free with stable hemodynamics leading to a safe, early extubation, associated with a shorter ICU stay (statistically significant) in the EE group. Enhanced recovery after surgery has proven benefits with regards to reduced ventilation & ICU stay. An individualized unit-based protocol inclusive of a team approach could improve overall outcomes.

Table 1: Comparison of FastTrack (<6 hours) and delayed (6-24) hours extubation

	<6 hours (n=138)		6 to 24 hours (n=50)		P value
	Mean±SD	Median (IQR)	Mean±SD	Median (IQR)	
Age (month)	42.9±37.7	34 (0-69)	32.2±42	12 (4.5-44)	0.006
Body length (cm)	86.38.3±25.6	83 (68-110)	79.4±25.7	69 (60-92)	0.011
Weight (kg)	11.7±7.3	9.3 (6.6-14.8)	9.2±6.3	6.9 (4.9-11.4)	0.004
Cardiopulmonary bypass time (minutes)	95±34	93 (70-117)	118±45	115 (90-141)	0.001
Aortic cross clamp time (minutes)	43.9±24	42 (25-60)	51±30	56 (30-70)	0.077
ICU stay (hours)	48.2±32.7	42.5 (24.8-60)	64.2±34.4	54.3 (40.6-74.6)	0.001
	<6 hours (n=138)		6 to 24 hours (n=50)		P value
	Freq.	%	Freq.	%	
RACHS					
1	50	36.2	9	18	0.020
2	88	63.8	41	82	
Gender					
Males	86	62.3	25	50	0.129
Females	52	37.7	25	50	
Surgery					
A SD closure	35	24.1	4	9.3	NA
A SD closure PAPVC	2	1.4	1	2.3	
A SD VSD closure	1	0.7	0	0	
Atrial Septectomy BDGS	11	7.6	5	11.6	
A SVD repair	2	1.4	0	0	
BDGS	9	6.2	6	14	
BDGS + TV repair	1	0.7	0	0	
Fenestrated ASD closure	2	1.4	0	0	
HAPVC repair	2	1.4	0	0	
PDA ligation	1	0.7	1	2.3	
RVOTO relief	1	0.7	0	0	
SAM excision	2	1.4	0	0	
SV ASD repair	2	1.4	1	2.3	
V SD closure	52	35.9	1	48.8	
V SD closure PDA ligation	4	2.8	1	2.3	
V SD closure RVOT relief	5	3.4	0	0	
V SD RVOTO	6	4.2	0	0	
V SD closure SAM excision	4	2.8	0	0	
Wardens	6	4.1	1	2.3	

Table 2: Comparison between on table (0 hrs) and early extubation (<6 hours)

	On table (n=33)		1 to 6 hours (n=105)		P value
	Mean±SD	Median (IQR)	Mean±SD	Median (IQR)	
Age (month)	41.2±32.3	38 (9-65.5)	43.4±39.4	33 (10-72)	0.951
Body length (cm)	89.2±22.9	94 (22.9-105)	88.1±26.5	80 (68-112)	0.676
Weight (kg)	11.9±7.0	10.6 (7.3-14.0)	11.7±7.5	9.1 (6.5-15)	0.654
Cardiopulmonary bypass time (minutes)	88±26	85 (68-108)	97±36	94 (71-123)	0.224
Aortic cross clamp time (minutes)	40±16	39 (29-52)	45±25	43 (28.3-60)	0.327
ICU stay (hours)	36.8±22.2	36 (20.2-44.8)	51.8±34.6	45.5 (30-65.3)	0.00
	On table (n=33)		1 to 6 hours (n=105)		P value
	Freq.	%	Freq.	%	
RACHS					
1	15	45.5	35	33.3	0.206
2	18	54.5	70	66.7	
Gender					
Males	25	75.8	61	58.1	0.068
Females	8	24.2	44	41.9	

Table 3-Institutional Enhanced Recovery after surgery (ERAS) protocol: Criteria for extubation

- RACHS category 1 and 2
- Age > 6 months
- CPB duration of < 120 minutes
- Vasoactive-inotropic score (VIS) at extubation <5 and ABG lactate <2
- Effective multi-modal analgesia (caudal morphine 100mcg/kg and clonidine 2 mcg/kg with pre-emptive NSAID analgesia), local infiltration with 0.25% bupivacaine at surgical site at end of procedure along with minimal fentanyl consumption (1-2 mcg/kg)
- Postoperative ECHO- good ventricular function and no residual shunts/defects
- Adequate reversal of muscle relaxant with good airway reflexes prior to extubation

AP2-4

Multisystem Inflammatory Syndrome in Children. An Emerging Clinical Challenge for Pediatric Cardiac Surgery in the COVID 19 Era: Case Series

Withdrawn

AP2-5

Anesthetic Management of Patent Ductus Arteriosus Ligation by Video-Assisted Thoracoscopy in Premature Babies Low-Birth Weight <2kg: A Retrospective Observational Study

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Background: Thoracoscopic surgery in neonates and infants for Patent Ductus Arteriosus (PDA) is widely used in recent years and thoracoscopy is currently considered the standard approach for several procedures. But so far, there have been no reports of video-assisted thoracoscope for PDA ligation in low-weight babies.

Objective: To retrospectively analyse the anesthetic management, complications and hemodynamic changes in neonates extremely low-birth weight <2kg undergoing video-assisted thoracoscopy for PDA ligation.

Methods: This a single-center, retrospective study. Clinical data from 21 neonates, <2kg, who underwent video-assisted thoracoscope for PDA ligation in our hospital from January 2017 to November 2021 were retrospectively analyzed. Main outcomes considered were hemodynamic stability or vasoactive medication requirements, hypothermia, intubation time after the surgery, postoperative acute kidney injury and perioperative red blood cell transfusion.

Results: All patients received general anesthesia with endotracheal intubation and standard ASA monitoring. All patients survived the surgery. Our anesthetic management protocols are outline and analyzed.

Discussion: Perfect preoperative preparation is crucial for obtaining a desirable postoperative outcome in neonates undergoing a thoracoscopy repair of PDA. In our analysis, intraoperative ventilation strategies included pressure control ventilation with peak airway pressure maintained at 15-25 cmH₂O, a respiratory rate of 35-55 breaths/minute, a fraction of inspired oxygen (FiO₂) of 40-60%, and careful airway suctioning to clear secretions. Maintain hemodynamic stability and normovolemia during intraoperative are critical for successful weaning of ventilatory support and extubation.

Anesthetic Experience of Repair of Esophageal Atresia in a Child with BPFM, Esophageal Atresia, and Full-length Tracheal Stenosis

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Background: There are no reports of anesthesia with BPFM and full-length tracheal stenosis. In this report, we describe our experience in the anesthetic case with BPFM, esophageal atresia, and full-length tracheal stenosis undergoing repair of esophageal atresia.

Case Description: She was born at 34 weeks, 1488 g. She was diagnosed with VACTERAL association and Klippel-Feil syndrome due to esophageal atresia C, vertebral dysplasia, and other findings. Abdominal esophageal banding, gastrostomy, and colostomy were performed at day zero, and there was resistance under the glottis even with a cuffless ID 2.5 mm tracheal tube. On day 118, rigid bronchoscopy was scheduled, but after administration of muscle relaxants, the patient became 'cannot intubate-cannot ventilate'. Finally, a soft bronchoscopy under spontaneous breathing was performed, which confirmed stenosis of the left main bronchus. The patient was transferred to our hospital, and a rigid bronchoscopy under general anesthesia was performed at 5 months of age. The patient had a bifurcation into a right main bronchus and a tracheoesophageal fistula at the level of the second tracheal ring, and the right main bronchus was all complete tracheal rings. The left main bronchus was also bifurcated beyond the tracheoesophageal fistula and was diagnosed as BPFM. At 6 months of age, tracheoesophageal fistula surgery, abdominal esophageal de-banding, and esophageal anastomosis were performed. This time, Mask ventilation was easy, and a cuffless ID 3.5 mm tracheal tube was intubated nasally. The tube tip was placed at the level of the second tracheal ring and inserted only about 1 cm below the glottis. There were many leaks around the tracheal tube, and the artificial nose was inadequately humidified. The hardened secretions frequently resulted in poor ventilation. The possibility of accidental extubation required careful airway management. Fortunately, the patient survived the surgery without any problems such as accidental extubation.

Discussion: Management of the tracheal tube which was placed only 1 cm below the glottis was quite challenging, but the fact that the patient's neck mobility was quite limited due to Klippel-Feil syndrome worked in the positive direction. The trachea above the full complete tracheal ring was dilated, and although it was anticipated that there would be more tube leakage, a cuffed tracheal tube could not be used because of the restriction of cuff insertion below the glottis.

AP2-7

Anesthetic Management in a Child with Single Ventricle Heart Undergoing Drainage of Brain Abscesses

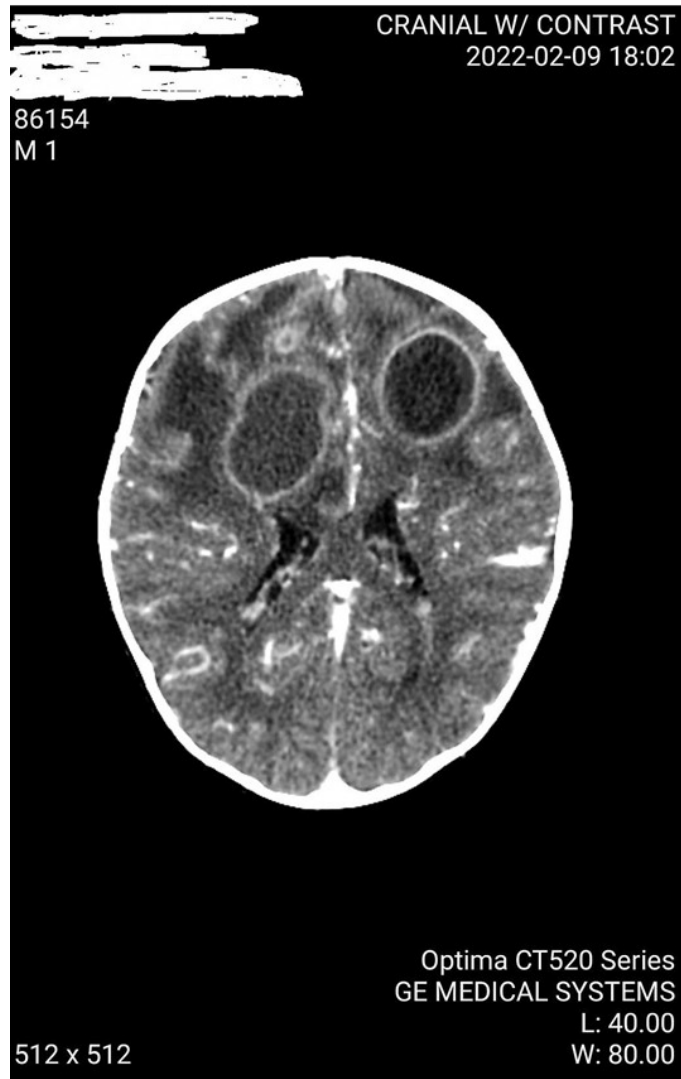
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¹Saint Louis University -Sacred Heart Medical Center, ²Baguio General Hospital and Medical Center

Single ventricle congenital heart disease is uncommon, with incidence of 3.1-4.9 per 10,000 live births. Brain abscess is a rare but fatal complication of cyanotic heart disease. Its incidence among children with cyanotic CHDs are 5-18%. If untreated, mortality is 27.5-71%. Thus it is imperative that prompt treatment be done after diagnosis.

Case: This is a case of a 1 year 7 months old male known with congenital heart disease, single ventricle with atrial inversion and abdominal situs invertus. He presented with a 5 week history of left sided hemiparesis. CT scan done showed multiple cystic lesions in the bilateral frontal lobe (Figure 1). Bilateral tube drainage of abscess was done successfully.

Discussion: Brain abscess is a rare but fatal complication of CHD. Patients with CHD develop polycythemia which results in tissue hypoxia and ischemia creating a suitable environment for the growth of bacteria. The right-to-left shunting allows bacteria in the airway to enter the cerebral circulation. Prompt intervention prevents mortality brought about these abscesses. Anesthetic goals in patients with single ventricle include maintaining normovolemia and slight hypercapnia, avoiding excessive pulmonary blood flow, maintenance of O₂ saturations at baseline, supporting cardiac contractility and preventing atelectasis and intrapulmonary shunting. Overall, there should be a balance between pulmonary and systemic hemodynamics in order to prevent end-organ damage. With the above considerations in mind, anesthetic agents used for this patient was carefully selected. Anesthetic done was total intravenous anesthesia with endotracheal tube for airway. On induction, Midazolam was given for anxiolysis. Fentanyl was used to attenuate the hemodynamic response to laryngoscopy and because it has minimal effect on cardiac contractility and systemic vascular resistance. Bupivacaine 0.125% was infused on the surgical site prior to surgery for added pain control. It is important to address anxiety and pain as this may invoke unpredictable rise in pulmonary and systemic resistance. Ketamine has an onset of action of 15-30 seconds making it an ideal agent for induction of anesthesia in children. It increases SVR while PVR is unaffected. Anesthesia was maintained on Midazolam, Fentanyl and Rocuronium. Intravenous fluid given intraoperatively was pNSS at maintenance rate. Brain abscess was successfully drained and patient was discharged after almost a month of treatment.



AP2-8

Anesthetic Management in a Child with Late Onset Congenital Diaphragmatic Hernia Undergoing Repair

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Baguio General Hospital and Medical Center

Congenital Diaphragmatic hernia (CDH) presents as underdeveloped diaphragm resulting in herniation of abdominal organs in the thoracic cavity. In the Philippine epidemiology, 35.82 cases per 10,000 live births were noted under a disease classification. It generally occurs in 1 in 2500-3000 live births with late onset arising at 2.4-20% of CDH patients. We aim to present a rare case of late onset congenital diaphragmatic hernia and discuss our experience in the difference of presentation and management compared to the typical presentation.

The patient is a case of a 2-year-old male presenting as a recurrent vomiting initially managed for acute gastroenteritis with dehydration. CDH was diagnosed after a chest radiograph was done when patient developed respiratory symptoms.

Due to limited studies, patient management was guided by the considerations of CDH in typical cases and was tailored according to patient's individual indications. In a typical CDH management, optimization of pulmonary hypoplasia, pulmonary hypertension and accompanying associated congenital anomalies is the goal. Intra and post operative management generally includes employment of invasive monitoring with specific ventilatory strategies and prolonged intensive care. Prognosis is poor with severe cases and chronic problems are encountered for those who survive. In our case, anesthetic management focused on preoperative optimization for hydration with minimal respiratory support not needing advance airway for ventilation. Patient had no associated congenital problems after preoperative surveillance for other congenital anomalies. Intra operatively, standard monitors with end tidal carbon dioxide were employed. Avoiding abdominal distention on induction prevented quick desaturation during laryngoscopy. Careful inflation of the lung after CDH repair prevented injury on the unaffected lung. Post operative management composed of early weaning from ventilator which he tolerated within 24 hours of intensive care. Patient was also sedated overnight to give time for the body to adjust to the new lung volume. Multimodal pain management strategy, considering respiratory optimization, is done using intravenous Paracetamol and epidural analgesia. Patient was discharged on post operative day 5 with no problems encountered on follow up. The use of less extensive and invasive strategies with individualized approach was favorable for our patient.





Day 2_Room C

Abstract Presentation 3 (In-person)

Chair(s): Eugene Kim (Korea)

Young Sung Kim (Korea)

Perioperative Hypothermia in Pediatric Population in University Malaysia Medical Centre

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Background: Perioperative hypothermia in the pediatric population has been associated with adverse events and serious complications. Incidences vary between studies, ranging from as low as 20% to as high as 85%. Risk factors include low body weight, small and sick children, inadequate temperature monitoring, major intestinal surgery, operating theatre temperature less than 23°C, interventional cardiac procedures, older age group, type and duration of surgery and low baseline temperature. This study aims to describe perioperative hypothermia pediatric population incidence in UMMC and evaluate its associated factors.

Method: This observational cohort study included prospectively recorded data from patients younger than 16 years old undergoing general anesthesia for surgical or diagnostic procedures at University Malaya Medical Centre. A structured data collection form included perioperative data on the patient's demographic, ASA status, and surgical, clinical and anesthetic characteristics. Intraoperative data collected were surgery type, duration of anesthesia and surgery, estimated blood loss, blood transfusion, total fluids, all warming methods, temperature monitoring type and measurements throughout perioperative periods. Perioperative hypothermia was defined as temperature (T) < 36°C.

Results: Of the 144 patients studied, hypothermia was recorded were 70 (53.8%) in 1st hour of the operation, 42 (40.4%) during 2nd hour, 24 (36.9%) in the 3rd hour, 10 (27.0%) in the 4th hour and 18 (12.5%) in the post-anaesthesia unit. Age, weight, ASA and surgical type were not associated with hypothermia. There were also no significant differences in techniques of preventive measures between normothermic and hypothermic groups.

Discussion/Conclusion: We hereby report a 12.7% incidence of hypothermia amongst our local pediatric surgical patients, a much lower incidence than other reports. We could not identify the significant variables between the patients in the hypothermic group. However, age, weight, ASA, and surgical type were insignificant predictors. Most of our patients received at least one type of preventive hypothermia measure. And there were no significant differences found between the patients' preventive measures. This may be due to the small sample size and the potential cofounders needed to be considered in this study, such as environmental factors and preoperative medications.

Data Analysis**Table 1. Patient Demographics and Clinical characteristic in Normothermic and Hypothermic patient groups**

Variables		N Total (N = 144)	Normothermic, ≥ 36 °C (n = 124)	Hypothermic, < 36 °C (n = 18)	p-value
Age category	0 - < 1 y	32 (22.5%)	28 (19.7%)	4 (2.8%)	0.716
	1 - < 5 y	44 (31.0%)	39 (27.5%)	5 (3.5%)	
	5 - < 10 y	33 (23.2%)	30 (21.1%)	3 (2.1%)	
	10 - ≤ 16 y	33 (23.2%)	27 (19.0%)	5 (4.2%)	
Gender	Male	94 (66.2%)	82 (57.7%)	12 (8.5%)	0.964
	Female	48 (33.8%)	42 (29.6%)	6 (4.2%)	
Weight (kg)		n = 138	20.95 ± 18.32	24.86 ± 20.68	0.418
BMI (kg/m ²)		n = 138	17.43 ± 6.88	15.43 ± 6.88	0.212
ASA, n (%)	1	64 (45.1%)	55 (38.7%)	9 (6.3%)	0.538
	2	58 (40.8%)	50 (35.2%)	8 (5.6%)	
	3	20 (14.1%)	19 (13.4%)	1 (0.7%)	
Surgical level	Minor	47 (33.1%)	38 (26.8%)	9 (6.3%)	0.211
	Intermediate	63 (44.4%)	56 (39.4%)	7 (4.9%)	
	Major	32 (22.2%)	30 (21.1%)	2 (1.4%)	

Categorical variables were expressed as frequency and percentage; n (%)

Continuous variables were expressed as mean ± standard deviation for normally distributed and median (IQR) for non-parametric distributed.

Chi-square test or Fisher's exact test was used to check for significant differences for categorical variables.

Independent t-test or a Whitney rank test was used to check for any significant differences for continuous variables.

*Significant level p < 0.05

Table 2. Temperature monitoring

Variables	N Total (N = 144)	Normothermic, ≥ 36 °C	Hypothermic, < 36 °C	t-stat	p-value
Receiving Bay	136	36.50 ± 0.50; n = 118	36.34 ± 0.63; n = 18	-0.998	0.320
After Induction	133	35.70 ± 0.75; n = 117	35.96 ± 0.66; n = 16	1.353	0.179
Intra-operative					
1 st hour	129	35.79 ± 0.78; n = 117	35.83 ± 0.57; n = 12	0.156	0.877
2 nd hour	103	35.96 ± 1.35; n = 95	36.0 ± 0.39; n = 8	0.084	0.934
3 rd hour	65	36.23 ± 0.82; n = 58	36.0 ± 0.45; n = 7	-0.743	0.460
4 th hour	37	36.43 ± 1.07; n = 32	35.92 ± 0.51; n = 5	-1.025	0.312
PACU	142	36.64 ± 0.63; n = 124	35.57 ± 0.38; n = 18	-7.100	<0.001*

#Independent t-test for two-sided level significant

*Significant level p <0.05

Table 3. Preventive measures

Variables		N Total (N = 144)	Normothermic, ≥ 36 °C (n = 127)	Hypothermic, < 36 °C (n = 17)	p-value
Pre-warmed fluid	Yes	126 (87.5%)	111 (78.2%)	15 (10.6%)	0.438
	No	16 (11.3%)	13 (9.2%)	3 (2.1%)	
Pre-warmed patient	Yes	82 (57.7%)	71 (50%)	11 (7.7%)	0.757
	No	60 (42.3%)	53 (37.3%)	7 (4.9%)	
Active warming	Yes	134 (93.1%)	118 (83.1%)	16 (11.3%)	0.281
	No	8 (6.9%)	6 (4.2%)	2 (1.4%)	
Passive warming	Yes	137 (96.5%)	119 (83.8%)	18 (12.7%)	0.386
	No	5 (3.5%)	5 (3.5%)	0 (0)	
PACU warming	Yes	116 (81.7%)	101 (71.1%)	15 (10.6%)	0.847
	No	26 (18.3%)	23 (16.2%)	3 (2.1%)	

Chi-square test for two-sided level significant

*Significant level p <0.05

AP3-2

Atelectasis and Re-Expansion Pulmonary Edema in Patient Undergoing Atrial Septal Defect (ASD) Closure with Minimally Invasive Cardiac Surgery

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Background: Despite providing many benefits, minimally invasive cardiac surgery can cause potential complications that leads to morbidity and mortality. Here we present a case about atelectasis and re-expansion pulmonary edema complication during atrial septal defect closure with right thoracotomy approach.

Case Description: A 23 years old female came to the hospital for ASD closure. She experienced shortness of breath with moderate intensity activities. Echocardiography showed ASD with 25.4 mm diameter. Cardiac catheterization revealed pulmonary hypertension (PH) reactive to oxygen test. General anesthesia, intubation with 35 Fr left double lumen tube, and invasive monitoring was applied. Right thoracotomy and one lung ventilation (OLV) was done with low tidal volume and PEEP. ASD closure was done in 33 minutes cardiopulmonary bypass (CPB) time and 20 minutes aortic cross clamp time. After weaning from CPB, desaturation occur until 70%. Only left lung was ventilated after CPB. Tidal volume was only 100 ml despite lung recruitment maneuver. Because of hemodynamic instability we commenced two lung ventilation. Oxygen saturation rise to 95%. Operation was done with intermittent deflation of the right lung. There was pink frothy secret from the right lung. The secret was suctioned carefully. Chest X-ray showed atelectasis in the left lung.

Discussion: PH is not an absolute contraindication but tend to increase risk of hypoxemia and right ventricular failure during OLV. Permissive hypercapnia was common in OLV but may not be appropriate for PH. Management of severe hypoxemia during OLV beside lung recruitment maneuver, was inflating the other lung. Higher PEEP and intrathoracic pressure had negative effect on venous return and pulmonary vascular resistance that compromise hemodynamics. Re-expansion of the nondependent lung need coordination with the surgeon to ensure they work safely. Alveoli on nondependent lung were easier to recruit, but sudden expansion of the lung can create shear stress and re-expansion pulmonary edema. This phenomenon was rare, but potentially fatal. Proper titration of PEEP and inspiratory pressure reduced the risk. High oxygen fraction had to be avoided because re-expansion was linked to oxidative stress which is cytotoxic and stimulate inflammation. Management of re-expansion pulmonary edema remain conservative with protective lung ventilation using low tidal volume, appropriate level of PEEP and negative fluid balance.



Figure 1. Post operative chest x-ray



Figure 2. Pre operative chest x-ray

AP3-3

Activation of Rapid Response Team in Pediatric Ward : A Cross Sectional Study in Indonesia's Top Referral Hospital

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Background: Rapid Response Teams (RRT) goal is to identify and rapidly assess patient's at risk of clinical decompensation and thus to prevent cardiac arrest. In Cipto Mangunkusumo Hospital (CMH), RRT activation can be performed based on single criteria or PEWS. This study aim to describe the activation triggers and characteristic of pediatric patients treated by RRT in CMH.

Methods: A cross-sectional study. Consecutive pediatric (<18 years) RRT events from January 2020 to Desember 2022 in tertiary care hospital CMH were included.

Results: 493 RRT activations for pediatric patients from 4,094 total RRT activation during the study period. 75.5% (372 of 493) of RRT events occurred during daytime hours. The main trigger for RRT activation was oxygen desaturation (43.8%) (Table 1). Among 22 groups of diagnosis, the largest primary diagnosis was neoplasm (26%), followed by congenital malformations, deformations, and chromosomal abnormalities (19%), and diseases of nervous system (9%) (Fig.1). 91.1% (449 of 493) were actively treated and 8.9% receiving "do not attempt resuscitation" orders. The outcome of the patients was 79.1% alive and 20.9% died during RRT events. The mortality rate of RRT events from 2020 to 2022 was 28%, 17.8%, and 18.1% respectively. In-hospital mortality following RRT activation are highest due to neoplasm (30.1%). Of pediatric RRT events, 12.6% (62 of 493) were admitted to PICU, and 87.4% (431 of 493) stayed in the ward where the call was made.

Discussion: In our study, daytime hours were defined as 07:00 AM to 10.59 PM. In line with the study by Raymond et al (2015), 70.2% of pediatric medical emergency team events occurred during daytime hours and the most trigger for activation RRT was decreased oxygen saturation (32%). Study by Martinez et al (2018) in tertiary-care pediatric hospital in Australia, the number of patient who admitted to PICU after RRT events was 24%, that was higher compare to our study. The possible reason might be due to the capacity of PICU in Cipto Mangunkusumo Hospital was limited. In children cardiac arrest is generally caused by progressive respiratory failure, hypotension or both. With the existence of rapid response system (early detection and activation based on a single criteria or PEWS), we hope it can reduce the incidence of cardiac arrest and reduce intrahospital deaths. However, further studies are still needed regarding the effectiveness of the rapid response system in the pediatric population.

Fig.1 Patients Diagnosis (ICD X) Prior to RRT Activation in Pediatric Patients



Table 1. Characteristic of RRT Activation

Age	
Mean (years)	6.6
Sex	
Male (n,%)	278 (56.4%)
Female (n,%)	215 (43.6%)
Response time	
< 5 minutes	432 (87.63%)
> 5 minutes	61 (12.37%)
RRT Activation Time	
Daytime (07.00-22.59)	372 (75.5%)
Nighttime (23.00-06.59)	121 (24.5%)
Mortality	
Alive (n,%)	390 (79.1%)
Dead (n,%)	103 (20.9%)
DNR	
Yes (n,%)	44 (8.9%)
No (n,%)	449 (91.1%)
RRT Activation Triggers	
Respiratory Arrest	65 (13.2%)
Cardiac Arrest	42 (8.5%)
Airway threat	51 (10.3%)
Desaturation	216 (43.8%)
Tachypnea	10 (2.0%)
Hypotension	5 (1.0%)
Bradycardia	3 (0.6%)
Tachycardia	3 (0.6%)
Acute loss of consciousness	44 (8.9%)
Seizure	28 (5.8%)
PEWSS score >6	17 (3.4%)
Worry about patient's situation	9 (1.8%)

AP3-4

Towards a Zero Postoperative Vomiting (POV) in Children after Tonsillectomy

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Background and Objective: Studies have quoted 13-42% postoperative vomiting (POV) in children after tonsillectomy. Postoperative vomiting can result in severe distress to child and family/care giver. POV can provoke pain in oropharynx, delay oral intake, lead to dehydration, delay recovery from surgery and can delay discharge from hospital. Besides an unpleasant perioperative experience for the child, there is a significant diversion of finite resources from the postoperative care team. Anaesthetic and surgical risk factors have been under the microscope for over two decades. This study was conducted to find the incidence of early (less than 6 hours) postoperative nausea and vomiting in children after tonsillectomy in a regional private hospital and how the results may influence our future approach to a possible zero POV.

Methods: Retrospective chart review, clinical audit.

Population: 370 (Three hundred and seventy) children, who had tonsillectomy performed by same surgeon and anaesthesia provided by same anaesthetist; surgical technique; mode of anaesthesia and prophylactic anti emetics were the same. Age: 3 to 16 years, Period: 4years (2019-2022), Sample: 300 (Three hundred). From the sample charts, number of children who reported/experienced nausea or POV within 6 hours after tonsillectomy were found and those charts analysed.

Results: Eleven children (incidence of 3.7%) reported/experienced nausea or vomiting within 6 hours of tonsillectomy and they received rescue antiemetics with desired effect.

Discussion: The incidence of early POV in children after tonsillectomy in this centre is 3.7%, which is significantly less than published literature. There were no identifiable added risk factors to the POV group. The conduct of perioperative anaesthesia and surgical technique for tonsillectomy in children continue to evolve and refine to enhance a safe recovery and a positive experience and outcome. While we strive to achieve a zero POV, perhaps it is time to examine more closely other factors like child and parents' preoperative education, their attitude, emotions, and psychological support; quantity and quality of pre and postoperative oral intake; underuse of multimodal analgesia and adjuvants; protocol driven or unwarranted prescription of post operative opioid analgesics; subjective or objective reporting and interpretation of nausea and vomiting; all of which may have a greater influence in achieving a zero POV than current evidence.

AP3-5

Anesthetic Management in a Patient with Nonketotic Hyperglycinemia

Withdrawn

AP3-6

Distraction Techniques for Post-operative Paediatric Patients in Post Anaesthesia Care Unit (PACU) a Randomized Control Trial

Virtual

Perioperative Respiratory Adverse Events Following General Anesthesia among Pediatric Patients after COVID-19

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Background: We examined the association between preoperative coronavirus disease 2019 (COVID-19) Omicron infection and the incidence of overall perioperative adverse events in pediatric patients who received general anesthesia.

Methods: This retrospective study included patients aged <18 years who received general anesthesia between February 1 and June 10, 2022, in a single tertiary pediatric hospital. They were divided into two groups: patients in a COVID-19 group were matched to patients in a non-COVID-19 group in the Omicron-predominance in Korea. Data on patient characteristics, anesthesia records, post-anesthesia records, COVID-19-related history, symptoms, and mortality were collected. The primary outcomes were the overall perioperative adverse events including perioperative respiratory adverse events (PRAEs), escalation of care, and mortality.

Results: In total, 992 patients were included in data analysis (n=496, COVID-19; n=496, non-COVID-19) after matching. The overall incidence of perioperative adverse events was significantly higher in the COVID-19 group than in the non-COVID-19 group (OR 1.92; 95% CI 1.89-1.94). The difference was notable in PRAEs (OR 2.00; 95% CI 1.96-2.02) but not in the escalation of care or mortality. Compared with the non-COVID-19 group, the risk of overall perioperative adverse events was higher in the COVID-19 group diagnosed 0-2 weeks (OR 6.5; 95% CI 2.1-20.4) or symptomatic at anesthesia day (OR 6.4; 95% CI 3.30-12.4).

Conclusion: Pediatric patients with preoperative COVID-19 Omicron infection had an increased risk of PRAEs but of similar severity to an upper respiratory infection. Patients within 2 weeks after COVID-19 or those with symptoms had a higher risk of PRAEs.

Table 1. Patient and surgical characteristics, and anesthetic management of COVID-19 patients and non-COVID-19 patients after propensity score matching (PSM).

	All (n=992)	Non-COVID-19 (n=496)	COVID-19 (n=496)	OR or mean difference	95% CI of OR or mean difference	STD before PSM	STD after PSM	P-value
Age (month)	6.5 ± 4.5	6.6 ± 4.7	6.3 ± 4.2			0.261	-0.058	0.371
Sex						0.101	0.017	0.844
Male (%)	662 (62.7%)	309 (62.3%)	313 (63.1%)					
Female (%)	370 (37.3%)	187 (37.7%)	183 (36.9%)					
Weight (kg)	28.2 ± 18.8	28.3 ± 19.4	28.0 ± 18.3			0.241	-0.018	0.788
Height (cm)	117.5 ± 30.5	117.5 ± 31.9	117.4 ± 29.1					0.962
ASA physical status								0.865
I	418 (42.1%)	211 (42.5%)	207 (41.7%)					
II	449 (45.3%)	224 (45.2%)	225 (45.4%)					
III	112 (11.3%)	56 (11.3%)	56 (11.3%)					
IV	13 (1.3%)	5 (1.0%)	8 (1.6%)					
Emergent surgery	29 (2.9%)	23 (4.6%)	6 (1.2%)	0.252	0.245 – 0.259			0.003
Grade of surgery				0.907	0.90 – 0.92			0.557
Major	247 (24.90%)	128 (25.6%)	119 (22.2%)					
Minor	745 (75.10%)	368 (74.2%)	377 (76.0%)					
Anesthesia management								
Duration of anesthesia (min)	111.8 ± 101.5	102.7 ± 89.5	120.9 ± 111.6	18.3	5.7 – 30.9			0.005
Duration of surgery (min)	72.3 ± 85.4	66.6 ± 73.6	78.0 ± 95.5	11.4	0.78 – 22.0			0.036
Anesthesia induction								
Intravenous induction	992 (100.0%)	496 (100.0%)	496 (100.0%)	N/A	N/A			1.00
Inhalation induction	0 (0%)	0 (0%)	0 (0%)	N/A	N/A			
Maintenance of anesthesia								
Intravenous agents	85 (8.6%)	34 (6.9%)	51 (10.3%)	1.56	1.53 – 1.58			0.070
Inhalation agents	907 (91.4%)	462 (93.1%)	445 (89.7%)	0.64	0.63 – 0.65			0.070
Airway management device								0.134
Endotracheal tube	403 (40.6%)	201 (40.5%)	202 (40.7%)	1.01	1.00 – 1.02			
Supraglottic airway device	585 (59.0%)	291 (58.7%)	294 (59.3%)	1.03	1.02 – 1.03			
No device	4 (0.403%)	4 (0.81%)	0 (0%)	0	0			

Values are mean ± standard deviation, or median (interquartile range) [range] or number (proportion). ASA, American Society of Anesthesiologists; STD, standardized difference.

Table 2. Overall perioperative adverse events including perioperative respiratory adverse events (PRAEs), escalation of care, and mortality of COVID-19 patients and non-COVID-19 patients.

	All (n=992)	Non-COVID-19 (n=496)	COVID-19 (n=496)	OR or mean difference	95% CI of OR or mean difference	P-value
Overall perioperative adverse events	114 (11.5%)	41 (8.3%)	73 (14.7%)	1.92	1.89 – 1.94	0.002
Escalation of care, or mortality						
Unexpected general ward admission	3 (0.302%)	2 (0.40%)	1 (0.202%)	0.50	0.46 – 0.54	1.00
Unexpected ICU admission	2 (0.202%)	1 (0.202%)	1 (0.202%)	1	0.92 – 1.09	1.00
Unexpected respiratory support	2 (0.202%)	1 (0.202%)	1 (0.202%)	1	0.92 – 1.09	1.00
All-cause mortality within 6 weeks	0 (0.0%)	0 (0.0%)	0 (0.0%)	N/A	N/A	N/A
PRAEs	111 (11.2%)	39 (7.9%)	72 (14.5%)	2.00	1.96 – 2.02	0.001
Laryngospasm	17 (1.9%)	11 (2.22%)	6 (1.21%)	0.54	0.52 – 0.56	
Bronchospasm	0 (0.0%)	0 (0.0%)	0 (0.0%)	N/A	N/A	N/A
Pneumonia	0 (0.0%)	0 (0.0%)	0 (0.0%)	N/A	N/A	N/A
Crackle or Wheezing	4 (0.403%)	0 (0.0%)	4 (0.81%)	N/A	N/A	0.133
Copious secretion requiring endotracheal suction	8 (0.81%)	1 (0.202%)	7 (1.41%)	7.1	6.6 – 7.6	0.076
High peak inspiratory pressure (≥25 cmH ₂ O)	34 (3.43%)	3 (0.60%)	31 (6.2%)	11.0	10.5 – 11.4	<0.001
Airway obstruction (Chest retraction)	36 (3.63%)	17 (3.43%)	19 (3.83%)	1.12	1.10 – 1.15	0.87
Desaturation (SpO ₂ <95%)	52 (5.2%)	27 (5.4%)	25 (5.0%)	0.92	0.91 – 0.94	1.00
During anesthesia induction	2 (0.202%)	1 (0.202%)	1 (0.202%)	1	0.92 – 1.09	1.00
During emergence from anesthesia (including laryngospasm)	23 (2.5%)	12 (2.42%)	11 (2.22%)	0.91	0.89 – 0.94	1.00
Desaturation in PACU	27 (2.72%)	14 (2.82%)	13 (2.62%)	0.93	0.90 – 0.95	1.00
Oxygen after PACU (> 2 hours)	14 (1.6%)	10 (2.23%)	4 (0.88%)	0.39	0.38 – 0.41	0.174
Postoperative care						0.826
ICU	92 (9.3%)	48 (9.7%)	44 (8.9%)	0.91	0.90 – 0.92	
PACU	900 (90.7%)	448 (90.3%)	452 (91.1%)	1.10	1.08 – 1.11	
PACU stay (min)	34.0 ± 22.5	24.9 ± 25.0	43.0 ± 15.0	18.12	15.43 – 20.81	<0.001
After PACU care						
Ward		211 (47.1%)	194 (42.9%)	0.84	0.84 – 0.85	
Day-surgery center		237 (47.8%)	258 (52.0%)	1.18	1.17 – 1.19	

Values are mean ± standard deviation, or median (interquartile range) [range] or number (proportion).

COVID-19, coronavirus disease 2019; ICU, intensive care unit; N/A, not applicable; OR, odds ratio; PACU, post-anesthesia care unit; SpO₂, oxygen saturation.

Platelet-lymphocyte Ratio and Neutrophil-lymphocyte Ratio for Predicting Respiratory Complications after Congenital Heart Surgery

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¹Department of Anesthesiology and Pain Medicine, Laboratory for Cardiovascular Dynamics, Asan Medical Center, University of Ulsan College of Medicine, Seoul, Korea

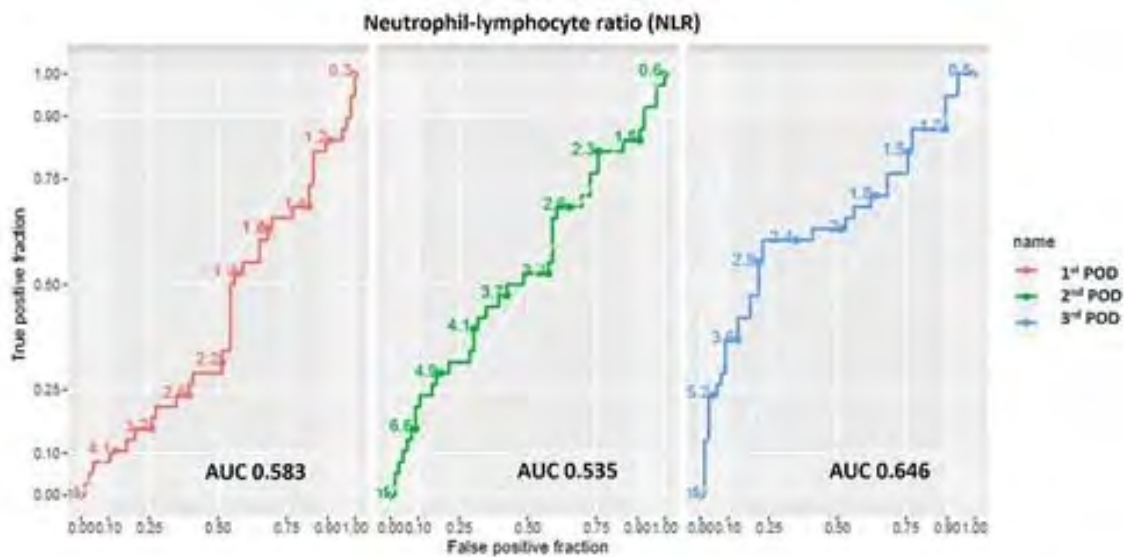
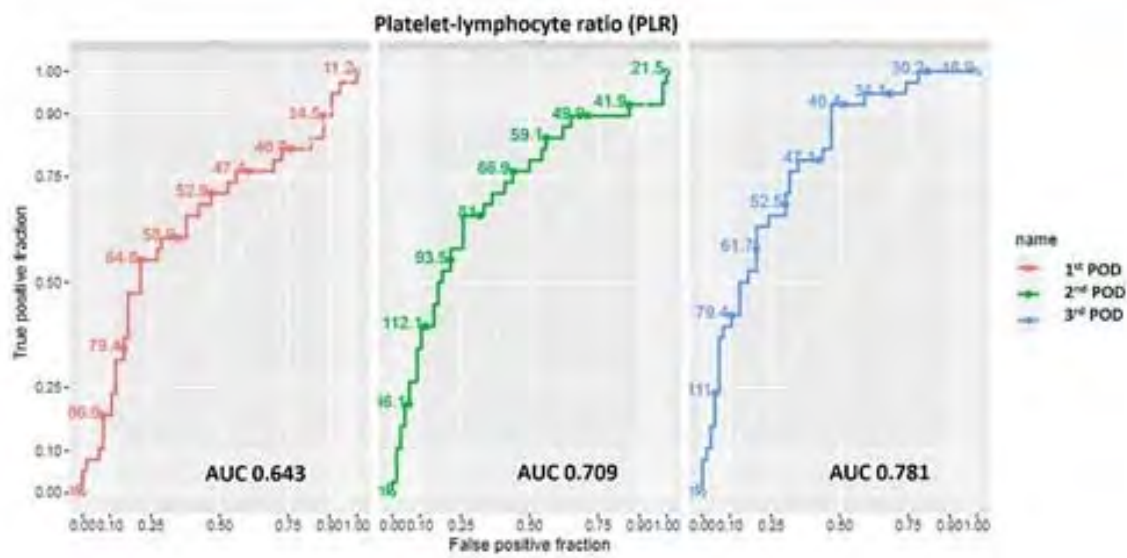
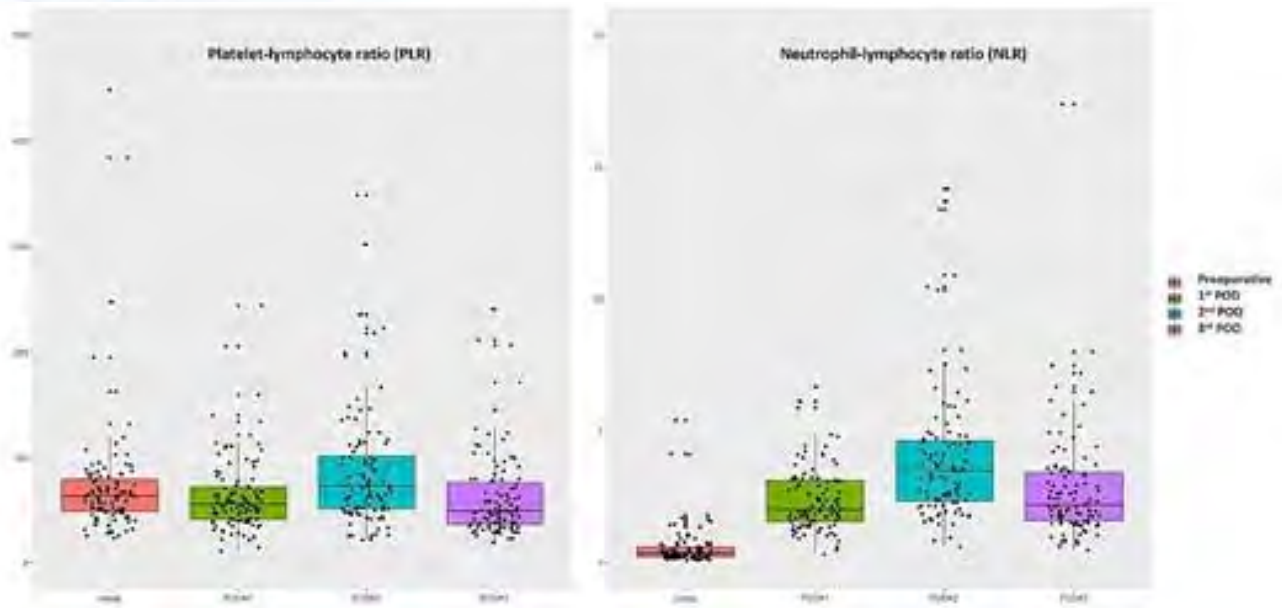
²Department of Anesthesia and Pain Medicine, Pusan National University Yangsan Hospital, Seoul, Korea

Background: Young infants undergoing congenital heart surgery are at risk of postoperative adverse outcomes, which are contributed by the inflammatory response. Platelet-lymphocyte ratio (PLR) and neutrophil-lymphocyte ratio (NLR) have scarcely been reported as immune-inflammatory indices associated with the prognosis in children with congenital heart disease. We examined prognostic ability of PLR and NLR on postoperative respiratory complications after congenital heart surgery in young infants.

Methods: We retrospectively collected data on 104 patients younger than 1 year who underwent corrective or palliative cardiac surgery for congenital heart disease, and calculated cell count indices (PLR and NLR). Receiver operating characteristic curves analysis was used to evaluate predictive ability of postoperative PLR and NLR for respiratory complications, which were defined as pneumonia, acute respiratory failure, prolonged mechanical ventilation (>48 hours), or reintubation within 30 days after surgery.

Results: Thirty-eight patients (37%) developed respiratory complications. Patients developed respiratory complications were younger, more frequent cyanosis, and higher preoperative B-type natriuretic peptide compared with those who did not. Postoperative PLR did not show a significant change compared with preoperative value. After surgery, NLR increased and showed a peak value on the 2nd postoperative day (POD) (Fig.1). On the 3rd POD, PLR showed an area under the curve (AUC) of 0.781 (95% CI 0.689-0.856, $P<0.001$) with 92.1% sensitivity and 53.0% specificity to predict respiratory complications at a cut-off >41.34. NLR values on the 3rd POD had an AUC 0.646 (95% CI 0.546-0.738, $P<0.001$) with a cut-off >2.74 (Fig.2).

Conclusion: Elevated postoperative PLR and NLR can predict respiratory complications after congenital heart surgery in young infants. These biomarkers may be used as systemic inflammatory indices, which are simple and easily accessible methods.





Day 2_Room C

Abstract Presentation 4 (In-person)

Chair(s): Sang Hun Kim (Korea)
Hyun Kang (Korea)

AP4-1

Transversus Abdominis Plane Block after Sub Arachnoid Block Reduces Postoperative Pain Intensity and Analgesic Consumption in Elective Lower Abdominal Surgeries in Pediatric Patients - Case Series

Gunjan Singh

Department of Anesthesiology and Critical Care, Armed Forces Medical College, Pune

Transversus abdominis plane (TAP) block reduces post operative pain of Lower Abdominal Surgery in pediatric patients. The primary outcome of this study was the evaluation of the efficacy of TAP block on pain intensity following lower abdominal surgeries after giving spinal anaesthesia

We conducted eight surgeries in the age group between 8 months to 10 years for lower abdominal surgeries. After discussing in detail and taking written informed parental consent, we planned for the procedure. EMLA cream was applied at the L4-L5 region one hour before the procedure and the dressing was done using transparent adhesive plaster.

After securing IV access, intravenous (IV) glycopyrrolate at 10 microgram per kg was administered. This was followed by IV Ketamine 1.5mg per kg bolus and infusion propofol at the rate of 75microgram per kg per minute using infusion pump.

All the patients were given intrathecal bupivacaine at the dose of 0.08ml per kg of 0.5% Bupivacaine (heavy) for 5 to 10 kg and 0.06ml per kg of 0.5% Bupivacaine (heavy) for more than 10 kg using 50mm spinal needle. Propofol infusion continued throughout the surgery. All the children were made in supine position and oxygen was administered by face mask at the rate of five liter per minute.

After the completion of surgery and dressing done, under strict asepsis, using ultrasound machine, 0.5ml per kg of solution containing 0.25% bupivacaine was administered with the help of block needle between internal oblique and transversus abdominis muscle.

After administering the drug for TAP block, infusion propofol was stopped and the child was made to recover from the sedation. After shifting to PACU, child was observed for 30 minutes for any signs of toxicity like decreased heart rate, tingling, irritability and seizure.

Child was then shifted to ward and observed every thirty minutes for the next 24 hours vital parameters and for analgesic requirements.

FLACC score was then observed for next 24 hours at 4 hour interval.

AP4-2

Postoperative Sedation and Analgesia in Pediatric Cardiac Surgery

Virtual

AP4-3

Erector Spinae Plane Block with Ropivacaine 0.2% in Children - A Case Series, Single Center Experience in Tertiary Pediatric Center in Malaysia

Jie Cong Yeoh, Noor Hasimah Mohd Sahroni, Ye Yun Phang, Nirawanti Mohd Said

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Background & Purpose: Erector spinae plane block (ESPB) has been first described in 2016 by Forero et al as a modified interfascial plane block that used for patient with chronic neuropathic thoracic pain and was applied in the pediatric population for postoperative pain management as early as 2017. Most evidence on efficacy of ESPB as a postoperative analgesia mainly came from case report but very few trials were conducted. The purpose of this case series mainly to report few cases of variable age group with different type of surgeries that received ESPB in our center.

Case Description: Four ESPB related cases done postoperatively under general anesthesia with ultrasound guided were described. Standard dose of ropivacaine 0.2% 0.5mls/kg was used. 1st case was a 4.12kg 1.5 months old boy that underwent on table cholangiogram and Kasai procedure. Bilateral ESPB was performed at level of T6. He was supplemented with intravenous morphine intraoperative and postoperatively. His FLACC score was 2 immediately postoperative and 0 on post op D1 until D3. 2nd case was an 18.4kg 8 years old girl, who admitted for stoma closure. She received bilateral ESPB at level of T10 with adjunct clonidine 1.5mcg/kg. Her VAS was 0-1 immediately post operative until day 2 post operative. 3rd case was a 46.3kg 15 years old girl who underwent left thoracotomy. She received left ESPB at level of T5. She was supplemented with morphine and intercostal nerve block intraoperatively. PCA morphine postoperatively. Her VAS was 2-4 immediately postoperative but reduced to 0-2 on D2 postoperative. She also received an oral analgesia. The last case was a 32.1kg 13 years old girl. She underwent left thoracotomy and nodulectomy. Left ESPB was performed at level of T5. She received intravenous morphine and intercostal nerve block intraoperatively, and PCA morphine postoperatively. Her VAS was 0-2 postoperative and reduced to 0-1 on D2 postoperative. She also supplemented with oral analgesia. No complication was observed during the block procedure.

Discussion: Based on these case series, its shown that ESPB can be performed not only in patient that undergoing thoracic surgery but also intraabdominal surgery. All of the case series proved that performing ESPB as part of multimodal analgesia can achieved good pain control postoperative in view of all patient had shown a FLACC or given VAS of 0-1 during immediate postoperative or postoperatively D2.

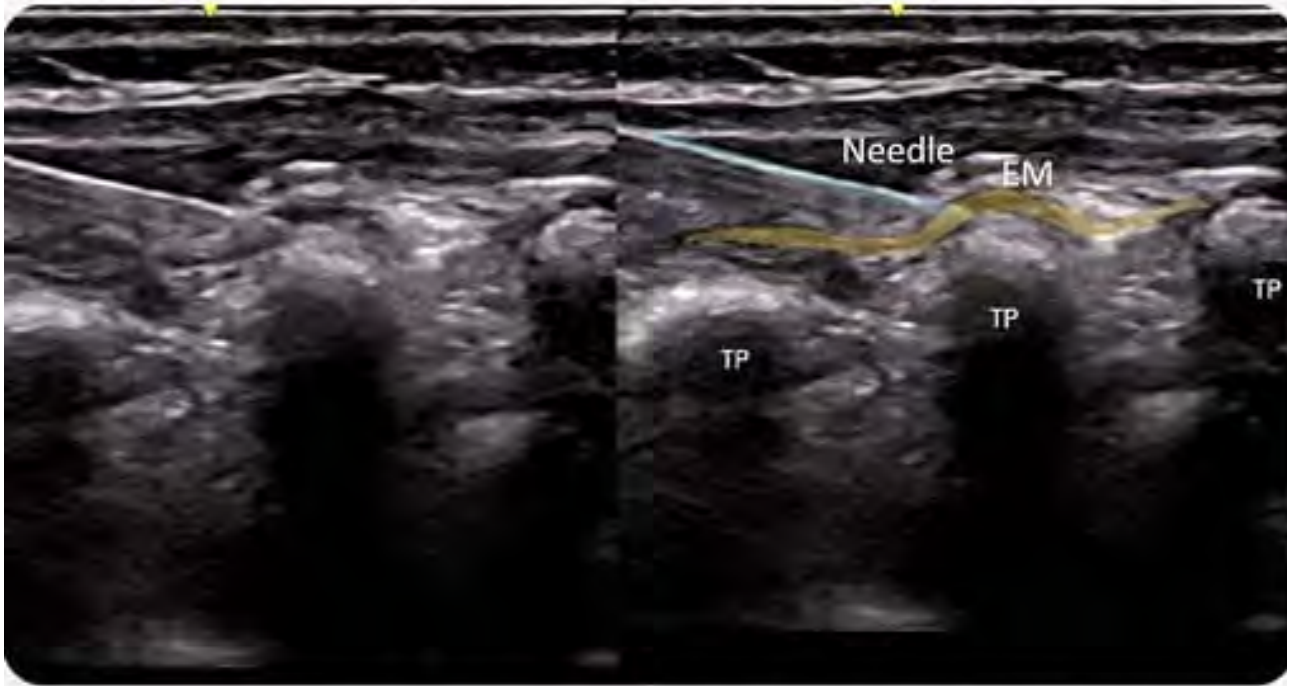


Figure 1: Ultrasound demonstrating needle to ESP at the level of T6 (cranial- caudal orientation)
TP: transverse process
EM: erector muscle

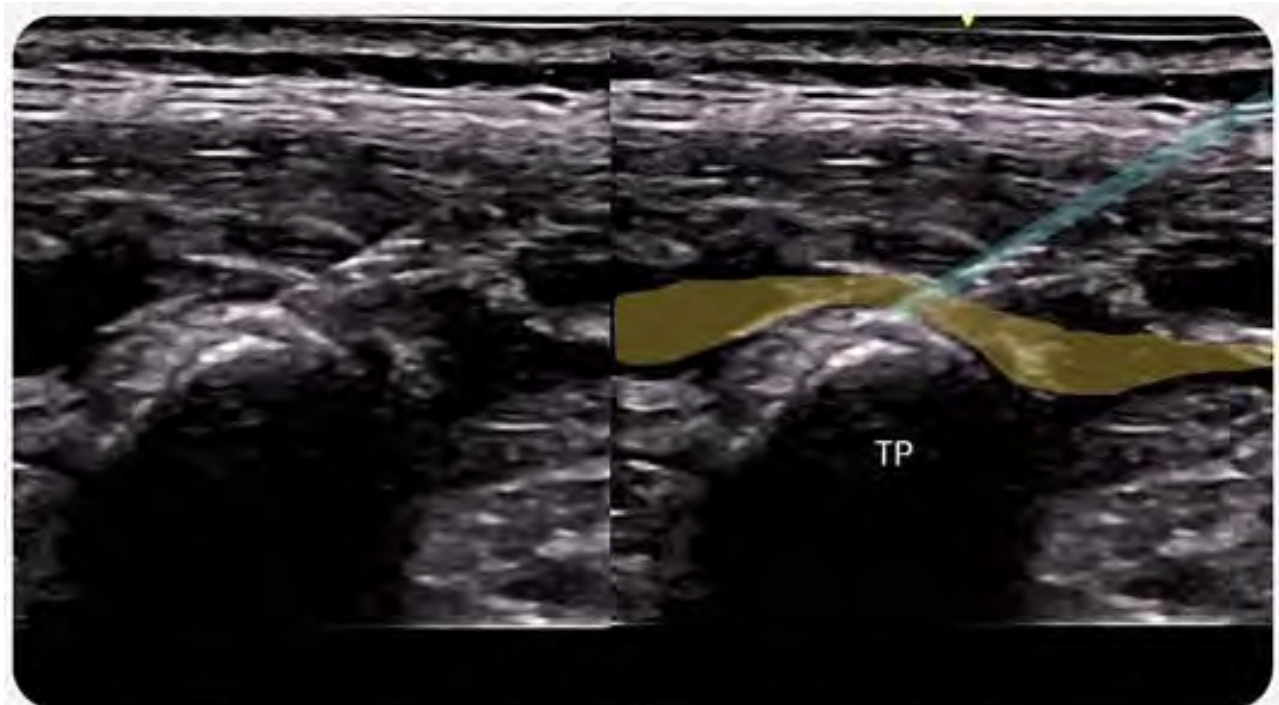


Figure 2: Ultrasound demonstrating needle to ESP at the level of T10 (cranial- caudal orientation)
TP: transverse process

AP4-4

ESP Block for Anesthesia in a Pediatric Patient Who Underwent Diagnostic Laparoscopy after Foreign Body Injury

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¹Department of Anesthesiology and Pain Medicine, Sisli Hamidiye Etfal Education and Research Hospital, Istanbul, Turkiye

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Introduction: ESP block is a relatively new block characterized by the injection of local anesthetic between the erector spinae muscle and the transverse process. It is technically easier and safer in terms of central complications. (1) It is used in acute and chronic pain management as well as in various surgical procedures. Today, with the widespread use of USG, ESP block is used in many surgical procedures in both adult and pediatric patients for anesthesia and analgesia. (2) We aimed to share our pediatric patient who underwent diagnostic laparoscopy for trauma that we applied ESP block for anesthesia.

Case: A 11 years old 35 kg male patient with pencil penetration at lumbar region that planned diagnostic laparoscopy to investigate penetrating posterior abdominal injury. ESP block was applied after sedation with 0,5 mg/kg ketamine and 0,1 mg/kg midazolam. After hydrodissection (1 ml %0,9 NaCl), local anesthetic solution which contains 10 ml 0.5% bupivacaine and 15 ml SF were injected between the transvers process and erector spinae muscle. Then, spread of the solution in this plane was observed. Nonpenetrant trauma was confirmed laparoscopically. Then foreign body was removed and surgery was terminated. Patient was followed up with VAS score and recorded at 0.-30 min-1-2-4-6 hours postoperatively. His VAS scores were 0-3.

Discussion: There is little data about ESP block and using as an anesthesia technique in pediatric patients is quite limited in the literature. We provided peroperative anesthesia and postoperative analgesia control effectively in our pediatric patient who underwent laparoscopic abdominal surgery. We believe that US guided ESP block can be safely performed for peroperatively in some surgeries and decreased the postoperative pain related complications.

AP4-5

Epidural Analgesia in Major Paediatric Oncosurgeries: A Review of Safety Profile and Practices

Withdrawn

AP4-6

Analgesic Efficacy and Safety of Ultrasound-guided Erector Spinae Plane Block in Pediatric Patients Undergoing Surgery: A Systematic Review and Meta-Analysis of Randomized Controlled Trials

Seokwoo Jeong¹, Byung Gun Lim¹, Seok Kyeong Oh¹, Do Yeop Lee¹, So Mee Park²

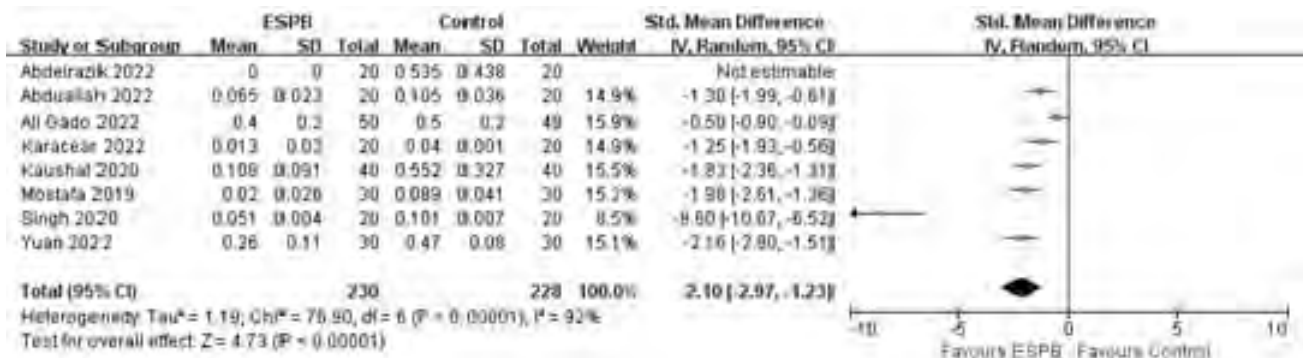
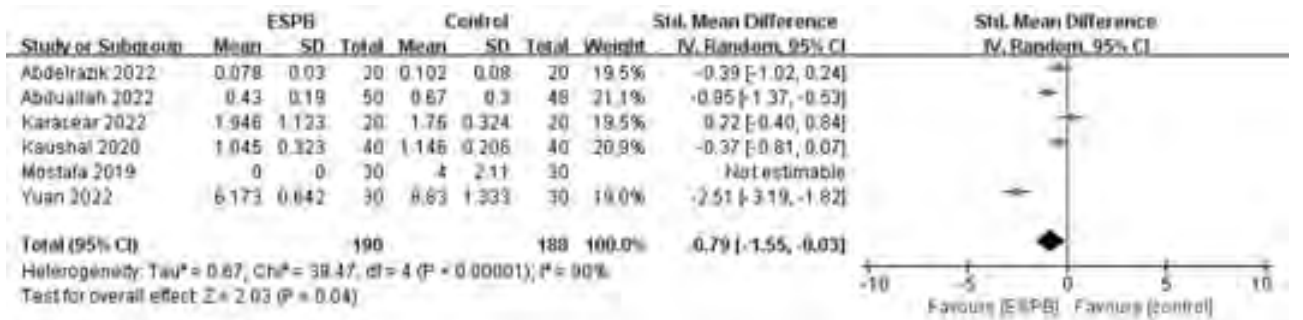
¹Department of Anesthesiology and Pain Medicine, Korea University Guro Hospital, Korea University College of Medicine, ²Korea University College of Medicine, Seoul, Republic of Korea

Introduction: Ultrasound-guided erector spinae plane block (ESPB) has gained popularity for perioperative analgesia in adults undergoing various surgeries. But, its efficacy and safety in pediatric patients remain unclear. This review aimed to investigate the analgesic effect and safety of ultrasound-guided ESPB in pediatric patients undergoing surgery under general anesthesia through a meta-analysis of randomized controlled trials (RCTs) reported so far.

Methods: We searched the databases including PubMed, EMBASE, the Cochrane Library, Web of Science etc. for published eligible RCTs comparing ESPB with control (no block/sham block) in pediatric patients undergoing surgery from inception to March 2023. The analgesic efficacy outcomes were intraoperative opioid (i.v. morphine milligram equivalents) consumption, time to first rescue analgesic requirement, number of patients who required rescue analgesic, postoperative cumulative opioid requirement up to 24 h, the pain scores using the FLACC (Face, Legs, Activity, Cry, Consolability) scale for 24 h after surgery, and incidences of postanesthetic adverse events including bradycardia, hypotension, and postoperative vomiting (POV) were considered as safety outcomes.

Results: Data from 9 studies involving 501 pediatric patients were included. Compared to the control, ESPB significantly reduced the intraoperative opioid consumption and postoperative cumulative opioid requirement up to 24 h [standardized mean difference (SMD) = -0.79; 95% confidence interval (CI), -1.55 to -0.03, and SMD = -2.10; 95% CI, -2.97 to -1.23, respectively; Fig. 1 & 2] and significantly lowered the pain scores at 2, 6, 24 h after surgery. ESPB significantly prolonged the time to first rescue analgesic requirement and decreased the number of patients who required rescue analgesic. However, considerable heterogeneity in the outcomes was observed. As for safety outcomes, ESPB significantly decreased the incidence of POV compared to the control, while incidences of bradycardia and hypotension were comparable.

Conclusions: ESPB effectively and safely provided intraoperative and postoperative analgesia resulting in lower opioid requirement and pain scores in postoperative period up to 24 h with decreased POV in pediatric patients undergoing surgery under general anesthesia compared to the control. However, further studies are needed, considering the small number of studies included and the high heterogeneity of some efficacy outcomes.



AP4-7

Prediction of Effect and Complications of PCA in Children Undergoing Urologic Surgery

Young-Eun Joe, Jeong-Rim Lee, Ho-Jae Nam, Hyo-Jin Byon

Department of Anesthesiology and Pain Medicine, Severance Hospital, Yonsei University College of Medicine, Seoul, Korea

Purpose: Postoperative pain is common in children, and the proper treatment of postoperative pain can be a challenge for physicians. This is a retrospective study investigating the effects and complications of patient-controlled analgesia (PCA) in children undergoing pediatric urology surgeries.

Method: Medical records of children who received intravenous PCA following urology surgery in a single tertiary hospital were analyzed. Data on the patient's gender, age, height, weight, medical history, surgical method, type of anesthesia, dosage of PCA, postoperative pain, additive analgesics and postoperative complications were collected. Machine learning-based predictive models were constructed to explore demographic, anesthetic and surgical attributes in order to predict post-operative pain and complications of PCA.

Results: The statistical analysis included data from 3,544 children. Random Forest model (AUC:0.79, ACC:0.83) and Glmnet Ridge model (AUC:0.84, ACC:0.86) were suitable for predicting moderate post-operative pain for 6-24 hours and 24-48 hours after surgery, respectively. The attributes used to predict moderate post-operative pain were previous post-operative pain score, anesthesia time, whether regional block was done, and age. XGBoost model (AUC:0.71, ACC:0.74) and Glmnet Ridge model (AUC:0.71, ACC:0.82) were chosen to predict complications of PCA for 6-24 hours and 24-48 hours after surgery, respectively. Attributes for predicting complications of PCA included age, motion sickness, total opioid dose, and anesthetic time.

Conclusion: In this retrospective study, machine learning-based models and attributes were proposed to predict moderate post-operative pain and complications of PCA in children undergoing urologic surgeries, which could contribute to improve postoperative pain management in children.



Day 2_Room D

Abstract Presentation 1 (Virtual)

Chair(s): Sooyoung Cho (Korea)
Hee Young Kim (Korea)

V1-1

“Know It to Deal with It”- Neonatal Airway Management with a Large Sincipital Encephalocele

Pranita Mandal, Anupama AS, Jayasree T, Molli Kiran, SRAN Bhushanam Padala, Sunaina T Karna

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Background: Encephalocele is a rare birth defect of the neural tube that affects the brain with incidence of about 10-20% of all the cranial dysraphism. We here present a neonate with a huge frontonasal encephalocele planned for surgical excision.

Case Description: A 29 days old male, weighing 3 kg, admitted with a large frontonasal swelling for excision. MRI brain revealed a midline round to oval shaped bony defect of 2.2 cm in the frontal region, with herniation of brain tissue and CSF filled spaces. A diagnosis of sincipital frontonasal encephalocele was made by the neurosurgeons. His birth history was uneventful. The mass was present since birth and increased gradually (Fig. a). This was an obvious expected difficult mask ventilation case. Our general anesthetic plan was to go ahead with graded sevoflurane induction using I-gel size 1 for assisted ventilation, while an assistant held the mass. Para-oxygenation was done with nasal prongs. Our general anesthetic plan was to go ahead with graded sevoflurane induction using inverted RBS mask, while an assistant held the mass in supine position (Fig. b). Inj. glycopyrolate 15 mcg and Inj. ketamine 3 mg were given to help insert size #1 I-gel. After appropriate depth of anesthesia using I-gel for delivery of gases, a check video-laryngoscopy with Miller blade size 0 revealed CL grade 2b. The trachea was then intubated with 3.0 uncuffed PVC endotracheal tube. Mechanical ventilation was instituted and maintained anesthesia with oxygen/ air, isoflurane and intermittent doses of atracurium. Intraoperative course was uneventful and patient trachea was extubated afterwards.

Discussion: Reporting of problems faced in anterior encephaloceles is very sparse. In our case, we planned to use a size #0 RBS mask in an inverted position for proper seal and adequate bag & mask ventilation. But it could not help for maintaining adequate depth, so we used I-gel instead. As this was an anticipated difficult airway, Inj. succinylcholine 6 mg, appropriate size oral airway, mask, SGDs, FOB 2.8 mm size was kept ready. Besides difficult airway, perioperative concerns like CSF leak, hemorrhage, raised ICP, seizures and brainstem compression should be kept in mind. We conclude that a difficult airway cart should always be ready with airway management plans.

Reference: 1) Dhirawani RB, Gupta R, Pathak S, Lalwani G. Frontoethmoidal encephalocele: Case report and review on management. *Ann Maxillofac Surg* 2014;4:195-7



V1-2

Nasotracheal Intubation Guided by the Esophageal Temperature Probe in Children

Withdrawn

Risk Factors for Failed First Attempt of Intubation in Pediatric Patients: Preliminary Results of a Prospective Observational Study

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²Department of Anesthesiology, Hedi Chaker Hospital, Sfax, Tunisia

Background: Unpredicted difficult intubation in children remains frequent. The aim of this study was to investigate risk factors for failed first attempt of intubation in children

Methods: This is a prospective observational study including newborns, infants, and children under 5 years old undergoing general anesthesia with tracheal intubation. We collected data about demographic parameters, anesthesia protocol, facial dysmorphism, and circumstances of anesthesia. Patients were divided into two groups. Group 1: included patients whose intubation failed in the first attempt. Group 2 included patients with easy intubation and who were intubated from the first laryngoscopy. After statistical comparison between the two groups, a univariable logistic regression was performed to investigate predictors for failed first intubation in children.

Results: in this study we included 65 patients. The incidence of failed first attempt of intubation was 7.7% and no failed intubation was noted. Demographic and anesthesia parameters were comparable between the two groups. The main risk factors for failed first intubation were premature neonates with [OR=9.7; 2.7-35.1], emergency [OR=5.2; 1.6-16.3], surgery after midnight [OR=14.6; 1.5-135], and syndromic dysmorphism [OR=66; 7.5-58].

Conclusions: It seems that syndromic dysmorphism remains the main risk factor for difficult intubation in children. However, particular cautions should be given for premature newborns and emergent surgeries.

V1-4

Management of a Rapidly Growing Sublingual Congenital Ranula: A Case Report

Anouar Jarraya¹, Faiza Grati², Manel Kammoun¹, Imen Zouche²,
Ahlem Bouzid¹, Hichem Cheikhrouhou²

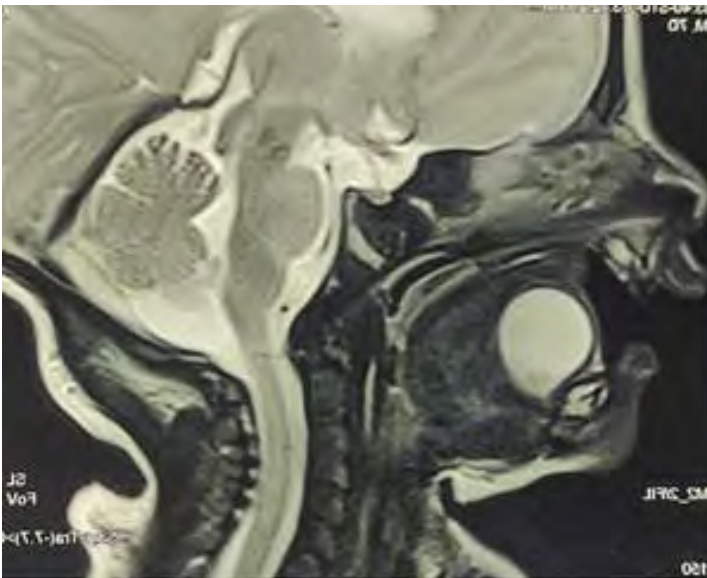
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Background: Congenital ranula is a rare sublingual mucous extravasation pseudocyst. It can remain asymptomatic for a long period of time. However, we report a case of a rapidly growing ranula that became obstructive within two weeks. We also describe the original airway and anesthetic management that allowed the total excision of the cyst.

Case Presentation: We report the case of a newborn born at 37 weeks gestation who had a small swelling under the tongue. Two weeks later, the patient was having feeding and breathing difficulties, as well as losing weight. We chose cyst puncture and drainage after two failed intubation attempts, which allowed for better conditions for a successful oral intubation. The cyst excision was done under deep general anesthesia using a transoral approach. The histologic examination showed a congenital ranula.

Conclusion: Congenital ranula can grow rapidly, causing the obstruction of the airway. It seems that the puncture and drainage of the cyst prior to the intubation may facilitate the airway management. Furthermore, radical surgical treatment remains the best solution to reduce the risk of recurrence.



V1-5

An Innovative Technique to Deflate and Reinflate the Tracheostomy Tube to Facilitate Ventilation During Tracheal Resection and Reconstruction Surgeries

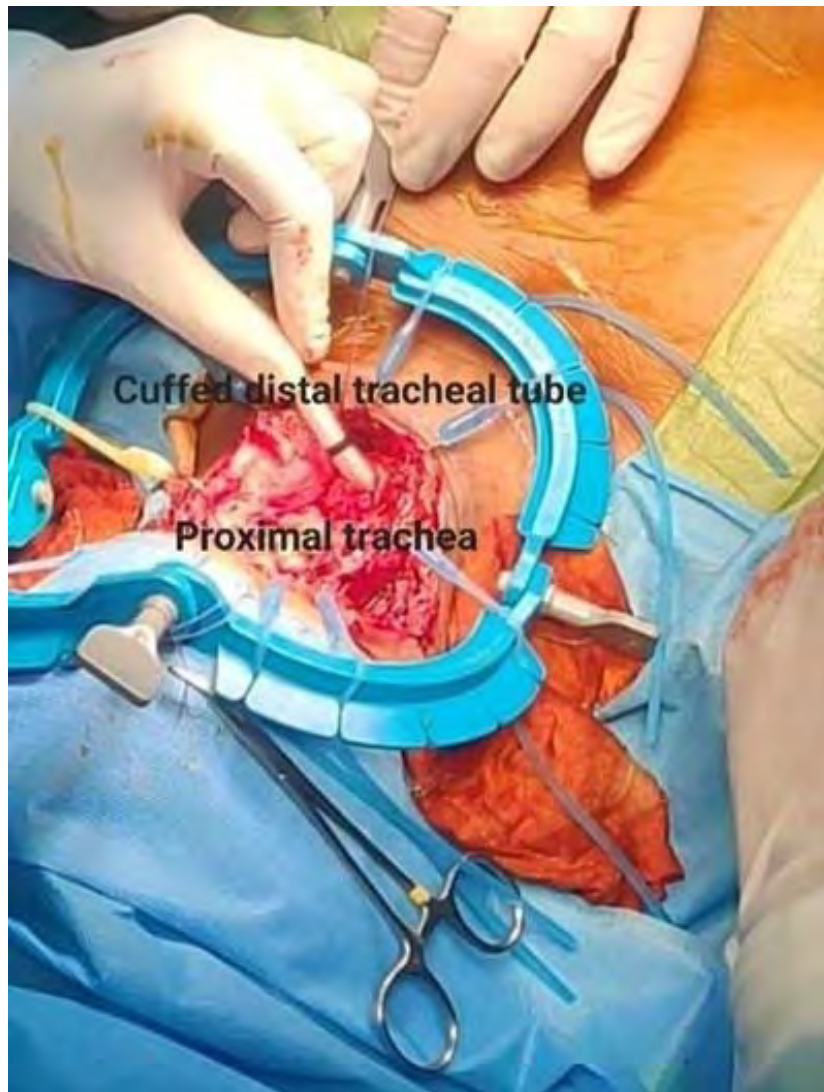
Nesara N¹, Suma Sriramanan², Gayatri sasikumar², Jayashree Simha², E V Raman³, H S Murthy⁴

¹Department of Anesthesiology, Manipal hospital, Bangalore, Karnataka, India, ²Senior consultant, Department of anesthesiology, Manipal hospital, Bangalore, Karnataka, India, ³Senior consultant, Department of ENT, Manipal hospital, Bangalore, Karnataka, India, ⁴HOD, Department of anesthesiology, Manipal hospital, Bangalore, Karnataka, India

Background: Tracheal resection and reconstruction (TRR) is one of the most challenging surgeries for anesthesiologists because of compromised airway. Advances in surgical, anesthetic and airway management have improved the outcomes. Plan for ventilation during the "open airway phase" where the trachea is mobilized by the surgeon is crucial. The conventional approach of distal tracheal intubation for cross field ventilation followed by apnea-ventilation-apnea technique requires good coordination between surgeons and anesthetist.

Case Description: A young girl sustained accidental strangulation injury due to scarf entangled around her neck while pillion riding on a bike. This led to blunt airway trauma for which she was intubated and later tracheostomized owing to failed extubation. Multiple attempts at decannulation failed and she was found to have tracheal stenosis for which TRR was planned. After thorough pre-operative work up, assessment of the airway was done with flexible bronchoscope and surgery proceeded. After intravenous induction, tracheostomy tube was exchanged with 5 sized cuffed flexometallic tube. An uncuffed flexometallic tube of the same size was passed nasally and placed proximal to the stenotic segment. During open airway phase anesthesia was maintained with TIVA (dexmedetomidine and propofol infusion) allowing patient to breathe spontaneously. This gave longer periods of tubeless surgical field without significant drop in saturation.

Discussion: For TRR surgeries, the distal tracheal tube needs to be deflated and retracted for surgical exposure very often which can be cumbersome and time consuming. To facilitate smooth manipulation of the cuff we attached a regular pressure monitoring line with luer lock to the pilot balloon of the distal tracheal tube which in turn was connected to a cuff pressure gauge monitor. This allowed easy and quick deflation and reinflation away from the surgical field without disturbing the surgical team. Later the nasal tube was introduced into the reconstructed airway. Patient was shifted to intensive care unit for elective ventilation and extubated on 3rd post operative day. She was discharged with advice of bi-level positive airway pressure at night. Anesthesia for airway procedures is among the most technically challenging task for the entire team and new modifications such as these offer potential advantages. We wish to share our experience for the benefit of all.



V1-6

Airway Management of a Congenital Teratoma with a Cleft Palate: An Original Case Report

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Background: Airway management in neonates is difficult because the risk of rapid hypoxia. It presents a challenge even for an experienced anesthesiologist. Oral tumors in neonates are very rare but they can seriously worsen the conditions of intubation. To surmount these difficulties, a special multidisciplinary approach and particular precautions are needed.

Case Presentation: We describe the airway management and precautions taken in the anesthesia for surgical removal of a rare case of congenital palate teratoma associated to a wide cleft palate in a 25 days old girl. Impossible intubation was predicted on the magnetic resonance imaging. The difficult airway management cart as well as an otorhinolaryngologist, skilled in performing emergency tracheostomy in a neonate was available. The patient was intubated by conventional laryngoscopy under sevoflurane inhalatory anaesthesia. To prevent post operative edema and bleeding, the patient received dexamethasone and he was extubated 24 hours after the end of the intervention.

Conclusion: This case illustrates that predicting difficult airway in a newborn by clinical evaluation and radiological exams allowed us to take necessary precautions for successful neonatal airways management.



Figure 1: Clinical appearance of palate teratoma associated with a cleft palate: tumor covered with fine downy skin protruding from the shelves of the cleft.

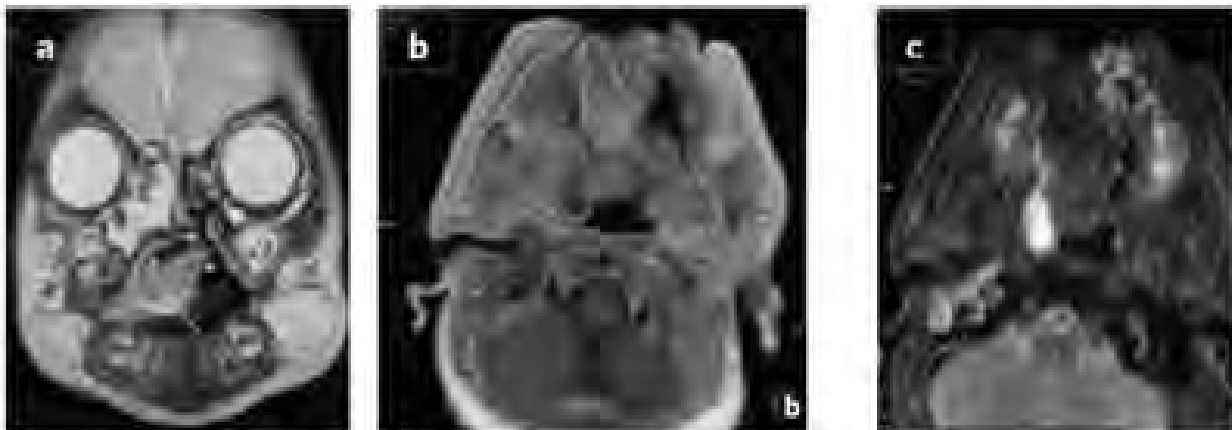


Figure 2 :

a) MRI T2-weighted coronal image shows a lesion attached to the nasal septum between the two palate shelves with endobuccal extension. The lesion is heterogeneous and contains areas of hyperintense signalling (arrow). We note also retention of fluid within ethmoid cells upstream from the tumour (curved arrow).

(b) An axial T1-weighted image shows a hyper-intense heterogeneous encapsulated lesion measuring 3 cm approximately.

(c) T2-weighted fat suppressed axial image shows loss of signal intensity on the tumoral lesion which suggests the presence of macroscopic fat (arrow).

V1-7

Airway Management of Congenital Pulmonary Airway Malformation Resection in an Infant in Resource Limited Setting: A Case Report

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Background: Congenital Pulmonary Airway Malformation (CPAM) is a rare developmental anomaly of lower respiratory tract. Incidence of 1/20,000-1/30,000 live births. It does not participate in gas exchange, communicates with bronchial tree and receives blood supply from pulmonary circulation. Positive pressure ventilation causes cystic dilatation of affected airways with risk of tension pneumothorax. CPAM may contain fluid, increasing risk of spillage and flooding of airway intraoperatively. We report management of an infant in resource limited setting with CPAM who had risk of pneumothorax and airway flooding.

Case Discussion: 1 month-old female infant weighing 2.5 kilograms, presented with fever and respiratory distress for 20 days. The baby was referred to our institution on day-46 of life for worsening respiratory distress. She was intubated in emergency. Chest x-ray (Figure 1) and computed tomography-scan (Figure 2) showed middle lobe CPAM with air-fluid level. Posted for lobectomy under general anesthesia. On pre-anaesthetic evaluation, right lung obliterated by large cyst and had hardly any tidal exchange. The consensus decision (by surgery and anaesthesia) was to place ultrasound-guided intercostal chest drain (ICD) to drain fluid and relieve compression of lung tissues preoperatively. Infant was taken up for surgery after 48 hours of stabilization on ICD. It was ideal to place right sided bronchial blocker (BB) or left sided endobronchial intubation, which was not feasible due to non-availability of 2.2 or 2.8 mm flexible bronchoscope. The following precautions were taken: Muscle relaxant avoided till pleural opening, ICD not clamped fearing risk of pneumothorax, and on thoracotomy bronchial communication to cyst was blocked with gauze till clamping of bronchus was achieved. Intermittent endotracheal tube suction was done to prevent its blockage with blood. To avoid operation theatre pollution from inhalation agent, propofol infusion was instituted.

Discussion: CPAM resection necessitate one-lung ventilation (OLV) which is achieved by Double lumen tube (DLT), BB and endobronchial intubation. DLT for infants are not available. Left endobronchial intubation needs FOB guidance, which is challenging in resource-poor setting and leads to ventilation-perfusion mismatch. In our case scenario, the risk of placing BB was more than benefit. This case will give an alternate idea for airway management in such cases in resource limited setting.



V1-8

Pediatric Airway Management in Undiagnosed Congenital Subglottic Stenosis Undergoing Congenital Cardiac Surgery

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The pediatric unanticipated difficult airway in cases of subglottic stenosis is always a challenge. Children form a specific group of patients as there are significant differences in both anatomy and physiology. Here, we have presented a case managed according to pediatric difficult intubation protocols where tracheostomy was used as a secondary intubation plan successfully.

A 6-month-old female child weighing 8 kg underwent congenital cardiac surgery for the repairment of ASD-VSD closure. Preoperatively airway examination revealed no abnormalities. Mouth opening was adequate for her age. Preoperatively systemic examination and all relevant investigations were normal. The Copur index was 6 which revealed easy normal intubation. On the day of surgery, premedication was done with oral midazolam (0.5 mg/kg). Anesthesia induction was done with fentanyl 1.5 µg/kg and a midazolam 0.25 mg/kg iv. Adequacy of mask ventilation was established following which injection of atracurium 0.5 mg/kg was administered. Although mask ventilation was adequate, direct laryngoscopy revealed Cormack-Lehane Grade 4. Four attempts with 2 specialized pediatric anesthesiologists to intubate with cuffed endotracheal tube sizes 4.5, 4.0, and 3.5 were unsuccessful. Each attempt was done after preoxygenation with 100% oxygen; hence, on no occasion, oxygen saturation went below 80%. Supraglottic airway, i-gel®, size 2 can't be inserted as a rescue device. Since mask ventilation can be established successfully tracheostomy decision was taken. The cardiovascular surgeon has established a surgical tracheostomy successfully within 8 minutes.

If the operation was not urgent, the case can be postponed and both surgical and non-surgical treatment methods could be recommended.

After operation, she was taken to the intensive care unit (ICU). Fiberoptic bronchoscopy staged it as a Grade 3 subglottic stenosis. On the third day of ICU, she was discharged from the service without any problem.

Many patients with difficult airways can be identified before induction of anesthesia or sedation. These patients should be cared for only in a tertiary care facility with qualified caregivers. Current practice guidelines and recommendations should be reviewed and practiced so that individuals and institutions can be ready to act quickly when problematic airway scenarios arise. Needed equipment should be readily available in a portable difficult airway cart.



Day 2_Room D

Abstract Presentation 2 (Virtual)

Chair(s): Ji-Hyun Lee (Korea)

Ye Yun Phang (Malaysia)

V2-1

Anesthesia Management of Left Pulmonary Artery Sling: LPA Reimplantation Without Cardiopulmonary Bypass

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Background: Left Pulmonary Artery Sling (LPAS) is a rare vascular anomaly. The surgical technique is generally carried out with a median sternotomy approach using a Cardiopulmonary Bypass (CPB) to release the slinging pulmonary artery and repair the tracheal stenosis. In this case, we will discuss the anesthetic management of LPA reimplantation without using CPB to improve the understanding and provide an overview for practitioners in managing patients with this rare vascular anomaly.

Case Description: The patient was a 10-month-old baby complaining of shortness of breath since he was 4 months old. Based on the results of cardiac MSCT, the patient was diagnosed with LPAS. The patient was planned for LPAS repair surgery without using CPB. The patient underwent general anesthesia. The surgery was performed by releasing the left pulmonary artery (LPA) and reimplanting it into the main pulmonary artery (MPA). When the LPA was clamped to cut and release the sling, there was a decrease in blood pressure and an increase in end-tidal CO₂ (EtCO₂) to 70 mmHg. After the reimplantation process was completed, the LPA and right pulmonary artery (RPA) showed confluence, and the end-tidal returned to normal at 36 mmHg. Tracheoplasty procedure was not performed on the patient. After the operation, the patient was treated in the intensive care Unit (ICU) for 10 days.

Discussion: LPAS is one of the rare congenital heart defects caused by abnormalities of left pulmonary artery grew from the right pulmonary artery and ran posteriorly between the trachea and esophagus towards the left lung. Diagnosis of LPAS can be established by examining a multi-slice CT scan to look for defects in the LPA. Generally, surgery for correction of LPAS is performed using a median sternotomy approach with CPB. The surgical process consists of releasing the sling LPA and reimplanting the new LPA into the MPA. In this patient, corrective surgery was performed through median sternotomy without CPB. Intraoperatively, there was a decrease in blood pressure due to decreased preload and increased EtCO₂ due to increased dead space which was successfully overcome by administering fluids, inotropes and increasing alveolar ventilation in ventilator settings. When the LPA was successfully released and reimplanted, hemodynamic and EtCO₂ returned to normal. Postoperatively, the patient experienced Ventilator Acquired Pneumonia (VAP) and we administered antibiotics according to the culture results.



Figure 1. MSCT (Multi-slice Computerized Tomography) Cardiac shows that the LPA (Left Pulmonary Artery) is narrowing due to the LPA sling.

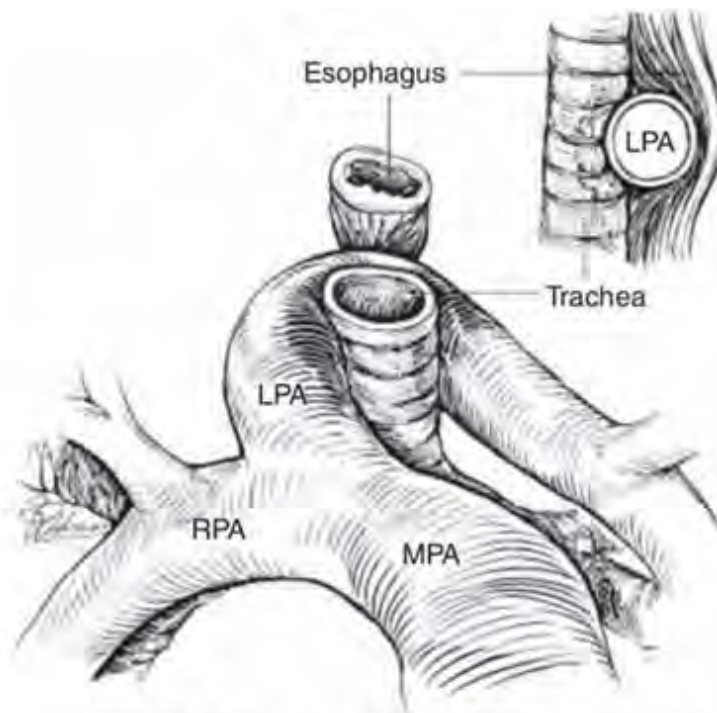


Figure 2. Left Pulmonary Artery Sling (LPAS). L, Left; R, Right; M, Main; PA, Pulmonary Artery. Fig 2 Shows a lateral view of anterior compression of the esophagus and posterior compression of the trachea.

V2-2

Fast Track Extubation in Severe Scoliosis with Cor Pulmonale: The Role of Non Invasive Ventilation

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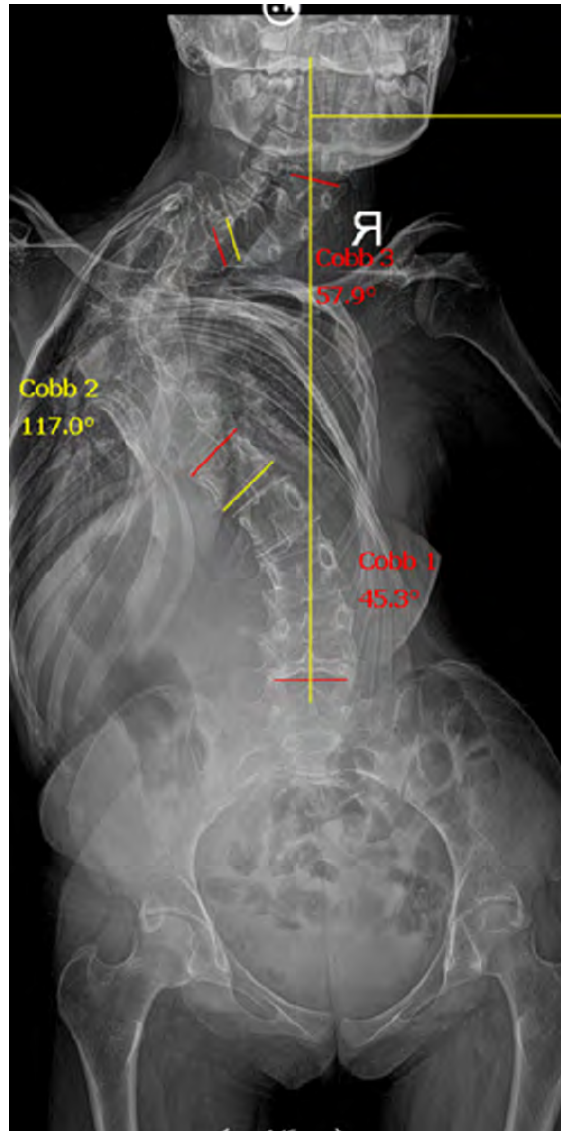
Background: Advanced congenital scoliosis causes cardiorespiratory dysfunction resulting in severely restricted lung disease and cor-pulmonale. Corrective surgery curbs decline in cardiorespiratory function. Intraoperative arrhythmia, myocardial ischemia due to right heart failure, neuromonitoring and blood loss makes anesthetic management challenging. The severely restricted lung function makes them candidates for prolonged postoperative mechanical ventilation.

Case Description: A 16-year-old female presented with severe congenital thoracolumbar scoliosis, Cobb's angle 117°, dyspnea NYHA grade 3, breath holding time 10s and room air saturation (SPO₂) 62%.

Investigations: PFT-FEV₁-24%, FVC-26%, ECHO-right heart dysfunction; CT Angiography: severe pulmonary artery hypertension (PAH), Room air ABG-Type 1 respiratory failure. A staged scoliosis correction was planned. Sildenafil was initiated preoperatively. Standard ASA monitors and invasive monitoring were established. Intubation was done after adequate preoxygenation. TIVA technique with propofol 100mcg/kg/minute, fentanyl 1mcg/kg/hour and dexmedetomidine 0.7mcg/kg/hour was used to facilitate SSEP and MEP monitoring. Temperature, urine output, entropy, serial ABG were monitored. CVP trends served as surrogate for right heart function. Hemodynamic fluctuations and factors worsening PAH, RV dysfunction were avoided. 100ml blood loss was replaced with plasmalyte. At the end of surgery, once spontaneous respiration resumed, patient was shifted to PACU on pressure support mode. She was extubated after 3 hours and immediately switched to Non Invasive Ventilation (NIV). Postoperative analgesia included IV paracetamol 300 mg and IV tramadol 30 mg, avoiding opioid infusion.

Post Operative Course: Following the first 24 hours on NIV, patient was weaned to night-time only BiPAP over the next 72 hours and discharged home on the same. Hypercapnia (permissive) on ABG was accepted since patient had no tachypnea. On the 10th day follow up, room air SPO₂ improved to 91% and ECHO showed mild PAH with good RV/LV function. By the third week PFT showed improved values.

Discussion: Transition to NIV immediately post extubation in patients with severe restrictive lung disease avoids complications of mechanical ventilation like ventilator associated pneumonia and prolonged hospital stay. Dexmedetomidine infusion is safely tolerated in cor pulmonale, decreases perioperative opioid consumption and facilitates early extubation.



Parameters	PRE-OP	INTRA-OP	1 HOUR POST NIV	POST-OP Day 1	POST-OP Day 2	POST-OP Day 10
ABG						
pH	7.45	7.52	7.29	7.32	7.33	7.43
PaO ₂	45.4	352	153	93.4	121	31.7
PaCO ₂	46.4	37.9	59.7	67.8	64.3	51.4
SPO ₂	62% RA	99%	98%	98%	99%	91% RA
PFT						
FEV ₁	24%					33%
FVC	26%					31%
MMEF	23%					24%

V2-3

A Single Institute Retrospective Audit of the Anaesthesia Management in Children Undergoing Epilepsy Surgery

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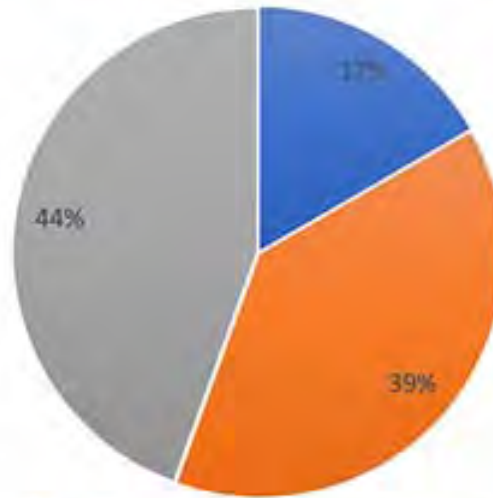
Background: Once patients meet the criteria for epilepsy surgery, a multidisciplinary team involving the neurologist, neurosurgeon, radiologist, anaesthesiologist and, often, a psychologist form the collaborative team dealing with their perioperative care. Anaesthesiology involvement begins from the investigative work up itself - MRI, SPECT or electrocorticography (ECoG) and deep electrode placement. Patients are always on long term anti-epileptic therapy and are screened for any side effects. The challenge in the intraoperative management lies in the dynamic alteration of our anaesthesia management, often multiple times within a single case, as the type of neuro-monitoring being used changes from time to time. ECoG recordings are central to the surgical process and since our anaesthesia medications interfere with the readings we are required to modify our plan. The administration of a scalp block attenuates our anaesthetic requirement greatly and has been used in many of our cases. We may even be required to produce pharmacoactivation in order to better map the epileptogenic focus.

Methods: We audited our institutions' patients who underwent epilepsy surgery. The study design is a retrospective audit from February 2022 - 2023.

Results: A total of 18 patients had undergone epilepsy surgery in the study period. The surgeries performed were 3 neuromodulation, 8 disconnections and 9 epileptic focus resections. We performed a preoperative TEG[®] in all our patients, and none of the patients showed an abnormal Maximum amplitude value. Neuromonitoring was used in 10 cases, all of whom received a TIVA based anaesthetic with BIS monitoring. A scalp block was administered in 8 of the 18 patients. 1 patient underwent an awake craniotomy and our youngest patient was a 6 month old with tuberous sclerosis. All except the neuromodulation cases required invasive arterial and central venous lines and monitoring. Of the 18, 2 patients were electively ventilated post operatively, the rest were extubated on table, and all shifted to the PICU.

Conclusions: This paper outlines the role of the anaesthesiologist in children undergoing epilepsy surgery. The preoperative radiological workup, anaesthesia implications of AEDs, intraoperative anaesthesia techniques to facilitate neuromonitoring and identification of the epileptogenic focus, and common perioperative problems are discussed. A protocolized approach to management & team coordination are keys to a successful outcome.

SURGERIES PERFORMED



■ NEUROMODULATION ■ DISCONNECTION SURGERIES ■ RESECTION OF EPILEPTIC FOCUS

USAGE OF NEUROMONITORING

(6 cases required the use of multiple neuromonitoring techniques)



■ ElectroCorticography (ECoG) ■ Motor Evoked Potentials (MEP)
 ■ SomatoSensory Evoked Potentials (SSEP)

V2-4

Anaesthesia Management in a Rare Skeletal Dysplasia - Desbuquois Syndrome: A Case Report

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Background: This report elucidates the management of a 21 month old patient - weighing 5kg with a height of 68cm - with Desbuquois syndrome undergoing bilateral knee deformity correction. Desbuquois syndrome has an incidence of less than 1/1,000,000 live births. The disorder was first described in 1966 and since then less than 50 cases have been reported, with wide heterogeneity in characteristics. Only 2 reports exist on the anaesthesia management in a pediatric patient. It has a reported mortality of > 33%, attributed mostly to respiratory causes, with peak incidence of death being in infancy. Our child had characteristic features - flat face, micrognathia, hypoplastic abdominal musculature, bell-shaped thorax, hyperflexible joints, knee dislocation, clinodactyly, a short neck and dwarfism.

Case Description: Our pre anaesthetic evaluation revealed potential difficulties with obtaining intravenous access, positioning, difficult airway and difficulty in placing a regional block in view of anatomical distortions. We also expected to face respiratory insufficiency post anaesthesia. Our plan was an inhalational induction followed by airway management via an LMA, with endotracheal intubation being plan-B, followed by caudal analgesia, and post-operative ICU standby in case of respiratory insufficiency. The airway proved challenging; a 1.0 i-gel LMA did not provide adequate seal, following which two intubation attempts were needed - first with a 4.0 uncuffed ETT and the second successful one with a 3.5 uncuffed ETT, railroaded over a 8Fr FROVA. We postulate a subglottic narrowing as, by age, the child should have accommodated a 4.5 sized ETT, which, despite adequate visualisation of the glottis, could not be passed. The caudal block was also difficult, requiring two attempts by a senior anaesthetist. Post-procedure the child was extubated following full recovery from neuromuscular blockade.

Discussion: A literature review allowed us to surmise the general problems associated with this patient population, and even though anaesthesia related reports were only 3 in total, the general reviews helped us anticipate potential problems. This and a keen clinical judgement form the cornerstones of anaesthesia management in patients with rare illnesses. Additionally, Desbuquois syndrome patients could have a component of subglottic stenosis complicating their airway, and this needs further study, as we still do not know the full phenotypic expression of this disease.



V2-5

Perioperative Management of a Preterm Infant for Subgaleo-Ventricular Shunt

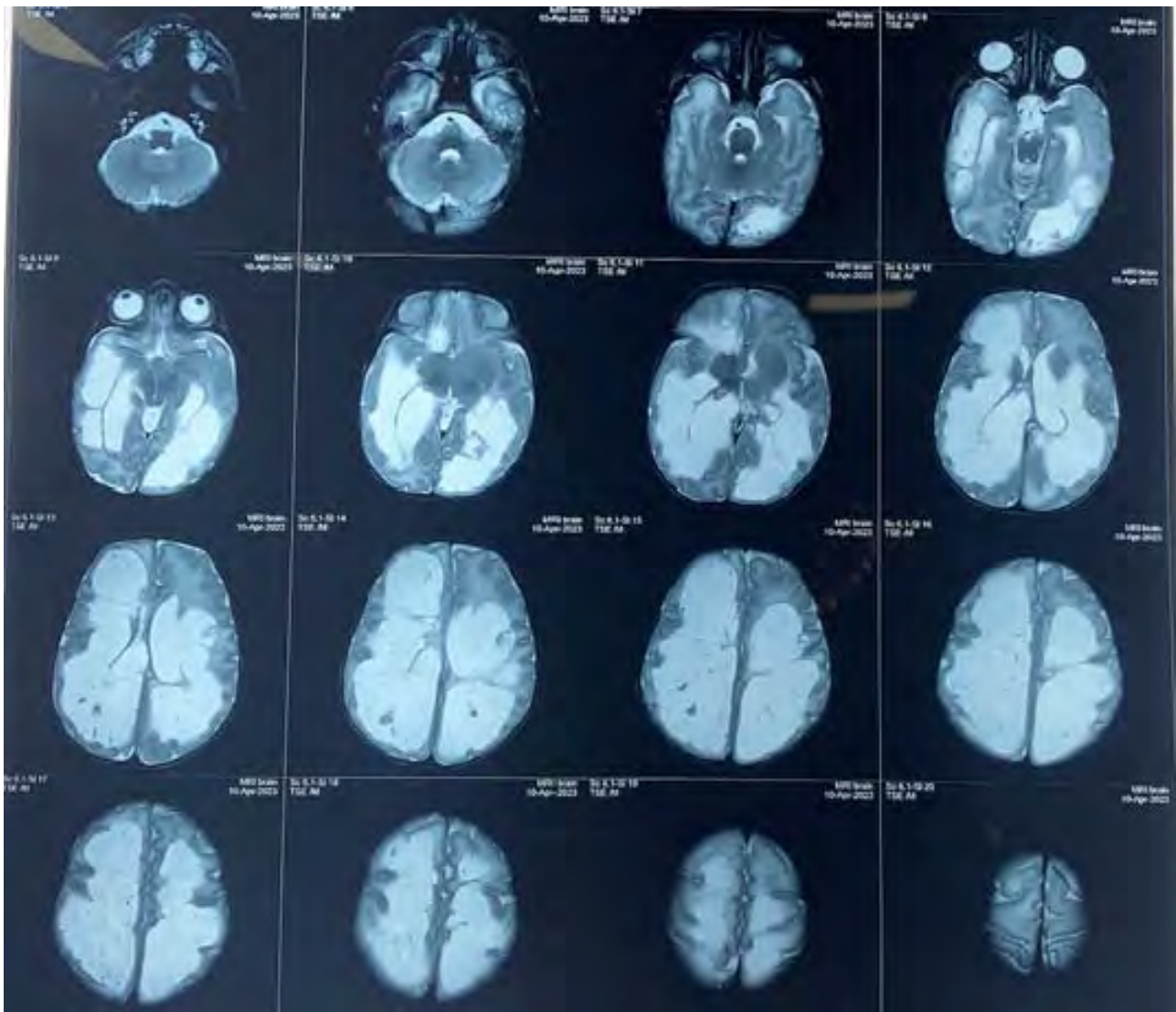
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Background: Perioperative management of a hydrocephalitic preterm neonate is complex due to the raised intracranial pressure (ICP) and comorbidities related to prematurity. We report a 28 day old preterm baby (35 weeks post conceptional age) posted for subgaleo-ventricular shunt.

Case Description: A neonate with history of respiratory distress and necrotising enterocolitis with intermittent episodes of apnoea and desaturation on caffeine infusion presented to us for Subgaleo-ventricular shunt. Serial Neurosonography showed periventricular flare with increasing cystic areas bilaterally with aqueductal septum. The child weighed 1.83 kg was active but hypotonic with bulging anterior fontanelle. Packed red blood cell was transfused to increase the haemoglobin from 6 to 10g/dl. We intubated the baby in PICU considering the apnoea episodes. In OT standard monitoring was done. Anaesthesia was induced and maintained with oxygen, air and sevoflurane. Pressure control mode of ventilation was used to maintain ETCO₂ between 30 to 35 mmHg. FiO₂ was adjusted to keep saturation above 95%. Care was taken to keep baby warm. Surgery lasted for 40 minutes with negligible blood loss. Postoperatively the child was shifted to PICU and extubated after 2 hr. Ventriculoperitoneal shunt was planned for a later date.

Discussion: Subgaleo-ventricular shunt is a temporary measure to reduce the compression on brain tissue in preterm infants as they are not candidates for VP shunt due to reduced capacity of peritoneum to absorb CSF and increased susceptibility to infection due to the immature immune system. Hydrocephalous in these babies can be associated with congenital anomalies. Additionally, these babies can have problems of low birth weight, anemia, coagulopathy, jaundice, respiratory disease, and persistent fetal circulation. The anesthetic plan should take into consideration these factors. Airway management and positioning is challenging due to the macrocephaly and large occiput. Elevating the shoulder with a roll facilitates laryngoscopy. Measures should be taken to avoid increase in ICP. Anaesthetist should be alert to bradycardia, hypertension, and respiratory changes which may occur due to brainstem compression. Apnoea monitoring is important after extubation in addition to neurological monitoring and some babies may need respiratory support. Thus these babies can pose a multitude of challenges for the anaesthesiologist but one can tackle these issues with proper preparation.



V2-6

Ultrasound Assessment of Cricothyroid Membrane (CTM) in Children with Respect to Front of Neck Access - An Observational Study

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Background: "Cannot intubate, cannot ventilate" (CICV) is a rare, but life-threatening situation. Cricothyroidotomy is recommended for CICV scenario¹. The size of device for cricothyroidotomy is dependent on multiple factors². There is inadequate literature on age-wise anatomical considerations for cricothyroidotomy in children.

Methods: This is an observational study on 69 children (age > 6 months to 6 years) posted for any procedure under anesthesia. We would do an ultrasound evaluation of CTM after induction. The Primary outcome was to see the dimensions (height and width) of CTM, to see any Overlap of thyroid cartilage by hyoid bone, and presence of any vascular structures over CTM, the secondary outcomes are to see the usefulness of ultrasound, to describe the difficult nature of airway according to age.

Results: 69 children took part in this study, the average CTM height was 0.505 cm and width was 0.48 cm, we observed overlap of the hyoid bone in 4 cases (P value 0.017), all of them belonged to age group <12 months and we found vascular structures near CTM in 29 patients, and it took 139.53 seconds with an SD of 26.76 to do the scan. Demographics are included in Tables 1& 2.

Conclusion: There is an association between age concerning height and width of CTM. The width of CTM is smaller than height in children <5 years of age which needs to be considered when planning cricothyroidotomy in this age group. Significant overlap of hyoid bone is seen in age < 1yr and also the average time taken to do the scan(154.6 seconds) in children less than 1 year of age is more when compared to other age groups. This helps in assessing the difficulty in cricothyroidotomy.

Anaesthetic Implications and Considerations in Children with Permanent Pacemaker for Non-Cardiac Surgery: A Report of 2 Cases

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Background: Complete heart block is a common complication after correction of congenital heart defects. Increasing number of paediatric patients with permanent pacemaker (PPM) are encountered by anaesthesiologists for non-cardiac surgery due to high survival rate. We report 2 toddlers with complete heart block on PPM anaesthetised for non-cardiac surgery.

Case Description: Table 1 summarized relevant history, anaesthesia and analgesia regime for both patients. General anaesthesia was tailored to surgical needs. Standard monitors were attached, 5 leads ECG with pacemaker detector was used to monitor pacing activities. After surgery, they were extubated and discharged to ward. No PICU admission required.

Discussion: A child with PPM needs a thorough preoperative evaluation and multidisciplinary plans. Primary focus is to assess patient's cardiovascular status based on history, examination and investigations (ECG, CXR - Figure 1 & ECHO). Followed by interrogation of the PPM (type, mode, parameters & battery lifespan). Patient's dependency on PPM has to be established and factors affecting myocardial pacing threshold (electrolytes & acid-base abnormalities) must be optimised. Anaesthesiologist must understand physiology and pharmacology effects of anaesthesia towards paediatric cardiovascular system. Anaesthetics (propofol, dexmedetomidine, remifentanyl) that suppresses AV or SA node may abolish intrinsic heart rate and render the patient PPM dependent. Anxiety and surgical stress may affect pacing threshold and increase myocardial oxygen demands. Thus, consideration should be made to increase pacing rate to meet the metabolic demand prior to induction. In our cases, the pacing rate was adjusted from 80 to 100 bpm then reduced back to 80 bpm after the surgery. Intraoperatively, monopolar electrocautery is the commonest exogenous source of electromagnetic interference (EMI) hazard. The EMI may trigger abnormal sensing causing pulse generator inhibition and malfunction. Ultrasonic scalpel and bipolar cautery are recommended against monopolar to minimise EMI. Monopolar is to be used at lowest feasible energy with only 1s short burst and 10s interval pause. In summary, it is crucial to understand effects from anaesthesia and EMI from surgery to formulate perioperative plans and prevent device-related interactions. In modern PPM, magnet and mode reprogramming rarely necessary but the pacing rate should be tailored to anaesthesia technique and agents use.

	CASE 1	CASE 2
DEMOGRAPHIC	3 year old 23.9kg ASA III	3 year old 13kg ASA III
RELEVANT HISTORY	<p>1. Atrioventricular septal defect (AVSD) in failure on oral frusemide and spironolactone; status post</p> <ul style="list-style-type: none"> • pulmonary artery banding at 2 month old. • pulmonary artery de-banding and augmentation, atrioventricular canal & valves repair, and posterior annuloplasty at 17 month old • complicated with complete heart block, PPM inserted on POD 14. • anti-failures discontinued 3 months after surgery 	<p>1. Ventricular septal defect (VSD) with pulmonary stenosis and small right ventricle in failure on oral frusemide, spironolactone and captopril; status post</p> <ul style="list-style-type: none"> • VSD and right ventricular outflow tract resection at 3 month old. • complicated with complete heart block and low cardiac output syndrome with multi organ failure, PPM inserted on POD 7. • required prolong ventilatory support, discharged 3 months later • anti-failures discontinued 6 months after surgery
PACEMAKER DETAILS	<p>Evity 8 DR-T, BIOTRONIK</p> <ul style="list-style-type: none"> • Dual chamber - Epicardial • Bipolar system • DDDR mode • Pacing rate of 80 bpm <p>Patient is pacemaker dependent</p>	<p>Epyra 6 DR-T, BIOTRONIK</p> <ul style="list-style-type: none"> • Dual chamber - Epicardial • Bipolar system • VVI mode • Pacing rate of 80 bpm <p>Patient is NOT pacemaker dependent. Heart rate 90 – 100bpm</p>
SURGICAL DIAGNOSIS & OPERATION	<p>Left Undescended testis</p> <ul style="list-style-type: none"> • Left orchidopexy • Generator to surgical site distance 12cm 	<p>Bilateral profound sensorineural hearing loss</p> <ul style="list-style-type: none"> • Right cochlear implant surgery • Generator to surgical site distance 26cm
ANAESTHESIA & ANALGESIA	<ul style="list-style-type: none"> • GA spontaneous <ul style="list-style-type: none"> • Sevoflurane maintenance • Lt ilioinguinal block + scrotal infiltration • IV Fentanyl 1mcg/kg • IV Ketamine 0.1mg/kg • IV Dexamethasone 0.2mg/kg 	<ul style="list-style-type: none"> • GA IPPV <ul style="list-style-type: none"> • TCI Propofol • TIVA Remifentanyl • Field-block by surgeon • IV Ketamine 0.1mg/kg • IV Paracetamol 15mg/kg • IV Dexamethasone 0.2mg/kg • IV Morphine 0.05mg/kg (end)
PACEMAKER CONCERNS & MANAGEMENT	<p>1. Pacemaker dependent</p> <ul style="list-style-type: none"> • Increase pacing rate to 100 bpm prior to induction • reprogrammed to 80 bpm prior to extubation 	<p>1. TIVA abolish intrinsic heart rate</p> <ul style="list-style-type: none"> • Increase pacing rate to 100 bpm prior to induction • reprogrammed to 80 bpm in PACU after extubation

Table 1. Summary of the cases.



Figure 1: CXR of case 1 and case 2, showing PPM with bipolar pacing wire system (two wires implanted at epicardium of designated chamber). Generator was embedded at epigastrium in case 1 and umbilical quadrant in case 2.

V2-8

Spinal Anaesthesia: The Choice in Preterm Neonates with Chronic Lung Disease

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Introduction: Chronic lung disease (CLD) is an important cause of morbidity and mortality in preterm infants. General anesthesia adds insult to the injury by increasing the risk of apneic spells and incidence of post operative mechanical ventilation in these infants. We present a case series of twenty preterm neonates with chronic lung disease who were given spinal anesthesia for inguinal hernia repair.

Case Description: Preterm babies with CLD are given spinal anesthesia for inguinal hernia repair in our institute. Routine preoperative evaluation including cardiac and neurological assessment, complete blood count and coagulation profile is done. Intravenous access is secured in the NICU. One hour prior to the procedure EMLA patch is placed on the lower back at the proposed site of lumbar puncture. In the operating room, care is taken to keep the babies warm, ASA standard monitors are connected, and dextrose-soaked pacifier is used to keep the infant quiet. Maintenance rate of appropriate IV fluid is given. If the baby is on oxygen or nasal CPAP, the same is continued intraoperatively. Sub arachnoid block is performed in the lateral position. EMLA patch is removed, and the area prepped with warm betadine solution. 26G hypodermic needle is used to give the block and 0.2mL/kg of 0.5% heavy bupivacaine is injected intrathecally using an insulin syringe. No sedatives are given and post-operatively they are shifted back to the NICU. The average gestational age of our group at surgery was 41.25 ± 10.7 SD and the weight of the babies was 2.7 ± 1.9 SD. The block was effective in all cases and there were no cardiorespiratory events in the period during and following the procedure.

Conclusion: Anesthetic management of preterm infants with chronic respiratory sequelae of prematurity is very challenging. Subarachnoid block is a safe and effective alternative to general anesthesia in these babies.

	Gestational age at surgery	Weight at surgery	at	Gestational age at birth	Weight at birth
Mean	41.25	2709.5		31.7	1625.25
SD	5.3496	951.76		3.09	656.68
2 SD	10.699	1903.52		6.19	1313.36





Day 3_Room C

Abstract Presentation 5 (In-person)

Chair(s): Hyo-Jin Byon (Korea)
Hye Mi Lee (Korea)

AP5-1

**Predictors of Sedation Failure with Initial Dose of
Intranasal Dexmedetomidine and Oral Midazolam for
Pediatric Procedural Sedation**

Withdrawn

AP5-2

Retrospective Study on an Inhalational Sevoflurane Technique for Ex-preterm Infants Undergoing Elective Inguinal Hernia Surgery

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Background: Awake regional anesthesia in high-risk infants can be challenging and sedation is associated with apnea. However, sevoflurane for procedural sedation with minimal airway intervention may have a lesser frequency of complications.

Methodology: Over a year, retrospectively data on ex-preterm infants who underwent routine hernia surgery were included in this study. All infants were optimized preoperatively with blood transfusion for anemia (<10 g/dL) and caffeine. They were sedated with inhalational sevoflurane, and then given regional anesthesia (caudal alone for unilateral repair & combined spinal/caudal anesthesia for bilateral repair), and the airway maintained with mask/LMA via spontaneous ventilation. In the event the child moved on incision, failed block was considered and intubation with paralysis was done. The efficacy of the technique was assessed via the number of attempts of regional anesthesia, incidence of bloody tap, failed block and the type of airway intervention (mask/LMA/ ET). Post operatively the infant was monitored specifically for apnea, bradycardia and hypotension. Data analysis was performed with counts/percentage for parametric data and ANOVA multivariate analysis for the continuous variables.

Results: In a sample size of forty infants, most infants were between 40-52 weeks post conceptual age (PCA). 18 infants were anemic and transfused packed cells a day prior to surgery. The airways were maintained via pro-seal LMA in 26, mask in 14 infants, and no failed blocks were noted. 16 infants received caudal anesthesia in 1st attempt with no bloody tap (100% success), and in the combined regional of 24, a second attempt (88% success with 1st attempt) was needed in 3 out of 24, incidence of 4% of bloody tap. Two infants developed apnea [incidence 5%] both <45 weeks PCA with anemia and weight <2kgs not needing further intervention.

Discussion: Sevoflurane has been used in preterm infants as the sole sedation technique for injections retinopathy of pre-maturity as it preserves spontaneous ventilation. Combining sevoflurane with a regional anesthetic in these high-risk ex-preterm infants allows minimal airway intervention and a better success rate of regional administration with no failed blocks. Apnea of pre-maturity is seen up 60 weeks PCA with added risk in previous apnea, anemia, neurological disease, sepsis, metabolic derangement and anesthetic drugs. Optimizing the preoperative anemia and caffeine alongside close monitoring gave a lower incidence of apnea comparable to previous studies.

The Use of Dexmedetomidine for Pediatric Patients with Conjoined Twins undergoing Computed Tomography Thoracoabdominal

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Introduction: Conjoined twins are a very rare developmental accident of uncertain etiology. Prevalence has been previously estimated to be 1 in 50,000 to 1 in 100,000 births.

Objective: To investigate a case report using Dexmedetomidine for sedation management in conjoined twins patients.

Case Study: A - 4 months old baby girl referred to Saiful Anwar Hospital, Malang to be scheduled for a separation surgery. Before the separation surgery, pediatric surgeon need a radiology imaging to know the fusion between the two babies. The Pediatric - surgeon need an imaging from CT thoraco-abdominal with contrast We do the pre-operative visit to the patient, we decide to do the sedation with Dexmedetomidine as the regiment of choice for the patient. The challenging part in anesthesia for this patient is the CT scan room is not prepared for two individuals being anesthetized in one time. So that, we prepared the CT scan room with double set equipment, labeled the infants and put color code for each infant 1 day before the procedure. We also gathered a special team and do the simulation one day before the procedure. We monitored the patient with ASA standard monitoring for pediatric. Before the induction, we inject the first baby with atropine 0,01 mg/kg (IV), to observe if there is a raising heart rate to the second infant, and turn out there is no increasing heart rate to the second infant. As the induction regiment, dexmedetomidine loading dose 2 mg/ kg over 10 minutes for each baby. After the loading dose, we start the maintenance dose with Dexmedetomidine 0,4 mcg/kg/h.

Conclusion: Ambulatory for conjoined twins is challenging. We prepared two anesthesia machines, doubled every drug and labeled each equipment with color code. We use blue and red sticker for every drug and other equipment so that if the patient fell in an emergency situation, each baby had their own drugs, equipment and anesthesia machine. Dexmedetomidine could be drug of choice for TIVA in ambulatory for conjoined twin patient. Atropine injection with dose 0,01 mg/kg before the induction could be useful to predict the fusion between the babies. There is no respiratory depression for the patient.

AP5-4

Stirp Sugar Midazolam! New Formulation of Midazolam (Midazolam Loaded Oral Film Via Electrospinning)(Preliminary Study)

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Background: It is possible with effective premedication make comfortable for both the children and their family and doctors in the elimination of pre-operative anxiety and the opening of vascular access in children who will undergo surgery. In this context, it is aimed to develop the most suitable pharmaceutical form that can be used orally, high stability, taste tolerable, and non-cytotoxic, which can be easily accepted by the child, for routinely used drugs to calm children before surgery.

Methods: Water-soluble poly(vinyl alcohol) (PVA, MW: 30,000-70,000) was used as the polymer for green electrospinning (1). The film-forming property of PVA was evaluated by studying two different polymer concentrations. Briefly, PVA was dissolved in water at 90°C under magnetic stirring, and the solution was cooled to room temperature. Plasticizer, sweetener, color agent or aromatizer, saliva simulator, preservative and ethanol as an active pharmaceutical ingredient (API) solvent were added into the solution. Table was shown the formulation contents. Flow rate, voltage and the distance of the nozzle tip to the collector were changed as device parameters, and the optimum values were determined as 4 mL/h, 24 kV and 150mm, respectively.

Results: According to our results (Table), it was determined that PVA did not form fibers at low concentrations. Although the polymer concentration used varies with the molecular weight of the polymer, 15% w/v polymer concentration was sufficient to form fiber according to the PVA type used (2).

Discussion: As a result of the studies, it was seen that the best oral film was obtained with ODF3. In the ongoing studies, using the F3 formulation parameters, midazolam-loaded multilayer oral films which have in the middle layer containing the API will be prepared and their characterization will be made.

Funding: This work was supported by the Karadeniz Technical University Scientific Research Projects Coordination Unit (TAY-2021-9763 and TSA-2022-10503).

Refs: 1. Zhong T. et al., Carbohydr Polym, 2021; 2. Celebioglu A. et al., Carbohydr Polym, 2014

Sedation in a Child with Difficult Airway for Magnetic Resonance Imaging (MRI)

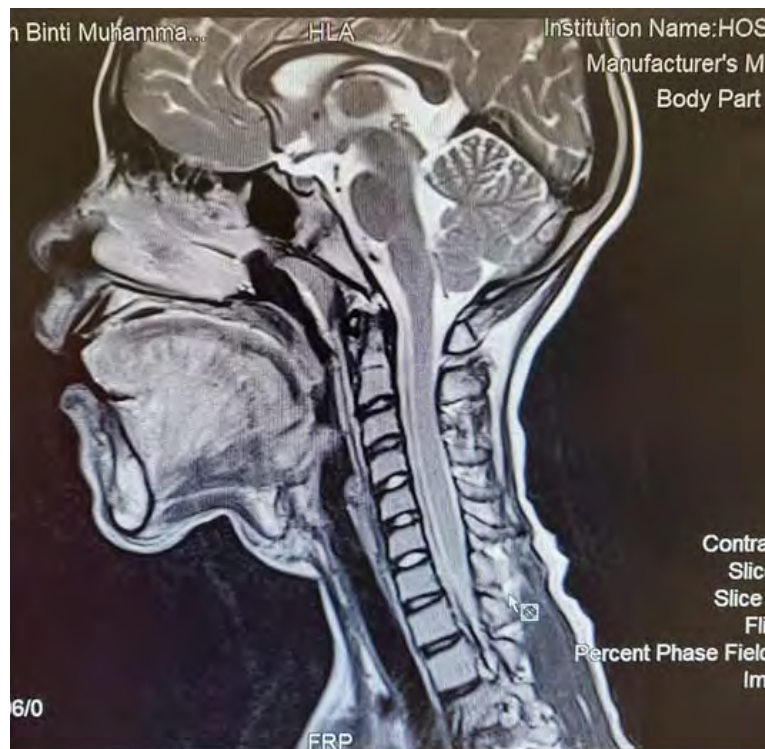
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Background: Magnetic resonance imaging (MRI) scans in children can be challenging to anaesthesiologists especially for patients with difficult airways. Current trend of procedural sedation using combination of dexmedetomidine and propofol shows promising results as they are associated with fewer respiratory events.

Case Description: A 9-year-old-girl, weighing 20kg with delayed developmental milestones and venolymphatic malformation of the neck, was scheduled for an MRI scan of the neck. She had 3 sclerotherapy injection for the neck mass and defaulted follow up for 4 years ago. The neck swelling has been increasing in size over the past 2 years. A nasoendoscopy showed crowded oropharynx with cystic lesion around epiglottis region. An attempt to sedate the child using chloral hydrate was unsuccessful thus she was posted for MRI under general anaesthesia. Pre-anaesthetic evaluation showed limited mouth opening with huge and diffuse neck swelling. Due to the anticipation of a difficult airway and possibility of 'cannot intubate, cannot ventilate' (CICV), the child was planned under sedation using a combination of dexmedetomidine and propofol with fiberoptic intubation (FOI) as backup. Once intravenous cannula secured, a loading dose of 1mcg/kg dexmedetomidine was administered over 10 minutes followed by an infusion of 1mcg/kg/h. Subsequently, propofol infusion was administered as an adjunct sedation at the rate of 2mg/kg/h, aiming to achieve Ramsay sedation scale (RSS) of 5. Simultaneously, continuous vital sign monitoring, pulse oximetry and end-tidal CO₂ were attached. After being transferred to the MRI room, the child received oxygen supplementation of 5 L/min through a facemask. During contrast administration, the child's airway became obstructed with the presence of stridor and oral secretions. Suctioning was done and airway patency was maintained with nasopharyngeal airway. Dexmedetomidine infusion was titrated up to 1.5mcg/kg/h to maintain RSS above 4. There were no episodes of desaturation and haemodynamic were stable. MRI was successfully done after 50 minutes to confirm the extent of swelling and airway narrowing. The child was monitored in recovery room until fully awake.

Discussion: The use of dexmedetomidine and propofol has helped to overcome these difficulties as the risk of airway obstruction is minimised, the induction and recovery was smoothed. This technique can be an option in managing difficult airway patients in remote setting.



AP5-6

A Balancing Act of Survival: A Case Report on the Anesthetic Management of an Ex Utero Intrapartum Procedure

Virtual

AP5-7

Effect of High-flow Nasal and Buccal Oxygenation on Safe Apnea Time in Children with Open Mouth

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Introduction: High-flow nasal oxygenation (HFNO) is being applied for various purposes, and its utility as method of oxygenation during preoxygenation and apnea for intubation has been studied. HFNO is reported to prolong duration of apnea while maintaining adequate oxygen saturation with the mouth closed. We aimed to examine whether the same effect can be expected when patients' mouth are open and planned a prospective study.

Methods: We compared the effectiveness of HFNO and buccal oxygenation (BO) in children with their mouth open, simulating airway management conditions. Thirty-eight patients, aged 0-10 yr were randomly allocated to either the HFNO group (n=17) or the BO group (n=21). After induction of anesthesia including neuromuscular blockade, manual ventilation was initiated until the expiratory oxygen concentration reached 90%. Subsequently, ventilation was paused, and the patient's head was tilted and mouth was opened. During apnea, the HFNO group received oxygenation at a flow rate of 2 L/min/kg while the BO group received oxygen to the buccal space via an oral Ring-Adair-Elwyn tube at a flow rate of 0.5 L/min/kg. Ventilation was resumed when pulse oximetry decreased to 92% or the apnea time exceeded twice the apnea time without any oxygenation previously reported, which was defined as 'success' in prolongation of safe apnea time.

Results: The success rate of safe apnea time prolongation was 100% in the HFNO group compared to 76.2% in the BO group ($p = 0.041$). In 5 patients who were unable to prolong safe apnea time, the average duration of apnea was 1.17 times longer than the apnea time without any oxygenation previously reported. Oxygen reserve index, end-tidal or transcutaneous carbon dioxide partial pressure, and pulse oximetry did not differ between groups during or after the apnea period.

Discussion: Although both of them prolonged apnea time, HFNO was superior to BO. The difference can be explained by flow rate and mechanism of oxygenation. As there was no difference in carbon dioxide level, we should be aware of hypercapnia during apneic oxygenation. In conclusion, we can consider HFNO as means of apneic oxygenation when attempting airway management in children. BO may also be useful for lengthening safe apnea time when HFNO is not available.

*This research was supported by a grant of Patient-Centered Clinical Research Coordinating Center (PACEN) funded by the Ministry of Health & Welfare, Republic of Korea (grant number : HC20C0060).

Table 1. Oxygenation and ventilatory parameters of patients received high-flow nasal oxygenation or buccal oxygenation. Values are mean \pm SD or median (IQR [range]).

	HFNO group (n = 17)	BO group (n = 21)	p-value
ORi TM after apnoea	0.2 (0.05 – 0.3 [0 – 0.8])	0.17 (0.08 – 0.25 [0 – 0.88])	0.337
Lowest ORi TM	0.18 (0 – 0.3 [0 – 0.75])	0.12 (0.06 – 0.22 [0 – 0.45])	0.908
Lowest S ₂ O ₂ (%)	100 (100 – 100 [97 – 100])	100 (100 – 100 [79 – 100])	0.622
Highest E _t CO ₂ (mmHg)	53.7 \pm 6.3	51.0 \pm 7.6	0.250
T _c CO ₂ after apnoea (mmHg)	56.7 \pm 19.6	57.6 \pm 9.0	0.870

Statistical comparisons were done Student *t*-test for normally distributed data and Mann-Whitney U test for nonparametric analysis.

HFNO group; High-flow nasal oxygenation at a rate of 2 L·min⁻¹·kg⁻¹ during apnoea, BO group; Buccal oxygenation at a rate of 0.5 L·min⁻¹·kg⁻¹ during apnoea, ORiTM; Oxygen reserve index, E_tO₂; End-tidal oxygen concentration, E_tCO₂; End-tidal carbon dioxide partial pressure, T_cCO₂; Transcutaneous carbon dioxide partial pressure

AP5-8

Near-infrared Spectroscopy Monitoring Failure in a Patient with Chronic Hypoxemia Undergoing Total Correction of Tetralogy of Fallot

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Background: Near-infrared spectroscopy is a reliable and non-invasive technique for monitoring regional blood flow and measuring regional oxygen saturation (rSO_2). While previous studies have shown that secondary erythrocytosis does not affect cerebral rSO_2 , profound polycythemia, in this case, appeared to impede the measurement of cerebral oxygenation by near-infrared spectroscopy.

Case Description: A 12-year-old boy from Cambodia was admitted with dyspnea, cyanosis, and activity limitations for total correction of tetralogy of Fallot. Four years earlier, the patient had undergone a right Blalock-Taussig shunt operation but had not received appropriate postoperative care and could not take antiplatelet medication due to financial constraints. Despite receiving 6 L/min of nasal prong oxygenation, the patient had severe hypoxia with pulse oximetry (SpO_2) of 72%. The preoperative blood test revealed secondary erythrocytosis, with a hematocrit of 71.3%. The patient underwent general anesthesia for open heart surgery according to the institution's protocol, and standard monitoring, including O3[®] pediatric regional oximetry (Masimo, Irvine, CA, USA), was applied. Regional oximetry was measured at four sites: the left and right forehead (S1 and S2), splanchnic (S3), and renal (S4) (Fig. 1). After the induction of anesthesia, the patient showed SpO_2 of 61-74% and partial pressure of oxygen (PaO_2) of 49 mmHg despite mechanical ventilation with a fraction of inspired oxygen (FiO_2) of 0.8. However, cerebral rSO_2 values (S1 and S2) were unobtainable until the initiation of cardiopulmonary bypass (CPB) (Fig. 2). While the initial intraoperative hematocrit was unmeasurable (>65%), after the initiation of CPB, hemodilution was achieved, resulting in hematocrit of 49%. The operation went smoothly, and the patient was successfully weaned from the cardiopulmonary bypass with the aid of inhaled nitric oxide. Post-CPB SpO_2 , PaO_2 , and hematocrit were relatively 100%, 104 mmHg, and 44% with a FiO_2 of 0.6.

Discussion: In this case, polycythemia may have contributed to the failure to monitor cerebral rSO_2 . This hypothesis is supported by the fact that cerebral rSO_2 monitoring became feasible after acute hemodilution. Medical professionals managing chronically hypoxemic children with significant secondary erythrocytosis should recognize the risk of cerebral rSO_2 monitoring malfunction.

Figure 1. Regional oxygen saturation monitoring sites. S1, left forehead; S2, right forehead; S3, splanchnic; S4, right renal.

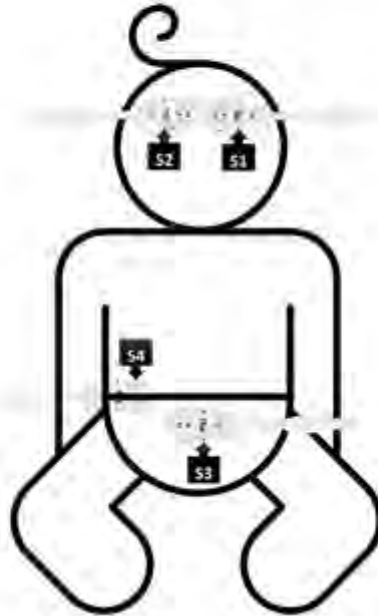


Figure 2. Anesthesia records of the patient from the induction of general anesthesia to the initiation of cardiopulmonary bypass. rSO₂, regional oxygen saturation; Hct, hematocrit; Op, operation; CPB, cardiopulmonary bypass.





Day 3_Room C

Abstract Presentation 6 (In-person)

Chair(s): Eun-Hee Kim (Korea)
Yong-Hee Park (Korea)

AP6-1

Implementation of “Goal Directed Bleeding Management” at Shahid Gangalal National Heart Center

Virtual

AP6-2

The Outcomes of PICC Insertion in Pediatric Patient at Siriraj Hospital

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Background: Peripherally-inserted central catheter (PICC) is widely used for intermediate- and long-term venous access. Venipuncture and catheterization in pediatric patients were challenging. Children's vein may become damaged by frequent and painful needle insertions. In Thailand, PICC was not yet prevailing even in adult patients and limited of the published works in pediatric patients. This study aims to demonstrate the outcome of PICC insertion in pediatric patients by the Anesthesia Line Service Team (ALiST) of a tertiary-care, university hospital in Thailand.

Methods: This is a retrospective, descriptive study which enrolled patients from January 2018 to December 2021. The inclusion criteria were pediatric patients (age < 15 years), body weight more than 5 kg with no history of previous complicated central venous accesses. The primary outcome is the success rate of insertion. The characteristic of patients, catheter, reason of removal and complications were also reported.

Results: A total of 1,850 PICCs were inserted during the study period in which 149 PICCs were inserted in pediatric patients. There were 63 boys and girls evenly. The median age of patients was 5.47 years (ranging from 3 months to 15 years). The median height was 106.06 cm (42-170 cm), while median weight was 20.10 (2.97-73.73 kg) The successful insertion rate was 99.21%. All of them were inserted by using ultrasound-guided technique, with or without fluoroscopy. No complications during insertion were noted. The mean indwelled catheter days were 66.48 days (4-402). A 4 French single lumen catheter was the most common PICC used (38.1%), followed by 3 French, single lumen (32.5%) and 5 French, double lumen (29.4%). Reason for removal of PICC lines were completion of therapy (50.86%), catheter malfunction (25.86%), infection (6.9%), and accidental removal (2.59%).

Conclusion: This is the first report for PICC lines insertion in pediatric patient in university hospital of Thailand. Our study showed the successes rate of 99.41%. PICC in pediatric patients are safe and low complications.

Routine to Risk-Based: A Pediatric Hemophilia B Case Report and the Adoption of Targeted Preoperative Blood Testing Practices with Questionnaires

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Background: In line with the principles of the Choosing Wisely campaign, which aims to reduce unnecessary medical tests and procedures, there has been an increasing emphasis on adopting risk-based preoperative blood testing practices in pediatric surgeries. Identifying patients with potential bleeding risks is crucial. This case presentation discusses a pediatric patient with hemophilia B who experienced postoperative complications, prompting our institution to shift from routine preoperative blood tests to a targeted approach using questionnaires.

Case Presentation: A 5-month-old male infant with small patent ductus arteriosus underwent inguinal hernia repair surgery. Preoperative blood tests were normal, and coagulation tests were not performed. Surgery was performed under general anesthesia with caudal epidural anesthesia. Postoperatively, a hematoma developed, and the patient was diagnosed with moderate hemophilia B. Further testing revealed a family history of the condition. This case highlights the importance of targeted preoperative assessments and a thorough family history review.

Discussion: Hemophilia B is a rare inherited bleeding disorder. Despite the consensus that routine preoperative blood tests for pediatric patients undergoing minor surgeries are neither cost-effective nor necessary, this practice remains prevalent in Japan. Implementing targeted questionnaires to assess patients' personal and family history of bleeding disorders can help identify those at higher risk and guide appropriate preoperative testing and management. Our experience has prompted a shift away from routine preoperative blood tests to a more targeted approach using questionnaires, focusing on individual patient risk factors.

Conclusion: The pediatric hemophilia B case report emphasizes the importance of adopting a risk-based approach to preoperative blood testing using targeted questionnaires to optimize patient assessment and ensure patient safety.

AP6-4

Use of Continuous Positive Airway Pressure during Sevoflurane Inhalational Induction Does Not Result in Faster Induction but Increases Sevoflurane Consumption

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Introduction: Inhalational induction of anaesthesia is more acceptable to children. Sevoflurane is inhalation anaesthetic agent of choice because of low pungency, a non-irritant odour, and a low blood: gas partition coefficient. Continuous positive airway pressure (CPAP) refers to the delivery of a continuous level of positive airway pressure. It is functionally similar to PEEP (positive end expiratory pressure) and is most commonly used in the management of sleep-related breathing disorders, cardiogenic pulmonary oedema and obesity hypoventilation syndrome.

Methods: A prospective, randomized controlled trial conducted at a single centre in New Delhi, India. Children aged 1-5 years, ASA physical status classification I-II, posted for ophthalmic examination under general anaesthesia. 129 subjects were included and randomized into three groups; group Z (Zero CPAP), group A (5 cm H₂O) and group B (10 cm H₂O) using a computer-generated random number table. Subjects were anaesthetized according to a predecided protocol. Important time points: Starting time (T₀), loss of eyelash reflex (T₁), first prick to IV access (T₂), placement of SGD (T₃), 15 seconds after SGD placement (T₄). 80 (62%) out of 129 patients recruited were males.

Results: No significant differences were observed in the anthropometric variables. No significant difference was observed in the time to induction and time to supraglottic device insertion between the study groups was noted. There was a significant difference in sevoflurane consumption between the study groups ($p < 0.05$). No difference in number of IV attempts, propofol requirement was observed in the two groups.

Conclusion: Use of CPAP during sevoflurane induction does not lead to faster induction but increases agent consumption.

Effect of Single-dose Intravenous Lignocaine versus Fentanyl on Neuromuscular Recovery Time after General Anesthesia in Elective Pediatric Surgery: A Randomized Controlled Pilot Study

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Background: Intra-venous (IV) lignocaine is often used to prevent the airway response to extubation, but may prolong the duration of action of neuromuscular blocking drugs (1). The primary objective of this study was to compare neuromuscular recovery time with IV lignocaine versus fentanyl, in pediatric patients undergoing elective surgery under general anesthesia (GA). Secondary objectives included comparison of clinical parameters and respiratory events.

Methods: A randomised double blinded pilot study was conducted in children aged 2-8 years undergoing GA with neuromuscular blockade, who received either 1.5mg/kg of lignocaine (LG) or 0.5 mcg/kg of fentanyl (FG) IV, just prior to giving reversal at a train of four (TOF) count of 2-3. Time to achieve TOF ratio of 0.9 and extubation was noted as well as hemodynamic and respiratory parameters. Incidence of coughing, bucking, laryngospasm etc. were also noted. Post hoc power analysis was done with a sample size of 21 in each group. P value <0.05 was considered significant.

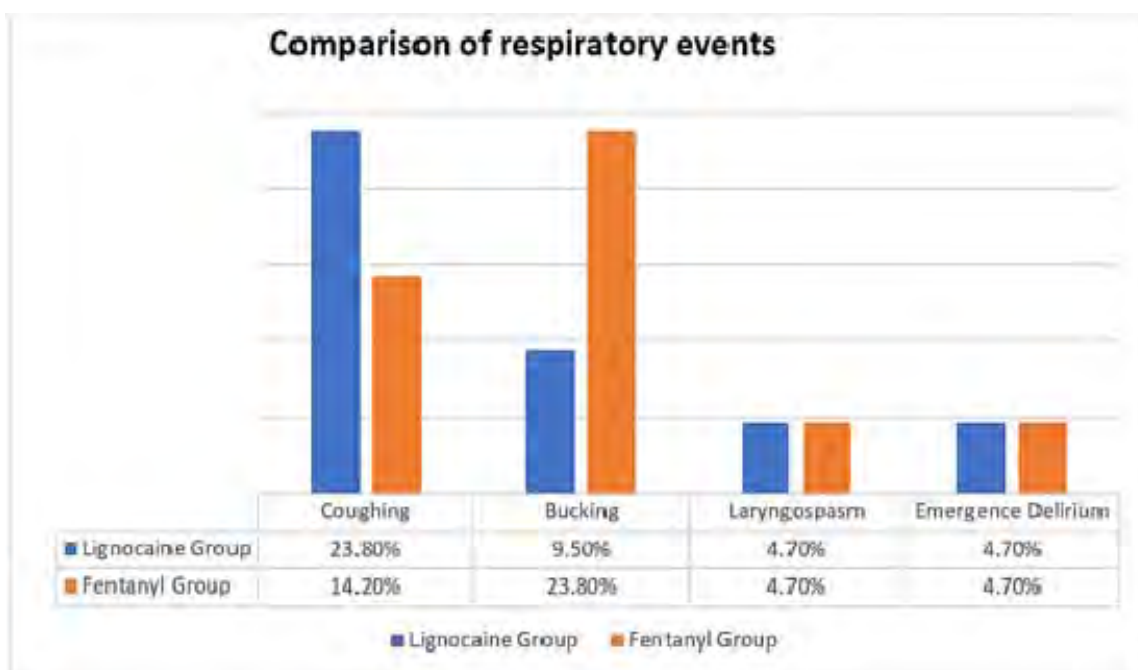
Results: Demographic, operative data and clinical parameters were similar in both groups (Figure 1). Time from reversal to TOF ratio of 0.9 was similar in both LG (6.79 ± 3.03 mins) and FG (6.79 ± 3.31 mins), $p=0.99$. Time to extubation was also similar in both groups (8.14 ± 3.31 vs 9.19 ± 2.89 mins). The incidence of bucking was more in FG (23.8%) vs LG (9.5%), $p=0.41$ (Figure 2).

Discussion: Klucka et al found the incidence of residual blockade neuromuscular blockade in pediatric population to be 48.2% in the operation room and 26.9% in post anesthesia care unit (2). Studies on lignocaine and neuromuscular recovery is lacking in pediatric surgeries. Single-dose IV lignocaine administered before reversal did not prolong neuromuscular recovery time compared to fentanyl, with a similar (low) incidence of respiratory events in pediatric patients. Thus, both fentanyl and lignocaine can be safely used in pediatric patients to prevent perioperative adverse respiratory events, guided by intra-operative neuromuscular monitoring.

References: 1. Bryssine B, Maurin C, Soubiroud JL, Ksarelouf M, Roche O. Abstract PR425: Interaction of Intravenous Lidocaine with Neuromuscular Blocking. *Anesthesia & Analgesia*. 2016 Sep 1;123(3S):538.; 2. Klucka J, Kosinova M, Krikava I, Stoudek R, Toukalkova M, Stourac P. Residual neuromuscular block in pediatric anaesthesia. *Br J Anesth*. 2019 Jan;122(1):e1-e2

Table 1: Comparison of haemodynamic and respiratory parameters

S.no.	Characteristics		LG (n= 21)	FG (n= 21)	P Value
1	Heart Rate	Baseline	106 ± 21.02	102.05 ± 19.41	0.530
2		At reversal	108.85 ± 20.54	117.28 ± 20.48	0.191
3		At extubation	119.57 ± 20.73	126.71 ± 28.49	0.359
4		5 mins post extubation	108.80 ± 23.03	119.33 ± 26.17	0.174
5	SBP (mm Hg)	Baseline	94.52 ± 12.84	98.81 ± 15.56	0.338
6		At reversal	99.85 ± 10.05	105.71 ± 14.06	0.129
7		At extubation	107.24 ± 10.52	112.71 ± 13.72	0.155
8		5 mins post extubation	101.43 ± 14.72	104.76 ± 12.79	0.438
9	DBP (mmHg)	Baseline	56.19 ± 11.10	55.95 ± 13.49	0.951
10		At reversal	50.09 ± 9.52	62.42 ± 11.11	0.303
11		At extubation	67.47 ± 11.90	67.19 ± 12.33	0.9395
12		5 mins post extubation	60.76 ± 12.39	63.05 ± 10.45	0.522
13	Respiratory Rate	Baseline	20.71 ± 3.29	19.67 ± 4.69	0.408
14		At extubation	28.71 ± 7.19	26.76 ± 6.95	0.377
15		5 mins post extubation	23.24 ± 7.61	24 ± 6.01	0.721
16	SPO₂	Baseline	99.28 ± 0.46	99.52 ± 0.51	0.183
17		At reversal	99.23 ± 0.62	99.23 ± 0.62	0.989
18		At extubation	99.52 ± 0.51	99.47 ± 0.60	0.908
19		5 mins post extubation	99.42 ± 0.51	99.57 ± 0.59	0.364



The Perioperative Coagulation Profile in Pediatric Patients Undergoing Liver Transplant Surgery

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Background: Bleeding and coagulopathy remain challenging in pediatric liver transplant perioperative management. Thromboelastography (TEG) is a point-of-care test that may be utilized to guide therapy. However, the benchmark intra- and postoperative data, especially regarding coagulation complications in pediatric liver transplant patients, still need to be made available.

Aim: To summarize the perioperative trend of coagulation profile in children undergoing liver transplant surgery.

Methods: We conducted a descriptive study based on medical records, including all pediatric patients who received liver transplants from October-April 2023 in Cipto Mangunkusumo Hospital, Indonesia. We collected conventional coagulation profile data (platelet count, prothrombin time (PT), and activated partial thromboplastin time (APTT)) before and after the transplant. TEG profiles were collected before induction of anesthesia, at the anhepatic, and reperfusion phases. We calculated the difference in values by using SPSS ver. 28.

Results: The analysis included ten patients [1.82 (0.90) years, 10.21 (1.41) kgs] with cirrhosis due to progressive familial intrahepatic cholestasis (n=1) and biliary atresia (n=9). During the postoperative period, all patients had lower platelet count (p=.002), longer PT (p=.002), and longer APTT (p=.034) compared to preoperative values. Compared to pre-induction, the children had longer clot formation time (K) (p=.012), smaller α angle (p=.020), lower maximum amplitude (MA) (p=.023), lower generated value (G) (p=.035), and lower estimated percent lysis (EPL) (p=.048) at anhepatic phase. In contrast, they had longer K (p=.032), smaller α angle (p=.047), lower MA p=.031, and lower G (p=.022) in the reperfusion phase. All TEG parameters between the anhepatic and reperfusion phases were similar.

Discussion: The lower platelet, longer INR, and longer APTT ratio trend showed impaired hemostasis ability during the postoperative period. Furthermore, the TEG trend suggested that the impairment had started at the anhepatic phase of liver transplant surgery and persisted to the reperfusion phase. Periodic TEG monitoring during the anhepatic and reperfusion phase may be beneficial to anticipate and immediately correct coagulation problems, especially in patients with prolonged anhepatic phases. Future studies may explore further use of periodic TEG and its effect on intra- and postoperative coagulation-related complication rates and other clinical outcomes.

Table 1. Perioperative conventional coagulation profile in children undergoing liver transplant

Coagulation profile	Pre-operative	Post-operative
Platelet count (/ul)	161,625 (97,228.65)	51,375 (36,947.60)
INR (PT ratio)	1.07 (0.14)	1.81 (0.43)
APTT ratio (patient: control)	1.25 (0.21)	2.27 (1.18)

Values expressed as mean (standard deviation, SD). APTT=activated partial thromboplastin time; INR=international normalized ratio; PT=prothrombin time.

Table 2. Perioperative coagulation profile based on TEG in children undergoing liver transplant

TEG profile	Pre-induction	Anhepatic	Reperfusion
R time (min)	6.82 (1.65)	9.82 (5.37)	9.15 (5.14)
K time (min)	1.98 (0.88)	3.08 (1.22)	4.45 (3.33)*
α angle (°)	62.28 (12.77)	53.51 (10.27)	43.96 (21.63)
MA (mm)	63.06 (12.29)	54.44 (5.91)	46.11 (14.41)
G (dynes/cm ²)	9.86 (5.35)	6.41 (1.90)	3.95 (2.22)*
EPL	0.1 (1.64)*	0.00 (0.13)*	0.00 (0.20)*
A (mm)	62.80 (18.15)*	53.59 (9.29)	44.35 (12.07)*
CI	-1.64 (4.74)	-4.37 (4.96)	-5.71 (5.79)
LY30	0.1 (0.33)*	0.0 (0.30)*	0.0 (0.20)*

Values expressed as mean (standard deviation, SD). *Values expressed as median (interquartile range, IQR). EPL=estimated percent lysis; G=generated value; K time=clot formation time; LY30=clot lysis at 30 min; MA=maximum amplitude; SD=standard deviation; TEG=thromboelastography; R time=reaction time.

Experiences of Our Pediatric Anesthesia after Devastating Earthquakes in Turkey

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Background: 7.8 and 7.5-magnitude earthquakes, caused over 50,000 deaths and more than 122,000 wounded people, occurred in Kahramanmaraş on February 6, 2023. The healthcare system was affected by these earthquakes. Victims were transported to tertiary care hospitals. In this study, we aim to document anesthetic management of children victims who needed urgent surgical care.

Methods: 41 under 18 years old pediatric patients were admitted via air ambulance to undergo surgical operations after the first intervention in where earthquake-affected area. In this study, these patients' medical records were analyzed retrospectively. Demographic data, surgical procedures, anesthesia methods, intensive care needs, hours under ruins, complications, mortality, and morbidity of pediatric patients were reviewed. Descriptive statistics of all numerical variables, including medians, interquartile range (IQR), together with the proportions of all categorical variables were calculated.

Results: Of the 41 cases 27 (65.9%) were male and 14 (34.1%) were female, 1 (2.4%), 4 (9.8%), 5 (12.2%), 19 (46.3%) and 12 (29.3%) were infant, toddler, preschool, school age and adolescent, respectively. Median time spent under the ruins was 30 hours. Cranial 5 (12.2%), spinal 2 (4.9%), limb 39 (95.1%), thoracic 1 (2.4%), abdominal 5 (12.2%), burn 1 (2.4%) trauma were present among patients and 17 (41.5%) of whom developed Crush syndrome. The American Society of Anesthesiologists (ASA) Score was assessed as 4 in 14 (34.1%), 3 in 17 (41.5%), 2 in 10 (24.4%) patients. Fasciotomy 23 (56.1%), wound debridement 31 (75.6%), cranial surgery 1 (2.4%), limb amputation 5 (12.2%), fracture fixation 3 (7.3%), spinal fixation 2 (4.9%) and reconstructive surgery 3 (7.3%) times were carried out in the operating room under sedation 8 (19.5%), general anesthesiology 7 (17.1%) or both 26 (63.4%). Subsequently, of the patients 7 (17.1%), 17 (41.5%), 1 (2.4%), 2 (4.9%) were followed due to sepsis, acute kidney injury (AKI), osteomyelitis, and peripheral neuropathy, respectively. 31 (75.6%) patients were admitted to the intensive care unit (ICU) and 4 (9.8%) patients needed invasive mechanical ventilation after surgery, whose length of stay in ICU was 8 and all patients' median hospitalization days were 79. The percentage of exitus was 4.9%, remaining 39 (95.1%) were discharged (Table 2).

Conclusion: Ideal anesthetic management of these patients group may vary depend on available personnel, supplies and equipments.

Age (year), [median, (IQR)]	10 (5.5-13.5)
Infants	1 (2.4%)
Toddler	4 (9.8%)
Preschool	5 (12.2%)
School	19 (46.3%)
Adolescent	12 (29.3%)
Gender	
Male	27 (65.9%)
Female	14 (34.1%)

Hours under ruins [median, (IQR)]	30 (11.5-40)
First intervention at previous hospital	
Fasciotomy	25 (61%)
Limb amputation	5 (12.2%)
Diagnosis	
Cranial trauma	5 (12.2%)
Spinal trauma	2 (4.9%)
Limb trauma	39 (95.1%)
Thoracic Trauma	1 (2.4%)
Abdominal Trauma	5 (12.2%)
Burn	1 (2.4%)
Soft tissue injury	2 (4.9%)
Crush syndrome	17 (41.5%)
GCS on admission	
15	33 (80.5%)
14	4 (9.8%)
13	3 (7.3%)
8	1 (2.4%)
ASA score	
4	14 (34.1%)
3	17 (41.5%)
2	10 (24.4%)
Anesthesiology	
General	7 (17.1%)
Sedation	8 (19.5%)
Both	26 (63.4%)
Hospitalization days [median, (IQR)]	79 (42-82)
Surgical procedure	
Fasciotomy	23 (56.1%)
Wound debridement	31 (75.6%)
Total number	107
Cranial surgery	1 (2.4%)
Limb amputation	5 (12.2%)
Fracture fixation	3 (7.3%)
Reconstructive surgery	3 (7.3%)
Spinal fixation	2 (4.9%)
Complication	
Sepsis	7 (17.1%)
AKI	17 (41.5%)
Osteomyelitis	1 (2.4%)
Peripheral neuropathy	2 (4.9%)
Days in ICU [median, (IQR)]	8 (1.5-24.5)
Invasive ventilation requirement	4 (9.8%)
Exitus	2 (4.9%)



Day 3_Room D

Abstract Presentation 3 (Virtual)

Chair(s): Jin Hee Ahn (Korea)
Sung-Ae Cho (Korea)

V3-1

Bispectral Index Relation with Delirium in Post Cardiac Surgery Patients

AFAD Abro

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Introduction: postoperative delirium is a common complication in post-cardiac surgery patients. It is a leading cause of death and a big burden on economic resources. There are three types of delirium hypoactive, hyperactive, and mixed. In this study, we have mentioned a case study of a patient who presented cardiac symptoms in Kaunas Clinics, LSMU. After cardiac surgery, the patient was diagnosed as delirious based on CAM-ICU features.

PICO Question: in post-cardiac surgery patients, can the monitoring of anesthesia depth during surgery reduce the risk of delirium? Research Questions: what are the main risk factors of postoperative delirium? How to monitor the anesthesia depth? What is the relation between intraoperative depth level and postoperative delirium?

Methodology of the Research: the main sources of the literature review were Google scholar and web of science, which led to PubMed, NCBI, ScienceDirect, and the American Journal of Anesthesiology. An inclusion and exclusion criterion was applied according to keywords; Bispectral-index relation with delirium in post-cardiac surgery patients (184), dexmedetomidine use for delirium with post-cardiac surgery (33), dementia vs. delirium after cardiac surgery (80), in this prospective research study the 67 number of publications are included from 2013-2023 which were directly related to the theme of this study. To fulfill the study aimed to understand the Bispectral index relation with delirium in post-cardiac surgery patients. For this purpose, a patient observed who had undergone total surgery under general anesthesia with the help of volatile and non-volatile drugs as well as the depth of anesthesia was monitored through BIS.

Result & Discussion: in this study, it is revealed through the case study, meta-analysis, and literature review that the perioperative Bispectral index monitoring decreases the chances of delirium postoperatively and dexmedetomidine diminishes the delirious symptoms without causing respiratory depression.

Conclusion: delirium assessment needs the preoperative proper assessment and evaluation of a patient and finding out which comorbidity may cause delirium postoperatively. CAM-ICU tool is the best tool to assess delirium. Correction of the cardiac biomarkers and physical ASA classification has a greater role in elderly populations who are prone to develop delirium after cardiac surgery. During cardiac surgery, BIS monitoring can reduce the chance of delirium by reducing volatile

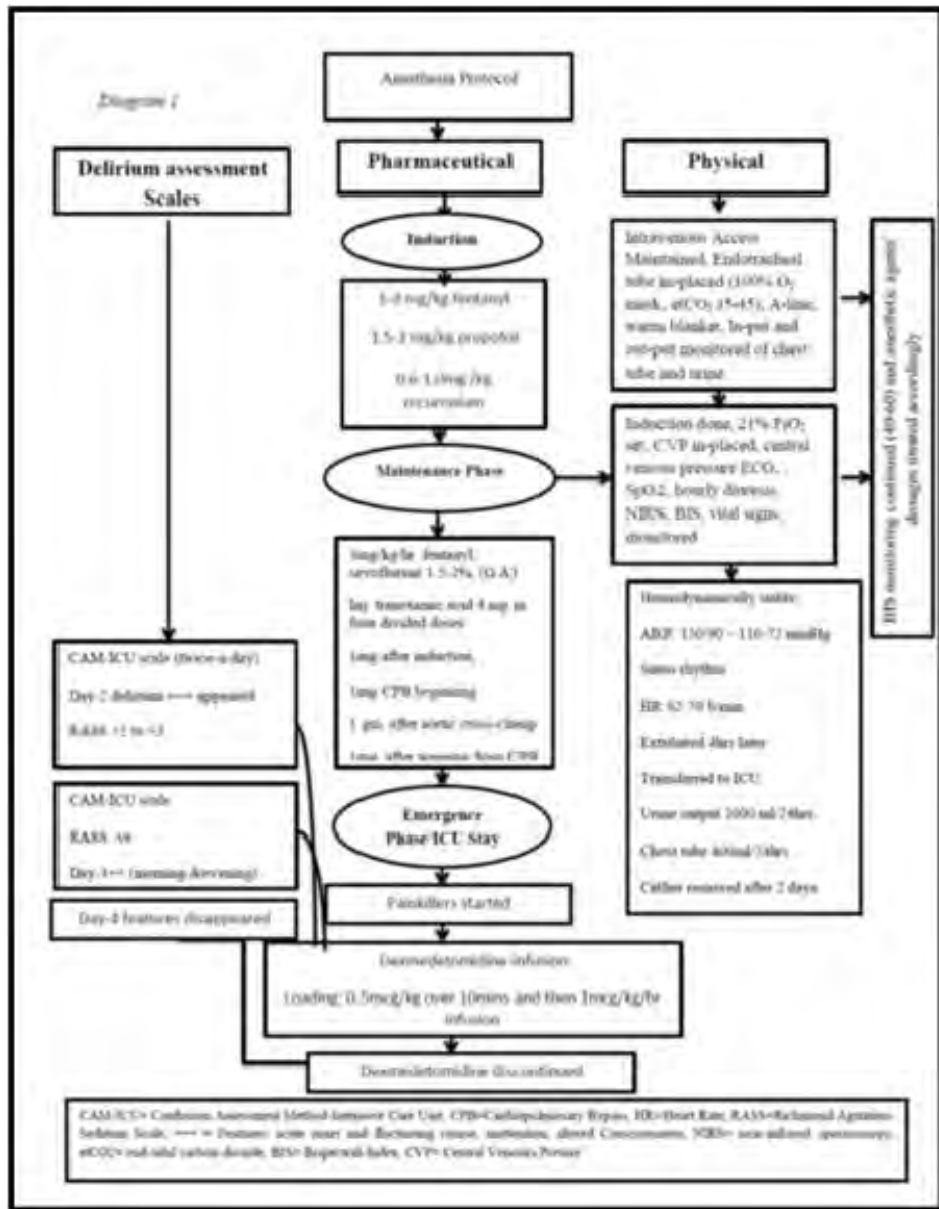


Table 3: Post-surgery delirium features appeared in the patient (Source: Author of study)

Postop day	acute onset and fluctuating course	inattention	altered C consciousness	disorganised thinking	Delirium
1 evening	⊗	⊗	⊗	⊗	⊗
2 morning	⊗	⊗	⊗	⊗	⊗
2 evening	⊙	⊙	⊙	⊗	⊙
3 morning	⊙	⊗	⊙	⊗	⊙
3 evening	⊙	⊗	⊙	⊗	⊙
4 morning	⊗	⊗	⊗	⊗	⊗
4 evening	⊗	⊗	⊗	⊗	⊗

Denotions: ⊗ = No, ⊙ = Yes

V3-2

The Impact of Oral Fluid Intake 1 Hour Prior to Surgery on Anxiety Levels and Gastric Volume in Pediatric Patients

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Background: Children and parents preparing for surgery often feel fear of the unknown, and hunger during the preoperative period adds to this anxiety. While preoperative fasting times have changed to allow clear liquid foods up to 1 hour before surgery, there is concern that this may increase the risk of aspiration. This study aims to investigate the effect of clear liquids given 1 hour before surgery on a child's anxiety and stomach volume during the preoperative period.

Materials and Methods: This study involved 90 pediatric patients aged 5-12 with ASA Scores of 1-2. They were divided into three groups: Group A (n=30) - standard fasting, Group S (n=30) - given 5 mL/kg (max 250 ml) of water orally 1 hour before, and Group K (n=30) - given 5 mL/kg (max 250 ml) of clear liquid rich in carbohydrates orally 1 hour before. Patients were evaluated with the modified Yale Preoperative Anxiety Scale (m-YPAS) before and 1 hour after receiving fluids. After intubation, the gastric antrum cross-sectional area (GACA) was measured, and gastric residual volume (GRV) values were calculated. Hemodynamic data, blood glucose levels, and parent satisfaction were recorded.

Results: One hour after the intervention, the measurements of m-YPAS were significantly lower in Group K than in Group S and Group A ($p < 0.001$). The GACA and GRV values were significantly lower in the groups that received carbohydrate drinks and water compared to the fasting group ($p < 0.001$). Parental satisfaction was highest in the group that received carbohydrate drinks.

Conclusion: Giving oral water and carbohydrate solution to children 1 hour before surgery reduces preoperative anxiety without increasing stomach volume. In fact, the intake of a carbohydrate solution is even more effective in reducing anxiety.

Improvement of Broviac Catheter-related Outcomes after the Implementation of a Quality Management System: A Before-and-after Prospective Observational Study

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Introduction: The tunneled Hickman-Broviac® catheter is widely used for neonates and young infants having difficult central venous access and requiring prolonged intravenous therapy, however, it needs surgical experience and nursing skills to prevent adverse outcomes. In our institution, high rates of catheter-related complications were previously observed. Because of the high rates of Broviac catheter complications, we started an urgent quality process to reduce this morbidity. The aim of this study is to assess the efficiency of the main actions we have taken in enhancing our practice and improving Broviac outcomes.

Methods: We included all neonates and young infants requiring surgical central venous access using a Broviac tunneled catheter. We compared the catheters' outcomes before and after the implementation of a quality program based on a nurse teaching program, patient selection, and catheter management multidisciplinary protocol. The significance threshold was set at $p < 0.05$.

Results: We included 94 patients: 51 in the protocol group and 43 in the control group. The complication rate was reduced from 60.3% to 25.5% with $p=0.001$. The lifetime of the catheter was improved from 11.3 ± 4.3 days to 19.1 ± 9 days with $p=0.007$. The catheter infection was reduced from 65.3% to 46.1% with $p \leq 0.001$.

Conclusion: This quality improvement project shows the utility of a quality assurance program based on careful indications and patient selection, a nursing teaching program, and a multidisciplinary catheter management protocol, in reducing Broviac catheter-related morbidity.

V3-4

Predictors of Perioperative Respiratory Adverse Events Among Children with a Cold Undergoing Pediatric Ambulatory Ilio-inguinal Surgery: Prospective Observational Research

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Background: Anesthesia for children with a cold has an increased risk of perioperative respiratory adverse events (PRAEs) that may be predicted according to the COLDS score. The aim of this study was to evaluate the validity of COLDS score in children undergoing ilioinguinal ambulatory surgery with mild colds and to investigate new predictors of PRAEs.

Methods: This was a prospective observational study including children aged from 1 to 5 years with mild symptoms of a cold proposed for ambulatory ilioinguinal surgery. The anesthesia protocol was standardized. Patients were divided into 2 groups according to the incidence of PRAEs. Multivariate logistic regression was performed to assess predictors for PRAEs.

Results: In this study, 216 children were included. The incidence of PRAEs was 21%. Predictors of PRAEs were respiratory comorbidities [aOR=6.3; 95%CI: 1.19-33.2; p=0.003], patients postponed before 15 days [aOR= 4.3; 95%CI: 0.83-22.4; p=0.029], passive smoking [aOR=5.31; 95%CI: 2.07-13.6; p=0.001], and COLDS score >10 [aOR=3.7; 95%CI: 0.2-53.4; p=0.036]

Conclusion: COLDS score was effective in predicting the risks of PRAEs even in ambulatory surgery. It seems that children with severe respiratory upper tract infections should be postponed for more than 15 days. Passive smoking and previous comorbidities were the main predictors of PRAEs in our population.

Intra Operative Fat Embolism in a Child With Osteogenesis Imperfecta -Double Whammy!

Snehal Tare¹, Nandini Dave²

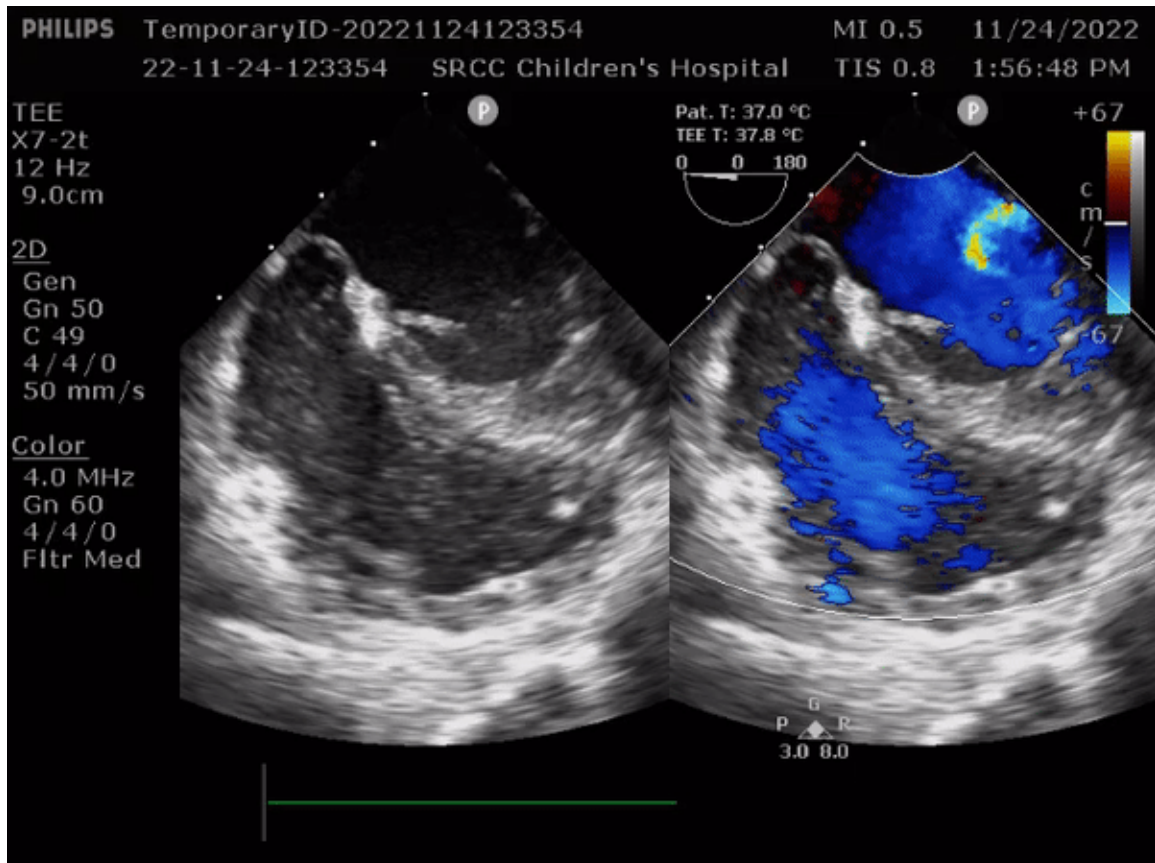
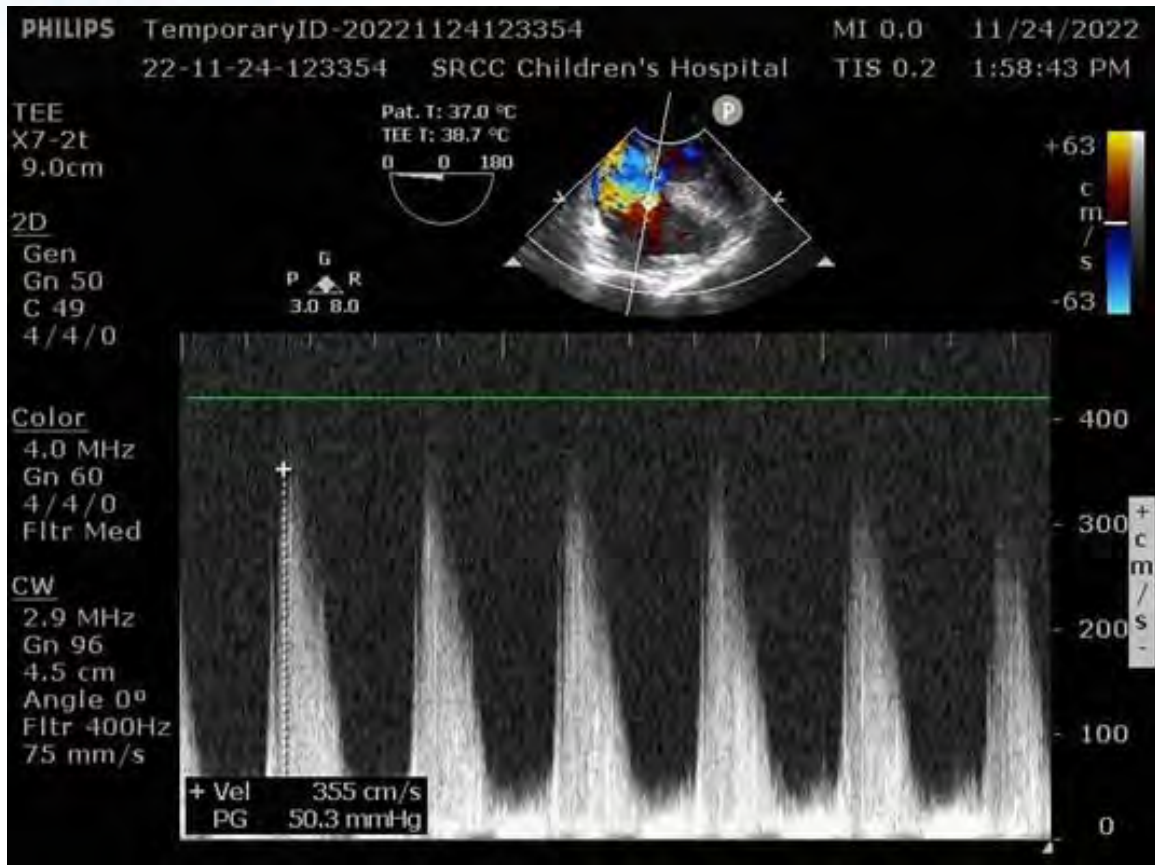
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Background: Osteogenesis imperfecta is an uncommon hereditary connective tissue disorder distinguished by fragile bones, hearing loss, defective dentition, and blue sclera. Difficult intravascular access, potentially difficult airway, pulmonary compromise, risk of intraoperative bleeding and hyperthermia are some of the many challenges for the anaesthetist. Fat embolism syndrome is rare in paediatric age group. It's a fatal complication of femur nailing surgery and is always diagnosed as an outlier; it may require cardiopulmonary support. This report describes an intraoperative fat embolism syndrome that occurred during intramedullary femur nailing in a young patient with osteogenesis imperfecta.

Case Description: A 11-year-old male with osteogenesis imperfecta and severe scoliosis, short stature, multiple limb deformities and obstructive sleep apnea; was scheduled for bilateral femoral osteotomies. Intraoperatively there occurred severe cardio-respiratory collapse during advancement of femur nail. The event included, a sudden drop in ETCO₂, hypotension, increased airway pressure with inability to ventilate, desaturation and bradycardia. Worsening of cardio-respiratory parameters led to pulseless electrical activity which needed cardiopulmonary resuscitation and adrenaline. A diagnosis of fat embolism syndrome was confirmed with transesophageal echocardiography and by eliminating other differentials. A successful ROSC was achieved followed by completion of surgery and postoperative stabilization.

Discussion: Most popular existing diagnostic criterias for FES are designed for spontaneously breathing, awake patients. Under general anaesthesia, diagnosing a fat embolism is challenging since the symptoms are obscured. In our case, management was also a challenge due to the high fragility of bones in osteogenesis imperfecta.



Risk Factors for Hickman-Broviac Catheter Complications: The Experience of a Tunisian Hospital

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Introduction: Hickman-Broviac catheters have improved the care of young children needing frequent and prolonged venous access at the cost of substantial morbidity, particularly in the developing countries. The aim of our study is to describe the experience of a Tunisian hospital and to look for the main risk factors for complications.

Methods: In this prospective observational study, we included all neonates and infants aged less than 12 months who were proposed for catheter Broviac insertion in the pediatric surgery department. Patients were divided into 2 groups according to the incidence of complications. Then, we compared the two groups. Univariate logistic regression analyses were used to determine the risk factors for complications.

Results: forty-three children were included in the study. The incidence of complicated catheters was 60.4%. The following factors were significantly associated with an increased risk of complications: age 6 months [OR 3.5, 95% CI: 0.6-19.3], weight 6 kg [OR 1.54, 95% CI: 0.46-5.2], emergency circumstances [OR 1.62, 95% CI: 0.8-5.4], and anti-biotherapy as an indication for Broviac catheter insertion [OR 1.8, 95% CI: 0.5-6.2].

Conclusion: Complications seem to be more frequent in patients younger than 6 months and those with a low weight of less than 6Kg and to reduce the morbidity related to the catheters, the indications should be carefully chosen.

V3-7

Complications and Risk Factors of Percutaneous Subclavian Vein Catheters in Pediatric Patients: Enhancing the Outcomes of a University Hospital in a Developing Country

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Purpose: Assessing central venous catheter-related complications with regular feedback and investigating risk factors is mandatory to enhance outcomes. The aim of this study is to assess our experience in the management of pediatric subclavian vein catheters (SVCs) and to investigate the main risk factors for complications.

Materials and Methods: In this prospective observational research, we included 3 months to 14 years children proposed for infraclavicular subclavian vein catheterization consecutively using the anatomic landmark technique. Patients were divided into 2 groups: Group 1 included complicated catheters and Group 2 included non-complicated catheters. The management protocol was standardized for all patients. After comparing the two groups, univariate and multivariate logistic regression were used to investigate the risk factors for complications.

Results: In this study, we included 134 pediatric patients. The rate of complications was 32.8%. The main complications were: Central Line-associated Bloodstream Infection (63.6%); bleeding and/or hematoma (22.7%); mechanical complications (13.6%); and vein thrombosis (13.6%). After adjustment for confounding factors, predictors of catheter-related complications were: difficult insertion procedure [aOR=9.4; 95%CI: 2.32-38.4], thrombocytopenia [aOR=4.43; 95%CI: 1.16-16.86], and comorbidities [aOR=2.93; 95%CI: 0.58-14.7]

Conclusion: High rates of complications were associated with difficult catheter placement and patients with comorbidities and severe thrombocytopenia. To reduce catheter-related morbidity, we suggest ultrasound guided-approach, a multidisciplinary teaching program to improve nursing skills, and the use of less invasive devices for cancer patients.

Implementation of “Goal Directed Bleeding Management” at Shahid Gangalal National Heart Center

Ashish Govinda Amatya

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Patient Blood Management (PBM) is a proactive, patient-centered, and multidisciplinary approach to manage anemia, optimize hemostasis, minimize iatrogenic blood loss, and harness tolerance to anemia.

World Health Organization has endorsed PBM in 2010, many hospitals still seek guidance with the implementation of PBM in clinical routine.

Coagulation management of patients undergoing cardiac surgery is complex. A balance between anticoagulation for cardiopulmonary bypass (CPB) and hemostasis after CPB. Patients have impaired platelet function at baseline due to administration of anti-platelet agents.

After surgery, coagulation abnormalities, platelet dysfunction and fibrinolysis can occur, creating a situation whereby hemostatic integrity must be restored. The complex process of anticoagulation with heparin, antagonism with protamine, and postoperative hemostasis therapy can be guided by point-of-care (POC) tests that assess hemostatic function in a timely and accurate manner.

Looking at the progress worldwide, multi-disciplinary team at Shahid Gangalal National Heart Center (SGNHC) took initiative to enhance knowledge about principles and practices of PBM. The concept of early, individualized and goal-directed bleeding management (GDBM) is practiced in cardiac operations at SGNHC using rotational thromboelastometry(ROTEM), a newer modality started in the country from 2022.

GDBM will change empirical blood and blood product transfusion that would decrease the cost, complications and casualties related to both transfusion and bleeding.

Despite the demonstrated benefits of PBM, many barriers and challenges limit translation of PBM guidelines into clinical practice, staffs don't know about the latest guidelines and consequences of the blood transfusion. There is standard dogma that “one size fits all ”. Lack of knowledge of the physicians, lack of interdisciplinary commitment, lack of resources (hospital administrators need to invest initially before saving money)and other general concerns are rest to be named.

ROTEM is not designed to answer “Will the patient bleed” But “Why does the patient bleed”. We should not treat pathologic laboratory results ‘numbers’ in the absence of bleeding. If both, POC viscoelastic (ROTEM) and platelet function testing (ROTEM) are normal, surgical bleeding has to be considered and treated adequately.



Day 3_Room D

Abstract Presentation 4 (Virtual)

Chair(s): Eun-Young Joo (Korea)
Woo Suk Chung (Korea)

The Utility of Enhanced Recovery After Surgery (ERAS) Protocols in Adolescent Scoliosis Surgery: A Systematic Review and Meta Analysis

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Background: Posterior spinal fusion (PSF) for adolescent idiopathic scoliosis (AIS) is the most invasive orthopaedic surgical procedure in the pediatric age group with profound perioperative stress. The efficacy and feasibility of ERAS protocols to enhance recovery and improve outcomes of PSF surgery in AIS patients are yet to be established.

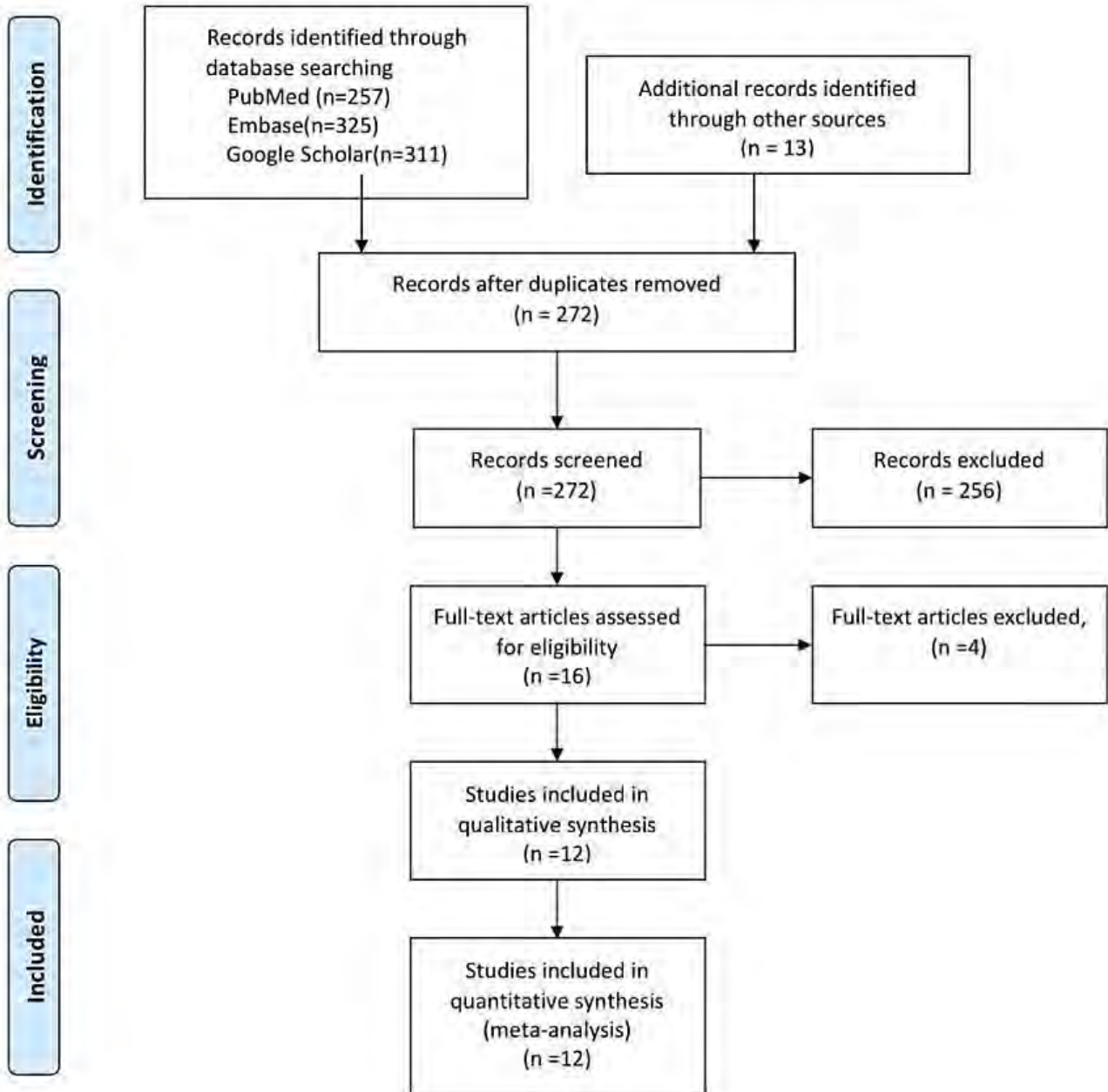
Methods: Controlled cohort studies and randomized control trials comparing enhanced recovery pathways with conventional pathways in AIS undergoing PSF at adolescent age were included. The inverse variance and Mantel-Haenszel statistical analysis methods were used for continuous and dichotomous data, respectively. All results were quantitatively analyzed using the random effect model.

Results: 12 studies, including 13886 patients undergoing PSF at adolescent age for AIS were included. Patients in the ERAS group had a significant reduction in LOHS by an average of 1.61 days (95% CI -1.25 to -1.97, I² = 96%), blood loss by 281.93 ml (95% CI -74.88 to -488.98, I²=96%), duration of surgery by 52.81 minutes (95% CI -25.97 to -79.65, I² 88%), pain scores-NRS by 1.20 (95% CI -0.75 to -1.65, I²=58%), PCA duration by 1.38 days (95% CI -0.70 to -2.06, I²=96%) without any significant difference in complications (OR 0.53, 95%CI 1.01-0.28, I²=54%), readmission rates (OR 1.57, 95%CI 0.77-3.22, I² =7%), PONV (OR 0.42, 95% CI 0.09-1.95, I² =91%), cost with a mean difference of 2721.55 \$ (95% CI -4987.34 to 10430.45, I²=93%) and opioid consumption -3.14 mg(95% CI -10.81 to 4.53, I² =79%) compared to the traditional protocol group.

Conclusion: Implementation of ERAS protocols in AIS patients undergoing PSF results in enhanced recovery without a considerable increase in complications, readmission rates, opioid consumption, cost, and PONV compared to traditional protocols. Thus, the formulation of standardized ERAS protocols for scoliosis surgery is necessary.

AUTHOR/ YEAR	STUDY DESIGN	COUNTRY	SAMPLE SIZE (n)	PROTOCOL NAME	PRIMARY OUTCOME
Fletcher <i>al</i> ³⁴ 2014	<i>et</i> Retrospective cohort	USA	279	AD	Clinical & economic implications of accelerated discharge
Gornitzky <i>al</i> ³⁵ 2016	<i>et</i> Retrospective cohort	USA	138	RRP	RRP improves pain control, reduces opioid- related complications and expedites early mobilization
Rao <i>et al</i> ³⁶ 2016	Retrospective cohort	USA	190	-	Educating preoperatively and standardizing care decrease the time to discharge
Sanders <i>al</i> ³¹ 2016	<i>et</i> Retrospective cohort	USA	284	AP	Average hospital stay
Fletcher <i>al</i> ³⁷ 2017	<i>et</i> Retrospective cohort	USA	150	AD	Impact of the novel postop pathway on length of stay and complications
Kim <i>et al</i> ³⁸ 2017	Prospective cohort	USA	72	NP	New protocol improves patient experience, lowers the length of hospital stay and cost
Yang <i>et al</i> ³⁹ 2020	Retrospective cohort	China	79	ERAS	Impact and feasibility of optimised ERAS pathway
DeVries <i>et al</i> ⁴⁰ 2020	Retrospective cohort	USA	244	RRP	Feasibility to implement RRP for surgical treatment of AIS
Fletcher <i>al</i> ⁴¹ 2021	<i>et</i> Retrospective cohort	USA	276	ERAS	To compare immediate postoperative outcomes following an ERAS pathway
Ding <i>et al</i> ⁴² 2022	Retrospective cohort	China	90	ERAS	Feasibility and efficacy of ERAS protocol in AIS
Tondevoid <i>al</i> ⁴³ 2022	<i>et</i> Retrospective cohort	Denmark	154	ERAS	LOHS, Transition to solid foods, PONV
Shaw <i>et al</i> ⁴⁴ 2022	Retrospective cohort	USA	12010	ERAS	LOHS and total treatment charge

Table 1: LOHS= length of hospital stay , LOE= level of evidence, ERAS= Enhanced recovery after surgery, AD= Accelerated discharge, RRP= Rapid recovery pathway, NP= New protocol, AIS= Adolescent idiopathic scoliosis.



V4-2

Comparison of Ultrasound Guided Thoracic Paravertebral Block Versus Serratus Anterior Plane Block in Children Undergoing Thoracic Surgery: A Prospective Observational Study

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Background: Thoracic paravertebral block (TPVB) and serratus anterior plane block (SAPB) are two truncal blocks that are alternative to thoracic epidural block in thoracic surgery. In the current study, it is aimed to compare the effects of ultrasound (US) guided TPVB and US guided SAPB on postoperative pain and opioid consumption in pediatric thoracic surgery population.

Methods: After obtaining ethics committee approval, 46 children whose legal guardians provided consent (1-14 years old) and were scheduled for lung resection were included in the study. TPVB (Group T) and SAPB (Group S) were performed prior to incision with 0.5 ml/kg or 0.4 ml/kg bupivacaine, respectively. The primary outcome was total intravenous (IV) morphine consumption in postoperative 48 hours. Secondly, FLACC scores (Face, Legs, Activity, Cry, Consolability) were evaluated at postoperative 0th, 15th, 30th, 45th minutes and at 1st, 2nd, 6th, 24th, and 48th hours. If the FLACC score was >4, 0.03 mg/kg morphine IV was administered as rescue analgesia. Other types of analgesics were not provided since a strong opioid was chosen along with truncal block. Time to first morphine administration (minutes), time to first mobilization (minutes), length of hospital stay (hours), postoperative vomiting (POV) incidence (%), and chronic pain incidence (%) were also recorded. Chronic pain was evaluated three months after the surgery.

Results: Total 40 patients were included. Demographic data, ASA physical status scores and duration of surgery were similar in both groups ($p>0,05$). Morphine consumption during postoperative 48 hours was higher in Group S (0.24 ± 0.07 mg/kg) than in Group T ($0.17\pm 0,08$ mg/kg) ($p=0,01$). Time to first morphine administration was shorter in Group S comparing to Group T ($205,5\pm 68,7$ min vs $356,7\pm 83$ min, respectively, $p<0,001$). Both groups did not differ with regards to intraoperative fentanyl consumption, time to first mobilization, length of hospital stay, POV incidence, and chronic pain incidence ($p>0,05$). (Table 1). During the postoperative two hours, FLACC scores were statistically close between two groups ($p>0,05$). However, in Group S, postoperative 6th, 12th, and 24th hours FLACC scores were significantly higher. ($p=0,01$ $p=0,02$ $p<0,001$) (Table 2).

Conclusion: This study demonstrated that both US-guided SAPB and US- guided TPVB provided effective post-

operative analgesia in early postoperative hours in pediatric patients undergoing thoracic surgery. However, after postoperative 6th hour, TPVB was superior to SAPB in terms of FLACC scores, postoperative morphine consumption and time to first analgesic requirement.

Table 1: Brief summary of demographic and perioperative period data including pain-related details.

	Group S (n=20)	Group T (n=20)	p
Female (n) (%)	10 (50%)	4 (20%)	0.04
Age (Years)	7,38±4.56	8±4,75	0.67
Weight (kg)	29,85±17,14	33,20±18,57	0.56
ASA I/II/III	3 (15%) / 16 (80%) / 1 (5%)	5 (25%) / 14 (70%) / 1 (5%)	0.73
Duration of surgery (min)	106±18,25	115±22,83	0.18
Patient number requiring intraoperative additional fentanyl (n) (%)	13 (65%)	9 (45%)	0.34
Patient number requiring rescue analgesia (n) (%)	20 (100%)	18 (90%)	0.49
Time first morphine administration in the postoperative period (min)	205,5±68,71	356,67±82.96	<0,001
Total morphine consumption in the postoperative 48 hours (mg/kg)	0,24±0,07	0,17±0,08	0.01
Time to first mobilization in the postoperative period (Hours)	23,75±21,49	27,50±24,05	0.61
Length of hospital stay (Hours)	121,2±41,55	109,2±38,5	0.35
Postoperative vomiting incidence (n) (%)	4 (%20)	1 (%5)	0.34
Chronic pain incidence in postoperative 3rd month (n) (%)	1 (%5)	1 (%5)	1

Table 2: Postoperative FLACC scores. FLACC: Face, Legs, Activity, Cry, Consolability.

Postoperative FLACC scores	Group S (n=20)	Group T (n=20)	<i>p</i>
0th minute	2 (2-2)	2 (1-2)	0.77
15th minute	2 (2-2)	2 (1-2)	0.35
30th minute	2 (1-3)	2 (1-3)	0.89
45th minute	1 (1-3)	2 (1-3)	0.64
1st hour	2 (2-2)	2 (2-3)	0.81
2nd hour	2 (2-3)	2 (2-3)	0.84
6th hour	3 (3-4)	2 (2-3)	0.01
24th hour	3 (2-4)	2 (1-3)	0.02
48th hour	2 (2-3)	1 (0-1)	<0,001

Procedural Sedation and Anaesthetic Technique in Paediatric Patients with Anterior Mediastinal Mass in a Quaternary Centre - Our 3 Years of Experience

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Background: Anaesthetic management of children with anterior mediastinal mass (AMM) is challenging. Due to its proximity to airway and major cardiovascular structures, patients may present with cardiorespiratory compromise. Anaesthesia or sedation is often required for urgent diagnostic or therapeutic procedures. While classical teaching suggests avoidance of general anaesthesia (GA), data on anaesthetic or sedation techniques and their outcomes is lacking.

Methods: We performed a retrospective review of anaesthetic records of all patients with AMM presenting to our hospital for procedure under sedation or anaesthesia from June 2019 to May 2022.

Results: 22 patients underwent a total of 34 procedures at Hong Kong Children's Hospital between June 2019 and May 2022. Twenty-eight procedures (82%) were image guided biopsies, bone marrow aspiration, insertion of vascular access, drainage of pleural or ascitic fluid. The remaining were tumour excision and emergency appendectomy. In 22 patients, only 13 patients had preoperative vascular or airway obstructive symptoms. However, 18 patients had major airway or vascular compression on imaging. Symptoms and degree of airway or vascular compression did not correlate. 25 procedures were done under monitored anaesthetic care (MAC) and all were successful. Sedation was provided by paediatric anaesthesiologist using agents included dexmedetomidine, ketamine, propofol and fentanyl. Eighteen episodes required low or high flow nasal oxygen but none required assisted ventilation or advanced airway. Six procedures were done under GA. Among these, two were done with spontaneous ventilation and laryngeal mask airways. Four were done with muscle relaxants. Two patients had non-compressing tumours and received paralysis upon induction. The other two with significant airway and vascular compression were paralysed only when sternum was opened and tumour controlled by surgeons. However, they still developed significant haemodynamic instability requiring inotropes and one of them even required extracorporeal membrane oxygenation (ECMO). Three adolescents had local anaesthesia for peripheral body parts biopsies.

Conclusion: Paediatric AMM cases present with great anaesthetic challenges. A multidisciplinary approach to streamline the diagnostic and therapeutic workflows, good case selection and experienced anaesthetists and cardiothoracic surgeons allow urgent diagnostic or therapeutic procedures to be safely performed.

V4-4

Distraction Techniques for Post-operative Paediatric Patients in Post Anaesthesia Care Unit (PACU); A Randomized Control Trial

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Introduction: Paediatric pain is complex involving physiological, behavioural, and development factors. Non-pharmacological therapies can be used to treat the affective, cognitive, and behavioural dimensions of pain (1). But its use in postoperative anaesthesia care unit (PACU) is still limited. This study aimed to compare the distraction method with the conventional pharmacological method in paediatric pain scores and parent's satisfaction after surgery.

Methodology: This parallel randomized control trial was conducted at PACU of a tertiary care hospital by including all elective paediatric patients of age 3 to 7 years. Patients were divided into two equal groups i.e. 22/group by computer generated random numbers. The control group (C) received conventional analgesia while experimental group (CD) received distraction technique as well as routine. After obtaining the informed consent, data was collected in PACU at four time points on a predesigned form. Faces pain scale was used to score pain in both groups. The groups were compared using independent t-test/Mann Whitney U test and Fisher's exact test.

Results: Forty-four paediatric children of 4.6 (1.45) years participated in the study. 54.5% received only caudal analgesia. Intraoperative systemic analgesics include paracetamol in 18 (40.9%) patients, nalbuphine in 2 (4.5%), and both paracetamol & nalbuphine in 11 (25%) patients. In group CD, children chose to play games (9%), to listen poems (13.6%), and to watch cartoons (27.3%). The heart rate at 20 minutes (p-value 0.021) and pain score at 20 minutes (p-value 0.049), 60 minutes (p-value 0.05) and parent satisfaction (p-value 0.003) were statistically significantly.

Conclusion: Distraction technique was found to be superior to conventional paediatric pain management in PACU.

Key Words: distraction techniques, paediatric pain, pain management, PACU

Perioperative Anaesthetic Management of Button Battery Ingestion: A Case Report

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The ingestion of button batteries by paediatric patients is not uncommon. It has been reported >3500 ingestions annually and 12.6% of children <6 years old develop serious or fatal injuries including damage to esophagus, adjacent airway, vascular and mediastinal structures. Due to the rapid development of these corrosive injuries, treatment protocols and guidelines have been published. These protocols emphasises on emergent removal of button battery to limit the ongoing damage caused by it. However, this is not always possible due to delays in initial or atypical patient presentation and/or need for transfer to a paediatric facility for removal of the button battery. This case report describes the perioperative anaesthetic management of a 14 month old infant who presented to ED with worsening respiratory symptoms for 5 days with incidental finding of button battery ingestion by CXR, complicated with acquired tracheoesophageal fistula and the challenges that came with it. Recommendations from current guidelines of button battery ingestion including risk stratification of patients and its intraoperative anaesthetic management are discussed. Anaesthetists should be aware of potential complications and risk stratify the patients to provide appropriate perioperative management and care coordination for the patient. Care by multidisciplinary team and prompt interventions are key to a successful outcome.



High Risk	Intermediate Risk	Low Risk
<ul style="list-style-type: none"> • Children <5 years old • Battery >20-mm diameter • Underlying esophageal pathology or stricture • Esophageal impaction <ul style="list-style-type: none"> – at the level of the aortic arch with the negative pole (narrow side) facing posteriorly – prolonged impaction • Signs of gastrointestinal bleeding 	<ul style="list-style-type: none"> • Esophageal impaction not meeting high-risk criteria • Symptomatic gastric button batteries 	<ul style="list-style-type: none"> • Children >5 years old • Battery <20-mm diameter • No history of esophageal pathology or stricture • Asymptomatic gastric button batteries

Computed Tomographic (CT) Scan Measurements of Anatomical Landmark for Suprazygomatic Maxillary Nerve Block in Children

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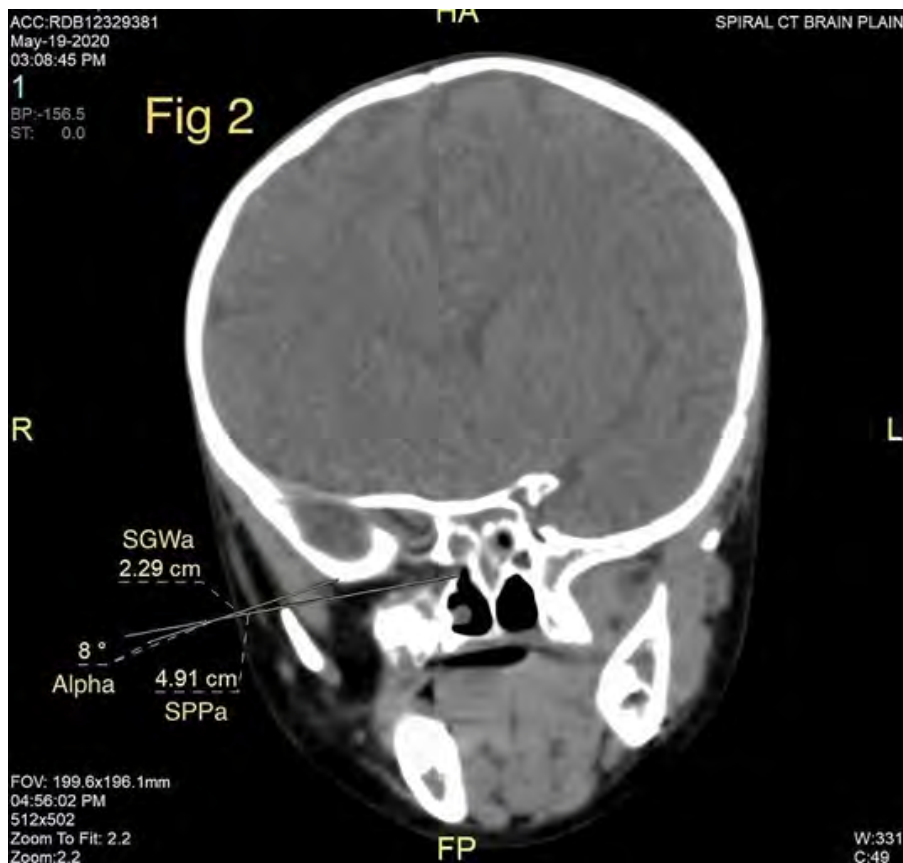
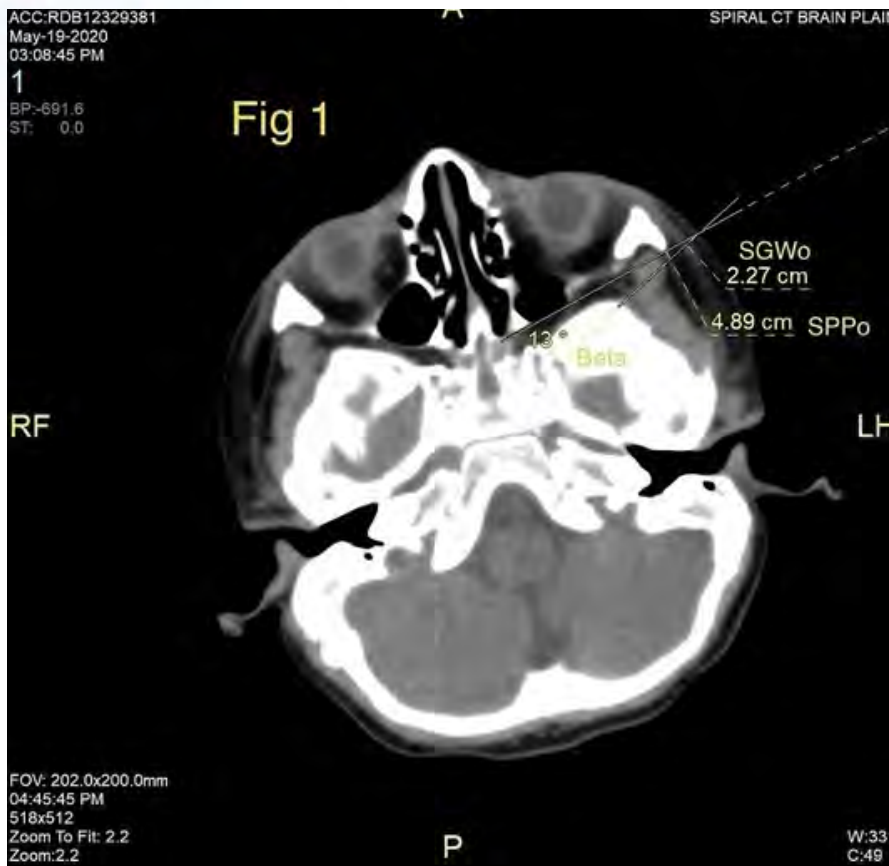
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Background: Maxillary nerve block is used as a part of multimodal analgesia for cleft palate surgery. Suprazygomatic approach for maxillary nerve block is preferred, as it avoids injury to the eye and base of the skull. Effective analgesia depends on exact positioning of the needle. Measurements of anatomic landmark have been described in infants of Caucasian origin but not in children of Asian origin. Hence, we studied CT guided anatomical landmark for suprazygomatic maxillary nerve block in our pediatric population.

Method: In this retrospective observational study, data of children of Asian (Indian) origin aged 1-5 years who underwent CT brain in our hospital were analyzed. Exclusions were those with facial malformations. The distance from skin to greater wing of sphenoid process and distance from skin to medial end of pterygopalatine fossa in both axial and coronal oblique view, the angles (α , β) between them were measured. The distance from skin to deep end of temporalis muscle (ST) was measured.

Results: 30 consecutive CT scans meeting the selection criteria were analyzed there were 19 (63.33%) males; mean \pm SD age of the children was 30.63 ± 11.94 months (range 12-50 months). Mean \pm SD distance from skin to greater wing of sphenoid in axial (SGWa) and coronal oblique (SGWo) view were 29.93 ± 0.21 mm, and 22.42 ± 1.83 mm, respectively. Mean \pm SD distance from skin to medial end of pterygopalatine fossa (SPP) in axial (SPPa) and coronal oblique (SPPo) view were 46.24 ± 2.47 mm, and 43.98 ± 0.49 mm, respectively. The anterior angle between SGWa and SPPa (α) was $9.13 \pm 2.909^\circ$. The inferior angle between SGWo and SPPo (β) was $7.266 \pm 0.707^\circ$. Figs 1 and 2 shows SGWa, SPPa, α in axial view and SGWo, SPPo, β in coronal oblique view respectively. Mean \pm SD depth from skin to deep end of temporalis muscle (ST) was 23.21 ± 6.27 mm. There was no significant correlation with age and gender.

Discussion: CT measurements guide us to reach the maxillary nerve in pterygopalatine fossa, for precise deposition of local anesthetic and the measurements may vary with ethnicity. Our study provides distances and angles for anatomical landmark based suprazygomatic maxillary nerve block. However, these need to be validated clinically.



A Balancing Act of Survival: A Case Report on the Anesthetic Management of an Ex Utero Intrapartum Procedure

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The Ex Utero Intrapartum Treatment (EXIT) procedure is a rare technique conducted in conjunction with an elective Cesarean Section. The goal is to safely deliver a fetus with a severe congenital airway abnormality. This case report describes the anesthetic management of an EXIT procedure conducted in a 29 year old primigravid in threatened labor of a 30 week old fetus with a cervical teratoma. An EXIT procedure is distinct in its anesthetic management as it must involve careful planning from both the maternal and fetal perspectives. Maintaining adequate uteroplacental circulation through uterine relaxation is a vital cornerstone of management for both mother and fetus. Maternal considerations also include adequate analgesia, prevention of uterine atony and bleeding. Fetal considerations include adequate anesthesia and analgesia, continuous fetal monitoring, preparation for resuscitation measures and fetal airway management.

V4-8

Postoperative Sedation and Analgesia in Pediatric Cardiac Surgery

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Relevance: The desire to provide an optimal method of sedation and analgesia has led to the improvement of multimodal methods of anesthesia. One of the safest methods of anesthesia for children is the use of non-narcotic drugs.

The Goal of Study: The aim of our study was a comparative assessment of the efficacy and safety of the use of dexmedetomidine in combination with paracetamol in children after cardiac surgery.

Materials and Methods of Research: The study included 65 children aged 2 to 4 years with congenital heart defects. The patients were divided into 2 groups. group 1, main (n = 35), where patients started intravenous infusion 30 minutes after surgery dexmedetomidine with a loading dose of 1.0 mcg/kg/h for 10 minutes followed by an infusion at a rate of 0.8 mcg/kg/h during the day against the background of planned postoperative analgesia with acetaminophen (Infulgan, 15 mg/kg, intravenously, bolus) 2 hours after the operation and subsequent every 8 hours during the day. Group 2, control group (n = 30), for analgesia, morphine 0.3 mg/kg was used, intramuscularly, the initial dose was 2 hours after the operation. Both groups were homogeneous in terms of surgical pathology, age, body weight, and duration of surgery. studied all patients in the following stages: 1-stage 2 hours after surgery, 2-stage 8 hours after surgery, 3-stage 16 hours, 4-stage after 24 hours. During the first day after the operation, the patient's condition was monitored, blood pressure, heart rate, blood gases, mechanical ventilation parameters or spontaneous respiratory rate, pulse oximetry were recorded; assessment of the level of sedation according to the RASS- scale (Richmond arousal-sedation scale), assessment of the intensity of pain according to the FLACC behavioral scale .

Results: In the course of the study, in all children, hemodynamics remained stable, within the age norm. By the 4th stage of the study, patients of group 2 showed an increase in hemodynamic and respiratory parameters, which required repeated administration of morphine in order to treat postoperative pain. In this group, a high incidence of complications was noted: vomiting (16.6%), pruritus (13.3%), intestinal paresis (10%), urinary retention (6.7%).

Conclusions: Thus, dexmedetomidine in combination with acetaminophen provides adequate sedation, early extubation, prevents psychomotor agitation, prolongs analgesia and promotes early natural feeding feeding in patients with cardiac surgery profile.

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- Recommend** Sugammadex, which is recommended for NMB reversal in major guidelines^{5,6}

NMB : Neuromuscular blockade

Study design a. This prospective trial was conducted to evaluate the efficacy of sugammadex in reversing profound and "deep" residual rocuronium-induced NMB using myoelectric motor evoked potentials (mMEPs) monitoring at a single center from September 1, 2010 to January 31, 2011. All 30 consenting patients between 18 and 70 years undergoing propofol/remifentanyl anesthesia for spine surgery were enrolled in this study. Diseases in these patients included cervical spondylosis (N=7), cervical hernia (N=11), and lumbar spinal stenosis (N=12). Subjects were divided into two groups: Group 1, reversal of profound NMB (sugammadex 16 mg/kg, 3 minutes after rocuronium 1.2 mg/kg) and Group 2, reversal of "deep" residual NMB (sugammadex 4 mg/kg, 15 minutes after rocuronium 0.6 mg/kg). Myoelectric MEPs registrations of upper and lower limbs and the diaphragm were performed, as well as TOF monitoring. The primary efficacy variable was time from the start of administration of sugammadex to the start of recovery of pre-alaration MEPs amplitude.¹

b. This randomized, multicentre, parallel-group trial included 98 adult patients. Patients received intravenous propofol for induction followed by sevoflurane maintenance anaesthesia. Neuromuscular blockade was monitored using acceleromyography and a train-of-four(TOF) mode of stimulation. Patients were randomly allocated to receive sugammadex 2.0 mg/kg or neostigmine 50 µg/kg with glycopyrrolate 10 µg/kg at reappearance of the second response of the TOF (mean ± twofold height of first response) after the last dose of rocuronium. The time from sugammadex or neostigmine administration to recovery of the TOF ratio to 0.9^c. This phase III, randomized study enrolled surgical patients, aged 18 year or older with American Society of Anesthesiologists physical status I-IV. 74 patients were randomized to receive sugammadex 4.0 mg/kg or neostigmine 70 µg/kg with glycopyrrolate 14 µg/kg. Anaesthetized patients received an intubating dose of rocuronium 0.6 mg/kg, with maintenance doses 0.15 mg/kg as required. Neuromuscular monitoring was performed by acceleromyography. Sugammadex or neostigmine was administered at reappearance of 1-2 posttetracounts/profound neuromuscular blockade. The primary efficacy parameter was the time from sugammadex or neostigmine-glycopyrrolate administration to return of the train-of-four ratio to 0.9^c.

[Primary endpoint result] a. The mean of recovery times from the start of administration of sugammadex to TOF ratio 0.9 were 114±75 and 186±105 sec in Group 1(sugammadex 16 mg/kg, 3 minutes after rocuronium 1.2 mg/kg) and 2(sugammadex 4 mg/kg, 15 minutes after rocuronium 0.6 mg/kg), respectively. b. The median time to recovery of the TOF ratio of 0.9 after sugammadex compared with neostigmine was significantly shorter(1.4 min[range: 0.9-5.4] vs. 18.5 min[range: 3.7-106.9], P<0.0001).^c The median time to recovery of the TOF ratio of 0.9 after sugammadex compared with neostigmine was significantly shorter(2.7 min[range: 1.2-16.1] vs. 49 min[range: 13.3-145.7], P<0.0001).²

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BRIDION[®] (Sugammadex) 100 mg Selected Safety Information [Indications and Usage] Reversal of neuromuscular blockade induced by rocuronium or vecuronium in adults and pediatric patients aged ≥2 years old undergoing surgery. **[Dosage and Administration]** **Adult Patients:** Routine reversal: A dose of 4 mg/kg BRIDION is recommended as IV injection if recovery has reached at least 1-2 post-tetracounts(PTC) following rocuronium or vecuronium induced blockade. A dose of 2 mg/kg BRIDION is recommended as IV injection, if spontaneous recovery has occurred up to at least the reappearance of T1 following rocuronium or vecuronium induced blockade. **Immediate Reversal of Rocuronium-Induced Blockade:** A dose of 16 mg/kg BRIDION is recommended if there is a clinical need to reverse rocuronium blockade soon(approximately 3 minutes) after administration of rocuronium via IV injection. The safety and efficacy with the use of BRIDION for immediate reversal following rocuronium induced blockade has not been established. **Renal Impairment:** No dosage adjustment is necessary for patients with mild or moderate renal impairment(creatinine clearance ≥30 mL/min and <80 mL/min). BRIDION is not recommended for use in patients with severe renal impairment(creatinine clearance <30 mL/min) or dialysis. **Elderly Patients:** Elderly patients tend to delay recovery from neuromuscular blockade, but dose adjustment is not necessary. **Obese Patients:** The dose of this drug in obese patients should be based on actual weight(ABW). **Hepatic Impairment:** No dosage adjustment is necessary for patients with mild and moderate hepatic impairment. Since no clinical studies have been conducted with patients with hepatic impairment, caution should be taken in patients with severe hepatic impairment or hepatic impairment with coagulation disorders. **Pediatric Patients (2 years old):** BRIDION 100 mg/mL may be diluted to a concentration of 10 mg/mL to increase the accuracy of dosing in the pediatric population. **Routine Reversal:** A dose of 4 mg/kg BRIDION is recommended if spontaneous recovery of the twitch response has reached 1 to 2 post-tetracounts(PTC) following rocuronium or vecuronium-induced neuromuscular blockade. A dose of 2 mg/kg BRIDION is recommended if spontaneous recovery has reached the reappearance of the second twitch(T2) in response to TOF stimulation following rocuronium or vecuronium-induced neuromuscular blockade. **Immediate Reversal:** Immediate reversal in pediatric patients has not been studied. Preparation of dilution for pediatric use: To prepare the required dose, aseptically transfer all the contents of the 2 mL vial of BRIDION 2 mL single-dose vials containing 200 mg BRIDION(100 mg/mL) to a bottle/sterile intravenous bag containing 18 mL of 0.9% sodium chloride injection, to achieve a final concentration of 10 mg/mL BRIDION. **[Warnings and Precautions]** **Contraindications:** Patients with known hypersensitivity to BRIDION or any of its components. **Careful Administration:** 1) Patients with renal impairment 2) Patients with hepatic impairment 3) Patients with decrease of cardiac output 4) Patients with edema state 5) Patients with a history of allergic reaction 6) Patients with a history of pulmonary complications/Possible occurrence of bronchospasm 7) Patients with coagulation disorders 8) Patients with arrhythmia 9) The elderly 10) Pregnant or women who may be pregnant. **Adverse Reactions:** 1) The safety of BRIDION has been evaluated based on an integrated safety database of approximately 1,700 surgical patients and 120 healthy adult volunteers. The most commonly reported adverse reactions in patients who experienced surgery were anaesthetic complications. **Immune System:** 1) Hypersensitivity(1/1,000, <1/100), the others: Anaesthetic complications/body movement in the middle of anaesthesia or operation, coughing, grimacing and sucking of the tracheal tube(1/100, <1/10), unintended intraoperative awareness(1/1,000, <1/100). 2) In clinical trials with surgical patients, hypersensitivity including anaphylaxis has been reported infrequently. The frequency of occurrence of hypersensitivity reactions in post-marketing surveys is unknown. Hypersensitivity reactions that occurred varied from isolated skin reactions to serious systemic reactions, i.e., anaphylaxis, anaphylactic shock and have occurred in patients with no prior exposure to BRIDION. Symptoms associated with these reactions can include: flushing, urticaria, erythematous rash, severe hypotension, tachycardia, swelling of tongue, swelling of pharynx, bronchospasm and pulmonary obstructive events. Severe hypersensitivity reactions can be fatal. Hypersensitivity reactions, including anaphylaxis, have occurred in patients treated with BRIDION in clinical study for healthy volunteers(150 subjects received 4 mg/kg, 148 received 16 mg/kg and 150 received placebo). The incidence of adjudicated hypersensitivity was 0.7%(n=1) and 4.7%(n=7) in BRIDION 4 mg/kg and BRIDION 16 mg/kg groups, respectively. There were no reports of anaphylaxis after placebo. 3) In a dedicated clinical study in healthy volunteers, dyspnea, nausea and flushing were reported and showed a dose response relationship. 4) In a few patients receiving BRIDION, unintended intraoperative awareness was reported. It cannot be determined whether this event was causally related to BRIDION. 5) Cases of marked bradycardia, bradycardia with cardiac arrest, ventricular fibrillation and ventricular tachycardia have been observed within minutes after administration of BRIDION. Patients should be closely monitored for hemodynamic changes during and after reversal of neuromuscular blockade. If cardiac disorders should occur, appropriate treatment should be instituted. 6) In one dedicated clinical trial and in post-marketing data, in patients with a history of pulmonary complications, bronchospasm was reported as a possibly related adverse event. 7) Post-marketing clinical trials of obese patients(BMI ≥40 kg/m²) showed that the adverse reaction profile was generally similar between patients who were administered actual body weight(ABW) and patients who were administered ideal body weight(IBW). 8) One trial of 331 patients who were assessed as ASA Class 3(Patients with severe systemic disease) or 4(Patients with severe systemic disease that is a constant threat to life) investigated the incidence of treatment-emergent arrhythmias(sinus bradycardia, sinus tachycardia, or other cardiac arrhythmias) after administration of BRIDION. The incidence of treatment-emergent sinus bradycardia in patients receiving BRIDION(2 mg/kg, 4 mg/kg, or 16 mg/kg) was generally similar to those in patients receiving neostigmine(50 µg/kg up to 5 mg maximum dose) + glycopyrrolate(10 µg/kg up to 1 mg maximum dose). Incidence of treatment-emergent sinus bradycardia was statistically significantly lower in BRIDION treatment group(2 mg/kg) compared to neostigmine treatment group(0.026). Incidence of treatment-emergent sinus tachycardia was statistically significantly lower in BRIDION treatment group(2 mg/kg, 4 mg/kg) compared to neostigmine treatment group(0.007, 0.036). 9) During post-marketing surveillance period of 6 years in 718 subjects for re-examination, AEs were reported in 26.6%(191/718) subjects, 281 events, regardless of causal relationship. Among those, serious AEs were hypertensive crisis, pruritus, purpura, urticaria, urinary retention, anal fibrillation, etc., and there was no serious AE that cannot rule out relationship to BRIDION. **General Cautions:** 1) Ventilatory support is mandatory for patients until adequate spontaneous respiration is restored following reversal of neuromuscular blockade. 2) In order to prevent recurrence of neuromuscular blockade, the recommended doses for routine should be used. 3) When drugs which potentiate neuromuscular blockade are used in the post-operative phase, special attention should be paid to the possibility of recurrence of neuromuscular blockade. 4) Recurrence of neuromuscular blockade may occur due to displacement of rocuronium or vecuronium from BRIDION by other drugs, i.e., Toremfene, fusic acid. 5) When neuromuscular blockade was reversed intentionally in the middle of anaesthesia in clinical trials, signs of light anaesthesia were noted occasionally(movement, coughing, grimacing and sucking of the tracheal tube). 6) In patients for whom intubation is expected to be difficult, the method of airway maintenance should be considered beforehand. If rocuronium-induced neuromuscular blockade cannot do so or allow airway intubation, it should be promptly restored from neuromuscular blockade. 7) Coagulation parameters should be carefully monitored in patients with known coagulopathies when BRIDION is administered. 8) In patients with severe renal failure(creatinine clearance <30 mL/min), the excretion of BRIDION or the BRIDION-occuronium complex was delayed; however, in these patients there were no signs of re-occurrence of neuromuscular blockade. This drug is not recommended for use in patients with severe renal impairment. 9) Dedicated studies in patients with hepatic impairment have not been conducted. Patients with severe hepatic impairment or hepatic impairment with coagulation disorders should be cautious when administering this drug. 10) BRIDION has not been studied for reversal following rocuronium or vecuronium administration in the ICU. 11) Do not use BRIDION to reverse neuromuscular blockade induced by nondepolarizing neuromuscular blocking agents such as succinylcholine or benzylisoquinolium compounds, steroidal neuromuscular blocking agents, pancuronium other than rocuronium or vecuronium. 12) Conditions associated with prolonged circulation time such as cardiovascular disease, old age or edema state, i.e., severe hepatic impairment may be associated with longer recovery times. 13) The patients should be carefully observed for the possibility of drug hypersensitivity reactions(including anaphylactic reactions). If any abnormality is observed, appropriate measures should be taken immediately. 14) Each 1 mL solution contains 9.7 mg sodium. If more than 2.4 mL contain approximately 23 mg sodium solution needs to be administered, this should be taken into consideration by patients on a controlled sodium diet. 15) In rare instances, cases of marked bradycardia, some of which have resulted in cardiac arrest, have been observed within minutes after the administration of BRIDION for reversal of neuromuscular blockade. **Drug Interactions:** 1) Toremfene: For toremfene, which has a relatively high binding affinity for BRIDION and for which relatively high plasma concentrations might be present, some displacement of rocuronium or vecuronium from the complex with this drug could occur. 2) Fusic acid: IV administration of fusic acid in the pre-operative phase may give some delay in the recovery of the T₁ ratio to 0.9. No recurrence of neuromuscular blockade is expected in the post-operative phase, since the infusion rate of fusic acid is over a period of several hours and the blood levels are cumulative over 2-3 days. 3) Hormonal contraceptives: The interaction between 4-mg/kg BRIDION and a progestogen was predicted to lead to a decrease in progestogen exposure(34% of AUC). **Pregnancy & Lactation Administration:** There are no clinical trial data for exposure to this drug during pregnancy. It is administered only if the benefits of administration exceed the risk. No data are available regarding the presence of BRIDION in human milk, the effects of BRIDION on the breast fed infant, or the effects of BRIDION on milk production. Breastfeeding is not recommended during the administration of this drug. **Pediatric Administration:** In clinical study for pediatric patients 2 to <11 years of age, the safety profile of BRIDION(4 mg/kg maximum dose) is generally consistent with that observed in adults. Safety and effectiveness in patients younger than 2 years of age have not been established. **Elderly Administration:** Exercise caution when administering BRIDION to elderly patients who tend to delay recovery from neuromuscular blockade.(Revised: 2021.10.14)

※ Before prescribing BRIDION, please refer to the full prescribing information for further details.



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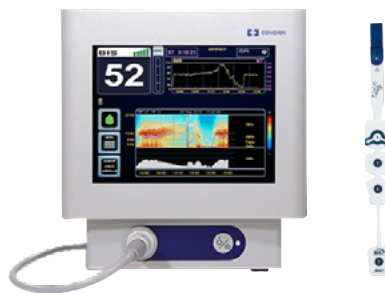
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*** According to VAS pain intensity, Pain Intensity Differences and Pain Relief scores. Dosed as one vial every 6 hours over 48 hour period.¹

References : 1. Daniels, S.E, Playne, R., Stanescu, I., Zhang, J., Gottlieb, L.J, Atkinson, H.C. (2019). Efficacy and safety of an intravenous acetaminophen/ibuprofen fixed-dose combination after bunionectomy: A randomized, double-blind, factorial, placebo-controlled trial. Clinical Therapeutics <https://doi.org/10.1016/j.clinthera.2019.07.008>. Research sponsored by AFT Pharmaceuticals.

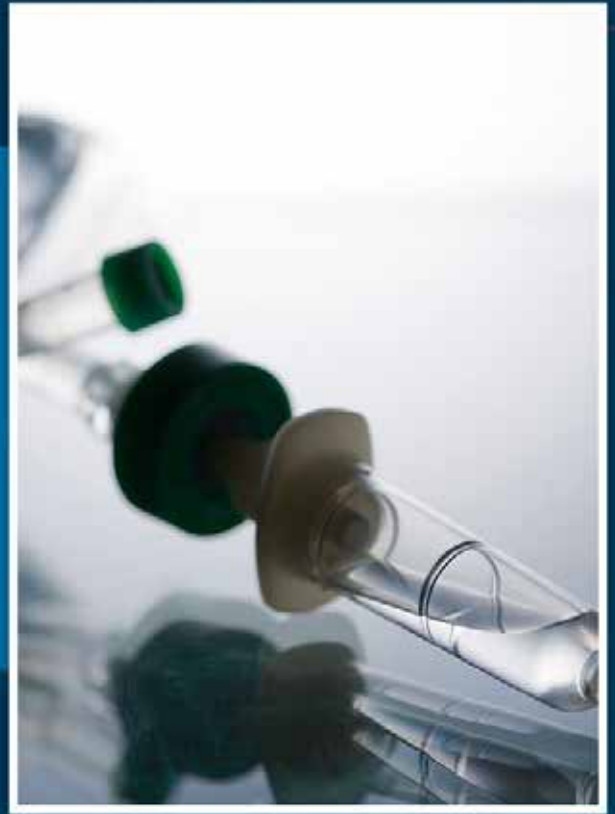
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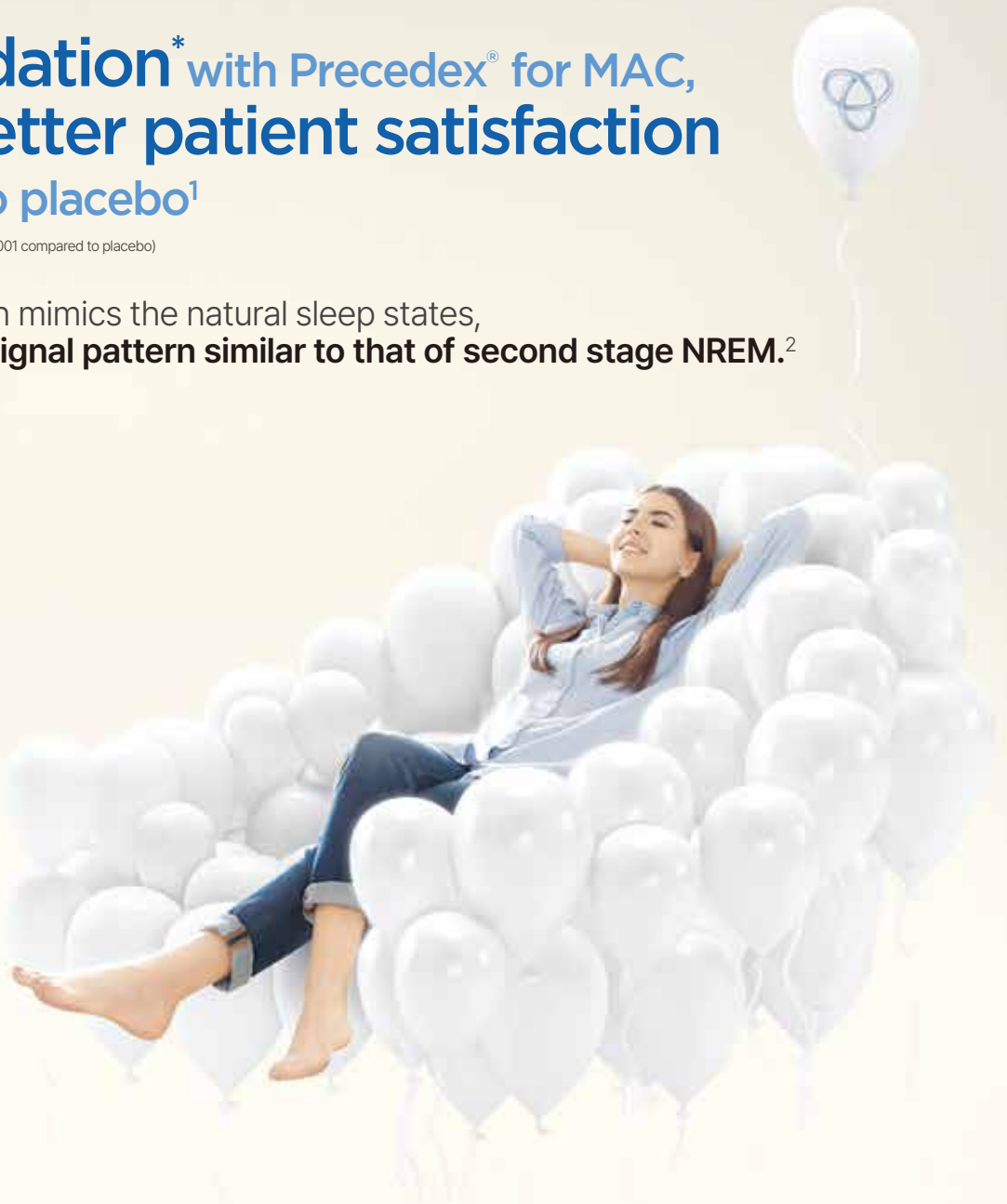
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MAC, monitored anesthesia care; ISAS, Iowa Satisfaction with Anesthesia Scale; OAA/S, Observer's Assessment of Alertness/Sedation Scale; NREM, non-rapid eye movement; ICU, intensive care unit; EEG, electroencephalography.

Study design¹ The objective of the randomized, multicenter, double-blind, Phase III Food and Drug Administration study, was to evaluate the safety and efficacy of two doses of DEX for sedation of patients undergoing a broad range of surgical or diagnostic procedures requiring MAC. Three hundred twenty-six patients were randomized 2:2:1 to DEX 0.5g/kg, DEX 1 g/kg, or saline placebo initial loading dose, followed by a maintenance infusion of 0.2–1.0 g kg⁻¹ h⁻¹ of DEX (or equivalent volume of saline) titrated to a targeted level of sedation (4 on the OAA/S). Midazolam was given for OAA/S 4 and fentanyl for pain. The primary end-point was the percentage of patients not requiring rescue midazolam.

Study design² The objective of the study was to evaluate the relationship of heart rate variability between natural sleep and dexmedetomidine sedation. The study included 30 patients who were scheduled to undergo elective surgery with spinal anesthesia. To assess heart rate (HR) and sedation, a pulse oximeter and bispectral index (BIS) monitor were attached to the patient in the ward and the operating room. After measuring HR and BIS at baseline, as the patients slept and once their BIS was below 70, HR and BIS were measured at 5-minute intervals during sleep. Baseline HR and BIS were also recorded before spinal anesthesia measured at 5-minute intervals after dexmedetomidine injection.

Precedex injection/Precedex premix injection Safety Information^{3,4} • Precedex should be administered only by clinician and patients should be continuously monitored while receiving Precedex. • Some patients receiving Precedex could be observed to be arousable and alert when stimulated. • If Precedex is administered for greater than 24 hours and stopped abruptly, withdrawal symptoms similar to those reported for another alpha-2-adrenergic agent, clonidine, may result. • In two trials for procedural sedation in which 318 adult patients received Precedex, respiratory depression (absolute and relative terms as respiratory rate (RR) <8 beats per minute or >25% decrease from baseline) was one of the adverse reactions with an incidence ≥2% in procedural sedation. The decrease in respiratory rate and hypoxia was similar between Precedex and comparator groups in both studies. The most frequent adverse reactions were hypotension, bradycardia, and dry mouth. • Co-administration of Precedex with anesthetics, sedatives, hypnotics, and opioids is likely to lead to an enhancement of effects. Specific studies have confirmed these effects with sevoflurane, isoflurane, propofol, alfentanil, and midazolam. No pharmacokinetic interactions between Precedex and isoflurane, propofol, alfentanil and midazolam have been demonstrated. However, due to possible pharmacodynamics interactions, when co-administered with Precedex, a reduction in dosage of Precedex or the concomitant anesthetic, sedative, hypnotic or opioid may be required. • Three randomized, active comparator trials were conducted for intensive care unit (ICU) patients for which the drug was administered 24 hours or more. Delirium occurred in 2.0–3.9% of patients. • The incidence of delirium over time was found to be 2.0–3.9% in a randomized, active-controlled clinical trial in which precedex was continuously administered for 24 hours or longer in patients under intensive care management. • Adverse reaction information is derived from the continuous infusion trials of Precedex for sedation in the Intensive Care Unit setting in which 1,007 adult patients received Precedex for less than 24 hours. The most frequent adverse reactions were hypotension, bradycardia and dry mouth.

Precedex Injection (dexmedetomidine hydrochloride) 200 mcg/2 mL / Precedex Premix Injection (dexmedetomidine hydrochloride) 80 mcg/20 mL, 200 mcg/50 mL, 400 mcg/100 mL abbreviated Product Information^{3,4}

[INDICATIONS] 1. Sedation in an Intensive Care Setting: Sedation of intubated and mechanically ventilated patients during treatment in an intensive care setting. 2. Sedation of Non-intubated Patients Prior to and/or during Surgical and Other Procedures: 1) Monitored Anesthesia Care (MAC) 2) Awake Fiberoptic Intubation (AFI) **[DOSAGE AND ADMINISTRATION]** 1. Intensive Care Unit (ICU) Sedation • Initiation: 1 mcg/kg over 10 to 20 minutes. • Maintenance: 0.2 to 0.7 mcg/kg/hr The rate of the maintenance infusion should be adjusted to achieve the desired level of sedation. 2. Procedural Sedation • Initiation: 1 mcg/kg over 10 minutes For less invasive procedures such as ophthalmic surgery, a loading infusion of 0.5 mcg/kg given over 10 minutes may be suitable. • Maintenance: 0.6 mcg/kg/hr and titrated to achieve desired clinical effect with doses ranging from 0.2 to 1 mcg/kg/hr. A maintenance infusion of 0.7 mcg/kg/hr is recommended until the endotracheal tube is secured for awake fiberoptic intubation. **[WARNINGS]** Precedex should be administered only by clinician and patients should be continuously monitored while receiving Precedex. Since Precedex clearance decreases with severity of hepatic impairment, dose reduction should be considered in patients with impaired hepatic function. **[CONTRAINDICATIONS]** Patients with hypersensitivity or a history of hypersensitivity to the active substance or to any of the excipients **[ADMINISTRATIONS WITH CAUTION]** Patients with cardiovascular disorders. Patients with decreased cardiac function. Patients with hypovolemia. Patients with hepatic impairment. Patients with renal impairment **[ADVERSE REACTIONS]** Because clinical trials are conducted under widely varying conditions, adverse reactions rates observed in the clinical trials of a drug cannot be directly compared to rates in clinical trials of another drug and may not reflect the rates observed in practice. **[Precedex injection latest HA approved date]** 2023.01.31 **[Precedex Premix injection latest HA approved date]** 2023.01.31 **• The latest version of the product information can be found on the pfizer website.**

References. 1. Candiotti KA, et al. Monitored anesthesia care with dexmedetomidine: a prospective, randomized, double-blind, multicenter trial. *Anesth Analg.* 2010;110(1):47–56. 2. Kang D, et al. The correlation of heart rate between natural sleep and dexmedetomidine sedation. *Korean J Anesthesiol.* 2019 Apr;72(2):164–168. 3. Precedex injection product information. Latest HA approved date: Jan 31, 2023. 4. Precedex Premix injection product information. Latest HA approved date: Jan 31, 2023.



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브리튼 주 1mL, 2mL, 4mL, 5mL / 브리스턴 프리필드주 1mL, 2mL, 5mL

[효능·효과] 로쿠로늄 또는 베쿠로늄에 의해 유도된 신경근 차단 역전 [용법·용량] 성인 1) 일반적인 역전 : 로쿠로늄 또는 베쿠로늄에 의해 유도된 신경근 차단 상태에서부터 감지 후 연속반응수(PTC; Post-Tetanic Counts)가 1~2회 나타날 때에는 이 약을 1회 4 mg/kg 정맥투여 한다. 로쿠로늄 또는 베쿠로늄에 의해 유도된 신경근 차단 상태에서부터 T2가 다시 나타나는 자발적 회복에 접어들었을 때에는 이 약을 1회 2 mg/kg 정맥투여 한다. 2) 로쿠로늄 투여 후 신속한 역전 : 로쿠로늄 투여 3분 후 이 약 16 mg/kg 용량을 1회 정맥투여한다. 신장에 환자 : 경증 내지 중등증의 신장에 환자 (크레아티닌 청소율 30 ml/분 이상 80 ml/분 미만)에 대한 용량조절은 필요하지 않다. 중증의 신장에 환자(크레아티닌 청소율 30 ml/분 미만) 또는 투석이 필요한 환자에게 이 약의 투여는 권장되지 않는다. 고령자 : 고령자의 경우 신경근 차단으로부터 회복이 지연되는 경향이 있으나, 용량조절은 필요하지 않다. 비만 환자 : 비만 환자에 대한 이 약의 용량은 실제 체중을 기준으로 투여해야 한다. 간장애 환자 : 경증 내지 중등증의 간장애 환자에 대한 용량 조절은 필요하지 않다. 소아 : 18세 미만의 소아에 대한 이 약의 투여는 안전성·유효성이 확립되어 있지 않다. (사용경험이 적다) [사용상의 주의사항] 1. 다음 환자에는 투여하지 말 것 이 약의 구성성분에 대해 과민반응이 있는 환자 2. 다음 환자에는 신중히 투여할 것 신장에 환자, 간장애 환자, 심박출량이 저하된 환자, 부종 환자, 알레르기 병력이 있는 환자, 호흡기 질환의 병력이 있는 환자(기관지수축이 나타날 수 있다.), 혈액응고장애 환자, 부정맥 환자, 고령자, 임부 또는 임신 가능성이 있는 여성 [이상반응] 이 약의 안전성은 수술환자 약 1,700명과 건강한 성인 120명에 대한 통합된 안전성 데이터베이스에 근거하여 평가되었다. 수술환자에서 가장 흔하게 보고된 이상반응은 마취합병증(마취처치 또는 수술 중 사지 또는 몸의 움직임, 기침, 땀그림, 기도삽관 튜브 빨기(sucking) 등)이었다. [일반적 주의, 상호작용, 임부 및 수유부에 대한 투여, 과량투여 시 처치, 적용상의 주의 사항, 보관 및 취급상의 주의사항] 등 제품에 대한 자세한 정보는 제품설명서를 참조하여 주시기 바랍니다. [저장방법] 2~30°C보관, 차광보관, 밀봉용기 [제조사] 브리튼주 : 한림제약 / 브리스턴 프리필드주 : 유영제약 [판매사] 한림MS

1. 한국제약바이오협회_프리필드 시린지 (Pre-filled Syringes)의 시장 및 기업 동향



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